

## ICMJE Form for Disclosure of Potential Conflicts of Interest

### Instructions

The purpose of this form is to provide readers of your manuscript with information about your other interests that could influence how they receive and understand your work. The form is designed to be completed electronically and stored electronically. It contains programming that allows appropriate data display. Each author should submit a separate form and is responsible for the accuracy and completeness of the submitted information. The form is in six parts.

#### 1. Identifying information.

#### 2. The work under consideration for publication.

This section asks for information about the work that you have submitted for publication. The time frame for this reporting is that of the work itself, from the initial conception and planning to the present. The requested information is about resources that you received, either directly or indirectly (via your institution), to enable you to complete the work. Checking "No" means that you did the work without receiving any financial support from any third party -- that is, the work was supported by funds from the same institution that pays your salary and that institution did not receive third-party funds with which to pay you. If you or your institution received funds from a third party to support the work, such as a government granting agency, charitable foundation or commercial sponsor, check "Yes".

#### 3. Relevant financial activities outside the submitted work.

This section asks about your financial relationships with entities in the bio-medical arena that could be perceived to influence, or that give the appearance of potentially influencing, what you wrote in the submitted work. You should disclose interactions with ANY entity that could be considered broadly relevant to the work. For example, if your article is about testing an epidermal growth factor receptor (EGFR) antagonist in lung cancer, you should report all associations with entities pursuing diagnostic or therapeutic strategies in cancer in general, not just in the area of EGFR or lung cancer.

Report all sources of revenue paid (or promised to be paid) directly to you or your institution on your behalf over the 36 months prior to submission of the work. This should include all monies from sources with relevance to the submitted work, not just monies from the entity that sponsored the research. Please note that your interactions with the work's sponsor that are outside the submitted work should also be listed here. If there is any question, it is usually better to disclose a relationship than not to do so.

For grants you have received for work outside the submitted work, you should disclose support ONLY from entities that could be perceived to be affected financially by the published work, such as drug companies, or foundations supported by entities that could be perceived to have a financial stake in the outcome. Public funding sources, such as government agencies, charitable foundations or academic institutions, need not be disclosed. For example, if a government agency sponsored a study in which you have been involved and drugs were provided by a pharmaceutical company, you need only list the pharmaceutical company.

#### 4. Intellectual Property.

This section asks about patents and copyrights, whether pending, issued, licensed and/or receiving royalties.

#### 5. Relationships not covered above.

Use this section to report other relationships or activities that readers could perceive to have influenced, or that give the appearance of potentially influencing, what you wrote in the submitted work.

#### Definitions.

**Entity:** government agency, foundation, commercial sponsor, academic institution, etc.

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**Personal Fees:** Monies paid to you for services rendered, generally honoraria, royalties, or fees for consulting, lectures, speakers bureaus, expert testimony, employment, or other affiliations

**Non-Financial Support:** Examples include drugs/equipment supplied by the entity, travel paid by the entity, writing assistance, administrative support, etc.

**Other:** Anything not covered under the previous three boxes

**Pending:** The patent has been filed but not issued

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**Royalties:** Funds are coming in to you or your institution due to your patent

## ICMJE Form for Disclosure of Potential Conflicts of Interest

### Section 1. Identifying Information

|  |   |   |
|--|---|---|
| 1. Given Name (First Name)<br>Adrian   | 2. Surname (Last Name)<br>Cozma                                     | 3. Date   |
| 4. Are you the corresponding author?   | <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No | Corresponding Author's Name<br>John Sievenpiper |
| 5. Manuscript Title<br>Food sources of fructose-containing sugars and glycemic control: A systematic review and meta-analysis of controlled intervention studies in people with and without diabetes |   |   |
| 6. Manuscript Identifying Number (if you know it)<br>BMJ.2017.038661.R1  |   |   |

### Section 2. The Work Under Consideration for Publication

Did you or your institution **at any time** receive payment or services from a third party (government, commercial, private foundation, etc.) for any aspect of the submitted work (including but not limited to grants, data monitoring board, study design, manuscript preparation, statistical analysis, etc.)?

Are there any relevant conflicts of interest?  Yes  No

### Section 3. Relevant financial activities outside the submitted work.

Place a check in the appropriate boxes in the table to indicate whether you have financial relationships (regardless of amount of compensation) with entities as described in the instructions. Use one line for each entity; add as many lines as you need by clicking the "Add +" box. You should report relationships that were **present during the 36 months prior to publication**.

Are there any relevant conflicts of interest?  Yes  No

### Section 4. Intellectual Property -- Patents & Copyrights

Do you have any patents, whether planned, pending or issued, broadly relevant to the work?  Yes  No

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### Section 5. Relationships not covered above

Are there other relationships or activities that readers could perceive to have influenced, or that give the appearance of potentially influencing, what you wrote in the submitted work?

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Dr. Cozma has nothing to disclose.

### Evaluation and Feedback

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## ICMJE Form for Disclosure of Potential Conflicts of Interest

### Section 1. Identifying Information

1. Given Name (First Name) Cyril      2. Surname (Last Name) Kendall      3. Date 02-March-2018

4. Are you the corresponding author?     Yes     No      Corresponding Author's Name  
John L. Sievenpiper

5. Manuscript Title  
Food sources of fructose-containing sugars and glycemic control: A systematic review and meta-analysis of controlled intervention studies in people with and without diabetes

6. Manuscript Identifying Number (if you know it)

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Did you or your institution **at any time** receive payment or services from a third party (government, commercial, private foundation, etc.) for any aspect of the submitted work (including but not limited to grants, data monitoring board, study design, manuscript preparation, statistical analysis, etc.)?

Are there any relevant conflicts of interest?     Yes     No

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Are there any relevant conflicts of interest?     Yes     No

If yes, please fill out the appropriate information below.

| Name of Entity                         | Grant?                              | Personal Fees?                      | Non-Financial Support?              | Other?                   | Comments                    |
|--|-------------------------------------|-------------------------------------|-------------------------------------|--------------------------|-----------------------------|
| Advanced Food Materials Network        | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> |                             |
| Agriculture and Agri-Food Canada       | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> |                             |
| Canadian Institutes of Health Research | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> |                             |
| Almond Board of California             | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/> | In-kind research support    |
| American Peanut Council                | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | Honorarium & travel support |
| American Pistachio Growers             | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | Honorarium & travel support |
| Barilla                                | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | Honorarium & travel support |
| Canola Council of Canada               | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | Honorarium & travel support |

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| Name of Entity   | Grant?                              | Personal Fees?                      | Non-Financial Support?              | Other?                              | Comments  |
|--|-------------------------------------|-------------------------------------|-------------------------------------|-------------------------------------|---|
| General Mills  | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | Honorarium & travel support                     |
| International Tree Nut Council Nutrition Research & Education Foundation                               | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | Advisory Board                                  |
| International Nut and Dried Fruit Council  | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | Honorarium & travel support                     |
| Kellogg  | <input type="checkbox"/>            | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | In-kind research support                        |
| Loblaw Brands Limited  | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | Honorarium                                      |
| Nutrition Foundation of Italy  | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | Honorarium & travel support                     |
| Oldways Preservation Trust   | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | Advisory Board, Honorarium & travel support     |
| Paramount Farms  | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | Advisory Board, Honorarium & travel support     |
| Peanut Institute   | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | Honorarium & travel support                     |
| Quaker (Pepsi-Co)  | <input type="checkbox"/>            | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | In-kind research support                        |
| Pulse Canada   | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | Advisory Board, Honorarium & travel support     |
| Sabra Dipping Company  | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | Honorarium & travel support                     |
| Saskatchewan Pulse Growers   | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | Honorarium & travel support                     |
| Sun-Maid   | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | Honorarium & travel support                     |
| Tate & Lyle  | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | Honorarium & travel support                     |
| Unilever   | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | Honorarium & travel support                     |
| White Wave Foods   | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | Honorarium & travel support                     |
| Diabetes and Nutrition Study Group (DNSG) of the European Association for the Study of Diabetes (EASD) | <input type="checkbox"/>            | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | Executive Board , and Dietary Guidelines Member |
| International Pasta Organization   | <input type="checkbox"/>            | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | Advisory Board, Travel support                  |
| Calorie Control Council  | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/>            |   |
| California Walnut Commission   | <input type="checkbox"/>            | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | Travel & in-kind research support               |
| Primo  | <input type="checkbox"/>            | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | In-kind research support                        |
| Unico  | <input type="checkbox"/>            | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | In-kind research support                        |
| McCormick Science Institute  | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | Advisory Board, Honorarium & travel support     |
| International Carbohydrate Quality Consortium  | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | Advisory Board                                  |
| Toronto 3D Knowledge Synthesis and Clinical Trials foundation  | <input type="checkbox"/>            | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | Director  |

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### Section 4. Intellectual Property -- Patents & Copyrights

Do you have any patents, whether planned, pending or issued, broadly relevant to the work?  Yes  No

### Section 5. Relationships not covered above

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- Yes, the following relationships/conditions/circumstances are present (explain below):  
 No other relationships/conditions/circumstances that present a potential conflict of interest

#### Expert Committees

1. Member of the expert committee of European Association for the Study of Diabetes (EASD) 2015 Clinical Practice Guidelines for Nutrition Therapy
2. Unpaid Scientific advisor for the International Pasta Organization.
3. Member of the International Carbohydrate Quality Consortium (ICQC)
4. Executive Board Member of the Diabetes and Nutrition Study Group (DNSG) of the European Association for the Study of Diabetes (EASD)

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Dr. Kendall reports grants from Advanced Food Materials Network, grants from Agriculture and Agri-Food Canada, grants from Canadian Institutes of Health Research, grants from Natural Sciences and Engineering Research Council , personal fees and non-financial support from Abbott Laboratories, grants, personal fees and non-financial support from Almond Board of California, personal fees and non-financial support from American Peanut Council, grants, personal fees and non-financial support from American Pistachio Growers, grants, personal fees and non-financial support from Barilla, personal fees and non-financial support from Bayer, grants from California Strawberry Commission, grants, personal fees and non-financial support from Canola Council of Canada, grants and personal fees from Coca-Cola Company (investigator initiated, unrestricted), personal fees and non-financial support from Danone, personal fees and non-financial support from General Mills, grants from Hain Celestial, grants, personal fees and non-financial support from International Tree Nut Council Nutrition Research & Education Foundation, personal fees and non-financial support from International Nut and Dried Fruit Council, grants, personal fees and non-financial support from Kellogg, grants, personal fees and non-financial support from Kraft, grants and personal fees from Loblaw Brands Limited, personal fees and non-financial support from Nutrition Foundation of Italy, personal fees and non-financial support from Oldways Preservation Trust, grants from Orafiti, personal fees and non-financial support from Paramount Farms, grants, personal fees and non-financial support from Peanut Institute, grants from Pepsi-Co, grants, personal fees and non-financial support from Pulse Canada, personal fees and non-financial support from Sabra Dipping Company, grants, personal fees and non-financial support from Saskatchewan Pulse Growers, grants, personal fees and non-financial support from Solae, personal fees and non-financial support from Sun-Maid, personal fees and non-financial support from Tate & Lyle, grants, personal fees and non-financial support from Unilever, personal fees and non-financial support from White Wave Foods, non-financial support from Diabetes and Nutrition Study Group (DNSG) of the European Association for the Study of Diabetes (EASD), non-financial support from International Pasta Organization, outside the submitted work; and Expert Committees

1. Member of the expert committee of European Association for the Study of Diabetes (EASD) 2015 Clinical Practice Guidelines for Nutrition Therapy
2. Member of the Canadian transcultural Diabetes Nutrition Algorithm (tDNA) steering committee
3. Unpaid Scientific advisor for the International Pasta Organization.
4. Member of the International Carbohydrate Quality Consortium (ICQC)
5. Executive Board Member of the Diabetes and Nutrition Study Group (DNSG) of the European Association for the Study of Diabetes (EASD) .

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|  |   |   |
|--|---|---|
| 1. Given Name (First Name)<br>Effie  | 2. Surname (Last Name)<br>Vigiliouk                                 | 3. Date<br>01-March-2018                        |
| 4. Are you the corresponding author?   | <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No | Corresponding Author's Name<br>John Sievenpiper |
| 5. Manuscript Title<br>Food sources of fructose-containing sugars and glycemic control: A systematic review and meta-analysis of controlled intervention studies in people with and without diabetes |   |   |
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Effie Viguiliouk has nothing to disclose.

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### Section 1. Identifying Information

1. Given Name (First Name)  
Lawrence

2. Surname (Last Name)  
Leiter

3. Date  
01-March-2018

4. Are you the corresponding author?  Yes  No

Corresponding Author's Name  
John Sievenpiper

5. Manuscript Title  
Food sources of fructose-containing sugars and glycemic control: A systematic review and meta-analysis of controlled intervention studies in people with and without diabetes

6. Manuscript Identifying Number (if you know it)  
BMJ.2017.038661.R1

### Section 2. The Work Under Consideration for Publication

Did you or your institution **at any time** receive payment or services from a third party (government, commercial, private foundation, etc.) for any aspect of the submitted work (including but not limited to grants, data monitoring board, study design, manuscript preparation, statistical analysis, etc.)?

Are there any relevant conflicts of interest?  Yes  No

### Section 3. Relevant financial activities outside the submitted work.

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Are there any relevant conflicts of interest?  Yes  No

### Section 4. Intellectual Property -- Patents & Copyrights

Do you have any patents, whether planned, pending or issued, broadly relevant to the work?  Yes  No

## ICMJE Form for Disclosure of Potential Conflicts of Interest

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### Section 5. Relationships not covered above

Are there other relationships or activities that readers could perceive to have influenced, or that give the appearance of potentially influencing, what you wrote in the submitted work?

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- No other relationships/conditions/circumstances that present a potential conflict of interest

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### Section 6. Disclosure Statement

Based on the above disclosures, this form will automatically generate a disclosure statement, which will appear in the box below.

Dr. Leiter has nothing to disclose.

### Evaluation and Feedback

Please visit <http://www.icmje.org/cgi-bin/feedback> to provide feedback on your experience with completing this form.

## ICMJE Form for Disclosure of Potential Conflicts of Interest

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**Other:** Anything not covered under the previous three boxes

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**Royalties:** Funds are coming in to you or your institution due to your patent

## ICMJE Form for Disclosure of Potential Conflicts of Interest

### Section 1. Identifying Information

1. Given Name (First Name)  
Russell

2. Surname (Last Name)  
de Souza

3. Date  
05-March-2018

4. Are you the corresponding author?  Yes  No  
Corresponding Author's Name  
John L. Sievenpiper

5. Manuscript Title  
Food sources of fructose-containing sugars and glycemic control: A systematic review and meta-analysis of controlled intervention studies in people with and without diabetes

6. Manuscript Identifying Number (if you know it)  
BMJ.2017.038661.R1

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Are there any relevant conflicts of interest?  Yes  No

If yes, please fill out the appropriate information below.

| Name of Entity   | Grant?                              | Personal Fees?                      | Non-Financial Support?   | Other?                   | Comments  |
|--|-------------------------------------|-------------------------------------|--------------------------|--------------------------|---|
| World Health Organization                              | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Consultant to prepare summaries of systematic reviews/meta-analysis of dietary fructose and health. |
| Canadian Institutes for Health Research/ Health Canada | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Leading a scoping review of dietary sugars and health   |
| Canadian Foundation for Dietetic Research              | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | Research Grants x2 (co-PI on 1; co-I on another)  |
| Canadian Institutes for Health Research                | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | Programmatic, Knowledge Synthesis, and RCT grants - I am co-investigator                            |



## ICMJE Form for Disclosure of Potential Conflicts of Interest

| Name of Entity               | Grant?                   | Personal Fees?                      | Non-Financial Support?              | Other?                   | Comments  |
|------------------------------|--------------------------|-------------------------------------|-------------------------------------|--------------------------|---|
| World Health Organization    | <input type="checkbox"/> | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/> | External Resource person to the World Health Organization's Nutrition Guidelines Advisory Group on trans fats, saturated fats, and polyunsaturated fats. Reimbursed for travel/accommodation to attend WHO NUGAG's 5th (Hangzhou, China), 6th (Copenhagen, Denmark), 7th (Geneva, Switzerland), 8th (Fukuoka, Japan (in absentia via conference calls- no financial support provided) ; and 10th (Estoril, Portugal). |
| McMaster Children's Hospital | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | Lecture on dietary fat given at McMaster Pediatric Nutrition Days in 2016.  |

### Section 4. Intellectual Property -- Patents & Copyrights

Do you have any patents, whether planned, pending or issued, broadly relevant to the work?  Yes  No

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## ICMJE Form for Disclosure of Potential Conflicts of Interest

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### Section 6. Disclosure Statement

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Dr. de Souza reports personal fees from World Health Organization, personal fees from Canadian Institutes for Health Research/ Health Canada, grants from Dietitians of Canada, grants from Canadian Institutes for Health Research, non-financial support from World Health Organization, personal fees from McMaster Children's Hospital, outside the submitted work; .

### Evaluation and Feedback

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## ICMJE Form for Disclosure of Potential Conflicts of Interest

### Section 1. Identifying Information

1. Given Name (First Name)  
Sonia

2. Surname (Last Name)  
Blanco Mejia

3. Date  
04-March-2018

4. Are you the corresponding author?  Yes  No

Corresponding Author's Name  
John Sievenpiper

5. Manuscript Title  
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## ICMJE Form for Disclosure of Potential Conflicts of Interest

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Dr. Blanco Mejia has nothing to disclose.

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## ICMJE Form for Disclosure of Potential Conflicts of Interest

### Section 1. Identifying Information

1. Given Name (First Name)

TAUSEEF

2. Surname (Last Name)

KHAN

3. Date

07-March-2018

4. Are you the corresponding author?

Yes  No

Corresponding Author's Name

John Sievenpiper

5. Manuscript Title

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Dr. KHAN has nothing to disclose.

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## ICMJE Form for Disclosure of Potential Conflicts of Interest

### Section 1. Identifying Information

1. Given Name (First Name)  
Thomas

2. Surname (Last Name)  
Wolever

3. Date  
05-March-2018

4. Are you the corresponding author?  Yes  No  
Corresponding Author's Name  
John Sievenpiper

5. Manuscript Title  
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If yes, please fill out the appropriate information below.

| Name of Entity                    | Grant?                   | Personal Fees?                      | Non-Financial Support?   | Other?                              | Comments  |
|-----------------------------------|--------------------------|-------------------------------------|--------------------------|-------------------------------------|---|
| Glycemic Index Laboratories, Inc. | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input checked="" type="checkbox"/> | President and Medical Director  |
| Temasek Polytechnic, Singapore    | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | Consultant  |
| CIHR                              | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input checked="" type="checkbox"/> | Travel reimbursement for grant committee  |
| CABI                              | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input checked="" type="checkbox"/> | Royalties for scientific book   |
| Diabetes Canada                   | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input checked="" type="checkbox"/> | Annual meeting fee and partial accommodation reimbursement to attend Can J Diabetes editorial board meeting |

## ICMJE Form for Disclosure of Potential Conflicts of Interest

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### Section 4. Intellectual Property -- Patents & Copyrights

Do you have any patents, whether planned, pending or issued, broadly relevant to the work?  Yes  No

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Dr. Wolever reports other from Glycemic Index Laboratories, Inc., personal fees from Temasek Polytechnic, Singapore, other from CIHR, other from CABI, other from Diabetes Canada, outside the submitted work; .

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#### 5. Relationships not covered above.

Use this section to report other relationships or activities that readers could perceive to have influenced, or that give the appearance of potentially influencing, what you wrote in the submitted work.

#### Definitions.

**Entity:** government agency, foundation, commercial sponsor, academic institution, etc.

**Grant:** A grant from an entity, generally [but not always] paid to your organization

**Personal Fees:** Monies paid to you for services rendered, generally honoraria, royalties, or fees for consulting, lectures, speakers bureaus, expert testimony, employment, or other affiliations

**Non-Financial Support:** Examples include drugs/equipment supplied by the entity, travel paid by the entity, writing assistance, administrative support, etc.

**Other:** Anything not covered under the previous three boxes

**Pending:** The patent has been filed but not issued

**Issued:** The patent has been issued by the agency

**Licensed:** The patent has been licensed to an entity, whether earning royalties or not

**Royalties:** Funds are coming in to you or your institution due to your patent

## ICMJE Form for Disclosure of Potential Conflicts of Interest

### Section 1. Identifying Information

1. Given Name (First Name) 2. Surname (Last Name) 3. Date  
 Vanessa Ha 01-March-2018

4. Are you the corresponding author?  Yes  No Corresponding Author's Name  
John Sievenpiper

5. Manuscript Title  
 Food sources of fructose-containing sugars and glycemic control: A systematic review and meta-analysis of controlled intervention studies in people with and without diabetes

6. Manuscript Identifying Number (if you know it)  
 BMJ.2017.038661.R1

### Section 2. The Work Under Consideration for Publication

Did you or your institution **at any time** receive payment or services from a third party (government, commercial, private foundation, etc.) for any aspect of the submitted work (including but not limited to grants, data monitoring board, study design, manuscript preparation, statistical analysis, etc.)?

Are there any relevant conflicts of interest?  Yes  No

### Section 3. Relevant financial activities outside the submitted work.

Place a check in the appropriate boxes in the table to indicate whether you have financial relationships (regardless of amount of compensation) with entities as described in the instructions. Use one line for each entity; add as many lines as you need by clicking the "Add +" box. You should report relationships that were **present during the 36 months prior to publication**.

Are there any relevant conflicts of interest?  Yes  No

If yes, please fill out the appropriate information below.

| Name of Entity                | Grant?                   | Personal Fees?           | Non-Financial Support?   | Other?                              | Comments    |
|-------------------------------|--------------------------|--------------------------|--------------------------|-------------------------------------|-------------|
| CIHR Doctoral Award           | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | Scholarship |
| David Sackett Scholarship     | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> |             |
| Ashbaugh Graduate Scholarship | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> |             |

### Section 4. Intellectual Property -- Patents & Copyrights

Do you have any patents, whether planned, pending or issued, broadly relevant to the work?  Yes  No

## ICMJE Form for Disclosure of Potential Conflicts of Interest

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### Section 5. Relationships not covered above

Are there other relationships or activities that readers could perceive to have influenced, or that give the appearance of potentially influencing, what you wrote in the submitted work?

- Yes, the following relationships/conditions/circumstances are present (explain below):
- No other relationships/conditions/circumstances that present a potential conflict of interest

At the time of manuscript acceptance, journals will ask authors to confirm and, if necessary, update their disclosure statements. On occasion, journals may ask authors to disclose further information about reported relationships.

### Section 6. Disclosure Statement

Based on the above disclosures, this form will automatically generate a disclosure statement, which will appear in the box below.

Ms. Ha reports other from CIHR Doctoral Award, other from David Sackett Scholarship, other from Ashbaugh Graduate Scholarship, outside the submitted work; .

### Evaluation and Feedback

Please visit <http://www.icmje.org/cgi-bin/feedback> to provide feedback on your experience with completing this form.

## ICMJE Form for Disclosure of Potential Conflicts of Interest

### Instructions

The purpose of this form is to provide readers of your manuscript with information about your other interests that could influence how they receive and understand your work. The form is designed to be completed electronically and stored electronically. It contains programming that allows appropriate data display. Each author should submit a separate form and is responsible for the accuracy and completeness of the submitted information. The form is in six parts.

#### 1. Identifying information.

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#### 3. Relevant financial activities outside the submitted work.

This section asks about your financial relationships with entities in the bio-medical arena that could be perceived to influence, or that give the appearance of potentially influencing, what you wrote in the submitted work. You should disclose interactions with ANY entity that could be considered broadly relevant to the work. For example, if your article is about testing an epidermal growth factor receptor (EGFR) antagonist in lung cancer, you should report all associations with entities pursuing diagnostic or therapeutic strategies in cancer in general, not just in the area of EGFR or lung cancer.

Report all sources of revenue paid (or promised to be paid) directly to you or your institution on your behalf over the 36 months prior to submission of the work. This should include all monies from sources with relevance to the submitted work, not just monies from the entity that sponsored the research. Please note that your interactions with the work's sponsor that are outside the submitted work should also be listed here. If there is any question, it is usually better to disclose a relationship than not to do so.

For grants you have received for work outside the submitted work, you should disclose support ONLY from entities that could be perceived to be affected financially by the published work, such as drug companies, or foundations supported by entities that could be perceived to have a financial stake in the outcome. Public funding sources, such as government agencies, charitable foundations or academic institutions, need not be disclosed. For example, if a government agency sponsored a study in which you have been involved and drugs were provided by a pharmaceutical company, you need only list the pharmaceutical company.

#### 4. Intellectual Property.

This section asks about patents and copyrights, whether pending, issued, licensed and/or receiving royalties.

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**Other:** Anything not covered under the previous three boxes

**Pending:** The patent has been filed but not issued

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**Licensed:** The patent has been licensed to an entity, whether earning royalties or not

**Royalties:** Funds are coming in to you or your institution due to your patent

## ICMJE Form for Disclosure of Potential Conflicts of Interest

### Section 1. Identifying Information

|  |                                |   |
|--|--------------------------------|---|
| 1. Given Name (First Name)<br>Vivian   | 2. Surname (Last Name)<br>Choo | 3. Date<br>06-March-2018                        |
| 4. Are you the corresponding author? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No   |                                | Corresponding Author's Name<br>John Sievenpiper |
| 5. Manuscript Title<br>Food sources of fructose-containing sugars and glycemic control: A systematic review and meta-analysis of controlled intervention studies in people with and without diabetes |                                |   |
| 6. Manuscript Identifying Number (if you know it)<br>BMJ.2017.038661.R1  |                                |   |

### Section 2. The Work Under Consideration for Publication

Did you or your institution **at any time** receive payment or services from a third party (government, commercial, private foundation, etc.) for any aspect of the submitted work (including but not limited to grants, data monitoring board, study design, manuscript preparation, statistical analysis, etc.)?

Are there any relevant conflicts of interest?  Yes  No

If yes, please fill out the appropriate information below. If you have more than one entity press the "ADD" button to add a row. Excess rows can be removed by pressing the "X" button.

| Name of Institution/Company           | Grant?                              | Personal Fees?           | Non-Financial Support?   | Other?                   | Comments |
|---------------------------------------|-------------------------------------|--------------------------|--------------------------|--------------------------|----------|
| Canadian Institute of Health Research | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |          |

### Section 3. Relevant financial activities outside the submitted work.

Place a check in the appropriate boxes in the table to indicate whether you have financial relationships (regardless of amount of compensation) with entities as described in the instructions. Use one line for each entity; add as many lines as you need by clicking the "Add +" box. You should report relationships that were **present during the 36 months prior to publication**.

Are there any relevant conflicts of interest?  Yes  No

### Section 4. Intellectual Property -- Patents & Copyrights

Do you have any patents, whether planned, pending or issued, broadly relevant to the work?  Yes  No



## ICMJE Form for Disclosure of Potential Conflicts of Interest

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### Section 5. Relationships not covered above

Are there other relationships or activities that readers could perceive to have influenced, or that give the appearance of potentially influencing, what you wrote in the submitted work?

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### Section 6. Disclosure Statement

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Dr. Choo reports grants from Canadian Institute of Health Research, during the conduct of the study; .

### Evaluation and Feedback

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For grants you have received for work outside the submitted work, you should disclose support ONLY from entities that could be perceived to be affected financially by the published work, such as drug companies, or foundations supported by entities that could be perceived to have a financial stake in the outcome. Public funding sources, such as government agencies, charitable foundations or academic institutions, need not be disclosed. For example, if a government agency sponsored a study in which you have been involved and drugs were provided by a pharmaceutical company, you need only list the pharmaceutical company.

#### 4. Intellectual Property.

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**Pending:** The patent has been filed but not issued

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**Royalties:** Funds are coming in to you or your institution due to your patent

## ICMJE Form for Disclosure of Potential Conflicts of Interest

### Section 1. Identifying Information

|  |                                  |  |
|--|----------------------------------|--|
| 1. Given Name (First Name)<br>Vladimir   | 2. Surname (Last Name)<br>Vuksan | 3. Date<br>10-October-2018                         |
| 4. Are you the corresponding author? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No   |                                  | Corresponding Author's Name<br>John L. Sievenpiper |
| 5. Manuscript Title<br>Food sources of fructose-containing sugars and glycemic control: A systematic review and meta-analysis of controlled intervention studies in people with and without diabetes |                                  |  |
| 6. Manuscript Identifying Number (if you know it)<br>BMJ.2017.038661.R3  |                                  |  |

### Section 2. The Work Under Consideration for Publication

Did you or your institution **at any time** receive payment or services from a third party (government, commercial, private foundation, etc.) for any aspect of the submitted work (including but not limited to grants, data monitoring board, study design, manuscript preparation, statistical analysis, etc.)?

Are there any relevant conflicts of interest?  Yes  No

### Section 3. Relevant financial activities outside the submitted work.

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Are there any relevant conflicts of interest?  Yes  No

### Section 4. Intellectual Property -- Patents & Copyrights

Do you have any patents, whether planned, pending or issued, broadly relevant to the work?  Yes  No

If yes, please fill out the appropriate information below. If you have more than one entity press the "ADD" button to add a row. Excess rows can be removed by pressing the "X" button.

| Patent? | Pending? | Issued? | Licensed? | Royalties? | Licensee? | Comments |
|---------|----------|---------|-----------|------------|-----------|----------|
|---------|----------|---------|-----------|------------|-----------|----------|

## ICMJE Form for Disclosure of Potential Conflicts of Interest

| Patent?  | Pending?                 | Issued?                             | Licensed?                | Royalties?               | Licensee? | Comments |
|--|--------------------------|-------------------------------------|--------------------------|--------------------------|-----------|----------|
| Canadian (2,410,556) and American (7,326.404) patent on the medical use of viscous fiber blend for reducing blood glucose for treatment of diabetes, increasing insulin sensitivity, reduction in systolic blood pressure and blood lipids | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |           |          |

### Section 5. Relationships not covered above

Are there other relationships or activities that readers could perceive to have influenced, or that give the appearance of potentially influencing, what you wrote in the submitted work?

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### Section 6. Disclosure Statement

Based on the above disclosures, this form will automatically generate a disclosure statement, which will appear in the box below.

Dr. Vuksan reports In addition, Dr. Vuksan has a patent Canadian (2,410,556) and American (7,326.404) patent on the medical use of viscous fiber blend for reducing blood glucose for treatment of diabetes, increasing insulin sensitivity, reduction in systolic blood pressure and blood lipids issued.

### Evaluation and Feedback

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#### 3. Relevant financial activities outside the submitted work.

This section asks about your financial relationships with entities in the bio-medical arena that could be perceived to influence, or that give the appearance of potentially influencing, what you wrote in the submitted work. You should disclose interactions with ANY entity that could be considered broadly relevant to the work. For example, if your article is about testing an epidermal growth factor receptor (EGFR) antagonist in lung cancer, you should report all associations with entities pursuing diagnostic or therapeutic strategies in cancer in general, not just in the area of EGFR or lung cancer.

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**Royalties:** Funds are coming in to you or your institution due to your patent

## ICMJE Form for Disclosure of Potential Conflicts of Interest

### Section 1. Identifying Information

1. Given Name (First Name)  
David

2. Surname (Last Name)  
Jenkins

3. Date  
10-October-2018

4. Are you the corresponding author?  Yes  No  
Corresponding Author's Name  
John L. Sievenpiper

5. Manuscript Title  
Food sources of fructose-containing sugars and glycemic control: A systematic review and meta-analysis of controlled intervention studies in people with and without diabetes

6. Manuscript Identifying Number (if you know it)  
BMJ.2017.038661.R3

### Section 2. The Work Under Consideration for Publication

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Are there any relevant conflicts of interest?  Yes  No

If yes, please fill out the appropriate information below. If you have more than one entity press the "ADD" button to add a row. Excess rows can be removed by pressing the "X" button.

| Name of Institution/Company                  | Grant?                              | Personal Fees?                      | Non-Financial Support?              | Other?                   | Comments  |
|--|-------------------------------------|-------------------------------------|-------------------------------------|--------------------------|---|
| Barilla, Italy                               | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | A general food company. A major producer of pasta and baked goods to study low GI diets in diabetes.  |
| Solae, St. Louis                             | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | The major US producer of soy protein isolate who have sponsored our soy related work over the years.  |
| Unilever, Vlaardigen, Netherlands and Canada | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | Major margarine producers including Becel and Take Control (plant sterol enriched margarine) as used in the study. Guidelines for the management of hyperlipidemia. |
| Haine Celestial, CA                          | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | One of the largest Health Food Companies in the US.   |
| Loblaw Companies Ltd                         | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | Canada's largest supermarket chain produces vegetable protein and fibre foods used in the study.  |
| Sanitarium Company, Sydney, Australia        | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | Australia's largest health food manufacturing company and soy food producer.  |
| Almond Board of California, Modesta, CA      | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | A branch of the USDA (therefore "not for profit") to promote the use of almonds.  |

## ICMJE Form for Disclosure of Potential Conflicts of Interest

| Name of Institution/Company   | Grant?                              | Personal Fees?                      | Non-Financial Support?              | Other?                   | Comments   |
|---|-------------------------------------|-------------------------------------|-------------------------------------|--------------------------|--|
| Orafti, Tienen, Belgium   | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | Development of prebiotics for modification of colonic microflora.  |
| Canadian Institutes of Health Research (CIHR)   | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/> |  |
| Canadian Foundation for Innovation (CFI)  | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/> |  |
| Ontario Research Fund (ORF)   | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/> |  |
| Advanced Foods and material Network (AFMNet)  | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/> |  |
| International Tree Nut Council Nutrition Research and Education Foundation and the Peanut Institute | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> |  |
| Calorie Control Council   | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | A non-profit organization representing the low-calorie food and beverage industry to provide effective channels of communication among its members, the public and government officials about foods. |
| Oldways Preservation Trust, Boston, MA  | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | A not for profit organization promoting traditionally "healthy" ways of eating (eg. Mediterranean Diet, etc.)  |
| Kellogg's company, Canada   | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> |  |
| Quaker Oats, Canada   | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> |  |
| Procter and Gamble Technical Centre Limited   | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> |  |
| The Coca Cola Sugar Advisory Board  | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> |  |
| The Griffin Hospital (in New Haven for the development of the NuVal System)                         | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> |  |
| Abbott Laboratories   | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | Algorithms for diabetes management   |
| The Canola and Flax Councils of Canada  | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> |  |
| Soy Advisory Board - Dean Foods - Colorado  | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> |  |
| The California Strawberry Commission, Watsonville, CA   | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | Another USDA not for profit group to explore possible health benefits and to promote the use of strawberries.  |
| Alpro Soy Foundation  | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> |  |
| Herbalife International, Century City, CA   | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | A nutraceutical company with an emphasis on sourcing plant derived components for weight loss  |
| Nutritional Fundamentals for Health, Montreal, QE   | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | A new nutraceutical company exploring and aiming to market food derived components for health  |

## ICMJE Form for Disclosure of Potential Conflicts of Interest

|   |                                     |                                     |                                     |                                     |  |
|---|-------------------------------------|-------------------------------------|-------------------------------------|-------------------------------------|--|
| Pacific Health Laboratories INC, Matawan, NJ                      | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | A nutrition technology company with functional food and nutraceutical products researched and commercialized for sports performance weight loss and type 2 diabetics which can be marketed without prior approval of the FDA. Other: stock |
| Metagenics/MetaProteomics, Gig Harbor WA                          | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | A company assessing natural products from hops which will positively impact individuals with specific genetic susceptibility for chronic disease.  |
| Bayer Consumer Care, Springfield NJ                               | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | Marketing of nutritional supplements/nutraceuticals.   |
| Science Advisory Council Agrifoods and Agriculture, Canada (AAFC) | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            |  |
| Canadian Agriculture Policy Institute (CAPI)                      | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            |  |
| Pulse Canada  | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            |  |
| Saskatchewan Pulse Growers  | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            |  |
| Agricultural Bioproducts Innovation Program (ABIP)                | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            |  |
| Pulse Research Network Canada (PURENet)                           | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            |  |
| Coca-Cola   | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            |  |
| Pepsi/Quaker  | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            |  |
| American Peanut Council   | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            |  |
| Canadian Society of Endocrinology and Metabolism                  | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | Development of CDA mini cases  |
| Pioneer Hi Bred International                                     | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | GRAS Expert Panel (High Oleic Soybeans)  |
| DuPont Nutrition and Health/Solae                                 | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | GRAS Expert Panel (High Oleic Soybeans)  |
| International Nut and Dried Fruit (INC)                           | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | INC award for Excellence in Research (May 2013-Spain)  |
| Soy Foods Association of North America                            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | Soy Symposium (July 2013-Chicago, IL)  |
| Nutrition Foundation of Italy (NFI)                               | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | GI Summit (June 2013-Italy)  |
| NutraSource Diagnostics   | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | Pulse Canada Expert Panel Workshop, (July 2013-Brampton, ON)   |
| McDougall Program   | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | McDougall Advanced Study Weekend (September 2013-San Francisco, CA)  |



## ICMJE Form for Disclosure of Potential Conflicts of Interest

|  |                                     |                                     |                                     |                                     |  |
|--|-------------------------------------|-------------------------------------|-------------------------------------|-------------------------------------|--|
| Toronto Knowledge Translation Group (St. Michael's Hospital) | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | At the Heart of Diabetes Conference, St. Michael's Hospital (September 2013-Toronto, ON)   |
| Spherix Consulting   | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | GRAS Expert Panel (October 2013-Rockville, MD)   |
| Canadian College of Naturopathic Medicine                    | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | Cafe Scientifique (September 2013-Ottawa, ON)  |
| The Hospital for Sick Children                               | <input type="checkbox"/>            | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | Diabetes and Related Complications Workshop (January 2014-Ottawa, ON)  |
| Canadian Nutrition Society                                   | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | CNS Conference (January 2014-Toronto, ON)  |
| Arizona State University                                     | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | Building Healthy Lifestyles Conference (February 2014-Phoenix, AZ)   |
| Paolo Sorbini Foundation                                     | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | Science in Nutrition (March 2014-Milan, Italy)   |
| Institute of Nutrition, Metabolism and Diabetes              | <input type="checkbox"/>            | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | Diabetes and Related Complications Workshop (January 2014-Ottawa, ON)  |
| Canola Council of Canada                                     | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            |  |
| WhiteWave Foods Company/Dean Foods                           | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            |  |
| Agriculture and Agri-foods Canada (AAFC)                     | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            |  |
| Alexandra Jenkins  | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | Wife of David Jenkins is a Director and Partner with Glycemic Index Laboratories, Toronto, Canada which tests foods for glycemic index used in his studies.  |
| Caroline Brydson   | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | Sister of David Jenkins produced the booklet (cookbook) for the Portfolio study in 2007 with a grant from the St. Michael's Hospital Foundation and may in the future be expanded into book form for the general public. |
| United States Department of Agriculture (USDA)               | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | Wilbur Olin Atwater Award (EB 2013)  |
| American Society of Nutrition (ASN)                          | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | Wilbur Olin Atwater Award (EB 2013)<br>High fructose corn syrup, fructose and sucrose writing group (2013)   |
| Amy Jenkins  | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | Are writing books on the dietary portfolio that may have a Low GI components   |
| Wendy Jenkins  | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | Are writing books on the dietary portfolio that may have a Low GI components   |

## ICMJE Form for Disclosure of Potential Conflicts of Interest

|  |                                     |                                     |                                     |                                     |   |
|--|-------------------------------------|-------------------------------------|-------------------------------------|-------------------------------------|---|
| Epicure  | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | A unique, 100% Canadian, 100% family-owned, women-led company, committed to doing good by providing great food, a great living, and by giving back to Canadians and their communities.  |
| Diet Quality Photo Navigation (DQPN)                 | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | Diet Quality Photo Navigation (DQPN™) is an entirely new approach to dietary intake assessment, dietary goal setting, and diet coaching. Our toolkit makes it possible to capture individual and household dietary patterns in mere seconds, using intuitive and natural engagements. |
| Better Therapeutics (FareWell)                       | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | FareWell is a digital therapeutics company focused on treating and reversing common chronic diseases through comprehensive diet and lifestyle changes   |
| Verywell   | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/>            | <input checked="" type="checkbox"/> |   |
| True Health Initiative                               | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/>            | <input checked="" type="checkbox"/> |   |
| Almond board of California, Modesta, CA              | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | In kinds - supplies for trials  |
| Walnut Council of California                         | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | In kinds - supplies for trials  |
| American Peanut Council                              | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | In kinds - supplies for trials  |
| Barilla  | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | In kinds - supplies for trials  |
| Unilever   | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | In kinds - supplies for trials  |
| Unico  | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | In kinds - supplies for trials  |
| Primo  | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | In kinds - supplies for trials  |
| Loblaw Companies,                                    | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | In kinds - supplies for trials  |
| Quaker (Pepsico),                                    | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | In kinds - supplies for trials  |
| Pristine Gourmet,                                    | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | In kinds - supplies for trials  |
| Bunge Limited,                                       | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | In kinds - supplies for trials  |
| Kellogg Canada,                                      | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | In kinds - supplies for trials  |
| WhiteWave Foods.                                     | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | In kinds - supplies for trials  |
| International Carbohydrate Quality Consortium (ICQC) | <input type="checkbox"/>            | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> |   |
| Danone   | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            |   |
| Institute of Food Technologists (IFT)                | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | Webinar - Consultation fees   |
| Soy Nutrition Institute (SNI)                        | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | SNI: official body representing Soy Food Industry   |

## ICMJE Form for Disclosure of Potential Conflicts of Interest

|                                     |                          |                                     |                                     |                          |   |
|-------------------------------------|--------------------------|-------------------------------------|-------------------------------------|--------------------------|---|
| Herbalife Nutrition Institute (HNI) | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | A nutrition company that sells nutrition supplements, weight management, sports nutrition products. |
|-------------------------------------|--------------------------|-------------------------------------|-------------------------------------|--------------------------|---|

### Section 3.

#### Relevant financial activities outside the submitted work.

Place a check in the appropriate boxes in the table to indicate whether you have financial relationships (regardless of amount of compensation) with entities as described in the instructions. Use one line for each entity; add as many lines as you need by clicking the "Add +" box. You should report relationships that were **present during the 36 months prior to publication**.

Are there any relevant conflicts of interest?  Yes  No

If yes, please fill out the appropriate information below.

| Name of Entity                                | Grant?                              | Personal Fees?                      | Non-Financial Support?              | Other?                   | Comments  |
|---|-------------------------------------|-------------------------------------|-------------------------------------|--------------------------|---|
| Barilla, Italy                                | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | A general food company. A major producer of pasta and baked goods to study low GI diets in diabetes.  |
| Solae, St. Louis                              | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | The major US producer of soy protein isolate who have sponsored our soy related work over the years.  |
| Unilever, Vlaardigen, Netherlands and Canada  | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | Major margarine producers including Becel and Take Control (plant sterol enriched margarine) as used in the study. Guidelines for the management of hyperlipidemia. |
| Haine Celestial, CA                           | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | One of the largest Health Food Companies in the US.   |
| Loblaw Companies Ltd                          | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | Canada's largest supermarket chain produces vegetable protein and fibre foods used in the study.  |
| Sanitarium Company, Sydney, Australia         | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | Australia's largest health food manufacturing company and soy food producer.  |
| Almond Board of California, Modesta, CA       | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | A branch of the USDA (therefore "not for profit") to promote the use of almonds.  |
| Orafti, Tienen, Belgium                       | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | Development of prebiotics for modification of colonic microflora.   |
| Canadian Institutes of Health Research (CIHR) | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/> |   |
| Canadian Foundation for Innovation (CFI)      | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/> |   |
| Ontario Research Fund (ORF)                   | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/> |   |

## ICMJE Form for Disclosure of Potential Conflicts of Interest

| Name of Entity  | Grant?                              | Personal Fees?                      | Non-Financial Support?              | Other?                              | Comments   |
|---|-------------------------------------|-------------------------------------|-------------------------------------|-------------------------------------|--|
| Advanced Foods and material Network (AFMNet)  | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/>            |  |
| International Tree Nut Council Nutrition Research and Education Foundation and the Peanut Institute | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            |  |
| Calorie Control Council   | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | A non-profit organization representing the low-calorie food and beverage industry to provide effective channels of communication among its members, the public and government officials about foods.                                       |
| Oldways Preservation Trust, Boston, MA  | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | A not for profit organization promoting traditionally "healthy" ways of eating (eg. Mediterranean Diet, etc.)  |
| Kellogg's company, Canada   | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            |  |
| Quaker Oats, Canada   | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            |  |
| Procter and Gamble Technical Centre Limited   | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            |  |
| The Coca Cola Sugar Advisory Board  | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            |  |
| The Griffin Hospital (in New Haven for the development of the NuVal System)                         | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            |  |
| Abbott Laboratories   | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | Algorithms for diabetes management   |
| The Canola and Flax Councils of Canada  | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            |  |
| Soy Advisory Board - Dean Foods - Colorado  | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            |  |
| The California Strawberry Commission, Watsonville, CA   | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | Another USDA not for profit group to explore possible health benefits and to promote the use of strawberries.  |
| Alpro Soy Foundation  | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            |  |
| Herbalife International, Century City, CA   | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | A nutraceutical company with an emphasis on sourcing plant derived components for weight loss  |
| Nutritional Fundamentals for Health, Montreal, QE   | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | A new nutraceutical company exploring and aiming to market food derived components for health  |
| Pacific Health Laboratories INC, Matawan, NJ  | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | A nutrition technology company with functional food and nutraceutical products researched and commercialized for sports performance weight loss and type 2 diabetics which can be marketed without prior approval of the FDA. Other: stock |

## ICMJE Form for Disclosure of Potential Conflicts of Interest

|   |                                     |                                     |                                     |                          |   |
|---|-------------------------------------|-------------------------------------|-------------------------------------|--------------------------|---|
| Metagenics/MetaProteomics, Gig Harbor WA                          | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | A company assessing natural products from hops which will positively impact individuals with specific genetic susceptibility for chronic disease. |
| Bayer Consumer Care, Springfield NJ                               | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | Marketing of nutritional supplements/nutraceuticals.  |
| Science Advisory Council Agrifoods and Agriculture, Canada (AAFC) | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> |   |
| Canadian Agriculture Policy Institute (CAPI)                      | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> |   |
| Pulse Canada  | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> |   |
| Saskatchewan Pulse Growers  | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> |   |
| Agricultural Bioproducts Innovation Program (ABIP)                | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> |   |
| Pulse Research Network Canada (PURENet)                           | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> |   |
| Coca-Cola   | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> |   |
| Pepsi/Quaker  | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> |   |
| American Peanut Council   | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> |   |
| Canadian Society of Endocrinology and Metabolism                  | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | Development of CDA mini cases   |
| Pioneer Hi Bred International                                     | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | GRAS Expert Panel (High Oleic Soybeans)   |
| DuPont Nutrition and Health/Solae                                 | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | GRAS Expert Panel (High Oleic Soybeans)   |
| International Nut and Dried Fruit (INC)                           | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | INC award for Excellence in Research (May 2013-Spain)   |
| Soy Foods Association of North America                            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | Soy Symposium (July 2013-Chicago, IL)   |
| Nutrition Foundation of Italy (NFI)                               | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | GI Summit (June 2013-Italy)   |
| NutraSource Diagnostics   | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | Pulse Canada Expert Panel Workshop, (July 2013-Brampton, ON)  |
| McDougall Program   | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | McDougall Advanced Study Weekend (September 2013-San Francisco, CA)   |
| Toronto Knowledge Translation Group (St. Michael's Hospital)      | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | At the Heart of Diabetes Conference, St. Michael's Hospital (September 2013-Toronto, ON)  |
| Spherix Consulting  | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | GRAS Expert Panel (October 2013-Rockville, MD)  |
| Canadian College of Naturopathic Medicine                         | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | Cafe Scientifique (September 2013-Ottawa, ON)   |
| The Hospital for Sick Children                                    | <input type="checkbox"/>            | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/> | Diabetes and Related Complications Workshop (January 2014-Ottawa, ON)   |

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|   |                                     |                                     |                                     |                                     |   |
|---|-------------------------------------|-------------------------------------|-------------------------------------|-------------------------------------|---|
| Canadian Nutrition Society                      | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | CNS Conference (January 2014-Toronto, ON)   |
| Arizona State University                        | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | Building Healthy Lifestyles Conference (February 2014-Phoenix, AZ)  |
| Paolo Sorbini Foundation                        | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | Science in Nutrition (March 2014-Milan, Italy)  |
| Institute of Nutrition, Metabolism and Diabetes | <input type="checkbox"/>            | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | Diabetes and Related Complications Workshop (January 2014-Ottawa, ON)   |
| Canola Council of Canada                        | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            |   |
| WhiteWave Foods Company/Dean Foods              | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            |   |
| Agriculture and Agri-foods Canada (AAFC)        | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            |   |
| Alexandra Jenkins                               | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | Wife of David Jenkins is a Director and Partner with Glycemic Index Laboratories, Toronto, Canada which tests foods for glycemic index used in his studies.   |
| Caroline Brydson                                | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | Sister of David Jenkins produced the booklet (cookbook) for the Portfolio study in 2007 with a grant from the St. Michael's Hospital Foundation and may in the future be expanded into book form for the general public.  |
| United States Department of Agriculture (USDA)  | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | Wilbur Olin Atwater Award (EB 2013)   |
| American Society of Nutrition (ASN)             | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | Wilbur Olin Atwater Award (EB 2013)<br>High fructose corn syrup, fructose and sucrose writing group (2013)  |
| Amy Jenkins                                     | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | Are writing books on the dietary portfolio that may have a Low GI components  |
| Wendy Jenkins                                   | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | Are writing books on the dietary portfolio that may have a Low GI components  |
| Epicure   | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | A unique, 100% Canadian, 100% family-owned, women-led company, committed to doing good by providing great food, a great living, and by giving back to Canadians and their communities.  |
| Diet Quality Photo Navigation (DQPN)            | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | Diet Quality Photo Navigation (DQPN™) is an entirely new approach to dietary intake assessment, dietary goal setting, and diet coaching. Our toolkit makes it possible to capture individual and household dietary patterns in mere seconds, using intuitive and natural engagements. |

## ICMJE Form for Disclosure of Potential Conflicts of Interest

|  |                                     |                                     |                                     |                                     |   |
|--|-------------------------------------|-------------------------------------|-------------------------------------|-------------------------------------|---|
| Better Therapeutics (FareWell)                       | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | FareWell is a digital therapeutics company focused on treating and reversing common chronic diseases through comprehensive diet and lifestyle changes   |
| Verywell   | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/>            | <input checked="" type="checkbox"/> |   |
| True Health Initiative                               | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/>            | <input checked="" type="checkbox"/> |   |
| Almond board of California, Modesta, CA              | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | In kinds - supplies for trials  |
| Walnut Council of California                         | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | In kinds - supplies for trials  |
| American Peanut Council                              | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | In kinds - supplies for trials  |
| Barilla  | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | In kinds - supplies for trials  |
| Unilever   | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | In kinds - supplies for trials  |
| Unico  | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | In kinds - supplies for trials  |
| Primo  | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | In kinds - supplies for trials  |
| Loblaw Companies                                     | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | In kinds - supplies for trials  |
| Quaker (Pepsico)                                     | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | In kinds - supplies for trials  |
| Pristine Gourmet,                                    | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | In kinds - supplies for trials  |
| Bunge Limited,                                       | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | In kinds - supplies for trials  |
| Kellogg Canada,                                      | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | In kinds - supplies for trials  |
| WhiteWave Foods.                                     | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | In kinds - supplies for trials  |
| International Carbohydrate Quality Consortium (ICQC) | <input type="checkbox"/>            | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> |   |
| Danone   | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            |   |
| Institute of Food Technologists (IFT)                | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | Webinar - Consultation fees   |
| Soy Nutrition Institute (SNI)                        | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | Grant + Webinar   |
| Herbalife Nutrition Institute (HNI)                  | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | A global nutrition company providing solutions to the worldwide problems of poor nutrition and obesity, an aging population, sky-rocketing public healthcare costs and a rise in entrepreneurs of all ages. |

### Section 4. Intellectual Property -- Patents & Copyrights

Do you have any patents, whether planned, pending or issued, broadly relevant to the work?  Yes  No

## ICMJE Form for Disclosure of Potential Conflicts of Interest

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### Section 5. Relationships not covered above

Are there other relationships or activities that readers could perceive to have influenced, or that give the appearance of potentially influencing, what you wrote in the submitted work?

- Yes, the following relationships/conditions/circumstances are present (explain below):
- No other relationships/conditions/circumstances that present a potential conflict of interest

The author is a Vegan.

At the time of manuscript acceptance, journals will ask authors to confirm and, if necessary, update their disclosure statements. On occasion, journals may ask authors to disclose further information about reported relationships.



## ICMJE Form for Disclosure of Potential Conflicts of Interest

### Section 6. Disclosure Statement

Based on the above disclosures, this form will automatically generate a disclosure statement, which will appear in the box below.

Dr. Jenkins reports grants, personal fees and non-financial support from Barilla, Italy, grants, personal fees and non-financial support from Solae, St. Louis, grants, personal fees and non-financial support from Unilever, Vlaardigen, Netherlands and Canada, grants, personal fees and non-financial support from Haine Celestial, CA, grants, personal fees and non-financial support from Loblaw Companies Ltd, grants, personal fees and non-financial support from Sanitarium Company, Sydney, Australia, grants, personal fees and non-financial support from Almond Board of California, Modesta, CA, grants, personal fees and non-financial support from Orafti, Tienen, Belgium, grants and non-financial support from Canadian Institutes of Health Research (CIHR), grants and non-financial support from Canadian Foundation for Innovation (CFI), grants and non-financial support from Ontario Research Fund (ORF), grants and non-financial support from Advanced Foods and material Network (AFMNet), grants, personal fees and non-financial support from International Tree Nut Council Nutrition Research and Education Foundation and the Peanut Institute, grants, personal fees and non-financial support from Calorie Control Council, personal fees and non-financial support from Oldways Preservation Trust, Boston, MA, grants, personal fees and non-financial support from Kellogg's company, Canada, grants, personal fees and non-financial support from Quaker Oats, Canada, grants, personal fees and non-financial support from Procter and Gamble Technical Centre Limited, grants, personal fees and non-financial support from The Coca Cola Sugar Advisory Board, personal fees and non-financial support from The Griffin Hospital (in New Haven for the development of the NuVal System), personal fees and non-financial support from Abbott Laboratories, grants, personal fees and non-financial support from The Canola and Flax Councils of Canada, personal fees and non-financial support from Soy Advisory Board - Dean Foods - Colorado, grants, personal fees and non-financial support from The California Strawberry Commission, Watsonville, CA, personal fees and non-financial support from Alpro Soy Foundation, personal fees and non-financial support from Herbalife International, Century City, CA, personal fees and non-financial support from Nutritional Fundamentals for Health, Montreal, QE, personal fees, non-financial support and other from Pacific Health Laboratories INC, Matawan, NJ, personal fees and non-financial support from Metagenics/ MetaProteomics, Gig Harbor WA, grants, personal fees and non-financial support from Bayer Consumer Care, Springfield NJ, grants, personal fees and non-financial support from Science Advisory Council Agrifoods and Agriculture, Canada (AAFC), personal fees and non-financial support from Canadian Agriculture Policy Institute (CAPI), grants, personal fees and non-financial support from Pulse Canada, grants, personal fees and non-financial support from Saskatchewan Pulse Growers, grants, personal fees and non-financial support from Agricultural Bioproducts Innovation Program (ABIP), grants, personal fees and non-financial support from Pulse Research Network Canada (PURENet), grants, personal fees and non-financial support from Coca-Cola, grants, personal fees and non-financial support from Pepsi/Quaker, personal fees and non-financial support from American Peanut Council, personal fees and non-financial support from Canadian Society of Endocrinology and Metabolism, personal fees from Pioneer Hi Bred International, grants, personal fees and non-financial support from DuPont Nutrition and Health/Solae, grants, personal fees and non-financial support from International Nut and Dried Fruit (INC), grants, personal fees and non-financial support from Soy Foods Association of North America, personal fees and non-financial support from Nutrition Foundation of Italy (NFI), personal fees and non-financial support from NutraSource Diagnostics, personal fees and non-financial support from McDougall Program, personal fees and non-financial support from Toronto Knowledge Translation Group (St. Michael's Hospital), personal fees and non-financial support from Spherix Consulting, personal fees and non-financial support from Canadian College of Naturopathic Medicine, non-financial support from The Hospital for Sick Children, personal fees and non-financial support from Canadian Nutrition Society, personal fees and non-financial support from Arizona State University, personal fees and non-financial support from Paolo Sorbini Foundation, non-financial support from Institute of Nutrition, Metabolism and Diabetes, grants, personal fees and non-financial support from Canola Council of Canada, personal fees and non-financial support from WhiteWave Foods Company/Dean Foods, grants, personal fees and non-financial support from Agriculture and Agri-foods Canada (AAFC), other from Alexandra Jenkins, other from Caroline Brydson, personal fees and non-financial support from United States Department of Agriculture (USDA), personal fees and non-financial support from American Society of Nutrition (ASN), other from Amy Jenkins, other from Wendy Jenkins, personal fees and non-financial support from Epicure, personal fees from Diet Quality Photo Navigation (DQPN), personal fees from Better Therapeutics (FareWell), other from Verywell, other from True Health Initiative, other from Almond board of California, Modesta, CA, other from Walnut Council of California, other from American Peanut Council, other from Barilla, other from Unilever, other from Unico, other from Primo, other from Loblaw Companies, , other from Quaker (Pepsico), , other from Pristine Gourmet, , other from Bunge Limited, , other from Kellogg Canada. . other from WhiteWave Foods. . non-financial support and other from International Carbohydrate Quality

## ICMJE Form for Disclosure of Potential Conflicts of Interest

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### Evaluation and Feedback

Please visit <http://www.icmje.org/cgi-bin/feedback> to provide feedback on your experience with completing this form.

## ICMJE Form for Disclosure of Potential Conflicts of Interest

### Instructions

The purpose of this form is to provide readers of your manuscript with information about your other interests that could influence how they receive and understand your work. The form is designed to be completed electronically and stored electronically. It contains programming that allows appropriate data display. Each author should submit a separate form and is responsible for the accuracy and completeness of the submitted information. The form is in six parts.

#### 1. Identifying information.

#### 2. The work under consideration for publication.

This section asks for information about the work that you have submitted for publication. The time frame for this reporting is that of the work itself, from the initial conception and planning to the present. The requested information is about resources that you received, either directly or indirectly (via your institution), to enable you to complete the work. Checking "No" means that you did the work without receiving any financial support from any third party -- that is, the work was supported by funds from the same institution that pays your salary and that institution did not receive third-party funds with which to pay you. If you or your institution received funds from a third party to support the work, such as a government granting agency, charitable foundation or commercial sponsor, check "Yes".

#### 3. Relevant financial activities outside the submitted work.

This section asks about your financial relationships with entities in the bio-medical arena that could be perceived to influence, or that give the appearance of potentially influencing, what you wrote in the submitted work. You should disclose interactions with ANY entity that could be considered broadly relevant to the work. For example, if your article is about testing an epidermal growth factor receptor (EGFR) antagonist in lung cancer, you should report all associations with entities pursuing diagnostic or therapeutic strategies in cancer in general, not just in the area of EGFR or lung cancer.

Report all sources of revenue paid (or promised to be paid) directly to you or your institution on your behalf over the 36 months prior to submission of the work. This should include all monies from sources with relevance to the submitted work, not just monies from the entity that sponsored the research. Please note that your interactions with the work's sponsor that are outside the submitted work should also be listed here. If there is any question, it is usually better to disclose a relationship than not to do so.

For grants you have received for work outside the submitted work, you should disclose support ONLY from entities that could be perceived to be affected financially by the published work, such as drug companies, or foundations supported by entities that could be perceived to have a financial stake in the outcome. Public funding sources, such as government agencies, charitable foundations or academic institutions, need not be disclosed. For example, if a government agency sponsored a study in which you have been involved and drugs were provided by a pharmaceutical company, you need only list the pharmaceutical company.

#### 4. Intellectual Property.

This section asks about patents and copyrights, whether pending, issued, licensed and/or receiving royalties.

#### 5. Relationships not covered above.

Use this section to report other relationships or activities that readers could perceive to have influenced, or that give the appearance of potentially influencing, what you wrote in the submitted work.

#### Definitions.

**Entity:** government agency, foundation, commercial sponsor, academic institution, etc.

**Grant:** A grant from an entity, generally [but not always] paid to your organization

**Personal Fees:** Monies paid to you for services rendered, generally honoraria, royalties, or fees for consulting, lectures, speakers bureaus, expert testimony, employment, or other affiliations

**Non-Financial Support:** Examples include drugs/equipment supplied by the entity, travel paid by the entity, writing assistance, administrative support, etc.

**Other:** Anything not covered under the previous three boxes

**Pending:** The patent has been filed but not issued

**Issued:** The patent has been issued by the agency

**Licensed:** The patent has been licensed to an entity, whether earning royalties or not

**Royalties:** Funds are coming in to you or your institution due to your patent

## ICMJE Form for Disclosure of Potential Conflicts of Interest

### Section 1. Identifying Information

1. Given Name (First Name) John L      2. Surname (Last Name) Sievenpiper      3. Date 01-March-2018

4. Are you the corresponding author?     Yes     No

5. Manuscript Title  
Food sources of fructose-containing sugars and glycemic control: A systematic review and meta-analysis of controlled intervention studies in people with and without diabetes

6. Manuscript Identifying Number (if you know it)  
BMJ.2017.038661.R1

### Section 2. The Work Under Consideration for Publication

Did you or your institution **at any time** receive payment or services from a third party (government, commercial, private foundation, etc.) for any aspect of the submitted work (including but not limited to grants, data monitoring board, study design, manuscript preparation, statistical analysis, etc.)?

Are there any relevant conflicts of interest?     Yes     No

If yes, please fill out the appropriate information below. If you have more than one entity press the "ADD" button to add a row. Excess rows can be removed by pressing the "X" button.

| Name of Institution/Company  | Grant?                              | Personal Fees?           | Non-Financial Support?   | Other?                   | Comments |
|--|-------------------------------------|--------------------------|--------------------------|--------------------------|----------|
| Canadian Institutes of Health Research                                   | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |          |
| PSI Graham Farquharson Knowledge Translation Fellowship                  | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |          |
| Diabetes Canada Clinician Scientist award                                | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |          |
| CIHR INMD/CNS New Investigator Partnership Prize                         | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |          |
| Banting & Best Diabetes Centre Sun Life Financial New Investigator Award | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |          |
| Diabetes Canada  | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |          |

### Section 3. Relevant financial activities outside the submitted work.

Place a check in the appropriate boxes in the table to indicate whether you have financial relationships (regardless of amount of compensation) with entities as described in the instructions. Use one line for each entity; add as many lines as you need by clicking the "Add +" box. You should report relationships that were **present during the 36 months prior to publication**.

Are there any relevant conflicts of interest?     Yes     No

## ICMJE Form for Disclosure of Potential Conflicts of Interest

If yes, please fill out the appropriate information below.

| Name of Entity   | Grant?                              | Personal Fees?                      | Non-Financial Support?              | Other?                   | Comments |
|--|-------------------------------------|-------------------------------------|-------------------------------------|--------------------------|----------|
| Canadian Institutes of Health Research (CIHR)  | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> |          |
| The Nutrition Trialists Fund at the University of Toronto (a fund established by the Calorie Control Council)  | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> |          |
| INC International Nut and Dried Fruit Council Foundation   | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> |          |
| The Tate and Lyle Nutritional Research Fund at the University of Toronto   | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> |          |
| American Society for Nutrition (ASN)   | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/> |          |
| The Glycemic Control and Cardiovascular Disease in Type 2 Diabetes Fund at the University of Toronto (a fund established by the Alberta Pulse Growers) | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> |          |
| Winston & Strawn LLP   | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> |          |
| Perkins Coie LLP   | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> |          |
| Tate & Lyle  | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> |          |
| White Wave Foods   | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> |          |
| Alberta Milk   | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> |          |
| Dairy Farmers of Canada  | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> |          |
| PepsiCo  | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> |          |
| FoodMinds LLC  | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> |          |
| Memac Ogilvy & Mather LLC  | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> |          |
| European Fruit Juice Association   | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> |          |
| The Ginger Network LLC   | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> |          |
| International Sweeteners Association   | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> |          |
| Nestlé   | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> |          |
| Canadian Society for Endocrinology and Metabolism (CSEM)   | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> |          |
| GI Foundation  | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> |          |
| Pulse Canada   | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> |          |
| Mott's LLP   | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> |          |
| Canadian Nutrition Society (CNS)   | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> |          |
| Abbott   | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> |          |

## ICMJE Form for Disclosure of Potential Conflicts of Interest

| Name of Entity                                | Grant?                   | Personal Fees?                      | Non-Financial Support?              | Other?                   | Comments   |
|---|--------------------------|-------------------------------------|-------------------------------------|--------------------------|--|
| Loma Linda University                         | <input type="checkbox"/> | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/> |  |
| Biofortis                                     | <input type="checkbox"/> | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/> |  |
| California Walnut Commission                  | <input type="checkbox"/> | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/> |  |
| Dietitians of Canada                          | <input type="checkbox"/> | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/> |  |
| European Food Safety Authority                | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> |  |
| Physicians Committee for Responsible Medicine | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> |  |
| Kellogg Canada                                | <input type="checkbox"/> | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/> | Food donations to support randomized controlled trials |
| American Peanut Council                       | <input type="checkbox"/> | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/> | Food donations to support randomized controlled trials |
| Barilla                                       | <input type="checkbox"/> | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/> | Food donations to support randomized controlled trials |
| Unilever                                      | <input type="checkbox"/> | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/> | Food donations to support randomized controlled trials |
| Unico/Primo                                   | <input type="checkbox"/> | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/> | Food donations to support randomized controlled trials |
| Loblaw Companies                              | <input type="checkbox"/> | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/> | Food donations to support randomized controlled trials |
| Almond Board of California                    | <input type="checkbox"/> | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/> | Food donations to support randomized controlled trials |

### Section 4. Intellectual Property -- Patents & Copyrights

Do you have any patents, whether planned, pending or issued, broadly relevant to the work?  Yes  No

## ICMJE Form for Disclosure of Potential Conflicts of Interest

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### Section 5. Relationships not covered above

Are there other relationships or activities that readers could perceive to have influenced, or that give the appearance of potentially influencing, what you wrote in the submitted work?

- Yes, the following relationships/conditions/circumstances are present (explain below):
- No other relationships/conditions/circumstances that present a potential conflict of interest

membership in the International Carbohydrate Quality Consortium (ICQC) and on the Clinical Practice Guidelines Expert Committees of Diabetes Canada, European Association for the Study of Diabetes (EASD), Canadian Cardiovascular Society (CCS), and Obesity Canada; appointments as an Executive Board Member of the Diabetes and Nutrition Study Group (DNSG) of the EASD, Director of the Toronto 3D Knowledge Synthesis and Clinical Trials Foundation, and unpaid scientific advisor for the Food, Nutrition, and Safety Program (FNSP) and the Technical Committee on Carbohydrates of the International Life Science Institute (ILSI) North America; and spousal relationship with an employee of Unilever Canada.

At the time of manuscript acceptance, journals will ask authors to confirm and, if necessary, update their disclosure statements. On occasion, journals may ask authors to disclose further information about reported relationships.

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### Evaluation and Feedback

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