

Hip pain in young adults can be severe and disabling, affecting work, parenting, and leisure activities. It can be difficult to differentiate between the different causes of intra-articular hip pain based on clinical assessment alone.

A targeted history and examination can help ascertain whether a patient's symptoms are likely coming from the hip joint itself or from elsewhere.

Suggests severe symptoms
 Urgent referral or imaging required

Intra-articular
 Extra-articular
 Non-orthopaedic

