



**Development and validation of risk prediction equations to estimate future risk of blindness and lower limb amputation in patients with diabetes: cohort study.**

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**Development and validation of risk prediction equations to estimate future risk of blindness and lower limb amputation in patients with diabetes: cohort study.**

**Presenting Original Research**

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**ABSTRACT**

**Objective** To develop and externally validate risk prediction equations to estimate the 10 year risk of blindness and lower limb amputation in patients with diabetes aged 25-84 years.

**Design** Cohort study using routinely collected data from general practices in England (UK) contributing to the QResearch® and CPRD databases during the study period 1998 to 2014.

**Setting** We used 763 QResearch® practices in England to develop the equations. We validated them in 254 different QResearch® practices and 357 CPRD practices.

**Participants** 454,575 patients with diabetes in the derivation cohort, 142,419 in the QResearch® validation cohort, 206,050 in the CPRD validation cohort.

**Measurement** Incident diagnoses of blindness and amputation recorded on the patients linked electronic GP, ONS mortality or hospital record. Baseline risk factors included age, type of diabetes, diabetes duration, smoking, ethnicity, deprivation, HBA1C, systolic blood pressure, body mass index, total serum cholesterol/high density lipoprotein ratio, atrial fibrillation, congestive cardiac failure, cardiovascular disease, treated hypertension, peripheral vascular disease, chronic renal disease, rheumatoid arthritis and proliferative retinopathy.

**Methods** We used Cox proportional hazards models to derive separate risk equations for blindness and amputation in men and women evaluated at 10 years.

Measures of calibration, discrimination, sensitivity and specificity were determined in the two validation cohorts.

**Results** In the QResearch® derivation cohort, there were 4,822 new cases of lower limb amputation and 8,063 of blindness during follow-up. The risk equations were well calibrated in both validation cohorts. Discrimination was good in the external CPRD cohort for amputation (D statistic: 1.69, Harrell’s C statistic: 0.77 in men) and blindness (D statistic 1.40, Harrell’s C statistic 0.73 in men) with similar results in women. The CPRD validation results were marginally better than those for the QResearch® validation cohort.

**Conclusions** We have developed and externally validated risk prediction equations to quantify absolute risk of blindness and amputation in men and women with diabetes. They can be used to identify patients at high risk for prevention or further assessment.

***What is known and what this paper adds:***

- Patients with type 1 or type 2 diabetes are at increased risk of blindness and amputation but generally do not have an accurate assessment of the magnitude of their individual risk.
- We have developed and externally validated new risk prediction algorithms which calculates absolute risk of developing these complications over a 10 year period in patients with diabetes, taking account of their individual risk factors.

**Web calculator** Here is a web calculator to calculate the absolute risk of complications among patients with diabetes. It also has the open source software.

URL <http://qdiabetes.org/amputation-blindness/index.php>

## 1 Introduction

Diabetes is associated with macrovascular complications including increased risk of coronary heart disease or stroke and microvascular complications such as kidney failure, blindness and amputation<sup>1-3</sup>. Intensive control of risk factors, such as glycosylated haemoglobin and systolic blood pressure, lowers incidence of microvascular disease in type 1<sup>2,4</sup> and type 2 diabetes<sup>5,6</sup>. Tight control of blood parameters is the cornerstone of national guidance<sup>7,8</sup>, national audits<sup>3</sup> and quality improvement incentives schemes<sup>9</sup>. However, patients need good quality information on how likely they are to develop complications and the expected risk and benefits from interventions to reduce the risk since very few patients are able to accurately quantify this<sup>10</sup>. Guidelines for cardiovascular disease recommend the use of calculators such as QRISK2 to estimate absolute risk of cardiovascular disease taking account of patient characteristics<sup>7</sup>. Whilst QRISK2 and related tools can be used to assess individualized absolute risk of cardiovascular disease<sup>11</sup>, stroke<sup>12</sup> and kidney failure<sup>13</sup> in patients with diabetes, there are currently no tools available to calculate risk of other complications such as amputation or blindness. This is important since these are the complications which patients with diabetes fear most and which most impair quality of life<sup>14</sup>. They are also the complications for which patients are most likely to over-estimate their risk and over-estimate the benefits of intensive treatment.<sup>10</sup>

The UK Prospective Diabetes Study (UKPDS) is a source of information on the incidence of amputation and blindness, based on a cohort which originated from a trial of 5,102 patients aged 25-65 with newly diagnosed type 2 diabetes recruited between 1977 and 1991 and followed up until 1997<sup>5</sup>. Very few patients in the cohort however experienced blindness

(n=116) or amputation (n=45) during follow-up<sup>16</sup>. Also its generalisability is limited because of its historical nature and exclusion of people aged over 65 and those with various comorbidities.

We aimed to derive and externally validate risk prediction equations to quantify absolute 10 year risks of blindness and amputation in patients with diabetes using variables recorded in their primary care electronic record. Our intention was to provide a readily accessible method to quantify an individual patients' absolute risks of blindness and amputation to complete a risk profile for patients with diabetes. This information could be used to provide better information for patients and doctors and to prioritise those patients at highest levels of risk to inform treatment decisions and for closer management of modifiable risk factors.

## 2 Methods

### 2.1 Study design and data source

We undertook a cohort study to derive and validate the risk equations in a large population of primary care patients with diabetes using the UK QResearch<sup>®</sup> database (version 39, [www.qresearch.org](http://www.qresearch.org)). We also carried out an external validation using the Clinical Research Practice Datalink (CPRD) database. QResearch<sup>®</sup> is a continually updated patient level pseudonymised database with data extending back to 1989. It includes clinical and demographic data from over 1,000 general practices covering a population of > 20 million patients, collected in the course of routine healthcare. The primary care data includes demographic information, diagnoses, prescriptions, referrals, laboratory results and clinical

values. Diagnoses, symptoms and clinical values are recorded using the Read code classification<sup>15</sup>. QResearch® has been used for a wide range of clinical research including the development and validation of risk prediction models<sup>11 12 16</sup>. The primary care data is linked at individual patient level to Hospital Episode Statistics (HES), and mortality records from the Office for National Statistics (ONS). HES provides details of all National Health Service (NHS) inpatient admissions since 1997 including primary and secondary causes coded using the ICD-10 classifications. ONS provides details of all deaths in England with primary and underlying causes, also coded using the ICD-10 classification. Patient records are linked using a project specific pseudonymised NHS number which is valid and complete for 99.8% of primary care patients, 99.9% for ONS mortality records and 98% for hospital admissions records<sup>1</sup>.

We included all QResearch® practices in England who had been using their Egton Medical Information Systems (EMIS) computer system for at least a year. The EMIS computer system is the predominant commercial IT system used by 55% of family doctors in the UK for routine recording of health data for individual patients (<https://www.emishealth.com/>). We randomly allocated three quarters of these practices to the derivation dataset and the remaining quarter to a validation dataset. In both datasets we identified open cohorts of patients aged 25-84 years registered with eligible practices between 01 Jan 1998 and 31<sup>st</sup> July 2014. We then selected patients with diabetes if they had a Read code for diabetes or more than one prescription for insulin or oral hypoglycaemics. We classified patients as having type 1 diabetes if they had been diagnosed under the age of 35 and prescribed insulin<sup>17</sup>, all remaining patients were classified as having type 2 diabetes. We excluded patients without a postcode related deprivation score. We determined an entry date to the cohort for each patient, which was the latest of the following dates: date of diagnosis of

diabetes, 25<sup>th</sup> birthday, date of registration with the practice plus one year, date on which the practice computer system was installed plus one year, and the beginning of the study period (01 January 1998). Patients were censored at the earliest date of the diagnosis of the relevant complication (blindness or lower limb amputation), death, de-registration with the practice, last upload of computerised data, or the study end date (1<sup>st</sup> August 2014).

We undertook an external validation using general practices in England contributing to the Clinical Research Practice Datalink (CPRD). CPRD is a similar database to QResearch<sup>®</sup> except that it is derived from practices using a different clinical computer system. We used the subset of 357 CPRD practices linked to ONS mortality and hospital admission data. We used the same definitions for selecting a validation cohort as for QResearch<sup>®</sup> except that the study end date was 1<sup>st</sup> August 2012, the latest date for which linked data were available.

2.2 Outcomes

We had two outcomes of interest

1. Lower limb amputation based on a recorded diagnosis or procedure (including above knee and below knee amputations).
2. Blindness (including blindness in one or both eyes, registered blind, severe visual impairment).

We classified patients as having the outcome if there was a record of the relevant diagnosis either in their primary care record, their linked hospital record or ONS mortality record. We used Read codes to identify recorded diagnoses from the primary care record. We used ICD-10 clinical codes and procedure codes from the 4<sup>th</sup> revision of the Office of Population, Censuses and Surveys Classification of Surgical Operations and Procedures (OPCS-4)<sup>18</sup> to identify incident cases of each outcome from hospital. We used ICD-10 codes to identify



cases from either the primary or underlying cause of death as recorded on the linked ONS mortality record. See appendix 1 for a list of the Read codes, OPCS-4 and ICD-10 codes used.

We used the earliest recorded date of the relevant diagnosis or procedure on any of the three data sources as the index date for the diagnosis.

Patients with lower limb amputation at baseline were excluded from the cohort for the analyses of lower limb amputations during follow-up and similarly for blindness.

### 2.3 Predictor variables

- We examined the following predictor variables based on established risk factors for vascular disease<sup>1 6 11 19-21</sup>: Age at cohort entry (continuous)<sup>22</sup>
- Type of diabetes: type 1 or type 2<sup>2</sup>
- Number of years since diagnosis of diabetes (<1 year; 1-3; 4-6; 7-10; ≥ 11 years)
- Smoking status (non-smoker; ex-smoker; light(1-9 cigarettes/day); moderate(10-19 /day); heavy (20+/day) <sup>22</sup>
- Ethnic group (White/not recorded, Indian, Pakistani, Bangladeshi, Other Asian, Black Caribbean, Black African, Chinese, Other) <sup>19</sup>
- Townsend deprivation score (continuous) <sup>11 21</sup>.
- Glycosylated haemoglobin HbA1c mmol/mol (continuous)<sup>1 22-24</sup>
- Systolic blood pressure (continuous) <sup>6 22</sup>
- Body mass index kg/m<sup>2</sup>(continuous)
- Total serum cholesterol/high density lipoprotein cholesterol/HDL ratio (continuous)<sup>11</sup>
- Atrial fibrillation<sup>11</sup>
- Congestive cardiac failure
- Cardiovascular disease
- Treated hypertension<sup>11</sup>
- Peripheral vascular disease<sup>21</sup>
- Chronic renal disease
- Rheumatoid arthritis<sup>11</sup>

- Proliferative retinopathy or maculopathy

For each of the continuous clinical variables, we used the value recorded closest to the baseline cohort entry date out of all those recorded prior to the baseline date or within the 6 months after this date. All other predictor variables were based on the latest information recorded in the primary care record before entry to the cohort. The UK now uses the Standard International (SI) unit of millimoles of HbA1c per mole of Hb (mmol/mol) instead of the percentage<sup>25</sup>. Historical values recorded in percentages were converted to the mmol/mol<sup>26</sup>.

## 2.4 Derivation of the models

We developed risk prediction equations for lower limb amputation and blindness in the derivation cohort using established methods<sup>11 12</sup>. We derived separate equations for men and women. Initially we used complete case analyses to derive fractional polynomial terms<sup>27</sup> to model non-linear risk relationships with continuous variables if appropriate (age, body mass index, systolic blood pressure, serum cholesterol/high density lipoprotein ratio, HBA1C). We then used multiple imputation to replace missing values for continuous values and smoking status and used these values in our main analyses<sup>28-30</sup>. All the candidate predictor variables listed above were included in the multiple imputation models along with the log of survival time and the censoring indicator. We log transformed body mass index, HBA1C, cholesterol and HDL prior to imputation as they had skewed normal distributions. We carried out 10 imputations to improve the statistical efficiency of the estimates<sup>31</sup>. We used Cox's proportional hazards models to estimate the coefficients for each risk factor for both of our outcomes using the fractional polynomial terms obtained from the complete

case analyses. We used Rubin's rules to combine the regression coefficients across the imputed datasets<sup>32</sup>. We fitted full models initially then retained variables if they had a hazard ratio of  $< 0.80$  or  $> 1.20$  (for binary variables) and were statistically significant at the 0.05 level. We examined interactions between predictor variables and age and included these where they were significant, plausible (i.e. similar in direction for both men and women and consistent with the literature) and improved model fit. Model fit was assessed by measuring the AIC and BIC values for each imputed set of data.

We used the regression coefficients for each variable from the final model as weights which we combined with the baseline survivor function evaluated up to 15 years to derive risk equations over a period of 15 years of follow-up<sup>33</sup>. This enabled us to derive absolute risk estimates for each year of follow-up, with a specific focus on 10 year risk estimates. We estimated the baseline survivor function based on zero values of centred continuous variables, with all binary predictor values set to zero.

## 2.5 Validation of the models

We used multiple imputation in the two validation cohorts to replace missing values for continuous variables and smoking status. We carried out 10 imputations. We applied the risk equations for men and women obtained from the derivation cohort to the validation cohorts and calculated measures of discrimination. We calculated  $R^2$  values (explained variation in time to diagnosis of outcome<sup>34</sup>), D statistics<sup>35</sup> (a measure of discrimination where higher values indicate better discrimination) and Harrell's C statistics<sup>36</sup> (an extension of the receiver operating characteristic(ROC) statistic to survival data) over 10 years and combined these model performance measures across imputed datasets using Rubin's rules. We assessed calibration, comparing the mean predicted risks at 10 years with the observed

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3 risk by tenth of predicted risk. The observed risks were obtained using Kaplan-Meier  
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5 estimates evaluated at 10 years. We applied the risk equations to the validation cohorts to  
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7 define thresholds for the 10% and 20% of patients at highest estimated risk at 10 years and  
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9 calculated sensitivity, specificity and observed risks for these thresholds.  
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13 We used all the available data for eligible patients on each database to maximise power and  
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15 generalisability. We used STATA (version 13.1) for all analyses. We adhered to the TRIPOD  
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17 statement for reporting<sup>37</sup>.  
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20 **Patient Involvement**  
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23 Patients were not involved in setting the research question, the outcome measures, the  
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25 design or implementation of the study. Patient representatives from the QResearch  
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27 Advisory Board have written the information for patients on the QResearch website about  
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29 the use of the database for research. They have also advised on dissemination including the  
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31 use of lay summaries describing the research and its results.  
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### 3 Results

#### 3.1 Overall study population

Overall, 1017 QResearch<sup>®</sup> practices in England met our practice inclusion criteria, of which 763 were randomly assigned to the derivation dataset with the remaining 254 practices assigned to the validation cohort. We identified 455,551 patients aged 25-84 years with diabetes in the derivation cohort. We excluded 976 patients (0.21%) without a recorded Townsend deprivation score leaving 454,575 for the derivation analysis. We identified 142,718 patients aged 25-84 years with diabetes in the QResearch<sup>®</sup> validation cohort. We excluded 299 patients (0.21%) without a recorded Townsend deprivation score leaving 142,419 for validation analysis.

We identified 206,050 patients aged 25-84 years with diabetes in the CPRD validation cohort from the 357 practices with linked Townsend scores and hospital admissions and mortality data.

#### 3.2 Baseline characteristics

Table 1 shows baseline characteristics of 454,575 patients with diabetes in the derivation cohort at study entry. Of these, 94% had type 2 diabetes. Just over half had been diagnosed with diabetes for less than a year at cohort entry, 17% had been diagnosed for 1-3 years, 9% for 4-6 years, 8% for 7-10 years and 12% for 11 or more years. Smoking status was recorded in 95% of patients, ethnicity in 75%, body mass index in 90%, systolic blood pressure in 97% HBA1C in 71% and cholesterol/HDL ratio on 53%. Of the 454,575 patients in the derivation

cohort, 266,142 (58.6%) had missing data for at least one of these variables (including ethnicity).

Baseline characteristics for patients in the QResearch® validation cohort were similar to corresponding values in the derivation cohort. Of the 142,419 patients in the QResearch validation cohort, 83,403 (58.6%) had missing data for at least one variable. Baseline characteristics of the CPRD validation cohort were also similar except the recording of ethnicity (45%), cholesterol/HDL ratio (40%) and HBA1C (58%) was substantially lower in CPRD than in QResearch. Of the 206,050 patients in the CPRD validation cohort, 166,648 (80.9%) had missing data for at least one variable.

3.3 Primary outcomes of amputation and blindness

Table 2 shows the number of incident cases of each outcome during follow-up and the age standardized incidence rates in each cohort. In the QResearch® derivation cohort, there were 4,822 cases of amputation and 8063 cases of blindness. There were 1524 cases of amputation and 1524 cases of blindness in the QResearch® validation cohort and 2294 cases of amputation and 2845 of blindness in the CPRD validation cohort. The rate of blindness in men was lower in CPRD (2.33 per 1000 person years) than in both QResearch cohorts (3.03 per 1000 person years) and was also lower in women, but rates of amputation were similar.

3.4 Predictor variables

Table 3 shows the adjusted hazard ratios for variables in the final models for men and women in the derivation cohort.

3.4.1 Lower limb amputation

The final model for lower limb amputation in women included: age, systolic blood pressure, HBA1C, deprivation, duration of diabetes, smoking status, ethnicity, rheumatoid arthritis, congestive cardiac failure, peripheral vascular disease and chronic renal disease. The final model in men also included type of diabetes and atrial fibrillation. Body mass index and the serum cholesterol/high density lipoprotein ratio were not significantly associated with risk in men or women. Increasing duration of diabetes was associated with an increased risk of lower limb amputation in men and women. Increasing levels of smoking were associated with increased risk of amputation with the association being more marked amongst women than men. For heavy smokers compared with non-smokers, there was a 1.9 fold increase in risk of amputation for women and a 1.3 fold increased risk for men. South Asian ethnic groups had a lower risk compared with those whose ethnic group was either white or not recorded, Caribbean and black African men also had lower risks. Pre-existing peripheral vascular disease was associated with the highest risks (4-fold in women and 3-fold in men) followed by chronic renal disease (2.7- fold in women and 2.3 fold in men).

Figures 1-3 show adjusted hazard ratios for age, HBA1C and systolic blood pressure. Increasing values of age, systolic blood pressure and HBA1C were associated with an increased risk of lower limb amputation in men and women.

### 3.4.2 Blindness

The final models for blindness in men and women included age, cholesterol/HDL ratio, systolic blood pressure, HBA1C, deprivation, duration of diabetes, type of diabetes, chronic renal disease and existing proliferative retinopathy or maculopathy. Body mass index and smoking status were not significantly associated with risk. Increasing values of age, systolic blood pressure and HBA1C were associated with an increased risk of blindness (Figures 1-3).

Increasing values of the serum cholesterol/high density lipoprotein ratio were also associated with increased risk of blindness. Increasing duration of diabetes was associated with increased risk despite adjustment for age and other risk factors. There was a significant interaction between renal disease and age. Pre-existing proliferative retinopathy or maculopathy was the strongest risk factor with a 2.7 fold increase for women and a 2.9 fold increase for men.

The web calculator which implements the risk equations for the final models can be found at <http://qdiabetes.org/amputation-blindness/index.php> along with the open source software which includes the equations (published separately as these will be updated over time as newer data becomes available).

3.5 Validation

3.5.1 Discrimination

Table 4 shows the performance of each equation in both validation cohorts. For men in the CPRD cohort, the equations explained 40.6% of the variation in time to diagnosis of amputation and 31.9% for blindness and discrimination was good for amputation (D statistic of 1.69, Harrell’s C statistic of 0.77) and blindness (D statistic of 1.40, Harrell’s C statistic of 0.73). The results for women in the CPRD cohort were very similar to those for men. The results for both sexes in the CPRD cohort were similar to those for the QResearch® validation cohort although the point estimates for CPRD tended to be marginally higher.

3.5.2 Calibration

Figure 4 shows the mean predicted risks and observed risks of both outcomes at 10 years by tenth of predicted risk applying the equations to men and women in the QResearch



validation cohort. Figure 5 shows comparable results for the CPRD cohort. There was close correspondence between the mean predicted risks and the observed risks within each model tenth indicating that the equations were well calibrated across both validation cohorts.

### 3.5.3 Performance at threshold for the 10% and 20% of patients at highest risk

Table 5 shows the sensitivity, specificity and observed risk for the 10% and 20% of men and women at highest predicted risk of each outcome for both validation cohorts for illustrative purposes. For example, using a 10 year risk threshold of 3.2% for amputation in men in CPRD to identify the 20% at highest predicted risk, the sensitivity was 58%, the specificity was 80.5% and the observed risk was 7%.

## 3.6 Implementation

Figure 6 shows a clinical example of the implementation of the equations as a web calculator using <http://qdiabetes.org/amputation-blindness/index.php>. The example is for a woman, aged 50, non-smoker with newly diagnosed type 2 diabetes with an HBA1C of 65 mmol/mol; cholesterol/HDL ratio of 2 and a systolic blood pressure of 140 mmg Hg. Her 10 year risk of blindness is 1% and her risk of amputation is 0.5%.

Figure 7 shows the results for a man, aged 75 diagnosed with type 2 diabetes 10 years ago , who is a moderate smoker, has chronic kidney disease, HBA1C of 70 mmol/mol, cholesterol ratio of 4 and systolic blood pressure of 160 mm Hg. His 10 year risk of blindness is 14.7% and his risk of amputation is 12.1%.

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3 **4 Discussion**  
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7 **4.1 Key findings**  
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10 We have developed and externally validated risk prediction equations to quantify the  
11 absolute risks of blindness and lower limb amputation over 10 years in men and women  
12 with type 1 and type 2 diabetes. The equations are well calibrated and have good  
13 discrimination with C statistic values of at least 0.72 in the external CPRD validation cohort.  
14 To our knowledge, these are the first tools for predicting both the 10 year risk of blindness  
15 and amputation – two of the complications which most concern patients with diabetes and  
16 affect quality of life.  
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28 **4.2 Clinical implications**  
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30 These algorithms are designed to provide better information on the absolute risks of  
31 blindness and amputation for patients and doctors to inform management decisions.  
32 Patients with diabetes tend to over-estimate their risk of complications and also over-  
33 estimate the benefits of treatment<sup>10</sup>. For example, in one study, patients believed they were  
34 1.5 times more likely to become blind and 13 times more likely to have a lower leg  
35 amputation than estimates of absolute risk based on the DCCT trial<sup>2 10</sup>. Some may argue that  
36 over-estimating risk of complications might result in patients being more likely to take  
37 intensive treatment. However, from a holistic and ethical point of view, more accurate  
38 individualised information on risk of complications may help patients to make more  
39 informed decisions about the balance of risks and benefits of treatment options reflecting  
40 their own values and choices. Over-estimation of the risk of complications might lead to  
41 increased levels of anxiety and depression which could negatively affect quality of life. This  
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is especially important since patients with diabetes are more likely to experience anxiety and depression than the general population<sup>38</sup>.

For clinicians and the health service, more accurate methods for stratifying patients according to their absolute risk of complications could enable screening programmes more tailored to an individual's level of risk and support the more rational use of scarce resources. For example, blindness can be prevented by screening and treatment of retinopathy<sup>39</sup> and patients at high risk of blindness might need retinal screening more often than once a year. Those at higher risk of amputation might benefit from a proactive targeted program to prevent lower-extremity amputation (including more frequent checks, tailored patient education, specially designed protective footwear, early reporting of foot injuries) since this has been shown to substantially reduce risk of emergency admissions, use of antibiotics, foot operations and lower limb amputation compared with usual practice<sup>40 41</sup>. Better information on absolute risk of individual complications could also prompt more intensive treatment of modifiable risk factors - such as lowering of HBA1C and tighter blood pressure control - which are generally considered to lower risk of microvascular complications such as blindness<sup>2 5 42</sup>.

### 4.3 Comparisons with the literature

The incidence rates of amputation and blindness are comparable to the amputation rate of 1.6 per 1000 patient years and blindness rate of 3.5 per 1000 patient years reported by UKPDS<sup>5</sup>. However our study is approximately 100-fold larger than UKPDS with almost 5,000 incident amputations and over 8,000 cases of recorded blindness and is 10 times larger than the US hospital based cohort study reported by Zhao et al<sup>24</sup>. Our study is also more recent than the UKPDS study which started almost 40 years ago and ended almost 20 years ago<sup>5</sup>.

Our study included patients with prevalent type 1 and type 2 diabetes as well as those with a new diagnosis, enabling us to account for the important contribution of duration of diabetes to risk and ensure that the results can be applied to patients with either newly diagnosed or prevalent diabetes.

We included established risk factors in our equations and report hazard ratios similar in both magnitude and direction to those reported elsewhere for lower limb amputation<sup>1</sup>, progression of retinopathy and blindness<sup>1 20</sup> which increases the clinical face validity of the equations. As in UKPDS<sup>6</sup>, increased systolic blood pressure was associated with increased risks of blindness and lower limb amputation<sup>20</sup> and increased levels of HBAC1 were associated with increased risk of blindness and amputation when compared over equivalent ranges<sup>1 24</sup>. Deprivation and smoking were associated with increased risk of amputation in our study and others<sup>21</sup>. However, smoking was not associated with an increased risk of blindness in our study which is consistent with other research<sup>20</sup>. Non-white ethnic groups had lower risks of lower limb amputation compared with the white group. This contrasts with a US study where Black Africans had a higher risk of amputation<sup>19</sup>.

There are three economic models based on the DCCT<sup>2</sup> and UKPDS<sup>5</sup> studies. The CORE diabetes<sup>43 44</sup> and the Sheffield diabetes models<sup>45</sup> are based on equations derived from the DCCT trial and the UKPDS study. The EAGLE model<sup>46</sup> is based on equations derived from UKPDS, the DCCT as well as the Wisconsin Epidemiological Study of Diabetic Retinopathy. The CORE model predicts risk of amputation<sup>46</sup> whilst the CORE, EAGLE and Sheffield models predict retinopathy rather than blindness.

**4.4 Methodological considerations**

The methods used to derive and validate these models are very similar to those for other

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3 risk prediction tools derived from the QResearch® database, the strengths and limitations  
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5 of which have been discussed in detail<sup>11 12</sup>. In summary, key strengths include cohort size,  
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7 duration of follow up, representativeness, and lack of selection, recall and respondent bias.  
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9 UK general practices have good levels of accuracy and completeness in recording clinical  
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11 diagnoses and prescribed medications<sup>47</sup>. The QResearch® database has linked hospital and  
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13 mortality records for nearly all patients and is therefore likely to have picked up the majority  
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15 of cases lower limb amputation thereby minimising ascertainment bias. The QResearch  
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17 database is updated regularly allowing us to update the algorithms over time which can  
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19 reflect changes in data quality, population characteristics or requirements thereby keeping  
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21 the tools up to date. We undertook two validations, one using a separate set of practices  
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23 and patients contributing to QResearch® and the other using a fully external set of practices  
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25 contributing to CPRD. The results of both validations were extremely similar which is  
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27 consistent with previous validation studies showing comparable performance using  
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29 different practice populations<sup>48 49</sup>. Whilst we have derived and validated the equations using  
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31 UK datasets, the equations could be used internationally by using alternative deprivation  
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33 scores relevant to the setting (which would need to be scaled to conform with the  
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35 Townsend score). Local validation should be done to ensure good calibration and  
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37 discrimination in the applicable population since patients from different countries may have  
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39 different rates of complications or distributions of risk factors .  
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48 Limitations of our study include the lack of formal adjudication of diagnoses, and potential  
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50 for bias due to missing data which we have addressed using multiple imputation. Whilst we  
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52 have provided analysis of several thresholds for illustrative purposes, we have not provided  
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54 definite comment on what threshold of absolute risk should be used to define a “high risk”  
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group as that would require (a) consideration of the balance of risks and benefits for individuals and (b) cost-effectiveness analyses which are outside the scope of this study.

## 5 Conclusion

We have developed and validated new risk prediction equations to quantify the absolute risks of blindness and lower limb amputation in patients with diabetes. They can be used to identify patients with diabetes at high risk of these complications for further assessment. Further research is needed to evaluate the clinical outcomes and cost effectiveness of using these risk equations in primary care.

## 6 Other information

### 6.1.1 Funding:

There was no external funding for this project.

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We acknowledge the contribution of EMIS practices who contribute to the QResearch® and EMIS for expertise in establishing, developing and supporting the database.

### 6.1.3 Approvals:

The project was reviewed in accordance with the QResearch® agreement with NRES Committee East Midlands - Derby [reference 03/4/021]. The project was reviewed by the independent scientific committee of the Clinical Research Practice Datalink [reference 13\_079].

### 6.1.4 Contributorship

JHC initiated the study, undertook the literature review, data extraction, data manipulation and primary data analysis and wrote the first draft of the paper. CC contributed to the design, analysis, interpretation and drafting of the paper.

### 6.1.5 Competing Interests

**All authors have completed the Unified Competing Interest form at**

[www.icmje.org/coi\\_disclosure.pdf](http://www.icmje.org/coi_disclosure.pdf) (available on request from the corresponding author) and declare: JHC is professor of clinical epidemiology at the University of Nottingham and co-director of QResearch® – a not-for-profit organisation which is a joint partnership between the University of Nottingham and Egton Medical Information Systems (leading commercial

supplier of IT for 60% of general practices in the UK). JHC is also a paid director of ClinRisk Ltd which produces open and closed source software to ensure the reliable and updatable implementation of clinical risk equations within clinical computer systems to help improve patient care. CC is associate professor of Medical Statistics at the University of Nottingham and a paid consultant statistician for ClinRisk Ltd. This work and any views expressed within it are solely those of the co-authors and not of any affiliated bodies or organisations.

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**6.1.7 Data Sharing**

The equations presented in this paper will be released as Open Source Software under the GNU lesser GPL v3. The open source software allows use without charge under the terms of the GNU lesser public license version 3. Closed source software can be licensed at a fee.

**6.1.8 Transparency statement**

JHC is the manuscript's guarantor and affirms that the manuscript is an honest, accurate, and transparent account of the study being reported; that no important aspects of the study have been omitted; and that any discrepancies are disclosed.



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Figure 1 Adjusted hazard ratios for blindness and lower limb amputation for age in the derivation cohort.

Figure 2 Adjusted hazard ratios for blindness and lower limb amputation for HBA1C in the derivation cohort.

Figure 3 adjusted hazard ratios for blindness and lower limb amputation for systolic blood pressure in the derivation cohort.

Figure 4 Mean predicted risks and observed risks of blindness and lower limb amputation at 10 years by tenth of predicted risk applying the equations to all men and women in the QResearch® validation cohort.

Figure 5 mean predicted risks and observed risks of blindness and lower limb amputation at 10 years by tenth of predicted risk applying the equations to all men and women in the CPRD validation cohort.

Figure 6 web calculator applied to an example female patient

Figure 7 web calculator applied to an example male patient

Table 1 Baseline characteristics of patients with diabetes aged 25-84 years in the QResearch® derivation cohort and both validation cohorts. Values are numbers (percentages) unless stated otherwise.

	<i>QResearch® derivation cohort</i>		<i>QResearch® validation cohort</i>		<i>CPRD validation cohort</i>	
	women	men	women	men	women	men
total patients	199679	254896	62407	80012	90280	115770
Type 2 diabetes	188086 (94.2)	241058 (94.6)	58852 (94.3)	75717 (94.6)	85361 (94.6)	109540 (94.6)
Type 1 diabetes	11593 (5.8)	13838 (5.4)	3555 (5.7)	4295 (5.4)	4919 (5.4)	6230 (5.4)
<b>Years since diagnosis</b>						
newly diagnosed (<1 year)	108040 (54.1)	137725 (54.0)	34900 (55.9)	44412 (55.5)	48913 (54.2)	62922 (54.4)
1-3 years	33256 (16.7)	43790 (17.2)	9819 (15.7)	12902 (16.1)	14912 (16.5)	19345 (16.7)
4-6 years	18826 (9.4)	23855 (9.4)	5552 (8.9)	7159 (8.9)	8283 (9.2)	10535 (9.1)
7-10 years	15895 (8.0)	19950 (7.8)	4824 (7.7)	6256 (7.8)	7285 (8.1)	9255 (8.0)
>10 years	23662 (11.9)	29576 (11.6)	7312 (11.7)	9283 (11.6)	10887 (12.1)	13713 (11.8)
mean age (SD)	61.5 (14.1)	59.5 (13.4)	62 (14.0)	59.9 (13.3)	62.7 (13.7)	60.4 (12.9)
mean Townsend score (SD)	.8 (3.4)	.5 (3.4)	.4 (3.3)	.1 (3.2)	0 (3.3)	-.4 (3.2)
<b>Ethnicity recorded</b>	150526 (75.4)	191204 (75.0)	46575 (74.6)	59394 (74.2)	40151 (44.5)	51522 (44.5)
White/not recorded	164366 (82.3)	214557 (84.2)	53760 (86.1)	70000 (87.5)	83962 (93.0)	108518 (93.7)
Indian	6836 (3.4)	9027 (3.5)	1928 (3.1)	2606 (3.3)	1503 (1.7)	2036 (1.8)
Pakistani	5011 (2.5)	5744 (2.3)	854 (1.4)	1071 (1.3)	778 (0.9)	801 (0.7)
Bangladeshi	5979 (3.0)	6731 (2.6)	956 (1.5)	1028 (1.3)	268 (0.3)	321 (0.3)
Other Asian	3134 (1.6)	4017 (1.6)	1005 (1.6)	1393 (1.7)	865 (1.0)	1083 (0.9)
Caribbean	5614 (2.8)	4653 (1.8)	1578 (2.5)	1291 (1.6)	919 (1.0)	768 (0.7)
Black African	3831 (1.9)	4654 (1.8)	1004 (1.6)	1102 (1.4)	838 (0.9)	891 (0.8)
Chinese	693 (0.3)	719 (0.3)	193 (0.3)	222 (0.3)	138 (0.2)	168 (0.1)
Other	4215 (2.1)	4794 (1.9)	1129 (1.8)	1299 (1.6)	1009 (1.1)	1184 (1.0)

<b>smoking status recorded</b>	189827 (95.1)	243379 (95.5)	59409 (95.2)	76617 (95.8)	89107 (98.7)	114577 (99.0)
non smoker	118807 (59.5)	108368 (42.5)	36291 (58.2)	33839 (42.3)	43414 (48.1)	40977 (35.4)
ex-smoker	41073 (20.6)	83683 (32.8)	13572 (21.7)	27231 (34.0)	14002 (15.5)	28100 (24.3)
light smoker	16090 (8.1)	30116 (11.8)	5112 (8.2)	9080 (11.3)	4879 (5.4)	7799 (6.7)
moderate smoker	7720 (3.9)	10684 (4.2)	2512 (4.0)	3196 (4.0)	9772 (10.8)	12756 (11.0)
heavy smoker	6137 (3.1)	10528 (4.1)	1922 (3.1)	3271 (4.1)	5931 (6.6)	11363 (9.8)
Smoker amount not recorded	n/a	n/a	n/a	n/a	11109 (12.3)	13582 (11.7)
<b>Medical conditions at baseline</b>						
atrial fibrillation	7995 (4.0)	11009 (4.3)	2684 (4.3)	3626 (4.5)	3952 (4.4)	5273 (4.6)
congestive cardiac failure	6783 (3.4)	9986 (3.9)	2255 (3.6)	3136 (3.9)	3504 (3.9)	4641 (4.0)
cardiovascular disease	31729 (15.9)	55262 (21.7)	10170 (16.3)	17453 (21.8)	16188 (17.9)	26826 (23.2)
treated hypertension	78323 (39.2)	85634 (33.6)	24451 (39.2)	26721 (33.4)	31477 (34.9)	32465 (28.0)
peripheral vascular disease	5242 (2.6)	10380 (4.1)	1692 (2.7)	3257 (4.1)	2846 (3.2)	5344 (4.6)
chronic renal disease	2325 (1.2)	2857 (1.1)	718 (1.2)	905 (1.1)	930 (1.0)	1185 (1.0)
rheumatoid arthritis	7458 (3.7)	4651 (1.8)	2204 (3.5)	1477 (1.8)	1976 (2.2)	1206 (1.0)
proliferative retinopathy or maculopathy	5531 (2.8)	7657 (3.0)	1653 (2.6)	2162 (2.7)	1319 (1.5)	1913 (1.7)
Existing blindness	3416 (1.7)	3701 (1.5)	1126 (1.8)	1169 (1.5)	1789 (2.0)	1656 (1.4)
Existing lower limb amputation	1010 (0.5)	2073 (0.8)	346 (0.6)	728 (0.9)	455 (0.5)	1013 (0.9)
<b>clinical values at baseline</b>						
HBA1C recorded	141005 (70.6)	180594 (70.9)	43575 (69.8)	56107 (70.1)	51725 (57.3)	67013 (57.9)
mean HBA1C (SD)	61.4 (20.8)	63 (22.0)	61.1 (20.8)	62.9 (21.9)	60.8 (21.1)	62.6 (22.0)
BMI recorded	179818 (90.1)	232298 (91.1)	55892 (89.6)	72979 (91.2)	82814 (91.7)	107778 (93.1)
mean BMI (SD)	31.1 (6.3)	29.8 (5.3)	31.2 (6.4)	29.9 (5.3)	30.9 (6.3)	29.7 (5.3)
cholesterol ratio recorded	105436 (52.8)	138385 (54.3)	33392 (53.5)	43988 (55.0)	35174 (39.0)	46530 (40.2)
mean cholesterol/HDL ratio (SD)	4.1 (1.4)	4.5 (1.5)	4.1 (1.4)	4.5 (1.5)	4.2 (1.5)	4.5 (1.6)
systolic blood pressure recorded	194001 (97.2)	246991 (96.9)	60728 (97.3)	77707 (97.1)	88792 (98.4)	113582 (98.1)
mean SBP (SD)	139.3 (20.0)	138.4 (18.6)	139.8 (20.0)	138.6 (18.6)	141.4 (20.6)	140 (19.0)

Table 2 Numbers of incident cases of blindness and lower limb amputation during follow-up and age standardised incidence rates per 1,000 person years in men and women with diabetes aged 25-84 years in the derivation cohort and validation cohorts

	QResearch® derivation cohort		QResearch® validation cohort		CPRD validation cohort	
	cases	rate per 1,000 person years (95% CI)	cases	rate per 1,000 person years (95% CI)	cases	rate per 1,000 person years (95% CI)
<b>Women</b>						
amputation	1,541	1.34 (1.27 to 1.41 )	482	1.32 (1.20 to 1.44 )	675	1.32 (1.22 to 1.42 )
blindness	4,074	3.43 (3.33 to 3.54 )	1,365	3.59 (3.40 to 3.79 )	1,487	2.78 (2.64 to 2.93 )
<b>Men</b>						
amputation	3,281	2.36 (2.28 to 2.44 )	1,042	2.33 (2.19 to 2.47 )	1,619	2.66 (2.53 to 2.79 )
blindness	3,989	3.03 (2.93 to 3.12 )	1,286	3.04 (2.88 to 3.21 )	1,358	2.33 (2.20 to 2.45 )

Notes:

Patients with existing diagnoses of each complication at baseline were dropped from the relevant cohort.

Rates were directly age standardised to the overall age distribution of patients aged 25 to 84 within the QResearch® derivation cohort in 5-year age bands



Table 3 Adjusted hazard ratios with 95% confidence intervals for blindness and lower limb amputation in men and women in the derivation cohort. For fractional polynomial terms see footnotes and figures 1 to 3.

		<i>adjusted hazard ratio women</i>	<i>adjusted hazard ratio men</i>
<b>Amputation<sup>1</sup></b>	Townsend deprivation score <sup>3</sup>	1.10 (1.01 to 1.19 )	1.29 (1.22 to 1.36 )
	<b>duration of diabetes</b>		
	newly diagnosed (< 1year)	1	1
	1-3 years	1.59 (1.36 to 1.85 )	1.68 (1.51 to 1.87 )
	4-6 years	1.69 (1.42 to 2.01 )	2.03 (1.81 to 2.28 )
	7-10 years	2.37 (2.01 to 2.79 )	2.67 (2.39 to 3.00 )
	>10 years	3.30 (2.89 to 3.78 )	3.49 (3.15 to 3.86 )
	<b>smoking status</b>		
	non smoker	1	1
	ex-smoker	1.08 (0.94 to 1.24 )	0.94 (0.87 to 1.03 )
	light smoker	1.59 (1.34 to 1.88 )	1.28 (1.14 to 1.43 )
	moderate smoker	1.58 (1.25 to 1.99 )	1.15 (0.96 to 1.37 )
	heavy smoker	1.89 (1.49 to 2.41 )	1.26 (1.06 to 1.49 )
	<b>ethnicity</b>		
	white/not recorded	1	1
	Indian	0.44 (0.28 to 0.68 )	0.42 (0.32 to 0.55 )
	Pakistani	0.72 (0.47 to 1.12 )	0.40 (0.28 to 0.58 )
	Bangladeshi	0.29 (0.15 to 0.56 )	0.12 (0.07 to 0.22 )
	Other Asian	0.70 (0.39 to 1.27 )	0.42 (0.26 to 0.67 )
	Caribbean	0.87 (0.65 to 1.18 )	0.49 (0.36 to 0.66 )
	Black African	0.92 (0.55 to 1.54 )	0.38 (0.23 to 0.61 )
	Chinese	0.50 (0.12 to 1.99 )	0.35 (0.11 to 1.09 )
	Other	0.70 (0.44 to 1.10 )	0.63 (0.45 to 0.87 )
<b>Blindness<sup>2</sup></b>	<b>co-morbidity</b>		
	type 1 diabetes (vs type 2)	NS	1.26 (1.09 to 1.45 )
	rheumatoid arthritis	1.50 (1.19 to 1.90 )	1.39 (1.11 to 1.75 )
	atrial fibrillation	NS	1.26 (1.07 to 1.49 )
	congestive cardiac failure	1.79 (1.44 to 2.22 )	1.34 (1.14 to 1.58 )
	peripheral vascular disease	4.26 (3.63 to 4.99 )	3.16 (2.84 to 3.51 )
	chronic renal disease	2.68 (1.96 to 3.66 )	2.26 (1.80 to 2.85 )
	<b>Cholesterol/HDL ratio<sup>4</sup></b>	1.06 (1.03 to 1.09 )	1.03 (1.00 to 1.06 )
	<b>Townsend deprivation score<sup>3</sup></b>	1.21 (1.15 to 1.27 )	1.33 (1.27 to 1.39 )
	<b>duration of diabetes</b>		
	newly diagnosed (<1 year)	1	1
	1-3 years	1.36 (1.25 to 1.49 )	1.40 (1.28 to 1.54 )



4-6 years	1.51 (1.36 to 1.67 )	1.42 (1.28 to 1.58 )
7-10 years	1.72 (1.55 to 1.91 )	1.57 (1.41 to 1.76 )
>10 years	2.17 (1.97 to 2.38 )	2.09 (1.90 to 2.29 )
<b>co-morbidity</b>		
type 1 diabetes (vs type 2)	1.50 (1.26 to 1.78 )	1.44 (1.22 to 1.70 )
chronic renal disease	1.49 (1.17 to 1.89 )	2.57 (1.88 to 3.52 )
Proliferative retinopathy/maculopathy	2.67 (2.37 to 3.02 )	2.93 (2.61 to 3.29 )

#### Notes

<sup>1</sup> amputation model in women also included terms for: age (linear), systolic blood pressure (2 FP terms; -1 - 0.5), hba1c (2 FP terms, 3 3); amputation model in men included terms for: age (linear), systolic blood pressure (2 FP terms -2 0.5) hba1c (2 FP terms 2 2).

<sup>2</sup> blindness model in women also included terms for: age (2 FP terms 2 2), systolic blood pressure (linear), hba1c (2 FP terms 2 2); the model in men also included terms for: age (2 FP terms 2 2), systolic blood pressure (2 FP terms 1 2), hba1c (2 FP terms -2 -2). There was an interaction between age and renal disease in men.

<sup>3</sup> the Townsend deprivation score ranges between -7 (most affluent) and +11 (most deprived). Adjusted hazard ratio is per 5 unit increase.

<sup>4</sup> adjusted hazard ratio is per unit increase.

Table 4 Performance of the equations in men and women in CPRD validation cohort and QResearch® validation cohort

	statistic	CPRD validation cohort	QResearch® validation cohort
		Mean (95% CI)	Mean (95% CI)
women			
amputation	D statistic	1.61 (1.45 to 1.77 )	1.30 (1.14 to 1.47 )
	R <sup>2</sup> (%)	38.22 (33.61 to 42.83 )	28.90 (23.70 to 34.10 )
	Harrell's C statistic	0.762 (0.735 to 0.789)	0.700 (0.670 to 0.731)
blindness	D statistic	1.36 (1.27 to 1.46 )	1.32 (1.23 to 1.42 )
	R <sup>2</sup> (%)	30.78 (27.94 to 33.63 )	29.44 (26.50 to 32.39 )
	Harrell's C statistic	0.733 (0.719 to 0.747)	0.725 (0.709 to 0.741)
men			
amputation	D statistic	1.69 (1.59 to 1.79 )	1.48 (1.38 to 1.59 )
	R <sup>2</sup> (%)	40.57 (37.70 to 43.44 )	34.42 (31.14 to 37.70 )
	Harrell's C statistic	0.770 (0.755 to 0.784)	0.748 (0.730 to 0.767)
blindness	D statistic	1.40 (1.31 to 1.49 )	1.33 (1.23 to 1.42 )
	R <sup>2</sup> (%)	31.93 (29.04 to 34.82 )	29.57 (26.53 to 32.62 )
	Harrell's C statistic	0.732 (0.716 to 0.747)	0.714 (0.696 to 0.731)

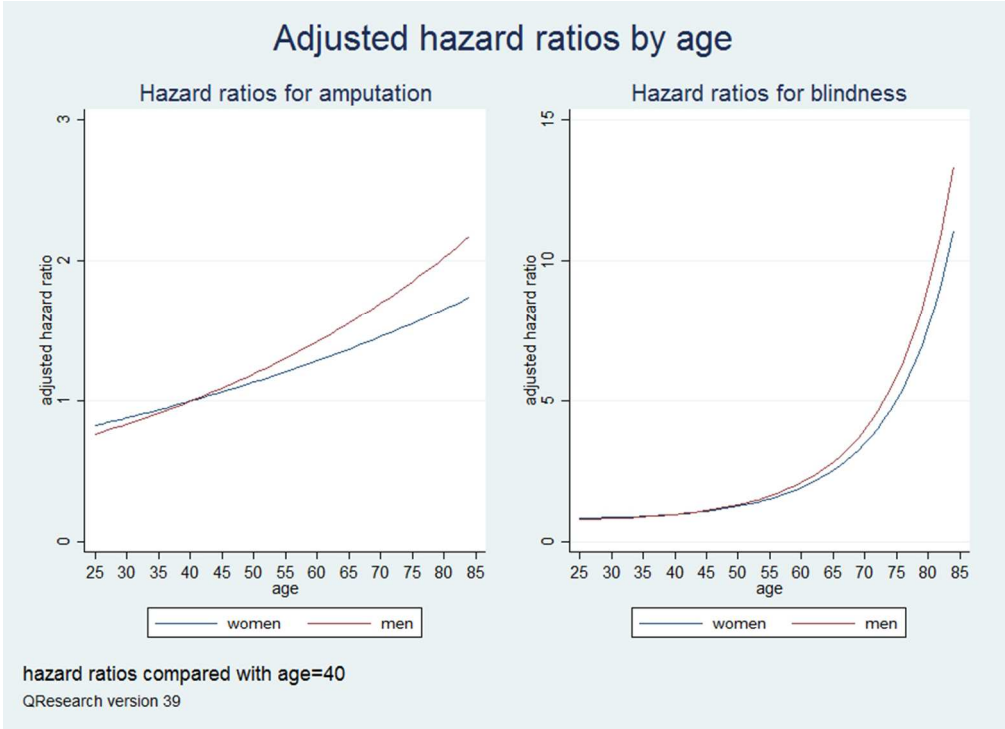
Notes on understanding validation statistics:

Harrell's C statistic is a measure of discrimination where higher values indicate better discrimination. The D statistic is also a measure of discrimination which is specific to censored survival data where higher values indicate better discrimination. R<sup>2</sup> measures explained variation in time to diagnosis of the outcome and higher values indicate more variation is explained.

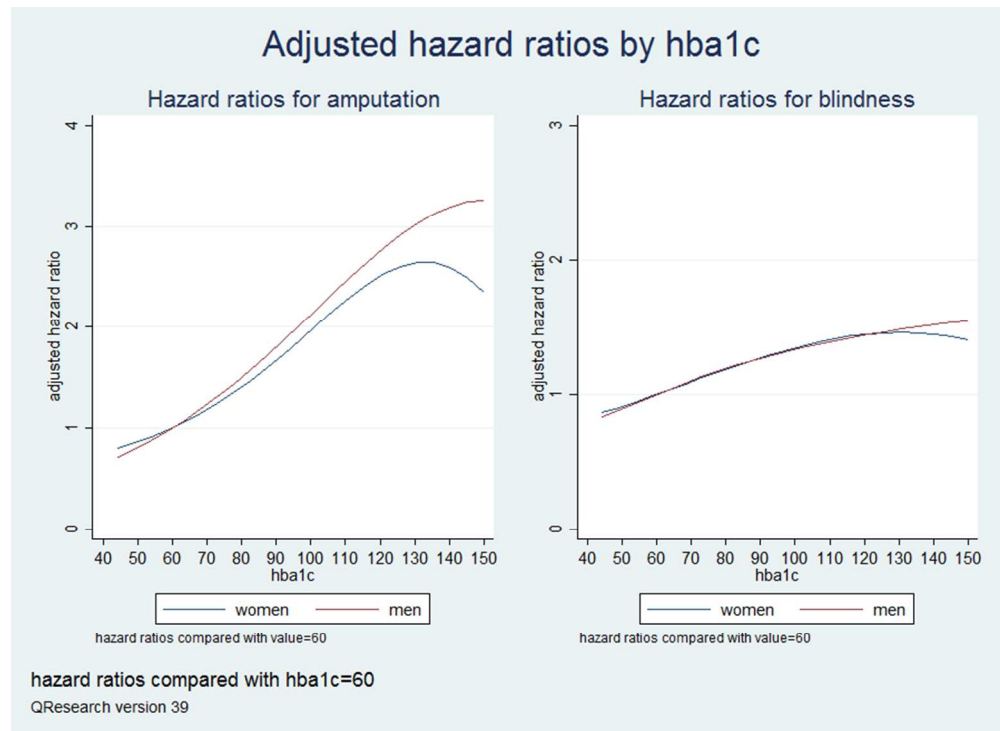
Table 5 Performance of each model in both the QResearch® and CPRD validation cohorts based on the 10% and 20% of patients at highest predicted risk

	QResearch® cohort				CPRD cohort			
	<i>Cut off (%) for 10 year risk<sup>1</sup></i>	<i>sensitivity (%)</i>	<i>Specificity* (%)</i>	<i>observed risk (%)</i>	<i>Cut off (%) for 10 year risk<sup>1</sup></i>	<i>sensitivity (%)</i>	<i>Specificity* (%)</i>	<i>observed risk (%)</i>
<b>Women</b>								
Amputation (top 10%)	2.6	33.2	90.2	4.6	2.9	39.4	90.2	4.9
Amputation (top 20%)	1.8	48.1	80.2	3.2	2.0	59.8	80.3	3.7
Blindness (top 10%)	8.1	27.9	90.4	12.8	8.0	25.7	90.2	8.7
Blindness (top 20%)	5.6	45.1	80.5	9.6	5.6	44.3	80.4	7.2
<b>Men</b>								
Amputation (top 10%)	4.5	37.5	90.3	7.9	4.8	41.9	90.4	10.2
Amputation (top 20%)	3.0	53.5	80.4	5.7	3.2	58.0	80.5	7.0
Blindness (top 10%)	6.2	27.6	90.2	9.5	6.0	31.5	90.2	8.3
Blindness (top 20%)	4.1	45.9	80.4	7.2	4.1	49.1	80.3	6.1

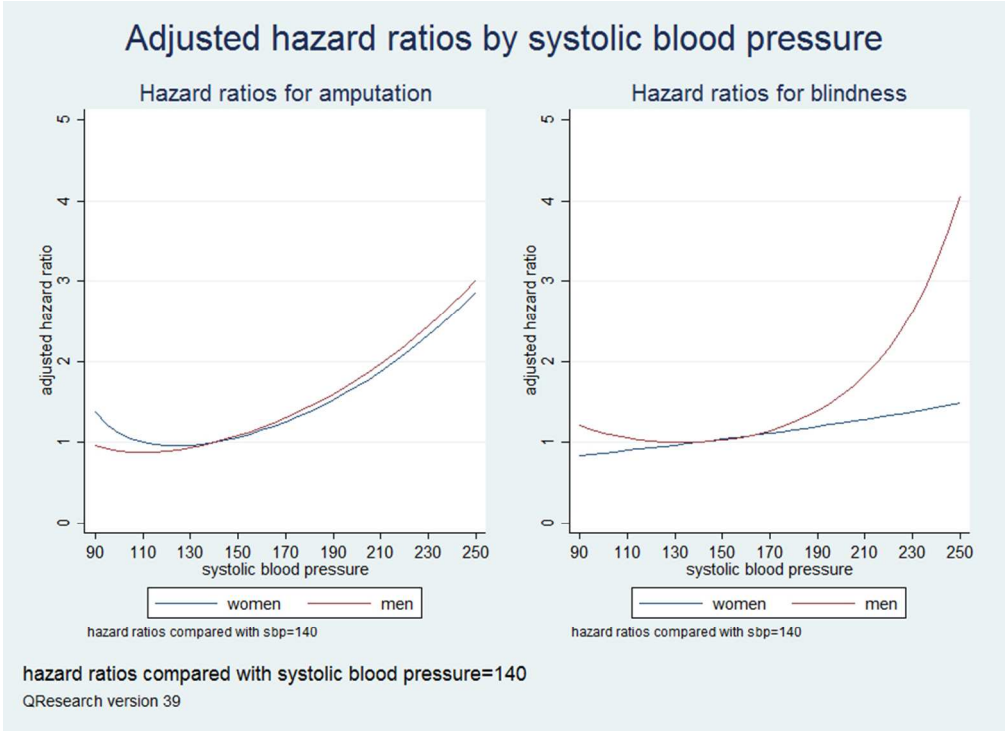
<sup>1</sup> This is the risk threshold for the 10% or 20% of patients at highest predicted risk of the outcome over 10 years



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317x231mm (72 x 72 DPI)



317x231mm (72 x 72 DPI)

Group Name	clinical cod	clinical term
Blindness (Read code)	2B6A-1	O/E - blind R-eye
Blindness (Read code)	2B6B	O/E - R-eye completely blind
Blindness (Read code)	2B6S	O/E - pinhole R-eye completely blind
Blindness (Read code)	2B7A-1	O/E - blind L-eye
Blindness (Read code)	2B7B	O/E - L-eye completely blind
Blindness (Read code)	2B7S	O/E - pinhole L-eye completely blind
Blindness (Read code)	6688	Registered partially sighted
Blindness (Read code)	6688-1	Registered partially blind
Blindness (Read code)	6689	Registered blind
Blindness (Read code)	6689-1	Registered severely sight impaired
Blindness (Read code)	668C	Certificate of vision impairment
Blindness (Read code)	8F6-1	Blind rehabilitation
Blindness (Read code)	8F61	Blind rehabilitation
Blindness (Read code)	8F62	Blind lead dog rehabilitation
Blindness (Read code)	9m08	Excluded from diabetic retinopathy screening as blind
Blindness (Read code)	EGTONBL2	Blind (subjectively)
Blindness (Read code)	EGTONVI8	Vision - blind despite any aid
Blindness (Read code)	F49	Blindness and low vision
Blindness (Read code)	F49-1	Impaired vision
Blindness (Read code)	F49-2	Low vision
Blindness (Read code)	F49-3	Partial sight
Blindness (Read code)	F49-4	Sight impaired
Blindness (Read code)	F490	Blindness, both eyes
Blindness (Read code)	F490-98	Blind/low vision - both eyes
Blindness (Read code)	F490-99	Blind - both eyes
Blindness (Read code)	F4900	Unspecified blindness both eyes
Blindness (Read code)	F4902	Better eye: near total VI, Lesser eye: unspecified
Blindness (Read code)	F4903	Better eye: near total VI, Lesser eye: total VI
Blindness (Read code)	F4904	Better eye: near total VI, Lesser eye: near total VI
Blindness (Read code)	F4905	Better eye: profound VI, Lesser eye: unspecified
Blindness (Read code)	F4906	Better eye: profound VI, Lesser eye: total VI
Blindness (Read code)	F4907	Better eye: profound VI, Lesser eye: near total VI
Blindness (Read code)	F4908	Better eye: profound VI, Lesser eye: profound VI
Blindness (Read code)	F4909	Acquired blindness, both eyes
Blindness (Read code)	F490z	Blindness both eyes NOS
Blindness (Read code)	F491	Better eye: low vision, Lesser eye: profound VI
Blindness (Read code)	F4910	One eye blind, one eye low vision
Blindness (Read code)	F4911	Better eye: severe VI, Lesser eye: blind, unspecified
Blindness (Read code)	F4912	Better eye: severe VI, Lesser eye: total VI
Blindness (Read code)	F4913	Better eye: severe VI, Lesser eye: near total VI
Blindness (Read code)	F4914	Better eye: severe VI, Lesser eye: profound VI
Blindness (Read code)	F4915	Better eye: moderate VI, Lesser eye: blind, unspecified
Blindness (Read code)	F4916	Better eye: moderate VI, Lesser eye: total VI
Blindness (Read code)	F4917	Better eye: moderate VI, Lesser eye: near total VI
Blindness (Read code)	F4918	Better eye: moderate VI, Lesser eye: profound VI
Blindness (Read code)	F491z	One eye blind, one eye low vision NOS
Blindness (Read code)	F492	Low vision, both eyes
Blindness (Read code)	F4920	Low vision, both eyes unspecified
Blindness (Read code)	F4921	Better eye: severe VI, Lesser eye: low vision unspecified

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2	Blindness (Read code)	F4922	Better eye: severe VI, Lesser eye: severe VI
3	Blindness (Read code)	F4923	Better eye: moderate VI, Lesser eye: low vision unspecified
4	Blindness (Read code)	F4924	Better eye: moderate VI, Lesser eye: severe VI
5	Blindness (Read code)	F4925	Better eye: moderate VI, Lesser eye: moderate VI
6	Blindness (Read code)	F492z	Low vision, both eyes NOS
7	Blindness (Read code)	F493	Visual loss, both eyes unqualified
8	Blindness (Read code)	F493-99	Blind/low vision - both eyes
9	Blindness (Read code)	F494	Legal blindness USA
10	Blindness (Read code)	F495	Profound impairment, one eye
11	Blindness (Read code)	F4950	Blindness, one eye, unspecified
12	Blindness (Read code)	F4951	Lesser eye: total visual impairment, Better eye: unspecified
13	Blindness (Read code)	F4952	Lesser eye: total VI, Better eye: near normal vision
14	Blindness (Read code)	F4953	Lesser eye: total VI, Better eye: normal vision
15	Blindness (Read code)	F4954	Lesser eye: near total VI, Better eye: unspecified
16	Blindness (Read code)	F4955	Lesser eye: near total VI, Better eye: near normal vision
17	Blindness (Read code)	F4956	Lesser eye: near total VI, Better eye: normal vision
18	Blindness (Read code)	F4957	Lesser eye: profound VI, Better eye: unspecified
19	Blindness (Read code)	F4958	Lesser eye: profound VI, Better eye: near normal vision
20	Blindness (Read code)	F4959	Lesser eye: profound VI, Better eye: normal vision
21	Blindness (Read code)	F495A	Acquired blindness, one eye
22	Blindness (Read code)	F495z	Profound impairment one eye NOS
23	Blindness (Read code)	F496	Low vision, one eye
24	Blindness (Read code)	F496-99	Blind/low vision -one eye only
25	Blindness (Read code)	F4960	Low vision, one eye, unspecified
26	Blindness (Read code)	F4961	Lesser eye: severe VI, Better eye: unspecified
27	Blindness (Read code)	F4962	Lesser eye: severe VI, Better eye: near normal vision
28	Blindness (Read code)	F4963	Lesser eye: severe VI, Better eye: normal vision
29	Blindness (Read code)	F4964	Lesser eye: moderate VI, Better eye: unspecified
30	Blindness (Read code)	F4965	Lesser eye: moderate VI, Better eye: near normal vision
31	Blindness (Read code)	F4966	Lesser eye: moderate VI, Better eye: normal vision
32	Blindness (Read code)	F496z	Low vision, one eye NOS
33	Blindness (Read code)	F49y	Visual loss, one eye, unqualified
34	Blindness (Read code)	F49y-99	Blind/low vision -one eye only
35	Blindness (Read code)	F49z	Visual loss NOS
36	Blindness (Read code)	F49z-1	Acquired blindness
37	Blindness (Read code)	F49z-99	Blindness/low vision NOS
38	Blindness (Read code)	F49z0	Charles Bonnet syndrome
39	Blindness (ICD10)	H54	H54 - Visual impairment including blindness (binocular or monocular)
40	Blindness (ICD10)	H540	H540 - Blindness, binocular
41	Blindness (ICD10)	H541	H541 - Severe visual impairment, binocular
42	Blindness (ICD10)	H544	H544 - Blindness, monocular
43	Blindness (ICD10)	H545	H545 - Severe visual impairment, monocular
44	Blindness (ICD10)	H549	H549 - Unspecified visual impairment (binocular)
45	<b>Group Name</b>	<b>clinical code</b>	<b>clinical term</b>
46	Amputation (Read code)	14N4	H/O: limb amputation
47	Amputation (Read code)	14N4-1	Amputee - limb
48	Amputation (Read code)	14N41	H/O: lower limb amputation
49	Amputation (Read code)	14N4Z	H/O: limb amputation NOS
50	Amputation (Read code)	2G42	O/E - Amputated right leg
51	Amputation (Read code)	2G43	O/E - Amputated left leg



Amputation (Read code)	2G44	O/E - Amputated right above knee
Amputation (Read code)	2G45	O/E - Amputated left above knee
Amputation (Read code)	2G46	O/E - Amputated right below knee
Amputation (Read code)	2G47	O/E - Amputated left below knee
Amputation (Read code)	2G4A	O/E - amputated left midfoot
Amputation (Read code)	2G4B	O/E - amputated right midfoot
Amputation (Read code)	7L06	Amputation of leg
Amputation (Read code)	7L06-99	Amputation - lower limb
Amputation (Read code)	7L060	Hindquarter amputation
Amputation (Read code)	7L060-1	Ferre hindquarter amputation
Amputation (Read code)	7L060-2	Gordon - Taylor hindquarter amputation
Amputation (Read code)	7L060-3	Jaboulay hindquarter amputation
Amputation (Read code)	7L060-4	King hindquarter amputation
Amputation (Read code)	7L060-5	Sorrondo hindquarter amputation
Amputation (Read code)	7L060-6	Steelquist hindquarter amputation
Amputation (Read code)	7L060-7	Taylor hindquarter amputation
Amputation (Read code)	7L060-99	Hind quarter amputation
Amputation (Read code)	7L061	Disarticulation of hip
Amputation (Read code)	7L061-1	Boyd disarticulation of hip
Amputation (Read code)	7L061-2	Fitzmaurice - Kelly disarticulation of hip
Amputation (Read code)	7L061-99	Hip disarticulation
Amputation (Read code)	7L062	Amputation above knee
Amputation (Read code)	7L062-1	Kirk amputation of leg through thigh
Amputation (Read code)	7L062-2	Amputation of leg through thigh
Amputation (Read code)	7L062-99	Above knee amputation
Amputation (Read code)	7L063	Amputation through knee
Amputation (Read code)	7L063-1	Batch disarticulation of knee
Amputation (Read code)	7L063-2	Callander disarticulation of knee
Amputation (Read code)	7L063-3	Disarticulation of knee
Amputation (Read code)	7L063-4	Gritti-Stokes disarticulation of knee
Amputation (Read code)	7L063-5	Kirk disarticulation of knee
Amputation (Read code)	7L063-6	Mazet disarticulation of knee
Amputation (Read code)	7L063-7	McFaddin disarticulation of knee
Amputation (Read code)	7L063-8	Slocum disarticulation of knee
Amputation (Read code)	7L063-9	Spittler disarticulation of knee
Amputation (Read code)	7L063-99	Knee disarticulation
Amputation (Read code)	7L064	Amputation below knee
Amputation (Read code)	7L064-1	Boyd amputation of leg below knee
Amputation (Read code)	7L064-2	Burgess amputation of leg below knee
Amputation (Read code)	7L064-3	Guyon amputation of leg below knee
Amputation (Read code)	7L064-98	Below knee amputation
Amputation (Read code)	7L064-99	Supramalleolar ankle amputat.
Amputation (Read code)	7L06y	Other specified amputation of leg
Amputation (Read code)	7L06z	Amputation of leg NOS
Amputation (Read code)	7L06z-99	Amputation lower limb NOS
Amputation (Read code)	7L07	Amputation of foot
Amputation (Read code)	7L070	Amputation through ankle
Amputation (Read code)	7L070-1	Pirogoff amputation of foot through ankle
Amputation (Read code)	7L070-2	Syme amputation of foot through ankle
Amputation (Read code)	7L070-99	Disarticulation of foot


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2	Amputation (Read code)	7L071	Disarticulation of tarsal bones
3	Amputation (Read code)	7L071-1	Boyd amputation of hindfoot
4	Amputation (Read code)	7L071-99	Amputation foot: mid-tarsal
5	Amputation (Read code)	7L072	Disarticulation tarsometatarsal joint
6	Amputation (Read code)	7L072-1	Lisfranc tarsometatarsal amputation
7	Amputation (Read code)	7L072-2	Tarsometatarsal amputation
8	Amputation (Read code)	7L072-3	Disarticulation of metatarsal bones
9	Amputation (Read code)	7L072-99	Amputation foot:tarsal-metatar
10	Amputation (Read code)	7L073	Amputation through metatarsal bones
11	Amputation (Read code)	7L073-1	Chopart midtarsal amputation
12	Amputation (Read code)	7L073-2	Ray transmetatarsal amputation
13	Amputation (Read code)	7L07y	Other specified amputation of foot
14	Amputation (Read code)	7L07z	Amputation of foot NOS
15	Amputation (Read code)	7L07z-1	Hey amputation of foot
16	Amputation (Read code)	7L08	Amputation of toe
17	Amputation (Read code)	7L080	Amputation hallux
18	Amputation (Read code)	7L080-1	Amputation great toe
19	Amputation (Read code)	7L081	Amputation of phalanx of toe
20	Amputation (Read code)	7L082	Proximal hemiphalangectomy of toe
21	Amputation (Read code)	7L083	Amputation lesser toe
22	Amputation (Read code)	7L084	Terminalisation of hallux
23	Amputation (Read code)	7L085	Terminalisation of lesser toe
24	Amputation (Read code)	7L08y	Other specified amputation of toe
25	Amputation (Read code)	7L08z	Amputation of toe NOS
26	Amputation (Read code)	7L08z-1	Disarticulation of toe NOS
27	Amputation (OPCS-4 code)	X093	X093 - Amputation of leg above knee
28	Amputation (OPCS-4 code)	X094	X094 - Amputation of leg through knee
29	Amputation (OPCS-4 code)	X095	X095 - Amputation of leg below knee
30	Amputation (OPCS-4 code)	X098	X098 - Other specified amputation of leg
31	Amputation (OPCS-4 code)	X099	X099 - Unspecified amputation of leg
32	Amputation (OPCS-4 code)	X10	X10 - Amputation of foot
33	Amputation (OPCS-4 code)	X101	X101 - Amputation of foot through ankle
34	Amputation (OPCS-4 code)	X104	X104 - Amputation through metatarsal bones
35	Amputation (OPCS-4 code)	X108	X108 - Other specified amputation of foot
36	Amputation (OPCS-4 code)	X109	X109 - Unspecified amputation of foot
37	Amputation (OPCS-4 code)	X11	X11 - Amputation of toe
38	Amputation (OPCS-4 code)	X111	X111 - Amputation of great toe
39	Amputation (OPCS-4 code)	X112	X112 - Amputation of phalanx of toe
40	Amputation (OPCS-4 code)	X118	X118 - Other specified amputation of toe
41	Amputation (OPCS-4 code)	X119	X119 - Unspecified amputation of toe
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**ClinRisk**  **Welcome to QDiabetes®(Amputation and blindness)-2015: <http://qdiabetes.org/amputation-blindness>**

This calculator is only valid if you have a diagnosis of either type 1 or type 2 diabetes. The respective components are not valid if you already have had an amputation or are blind.

**About you**

Age (25-84):

Sex: ☐ Male ☒ Female

Ethnicity:

UK postcode: leave blank if unknown

Postcode:

**Your results**

Your risk of having the following complications within the next 10 years is:

amputation	0.5%
blindness	1%

**Clinical information**

Smoking status:

Diabetes:

Whole years since diagnosis of diabetes:

Chronic kidney disease? ☐

On blood pressure treatment? ☐

Atrial fibrillation? ☐

Heart failure? ☐

Peripheral vascular disease? ☐

Proliferative retinopathy or maculopathy? ☐

Rheumatoid arthritis? ☐

HbA1c:


Leave blank if unknown

Cholesterol/HDL ratio:

Systolic blood pressure (mmHg):

Calculate risk over  years.

312x199mm (96 x 96 DPI)

ClinRisk  Welcome to QDiabetes®(Amputation and blindness)-2015: <http://qdiabetes.org/amputation-blindness>

This calculator is only valid if you have a diagnosis of either type 1 or type 2 diabetes. The respective components are not valid if you already have had an amputation or are blind.

About you

Age (25-84):

Sex: ☐ Male ☒ Female

Ethnicity:

UK postcode:

Postcode:

**Your results**

Your risk of having the following complications within the next 10 years is:

amputation	12.1%
blindness	14.7%

Clinical information

Smoking status:

Diabetes:

Whole years since diagnosis of diabetes:

Chronic kidney disease? ☒

On blood pressure treatment? ☐

Atrial fibrillation? ☐

Heart failure? ☐

Peripheral vascular disease? ☐

Proliferative retinopathy or maculopathy? ☐

Rheumatoid arthritis? ☐

HbA1c:

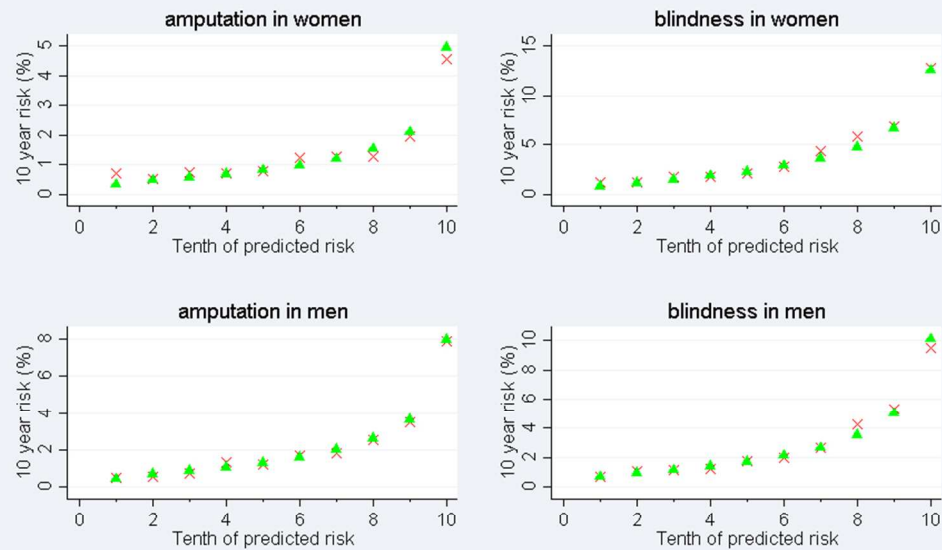
Cholesterol/HDL ratio:

Systolic blood pressure (mmHg):

Calculate risk over:  years.

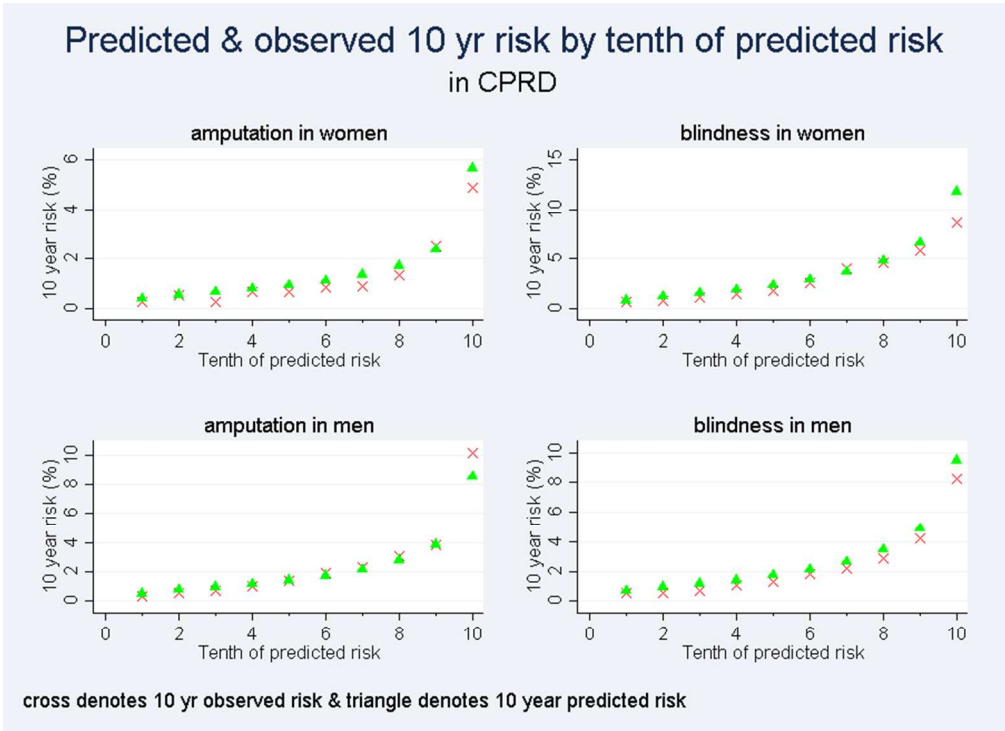
309x198mm (96 x 96 DPI)

### Predicted & observed 10 yr risk by tenth of predicted risk in QResearch



cross denotes 10 yr observed risk & triangle denotes 10 year predicted risk

317x231mm (72 x 72 DPI)



317x231mm (72 x 72 DPI)