

## ICMJE Form for Disclosure of Potential Conflicts of Interest

### Instructions

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#### 2. The work under consideration for publication.

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#### 3. Relevant financial activities outside the submitted work.

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#### 4. Intellectual Property.

This section asks about patents and copyrights, whether pending, issued, licensed and/or receiving royalties.

#### 5. Relationships not covered above.

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## ICMJE Form for Disclosure of Potential Conflicts of Interest

### Section 1. Identifying Information

1. Given Name (First Name)  
David

2. Surname (Last Name)  
Ludwig

3. Date  
09-September-2018

4. Are you the corresponding author?  Yes  No

5. Manuscript Title  
Effects of a Low-Carbohydrate Diet on Energy Expenditure During Weight-Loss Maintenance: A Randomized Feeding Study

6. Manuscript Identifying Number (if you know it)  
BMJ.2018.046192

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I have conducted research studies examining the Carbohydrate-Insulin Model funded by the National Institutes of Health and philanthropic organizations unaffiliated with the food industry. I have received royalties for books on obesity and nutrition that recommend a low glycaemic load diet.

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## ICMJE Form for Disclosure of Potential Conflicts of Interest

### Section 1. Identifying Information

1. Given Name (First Name) Julia      2. Surname (Last Name) Wong      3. Date 10-September-2018

4. Are you the corresponding author?     Yes     No      Corresponding Author's Name  
David Ludwig

5. Manuscript Title  
Effects of a Low-Carbohydrate Diet on Energy Expenditure During Weight-Loss Maintenance: A Randomized Feeding Study

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Are there any relevant conflicts of interest?     Yes     No

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### Section 1. Identifying Information

1. Given Name (First Name)

robert

2. Surname (Last Name)

wolfe

3. Date

09-August-2018

4. Are you the corresponding author?

Yes  No

Corresponding Author's Name

David Ludwig

5. Manuscript Title

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**ICMJE**

INTERNATIONAL COMMITTEE of  
MEDICAL JOURNAL EDITORS

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## ICMJE Form for Disclosure of Potential Conflicts of Interest

### Section 1. Identifying Information

1. Given Name (First Name)  
Cara

2. Surname (Last Name)  
Ebbeling

3. Date  
09-September-2018

4. Are you the corresponding author?  Yes  No  
Corresponding Author's Name  
David Ludwig

5. Manuscript Title  
Effects of a Low-Carbohydrate Diet on Energy Expenditure During Weight-Loss Maintenance: A Randomized Feeding Study

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1. Given Name (First Name) Gloria	2. Surname (Last Name) Klein	3. Date 10-September-2018
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5. Manuscript Title Effects of a Low-Carbohydrate Diet on Energy Expenditure During Weight-Loss Maintenance: A Randomized Feeding Study		
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Ms. Klein reports grants from Nutrition Science Initiative (NuSI), grants from Laura and John Arnold Foundation (via NuSI), grants from Robert Lloyd Corkin Charitable Fnd (via NuSI), grants from New Balance Foundation, grants from Many Voices Foundation, grants from Blue Cross Blue Shield, during the conduct of the study; .

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## ICMJE Form for Disclosure of Potential Conflicts of Interest

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#### 4. Intellectual Property.

This section asks about patents and copyrights, whether pending, issued, licensed and/or receiving royalties.

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## ICMJE Form for Disclosure of Potential Conflicts of Interest

### Section 1. Identifying Information

1. Given Name (First Name) William	2. Surname (Last Name) Wong	3. Date 09-September-2018
4. Are you the corresponding author?	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	Corresponding Author's Name David Ludwig
5. Manuscript Title Effects of a Low-Carbohydrate Diet on Energy Expenditure During Weight-Loss Maintenance: A Randomized Feeding Study		
6. Manuscript Identifying Number (if you know it) BMJ.2018.046192		

### Section 2. The Work Under Consideration for Publication

Did you or your institution **at any time** receive payment or services from a third party (government, commercial, private foundation, etc.) for any aspect of the submitted work (including but not limited to grants, data monitoring board, study design, manuscript preparation, statistical analysis, etc.)?

Are there any relevant conflicts of interest?  Yes  No

### Section 3. Relevant financial activities outside the submitted work.

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Are there any relevant conflicts of interest?  Yes  No

### Section 4. Intellectual Property -- Patents & Copyrights

Do you have any patents, whether planned, pending or issued, broadly relevant to the work?  Yes  No



## ICMJE Form for Disclosure of Potential Conflicts of Interest

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Dr. Wong has nothing to disclose.

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**Royalties:** Funds are coming in to you or your institution due to your patent

## ICMJE Form for Disclosure of Potential Conflicts of Interest

### Section 1. Identifying Information

1. Given Name (First Name) Sarah

2. Surname (Last Name) Steltz

3. Date 11-September-2018

4. Are you the corresponding author?  Yes  No

Corresponding Author's Name David Ludwig

5. Manuscript Title  
Effects of a Low-Carbohydrate Diet on Energy Expenditure During Weight-Loss Maintenance: A Randomized Feeding Study

6. Manuscript Identifying Number (if you know it)  
BMJ.2018.046192

### Section 2. The Work Under Consideration for Publication

Did you or your institution **at any time** receive payment or services from a third party (government, commercial, private foundation, etc.) for any aspect of the submitted work (including but not limited to grants, data monitoring board, study design, manuscript preparation, statistical analysis, etc.)?

Are there any relevant conflicts of interest?  Yes  No

If yes, please fill out the appropriate information below. If you have more than one entity press the "ADD" button to add a row. Excess rows can be removed by pressing the "X" button.

Name of Institution/Company	Grant?	Personal Fees?	Non-Financial Support?	Other?	Comments
Nutrition Science Initiative (NuSI)	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	No relationship with food industry
Laura and John Arnold Foundation (via NuSI)	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	No relationship with food industry
Robert Lloyd Corkin Charitable Fund (via NuSI)	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	No relationship with food industry
New Balance Foundation	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	No relationship with food industry
Many Voices Foundation	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	No relationship with food industry
Blue Cross Blue Shield	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	No relationship with food industry

### Section 3. Relevant financial activities outside the submitted work.

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Are there any relevant conflicts of interest?  Yes  No

## ICMJE Form for Disclosure of Potential Conflicts of Interest

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### Section 4. Intellectual Property -- Patents & Copyrights

Do you have any patents, whether planned, pending or issued, broadly relevant to the work?  Yes  No

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Ms. Steltz reports grants from Nutrition Science Initiative (NuSI), grants from Laura and John Arnold Foundation (via NuSI), grants from Robert Lloyd Corkin Charitable Fund (via NuSI), grants from New Balance Foundation, grants from Many Voices Foundation, grants from Blue Cross Blue Shield, during the conduct of the study .

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## ICMJE Form for Disclosure of Potential Conflicts of Interest

### Section 1. Identifying Information

1. Given Name (First Name) Patricia	2. Surname (Last Name) Luoto	3. Date 12-September-2018
4. Are you the corresponding author?	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	Corresponding Author's Name David Ludwig
5. Manuscript Title Effects of a Low-Carbohydrate Diet on Energy Expenditure During Weight-Loss Maintenance: A Randomized Feeding Study		
6. Manuscript Identifying Number (if you know it) BMJ.2018.046192		

### Section 2. The Work Under Consideration for Publication

Did you or your institution **at any time** receive payment or services from a third party (government, commercial, private foundation, etc.) for any aspect of the submitted work (including but not limited to grants, data monitoring board, study design, manuscript preparation, statistical analysis, etc.)?

Are there any relevant conflicts of interest?  Yes  No

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### Section 4. Intellectual Property -- Patents & Copyrights

Do you have any patents, whether planned, pending or issued, broadly relevant to the work?  Yes  No

## ICMJE Form for Disclosure of Potential Conflicts of Interest

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Dr. Luoto has nothing to disclose.

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## ICMJE Form for Disclosure of Potential Conflicts of Interest

### Section 1. Identifying Information

1. Given Name (First Name)  
Henry

2. Surname (Last Name)  
Feldman

3. Date  
10-September-2018

4. Are you the corresponding author?  Yes  No  
Corresponding Author's Name  
David Ludwig

5. Manuscript Title  
Effects of a Low-Carbohydrate Diet on Energy Expenditure During Weight-Loss Maintenance: A Randomized Feeding Study

6. Manuscript Identifying Number (if you know it)  
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Blue Cross Blue Shield	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	No relationship with food industry

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## ICMJE Form for Disclosure of Potential Conflicts of Interest

### Section 1. Identifying Information

1. Given Name (First Name) Lisa

2. Surname (Last Name) Bielak

3. Date 13-September-2018

4. Are you the corresponding author?  Yes  No Corresponding Author's Name David Ludwig

5. Manuscript Title Effects of a Low-Carbohydrate Diet on Energy Expenditure During Weight-Loss Maintenance: A Randomized Feeding Study

6. Manuscript Identifying Number (if you know it) BMJ.2018.046192

### Section 2. The Work Under Consideration for Publication

Did you or your institution **at any time** receive payment or services from a third party (government, commercial, private foundation, etc.) for any aspect of the submitted work (including but not limited to grants, data monitoring board, study design, manuscript preparation, statistical analysis, etc.)?

Are there any relevant conflicts of interest?  Yes  No

If yes, please fill out the appropriate information below. If you have more than one entity press the "ADD" button to add a row. Excess rows can be removed by pressing the "X" button.

Name of Institution/Company	Grant?	Personal Fees?	Non-Financial Support?	Other?	Comments
Nutrition Science Initiative (NuSI)	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	No relationship with food industry
Laura and John Arnold Foundation (via NuSI)	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	No relationship with food industry
Robert Lloyd Corkin Charitable Fnd (via NuSI)	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	No relationship with food industry
New Balance Foundation	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	No relationship with food industry
Many Voices Foundation	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	No relationship with food industry
Blue Cross Blue Shield	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	No relationship with food industry

### Section 3. Relevant financial activities outside the submitted work.

Place a check in the appropriate boxes in the table to indicate whether you have financial relationships (regardless of amount of compensation) with entities as described in the instructions. Use one line for each entity; add as many lines as you need by clicking the "Add +" box. You should report relationships that were **present during the 36 months prior to publication**.

Are there any relevant conflicts of interest?  Yes  No

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### Section 4. Intellectual Property -- Patents & Copyrights

Do you have any patents, whether planned, pending or issued, broadly relevant to the work?  Yes  No

### Section 5. Relationships not covered above

Are there other relationships or activities that readers could perceive to have influenced, or that give the appearance of potentially influencing, what you wrote in the submitted work?

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At the time of manuscript acceptance, journals will ask authors to confirm and, if necessary, update their disclosure statements. On occasion, journals may ask authors to disclose further information about reported relationships.

### Section 6. Disclosure Statement

Based on the above disclosures, this form will automatically generate a disclosure statement, which will appear in the box below.

Dr. Bielak reports grants from Nutrition Science Initiative (NuSI), grants from Laura and John Arnold Foundation (via NuSI), grants from Robert Lloyd Corkin Charitable Fnd (via NuSI), grants from New Balance Foundation, grants from Many Voices Foundation, grants from Blue Cross Blue Shield, during the conduct of the study; .

### Evaluation and Feedback

Please visit <http://www.icmje.org/cgi-bin/feedback> to provide feedback on your experience with completing this form.