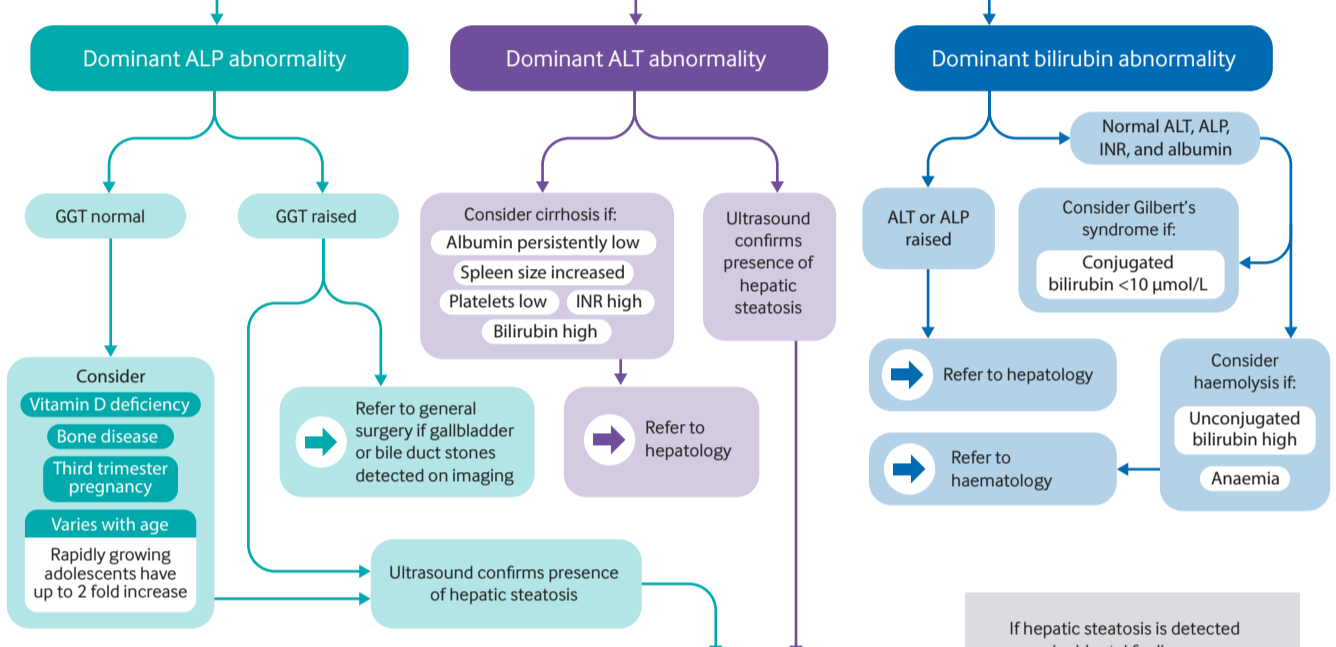
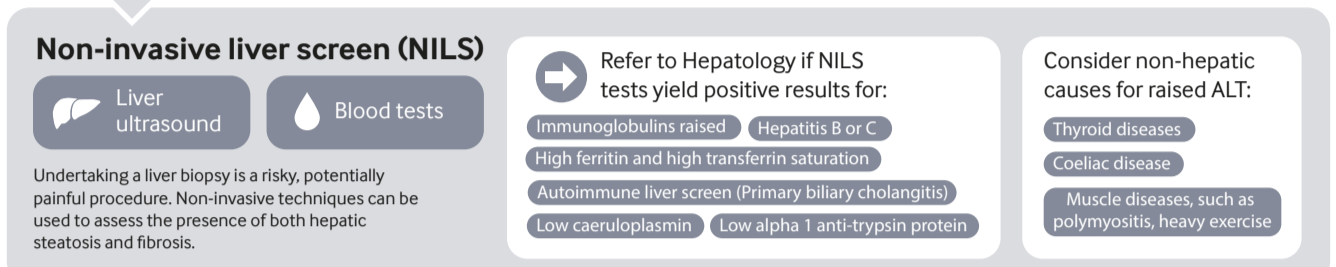
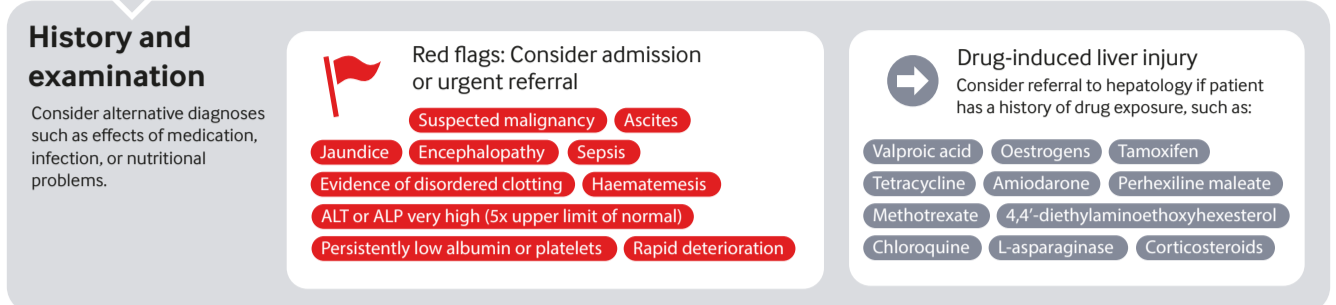


The term "Non-alcoholic fatty liver disease" (NAFLD) encompasses a spectrum of pathologic conditions, ranging from non-alcoholic fatty liver (NAFL) to steatohepatitis (NASH), fibrosis, and cirrhosis. This flow diagram offers a pragmatic approach to the diagnosis and monitoring of NAFLD in asymptomatic adult patients.



Investigate severity of liver fibrosis

Although biopsy is the most accurate way of staging fibrosis, it is usually reserved for patients who are most likely to have substantial fibrosis or where there is diagnostic uncertainty. If available, the enhanced Liver Fibrosis test (ELF) is preferred by NICE guidelines in the UK. If it is not available, use another non invasive test as recommended by European and American guidelines.

