



Figure. Meta-analysis based on Cochrane review (6) subgroup analysis of 7 RCTs in which saturated fat (SFA) replacement with polyunsaturated fat (PUFA) were compared to control diet for cardiovascular disease events. Confidence interval (CI) and p-value for the effect estimate were adjusted with the method by Hartung-Knapp and by Sidik-Jonkman (HKSJ) (3). Between-study variance (tau-squared) was estimated with the DerSimonian-Laird (DL) estimator. R meta package (7) was used.