

Supplement to Aune D, Sen A, Prasad M, Norat T, Janszky I, Tonstad S, Romundstad P, Vatten LJ. BMI and all cause mortality: a systematic review and non-linear dose-response meta-analysis of 230 cohort studies with 3.74 million deaths among 30.3 million participants. *BMJ* 2016;353:i1256

Appendix 2: Supplementary tables [posted as supplied by author]

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Lee IM et al, 1993, USA	Harvard Alumni Health Study	1962-66 – 1988, 27 years follow-up	19297 men, mean age 46.6 years: 4370 deaths 3965 never smokers: 578 deaths 6199 former smokers: 1398 deaths 9133 current smokers: 2394 deaths	Self-reported	Excluded prevalent coronary heart disease, stroke and cancer	Stratified by follow-up period and first 5 years excluded in sensitivity analyses	BMI, all BMI, never smokers, excluding first 5 years of follow-up BMI, never smokers BMI, former smokers BMI, current smokers	<22.5 22.5-<23.5 23.5-<24.5 24.5-<26.0 ≥26.0 <22.5 22.5-<23.5 23.5-<24.5 24.5-<26.0 ≥26.0 <22.5 22.5-<23.5 23.5-<24.5 24.5-<26.0 ≥26.0 <22.5 22.5-<23.5 23.5-<24.5 24.5-<26.0 ≥26.0 <22.5 22.5-<23.5 23.5-<24.5 24.5-<26.0 ≥26.0	1.00 0.99 (0.89-1.20) 0.95 (0.87-1.05) 1.01 (0.91-1.10) 1.18 (1.08-1.28) 1.00 1.23 1.06 1.27 1.67 (1.29-2.17) 1.00 1.20 1.05 1.21 1.57 (1.23-2.00) 1.00 1.08 1.10 1.05 1.25 (1.06-1.47) 1.00 0.91 0.87 (0.77-0.98) 0.96 1.06 (0.94-1.19)	Age, smoking status, physical activity
Kornitzer M et al, 1993, Belgium	Belgian Bank Study	1964-1965 -NA, 25 years follow-up	1227 men, age 40-59 years: 453 deaths	Measured	Subjects with coronary heart disease were excluded	No	BMI	<23.4 23.4-26.0 ≥26.0	1.00 0.86 (0.79-1.02) 1.02 (0.88-1.23)	Age
Sorkin JD et al, 1994, USA	Adventist Mortality Study	1960 – 1985, 15 years follow-up	8828 men, age 30-89 years: 3444 deaths	Self-reported	No	No	BMI	≤22.3 22.4-24.2 24.3-25.7 25.8-27.5 >27.5	0.86 (0.78-0.95) 0.86 (0.77-0.95) 0.88 (0.79-0.98) 0.88 (0.80-0.98) 1.00	Age
Norrish A et al, 1995, New Zealand	The Auckland Risk Factor Study	1982-1991, 9 years follow-up	1029 men, age 35-64 years: 96 deaths	Measured	No	No	BMI	<22.9 22.9-25.6 >25.6	1.00 1.14 (0.66-1.95) 1.59 (0.94-2.66)	Age, smoking status, alcohol, SES
Hanson RL et al, 1995, USA	Gila River Indian Community	1965-1990, 8.1 years follow-up	814 diabetic and 1814 nondiabetic participants, age >20 years: 570 deaths	Measured	No	No	BMI, no diabetes BMI, with diabetes	<25 25-30 30-35 35-40 ≥40 <25	1.5 (1.0-2.2) 1.0 (0.7-1.5) 1.0 1.2 (0.8-1.9) 1.9 (1.2-3.1) 1.4 (1.0-2.1)	Age, sex, smoking status

								25-30 30-35 35-40 ≥40	1.2 (0.9-1.7) 1.0 1.3 (0.8-2.3) 2.1 (1.0-4.5)	
Seidell JC et al, 1996, Netherlands	The Consultation Bureau Project on Cardiovascular Diseases	1974-80 – 1993, 12 years follow-up	48287 men and women, age 30-54 years: 1319 deaths	Measured	No	First 5 years of follow-up excluded in sensitivity analyses (partly reported results)	BMI, men BMI, women	<18.5 18.5-24.99 25.0-26.99 27.0-29.99 ≥30.0 <18.5 18.5-24.99 25.0-26.99 27.0-29.99 ≥30.0	2.60 (1.75-3.86) 1.00 0.89 (0.74-1.07) 1.12 (0.92-1.36) 1.47 (1.09-1.98) 1.13 (0.68-1.87) 1.00 0.81 (0.61-1.06) 1.12 (0.84-1.47) 1.08 (0.74-1.45)	Age
Hodge AM et al, 1996, Nauru, Fiji	Nauru, Fiji	1980/1982 - 1991/1992, 10/11 years follow-up	1400 Micronesian Nauruans 1279 Melanesian Fijians And 1182 Indian Fijians, age ≥20 years: 209 deaths 173 deaths 129 deaths	Measured	No	No	BMI, Nauru, men BMI, Melanesian Fijians, men BMI, Indian Fijians, men BMI, Nauru, women BMI, Melanesian Fijians, women BMI, Indian Fijians, women	<29.0 29.0-32.5 32.6-36.3 ≥36.4 <23.3 23.3-25.2 25.3-27.8 ≥27.9 <19.7 19.7-22.2 22.3-25.2 ≥25.3 <29.5 29.5-34.4 34.5-39.4 ≥39.5 <23.7 23.7-27.0 27.1-30.8 ≥30.9 <19.6 19.6-23.1 23.1-27.2 ≥27.2	1.4 (0.8-2.5) 1.2 (0.7-2.0) 1.2 (0.7-2.2) 1.0 1.1 (0.6-1.8) 0.8 (0.4-1.4) 1.0 (0.6-1.6) 1.0 1.3 (0.7-2.4) 0.9 (0.4-1.9) 1.1 (0.6-1.9) 1.0 0.8 (0.4-1.6) 0.8 (0.4-1.6) 0.8 (0.4-1.6) 1.0 2.7 (1.4-5.4) 0.8 (0.3-1.8) 1.4 (0.7-2.8) 1.0 1.6 (0.7-3.9) 2.0 (1.0-4.2) 0.7 (0.3-1.6) 1.0	Age, diabetes, smoking status
Chyou PH et al, 1997, USA	Honolulu Heart Program	1965-1968 – 1991, 22 years follow-up	8006 Japanese American man, age 45-68 years: 2667 deaths	Measured	No	No	BMI	<21.21 21.21-23.00 23.01-24.60 24.61-26.30 ≥26.31	1.13 (1.03-1.24) 0.98 (0.88-1.09) 1.00 1.01 (0.91-1.12) 1.29 (1.17-1.42)	Age, alcohol, smoking – pack years

							BMI, year 1-8, age 55-74 years	24.9-27.4 >27.4 <21.3 21.3-22.9 23.0-24.8 24.9-27.4	0.95 (0.60-1.50) 1.62 (1.06-2.49) 1.00 0.84 (0.49-1.46) 0.47 (0.27-0.84) 0.86 (0.53-1.41)	
							BMI, year 9-14	>27.4 <21.3 21.3-22.9 23.0-24.8 24.9-27.4	1.18 (0.74-1.88) 1.00 0.99 (0.65-1.52) 0.87 (0.58-1.30) 1.22 (0.83-1.77)	
							BMI, year, 15-26	>27.4 <21.3 21.3-22.9 23.0-24.8 24.9-27.4 >27.4	1.24 (0.85-1.82) 1.00 1.14 (0.88-1.47) 1.16 (0.91-1.47) 1.11 (0.88-1.41) 1.35 (1.16-1.71)	
Lindsted KD et al, 1998, USA	Adventist Mortality Study	1960-1985, 26 years follow-up	5062 never-smoking men, age 30-74 years: 1034 deaths	Self-reported	No	Analyses stratified by duration of follow-up	BMI, age 30-54 years, years 1-8 BMI, age 55-74 years BMI, age 30-54 years, years 9-14 BMI, age 55-74 years BMI, age 30-54 years, years 15-26 BMI, age 55-74 years	14.3-22.5 22.6-27.4 27.5-43.9 14.3-22.5 22.6-27.4 27.5-43.9 14.3-22.5 22.6-27.4 27.5-43.9 14.3-22.5 22.6-27.4 27.5-43.9 14.3-22.5 22.6-27.4 27.5-43.9	0.72 (0.30-1.72) 1.00 0.50 (0.21-1.20) 1.03 (0.74-1.43) 1.00 0.78 (0.54-1.14) 1.60 (0.85-3.00) 1.00 1.36 (0.75-2.47) 0.71 (0.51-1.00) 1.00 1.23 (0.93-1.65) 0.86 (0.57-1.29) 1.00 1.67 (1.24-2.25) 0.77 (0.61-0.98) 1.00 1.10 (0.89-1.36)	Age
Maskarinec G et al, 1998, USA	Hawaii Household Survey	1975-1980 – 1994, ~16.5 years follow-up	27678 men and women, age >30 years: 5011 deaths	Self-reported	Prevalent cancers excluded	No	BMI, men BMI, women	<19.6 19.6-21.3 21.4-24.8 24.9-29.2 29.3-32.5 ≥32.6 <18.5 18.5-19.9	1.33 (1.15-1.53) 1.11 (0.99-1.26) 1.00 1.08 (0.99-1.18) 1.45 (1.23-1.72) 1.63 (1.32-2.02) 1.42 (1.22-1.66) 1.00	Age, ethnicity, years of schooling, alcohol, smoking status and packs per day

								20.0-23.6 23.7-30.3 30.4-35.9 ≥36.0	1.04 (0.93-1.17) 1.21 (1.08-1.36) 1.52 (1.29-1.78) 1.88 (1.50-2.35)	
Yuan JM et al, 1998, China	Shanghai Cohort Study	1986-1989 – 1995, 6.7 years follow-up	18244 men, age 45-64 years: 1198 deaths 7803 never smokers: 389 deaths 10441 ever smokers: 809 deaths NA current smokers: 678 deaths	Self-reported	Excluded prevalent cancer	Sensitivity analyses stratified by <4 and ≥4 years follow-up	BMI BMI, never smokers BMI, ever smokers BMI, current smokers BMI, never smokers, <4 years follow-up BMI, never smokers, ≥4 years follow-up	<18.5 18.5-<21.0 21.0-<23.5 23.5-<26.0 ≥26.0 <18.5 18.5-<21.0 21.0-<23.5 23.5-<26.0 ≥26.0 <18.5 18.5-<21.0 21.0-<23.5 23.5-<26.0 ≥26.0 <18.5 18.5-<21.0 21.0-<23.5 23.5-<26.0 ≥26.0 <18.5 18.5-<21.0 21.0-<23.5 23.5-<26.0 ≥26.0	1.16 (0.95-1.42) 1.06 (0.91-1.22) 1.00 1.02 (0.87-1.20) 1.04 (0.85-1.28) 1.73 (1.23-2.42) 1.09 (0.82-1.44) 1.00 1.11 (0.84-1.48) 1.48 (1.08-2.03) 0.96 (0.75-1.22) 1.03 (0.87-1.23) 1.00 0.98 (0.80-1.20) 0.83 (0.63-1.09) 0.89 (0.68-1.17) 1.01 (0.84-1.22) 1.00 0.98 (0.78-1.23) 0.78 (0.56-1.08) 1.86 (1.18-2.93) 1.04 (0.70-1.55) 1.00 1.03 (0.69-1.54) 1.18 (0.73-1.89) 1.58 (0.96-2.62) 1.13 (0.76-1.69) 1.00 1.20 (0.80-1.80) 1.81 (1.18-2.79)	Age, education, alcohol, smoking status, cigarettes per day, age at starting smoking
Seccareccia F et al, 1998, Italy	The Italian Risk Factor and Life Expectancy Pooling Project	1978-1987-NA, 6 years follow-up	32741 men and 30305 women, age 20-69 years: 1373 deaths	Measured	No	Two first years of follow-up were excluded in sensitivity analyses	BMI, men, age 20-44 years, all subjects BMI, men, age 45-69 years	<20 20-24 25-29 30-34 ≥35 <20 20-24 25-29 30-34	1.00 0.80 (0.24-2.60) 0.69 (0.21-2.28) 0.33 (0.07-1.54) 0.64 (0.06-6.40) 1.62 (1.10-2.38) 1.12 (0.97-1.30) 1.00 1.04 (0.86-1.24)	Age, SBP, serum cholesterol, cigarette smoking

							BMI, women, age 20-44 years BMI, women, age 45-69 years BMI, men, age 20-44 years, smokers excluded BMI, men, age 45-69 years BMI, women, age 20-44 years BMI, women, age 45-69 years BMI, men, age 20-44 years, early deaths excluded BMI, men, age 45-69 years BMI, women, age 20-44 years	≥35 <20 20-24 25-29 30-34 ≥35 <20 20-24 25-29 30-34 ≥35 <20 20-24 25-29 30-34 ≥35 <20 20-24 25-29 30-34 ≥35 <20 20-24 25-29 30-34 ≥35 <20 20-24	1.30 (0.84-1.99) 1.83 (0.52-6.39) 1.32 (0.56-3.12) 1.00 1.18 (0.31-4.49) 4.42 (1.28-15.28) 2.47 (1.39-4.37) 1.50 (1.05-2.14) 1.30 (0.93-1.81) 1.00 1.40 (0.88-2.22) Model did not converge 1.00 0.39 (0.20-0.74) 0.37 (0.20-0.70) 0.42 (0.22-0.81) 0.47 (0.20-1.09) 4.03 (0.84-19.26) 1.97 (0.61-6.40) 1.00 1.43 (0.26-7.89) 6.18 (1.32-29.04) 2.19 (1.05-4.55) 1.56 (1.04-2.35) 1.39 (0.96-2.02) 1.00 1.61 (0.98-2.66) 1.00 0.42 (0.13-1.47) 0.48 (0.14-1.65) 0.38 (0.08-1.64) 0.73 (0.07-7.34) 1.00 0.73 (0.44-1.22) 0.69 (0.42-1.15) 0.78 (0.46-1.32) 0.95 (0.47-1.94) 1.97 (0.44-8.85) 1.47 (0.50-4.27)	
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								25-29 30-34 ≥ 35 <20 20-24 25-29 30-34 ≥ 35 <20 20-24 25-29 30-34 ≥ 35 <20 20-24 25-29 30-34 ≥ 35 <20 20-24 25-29 30-34 ≥ 35 <20 20-24 25-29 30-34 ≥ 35 <20 20-24 25-29 30-34 ≥ 35	1.00 1.20 (0.23-6.24) 4.70 (1.06-20.97) 2.50 (1.26-4.98) 1.46 (0.95-2.24) 1.37 (0.92-2.03) 1.00 1.37 (0.78-2.39) Model did not converge 1.00 0.31 (0.14-0.67) 0.33 (0.15-0.70) 0.41 (0.19-0.91) 0.32 (0.10-0.95) 7.34 (1.19-48.11) 2.73 (0.55-13.43) 1.00 1.34 (0.12-14.90) 10.14 (1.56-65.91) 1.92 (0.73-5.04) 1.63 (0.99-2.68) 1.55 (0.99-2.44) 1.00 1.75 (0.96-3.19)	
Rosengren A et al, 1999, Sweden	The Multifactor Primary Prevention Trial	1970-1973 – 1993, 19.7 years follow-up	6874 men, age 47-55 years: 493 deaths	Measured	Excluded prevalent MI	No	BMI	<20 20-22.5 22.5-25.0 25.0-27.5 27.5-30.0 >30.0	1.66 (1.31-2.12) 1.00 0.95 (0.82-1.10) 1.01 (0.87-1.17) 1.18 (1.01-1.39) 1.55 (1.29-1.85)	Age, smoking, physical activity
Allison DB et al, 1999, USA	Framingham Heart Study	1948-1980, ~42 years follow-up	5166 men and women, age 28-62 years: 1964 deaths	Measured	No	No	BMI, all	<23 23-<25 25-<26 26-<27 27-<28 28-<29 29-<30 30-35 >35	1.12 (0.90-1.30) 1.00 0.96 (0.80-1.10) 1.11 (0.90-1.30) 1.04 (0.90-1.20) 1.08 (0.90-1.30) 1.41 (1.10-1.70) 1.60 (1.40-1.80) 1.94 (1.50-2.50)	Age, sex, smoking status

								30-35 >35	1.36 (1.30-1.40) 1.76 (1.70-1.80)	
Ostbye T et al, 1999, Canada	Canadian Study of Health and Aging	1991 – 1996, 5 years follow-up	9995 men and women, age ≥65 years: 2975 deaths	NA	No	No	BMI, women BMI, men	<20 20-24.9 25.0-26.9 ≥27.0 <20 20-24.9 25.0-26.9 ≥27.0	1.0 0.6 (0.3-1.2) 0.4 (0.2-1.0) 0.3 (0.2-0.7) 1.0 0.5 (0.1-1.9) 0.4 (0.1-1.7) 0.3 (0.1-1.2)	Age, marital status, residence, cognitive impairment, activities of daily living, vision, hearing impairment, Hachinski score, heart disease, respiratory disease, diabetes, smoking status
Singh PN et al, 1999, USA	Adventist Health Study	1976-1988, 12 years follow-up	20346 never smoking men and women, age 25-84 years: 2364 deaths	Self-reported	Prevalent coronary heart disease, stroke or cancer excluded	Analyses stratified by duration of follow-up	BMI, women, age 25-54 years, follow-up 1-6 years BMI, women, age 25-54 years, follow-up 7-12 years BMI, men, age 25-54 years, follow-up 1-6 years BMI, men, age 25-54 years, follow-up 7-12 years BMI, women, age 55-84 years, follow-up 1-6 years BMI, women, age 55-84 years, follow-up 7-12 years BMI, men, age 55-84 years, follow-up 1-6 years BMI, men, age 55-84 years, follow-up 7-12 years	13.9-20.6 20.7-27.4 27.5-55.0 13.9-20.6 20.7-27.4 27.5-55.0 15.0-22.3 22.4-27.3 27.4-51.7 15.0-22.3 22.4-27.3 27.4-51.7 13.4-20.6 20.7-22.4 22.5-24.2 24.3-27.4 27.5-65.6 13.4-20.6 20.7-22.4 22.5-24.2 24.3-27.4 27.5-65.6 13.5-22.3 22.4-23.7 23.8-25.3 25.4-27.3 27.4-40.5 13.5-22.3 22.4-23.7 23.8-25.3 25.4-27.3 27.4-40.5	1.2 (0.6-2.6) 1.0 2.0 (1.0-3.7) 0.6 (0.2-1.2) 1.0 1.9 (1.2-3.0) 2.0 (0.9-4.2) 1.0 1.6 (0.7-3.6) 0.9 (0.5-1.9) 1.0 1.5 (0.8-2.6) 1.6 (1.2-2.1) 1.4 (1.1-1.9) 1.0 1.1 (0.9-1.5) 1.6 (1.2-2.1) 1.3 (1.1-1.6) 0.9 (0.7-1.2) 1.0 1.1 (0.9-1.3) 1.5 (1.2-1.8) 0.9 (0.6-1.4) 1.2 (0.8-1.7) 1.0 1.0 (0.6-1.4) 1.2 (0.8-1.8) 1.3 (1.0-1.9) 1.5 (1.1-2.0) 1.0 1.2 (0.9-1.7) 1.8 (1.3-2.5)	Age

Stevens J et al, 2000, USA	Cancer Prevention Study-1	1959-1960 – 1971-1972, 11 years follow-up	57073 men and 240158 women, never smokers, age 30-70 years: 9498/24700 deaths (no of deaths from NEJM 1998;338:1-7)	Self-reported	Participants with heart disease, stroke or cancer were excluded	No	BMI, women BMI, men	18.5-24.9 25.0-29.9 >30.0 18.5-24.9 25.0-29.9 >30.0	1.00 1.19 (1.17-1.21) 1.58 (1.51-1.65) 1.00 1.19 (1.13-1.25) 1.58 (1.48-1.72)	Age, education, physical activity
Andersen LB et al, 2000, Denmark	The Copenhagen City Cohort Study, The Glostrup Population studies and the Copenhagen Male Study	1976-83 – 1994, 13.8 years follow-up	13375 women and 17265 men, age 20-93 years: 2881 /5668 deaths	Measured	No	No	BMI, women BMI, men	<20 20-25 25.01-27 27.01-30 >30 <20 20-25 25.01-27 27.01-30 >30	1.65 (1.46-1.87) 1.00 0.98 (0.59-1.11) 1.10 (0.98-1.23) 1.43 (1.28-1.59) 1.69 (1.48-1.73) 1.00 0.93 (0.87-1.00) 1.06 (0.98-1.13) 1.21 (1.11-1.32)	Age, SBP, serum cholesterol, TG, smoking status, education
Baik I et al, 2000, USA	Health Professionals Follow-up Study	1986-1996, 10 years follow-up	39756 men, age 40-75 years: 1972 deaths	Self-reported	Participants with prevalent myocardial infarction, angina, coronary artery bypass grafting or angioplasty, stroke, transient cerebral ischemia, peripheral venous thrombosis, intermittent claudication, pulmonary embolus, paroxysmal atrial tachycardia	Sensitivity analyses excluding first 4 years of follow-up	BMI, all BMI, subjects without weight loss of ≥10 pounds in the past 5 years, 1986-1996 BMI, subjects without weight loss of ≥10 pounds in the past 5 years, 1990-1996 BMI, subjects without weight loss of ≥10 pounds in the past 5 years, age <65 years	<21 21.0-22.9 23-24.9 25-26.9 27-29.9 ≥30 <21 21.0-22.9 23-24.9 25-26.9 27-29.9 ≥30 <21 21.0-22.9 23-24.9 25-26.9 27-29.9 ≥30 <23.0 23-24.9 25-26.9 27-29.9 ≥30	1.47 (1.18-1.83) 1.06 (0.91-1.23) 1.00 1.07 (0.94-1.21) 1.17 (1.02-1.34) 1.50 (1.27-1.77) 1.35 (1.06-1.73) 1.07 (0.91-1.26) 1.00 1.06 (0.93-1.22) 1.15 (0.99-1.34) 1.53 (1.26-1.82) 1.28 (0.88-1.85) 0.99 (0.76-1.28) 1.00 1.03 (0.83-1.26) 1.16 (0.92-1.45) 1.49 (1.13-1.96) 1.00 1.21 (0.88-1.65) 1.19 (0.87-1.63) 1.39 (1.00-1.93) 1.97 (1.36-2.84)	Age, smoking status, cigarettes per day, FH – MI or colon cancer before age 60 years, profession, marital status, height, alcohol, vitamin A, vitamin E, dietary fiber

					and other heart-rhythm disturbances, cancer, chronic renal failure, and chronic pulmonary disease		BMI, subjects without weight loss of ≥ 10 pounds in the past 5 years, age ≥ 65 years	<23.0 23-24.9 25-26.9 27-29.9 ≥ 30	1.00 0.69 (0.48-0.99) 0.75 (0.53-1.08) 0.83 (0.56-1.23) 0.85 (0.49-1.46)	
Folsom AR et al, 2000, USA	Iowa Women's Health Study	1986 - 1997, 11-12 years	31702 women, age 55-69 years: 2476 deaths	Self-reported	Excluded prevalent cancer, heart disease, and diabetes	No	BMI	<22.80 22.80-24.86 24.87-27.05 27.06-30.20 ≥ 30.21	1.00 0.76 (0.7-0.9) 0.74 (0.7-0.8) 0.71 (0.6-0.8) 0.91 (0.8-1.0)	Age, education, physical activity, alcohol, smoking status, age at 1st live birth, estrogen use, vitamin use, energy, whole grain, fruit and vegetables, fish, red meat, Keys score, high blood pressure
Fortes C et al, 2000, Italy	Elderly in Rome	1993-1998, 5 years follow-up	162 men and women, age ≥ 65 years: 53 deaths	Measured	Excluded subjects with severe disability	No	BMI	≤ 21.0 21.1-30.0 >30	1.00 0.62 (0.30-1.31) 0.57 (0.35-1.42)	Age, sex, education, smoking status, cognitive function, chronic diseases
Haapanen-Niemi N et al, 2000, Finland	Three Northeastern Municipalities in Finland	1980-1996, 16 years follow-up	1090 men and 1122 women, age 35-63 years: 208/87 deaths	Self-reported	Subjects with BMI <20, or disease and symptoms that prevented participation in physical activity	No	BMI, men BMI, women	20.0-24.9 25.0-29.9 ≥ 30.0 20.0-24.9 25.0-29.9 ≥ 30.0	1.00 0.87 (0.64-1.19) 1.06 (0.67-1.69) 1.00 0.87 (0.52-1.46) 1.35 (0.76-2.41)	Age, employment status, marital status, perceived health status, smoking status, alcohol
Hara M et al, 2000, Japan	Saga Prefecture Japan	1983-1997, 14 years follow-up	2121 men, age 40-69 years: 309 deaths	Self-reported	No	No	BMI, men BMI, women	<20 20-<22 22-<24 ≥ 24 <20 20-<22 22-<24 ≥ 24	1.00 0.82 (0.51-1.32) 0.80 (0.41-1.59) 0.54 (0.19-1.54) 1.00 0.56 (0.25-1.25) 0.86 (0.32-2.32) 0.73 (0.16-3.24)	Age, health status, smoking status, physical activity, balance of daily food intake
Strawbridge WJ et al, 2000, USA	Alameda County Study	1965-1994, 31 years follow-up	6253 men and women, age 21-75 years: 1295 deaths	Self-reported	No	First year of follow-up excluded	BMI, all BMI, men	<18.5 18.5-24.9 25.0-29.9 30.0-34.9 ≥ 35.0 <18.5	1.84 (1.41-2.39) 1.00 0.82 (0.72-0.92) 0.80 (0.63-1.01) 1.36 (0.93-2.00) 1.40 (0.78-2.50)	Age, sex, race/ethnicity, education, chronic bronchitis, cancer, cigarette smoking, physical activity

							BMI, women	18.5-24.9 25.0-29.9 30.0-34.9 ≥35.0 <18.5 18.5-24.9 25.0-29.9 30.0-34.9 ≥35.0	1.00 0.77 (0.65-0.91) 1.09 (0.80-1.50) 1.85 (0.87-3.93) 2.03 (1.51-2.74) 1.00 0.89 (0.74-1.09) 0.58 (0.41-0.83) 1.19 (0.75-1.87)	
Visscher TLS et al, 2000, Europe	Seven Countries Study	1960-75 1970-85 15 years follow-up	7985 men, age 40-59 years: 3777 deaths 1870 never smokers: 222 deaths 1153 former smokers: 189 deaths 4550 current smokers: 936 deaths	Measured	No	First 5 years of follow-up excluded	BMI, 1960-75, never smokers BMI, ex-smokers BMI, current smokers BMI, 1970-85, never smokers BMI, ex-smokers BMI, current smokers	<18.5 18.5-25 25-30 ≥30 <18.5 18.5-25 25-30 ≥30 <18.5 18.5-25 25-30 ≥30 <18.5 18.5-25 25-30 ≥30 <18.5 18.5-25 25-30 ≥30 <18.5 18.5-25 25-30 ≥30	2.1 (0.8-5.7) 1.0 1.3 (0.9-1.7) 1.8 (1.2-2.8) 2.0 (0.5-8.2) 1.0 1.0 (0.7-1.3) 1.3 (0.8-2.1) 2.1 (1.5-2.8) 1.0 0.9 (0.8-1.1) 1.0 (0.7-1.4) 2.3 (1.0-5.3) 1.0 1.0 (0.8-1.2) 1.4 (1.0-1.9) 2.5 (1.3-4.8) 1.0 1.1 (0.9-1.4) 1.4 (1.0-1.8) 1.5 (1.1-2.1) 1.0 1.0 (0.9-1.1) 1.0 (0.8-1.3)	Age, study center
Visscher TLS et al, 2001, Netherlands	Rotterdam study	1990-93 – 1998, 5.4 years follow-up	6296 men and women, age 55-102 years: 479 deaths 2414 never smokers: 372 deaths 2573 former	Measured	No	No	BMI, men, never smokers BMI, ex smokers	<23.1 23.1-24.5 24.6-26.1 26.2-27.8 ≥27.9 <23.1 23.1-24.5 24.6-26.1 26.2-27.8 ≥27.9	1.0 (0.5-1.9) 1.0 1.0 (0.5-1.9) 0.9 (0.5-1.8) 0.9 (0.4-1.8) 1.1 (0.8-1.6) 1.0 0.7 (0.5-1.1) 0.9 (0.6-1.4) 0.8 (0.6-1.2)	Age

			smokers: 374 deaths 1309 current smokers: 210 deaths				BMI, current smokers BMI, women, never smokers BMI, ex smokers BMI, current smokers	<23.1 23.1-24.5 24.6-26.1 26.2-27.8 ≥27.9 <23.6 23.6-<25.5 25.5-<27.5 27.5-<30.0 ≥30.0 <23.6 23.6-<25.5 25.5-<27.5 27.5-<30.0 ≥30.0 <23.6 23.6-<25.5 25.5-<27.5 27.5-<30.0 ≥30.0	1.3 (0.8-2.1) 1.0 0.8 (0.4-1.3) 0.9 (0.5-1.6) 0.6 (0.3-1.1) 1.0 (0.7-1.5) 1.0 0.8 (0.5-1.2) 0.8 (0.6-1.2) 0.8 (0.5-1.1) 1.3 (0.7-2.3) 1.0 1.2 (0.6-2.2) 1.3 (0.7-2.3) 1.0 (0.5-1.9) 1.7 (0.8-3.7) 1.0 1.4 (0.6-3.0) 1.0 (0.5-2.4) 0.9 (0.4-2.1)	
Grabowski DC et al, 2001, USA	Longitudinal Study of Aging	1984-1991, 8 years follow-up	7048 men and women, age ≥70 years: 2870 deaths	Self-reported	Prevalent cancer, diabetes, heart disease excluded in sensitivity analyses	Excluding first 2 years of follow-up in sensitivity analyses	BMI BMI, excluding first 2 years BMI, excluding prevalent cancer, diabetes or heart disease	17.8 23.8 31.8 17.8 23.8 31.8 17.8 23.8 31.8	1.46 (1.30-1.64) 1.00 0.86 (0.77-0.97) 1.38 (1.20-1.57) 1.00 0.93 (0.82-1.06) 1.40 (1.13-1.74) 1.00 0.67 (0.51-0.88)	Age, number of doctor visits, number of hospital bed days, number of short-stay hospital episodes, number of functional limitations, residential stability, urbanization, gender, race, private health insurance, region of the country, ever in a nursing home, education, self-rated health, lives alone, need for proxy, married, Medicaid
Katzmarzyk PT et al, 2001, Canada	Canada Fitness Survey	1981-1993, 12.4 years follow-up	10725 men and women, age 20-69 years: 593 deaths	Measured	No	Sensitivity analysis excluding first 2 years of follow-up (not reported)	BMI BMI, men	<18.5 18.5-24.9 25.0-29.9 30.0-34.9 ≥35.0 <18.5 18.5-24.9 25.0-29.9 30.0-34.9 ≥35.0	1.63 (0.93-2.85) 1.00 1.16 (0.96-1.39) 1.25 (0.96-1.65) 2.96 (1.39-6.29) 2.29 (1.06-4.93) 1.00 1.08 (0.86-1.36) 1.00 (0.68-1.47) 2.52 (0.80-7.99)	Age, smoking status, alcohol

							BMI, women	<18.5 18.5-24.9 25.0-29.9 30.0-34.9 ≥35.0	1.24 (0.54-2.83) 1.00 1.24 (0.93-1.67) 1.59 (1.08-2.34) 3.13 (1.15-8.52)	
Niverthi M et al, 2001, USA	Life Insurance Applicants	1975-1998 – 1999, 4.7 years follow-up	356926 men and women, age 18-≥60 years: 4105 deaths	NA	No	No	BMI, all BMI, smokers BMI, non-smokers	<19 19-21 22-24 25-27 28-30 31-33 ≥34 19-21 22-24 25-27 28-30 ≥31 <22 22-24 25-27 28-30 31-33 ≥34	1.21 1.09 1.10 1.00 1.13 1.22 1.19 1.16 1.22 1.00 1.11 1.32 1.16 1.00 1.08 1.01 1.45 1.48	Age, sex, smoking status, duration of follow-up
Dey DK et al, 2001, Sweden	Geriatric Medicine Department, Gothenburg	1971-1981 – NA, 15 years follow-up	2628 men and women, age 70 years: 781/552 deaths	Measured	Prevalent cancers were excluded	Excluding first 5 years in sensitivity analyses	BMI, men BMI, women BMI, men, excluding first 5 years BMI, women, excluding first 5 years	14.0-22.6 22.7-24.6 24.7-26.4 26.5-28.5 28.6-39.2 14.1-22.5 22.6-24.5 24.6-26.5 26.6-29.2 29.3-39.8 14.0-22.6 22.7-24.6 24.7-26.4 26.5-28.5 28.6-39.2 14.1-22.5 22.6-24.5 24.6-26.5 26.6-29.2 29.3-39.8	1.20 (0.96-1.51) 1.07 (0.85-1.34) 1.00 1.01 (0.81-1.26) 1.19 (0.95-1.49) 1.49 (1.14-1.96) 1.16 (0.88-1.53) 1.00 1.16 (0.88-1.52) 1.25 (0.95-1.64) 1.06 (0.79-1.42) 1.09 (0.82-1.45) 1.00 1.07 (0.81-1.42) 1.22 (0.92-1.60) 1.52 (1.06-2.98) 1.35 (0.94-1.93) 1.00 1.29 (0.90-1.85) 1.48 (1.03-2.12)	Birth cohort, smoking

							BMI, men, non-smokers 14.0-22.6 22.7-24.6 24.7-26.4 26.5-28.5 28.6-39.2 BMI, women, non-smokers 14.1-22.5 22.6-24.5 24.6-26.5 26.6-29.2 29.3-39.8 BMI, men, non-smokers, excluding first 5 years 14.0-22.6 22.7-24.6 24.7-26.4 26.5-28.5 28.6-39.2 BMI, women, non-smokers, excluding first 5 years 14.1-22.5 22.6-24.5 24.6-26.5 26.6-29.2 29.3-39.8	1.15 (0.71-1.86) 1.09 (0.70-1.71) 1.00 0.96 (0.63-1.47) 1.30 (0.87-1.95) 1.58 (1.15-2.16) 1.04 (0.75-1.44) 1.00 1.12 (0.82-1.53) 1.22 (0.90-1.65) 0.91 (0.53-1.58) 0.80 (0.47-1.35) 1.00 0.72 (0.45-1.18) 1.11 (0.71-1.74) 1.50 (1.03-2.17) 1.14 (0.79-1.65) 1.00 1.24 (0.87-1.77) 1.42 (1.00-2.00)	
Wannamethee SG et al, 2001, United Kingdom	British Regional Heart Study	1978-1980 – 1997, 13.8 years follow-up	7065 men, age 40-59 years: 1457 deaths 1709 non-smokers: 620 deaths 722 recent ex-smokers: 199 deaths 2242 current smokers: 648 deaths	Measured	Subjects who had lost weight were excluded in sensitivity analyses	No	BMI, non-smokers (includes long-term ex-smokers) <22 22-<24 24-<26 26-<28 ≥28 BMI, recent ex-smokers <22 22-<24 24-<26 26-<28 ≥28 BMI, current smokers <22 22-<24 24-<26 26-<28 ≥28 BMI, non-smokers, excluding men who lost weight <22 22-<24 24-<26 26-<28 ≥28 BMI, recent ex-smokers <22 22-<24 24-<26	1.00 1.04 (0.71-1.53) 1.25 (0.87-1.79) 1.02 (0.71-1.48) 1.31 (0.91-1.88) 1.00 0.66 (0.36-1.21) 0.63 (0.34-1.16) 0.52 (0.28-0.95) 0.65 (0.36-1.17) 1.00 0.85 (0.65-1.10) 0.92 (0.71-1.18) 0.96 (0.74-1.26) 0.97 (0.74-1.27) 1.00 1.30 (0.80-2.13) 1.56 (0.98-2.48) 1.35 (0.85-2.16) 1.61 (1.01-2.56) 1.00 0.55 (0.28-1.08) 0.56 (0.29-1.09)	Age, social class, alcohol intake, physical activity, FEV1, former smoking/number of cigarettes among smokers

							BMI, current smokers	26-<28 ≥28 <22 22-<24 24-<26 26-<28 ≥28	0.52 (0.27-0.99) 0.63 (0.34-1.19) 1.00 0.90 (0.66-1.22) 0.99 (0.74-1.32) 1.08 (0.79-1.46) 1.02 (0.75-1.38)	
Osler M et al, 2001, Denmark	Danish MONICA 1-3 surveys	1982-1998, 15 years follow-up	2855 men and 2755 women, age 30-70 years: 376/210 deaths	Measured	No	No	BMI, men BMI, women	<20 20-24.9 25-29.9 >30 <20 20-24.9 25-29.9 >30	1.67 (1.04-2.67) 1.00 0.91 (0.72-1.14) 1.14 (0.83-1.57) 1.40 (0.90-2.17) 1.00 1.07 (0.76-1.50) 1.52 (1.01-2.26)	Age, prudent diet score, self-rated health, physical activity, smoking status, vocational education
Barbagallo CM et al, 2001, Italy	The 'Ventimiglia di Sicilia' project	1989-1997, 8 years follow-up	835 men and women, age 20-69 years: 37 deaths	Measured	No	No	BMI	<27 27-29.99 ≥30.0	1.00 1.64 (0.65-4.15) 2.45 (1.03-5.87)	Age, sex
Farrell SW et al, 2002, USA	Aerobics Center Longitudinal Study	1970-1996, 11.4 years follow-up	9925 women, mean age 42.9 years: 195 deaths	Measured	No	No	BMI	18.5-24.99 25.0-29.99 ≥30.0	1.00 0.84 (0.56-1.26) 1.21 (0.71-2.05)	Age, smoking, baseline health status, cardiorespiratory fitness
Stevens J et al, 2002, USA	Lipid Research Clinics Study	1972-76 – 1998, ~24 years follow-up	2506 women, and 2860 men, mean age 46.6/45.1 years: 484/682 deaths	Measured	Prevalent coronary heart disease, stroke	Excluded first year of follow-up	BMI, women BMI, men	18.7-21.0 21.1-22.6 22.7-24.4 24.5-27.6 27.7-42.6 19.5-23.6 23.7-25.2 25.3-26.7 26.8-28.6 28.7-39.4	1.00 1.06 (0.74-1.51) 0.99 (0.71-1.38) 0.94 (0.68-1.30) 1.21 (0.87-1.67) 1.00 1.00 (0.78-1.29) 1.00 (0.77-1.31) 0.97 (0.75-1.26) 1.12 (0.88-1.44)	Age, education, smoking status, cigarettes per day, alcohol, Keys score, fitness
Tsugane S et al, 2002, Japan	Japan Public Health-Center-based Prospective Study 1	1990-1999, 10 years follow-up	19500 men and 21315 women, age 40-59 years: 943/483 deaths 8655 and 19749 never smokers: 592	Self-reported and measured	Excluded prevalent cancer, cerebrovascular disease, myocardial infarction, chronic liver disease	Sensitivity analyses excluding first 5 years of follow-up	BMI, men BMI, excluding first 5 years	14.0-18.9 19.0-20.9 21.0-22.9 23.0-24.9 25.0-26.9 27.0-29.9 30.0-39.9 14.0-18.9 19.0-20.9 21.0-22.9	2.26 (1.66-3.08) 1.57 (1.25-1.98) 1.33 (1.09-1.63) 1.00 1.14 (0.90-1.45) 1.38 (1.03-1.83) 1.97 (1.27-3.06) 2.35 (1.58-3.49) 1.66 (1.24-2.22) 1.30 (1.01-1.69)	Age, cigarette smoking status and pack-years, study area, alcohol, education, sports and physical exercise at leisure-time, weight change since 20 years old

			deaths					23.0-24.9	1.00	
			6686 former smokers (men): 175 deaths					25.0-26.9	1.19 (0.90-1.61)	
								27.0-29.9	1.19 (0.81-1.73)	
								30.0-39.9	1.51 (0.81-2.82)	
			10400 current smokers (men): 592 deaths				BMI, excluding subjects reporting weight loss of ≥ 10 kg since 20 years old	14.0-18.9	2.41 (1.63-3.55)	
								19.0-20.9	1.52 (1.18-1.96)	
								21.0-22.9	1.26 (1.01-1.56)	
								23.0-24.9	1.00	
								25.0-26.9	1.08 (0.84-1.38)	
								27.0-29.9	1.34 (1.00-1.80)	
								30.0-39.9	1.80 (1.14-2.85)	
						BMI, women		14.0-18.9	1.94 (1.30-2.89)	
								19.0-20.9	0.98 (0.69-1.40)	
								21.0-22.9	0.99 (0.74-1.32)	
								23.0-24.9	1.00	
								25.0-26.9	1.30 (0.96-1.76)	
								27.0-29.9	1.33 (0.94-1.88)	
								30.0-39.9	1.91 (1.22-2.99)	
						BMI, excluding first 5 years		14.0-18.9	1.46 (0.87-2.46)	
								19.0-20.9	0.91 (0.59-1.39)	
								21.0-22.9	0.82 (0.57-1.17)	
								23.0-24.9	1.00	
								25.0-26.9	1.13 (0.78-1.64)	
								27.0-29.9	0.90 (0.57-1.44)	
								30.0-39.9	1.72 (0.99-2.98)	
						BMI, excluding subjects reporting weight loss of ≥ 10 kg since 20 years old		14.0-18.9	1.60 (0.89-2.88)	
								19.0-20.9	1.00 (0.66-1.50)	
								21.0-22.9	0.94 (0.68-1.31)	
								23.0-24.9	1.00	
								25.0-26.9	1.34 (0.98-1.84)	
								27.0-29.9	1.35 (0.95-1.92)	
								30.0-39.9	1.91 (1.21-3.03)	
						BMI, men, never smokers		14.0-18.9	2.82 (1.33-5.95)	
								19.0-20.9	1.17 (0.63-2.18)	
								21.0-22.9	1.62 (1.01-2.58)	
								23.0-24.9	1.00	
								25.0-26.9	1.17 (0.69-1.99)	
								27.0-29.9	1.63 (0.92-2.91)	
								30.0-39.9	1.47 (0.51-4.21)	
						BMI, men, past smokers		14.0-18.9	2.00 (0.80-5.01)	
								19.0-20.9	2.93 (1.75-4.92)	
								21.0-22.9	1.60 (0.99-2.58)	
								23.0-24.9	1.00	

							BMI, men, current smokers	25.0-26.9 27.0-29.9 30.0-39.9 14.0-18.9 19.0-20.9 21.0-22.9 23.0-24.9 25.0-26.9 27.0-29.9 30.0-39.9 14.0-18.9 19.0-20.9 21.0-22.9 23.0-24.9 25.0-26.9 27.0-29.9 30.0-39.9	1.09 (0.63-1.89) 1.57 (0.86-2.86) 1.50 (0.52-4.27) 2.11 (1.46-3.04) 1.37 (1.04-1.81) 1.20 (0.94-1.55) 1.00 1.14 (0.84-1.54) 1.19 (0.80-1.78) 2.31 (1.34-3.99) 2.11 (1.37-3.23) 0.99 (0.68-1.45) 1.02 (0.75-1.39) 1.00 1.33 (0.97-1.82) 1.23 (0.84-1.79) 1.79 (1.08-2.96)	
Miyazaki M et al, 2002, Japan	Four towns, western Japan	1987-1990 – 1995-1998, ~8 years follow-up	7301 men and 8825 women, age 40-69 years: 502 / 287 deaths 1604 and 7711 never smokers: 293 deaths 5697 and 1114 ever smokers: 496 deaths	Self-reported	No	First two years of follow-up excluded in sensitivity analyses (risk estimates not reported)	BMI, men BMI, men, never smokers BMI, women BMI, women, never smokers BMI, men, ever smokers BMI, women, ever smokers	<20 20-<22 22-<24 24-<26 ≥26 <20 20-<22 22-<24 24-<26 ≥26 <20 20-<22 22-<24 24-<26 ≥26 <20 20-<22 22-<24 24-<26 ≥26 <20 20-<22 22-<24 24-<26 ≥26 <20 20-<22 22-<24 24-<26 ≥26 <20	1.78 (1.38-2.29) 1.35 (1.06-1.73) 1.00 0.91 (0.67-1.22) 1.11 (0.79-1.56) 3.30 (1.65-6.60) 2.10 (1.05-4.20) 1.00 0.96 (0.41-2.25) 1.37 (0.57-3.31) 1.92 (1.35-2.72) 1.22 (0.85-1.76) 1.00 1.26 (0.86-1.84) 1.56 (1.05-2.31) 2.33 (1.57-3.45) 1.27 (0.81-1.84) 1.00 1.27 (0.82-1.96) 1.57 (0.99-2.50) 1.61 (1.23-2.11) 1.27 (0.97-1.65) 1.00 0.91 (0.66-1.25) 1.09 (0.75-1.55) 0.93 (0.42-2.04)	Age, smoking

								20-<22 22-<24 24-<26 ≥26	1.25 (0.59-2.62) 1.00 1.22 (0.56-2.67) 1.46 (0.68-3.11)	
Wang Z et al, 2002, Australia	Aboriginal renal disease screening program	1992-1995 - 2001, 7.4 years follow-up	744 aboriginal adults, age 20-77 years: 87 deaths	Measured	No	Excluded first 4 years of follow-up	BMI BMI, smoker and drinker BMI, non-smoker and non-drinkers BMI, either smoker or drinker BMI, excluding 1 st 4 years of follow-up	18.1 21.7 24.7 30.1 18.1 21.7 24.7 30.1 18.1 21.7 24.7 30.1 18.1 21.7 24.7 30.1 18.1 21.7 24.7 30.1	1.00 0.92 (0.54-1.59) 0.71 (0.40-1.26) 0.38 (0.19-0.75) 1.00 1.08 (0.53-2.20) 0.80 (0.36-1.74) 0.42 (0.14-1.27) 1.00 0.41 (0.08-2.02) 0.12 (0.02-0.86) 0.08 (0.01-0.52) 1.00 0.74 (0.25-2.20) 0.90 (0.33-2.43) 0.48 (0.16-1.45) 1.00 1.13 (0.53-2.40) 0.93 (0.42-2.07) 0.55 (0.22-1.37)	Age, sex, smoking status, drinking
Miller MD et al, 2002, Australia	The Australian Longitudinal Study of Ageing	1992-2000, 8 years follow-up	1396 men and women, age ≥70 years: 579 deaths	Measured	No	No	BMI	<20 20-25 >25-30 >30	1.36 (0.94-1.99) 1.00 0.99 (0.82-1.21) 1.13 (0.86-1.49)	Age, sex, marital status, self-rated health, smoking status, comorbid conditions, presence of depression, cognitive performance, assistance required with ADL, corrected arm muscle area
Somes GW et al, 2002, USA	Systolic Hypertension in the Elderly Program	1984-1990, 4.5 years follow-up	4485 men and women, age ≥60 years: 351 deaths	Measured	No	First 2 years of follow-up excluded in sensitivity analyses	BMI	<23.6 23.6-<28.0 28.0-<31.0 ≥31.0	1.35 (1.00-1.82) 1.00 1.02 (0.72-1.45) 1.15 (0.76-1.76)	Age, gender, current smoking status, presence of myocardial infarction, diabetes, stroke
Engeland A et al, 2003, Norway	Norwegian Tuberculosis Screening Program and Norwegian Health Surveys (Nord-	1963-2000 - 2001, 22.1 years follow-up	1977953 men and women, age 20-74 years: 722606 deaths 111846	Measured	No	Sensitivity analysis excluding first 4 years of follow-up (results did not change)	BMI, men	<17.50 17.50-18.49 18.50-19.49 19.50-20.49 20.50-21.49 21.50-22.49 22.50-23.49	1.74 (1.62-1.87) 1.43 (1.37-1.49) 1.29 (1.25-1.32) 1.18 (1.15-1.20) 1.09 (1.07-1.10) 1.02 (1.01-1.04) 1.00	Age, birth cohort, height

	Trøndelag Health Study - HUNT-1 & 2, Hordaland Health Study - HUSK, The Norwegian Counties Study - Finmark, Sogn og Fjordane, Oppland, the Study of 40-year Olds, Oslo Study 1 and 2)		(estimated) never smokers: 3776/ 4783 deaths (m/w)				<p>BMI, women</p> <p>BMI, men, never smokers</p> <p>BMI, women, never smokers</p>	<p>23.50-24.99 25.00-27.49 27.50-29.99 30.00-32.49 32.50-34.99 35.00-37.49 37.50-39.99 ≥40 <17.50 17.50-18.49 18.50-19.49 19.50-20.49 20.50-21.49 21.50-22.49 22.50-23.49 23.50-24.99 25.00-27.49 27.50-29.99 30.00-32.49 32.50-34.99 35.00-37.49 37.50-39.99 ≥40 <17.50 17.50-18.49 18.50-19.49 19.50-20.49 20.50-21.49 21.50-22.49 22.50-23.49 23.50-24.99 25.00-27.49 27.50-29.99 30.00-32.49 32.50-34.99 35.00-37.49 37.50-39.99 ≥40 <17.50 17.50-18.49 18.50-19.49 19.50-20.49 20.50-21.49</p>	<p>1.00 (0.99-1.01) 1.04 (1.02-1.05) 1.13 (1.12-1.15) 1.29 (1.27-1.31) 1.47 (1.43-1.51) 1.74 (1.66-1.83) 1.90 (1.74-2.08) 2.53 (2.24-2.85) 1.96 (1.87-2.06) 1.53 (1.47-1.59) 1.32 (1.29-1.36) 1.17 (1.14-1.20) 1.08 (1.06-1.11) 1.03 (1.01-1.05) 1.00 0.98 (0.97-1.00) 1.01 (0.99-1.02) 1.08 (1.06-1.09) 1.16 (1.14-1.18) 1.28 (1.25-1.30) 1.40 (1.37-1.43) 1.62 (1.57-1.67) 1.93 (1.86-2.00) 2.06 (0.91-4.63) 1.23 (0.71-2.15) 1.21 (0.85-1.73) 0.96 (0.73-1.27) 1.04 (0.86-1.26) 0.90 (0.77-1.07) 1.00 1.03 (0.91-1.17) 1.11 (0.98-1.25) 1.34 (1.18-1.53) 1.58 (1.35-1.85) 2.29 (1.85-2.83) 1.47 (1.01-2.15) 3.45 (2.09-5.69) 3.30 (1.93-5.64) 2.39 (1.65-3.45) 1.57 (1.13-2.18) 1.28 (1.02-1.62) 0.98 (0.81-1.18) 1.00 (0.86-1.18)</p>	
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								21.50-22.49 22.50-23.49 23.50-24.99 25.00-27.49 27.50-29.99 30.00-32.49 32.50-34.99 35.00-37.49 37.50-39.99 ≥40	0.95 (0.83-1.10) 1.00 0.91 (0.80-1.03) 0.97 (0.86-1.09) 1.06 (0.94-1.20) 1.19 (1.04-1.36) 1.23 (1.05-1.44) 1.45 (1.21-1.75) 1.61 (1.26-2.05) 2.47 (1.96-3.11)	
Lubin F et al, 2003, Israel	Israeli Population Registry	1982-2000, 18 years follow-up	632 men and women, age 41-70 years: 151 deaths	Measured	Excluded participant with diabetes or other chronic disease	No	BMI	<25 25-29.9 ≥30.0	1.00 0.76 (0.53-1.08) 1.02 (0.61-1.68)	Age, ethnicity, sex, smoking, SBP, physical activity, fatty acids, E% from fat, cholesterol, dietary fiber
Thorogood M et al, 2003, United Kingdom	Oxford Vegetarian Study	1980-1984 – 2000, 18 years follow-up	10858 men and women, age 16-89 years: 1134 deaths	Self-reported	Prevalent cancers excluded	First 5 years of follow-up excluded in sensitivity analyses (results not altered, but risk estimates not reported)	BMI	<18 18-<20 20-<22 22-<24 24-<26 26-<28 ≥28	2.07 (1.58-2.70) 1.24 (1.02-1.50) 1.00 1.12 (0.94-1.33) 1.29 (1.07-1.56) 1.15 (0.90-1.47) 1.28 (0.97-1.70)	Age, sex, smoking status and cigarettes per day, pre-existing cardiovascular disease or diabetes
Hosegood V et al, 2003, Bangladesh	Determinants of Natural Fertility Study	1975-79 - 1993, 19 years follow-up	1888 women, mean age 27.9 years: 102 deaths	Measured	No	No	BMI	<17.3 17.3-18.41 18.42-19.61 ≥19.62	1.00 0.82 (0.50-1.37) 0.46 (0.25-0.87) 0.89 (0.52-1.52)	Age, education
Kuriyama S et al, 2004, Japan	Miyagi Cohort Study	1990-2001, 10.4 years follow-up	39610 men and women, age 40-64 years: 1688 deaths	Self-reported	Prevalent cancers, stroke, myocardial infarction, kidney disease, and liver disease excluded	Excluded first 3 years of follow-up in sensitivity analyses	BMI, men BMI, women	<18.5 18.5-20.9 21.0-22.9 23.0-24.9 25.0-26.9 27.0-29.9 ≥30.0 <18.5 18.5-20.9 21.0-22.9 23.0-24.9 25.0-26.9 27.0-29.9 ≥30.0	2.05 (1.53-2.74) 1.10 (0.92-1.31) 0.97 (0.83-1.15) 1.00 0.92 (0.76-1.12) 1.01 (0.80-1.29) 1.00 (0.62-1.60) 1.76 (1.16-2.67) 0.88 (0.66-1.17) 0.92 (0.72-1.17) 1.00 0.91 (0.70-1.17) 0.95 (0.70-1.27) 1.65 (1.13-2.40)	Age, weight loss of 5 kg or more since age 20 years old, marital status, cigarette smoking status and cigarettes per day, alcohol, walking time

							BMI, men, first 3 years of follow-up excluded BMI, women, first 3 years of follow-up excluded	<18.5 18.5-20.9 21.0-22.9 23.0-24.9 25.0-26.9 27.0-29.9 ≥30.0 <18.5 18.5-20.9 21.0-22.9 23.0-24.9 25.0-26.9 27.0-29.9 ≥30.0	2.06 (1.49-2.84) 1.12 (0.92-1.36) 0.98 (0.82-1.17) 1.00 0.96 (0.77-1.18) 1.05 (0.81-1.36) 0.85 (0.49-1.49) 1.83 (1.17-2.88) 0.82 (0.60-1.14) 0.92 (0.70-1.19) 1.00 1.02 (0.78-1.34) 0.93 (0.67-1.28) 1.64 (1.09-2.49)	
Stevens J et al, 2004, Russia	Lipid Research Clinics Study - Russia	1972-77 – 1995, ~20.5 years follow-up	1359 Russian men, age 40-59 years: 211 deaths	Measured	Subjects with coronary heart disease, stroke, and BMI <18.5 were excluded	First year of follow-up was excluded	BMI	18.6-22.8 22.9-24.8 24.9-26.5 26.6-28.5 28.6-37.4	1.00 0.90 (0.56-1.44) 1.19 (0.74-1.92) 0.88 (0.53-1.44) 0.88 (0.55-1.41)	Age, smoking status and cigarettes per day, education, alcohol, Keys score
Sundquist K et al, 2004, Sweden	Swedish Annual Level-of-Living Survey	1988-89 – 2000, 12 years follow-up	3206 men and women, age 65-≥96 years: 881/925 deaths	Self-reported	No	No	BMI	≤18.5 18.6-<25.0 25.0-<30.0 ≥30.0	1.45 (1.16-1.81) 1.00 0.87 (0.78-0.96) 1.09 (0.91-1.30)	Age, sex, smoking status, physical activity, education
Maru S et al, 2004, Netherlands	Diagnostisch Onderzoek Mamma-carcinoom	1974-1977 – 1996, 17 years follow-up	8100 women, age 50-66 years: 1269 deaths	Measured	Prevalent medication use for hypertension, cardiovascular disease, or diabetes, or being on a salt-free or diabetic diet	No	BMI	21.6 24.4 26.5 30.5	1.0 0.9 (0.8-1.1) 1.1 (0.9-1.2) 1.4 (1.2-1.6)	Age, smoking status and cigarettes per day, weight change status within a year
Hu FB et al, 2004, USA	Nurses' Health Study	1976 – 2000, 24 years follow-up	116564 women, age 30-55 years: 10282 deaths 51080 never smokers: 3262	Self-reported (validated)	Prevalent cardiovascular disease and cancer excluded	No	BMI, all women	<21.0 21.0-22.9 23.0-24.9 25.0-26.9 27.0-29.9 30.0-32.9 33.0-34.9 35.0-39.9	1.00 0.91 (0.86-0.97) 0.92 (0.87-0.98) 0.99 (0.93-1.07) 1.26 (1.18-1.36) 1.57 (1.44-1.71) 1.73 (1.52-1.97) 2.02 (1.79-2.29)	Age, smoking status and cigarettes per day, PH – CHD, menopausal status and hormone use, alcohol, physical activity

			<p>deaths</p> <p>27194 former smokers: 1885 deaths</p> <p>37596 current smokers: 5056 deaths</p>				<p>BMI, women who never smoked</p> <p>BMI, former smokers</p> <p>BMI, current smokers</p> <p>BMI, all women</p> <p>BMI, women who never smoked</p>	<p>≥40.0</p> <p><21.0</p> <p>21.0-22.9</p> <p>23.0-24.9</p> <p>25.0-26.9</p> <p>27.0-29.9</p> <p>30.0-32.9</p> <p>33.0-34.9</p> <p>35.0-39.9</p> <p>≥40.0</p> <p><21.0</p> <p>21.0-22.9</p> <p>23.0-24.9</p> <p>25.0-26.9</p> <p>27.0-29.9</p> <p>30.0-32.9</p> <p>33.0-34.9</p> <p>35.0-39.9</p> <p>≥40.0</p> <p><21.0</p> <p>21.0-22.9</p> <p>23.0-24.9</p> <p>25.0-26.9</p> <p>27.0-29.9</p> <p>30.0-32.9</p> <p>33.0-34.9</p> <p>35.0-39.9</p> <p>≥40.0</p> <p><25.0</p> <p>25.0-29.9</p> <p>≥30.0</p> <p><25.0</p> <p>25.0-29.9</p> <p>≥30.0</p>	<p>2.89 (2.47-3.38)</p> <p>1.00</p> <p>1.02 (0.91-1.15)</p> <p>1.09 (0.97-1.23)</p> <p>1.23 (1.07-1.40)</p> <p>1.61 (1.42-1.83)</p> <p>1.96 (1.69-2.26)</p> <p>2.10 (1.70-2.59)</p> <p>2.29 (1.87-2.80)</p> <p>3.71 (2.91-4.72)</p> <p>1.00</p> <p>0.94 (0.81-1.09)</p> <p>1.05 (0.91-1.22)</p> <p>1.01 (0.85-1.21)</p> <p>1.27 (1.07-1.51)</p> <p>1.68 (1.38-2.04)</p> <p>1.83 (1.39-2.04)</p> <p>2.44 (1.92-3.11)</p> <p>3.52 (2.59-4.80)</p> <p>1.00</p> <p>0.86 (0.80-0.93)</p> <p>0.83 (0.76-0.90)</p> <p>0.90 (0.82-1.00)</p> <p>1.13 (1.02-1.25)</p> <p>1.34 (1.18-1.53)</p> <p>1.60 (1.29-1.98)</p> <p>1.79 (1.45-2.21)</p> <p>2.07 (1.53-2.80)</p> <p>1.00</p> <p>1.13 (1.06-1.20)</p> <p>1.69 (1.57-1.82)</p> <p>1.00</p> <p>1.36 (1.22-1.51)</p> <p>1.99 (1.76-2.25)</p>	
Hu G et al, 2005, Finland	Finnish MONICA study	1972-1997, 17.7 years follow-up	22528 men and 24684 women, age 25-64 years: 7394 deaths	Measured	Subjects with coronary heart disease, stroke, heart failure, cancer	First 2 years of follow-up were excluded in sensitivity analyses, but results were not altered (data not shown)	<p>BMI, men</p> <p>BMI, women</p>	<p><18.5</p> <p>18.5-24.9</p> <p>25.0-29.9</p> <p>≥30.0</p> <p><18.5</p> <p>18.5-24.9</p> <p>25.0-29.9</p> <p>≥30.0</p>	<p>2.79 (1.85-4.22)</p> <p>1.00</p> <p>0.93 (0.87-1.00)</p> <p>1.17 (1.07-1.28)</p> <p>1.69 (1.15-2.48)</p> <p>1.00</p> <p>1.00 (0.91-1.10)</p> <p>1.15 (1.04-1.27)</p>	Age, study year, SBP, smoking status, cholesterol, diabetes, physical activity

							BMI, postmenopausal women	≥ 30.0 < 18.5 18.5-24.9 25.0-29.9	2.16 (1.60-2.92) 1.56 (0.96-2.55) 1.00 0.85 (0.67-1.07)	
							BMI, premenopausal women, prevalent cancer cases excluded	≥ 30.0 < 18.5 18.5-24.9 25.0-29.9	1.28 (0.92-1.77) 1.39 (0.88-2.19) 1.00 1.22 (0.97-1.53)	
							BMI, postmenopausal women	≥ 30.0 < 18.5 18.5-24.9 25.0-29.9 ≥ 30.0	2.54 (1.88-3.42) 1.39 (0.78-2.49) 1.00 0.83 (0.64-1.07) 1.35 (0.95-1.91)	
Chang-Claude J et al, 2005, Germany	The German Vegetarian Study	1978-1999, 21 years follow-up	1904 men and women, age $<34 \geq 75$ years: 456 deaths	Self-reported	No	No	BMI	< 18.5 18.5-25.0 > 25.0	1.13 (0.85-1.51) 1.00 1.12 (0.82-1.51)	Age, sex, smoking status, alcohol consumption, physical activity, education, vegetarian status
Breeze E et al, 2006, United Kingdom	Whitehall Study	1997-1998 – 2002, 5.4 years follow-up	3411 ever smoking men, age 40-69 years: 822 deaths	Measured	Prevalent CVD, MI, stroke, angina, diabetes, cancer, COPD, claudication excluded in sensitivity analyses	No	BMI, ever smokers	< 22.7 22.7- < 24.4 24.4- < 26.1 ≥ 26.1	1.20 (1.00-1.50) 1.00 0.93 (0.70-1.20) 1.00 (0.80-1.20)	Age, marital status, employment grade, alcohol, unable to do at least one activity of daily living, poor physical performance
							BMI, never smokers	< 22.7 22.7- < 24.4 24.4- < 26.1 ≥ 26.1	1.26 (0.90-1.80) 1.00 0.78 (0.50-1.20) 1.39 (1.00-2.00)	
Gu D et al, 2006, China	China National Hypertension Survey	1991 – 1999-2000, 8.3 years follow-up	154736 men and women, age ≥ 40 years: 17687 deaths	Measured	Stratified analyses among high-risk participants (prevalent cardiovascular disease, stroke, cancer, end-stage renal disease, chronic obstructive pulmonary syndrome,	Sensitivity analyses excluding first 3 years of follow-up were reported	BMI, all	< 18.5 18.5-19.9 20.0-20.9 21.0-21.9 22.0-22.9 23.0-23.9 24.0-24.9 25.0-26.9 27.0-29.9 ≥ 30.0	1.65 (1.54-1.77) 1.31 (1.22-1.41) 1.20 (1.11-1.29) 1.12 (1.04-1.21) 1.11 (1.03-1.20) 1.09 (1.01-1.19) 1.00 1.00 (0.92-1.08) 1.15 (1.06-1.24) 1.29 (1.16-1.42)	Age, sex, smoking status, alcohol, physical activity, education, geographic region, urbanization
							BMI, men	< 18.5 18.5-19.9 20.0-20.9 21.0-21.9 22.0-22.9	1.64 (1.49-1.80) 1.32 (1.20-1.45) 1.17 (1.06-1.30) 1.10 (0.99-1.22) 1.10 (0.99-1.22)	

							<p>BMI, former smokers</p> <p><18.5 18.5-20.9 21.0-23.4 23.5-24.9 25.0-26.4 26.5-27.9 28.0-29.9 30.0-34.9 35.0-39.9 ≥40.0</p> <p>BMI, never smokers</p> <p><18.5 18.5-20.9 21.0-23.4 23.5-24.9 25.0-26.4 26.5-27.9 28.0-29.9 30.0-34.9 35.0-39.9 ≥40.0</p> <p>BMI, preexisting chronic disease</p> <p><18.5 18.5-20.9 21.0-23.4 23.5-24.9 25.0-26.4 26.5-27.9 28.0-29.9 30.0-34.9 35.0-39.9 ≥40.0</p> <p>BMI, no preexisting chronic disease</p> <p><18.5 18.5-20.9 21.0-23.4 23.5-24.9 25.0-26.4 26.5-27.9 28.0-29.9 30.0-34.9 35.0-39.9 ≥40.0</p>	<p>2.17 (1.82-2.59) 1.79 (1.64-1.95) 1.19 (1.13-1.26) 1.00 0.98 (0.93-1.03) 0.96 (0.91-1.01) 1.00 (0.95-1.05) 1.07 (1.02-1.12) 1.30 (1.22-1.39) 1.74 (1.58-1.92) 1.67 (1.24-2.24) 1.29 (1.12-1.49) 1.09 (1.00-1.19) 1.00 0.97 (0.89-1.05) 1.09 (1.00-1.18) 1.20 (1.10-1.30) 1.39 (1.28-1.51) 1.91 (1.70-2.15) 2.59 (2.20-3.06) 1.91 (1.66-2.20) 1.60 (1.48-1.73) 1.20 (1.13-1.26) 1.00 0.94 (0.90-0.99) 0.91 (0.86-0.96) 0.94 (0.89-0.99) 0.98 (0.93-1.03) 1.10 (1.02-1.18) 1.41 (1.26-1.57) 1.70 (1.42-2.04) 1.35 (1.24-1.47) 1.08 (1.02-1.13) 1.00 0.96 (0.91-1.01) 0.99 (0.94-1.04) 1.06 (1.00-1.11) 1.19 (1.14-1.25) 1.57 (1.57-1.69) 2.24 (2.02-2.49)</p>	
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							BMI, all women	<18.5	2.03 (1.84-2.25)
								18.5-20.9	1.30 (1.22-1.38)
								21.0-23.4	1.07 (1.01-1.13)
								23.5-24.9	1.00
								25.0-26.4	1.00 (0.94-1.07)
								26.5-27.9	1.06 (0.99-1.12)
								28.0-29.9	1.07 (1.01-1.14)
								30.0-34.9	1.18 (1.12-1.25)
								35.0-39.9	1.49 (1.39-1.60)
								≥40.0	1.94 (1.79-2.09)
							BMI, current smokers	<18.5	1.87 (1.62-2.17)
								18.5-20.9	1.24 (1.12-1.37)
								21.0-23.4	1.01 (0.92-1.11)
								23.5-24.9	1.00
								25.0-26.4	0.96 (0.86-1.07)
								26.5-27.9	0.88 (0.78-0.99)
								28.0-29.9	0.94 (0.83-1.05)
								30.0-34.9	1.10 (0.99-1.22)
								35.0-39.9	1.28 (1.10-1.49)
								≥40.0	1.61 (1.33-1.93)
							BMI, former smokers	<18.5	2.45 (2.03-2.96)
								18.5-20.9	1.41 (1.27-1.57)
								21.0-23.4	1.13 (1.04-1.24)
								23.5-24.9	1.00
								25.0-26.4	1.00 (0.91-1.11)
								26.5-27.9	1.10 (0.99-1.21)
								28.0-29.9	1.09 (0.99-1.20)
								30.0-34.9	1.13 (1.04-1.24)
								35.0-39.9	1.39 (1.25-1.54)
								≥40.0	1.75 (1.56-1.97)
							BMI, never smokers	<18.5	1.70 (1.35-2.15)
								18.5-20.9	1.21 (1.06-1.37)
								21.0-23.4	1.06 (0.96-1.18)
								23.5-24.9	1.00
								25.0-26.4	1.09 (0.97-1.22)
								26.5-27.9	1.21 (1.08-1.36)
								28.0-29.9	1.27 (1.13-1.42)
								30.0-34.9	1.38 (1.25-1.53)
								35.0-39.9	1.82 (1.62-2.06)
								≥40.0	2.52 (2.20-2.88)

							BMI, preexisting chronic disease	<18.5 18.5-20.9 21.0-23.4 23.5-24.9 25.0-26.4 26.5-27.9 28.0-29.9 30.0-34.9 35.0-39.9 ≥40.0	2.02 (1.75-2.32) 1.32 (1.21-1.45) 1.01 (0.93-1.09) 1.00 0.94 (0.85-1.03) 0.98 (0.89-1.07) 0.94 (0.86-1.03) 0.95 (0.87-1.03) 1.21 (1.10-1.34) 1.29 (1.15-1.45)	
							BMI, no preexisting chronic disease	<18.5 18.5-20.9 21.0-23.4 23.5-24.9 25.0-26.4 26.5-27.9 28.0-29.9 30.0-34.9 35.0-39.9 ≥40.0	1.86 (1.61-2.14) 1.26 (1.16-1.37) 1.12 (1.04-1.20) 1.00 1.05 (0.97-1.14) 1.11 (1.02-1.21) 1.15 (1.06-1.25) 1.34 (1.24-1.44) 1.61 (1.47-1.77) 2.42 (2.18-2.68)	
Tsai SP et al, 2006, USA	Shell Oil Company	1983-2003, 20 years follow-up	7139 men and women, age ≥30 years: 970 deaths	NA	No	No	BMI	18.5-24.9 25.0-29.9 ≥30.0	1.00 0.94 (0.80-1.09) 1.25 (1.03-1.51)	Age, sex, smoking status
Van Dam RM et al, 2006, USA	Nurses' Health Study 2	1989 – 2001, 12 years follow-up	102400 women, age 24-44 years: 710 deaths	Self-reported	Prevalent cancers or pregnancy at study initiation were excluded	No	BMI	<18.5 18.5-21.9 22.0-24.9 25.0-29.9 30.0-34.9 ≥35.0	1.67 (1.15-2.42) 1.00 1.16 (0.96-1.41) 1.29 (1.04-1.59) 1.35 (1.01-1.80) 2.14 (1.61-2.85)	Age, smoking status and cigarettes per day, physical activity, alcohol, HRT, OC use
Jee SH et al, 2006, Korea	Korea National Health Insurance Corporation Study	1992-1995 – 2004, 12 years follow-up	1213829 men and women, age 30-95 years: 82372 deaths 160276/	Measured	Atherosclerotic CVD, cancer, liver disease, diabetes, respiratory	First two years of follow-up excluded in main analyses	BMI, men	<18.5 18.5-19.9 20.0-21.4 21.5-22.9 23.0-24.9 25.0-26.4 26.5-27.9	1.35 (1.30-1.41) 1.19 (1.15-1.23) 1.16 (1.13-1.20) 1.09 (1.06-1.12) 1.00 0.97 (0.94-1.00) 0.99 (0.95-1.03)	Age, cigarette smoking status and number of cigarettes per day, alcohol, exercise

		415790 never smokers: 9657 /18558 deaths		disease			28.0-29.9 30.0-31.9 ≥32.0	1.06 (1.00-1.12) 1.20 (1.08-1.34) 2.11 (1.78-2.50)	
		610280 ever smokers (men): 48655				BMI, women	<18.5 18.5-19.9 20.0-21.4 21.5-22.9 23.0-24.9 25.0-26.4 26.5-27.9 28.0-29.9 30.0-31.9 ≥32.0	1.16 (1.09-1.23) 1.11 (1.05-1.17) 0.99 (0.95-1.04) 1.00 (0.95-1.04) 1.00 0.98 (0.94-1.03) 1.02 (0.97-1.08) 1.09 (1.02-1.16) 1.16 (1.06-1.28) 1.22 (1.08-1.38)	
						BMI, men, never smokers	<18.5 18.5-19.9 20.0-21.4 21.5-22.9 23.0-24.9 25.0-26.4 26.5-27.9 28.0-29.9 30.0-31.9 ≥32.0	1.3 (1.2-1.4) 1.1 (1.0-1.2) 1.0 (1.0-1.1) 1.0 (0.9-1.1) 1.0 1.0 (0.9-1.1) 1.1 (1.0-1.2) 1.1 (1.0-1.3) 1.5 (1.3-1.9) 2.5 (1.8-3.5)	
						BMI, men, ever smokers	<18.5 18.5-19.9 20.0-21.4 21.5-22.9 23.0-24.9 25.0-26.4 26.5-27.9 28.0-29.9 30.0-31.9 ≥32.0	1.4 (1.3-1.4) 1.2 (1.1-1.2) 1.2 (1.1-1.2) 1.1 (1.1-1.1) 1.0 1.0 (0.9-1.0) 1.0 (0.9-1.0) 1.0 (1.0-1.1) 1.1 (1.0-1.3) 2.1 (1.7-2.5)	
						BMI, women, never smokers	<18.5 18.5-19.9 20.0-21.4 21.5-22.9 23.0-24.9 25.0-26.4 26.5-27.9 28.0-29.9 30.0-31.9 ≥32.0	1.2 (1.1-1.3) 1.1 (1.0-1.1) 1.0 (1.0-1.0) 1.0 (1.0-1.1) 1.0 1.0 (0.9-1.0) 1.0 (1.0-1.1) 1.1 (1.1-1.2) 1.2 (1.1-1.3) 1.2 (1.1-1.4)	

Lawlor DA et al, 2006, Scotland	Renfrew/Paisley study	1972-1976 – 2004, 28 years follow-up	8327 women and 7017 men, age 45-64 years: 5242/5019 deaths (m/w) 1112/3652 never smokers: 666/1986 deaths 7242 current smokers 5158 deaths	Measured	No	Sensitivity analyses excluding first 5 years of follow-up	BMI, men BMI, women BMI, men, never smokers, excl. first 5 years BMI, women, never smokers, excl. first 5 years BMI, men, current smokers, excl. first 5 years BMI, women, current smokers, excl. first 5 years	<18.5 18.5-<25 25-<30 ≥30 <18.5 18.5-<25 25-<30 ≥30 18.5-<25 25-<30 ≥30 <18.5 18.5-<25 25-<30 ≥30 <18.5 18.5-<25 25-<30 ≥30	1.34 (1.00-1.81) 1.00 0.90 (0.85-0.95) 1.08 (0.99-1.19) 1.80 (1.52-2.14) 1.00 0.97 (0.91-1.03) 1.28 (1.18-1.38) 1.00 1.38 (1.16-1.66) 2.10 (1.66-2.66) 1.00 1.12 (1.01-1.23) 1.56 (1.39-1.76) 1.09 (0.76-1.57) 1.00 0.95 (0.88-1.02) 1.08 (0.94-1.24) 1.57 (1.28-1.93) 1.00 0.99 (0.90-1.08) 1.24 (1.09-1.40)	Age
Lawlor DA et al, 2006, Scotland	Collaborative Study	1970-1973 – 2004, 34 years follow-up	4016 men, age 45-64 years: 2957 deaths 573 never smokers: 302 deaths 2116 current smokers 1609 deaths	Measured	No	Sensitivity analyses excluding first 5 years of follow-up	BMI BMI, never smokers, excl. first 5 years BMI, men, current smokers, excl. first 5 years	<18.5 18.5-<25 25-<30 ≥30 18.5-<25 25-<30 ≥30 <18.5 18.5-<25 25-<30 ≥30	1.36 (0.94-1.98) 1.00 1.01 (0.94-1.09) 1.28 (1.11-1.49) 1.00 1.23 (0.96-1.58) 1.96 (1.35-2.84) 1.25 (0.82-1.90) 1.00 1.10 (1.00-1.22) 1.22 (0.97-1.54)	Age
Price GM et al, 2006, United Kingdom	The MRC Trial of Assessment and Management of Older People in the Community	NA – 2002, 5.9 years follow-up	14833 men and women, age >75 years: 6649 deaths	Measured	Prevalent cancer, MI, stroke, diabetes, Parkinson's disease, hip fracture, angina, weight loss, pneumonia,	First 1 and 2 years excluded in sensitivity analyses	BMI, nonsmoking men (not current smoking) BMI, nonsmoking women	15.9-23.0 >23.0-25.0 >25.0-26.7 >26.7-29.0 >29.0-40.4 14.7-22.3 >22.3-24.6 >24.6-26.8 >26.8-29.7 >29.7-45.2	1.00 0.84 (0.71-0.98) 0.77 (0.67-0.88) 0.73 (0.63-0.85) 0.78 (0.68-0.90) 1.00 0.92 (0.83-1.02) 0.73 (0.65-0.83) 0.76 (0.67-0.87) 0.82 (0.71-0.93)	Age, height, serious illness in loved one in the past year, depression, cognitive impairment, unexplained recent weight loss >3.2 kg, housing type, UK quintiles of Carstairs area deprivation score, former smoking (in nonsmokers only), alcohol

					leg ulcer, cognitively impaired, not able to carry out 1 or more ADLs, ≥ 2 falls in previous 6 months, no physical activity excluded in sensitivity analyses		BMI, smoking men BMI, smoking women	15.9-23.0 >23.0-25.0 >25.0-26.7 >26.7-29.0 >29.0-40.4 14.7-22.3 >22.3-24.6 >24.6-26.8 >26.8-29.7 >29.7-45.2	1.00 0.65 (0.50-0.86) 0.51 (0.38-0.70) 0.75 (0.61-1.11) 0.73 (0.49-1.10) 1.00 0.76 (0.55-1.04) 0.60 (0.41-0.88) 0.51 (0.34-0.78) 0.43 (0.27-0.67)	
Schooling CM et al, 2006, China	Hong Kong Elderly	1998-2003, 4.1 years follow-up	56167 men and women, age ≥ 65 years: 3819 deaths	Unclear (recorded)	Stratified analyses by number of co- morbidity	No	BMI BMI, excluding 1 st 2 years of follow-up BMI, 0 comorbidities BMI, 1 comorbidity BMI, 2 comorbidities BMI, 3 comorbidities BMI, 4-12 comorbidities	<18.5 18.5-<23 23-<25 ≥ 25 <18.5 18.5-<23 23-<25 ≥ 25 <18.5 18.5-<23 23-<25 ≥ 25 <18.5 18.5-<23 23-<25 ≥ 25 <18.5 18.5-<23 23-<25 ≥ 25 <18.5 18.5-<23 23-<25 ≥ 25 <18.5 18.5-<23 23-<25 ≥ 25	1.78 (1.61-1.97) 1.00 0.84 (0.77-0.92) 0.75 (0.70-0.82) 1.72 (1.51-1.97) 1.00 0.87 (0.78-0.97) 0.83 (0.75-0.92) 1.76 (1.00-3.08) 1.00 0.96 (0.58-1.59) 1.54 (1.02-2.33) 1.41 (1.01-1.97) 1.00 1.04 (0.81-1.33) 0.98 (0.78-1.239) 2.22 (1.81-2.73) 1.00 0.82 (0.68-0.99) 0.72 (0.61-0.85) 1.81 (1.45-2.26) 1.00 0.70 (0.58-0.84) 0.64 (0.55-0.75) 1.76 (1.51-2.07) 1.00 0.72 (0.63-0.83) 0.55 (0.49-0.63)	Age, sex, education, ever drinking alcohol, ever smoking, monthly personal expenditure, housing, physical activity

Baldinger B et al, 2006, Switzerland	Cohort of Swiss Insured Males	1976-2001, 8.2 years follow-up	22927 men, mean age 39 years: 588 deaths	Measured	No	No	BMI	<18.5 18.5-24.9 25.0-29.9 ≥30.0	1.84 (0.76-4.48) 1.00 1.06 (0.89-1.27) 1.76 (1.34-2.30)	Age, calendar year, blood pressure, smoking, impaired glucose metabolism, history of other disease
Ray AL et al, 2006, USA	Women's Health and Aging Study 1 & 2	1992-1997, 5 years follow-up	632 women, age ≥65 years: 89 deaths	NA	No	No	BMI	<18.5 18.5-24.9 25.0-29.9 ≥30.0	2.69 (1.07-6.72) 1.00 0.59 (0.31-1.13) 0.97 (0.51-1.82)	Age, education, alcohol, smoking status, fair-to-poor appetite, diabetes mellitus, CVD, renal disease, serum selenium
Freedman DM et al, 2006, USA	The US Radiologic Technologists study	1983-89 – 2000, 14.7 years follow-up	64733 women and 19011 men, age <35-≥65 years: 2278 / 1495 deaths 32749/7392 never smokers: 850/365 deaths	Self-reported	Cancer, myocardial infarction	First 5 years of follow-up excluded in sensitivity analyses	BMI, all women BMI, women who never smoked BMI, women who never smoked and excluding 1st 5 years of follow-up BMI, all men BMI, men who never smoked	<18.5 18.5-20.9 21.0-22.9 23.0-24.9 25.0-26.9 27.0-29.9 30.0-34.9 ≥35.0 <18.5 18.5-20.9 21.0-22.9 23.0-24.9 25.0-26.9 27.0-29.9 30.0-34.9 ≥35.0 <18.5 18.5-20.9 21.0-22.9 23.0-24.9 25.0-26.9 27.0-29.9 30.0-34.9 ≥35.0 <18.5 18.5-20.9 21.0-22.9 23.0-24.9 25.0-26.9 27.0-29.9 30.0-34.9 ≥35.0 <18.5 18.5-20.9	1.64 (1.35-1.98) 1.09 (0.96-1.24) 1.00 1.03 (0.90-1.18) 1.15 (0.99-1.34) 1.38 (1.18-1.60) 1.25 (1.04-1.50) 2.10 (1.67-2.65) 1.55 (1.10-2.17) 0.99 (0.80-1.23) 1.00 1.02 (0.82-1.26) 1.30 (1.02-1.65) 1.36 (1.07-1.74) 1.10 (0.82-1.49) 2.14 (1.48-3.09) 1.05 (0.68-1.61) 0.94 (0.74-1.19) 1.00 1.00 (0.79-1.26) 1.30 (1.00-1.69) 1.40 (1.08-1.82) 1.07 (0.77-1.47) 2.37 (1.62-3.48) 1.34 (0.80-2.23) 1.43 (1.14-1.79) 1.00 0.98 (0.83-1.16) 0.79 (0.67-0.94) 0.88 (0.74-1.05) 1.42 (0.94-2.15) 1.84 (1.33-2.56) 0.90 (0.32-2.55) 1.13 (0.68-1.88)	Age, birth cohort, smoking status and duration, alcohol, race, education

								21.0-22.9 23.0-24.9 25.0-26.9 27.0-29.9 30.0-34.9 ≥35.0 <18.5 18.5-20.9 21.0-22.9 23.0-24.9 25.0-26.9 27.0-29.9 30.0-34.9 ≥35.0	1.00 1.01 (0.73-1.41) 0.71 (0.49-1.02) 0.84 (0.58-1.22) 1.42 (0.94-2.15) 2.82 (1.58-5.04) 0.62 (0.15-2.62) 1.13 (0.62-2.05) 1.00 1.01 (0.69-1.50) 0.80 (0.53-1.20) 0.87 (0.57-1.32) 1.70 (1.08-2.67) 3.46 (1.86-6.43)	
Freedman DM et al, 2006, USA	The US Radiologic Technologists study	1983-89 – 2002, 16.3 years follow-up	64120 women and 18760 men, age 22-92 years: 2721/1758 deaths NA never smokers: 980/422 deaths NA former smokers: 693/700 deaths NA current smokers: 889/618 deaths	Self-reported	Cancer and myocardial infarction	No	BMI, women, age <65 years, never smokers BMI, women, age ≥65 years, never smokers BMI, women, age <65 years, former smokers BMI, women, age ≥65 years, former smokers BMI, women, age <65 years, current smokers BMI, women, age ≥65 years, current smokers BMI, men, age <65 years, never smokers BMI, men, age ≥65 years,	18.5-24.9 25.0-29.9 30.0-34.9 ≥35.0 18.5-24.9 25.0-29.9 30.0-34.9 ≥35.0 18.5-24.9 25.0-29.9 30.0-34.9 ≥35.0 18.5-24.9 25.0-29.9 30.0-34.9 ≥35.0 18.5-24.9 25.0-29.9 30.0-34.9 ≥35.0 18.5-24.9	1.00 1.38 (1.10-1.72) 0.96 (0.65-1.43) 1.87 (1.19-2.95) 1.00 1.09 (0.89-1.33) 1.44 (1.08-1.92) 2.57 (1.68-3.95) 1.10 (0.91-1.33) 1.79 (1.40-2.29) 1.57 (1.02-2.40) 1.88 (1.10-3.22) 1.30 (1.09-1.55) 1.64 (1.32-2.04) 1.29 (0.88-1.89) 2.45 (1.48-4.06) 2.22 (1.90-2.60) 2.46 (1.96-3.10) 3.82 (2.74-5.32) 5.20 (3.30-8.20) 2.20 (1.86-2.62) 2.55 (1.99-3.25) 2.66 (1.63-4.36) 3.55 (1.57-8.02) 1.00 0.89 (0.67-1.20) 1.35 (0.87-2.08) 1.95 (1.02-3.74) 1.00	Birth cohort, race/ethnicity, education, alcohol, year first worked as a radiologic technologist by decade

							never smokers 25.0-29.9 30.0-34.9 ≥35.0 BMI, men, age <65 years, former smokers 18.5-24.9 25.0-29.9 30.0-34.9 ≥35.0 BMI, men, age ≥65 years, former smokers 18.5-24.9 25.0-29.9 30.0-34.9 ≥35.0 BMI, men, age <65 years, current smokers 18.5-24.9 25.0-29.9 30.0-34.9 ≥35.0 BMI, men, age ≥65 years, current smokers 18.5-24.9 25.0-29.9 30.0-34.9 ≥35.0	0.77 (0.57-1.03) 1.15 (0.70-1.89) 3.16 (1.27-7.84) 1.19 (0.90-1.58) 1.04 (0.79-1.37) 1.90 (1.33-2.72) 2.05 (1.07-3.95) 1.15 (0.90-1.48) 1.11 (0.86-1.42) 1.79 (1.26-2.55) 1.40 (0.59-3.30) 2.45 (1.91-3.15) 2.14 (1.64-2.79) 2.26 (1.49-3.44) 4.19 (2.38-7.37) 2.36 (1.81-3.09) 2.28 (1.69-3.08) 2.80 (1.52-5.16) 4.29 (1.73-10.64)	
Tice JA et al, 2006, USA	The Breast and Bone Follow-up of the Fracture Intervention Trial (B-FIT)	1990-1992 – 2001, 9 years follow-up	17748 postmenopausal women, age 55-80 years: 1886 deaths	Measured	No	No	BMI <18.5 18.5-24.9 25.0-29.9 30.0-34.9 ≥35	1.9 (1.4-2.5) 1.0 0.8 (0.7-0.9) 0.7 (0.6-0.8) 0.7 (0.6-0.9)	Age, hypertension, DM, heart disease, stroke, breast cancer, HRT, weight loss, self-reported health status, smoking status and pack-years, alcohol, physical function scale, WHR, SBP, heart rate, timed up and go test, grip strength
Corrada MM et al, 2006, USA	Leisure World Cohort Study	1981-2004, 23 years follow-up	13451 men and women, mean age 73 years: 11203 deaths	Self-reported	No	Excluding first 5 years of follow-up in sensitivity analyses	BMI 17.6 22.4 26.5 31.6 BMI, excluding first 5 years of follow-up 17.6 22.4 26.5 31.6	1.50 (1.37-1.64) 1.00 0.99 (0.95-1.03) 1.18 (1.07-1.31) 1.38 (1.24-1.54) 1.00 1.02 (0.98-1.08) 1.22 (1.10-1.37)	Age, sex, smoking status, activity
Gale CR et al, 2007, UK	UK Department of Health and Social Security Survey	1973-1974 - NA, 24 years follow-up	800 men and women, age ≥65 years: 756 deaths	Measured	No	Sensitivity analyses excluding first 5 years of follow-up	BMI <18.5 18.5-24.9 25-29.9 ≥30 BMI, excluding first 5 years of follow-up <18.5 18.5-24.9 25-29.9	1.41 (0.90-2.38) 1.00 1.00 (0.74-1.34) 1.14 (0.76-1.71) 2.03 (1.15-3.59) 1.00 1.05 (0.76-1.45)	Age, height, social class, smoking status, reported change in weight, calories, physical activity, diagnosed disease at baseline

								≥30	1.41 (1.05-2.07)	
Smith TC et al, 2007, USA	Rancho Bernardo Study	1984-1986 – 1996, 10 years follow-up	1627 men and women, age 50-90 years: 538 deaths	Measured	No	No	BMI	<18.5 18.5-25.0 25.0-29.9 ≥30.0	1.52 (0.90-2.59) 1.00 0.86 (0.71-1.04) 1.02 (0.72-1.43)	Age, sex, smoking status, alcohol, exercise, hypertension, triglycerides, HDL-cholesterol, history of CHD
Janssen I, 2007, USA	Cardiovascular Health Study	1989-1990 - NA, 9 years follow-up	4968 men and women, age ≥65 years: 1464 deaths	Measured	No	No	BMI, all	20-24.9 25-29.9 ≥30	1.00 0.92 (0.82 to 1.03) 0.94 (0.80 to 1.09)	Age, sex, race, SES, smoking, status and pack-years, physical activity
							BMI, men	20-24.9 25-29.9 ≥30	1.00 0.93 (0.80 to 1.08) 0.88 (0.71 to 1.10)	
							BMI, women	20-24.9 25-29.9 ≥30	1.00 0.90 (0.75 to 1.07) 0.98 (0.79 to 1.22)	
							BMI, age 65-74 years	20-24.9 25-29.9 ≥30	1.00 1.01 (0.85 to 1.22) 1.02 (0.82 to 1.27)	
							BMI, age ≥75 years	20-24.9 25-29.9 ≥30	1.00 0.88 (0.76 to 1.02) 0.80 (0.64 to 1.01)	
							BMI, none to passive smoke exposure	20-24.9 25-29.9 ≥30	1.00 0.82 (0.69 to 0.98) 0.86 (0.68 to 1.08)	
							BMI, light to high smoking exposure	20-24.9 25-29.9 ≥30	1.00 0.99 (0.85 to 1.16) 1.02 (0.83 to 1.26)	
							BMI, all	20-24.9 25-29.9 ≥30	1.00 0.89 (0.80 to 0.99) 0.83 (0.71 to 0.97)	+ prevalent disease
							BMI, men	20-24.9 25-29.9 ≥30	1.00 0.91 (0.78 to 1.06) 0.77 (0.61 to 0.97)	
							BMI, women	20-24.9 25-29.9 ≥30	1.00 0.85 (0.71 to 1.01) 0.88 (0.71 to 1.10)	
							BMI, age 65-74 years	20-24.9 25-29.9 ≥30	1.00 0.91 (0.76 to 1.09) 0.83 (0.66 to 1.04)	
							BMI, age ≥75 years	20-24.9 25-29.9 ≥30	1.00 0.89 (0.76 to 1.03) 0.73 (0.58 to 0.92)	
							BMI, none to passive smoke	20-24.9	1.00	

							exposure BMI, light to high smoking exposure	25-29.9 ≥30 20-24.9 25-29.9 ≥30	0.79 (0.67 to 0.94) 0.79 (0.62 to 0.99) 1.00 0.96 (0.82 to 1.12) 0.88 (0.71 to 1.09)	
Sai XY et al, 2007, China	Xi'an male veterans	1987 – 2005, 18 years follow-up	1268 retired military men, age ≥55 years: 491 deaths	Measured	No	No	BMI	<18.5 18.5-23.9 24-27.9 ≥28	2.03 (1.33-3.11) 1.00 1.03 (0.85-1.25) 1.20 (0.90-1.62)	Age, SBP, cigarettes per day, duration of smoking, age of starting smoking total cholesterol, TG, alcohol, exercise, prevalent cancer, stroke, diabetes, CHD, hypertension, COPD, cerebral arteriosclerosis
Greenberg JA et al, 2007, USA	Atherosclerosis Risk in Communities Study	1993-1995 – 1996-1998, 5.3 years follow-up	12457 men and women, age 51-70 years: 606 deaths	Measured	Exclusion of subjects ever smokers, MI, HF, stroke, DM, cancer, chronic lung disease	No	BMI, no correction for regression dilution BMI, correction for regression dilution BMI, correction for regression dilution and reverse causation	18.5-<25 25-<30 30-<35 ≥35 18.5-<25 25-<30 30-<35 ≥35 18.5-<25 25-<30 30-<35 ≥35	1.00 0.88 (0.72-1.08) 1.14 (0.91-1.44) 1.24 (0.93-1.66) 1.00 1.00 (0.82-1.23) 1.31 (1.04-1.66) 1.54 (1.14-2.08) 1.00 2.07 (1.01-4.24) 2.71 (1.25-5.89) 4.02 (1.72-9.43)	Age, sex, race, smoking status, alcohol
Al Snih et al, 2007, USA	Established Populations for Epidemiologic Studies of the Elderly	1982-1993 – NA, 7 years follow-up	12725 men and women, age ≥65 years: 3122 deaths	Measured	Subjects with limitation in activities of daily living	No	BMI	<18.5 18.5-<25.0 25.0-<30.0 30.0-<35.0 35.0-<40.0 ≥40.0	1.53 (1.31-1.80) 1.00 0.78 (0.72-0.85) 0.80 (0.72-0.90) 1.02 (0.84-1.24) 1.13 (0.79-1.60)	Age, sex
Flegal KM et al, 2007, USA	National Health and Nutrition Examination Survey 1, 2 and 3	NHANES 1: 1971-1975 – 1992, ~19 years follow-up NHANES 2: 1976-1980 – 1992, ~14 years follow-up	52590 men and women, age ≥25 years: 8418 deaths 19547 never smokers: 2412 deaths	Measured	Prevalent cancers and CVD excluded in sensitivity analyses	First 3 years of follow-up excluded in sensitivity analyses	BMI, age 25-59 years BMI, age 25-59 years, excluded cancer and CVD BMI, age 25-59 years, excluded cancer and CVD	<18.5 18.5-<25 25.0-<30.0 30.0-<35.0 ≥35.0 <18.5 18.5-<25 25.0-<30.0 30.0-<35.0 ≥35.0 <18.5 18.5-<25	1.38 (0.82-2.32) 1.00 0.83 (0.65-1.06) 1.20 (0.84-1.72) 1.83 (1.27-2.62) 1.64 (0.94-2.88) 1.00 0.89 (0.69-1.16) 1.06 (0.73-1.53) 2.05 (1.39-3.02) 1.54 (0.33-7.06) 1.00	Sex, smoking status, racial/ethnic group, alcohol

		NHANES 3: 1988- 1994 – 2000, ~9 years follow-up					and ever smokers	25.0-<30.0 30.0-<35.0 ≥35.0	0.73 (0.40-1.35) 0.86 (0.49-1.50) 1.39 (0.81-2.41)	
							BMI, age 25-59 years, excluded cancer and CVD, ever smokers and first 3 years of follow-up	<18.5 18.5-<25 25.0-<30.0 30.0-<35.0 ≥35.0	0.77 (0.22-2.66) 1.00 0.83 (0.42-1.65) 0.80 (0.44-1.43) 1.62 (0.90-2.90)	
							BMI, age 60-69 years	<18.5 18.5-<25 25.0-<30.0 30.0-<35.0 ≥35.0	2.30 (1.70-3.13) 1.00 0.95 (0.80-1.13) 1.13 (0.89-1.42) 1.63 (1.16-2.30)	
							BMI, age 60-69 years, excluded cancer and CVD	<18.5 18.5-<25 25.0-<30.0 30.0-<35.0 ≥35.0	2.28 (1.52-3.43) 1.00 0.95 (0.77-1.15) 1.15 (0.90-1.48) 1.80 (1.16-2.81)	
							BMI, age 60-69 years, excluded cancer and CVD and ever smokers	<18.5 18.5-<25 25.0-<30.0 30.0-<35.0 ≥35.0	3.34 (1.26-8.80) 1.00 0.67 (0.45-1.00) 1.29 (0.85-1.96) 2.18 (1.24-3.82)	
							BMI, age 60-69 years, excluded cancer and CVD, ever smokers and first 3 years of follow-up	<18.5 18.5-<25 25.0-<30.0 30.0-<35.0 ≥35.0	1.85 (0.70-4.89) 1.00 0.71 (0.46-1.11) 1.36 (0.84-2.19) 2.47 (1.37-4.45)	
							BMI, age ≥70 years	<18.5 18.5-<25 25.0-<30.0 30.0-<35.0 ≥35.0	1.69 (1.38-2.07) 1.00 0.91 (0.83-1.01) 1.03 (0.91-1.17) 1.17 (0.94-1.47)	
							BMI, age ≥70 years, excluded cancer and CVD	<18.5 18.5-<25 25.0-<30.0 30.0-<35.0 ≥35.0	1.73 (1.38-2.16) 1.00 0.86 (0.77-0.97) 1.05 (0.91-1.21) 1.16 (0.91-1.48)	
							BMI, age ≥70 years, excluded cancer and CVD and ever smokers	<18.5 18.5-<25 25.0-<30.0 30.0-<35.0 ≥35.0	1.68 (1.19-2.37) 1.00 0.83 (0.70-0.99) 1.14 (0.93-1.41) 1.07 (0.81-1.42)	

							BMI, age ≥ 70 years, excluded cancer and CVD, ever smokers and first 3 years of follow-up	<18.5 18.5-<25 25.0-<30.0 30.0-<35.0 ≥ 35.0	1.85 (1.28-2.68) 1.00 0.84 (0.71-1.00) 1.16 (0.96-1.42) 1.16 (0.85-1.56)	
Mazza A et al, 2007, Italy	The Experience of Cardiovascular Study in the Elderly (CASTEL)	NA-NA, 12 years follow-up	3282 men and women, age 65-96 years: 1599 deaths 441 never smokers: 224 deaths	Measured	No	First two years of follow-up excluded in sensitivity analyses	BMI, men, all BMI, excluding early deaths BMI, excluding current smokers BMI, excluding ex-smokers	<22.7 22.7-24.9 25.0-26.5 26.6-29.0 >29.0 <22.7 22.7-24.9 25.0-26.5 26.6-29.0 >29.0 <22.7 22.7-24.9 25.0-26.5 26.6-29.0 >29.0 <22.7 22.7-24.9 25.0-26.5 26.6-29.0 >29.0	1.63 (1.23-2.71) 1.28 (0.92-1.73) 1.20 (0.85-1.67) 1.16 (0.82-1.32) 1.00 1.54 (1.15-2.18) 1.17 (0.94-1.78) 1.24 (0.96-1.44) 1.21 (0.78-1.31) 1.00 1.52 (1.10-2.00) 1.20 (0.84-1.42) 1.10 (0.92-1.54) 1.10 (0.88-1.61) 1.00 1.33 (1.16-2.2) 1.20 (0.92-1.55) 1.20 (0.78-1.34) 1.10 (0.79-1.36) 1.00	Age, COPD, cigarette smoking status, duration of smoking, alcohol, serum total cholesterol, history of CVD, arterial hypertension, diabetes, serum creatinine
Simpson JA et al, 2007, Australia	Melbourne Collaborative Cohort Study	1990-1994 – 2003, 11 years follow-up	16969 men and 24344 women, age 27-75 years: 2822 deaths 23485 never smokers: NA 13135 former smokers: NA 4676 current smokers: NA	Measured	Excluded subjects with history of angina, heart attack, diabetes, stroke, cancer in sensitivity analyses (results were unchanged, but not reported)	Excluded first 2 years of follow-up in sensitivity analyses (results were unchanged, but not reported)	BMI, men BMI, women BMI, men, all BMI, women, all	<24.3 24.3-<26.1 26.1-<27.7 27.7-<29.9 ≥ 29.9 <22.7 22.7-<24.8 24.8-<27.1 27.1-<30.4 ≥ 30.4 <23 23-24.9 25-27.4 27.5-29.9 ≥ 30 <23 23-24.9 25-27.4	1.2 (1.0, 1.4) 1.0 1.0 (0.9, 1.2) 1.0 (0.9, 1.2) 1.2 (1.0, 1.4) 1.2 (1.0, 1.5) 1.0 0.9 (0.7, 1.1) 0.9 (0.8, 1.1) 1.1 (0.9, 1.3) 1.3 (1.1-1.6) 1.0 0.9 (0.8-1.1) 1.0 (0.8-1.1) 1.1 (1.0-1.3) 1.2 (1.0-1.5) 1.0 0.8 (0.7-1.0)	Age at attendance, country of birth, physical activity, alcohol intake, education, smoking status, living alone (men only), and family history of heart attack (men only); and stratified by "previous history of heart attack, angina, diabetes, stroke, and cancer

							BMI, men, never smokers	27.5-29.9 ≥30 <23 23-24.9 25-27.4 27.5-29.9 30	0.9 (0.8-1.2) 1.1 (0.9-1.3) 0.9 (0.6-1.3) 1.0 1.1 (0.8-1.4) 0.9 (0.7-1.2) 1.2 (0.9-1.6)	
							BMI, women, never smoker	<23 23-24.9 25-27.4 27.5-29.9 ≥30	1.1 (0.9-1.4) 1.0 0.8 (0.6-1.1) 1.0 (0.8-1.3) 1.2 (0.9-1.5)	
							BMI, men, former smokers	<23 23-24.9 25-27.4 27.5-29.9 ≥30	1.3 (1.0-1.7) 1.0 0.9 (0.8-1.2) 1.0 (0.8-1.2) 1.1 (0.9-1.4)	
							BMI, women, former smokers	<23 23-24.9 25-27.4 27.5-29.9 ≥30	1.3 (0.9-1.9) 1.0 0.8 (0.6-1.2) 0.9 (0.6-1.4) 1.1 (0.7-1.5)	
							BMI, men, current smokers	<23 23-24.9 25-27.4 27.5-29.9 ≥30	1.1 (0.7-1.5) 1.8 (1.2-2.6) 1.0 0.7 (0.5-1.0) 1.1 (0.7-1.5)	
							BMI, women, current smokers	<23 23-24.9 25-27.4 27.5-29.9 ≥30	1.4 (0.9-2.1) 1.0 0.8 (0.5-1.3) 0.7 (0.4-1.2) 0.7 (0.4-1.1)	
Locher JL et al, 2007, USA	UAB Study of Aging	1999-2001 – 2002-2004, 3 years follow-up	983 men and women, age ≥65 years: 147 deaths	Measured (91% of participants)	No	No	BMI	<18.5 18.2-25.0 25-30 30-35 >35	2.18 (1.02-4.66) 1.00 1.25 (0.83-1.87) 0.83 (0.49-1.42) 0.92 (0.47-1.80)	Age, sex, race, smoking status, comorbidities
Fujino Y et al, 2007, Japan	Japan Collaborative Cohort Study	1988-1990 – 1999-2003, 12.7 years follow-up	110792 men and women, age 40-79 years: 9368/6139 deaths	Self-reported	No	No	BMI, men	<18.5 18.5-24 25-29 ≥30	1.46 (1.37-1.56) 1.00 0.92 (0.88-0.99) 1.07 (0.87-1.33)	Age, study area
							BMI, women	<18.5 18.5-24	1.60 (1.48-1.73) 1.00	

								25-29 ≥30	1.05 (0.98-1.12) 1.50 (1.29-1.74)	
Gelber RP et al, 2007, USA	Physicians' Health Study	1982-1983 – 1988, 5.7 years follow-up	99253 men, age 40-84 years: 5438 deaths 44276 never smokers: 1659 deaths 42270 former smokers: 2702 deaths 12048 current smokers: 986 deaths	Self-reported	Prevalent myocardial infarction, stroke, cancer, liver disease excluded in sensitivity analyses	First 2 years of follow-up excluded in sensitivity analyses	BMI, all	<20 20.0-22.4 22.5-24.9 25.0-27.4 27.5-29.9 ≥30.0	1.68 (1.45-1.93) 1.13 (1.05-1.23) 1.00 1.01 (0.94-1.08) 1.12 (1.01-1.23) 1.35 (1.21-1.52)	Age, alcohol intake, physical activity
							BMI, never smokers	<20 20.0-22.4 22.5-24.9 25.0-27.4 27.5-29.9 ≥30.0	1.08 (0.79-1.47) 1.04 (0.90-1.21) 1.00 1.03 (0.91-1.17) 1.14 (0.95-1.36) 1.39 (1.13-1.71)	
							BMI, former smokers	<20 20.0-22.4 22.5-24.9 25.0-27.4 27.5-29.9 ≥30.0	1.56 (1.25-1.95) 1.17 (1.05-1.31) 1.00 0.96 (0.87-1.06) 1.14 (1.00-1.31) 1.30 (1.11-1.52)	
							BMI, current smokers	<20 20.0-22.4 22.5-24.9 25.0-27.4 27.5-29.9 ≥30.0	2.42 (1.87-3.13) 1.15 (0.95-1.38) 1.00 1.07 (0.90-1.26) 0.99 (0.77-1.27) 1.43 (1.09-1.87)	
							BMI, without prior disease	<20 20.0-22.4 22.5-24.9 25.0-27.4 27.5-29.9 ≥30.0	1.63 (1.31-2.02) 1.09 (0.98-1.22) 1.00 1.10 (1.00-1.21) 1.20 (1.05-1.37) 1.57 (1.36-1.82)	
							BMI, with prior disease	<20 20.0-22.4 22.5-24.9 25.0-27.4 27.5-29.9 ≥30.0	1.62 (1.33-1.96) 1.15 (1.03-1.29) 1.00 0.89 (0.80-0.99) 0.99 (0.85-1.14) 1.08 (0.90-1.29)	
							BMI, with prior disease, ever smokers, ≤2 years follow-up	<20 20.0-22.4 22.5-24.9 25.0-27.4 27.5-29.9	1.68 (1.45-1.95) 1.15 (1.06-1.25) 1.00 0.97 (0.90-1.04) 1.03 (0.92-1.14)	

								28.0-<30.0 30.0-<35.0 ≥35.0	1.30 (1.07-1.58) 1.38 (1.14-1.67) 1.60 (1.20-2.13)	
Hozawa A et al, 2008, Japan	NIPPON DATA80	1980 – 1999, 19 years follow-up	8924 men and women, age 30-92 years: 1718 deaths 3712 never smokers: 329 deaths	Measured	Prevalent CVD excluded	First 5 years of follow-up excluded in sensitivity analysis	BMI, all BMI, never smokers, healthy subjects	<18.5 18.5-21 21-23 23-25 25-27 ≥27 <18.5 18.5-21 21-23 23-25 25-27 ≥27	1.39 (1.19-1.62) 1.17 (1.03-1.33) 1.07 (0.94-1.22) 1.00 1.06 (0.90-1.26) 1.19 (1.00-1.42) 2.01 (1.32-3.05) 1.26 (0.92-1.72) 1.07 (0.79-1.44) 1.00 1.46 (1.05-2.04) 1.61 (1.16-2.24)	Age, sex, smoking status and cigarettes per day, alcohol
Luchsinger JA et al, 2008, USA	Northern Manhattan	1992-1994 – 2003, 6.9 years follow-up	1372 men and women, age ≥65 years: 479 deaths	Measured	No	First 2 years excluded in sensitivity analyses, results only partly reported	BMI	<23 23-26.1 26.2-29.4 >29.4	1.5 (1.1-2.9) 1.0 1.2 (0.9-1.6) 1.2 (0.9-1.5)	Age, sex, education, ethnic group, cancer, current smoking status, dementia
Orsini N et al, 2008, Sweden	Cohort of Swedish Men	1997-1998 – 2007, 9.7 years follow-up	37633 men, age 45-79 years: 4086 deaths	Self-reported	Prevalent cancer, cardiovascular disease, diabetes were excluded	No	BMI, high physical activity BMI, medium physical activity BMI, low physical activity	<25.0 25.0-29.9 ≥30.0 <25.0 25.0-29.9 ≥30.0 <25.0 25.0-29.9 ≥30.0	1.00 1.08 (0.95-1.22) 1.43 (1.13-1.80) 1.18 (1.04-1.34) 1.08 (0.95-1.22) 1.47 (1.17-1.87) 1.53 (1.36-1.72) 1.32 (1.17-1.48) 1.73 (1.44-2.06)	Age, smoking status, pack-years of smoking, alcohol, education, parental history of CHD and cancer
Kivimaki M et al, 2008, United Kingdom	Whitehall Study	1967-1970 - 2005, 35 years follow-up	18860 men, age 40-69 years: 13498 deaths 7865 healthy never smokers: 4766 deaths	Measured	Prevalent cardiovascular disease, hypertension, heart disease, ischemia, intermittent claudication, dyspnea, bronchitis,	First 5 years of follow-up excluded in sensitivity analyses	BMI, all	<18.5 18.5-18.9 19.0-19.9 20.0-20.9 21.0-21.9 22.0-22.9 23.0-23.9 24.0-24.9 25.0-25.9 26.0-26.9 27.0-27.9 28.0-28.9	1.54 (1.33-1.79) 1.25 (1.03-1.52) 1.13 (1.01-1.26) 1.13 (1.04-1.24) 1.09 (1.01-1.19) 0.95 (0.89-1.03) 1.00 0.98 (0.92-1.05) 1.04 (0.98-1.11) 1.04 (0.98-1.12) 1.12 (1.04-1.21) 1.22 (1.11-1.33)	Age

					diabetes, unexplained weight loss		BMI, healthy never smokers	29.0-29.9 30.0-30.9 31.0-31.9 32.0-32.9 ≥33.0 <18.5 18.5-18.9 19.0-19.9 20.0-20.9 21.0-21.9 22.0-22.9 23.0-23.9 24.0-24.9 25.0-25.9 26.0-26.9 27.0-27.9 28.0-28.9 29.0-29.9 30.0-30.9 31.0-31.9 32.0-32.9 ≥33.0	1.18 (1.06-1.30) 1.28 (1.12-1.46) 1.47 (1.25-1.71) 1.73 (1.40-2.14) 1.85 (1.57-2.18) 1.26 (0.89-1.79) 1.47 (0.98-2.21) 1.06 (0.86-1.31) 0.95 (0.81-1.13) 1.02 (0.88-1.17) 0.96 (0.85-1.08) 1.00 1.06 (0.95-1.18) 1.13 (1.01-1.25) 1.10 (0.98-1.23) 1.20 (1.06-1.36) 1.40 (1.21-1.62) 1.21 (1.02-1.44) 1.54 (1.23-1.91) 1.59 (1.22-2.06) 1.90 (1.31-2.75) 2.32 (1.73-3.10)	
Pednekar MS et al, 2008, India	Mumbai City	1991-97 – 2003, 5.2 years follow-up	148173 men and women, age ≥35 years: 13261 deaths Never smokers or smokeless tobacco users: 3255 deaths	Measured	No	First 2 years of follow-up was excluded in a sensitivity analysis	BMI, men, never user of tobacco BMI, smokeless tobacco user BMI, men, smoker BMI, women, never user of tobacco	<16.0 16.0-<17.0 17.0-<18.5 18.5-<25.0 25.0-<30.0 ≥30.0 <16.0 16.0-<17.0 17.0-<18.5 18.5-<25.0 25.0-<30.0 ≥30.0 <16.0 16.0-<17.0 17.0-<18.5 18.5-<25.0 25.0-<30.0 ≥30.0 <16.0 16.0-<17.0 17.0-<18.5	2.68 (2.26-3.19) 1.50 (1.21-1.86) 1.37 (1.16-1.62) 1.10 (0.98-1.23) 1.00 1.34 (1.05-1.71) 2.75 (2.38-3.19) 1.71 (1.44-2.03) 1.53 (1.33-1.77) 1.18 (1.06-1.32) 1.02 (0.86-1.17) 1.17 (0.90-1.51) 3.36 (2.93-3.85) 2.38 (2.04-2.78) 2.02 (1.76-2.31) 1.61 (1.44-1.80) 1.38 (1.20-1.59) 1.56 (1.21-2.01) 2.70 (2.12-3.45) 1.80 (1.29-2.53) 1.37 (1.04-1.80)	Age, education, religion, mother tongue

								18.5-<25.0 25.0-<30.0 ≥30.0 <16.0 16.0-<17.0 17.0-<18.5 18.5-<25.0 25.0-<30.0 ≥30.0	1.07 (0.90-1.26) 1.00 1.09 (0.84-1.42) 2.22 (1.86-2.64) 1.55 (1.25-1.91) 1.48 (1.23-1.77) 1.20 (1.03-1.40) 1.04 (0.87-1.24) 1.14 (0.89-1.46)	
Pednekar MS et al, 2008, India	Mumbai City	1991-97 – 2003, 5.2 years follow-up	148173 men and women, age ≥35 years: 13261 deaths	Measured	No	First 2 years of follow-up was excluded in a sensitivity analysis	BMI, women BMI, men BMI, women, excluding first 2 years of follow-up BMI, men, excluding first 2 years of follow-up	<16.0 16.0-<17.0 17.0-<18.5 18.5-<25.0 25.0-<30.0 ≥30.0 <16.0 16.0-<17.0 17.0-<18.5 18.5-<25.0 25.0-<30.0 ≥30.0 <16.0 16.0-<17.0 17.0-<18.5 18.5-<25.0 25.0-<30.0 ≥30.0 <16.0 16.0-<17.0 17.0-<18.5 18.5-<25.0 25.0-<30.0 ≥30.0	1.94 (1.75-2.15) 1.38 (1.19-1.60) 1.24 (1.11-1.39) 1.00 0.89 (0.81-0.98) 0.97 (0.83-1.14) 2.24 (2.09-2.39) 1.45 (1.33-1.58) 1.27 (1.19-1.36) 1.00 0.87 (0.82-0.93) 1.05 (0.92-1.21) 1.83 (1.62-2.06) 1.36 (1.15-1.61) 1.15 (1.01-1.31) 1.00 0.89 (0.80-0.99) 0.90 (0.75-1.08) 1.92 (1.77-2.09) 1.38 (1.25-1.53) 1.26 (1.16-1.36) 1.00 0.90 (0.84-0.97) 1.13 (0.97-1.32)	Age, education, religion, mother tongue, tobacco
Matsuo T et al, 2008, Japan	Ibaraki Prefecture	1993-2003, 9.7/9.9 years follow-up	32060 men and 61916 women, age 40-79 years: 3930/3164 deaths	Measured	No	First 3 years of follow-up excluded in main analysis	BMI, men, age 40-59 years BMI, men, age 60-79 years	<18.5 18.5-20.9 21.0-22.9 23.0-24.9 25.0-26.9 27.0-29.9 ≥30.0 <18.5 18.5-20.9 21.0-22.9	2.05 (1.25-3.35) 1.16 (0.85-1.58) 1.00 1.09 (0.83-1.43) 1.02 (0.76-1.38) 1.08 (0.77-1.52) 1.54 (0.88-2.70) 1.58 (1.39-1.79) 1.17 (1.06-1.29) 1.00	Age, alcohol, smoking status

								23.0-24.9 25.0-26.9 27.0-29.9 ≥30.0 <18.5 18.5-20.9 21.0-22.9 23.0-24.9 25.0-26.9 27.0-29.9 ≥30.0 <18.5 18.5-20.9 21.0-22.9 23.0-24.9 25.0-26.9 27.0-29.9 ≥30.0	0.97 (0.88-1.07) 0.93 (0.83-1.05) 0.93 (0.80-1.08) 1.43 (1.08-1.89) 1.77 (1.09-2.88) 1.13 (0.82-1.55) 1.00 1.18 (0.89-1.56) 1.23 (0.90-1.68) 1.46 (1.04-2.05) 2.23 (1.46-3.42) 1.70 (1.46-1.99) 1.17 (1.04-1.33) 1.00 0.97 (0.87-1.10) 1.03 (0.91-1.17) 1.17 (1.02-1.33) 1.39 (1.14-1.69)	
Zhang X et al, 2008, China	Shanghai Women's Health Study	1996-2000 – 2007, 7.4 years follow-up	74896 women, age 40-70 years: 2389 deaths 26055 women, age 51-70 years: 1187 deaths 19883 healthy, never smoking women without previous CVD, cancer, substantial weight loss, excluding first 3 years of follow-up: 486 deaths	Measured	Participants with previous CVD, cancer, substantial weight loss, and first 3 years of follow-up were excluded in a sensitivity analysis	First 3 years of follow-up was excluded in a sensitivity analysis	BMI, baseline, all age 51-70 years BMI, baseline, healthy never smokers, excl. first 3 years of follow-up	<22.2 22.2-24.3 24.4-26.6 ≥26.7 <22.2 22.2-24.3 24.4-26.6 ≥26.7	1.00 0.84 (0.71-0.99) 1.01 (0.86-1.18) 1.11 (0.95-1.30) 1.00 1.13 (0.85-1.50) 1.40 (1.17-1.84) 1.61 (1.23-2.10)	Age Age, education, occupation, annual family income, menopausal status, HRT, exercise, alcohol, SFA, vegetables and fruits

							BMI, women	≥ 27.5 < 16 16-18.4 18.5-22.9 23.0-24.9 25.0-27.4	0.89 (0.65-1.21) 1.20 (0.99-1.47) 1.12 (0.98-1.28) 1.00 0.87 (0.73-1.04) 1.11 (0.93-1.33)	
							BMI, men, non-smokers	≥ 27.5 < 16 16-18.4 18.5-22.9 23.0-24.9 25.0-27.4	0.93 (0.75-1.15) 1.79 (1.22-2.63) 1.27 (1.01-1.60) 1.00 1.16 (0.92-1.46) 0.80 (0.59-1.09)	
							BMI, women, non-smokers	≥ 27.5 < 16 16-18.4 18.5-22.9 23.0-24.9 25.0-27.4	0.97 (0.64-1.48) 1.21 (0.98-1.48) 1.11 (0.97-1.28) 1.00 0.87 (0.73-1.04) 1.11 (0.92-1.32)	
							BMI, men, current smokers	≥ 27.5 < 16 16-18.4 18.5-22.9 23.0-24.9 25.0-27.4 ≥ 27.5	0.93 (0.75-1.15) 1.12 (0.87-1.44) 1.06 (0.91-1.25) 1.00 0.79 (0.60-1.02) 0.98 (0.72-1.34) 0.92 (0.55-1.54)	
Ringback Weitoft GR et al, 2008, Sweden	Swedish Surveys of Living Conditions (ULF)	1980-1981 – 1988-1989, 12 years follow-up	23580 men and women, age 16-74 years: 2306 deaths	Self-reported	No	Excluding first 3 years of follow-up in sensitivity analyses	BMI, men	< 18.5 18.5-24.9 25.0-29.9 ≥ 30.0	2.4 (1.6-3.6) 1.0 1.0 (0.9-1.1) 1.5 (1.2-1.8)	Age, smoking status, longstanding illness, education
						BMI, women	< 18.5 18.5-24.9 25.0-29.9 ≥ 30.0	2.0 (1.5-2.7) 1.0 1.1 (1.0-1.3) 1.4 (1.1-1.7)		
						BMI, men, excluding first 3 years	< 18.5 18.5-24.9 25.0-29.9 ≥ 30.0	2.3 (1.4-3.7) 1.0 1.1 (0.9-1.2) 1.4 (1.1-1.7)		
						BMI, women, excluding first 3 years	< 18.5 18.5-24.9 25.0-29.9 ≥ 30.0	2.0 (1.4-2.8) 1.0 1.1 (0.9-1.3) 1.4 (1.1-1.7)		

Moore SC et al, 2008, USA	Breast Cancer Detection Demonstration Project	1987-1989 – 1997, 10 years follow-up	50186 women, age 40-93 years: 5201 deaths 25103 never smokers: 2715 deaths 16321 former smokers: 1567 deaths 6203 current smokers: 791 deaths	Measured	Prevalent coronary heart disease, diabetes or cancer excluded in sensitivity analyses	No	<p>BMI, all</p> <p>BMI, any chronic disease history</p> <p>BMI, no chronic disease history</p> <p>BMI, never smokers</p> <p>BMI, former smokers</p> <p>BMI, current smokers</p>	<p>15.0-18.4 18.5-20.9 21.0-23.4 23.5-24.9 25.0-27.4 27.5-29.9 30.0-34.9 ≥35.0</p> <p>15.0-18.4 18.5-20.9 21.0-23.4 23.5-24.9 25.0-27.4 27.5-29.9 30.0-34.9 ≥35.0</p> <p>15.0-18.4 18.5-20.9 21.0-23.4 23.5-24.9 25.0-27.4 27.5-29.9 30.0-34.9 ≥35.0</p> <p>15.0-18.4 18.5-20.9 21.0-23.4 23.5-24.9 25.0-27.4 27.5-29.9 30.0-34.9 ≥35.0</p> <p>15.0-18.4 18.5-20.9 21.0-23.4 23.5-24.9 25.0-27.4 27.5-29.9 30.0-34.9 ≥35.0</p>	<p>1.43 (1.19-1.72) 1.07 (0.98-1.17) 1.00 1.10 (1.00-1.20) 1.20 (1.11-1.31) 1.23 (1.11-1.37) 1.60 (1.44-1.77) 1.92 (1.64-2.24)</p> <p>1.10 (0.74-1.65) 1.21 (1.01-1.45) 1.00 1.29 (1.08-1.54) 1.21 (1.02-1.42) 1.34 (1.09-1.64) 1.58 (1.29-1.92) 1.68 (1.25-2.26)</p> <p>1.53 (1.25-1.88) 1.04 (0.94-1.15) 1.00 1.04 (0.94-1.16) 1.19 (1.08-1.31) 1.17 (1.03-1.32) 1.57 (1.38-1.77) 1.93 (1.61-2.33)</p> <p>1.32 (0.99-1.75) 1.07 (0.94-1.21) 1.00 1.09 (0.97-1.24) 1.18 (1.05-1.32) 1.28 (1.11-1.47) 1.58 (1.38-1.82) 1.94 (1.58-2.40)</p> <p>1.50 (1.07-2.09) 1.05 (0.90-1.23) 1.00 1.13 (0.97-1.32) 1.19 (1.02-1.38) 1.13 (0.92-1.38) 1.70 (1.40-2.06) 1.65 (1.22-2.22)</p> <p>1.72 (1.22-2.43) 1.19 (0.97-1.45) 1.00</p>	Age, menopausal status, annual household income, education, race/ethnicity, smoking status and cigarettes per day, physical activity
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Korkeila M et al, 2009, Finland	Finnish Twin Cohort	1975-1981 – 2003, 22 years follow-up	15494 men and women, age 24-60 years: 787/376 deaths	Self-reported	Excluded chronic disease that could cause weight loss,	No	BMI, women BMI, men	<18.5 18.5-<22.0 22.0-<23.5 23.5-<25.0 25.0-<27.0 27.0-<30.0 ≥30.0 <18.5 18.5-<22.0 22.0-<23.5 23.5-<25.0 25.0-<27.0 27.0-<30.0 ≥30.0	1.22 (0.76-1.97) 1.00 0.82 (0.60-1.13) 1.04 (0.77-1.40) 0.91 (0.64-1.30) 0.88 (0.59-1.32) 1.07 (0.61-1.88) 0.28 (0.07-1.10) 1.00 0.97 (0.77-1.23) 1.15 (0.90-1.45) 1.14 (0.89-1.46) 1.40 (1.07-1.82) 1.61 (1.08-2.41)	Age
Reuser M et al, 2009, USA	US Health and Retirement Survey and Asset and Health Dynamics Among the Oldest Old	1992-1993 – 2002, 7.8 years follow-up	16192 men and women, age 51-61 and ≥70 years: 2354 deaths	Self-reported	No	First 3 years of follow-up excluded in main analysis	BMI, men, age 55-80 years BMI, men, age ≥80 years BMI, women, age 55-80 years BMI, women, age ≥80 years	18.5-22.9 23.0-24.9 25.0-29.9 30.0-34.9 ≥35.0 18.5-22.9 23.0-24.9 25.0-29.9 30.0-34.9 ≥35.0 18.5-22.9 23.0-24.9 25.0-29.9 30.0-34.9 ≥35.0 18.5-22.9 23.0-24.9 25.0-29.9 30.0-34.9 ≥35.0	1.42 (1.11-1.81) 1.00 0.96 (0.79-1.18) 1.08 (0.83-1.39) 1.47 (1.02-2.12) 1.10 (0.87-1.39) 1.00 0.86 (0.70-1.06) 0.85 (0.60-1.21) 1.31 (0.67-2.58) 1.01 (0.77-1.34) 1.00 1.03 (0.79-1.34) 1.07 (0.77-1.49) 1.95 (1.36-2.79) 1.01 (0.84-1.34) 1.00 0.80 (0.66-0.98) 0.95 (0.72-1.26) 1.80 (1.23-2.64)	Smoking status, education
Ferrie JE et al, 2009, UK	The General Post Office Study	1966-1967 - 2007, 40 years follow-up	644 women and 1272 men, age 35-70 years: 348/871 deaths	Measured	No	No	BMI, women BMI, men	<18.5 18.5-24.9 25.0-29.9 ≥30.0 <18.5 18.5-24.9 25.0-29.9 ≥30.0	1.78 (0.91-3.49) 1.00 0.84 (0.66-1.06) 1.53 (1.11-2.12) 1.72 (0.99-2.99) 1.00 0.97 (0.84-1.11) 1.22 (0.92-1.61)	Age

Guallar-Castillon P et al, 2009, Spain	Spanish Elderly	2000-2001 – 2007, 5.7 years follow-up	3536 men and women, age ≥60 years: 659 deaths	Measured	No	No	BMI	<25.6/<26.1 <28.0/<29.0 <30.7/<32.4 ≥30.7/≥32.4	1.00 0.82 (0.64-1.04) 0.72 (0.58-0.90) 0.85 (0.66-1.08)	Age, sex, education, smoking status, alcohol, leisure-time physical activity, chronic obstructive lung disease, cancer, untreated cataracts, depression requiring treatment, dementia, SF-36 mental summary component
							BMI, no mobility limitation	<25.6/<26.1 <28.0/<29.0 <30.7/<32.4 ≥30.7/≥32.4	1.00 1.04 (0.67-1.61) 1.03 (0.65-1.64) 0.92 (0.53-1.62)	
							BMI, mobility limitation	<25.6/<26.1 <28.0/<29.0 <30.7/<32.4 ≥30.7/≥32.4	1.00 0.65 (0.47-0.89) 0.47 (0.34-0.65) 0.52 (0.35-0.78)	
Walter S et al, 2009, Netherlands	Rotterdam Study	1990-1993 – 2006, 15 years follow-up	5980 men and women, age : 2388 deaths	Measured	Excluded participant with unintentional weight loss of >3.5 kg in 18 months before baseline	No	BMI, non-disabled	18.5-25 25-30 30-35 ≥35	1.00 0.96 (0.86-1.07) 1.06 (0.89-1.25) 1.31 (0.86-1.99)	Age, sex, smoking status, pack-years of cigarettes, alcohol consumption, alcohol in g/d, education, income, living situation
							BMI, disabled	18.5-25 25-30 30-35 ≥35	1.00 0.82 (0.70-0.96) 0.73 (0.60-0.90) 1.12 (0.80-1.57)	
Klenk J et al, 2009, Austria	The Vorarlberg Health Monitoring & Promotom Program	1985-2003 – 2006, 15.1 years follow-up	184697 men and women, mean age 41.7 years: 15557 deaths	Measured	No	First 1-3 years follow-up excluded in sensitivity analyses, but not reported	BMI, men	<18.5 18.5-19.9 20.0-22.4 22.5-24.9 25.0-27.4 27.5-29.9 30.0-34.9 ≥35.0	2.57 (2.17-3.05) 1.44 (1.25-1.65) 1.24 (1.15-1.34) 1.00 1.01 (0.95-1.08) 1.13 (1.05-1.21) 1.25 (1.15-1.35) 2.13 (1.82-2.48)	Age, smoking status
							BMI, women	<18.5 18.5-19.9 20.0-22.4 22.5-24.9 25.0-27.4 27.5-29.9 30.0-34.9 ≥35.0	1.40 (1.21-1.62) 1.11 (0.99-1.26) 1.06 (0.98-1.14) 1.00 1.05 (0.98-1.13) 1.10 (1.02-1.19) 1.29 (1.20-1.40) 1.60 (1.42-1.81)	
Wandell PE et al, 2009, Sweden	Stockholm County Study	1969-1996, 26 years follow-up	1020 men and women, age 18-64 years: 562 deaths	Measured	No	No	BMI, men	<20 20-<25 25-30 >30	1.21 (0.49-3.00) 1.00 0.95 (0.64-1.39) 2.76 (1.43-5.33)	Age, need of care, heart rate, hypertension, low fasting blood glucose, diabetes, alcohol, smoking status
							BMI, women	<20	0.36 (0.15-0.91)	

								20-<25 25-30 >30	1.00 0.88 (0.52-1.50) 1.59 (0.77-3.30)	
Gulsvik AK et al, 2009, Norway	Bergen Clinical Blood Pressure Study	1965-2007, 42 years follow-up	5653 men and women, age 22-75 years: 4520 deaths	Measured	No	No	BMI, age 20-44 years BMI, age 45-64 years BMI, ≥65 years	<22 22-24.9 25.0-27.9 ≥28.0 <22 22-24.9 25.0-27.9 ≥28.0 <22 22-24.9 25.0-27.9 ≥28.0	0.85 (0.65-1.12) 1.00 1.23 (0.91-1.66) 1.65 (1.09-2.50) 1.06 (0.87-1.29) 1.00 1.00 (0.84-1.19) 1.29 (1.07-1.56) 1.58 (1.11-2.25) 1.00 0.86 (0.64-1.16) 1.10 (0.83-1.46)	Sex, hypertension, cholesterol, smoking status and cigarettes per day, SES, diabetes, cardiovascular disease, chronic obstructive pulmonary disease, physical inactivity, physical appearance
Stessman J et al, 2009, Israel	Jersusalem Longitudinal Study	1990, 1998, 2005 – 2008, 18/10/3 years follow-up	447/870/1086 men and women, age 70, 78, and 85 years: NA	NA	No	Yes, excluding the first 1, 3.5 and 6 years of follow-up	BMI, women, 1990-2008 BMI, women, 1996-2008 BMI, women, 1998-2008 BMI, women, 2001-2008 BMI, women, 2005-2008 BMI, women, 2006-2008 BMI, men, 1990-2008 BMI, men, 1996-2008 BMI, men, 1998-2008 BMI, men, 2001-2008	<25 25-29.9 ≥30 <25 25-29.9 ≥30 <25 25-29.9 ≥30 <25 25-29.9 ≥30 <25 25-29.9 ≥30 <25 25-29.9 ≥30 <25 25-29.9 ≥30 <25 25-29.9 ≥30	1.00 0.55 (0.33-0.92) 0.45 (0.25-0.83) 1.00 0.55 (0.31-0.97) 0.39 (0.20-0.79) 1.00 0.66 (0.41-1.05) 0.41 (0.25-0.68) 1.00 0.45 (0.26-0.76) 0.28 (0.16-0.49) 1.00 0.30 (0.15-0.62) 0.38 (0.19-0.78) 1.00 0.22 (0.09-0.51) 0.18 (0.07-0.47) 1.00 0.93 (0.63-1.70) 1.03 (0.59-1.79) 1.00 0.88 (0.55-1.40) 1.17 (0.61-2.26) 1.00 0.77 (0.54-1.09) 0.78 (0.48-1.28) 1.00	Perceived economic hardship, self-rated health, physical activity, pack-years of smoking, activity of daily living dependency, hypertension, DM, IHD, cancer

							BMI, men, 2005-2008	25-29.9 ≥30	0.94 (0.61-1.46) 0.53 (0.27-1.07)	
							BMI, men, 2006-2008	<25 25-29.9 ≥30	1.00 1.06 (0.52-2.10) 0.36 (0.10-1.30)	
								25-29.9 ≥30	1.04 (0.47-2.30) 0.28 (0.06-1.33)	
Cesari M et al, 2009, Italy	The InCHIANTI Study	1998-2000 – 2006, 5.1 years follow-up	934 men and women, age ≥65 years: 263 deaths	NA	No	No	BMI, no sarcopenia	<25 25-29.9 ≥30	1.00 1.17 (0.65-2.09) 0.99 (0.53-1.84)	Age, sex, site, education, mini-mental state examination score, center for epidemiological studies depression scale score, physical activity, CHF, CAD, hypertension, PAD, respiratory disease, osteoarthritis, stroke, IL-6, CRP, TNF-alpha
							BMI, sarcopenia	<25 25-29.9 ≥30	1.25 (0.69-2.25) 1.24 (0.65-2.37) 1.18 (0.46-3.02)	
Neovius M et al, 2009, Sweden	Swedish Military Conscripts	1969-1970 – 2007, 38 years follow-up	45920 men, mean age 18.7 years: 2878 deaths	Measured	No	No	BMI, all	<18.5 18.5-24.9 25.0-29.9 ≥30.0	0.97 (0.86-1.08) 1.00 1.33 (1.15-1.53) 2.14 (1.61-2.85)	Age, muscular strength, SES, smoking status, cigarettes per day
							BMI, non-smokers	<18.5 18.5-24.9 25.0-29.9 ≥30.0	0.94 (0.75-1.18) 1.00 1.37 (1.05-1.79) 2.16 (1.24-3.76)	
							BMI, smokers	<18.5 18.5-24.9 25.0-29.9 ≥30.0	0.97 (0.85-1.11) 1.00 1.35 (1.14-1.60) 2.23 (1.60-3.12)	
							BMI, 1-10 cig/d	<18.5 18.5-24.9 25.0-29.9 ≥30.0	0.91 (0.75-1.10) 1.00 1.44 (1.11-1.86) 1.83 (0.98-3.42)	
							BMI, >10 cig/d	<18.5 18.5-24.9 25.0-29.9 ≥30.0	1.05 (0.88-1.25) 1.00 1.23 (0.98-1.54) 2.27 (1.53-3.38)	
Orpana HM et al, 2010, Canada	National Population Health Survey	1994-1995 - 2005, 12 years follow-up	11326 men and women, age ≥25 years: 1929 deaths	Self-reported	No	First 4 years excluded in sensitivity analyses (Results were	BMI, all	<18.5 18.5-<25.0 25.0-<30.0 30.0-<35.0 ≥35.0	1.73 (1.25-2.39) 1.00 0.83 (0.72-0.96) 0.95 (0.77-1.18) 1.36 (1.00-1.85)	Age, sex, smoking status, physical activity, alcohol

			4213 never smokers: 37 deaths			similar, but not reported)	BMI, corrected	<18.5 18.5-<25.0 25.0-<30.0 30.0-<35.0 ≥35.0	1.51 (0.99-2.30) 1.00 0.75 (0.65-0.86) 0.84 (0.67-1.05) 1.09 (0.86-1.39)	
							BMI, age 25-59 years	<18.5 18.5-<25.0 25.0-<30.0 30.0-<35.0 ≥35.0	0.87 (0.20-3.85) 1.00 0.91 (0.66-1.25) 0.89 (0.49-1.60) 1.53 (0.91-2.58)	
							BMI, age ≥60 years	<18.5 18.5-<25.0 25.0-<30.0 30.0-<35.0 ≥35.0	1.88 (1.32-2.68) 1.00 0.81 (0.68-0.97) 0.96 (0.76-1.21) 1.25 (0.83-1.90)	
							BMI, men	<18.5 18.5-<25.0 25.0-<30.0 30.0-<35.0 ≥35.0	2.54 (1.47-4.37) 1.00 0.86 (0.71-1.03) 1.10 (0.81-1.49) 1.72 (1.13-2.63)	
							BMI, women	<18.5 18.5-<25.0 25.0-<30.0 30.0-<35.0 ≥35.0	1.50 (1.01-2.22) 1.00 0.77 (0.63-0.95) 0.81 (0.62-1.08) 1.09 (0.69-1.74)	
							BMI, ever smokers	<18.5 18.5-<25.0 25.0-<30.0 30.0-<35.0 ≥35.0	1.69 (1.10-2.60) 1.00 0.82 (0.69-0.96) 0.94 (0.73-1.21) 1.21 (0.85-1.74)	
							BMI, never smokers	<18.5 18.5-<25.0 25.0-<30.0 30.0-<35.0 ≥35.0	2.05 (1.32-3.18) 1.00 0.76 (0.58-0.99) 0.83 (0.55-1.26) 1.68 (0.93-3.05)	
							BMI	<18.5 18.5-<20.0 20.0-<22.5 22.5-<25.0 25.0-<27.5 27.5-<30.0 30.0-<32.5 32.5-<35.0	1.89 (1.36-2.64) 1.23 (0.86-1.76) 1.18 (0.98-1.44) 1.00 0.93 (0.77-1.12) 0.87 (0.69-1.10) 1.08 (0.80-1.45) 0.92 (0.67-1.26)	

								≥35.0	1.48 (1.06-2.06)	
Iversen L et al, 2010, United Kingdom	Royal College of General Practitioners' Oral Contraceptive Study	1994-1995 – 2006, 11.8 years follow-up	10073 women, mean age 56.1 years: 896 deaths	Self-reported	No	No	BMI	<18.50 18.50-24.99 25.00-29.99 ≥30.00	1.66 (1.03-2.68) 1.00 0.98 (0.84-1.14) 1.03 (0.85-1.24)	Age, social class, parity, history of serious illness (IHD, hypertension, stroke, venous thromboembolism, malignancy, diabetes, asthma, bronchitis), pack-years, alcohol, physical activity
Pierce BL et al, 2010, Bangladesh	Health Effects of Arsenic Longitudinal Study (HEALS)	2000-2002 – 2009, 6.4 years follow-up	11445 men and women, age 18-75 years: 393 deaths	Measured	No	First 2 years excluded in sensitivity analysis (risk estimates not reported, only shown in figure)	BMI, men BMI, women	<16.0 16.0-16.9 17.0-18.4 18.5-22.9 ≥23.0 <16.0 16.0-16.9 17.0-18.4 18.5-22.9 ≥23.0	2.31 (1.34-3.25) 1.62 (1.13-2.33) 1.14 (0.82-1.57) 1.00 1.49 (1.00-2.23) 1.58 (0.92-2.69) 0.89 (0.45-1.77) 0.84 (0.49-1.40) 1.00 0.54 (0.27-1.12)	Age, sex, smoking status, education, BMI-related symptoms experienced in the 6 months prior to baseline (weight loss and weakness)
Arnlov J et al, 2010, Sweden	Uppsala Longitudinal Study of Adult Men (ULSAM)	1970-1973 –NA, 30 years follow-up	1758 men, age ≥50 years: 788 deaths	NA	CVD hospitalization, diabetes	No	BMI	<25, no metsyn <25, metsyn 25-29.9, no metsyn 25-29.9, metsyn ≥30, no metsyn ≥30, metsyn	1.00 1.28 (0.90-1.82) 1.21 (1.03-1.40) 1.53 (1.19-1.96) 1.65 (1.03-2.66) 2.43 (1.81-3.27)	Age, smoking status, LDL cholesterol
Odegaard AO et al, 2010, Singapore	Singapore Chinese Health Study	1993-1998 – 2008, 12.4 years follow-up	51251 men and women, age 45-74 years: 8356 deaths 9777 current smokers: 2762 deaths 5708 former smokers: 1423 deaths 35766 never smokers: 4171 deaths	Self-reported	Prevalent cardiovascular disease, diabetes, respiratory disease excluded in sensitivity analyses	First 5 years of follow-up excluded in sensitivity analyses	BMI, current smokers including prevalent disease BMI, former smokers including prevalent disease BMI, never smokers, including prevalent disease	<18.5 18.5-19.9 20.0-21.4 21.5-22.9 23.0-24.4 24.5-25.9 26.0-27.4 ≥27.5 <18.5 18.5-19.9 20.0-21.4 21.5-22.9 23.0-24.4 24.5-25.9 26.0-27.4 ≥27.5 <18.5 18.5-19.9	1.18 (0.97-1.43) 1.14 (0.94-1.38) 1.03 (0.86-1.25) 0.99 (0.82-1.20) 1.00 (0.83-1.21) 1.09 (0.89-1.33) 1.00 1.25 (1.01-1.55) 1.48 (1.20-1.82) 1.25 (1.02-1.55) 1.12 (0.93-1.36) 1.04 (0.86-1.26) 1.00 1.17 (0.96-1.43) 1.27 (1.02-1.59) 1.36 (1.11-1.68) 1.19 (1.03-1.39) 1.00	Age, sex, year of enrollment, dialect, education, dietary pattern score, physical activity, intensity and duration of smoking among smokers, and durations since quit in former smokers

							20.0-21.4	0.93 (0.82-1.06)	
							21.5-22.9	1.02 (0.90-1.15)	
							23.0-24.4	1.00 (0.88-1.13)	
							24.5-25.9	1.02(0.89-1.16)	
							26.0-27.4	1.16 (1.00-1.34)	
							≥27.5	1.27 (1.12-1.45)	
						BMI, current smokers excluding prevalent disease	<18.5	1.40 (1.11-1.77)	
							18.5-19.9	1.32 (1.05-1.67)	
							20.0-21.4	1.17 (0.93-1.47)	
							21.5-22.9	1.19 (0.94-1.51)	
							23.0-24.4	1.13 (0.89-1.43)	
							24.5-25.9	1.23 (0.96-1.58)	
							26.0-27.4	1.00	
							≥27.5	1.44 (1.10-1.87)	
						BMI, former smokers excluding prevalent disease	<18.5	1.69 (1.29-2.21)	
							18.5-19.9	1.26 (0.96-1.67)	
							20.0-21.4	1.23 (0.95-1.58)	
							21.5-22.9	1.10 (0.85-1.42)	
							23.0-24.4	1.00	
							24.5-25.9	1.16 (0.89-1.52)	
							26.0-27.4	1.48 (1.10-1.98)	
							≥27.5	1.51 (1.15-1.98)	
						BMI, never smokers, excluding prevalent disease	<18.5	1.27 (1.06-1.52)	
							18.5-19.9	1.00	
							20.0-21.4	0.99 (0.85-1.15)	
							21.5-22.9	1.06 (0.91-1.23)	
							23.0-24.4	1.01 (0.87-1.18)	
							24.5-25.9	1.04 (0.89-1.22)	
							26.0-27.4	1.19 (1.01-1.42)	
							≥27.5	1.25 (1.07-1.47)	
						BMI, current smokers excluding prevalent disease, excluding first 5 years of follow-up	<18.5	1.52 (1.14-2.02)	
							18.5-19.9	1.50 (1.13-1.99)	
							20.0-21.4	1.34 (1.01-1.77)	
							21.5-22.9	1.38 (1.04-1.83)	
							23.0-24.4	1.27 (0.95-1.69)	
							24.5-25.9	1.35 (1.00-1.83)	
							26.0-27.4	1.00	
							≥27.5	1.65 (1.20-2.26)	
						BMI, former smokers excluding prevalent disease, excluding first 5 years of follow-up	<18.5	1.66 (1.20-2.28)	
							18.5-19.9	1.21 (0.87-1.68)	
							20.0-21.4	1.13 (0.84-1.52)	
							21.5-22.9	1.15 (0.86-1.54)	
							23.0-24.4	1.00	

Vessey M et al, 2010, UK	The Oxford-Family Planning Association Contraceptive Study	1968-1974 – 2009, ~ 35.4 years follow-up	17032 women, age 25-39 years: 1715 deaths	Self-reported	No exclusions reported	No exclusions reported	BMI	<20 20-21 22-23 24-25 26-27 ≥28	1.00 0.86 (0.74-1.01) 0.96 (0.83-1.13) 1.00 (0.84-1.20) 1.18 (0.95-1.46) 1.33 (1.07-1.64)	Age, parity, social class, smoking status and cigarettes per day, OC use, total OC use months, interval since last OC use
Berraho M et al, 2010, France	PAQUID Cohort Study	NA-NA, 13 years follow-up	3646 men and women, age ≥65 years: 1973 deaths	Self-reported	No	No	BMI BMI, disabled BMI, nondisabled	<18.5 18.5-21.9 22.0-24.9 25.0-29.9 ≥30.0 <18.5 18.5-21.9 22.0-24.9 25.0-29.9 ≥30.0 <18.5 18.5-21.9 22.0-24.9 25.0-29.9 ≥30.0	1.45 (1.17-1.78) 1.27 (1.12-1.43) 1.00 0.98 (0.88-1.10) 1.06 (0.89-1.27) 1.43 (1.15-1.77) 1.30 (1.14-1.49) 1.00 0.95 (0.84-1.08) 1.06 (0.87-1.28) 0.88 (0.32-2.42) 0.95 (0.67-1.35) 1.00 1.12 (0.86-1.46) 0.87 (0.51-1.48)	Age, physical activity, smoking status, comorbidity (diabetes, dyspnea, hypertension, ischemic heart disease antecedent, stroke antecedent, number of medications used)
Atlantis E et al, 2010, Australia	The Melbourne Longitudinal Studies on Healthy Aging (MELSHA)	1994-2006, 12 years follow-up	1000 men and women, age ≥65 years: 509 deaths	Measured	No exclusions	No exclusions	BMI	<18.5 18.5-24.9 25.0-29.9 ≥30.0	2.15 (1.15-4.02) 1.00 0.96 (0.77-1.20) 1.04 (0.76-1.42)	Age, sex, smoking status, activities of daily living, timed get up and go, social activity, cognitive impairment, CVD
Nagai M et al, 2010, Japan	The Ohsaki Cohort Study	1994-2006, 12 years follow-up	43972 men and women, age 40-79 years: 5707 deaths	Self-reported	Prevalent cancer, myocardial infarction, stroke excluded	First 2 years of follow-up excluded in sensitivity analyses	BMI, men BMI, excluded first 2 years BMI, women	<18.5 18.5-20.9 21.0-22.9 23.0-24.9 25.0-27.4 27.5-29.9 ≥30.0 <18.5 18.5-20.9 21.0-22.9 23.0-24.9 25.0-27.4 27.5-29.9 ≥30.0 <18.5 18.5-20.9 21.0-22.9	1.42 (1.23-1.65) 1.10 (0.99-1.22) 1.04 (0.95-1.14) 1.00 1.01 (0.90-1.13) 1.10 (0.92-1.31) 1.44 (1.11-1.87) 1.35 (1.15-1.59) 1.06 (0.95-1.19) 1.01 (0.92-1.12) 1.00 0.99 (0.88-1.12) 1.05 (0.87-1.26) 1.42 (1.07-1.88) 1.49 (1.24-1.80) 1.15 (0.99-1.33) 0.99 (0.87-1.14)	Age, weight change since age 20 years, education, marital status, cigarette smoking status and cigarettes per day, alcohol, time spent walking, sports and physical exercise, history of kidney disease, history of liver disease Models with exclusion of first 2 year were also adjusted for hypertension and diabetes

								23.0-24.9 25.0-27.4 27.5-29.9 ≥30.0 <18.5 18.5-20.9 21.0-22.9 23.0-24.9 25.0-27.4 27.5-29.9 ≥30.0	1.00 1.03 (0.89-1.19) 1.07 (0.89-1.30) 1.33 (1.05-1.69) 1.78 (1.13-2.81) 1.36 (1.00-1.86) 1.21 (0.92-1.59) 1.00 1.02 (0.76-1.36) 0.99 (0.68-1.45) 1.32 (0.82-2.15)	
Byun W et al, 2010, USA	Aerobics Center Longitudinal Study	1974-2002 – 2003, 16.1 years follow-up	38110 men, age 20-84 years: 2642 deaths	Measured	Prevalent cardiovascular disease or cancer excluded	No	BMI	18.5-24.9 25.0-29.9 ≥30.0	1.00 0.97 (0.89-1.05) 1.31 (1.16-1.48)	Age, examination year, hypertension, diabetes, hypercholesterolemia, smoking status, alcohol, physical activity, cardiorespiratory fitness
Hart CL et al, 2011, United Kingdom	Renfrew and Paisley Study	1972-1976 - NA, 22.7 years follow-up	3613 never smoking women, age 45-64 years: 1796 deaths	Measured	No	No	BMI	18.5-24.9 25.0-29.9 30.0-34.9 ≥35.0	1.00 1.10 (0.99-1.23) 1.35 (1.17-1.56) 2.01 (1.67-2.42)	Age, occupational class
Carlsson S et al, 2011, Sweden	Swedish Twin Registry	1969-1970, 1972 – 2004, 25.7 years follow-up	44258 men and women, age 16-86 years: 14217 deaths	Self-reported	No	First 2 years of follow-up excluded	BMI, men BMI, women	<18.5 18.5-<25 25-<29.9 ≥30 <18.5 18.5-<25 25-<29.9 ≥30	1.18 (0.93-1.50) 1.00 1.22 (1.15-1.30) 1.64 (1.42-1.88) 1.24 (1.07-1.43) 1.00 1.30 (1.23-1.38) 1.66 (1.49-1.84)	Age, smoking status
Klijs B et al, 2011, Netherlands	Dutch Permanent Survey of the Living Situation (POLS)	1997-1999 – 2006, ~8 years follow-up	6217 men and women, age ≥55 years: 1614 deaths	Self-reported	No	No	BMI	18.5-24.9 25.0-29.9 ≥30.0	1.00 0.97 (0.87-1.07) 1.15 (0.98-1.36)	Age, sex, marital status
Hwang LC et al, 2011, Taiwan	Six-Community Hypertension Intervention Project	1982-1983 – 2006, 24 years follow-up	6603 men and women, age 20-65 years: 1896 deaths	Measured	No	No	BMI BMI, men	<23 23-24.9 25-26.9 ≥27 <23 23-24.9 25-26.9 ≥27	1.00 1.06 (0.94-1.19) 1.28 (1.12-1.47) 1.46 (1.27-1.68) 1.00 1.05 (0.90-1.23) 1.20 (1.09-1.32) 1.49 (1.20-1.85)	Age, sex, alcohol, smoking status, education, exercise

		follow-up	1773 deaths 33916 healthy (no CVD/cancer) never smoking women: 770 deaths NA current smokers: 547 deaths NA former smokers: 456 deaths		cancer	analyses, partly reported		22.5-24.9 25.0-27.4 27.5-29.9 30.0-34.9 35.0-39.9 40.0-49.9 15.0-18.4 18.5-19.9 20.0-22.4 22.5-24.9 25.0-27.4 27.5-29.9 30.0-34.9 35.0-39.9 40.0-49.9 15.0-18.4 18.5-19.9 20.0-22.4 22.5-24.9 25.0-27.4 27.5-29.9 30.0-34.9 35.0-39.9 40.0-49.9	1.00 1.12 (0.87-1.44) 1.31 (1.01-1.72) 1.27 (0.99-1.64) 1.51 (1.13-2.02) 2.19 (1.62-2.95) 1.86 (0.67-5.21) 2.29 (1.22-4.31) 1.41 (0.94-2.12) 1.00 1.06 (0.76-1.48) 1.15 (0.81-1.63) 1.04 (0.75-1.45) 1.43 (0.98-2.09) 2.04 (1.37-3.04) 1.51 (0.85-2.71) 1.06 (0.68-1.65) 0.90 (0.66-1.23) 1.00 0.68 (0.52-0.89) 0.67 (0.49-0.91) 0.85 (0.65-1.12) 0.73 (0.49-1.08) 1.48 (1.01-2.15)	activity, alcohol
Lisko I et al, 2011, Finland	Vitality 90+ Study	2000-2004, 4 years follow-up	192 women and 65 men, age ≥90 years: 89/44 deaths	Measured	No	First 2 years of follow-up excluded in sensitivity analyses	BMI, women BMI, men	<18.5 18.5-24.9 25.0-29.9 ≥30.0 18.5-24.9 25.0-29.9 ≥30.0	1.09 (0.14-8.79) 1.29 (0.79-2.08) 1.00 1.07 (0.45-2.52) 3.09 (1.35-7.06) 1.00 1.63 (0.31-8.62)	Chronic conditions (cardiovascular disease, cancer, diabetes, respiratory disease, infectious disease), MMSE score, functional status, smoking status, alcohol
Wee CC et al, 2011, USA	Medicare Current Beneficiary Surveys	1994-2000 – 2008, 14 years follow-up	20975 men and women, age ≥65 years: 11093 deaths	Self-reported	No	First 1 year of follow-up excluded	BMI, men BMI, women	<18.5 18.5-21.9 22.0-24.9 25.0-27.4 27.5-29.9 30.0-34.9 ≥35.0 <18.5 18.5-21.9 22.0-24.9 25.0-27.4 27.5-29.9	2.17 (1.74-2.71) 1.21 (1.09-1.33) 1.00 0.84 (0.78-0.92) 0.81 (0.73-0.90) 0.89 (0.81-0.99) 1.49 (1.20-1.85) 1.67 (1.45-1.92) 1.14 (1.04-1.25) 1.00 0.90 (0.81-0.99) 0.82 (0.74-0.92)	Age, smoking status, education, proxy response, chronic health conditions (COPD, rheumatoid arthritis, dementia, mental retardation, Alzheimer, Parkinson disease), and cancer

								30.0-34.9 ≥35.0	0.98 (0.88-1.08) 1.21 (1.06-1.39)	
Puddu PE et al, 2011, Europe	Seven Countries Study	1960-2000, 25-40 years follow-up	6554 men, age 40-59 years: 5590 deaths	Measured	No	No	BMI	<18.5 18.5-24.9 25.0-29.9 ≥30.0	1.00 0.88 (0.73-1.08) 1.02 (0.83-1.26) 1.16 (0.92-1.48)	Age, location, father status, mother status, SES, physical activity, cigarettes per day, arm circumference, mean blood pressure, heart rate, serum cholesterol, FEV1, ECG abnormalities
Cohen-Mansfield J et al, 2011, Israel	Cross-Sectional and Longitudinal Aging Study (CALAS)	1989-1992 - NA, 20 years follow-up	1369 men and women, age 75-94 years: 1310 deaths	Measured	No	No	BMI	<22 22-30 >30	1.41 (1.20-1.67) 1.00 1.12 (0.93-1.34)	Age, sex, origin, education, additional income, had children
Niedhammer I et al, 2011, France	Lorhandicap Study	1996-2008, 12.5 years follow-up	4118 men and women, age 15-<70 years: 165 deaths	NA	No	No	BMI, all BMI, men BMI, women	<25 25-30 ≥30 <25 25-30 ≥30 <25 25-30 ≥30	1.00 0.91 (0.63-1.31) 0.91 (0.60-1.40) 1.00 0.92 (0.60-1.40) 0.86 (0.50-1.47) 1.00 0.86 (0.41-1.80) 0.99 (0.49-2.02)	Age, sex, SES, smoking status, alcohol, biomechanical exposure, physical exposure, temporary contract, social support
Hotchkiss JW et al, 2011, Scotland	Scottish Health Surveys	1995, 1998, 2003 - 2007, ~9.2 years follow-up	20117 (BMI) men and women, age 18-86 years: 1280 deaths 8204 never smokers: 214 deaths 7995 never smokers, excluding first 2 years: 185 deaths	Measured	Prevalent cancers and CVD excluded in sensitivity analyses	First 2 years excluded in sensitivity analyses	BMI, all BMI, excluding prevalent cancer and CVD BMI, excluding prevalent cancer and CVD and ever smokers BMI, excluding prevalent cancer and CVD, ever smokers and first 2 years of follow-up	<18.5 18.5-<25 25.0-<30 ≥30.0 <18.5 18.5-<25 25.0-<30 ≥30.0 <18.5 18.5-<25 25.0-<30 ≥30.0 <18.5 18.5-<25 25.0-<30 ≥30.0	1.63 (1.95-3.55) 1.00 0.80 (0.70-0.91) 0.93 (0.80-1.07) 2.54 (1.82-3.55) 1.00 0.75 (0.65-0.87) 0.87 (0.74-1.03) 2.71 (0.84-8.70) 1.00 0.68 (0.49-0.95) 0.94 (0.67-1.32) 4.52 (1.06-19.18) 1.00 1.02 (0.66-1.59) 1.09 (0.67-1.78)	Age, sex, smoking status, alcohol, survey year
Mehta NK et al, 2011, USA	Framingham Heart Study Offspring Cohort	1985-1992 - 2003, 14.8 years follow-up	2744 men and women, mean age 55.4 years: 470	Measured	No	No	BMI	<18.5 18.5-24.9 25.0-29.9 30.0-34.9	2.77 (1.28-6.00) 1.00 0.87 (0.70-1.09) 0.98 (0.74-1.29)	Sex, cigarette smoking status and packs per day, education

			deaths					≥35.0	1.85 (1.27-2.69)	
Heir T et al, 2011, Norway	Norwegian White and Blue collar workers	1972-1975 - 1999, 25-27 years follow-up	2014 healthy men, age 40-59 years: 746 deaths	NA	Coronary or other heart diseases, advanced pulmonary diseases, diabetes mellitus, hypertension treated with drugs, advanced renal disease, liver disease, cancer and miscellaneous other diseases including neurological, muscular or joint diseases	First 5 years excluded in sensitivity analyses (results not altered, but not reported)	BMI, non-smokers (former and never), CVD mortality BMI, non-smokers, non-CVD mortality BMI, smokers, CVD mortality BMI, non-smokers, non-CVD mortality	<25 25-29.9 ≥30 <25 25-29.9 ≥30 <25 25-29.9 ≥30	1.00 1.63 (1.19-2.23) 3.67 (2.02-6.64) 1.00 0.89 (0.64-1.24) 2.28 (1.18-4.39) 1.00 1.10 (0.82-1.48) 2.06 (1.14-3.73) 1.00 0.85 (0.63-1.16) 0.94 (0.42-2.16)	Age
Tsai AC et al, 2011, Taiwan	Survey of Health and Living Status of the Elderly in Taiwan	1999-2003, 4 years follow-up	4191 men and women, age ≥53 years: 566 deaths	Self-reported	No	No	BMI, age 53-64 years BMI, age 65-74 years BMI, age ≥75 years	<21 21-27 ≥27 <21 21-27 ≥27 <21 21-27 ≥27	2.79 (1.58-4.95) 1.00 1.45 (0.70-2.98) 1.54 (1.12-2.13) 1.00 0.58 (0.31-1.08) 1.38 (1.10-1.74) 1.00 0.78 (0.50-1.21)	Age, sex, exercise, smoking status
Tognon G et al, 2011, Sweden	Gerontological and Geriatric Population Studies in	1971-2000 - 2009, ~23 years follow-up	1037 men and women, age 70 years: 630 deaths	NA			BMI	<20 20-<30 >30	1.32 (0.90-1.96) 1.00 0.94 (0.72-1.24)	Male gender, waist circumference, low physical activity, marital status, smoking status, education,

	Gothenburg									birth cohort
Bessonova L et al, 2011, USA	California Teachers Study	1995-1996 – 2007, ~11.5 years follow-up	115433 women, mean age 53.1 years: 10574 deaths 75582 never smokers: 5962 deaths	Self-reported	No	First year of follow-up excluded	BMI, all BMI, never smokers BMI, ever smokers	<18.5 18.5-24.9 25-29.9 ≥30 <18.5 18.5-24.9 25-29.9 ≥30 <18.5 18.5-24.9 25-29.9 ≥30	1.33 (1.20-1.47) 1.00 1.04 (0.98-1.10) 1.27 (1.19-1.37) 1.35 (1.18-1.55) 1.00 1.07 (1.00-1.15) 1.34 (1.22-1.47) 1.39 (1.19-1.63) 1.00 1.00 (0.92-1.09) 1.17 (1.05-1.31)	Age, race/ ethnicity, HRT, physical activity, diabetes, hypertension, heart attack, stroke, any cancer, alcohol, smoking status, fat, weight change from age 18 to baseline
Strand BH et al, 2012, United Kingdom	The British 1946 birth cohort	1972 – 2006, 40 years follow-up	1471 men and 1476 women, age 20 years: 332 deaths	Self-reported	No	No	BMI (age 20), men BMI (age 20), women	17.7 20.1 22.6 25.1 27.6 16.1 18.9 21.8 24.8 28.0	7.00 (1.94-25.2) 1.00 (0.43-2.31) 1.00 1.11 (0.45-2.70) 1.00 (0.37-2.71) 0.43 (0.06-3.22) 0.55 (0.21-1.43) 1.00 0.56 (0.23-1.37) 1.01 (0.37-2.79)	Father's occupation, education, smoking status
Pan WH et al, 2012, Taiwan	MJ Health Examination Cohort	1994-1996 – 2007, 11.7 years follow-up	111949 men and women, age ≥20 years: 5345 deaths	Measured	No	First 5 years of follow-up excluded in the main analysis	BMI, men, age 20-39 years BMI, men, age 40-59 years BMI, men age ≥60 years BMI, women, age 20-39 years BMI, women, age 40-59 years	<18.5 18.5-23.9 24.0-26.9 ≥27.0 <18.5 18.5-23.9 24.0-26.9 ≥27.0 <18.5 18.5-23.9 24.0-26.9 ≥27.0 <18.5 18.5-23.9 24.0-26.9 ≥27.0 <18.5 18.5-23.9 24.0-26.9 ≥27.0	1.00 0.77 (0.45-1.32) 0.86 (0.49-1.51) 1.18 (0.66-2.11) 1.00 0.73 (0.49-1.10) 0.76 (0.51-1.15) 0.91 (0.60-1.38) 1.00 0.81 (0.67-0.97) 0.78 (0.64-0.94) 0.83 (0.67-1.02) 1.00 0.76 (0.47-1.23) 1.32 (0.74-2.36) 1.44 (0.73-2.83) 1.00 0.65 (0.40-1.06) 0.77 (0.47-1.26) 0.96 (0.59-1.59)	Age, age squared, smoking status

							BMI, women age ≥ 60 years	<18.5 18.5-23.9 24.0-26.9 ≥ 27.0	1.00 0.58 (0.44-0.75) 0.54 (0.41-0.71) 0.64 (0.49-0.85)	
Belegoli AM et al, 2012, Brazil	Bambui Cohort Study of Ageing	1997-2007, 8.9 years follow-up	1450 men and women, age ≥ 60 years: 521 deaths	Measured	No	No	BMI	<18.5 18.5-24.9 25.0-29.9 ≥ 30.0	1.54 (1.02-1.89) 1.00 0.76 (0.61-0.93) 0.85 (0.64-1.14)	Age, sex, Chagas disease, current smoking, serum B-type natriuretic peptide, major ECG abnormalities, SBP, total cholesterol, diabetes, serum creatinine, physical activity, education, monthly household income, anti-hypertensive medication
Zunzunegui MV et al, 2012, Spain	The Aging in Leganes cohort	1993-2009, 16 years follow-up	1008 men and women, age ≥ 65 years: 672 deaths	Self-reported weight, measured height	No	First year of follow-up excluded	BMI, spline	15.0 17.5 20.0 22.5 25.0 27.5 30.0 32.5 35.0 37.5 40.0 42.5 45.0	1.79 (1.17-2.71) 1.56 (1.12-2.17) 1.37 (1.07-1.75) 1.22 (1.03-1.44) 1.11 (0.99-1.23) 1.03 (0.98-1.09) 1.00 (0.99-1.01) 1.01 (0.97-1.06) 1.08 (0.96-1.21) 1.21 (0.96-1.52) 1.45 (1.00-2.12) 1.87 (1.05-3.33) 2.61 (1.13-6.01)	Age*sex interaction, comorbidity, activity of daily living disability, smoking status, physical activity, education
							BMI, all	<18.5 18.5-24.9 25.0-29.9 30.0-34.9 ≥ 35.0	2.84 (1.58-5.11) 1.15 (0.90-1.46) 1.04 (0.83-1.31) 1.00 1.25 (0.85-1.84)	
							BMI, men	<18.5 18.5-24.9 25.0-29.9 30.0-34.9 ≥ 35.0	4.79 (2.27-10.11) 1.52 (1.07-2.18) 1.39 (0.98-1.96) 1.00 1.16 (0.41-3.27)	
							BMI, women	<18.5 18.5-24.9 25.0-29.9 30.0-34.9 ≥ 35.0	1.55 (0.56-4.31) 0.90 (0.63-1.27) 0.81 (0.59-1.11) 1.00 1.09 (0.71-1.68)	

Park SY et al, 2012, USA	Multiethnic Cohort Study	1993-1996 - 2007, 12.5 years follow-up	183211 men and women, age 45-75 years: 35664 deaths 21893 and 48108 never smokers: 2972/ 5152 deaths 21540 and 47601 never smokers, excluding first 3 years: 2619/4645 deaths	Self-reported	Cancer, heart disease	Exclusion of first 3 years in sensitivity analyses	<p>BMI, men, all</p> <p>BMI, excluding baseline cancer and heart disease</p> <p>BMI, further excluding ever smokers</p> <p>BMI, further excluding deaths within 3 years</p>	<p><18.5 18.5-22.9 23-24.9 25-27.4 27.5-29.9 30-34.9 ≥35</p> <p><18.5 18.5-22.9 23-24.9 25-27.4 27.5-29.9 30-34.9 ≥35</p> <p><18.5 18.5-22.9 23-24.9 25-27.4 27.5-29.9 30-34.9 ≥35</p> <p><18.5 18.5-22.9 23-24.9 25-27.4 27.5-29.9 30-34.9 ≥35</p>	<p>1.98 (1.75-2.23) 1.25 (1.20-1.31) 1.00 0.97 (0.93-1.01) 1.02 (0.97-1.07) 1.23 (1.17-1.29) 1.60 (1.48-1.72) 1.97 (1.70-2.30) 1.24 (1.17-1.31) 1.00 0.99 (0.94-1.04) 1.05 (0.99-1.12) 1.28 (1.20-1.36) 1.80 (1.64-1.97) 1.42 (0.98-2.07) 1.06 (0.94-1.19) 1.00 0.94 (0.84-1.05) 1.14 (1.01-1.29) 1.45 (1.27-1.65) 2.37 (1.99-2.82) 1.25 (0.81-1.91) 1.06 (0.93-1.20) 1.00 0.97 (0.86-1.09) 1.20 (1.05-1.37) 1.56 (1.36-1.79) 2.71 (2.26-3.26)</p>	Age, ethnicity, alcohol, smoking status, average number of cigarettes, squared average number of cigarettes, number of years smoked, number of years since quitting, interactions between ethnicity and smoking status, average number of cigarettes, squared average number of cigarettes and number of years smoked
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							<p>BMI, women, all</p> <p><18.5 18.5-22.9 23-24.9 25-27.4 27.5-29.9 30-34.9 ≥35</p> <p>BMI, excluding baseline cancer and heart disease</p> <p><18.5 18.5-22.9 23-24.9 25-27.4 27.5-29.9 30-34.9 ≥35</p> <p>BMI, further excluding ever smokers</p> <p><18.5 18.5-22.9 23-24.9 25-27.4 27.5-29.9 30-34.9 ≥35</p> <p>BMI, further excluding deaths within 3 years</p> <p><18.5 18.5-22.9 23-24.9 25-27.4 27.5-29.9 30-34.9 ≥35</p> <p>BMI, men, healthy never smokers (excluding first 3 years), African Americans</p> <p><18.5 18.5-22.9 23-24.9 25-27.4 27.5-29.9 30-34.9 ≥35</p>	<p>1.88 (1.72-2.04) 1.13 (1.07-1.19) 1.00 1.04 (0.98-1.10) 1.12 (1.06-1.19) 1.25 (1.18-1.33) 1.63 (1.53-1.74) 1.84 (1.66-2.04) 1.12 (1.05-1.19) 1.00 1.03 (0.97-1.11) 1.13 (1.05-1.22) 1.28 (1.19-1.37) 1.73 (1.59-1.87) 1.71 (1.47-1.99) 1.07 (0.98-1.17) 1.00 1.09 (0.99-1.20) 1.20 (1.08-1.33) 1.39 (1.26-1.54) 1.94 (1.73-2.19) 1.66 (1.42-1.95) 1.07 (0.97-1.18) 1.00 1.10 (0.99-1.21) 1.21 (1.08-1.35) 1.40 (1.26-1.55) 1.97 (1.74-2.23) 1.51 (0.20-11.17) 1.34 (0.92-1.96) 1.00 1.08 (0.78-1.48) 1.64 (1.18-2.28) 1.87 (1.36-2.58) 2.72 (1.81-4.08)</p>	
							<p>BMI, men, healthy never smokers (excluding first 3 years), Native Hawaiians</p> <p><18.5 18.5-22.9 23-24.9 25-27.4 27.5-29.9 30-34.9 ≥35</p> <p>BMI, men, healthy never</p> <p><18.5</p>	<p>0.70 (0.09-5.40) 1.27 (0.64-2.51) 1.00 1.16 (0.65-2.07) 1.18 (0.66-2.12) 1.67 (0.94-2.97) 3.05 (1.69-5.54) 1.31 (0.74-2.31)</p>	

						smokers (excluding first 3 years), Japanese Americans	18.5-22.9 23-24.9 25-27.4 27.5-29.9 30-34.9 ≥35	1.08 (0.89-1.31) 1.00 1.01 (0.82-1.24) 1.30 (0.99-1.71) 1.89 (1.35-2.65) 3.97 (2.08-7.58)	
						BMI, men, healthy never smokers (excluding first 3 years), Latinos	<18.5 18.5-22.9 23-24.9 25-27.4 27.5-29.9 30-34.9 ≥35	0.93 (0.29-2.95) 0.90 (0.66-1.22) 1.00 0.82 (0.65-1.03) 0.98 (0.77-1.25) 1.18 (0.91-1.52) 1.82 (1.27-2.62)	
						BMI, men, healthy never smokers (excluding first 3 years), Whites	<18.5 18.5-22.9 23-24.9 25-27.4 27.5-29.9 30-34.9 ≥35	1.57 (0.57-4.30) 1.05 (0.79-1.39) 1.00 1.01 (0.78-1.30) 1.08 (0.79-1.46) 1.61 (1.18-2.18) 3.31 (2.26-4.85)	
						BMI, women, healthy never smokers (excluding first 3 years), African Americans	<18.5 18.5-22.9 23-24.9 25-27.4 27.5-29.9 30-34.9 ≥35	1.88 (1.09-3.24) 1.22 (0.94-1.58) 1.00 1.06 (0.84-1.34) 1.23 (0.97-1.54) 1.45 (1.16-1.80) 1.74 (1.37-2.20)	
						BMI, women, healthy never smokers (excluding first 3 years), Native Hawaiians	<18.5 18.5-22.9 23-24.9 25-27.4 27.5-29.9 30-34.9 ≥35	1.52 (0.53-4.34) 0.98 (0.63-1.52) 1.00 0.91 (0.59-1.41) 1.24 (0.79-1.93) 1.34 (0.89-2.01) 2.10 (1.36-3.24)	
						BMI, women, healthy never smokers (excluding first 3 years), Japanese Americans	<18.5 18.5-22.9 23-24.9 25-27.4 27.5-29.9 30-34.9 ≥35	1.59 (1.30-1.94) 1.01 (0.88-1.17) 1.00 1.05 (0.87-1.25) 1.16 (0.92-1.47) 1.35 (1.02-1.79) 1.77 (0.96-3.24)	
						BMI, women, healthy never smokers (excluding first 3 years), Japanese Americans	<18.5 18.5-22.9	1.05 (0.49-2.25) 1.34 (1.07-1.68)	

							years), Latinos	23-24.9 25-27.4 27.5-29.9 30-34.9 ≥35	1.00 1.32 (1.07-1.62) 1.34 (1.08-1.67) 1.53 (1.23-1.89) 2.27 (1.77-2.91)	
							BMI, women, healthy never smokers (excluding first 3 years), Whites	<18.5 18.5-22.9 23-24.9 25-27.4 27.5-29.9 30-34.9 ≥35	1.84 (1.22-2.78) 0.93 (0.74-1.17) 1.00 1.06 (0.84-1.34) 1.16 (0.89-1.51) 1.29 (1.00-1.66) 2.26 (1.68-3.05)	
Katzmarzyk PT et al, 2012, Canada	Canadian Heart Health Surveys	1986-1995 – 2004, 13.9 years follow-up	10522 men and women, age 18-74 years: 1149 deaths	Measured	No	First 6 months of follow-up excluded	BMI, men	<18.0 18.0-24.9 25.0-29.9 30-34.9 ≥35	0.84 (0.41-1.72) 1.00 0.99 (0.83-1.18) 1.16 (0.94-1.45) 1.41 (0.97-2.05)	Age, exam year, smoking status, alcohol, education
							BMI, women	<18.0 18.0-24.9 25.0-29.9 30-34.9 ≥35	1.80 (1.07-3.03) 1.00 1.16 (0.92-1.46) 1.47 (1.12-1.93) 1.85 (1.33-2.56)	
Park Y et al, 2012, USA	NIH-AARP Diet and Health Study	1995-1996 - 2009, 13 years follow-up	16471 non-Hispanic black men and women, age 50-71 years: 2609 deaths	Self-reported	Prevalent cancer or heart disease	No	BMI, all, never smokers	15-<20 20-<25 25-<30 30-<35 35-<40 40-50	1.97 (1.24-3.13) 1.00 0.97 (0.78-1.20) 1.31 (1.04-1.65) 1.67 (1.27-2.21) 2.23 (1.61-3.07)	Age, sex, education, marital status, smoking status, cigarettes per day, physical activity, alcohol, menopausal hormone therapy
							BMI, men	15-<20 20-<25 25-<30 30-<35 35-<40 40-50	2.12 (1.00-4.52) 1.00 1.27 (0.91-1.78) 1.56 (1.07-2.28) 2.48 (1.53-4.05) 2.80 (1.46-5.39)	
							BMI, women	15-<20 20-<25 25-<30 30-<35 35-<40 40-50	1.85 (1.03-3.33) 1.00 0.78 (0.59-1.04) 1.17 (0.88-1.57) 1.35 (0.96-1.90) 1.93 (1.33-2.81)	
Fontaine KR et al, 2012, Puerto Rico	Puerto Rico Heart Health Program	1965-1980, 12 years follow-up	5187 hispanic men, mean age 54.4 years	NA	Prevalent coronary heart disease	No	BMI, age 18-<60	<18.5 18.5-<25 25-<30	1.52 (1.07-2.17) 1.00 0.97 (0.84-1.12)	Age

			(35-79): 2619 deaths		excluded		BMI, age 60-<70	30-<35 ≥35 <18.5 18.5-<25 25-<30 30-<35 ≥35	1.09 (0.88-1.34) 1.32 (0.70-2.48) 1.38 (1.04-1.83) 1.00 1.09 (0.96-1.25) 1.19 (0.98-1.44) 1.64 (0.94-2.85)	
							BMI, age ≥70	<18.5 18.5-<25 25-<30 30-<35 ≥35	1.60 (1.08-2.37) 1.00 1.01 (0.81-1.26) 1.24 (0.88-1.73) 1.38 (0.44-4.35)	
Fontaine KR et al, 2012, USA	San Antonio Heart Study	1979 - 2000, 14 years follow-up	2758 men and women, mean age 43.5 years: 923 deaths	NA	No	No	BMI, age 18-<60	<18.5 18.5-<25 25-<30 30-<35 ≥35	2.02 (0.49-8.30) 1.00 0.96 (0.72-1.28) 0.99 (0.71-1.40) 0.97 (0.66-1.42)	Age
							BMI, age 60-<70	<18.5 18.5-<25 25-<30 30-<35 ≥35	2.51 (1.00-6.27) 1.00 1.08 (0.82-1.42) 0.89 (0.65-1.42) 1.20 (0.85-1.72)	
							BMI, age ≥70	<18.5 18.5-<25 25-<30 30-<35 ≥35	1.88 (0.44-8.04) 1.00 1.08 (0.74-1.59) 0.84 (0.53-1.32) 0.95 (0.58-1.56)	
Fontaine KR et al, 2012, USA	The Sacramento Area Latino Study on Aging (SALSA)	1998-1999 – 2006, 9 years follow-up	1625 men and women, age ≥60 years (mean 70.4): 419 deaths	NA	No	No	BMI, age 60-<70	<18.5 18.5-<25 25-<30 30-<35 ≥35	- 1.00 0.87 (0.50-1.53) 0.81 (0.46-1.46) 1.44 (0.80-2.59)	Age
							BMI, age ≥70	<18.5 18.5-<25 25-<30 30-<35 ≥35	- 1.00 0.72 (0.55-0.94) 0.60 (0.45-0.82) 0.91 (0.65-1.21)	
Jerant A et al, 2012, USA	Medical Expenditures Panel Surveys	2000-2005 -2006, 3.9 years follow-up	50994 men and women, age 18-90 years: 1683 deaths	Self-reported	No	No	BMI	<20 20-<25 25-<30 30-<35 ≥35	1.78 (1.44-2.20) 1.00 0.80 (0.60-0.92) 0.93 (0.78-1.11) 1.26 (1.00-1.59)	Age, sex, race/ethnicity, education, income, health insurance, residence, census region, smoking status

De Hollander EL et al, 2012, Netherlands	Survey in Europe on Nutrition and the Elderly (SENECA)	1988-1989 - 1999, 10 years follow-up	1980 men and women, age 70-75 years: 751 deaths	Measured	Chronic diseases at baseline excluded in sensitivity analyses	First 2 years of follow-up excluded in sensitivity analyses	BMI	<20 20-25 25-30 ≥30	1.06 (0.73-1.55) 1.00 0.92 (0.78-1.09) 1.05 (0.89-1.29)	Age, sex, smoking status, education
Chen Z et al, 2012, China	45 Areas of China	1990-1991 – 2006, 15 years follow-up	142214 men, age 45-79 years: 17800 deaths	Measured	Chronic obstructive pulmonary disease, asthma, heart disease, stroke, cancer, peptic ulcer, cirrhosis, kidney disease, hepatitis, tuberculosis	Excluded first 5 years of follow-up	BMI	15.0-<18.5 18.5-<20.0 20.0-<22.5 22.5-<25.0 25.0-<27.5 27.5-<30.0 30.0-<35.0	1.16 (1.10-1.22) 1.07 (1.02-1.12) 1.03 (0.99-1.07) 1.00 1.09 (1.02-1.16) 1.21 (1.09-1.34) 1.43 (1.21-1.68)	Age, area, smoking status, alcohol, education
Claessen H et al, 2012, Germany	German Construction Workers Cohort	1986-1992 – 2007-2008, 17.24 years follow-up	19476 men, age 26-65 years: 2211 deaths	Measured	No	No	BMI	<25.0 25.0-29.9 ≥30.0	1.00 0.83 (0.76-0.92) 0.99 (0.88-1.12)	Age, nationality, alcohol, smoking status
Rhee CW et al, 2012, Korea	Seoul Male Cohort Study	1993-2008, 15 years follow-up	14533 men, age 40-59 years: 990 deaths	Self-reported	No	No	BMI	<18.5 18.5-22.9 23.0-24.9 ≥25.0	0.98 (0.82-1.18) 1.00 1.00 (0.85-1.19) 1.63 (0.97-2.74)	Age, smoking status, alcohol, regular exercise, sleep hours, education, hypertension, diabetes
Cohen SS et al, 2012, USA	Southern Community Cohort Study	2002-2009 - 2011, 8.9 years follow-up	22014 black and 9343 white men 30810 black and 14447 white women, age 40-79 years: 5427 deaths	Self-reported, measured in 25% of participants	Exclusion of participant with cancer, heart disease and stroke in sensitivity analyses	Excluding first 12 months of follow-up	BMI, black men, total mortality BMI, white men BMI, black women	<20 20-24.9 25-29.9 30-34.9 35-39.9 ≥40 <20 20-24.9 25-29.9 30-34.9 35-39.9 ≥40 <20 20-24.9 25-29.9	1.47 (1.24-1.74) 1.00 0.80 (0.72-0.90) 0.70 (0.61-0.80) 0.90 (0.74-1.08) 1.13 (0.89-1.43) 0.96 (0.67-1.39) 1.00 0.72 (0.60-0.85) 0.75 (0.60-0.93) 1.12 (0.87-1.45) 1.37 (1.02-1.84) 1.71 (1.35-2.17) 1.00 0.80 (0.69-0.94)	Age, education, income, source, cigarette smoking status and packs per day, alcohol

								30-34.9 35-39.9 ≥40 <20 20-24.9 25-29.9 30-34.9 35-39.9 ≥40 <20 20-24.9 25-29.9 30-34.9 35-39.9 ≥40 <20 20-24.9 25-29.9 30-34.9 35-39.9 ≥40	0.66 (0.56-0.78) 0.72 (0.60-0.86) 0.87 (0.72-1.04) 1.40 (1.04-1.89) 1.00 0.96 (0.77-1.18) 1.07 (0.86-1.34) 1.03 (0.79-1.34) 1.47 (1.15-1.89) 2.06 (1.53-2.79) 1.00 0.72 (0.61-0.86) 0.66 (0.54-0.80) 0.72 (0.58-0.89) 1.09 (0.89-1.35) 0.81 (0.35-1.87) 1.00 0.84 (0.62-1.13) 0.85 (0.62-1.17) 1.12 (0.79-1.59) 1.74 (1.24-2.41)	
Dobson A et al, 2012, Australia	Australian Longitudinal Study on Women's Health	1996 – NA, 10 years follow-up	7438 women, age 71-79 years: 1734 deaths	Self-reported	No	No	BMI, women	18.5-<25.0 25.0-<30.0 ≥30.0	1.00 0.82 (0.72-0.92) 1.03 (0.88-1.21)	Age, smoking status, alcohol, physical activity
Dobson A et al, 2012, Australia	Health in Men Study	1996 – NA, 10 years follow-up	6053 men, age 71-79 years: 2290 deaths	Self-reported	No	No	BMI, men	18.5-<25.0 25.0-<30.0 ≥30.0	1.00 0.87 (0.77-0.99) 0.98 (0.83-1.15)	Age, smoking status, alcohol, physical activity
Hotchkiss JW et al, 2013, Scotland	Scottish Health Survey Cohort	1995, 1998, 2003 – 2008, 10.1 years follow-up	19329 men and women, age 18-86 years: 1495 deaths	Measured	Subjects with prior CHD or stroke hospital admissions	First 3-5 years excluded in sensitivity analyses, results not reported	BMI, men BMI, women	<18.5 18.5-<25 25-<30 ≥30 <18.5 18.5-<25 25-<30 ≥30	2.53 (1.58-4.06) 1.00 0.64 (0.54-0.77) 0.82 (0.67-1.01) 2.69 (1.80-4.03) 1.00 0.98 (0.81-1.18) 0.93 (0.75-1.15)	Age, smoking status, alcohol, year of survey
Choi KM et al, 2013 Korea	South-West Seoul Study	1999 – 2009, 10.3 years follow-up	2317 men and women, age 60-92 years: 393 deaths	Measured	No	No	BMI, no MetS BMI, MetS	18.5-<23 23-<25 ≥25 18.5-<23 23-<25 ≥25	1.39 (1.00-1.94) 1.00 1.25 (0.88-1.76) 2.49 (1.61-3.83) 1.77 (1.16-2.69) 1.49 (1.04-2.14)	Age, sex, smoking status

Schmidt M et al, 2013, Denmark	Danish Military Conscripts	1977 – 2010, 31 years follow-up	6502 men, age 22 years: 507 deaths	Measured	No	No	BMI	<18.5 18.5-24.9 25.0-29.9 ≥30.0	1.0 (0.7-1.5) 1.0 0.9 (0.7-1.2) 2.1 (1.3-3.5)	Cognitive test score, education
Yano Y et al, 2013, Japan	Jichi Medical School Cohort Study	1992-1993 – 2002, 10.2 years follow-up	3641 men and women, mean age 53.7 years: 240 deaths	Measured	No	No	BMI	19.5 22.7 27.0	1.70 (1.24-2.33) 1.00 1.24 (0.91-1.70)	Age, sex, current smoking, SBP, diabetes
Masters RK et al, 2013, USA	National Health Interview Survey	1986-2004 – 2006, ~12.4 years follow-up	373185 men and 416908 women, age 25-84.9 years: 64443/ 58937 deaths	Self-reported	No	No	BMI, men BMI, women	18.5-29.9 30-34.9 35-39.9 ≥40 18.5-29.9 30-34.9 35-39.9 ≥40	1.00 1.11 (1.09-1.14) 1.42 (1.36-1.49) 2.14 (1.97-2.33) 1.00 1.11 (1.08-1.14) 1.37 (1.32-1.43) 1.90 (1.80-2.00)	Age, education, income, marital status, region of residence, race/ ethnicity
Ma J et al, 2013, USA	National Health Interview Survey	1987-1995 – 2006, 16 years follow-up	210818 men and women, age 18-99 years: 34239 deaths 106964 never smokers: 14763 deaths 48261 former smokers: 10516 deaths 55593 current smokers: 8960 deaths	Self-reported	Prevalent fair or bad health excluded	First 5 years of follow-up excluded in sensitivity analyses	BMI, never smokers, age 18-44 years, men BMI, former smokers BMI, current smokers BMI, never smokers, age 45-64 years, men BMI, former smokers BMI, current smokers	15.0-18.4 18.5-24.9 25.0-29.9 30.0-34.9 ≥35.0 15.0-18.4 18.5-24.9 25.0-29.9 30.0-34.9 ≥35.0 15.0-18.4 18.5-24.9 25.0-29.9 30.0-34.9 ≥35.0 15.0-18.4 18.5-24.9 25.0-29.9 30.0-34.9 ≥35.0 15.0-18.4 18.5-24.9 25.0-29.9 30.0-34.9 ≥35.0 15.0-18.4 18.5-24.9 25.0-29.9 30.0-34.9 ≥35.0 15.0-18.4	0.85 (0.31-2.32) 1.00 0.94 (0.77-1.15) 1.22 (0.95-1.56) 3.18 (2.37-4.27) 0.57 (0.08-4.06) 0.92 (0.74-1.16) 0.87 (0.70-1.07) 1.33 (0.96-1.85) 2.15 (1.32-3.49) 3.17 (1.87-5.38) 2.29 (1.96-2.68) 1.96 (1.65-2.34) 2.71 (2.16-3.39) 4.03 (2.92-5.56) 0.38 (0.05-2.87) 1.00 1.10 (0.92-1.31) 1.62 (1.28-2.04) 2.40 (1.70-3.38) 3.96 (1.85-8.49) 1.44 (1.22-1.70) 1.43 (1.22-1.68) 1.94 (1.60-2.35) 2.50 (1.90-3.30) 6.47 (4.42-9.46)	Age, education, race

							18.5-24.9	3.37 (2.85-3.99)	
							25.0-29.9	2.74 (2.31-3.25)	
							30.0-34.9	3.25 (2.61-4.05)	
							≥35.0	4.15 (2.88-5.99)	
						BMI, never smokers, age 65-99 years, men	15.0-18.4	1.42 (0.96-2.10)	
							18.5-24.9	1.00	
							25.0-29.9	1.00 (0.91-1.09)	
							30.0-34.9	1.22 (1.04-1.43)	
							≥35.0	1.55 (1.15-2.08)	
						BMI, former smokers	15.0-18.4	2.02 (1.31-3.12)	
							18.5-24.9	1.25 (1.16-1.35)	
							25.0-29.9	1.22 (1.12-1.32)	
							30.0-34.9	1.37 (1.21-1.54)	
							≥35.0	1.79 (1.40-2.30)	
						BMI, current smokers	15.0-18.4	2.90 (2.02-4.17)	
							18.5-24.9	1.93 (1.71-2.18)	
							25.0-29.9	1.84 (1.64-2.07)	
							30.0-34.9	2.72 (2.20-3.37)	
							≥35.0	2.77 (1.11-6.96)	
						BMI, never smokers, age 18-44 years, women	15.0-18.4	0.76 (0.43-1.34)	
							18.5-24.9	1.00	
							25.0-29.9	1.46 (1.21-1.76)	
							30.0-34.9	1.45 (1.09-1.92)	
							≥35.0	2.04 (1.45-2.87)	
						BMI, former smokers	15.0-18.4	1.86 (0.97-3.56)	
							18.5-24.9	1.10 (0.86-1.42)	
							25.0-29.9	1.33 (0.97-1.83)	
							30.0-34.9	1.51 (0.93-2.43)	
							≥35.0	1.08 (0.58-2.01)	
						BMI, current smokers	15.0-18.4	3.15 (2.34-4.23)	
							18.5-24.9	2.73 (2.34-3.19)	
							25.0-29.9	2.51 (2.07-3.04)	
							30.0-34.9	1.94 (1.46-2.59)	
							≥35.0	2.81 (1.92-4.10)	
						BMI, never smokers, age 45-64 years, women	15.0-18.4	1.79 (1.23-2.58)	
							18.5-24.9	1.00	
							25.0-29.9	1.16 (1.01-1.34)	
							30.0-34.9	1.68 (1.41-2.01)	
							≥35.0	2.24 (1.82-2.75)	
						BMI, former smokers	15.0-18.4	2.19 (1.25-3.85)	
							18.5-24.9	1.40 (1.22-1.60)	
							25.0-29.9	1.67 (1.41-1.99)	
							30.0-34.9	1.98 (1.61-2.43)	

							25.0-29.9	1.47 (1.31-1.64)	
							30.0-34.9	2.08 (1.83-2.37)	
							≥35.0	3.17 (2.63-3.82)	
						BMI, current smokers	15.0-18.4	5.40 (4.36-6.69)	
							18.5-24.9	3.28 (2.94-3.66)	
							25.0-29.9	2.97 (2.67-3.30)	
							30.0-34.9	3.71 (3.16-4.36)	
							≥35.0	4.50 (3.53-5.74)	
						BMI, never smokers, age 65-99 years, excluding first 5 years of follow-up	15.0-18.4	1.19 (1.03-1.38)	
							18.5-24.9	1.00	
							25.0-29.9	0.99 (0.93-1.04)	
							30.0-34.9	1.11 (1.02-1.21)	
							≥35.0	1.22 (1.06-1.41)	
						BMI, former smokers	15.0-18.4	1.51 (1.22-1.88)	
							18.5-24.9	1.23 (1.17-1.30)	
							25.0-29.9	1.20 (1.13-1.27)	
							30.0-34.9	1.45 (1.33-1.59)	
							≥35.0	1.71 (1.44-2.04)	
						BMI, current smokers	15.0-18.4	2.58 (2.12-3.14)	
							18.5-24.9	1.91 (1.77-2.06)	
							25.0-29.9	1.77 (1.61-1.94)	
							30.0-34.9	2.42 (1.99-2.94)	
							≥35.0	2.12 (1.52-2.97)	
						BMI, never smokers, age 18-44 years, all subjects (including poor and fair health at baseline)	15.0-18.4	1.13 (0.74-1.73)	
							18.5-24.9	1.00	
							25.0-29.9	1.23 (1.05-1.44)	
							30.0-34.9	1.60 (1.32-1.94)	
							≥35.0	2.78 (2.20-3.50)	
						BMI, former smokers	15.0-18.4	1.62 (0.88-3.01)	
							18.5-24.9	1.08 (0.89-1.30)	
							25.0-29.9	1.08 (0.90-1.29)	
							30.0-34.9	1.62 (1.22-2.15)	
							≥35.0	2.36 (1.62-3.42)	
						BMI, current smokers	15.0-18.4	3.68 (2.91-4.64)	
							18.5-24.9	2.81 (2.50-3.15)	
							25.0-29.9	2.48 (2.16-2.85)	
							30.0-34.9	3.32 (2.78-3.96)	
							≥35.0	4.87 (3.90-6.08)	
						BMI, never smokers, age 45-64 years, all subjects (including poor and fair health at baseline)	15.0-18.4	1.75 (1.25-2.44)	
							18.5-24.9	1.00	
							25.0-29.9	1.16 (1.06-1.28)	
							30.0-34.9	1.67 (1.48-1.89)	
							≥35.0	2.47 (2.12-2.88)	

							BMI, former smokers 15.0-18.4 18.5-24.9 25.0-29.9 30.0-34.9 ≥35.0 BMI, current smokers 15.0-18.4 18.5-24.9 25.0-29.9 30.0-34.9 ≥35.0 BMI, never smokers, age 65-99 years, all subjects (including poor and fair health at baseline) 15.0-18.4 18.5-24.9 25.0-29.9 30.0-34.9 ≥35.0 BMI, former smokers 15.0-18.4 18.5-24.9 25.0-29.9 30.0-34.9 ≥35.0 BMI, current smokers 15.0-18.4 18.5-24.9 25.0-29.9 30.0-34.9 ≥35.0	2.98 (2.09-4.25) 1.44 (1.30-1.60) 1.50 (1.36-1.66) 2.11 (1.91-2.34) 3.28 (2.87-3.76) 5.63 (4.75-6.67) 3.22 (2.94-3.53) 3.02 (2.75-3.30) 3.59 (3.15-4.10) 5.10 (4.29-6.08) 1.17 (1.04-1.32) 1.00 0.99 (0.94-1.04) 1.11 (1.04-1.19) 1.34 (1.20-1.51) 1.83 (1.54-2.18) 1.25 (1.19-1.31) 1.21 (1.15-1.27) 1.47 (1.36-1.59) 1.82 (1.60-2.08) 2.13 (1.75-2.58) 1.87 (1.75-1.99) 1.73 (1.60-1.86) 2.21 (1.92-2.55) 2.41 (1.91-3.04)		
Hinnouho GM et al, 2013, United Kingdom	Whitehall Study 2	1985-1988 – 2010, 17.7 years follow-up	5269 men and women, age 39-62 years: 413 deaths	Measured	No	First 5 years excluded in sensitivity analysis	BMI	18.5-24.9 25-29.9 ≥30	1.00 1.01 (0.82-1.26) 1.68 (1.27-2.22)	Age, sex, occupational position, physical activity, smoking status, alcohol, fruit and vegetable consumption, marital status, ethnicity
Takata Y et al, 2013, Japan	Fukuoka Prefecture	1998 – 2010, 12 years follow-up	675 men and women, age 80 years: 397 deaths	Measured	No	No	BMI	<19.5 19.5-<21.1 21.1-<22.5 22.5-<23.8 23.8-<26.0 ≥26.0	1.00 0.78 (0.55-1.12) 0.75 (0.52-1.08) 0.47 (0.32-0.70) 0.55 (0.38-0.79) 0.61 (0.42-0.89)	Gender, smoking status, alcohol, current outpatient, SBP, serum glucose, total cholesterol
Dahl AK et al, 2013, Sweden	OCTO-Twin, Gender, and NONA studies	NA-NA, 18 years follow-up	882 men and women, age 70-95 years: 667 deaths	Measured	No	No	BMI	<25.0 25.0-29.9 30.0	1.00 0.80 (0.67-0.95) 0.93 (0.71-1.22)	Age, sex, education, multimorbidity, BMI change, age X BMI change interaction
Stenholm S et al, 2014,	Mini-Finland Health	1978-1980 – 2011,	3594 men and women, age	Measured	Prevalent cardiovascular	First 5 years of	BMI, age 50-69 years	18.5-24.9 25.0-29.9	1.00 0.99 (0.89-1.09)	Age, sex, education, smoking status, alcohol use, physical

Finland	Examination Survey	17.9 years follow-up	50-91 years: 3043 deaths		disease and cancer excluded in sensitivity analyses (not reported)	follow-up excluded in sensitivity analyses (results not reported)	BMI, age ≥ 70 years	≥ 30.0 18.5-24.9 25.0-29.9 ≥ 30.0	1.24 (1.10-1.40) 1.00 0.84 (0.72-0.97) 0.81 (0.67-0.98)	activity, handgrip strength
Singh PN et al, 2014, USA	Adventist Health Study 2	2002/2007 – 2009, 5.7 years follow-up	22884 black men and women, age 58-108 years: 879 deaths 5131 and 13640 never smokers:	Self-reported, validated	No	No	BMI, women BMI, men BMI, women, never smokers BMI, men, never smokers	<23.7 23.7-<26.6 26.6-<29.6 29.6-33.8 >33.8 <23.6 23.6-<25.8 25.8-<27.8 27.8-30.8 >30.8 <18.5 18.5-24.9 25-29.9 ≥ 30 <18.5 18.5-24.9 25-29.9 ≥ 30	1.40 (1.05-1.86) 1.08 (0.80-1.44) 1.00 1.23 (0.92-1.63) 1.42 (1.06-1.88) 1.44 (0.95-2.16) 1.19 (0.79-1.79) 1.00 1.35 (0.88-2.04) 1.66 (1.10-2.49) 1.24 (0.66-2.33) 1.00 0.95 (0.73-1.24) 1.43 (1.11-1.84) 4.42 (2.14-9.13) 1.00 0.85 (0.58-1.25) 1.59 (1.02-2.49)	Age, smoking status, vegetarian diet, vigorous physical activity
Ghaem Maralani H et al, 2014, Australia	Blue Mountains Eye Study	1992-1994 – 1997-1999 - 2007, 14.7 years follow-up	2216 men and women, age ≥ 49 years: 599 deaths	Measured	No	No	BMI, age ≤ 70 years BMI, age >70 years	<18.5 18.5-<25 25-<30 ≥ 30 <18.5 18.5-<25 25-<30 ≥ 30	1.82 (0.80-4.15) 1.00 1.07 (0.82-1.41) 1.44 (1.05-1.98) 1.20 (0.53-2.72) 1.00 0.98 (0.77-1.25) 0.94 (0.67-1.32)	Age, sex, smoking status, pre-existing disease (hypertension, diabetes, angina, acute myocardial infarction, stroke, cancer)
Xiao Q et al, 2014, USA	Prostate, Lung, Colorectal and Ovarian (PLCO) Cancer Screening Trial	1993-2001 – 2009, 13 years follow-up the	7446 non-Hispanic black and 130598 white men and women, age 49-78 years: 1495/ 18236 deaths	Self-reported	Prevalent cancer, heart attack or stroke excluded in sensitivity analyses	No	BMI, non-hispanic black, all men BMI, non-hispanic black, healthy men who never	15.0-<22.5 22.5-<25.0 25.0-<27.5 27.5-<30.0 30.0-<35.0 35.0-<40.0 40.0-<50.0 15.0-<22.5 22.5-<25.0	1.32 (1.04-1.67) 1.00 0.95 (0.77-1.19) 0.88 (0.70-1.10) 1.15 (0.93-1.43) 1.25 (0.93-1.67) 1.87 (1.25-2.79) 1.33 (0.84-2.12) 1.00	Age, education, marital status, smoking status, pack-years, years since quitting smoking Healthy men and women who never smoked or quit ≥ 5 years

						smoked or quit 5 years before baseline	25.0-<27.5 27.5-<30.0 30.0-<35.0 35.0-<40.0 40.0-<50.0	0.90 (0.62-1.31) 0.92 (0.63-1.35) 1.03 (0.71-1.49) 1.34 (0.84-2.16) 2.57 (1.48-4.54)	ago: age, education marital status, remote former smoking, previous-pack-years, years since quitting smoking
					BMI, non-hispanic white, all men	15.0-<22.5 22.5-<25.0 25.0-<27.5 27.5-<30.0 30.0-<35.0 35.0-<40.0 40.0-<50.0	1.29 (1.19-1.40) 1.00 0.95 (0.90-1.01) 0.99 (0.94-1.06) 1.17 (1.10-1.24) 1.60 (1.47-1.75) 2.06 (1.80-2.37)		
					BMI, non-hispanic white, healthy men who never smoked or quit 5 years before baseline	15.0-<22.5 22.5-<25.0 25.0-<27.5 27.5-<30.0 30.0-<35.0 35.0-<40.0 40.0-<50.0	1.26 (1.11-1.44) 1.00 0.99 (0.91-1.08) 1.10 (1.01-1.19) 1.23 (1.13-1.34) 1.73 (1.53-1.96) 2.33 (1.93-2.82)		
					BMI, non-hispanic black, all women	15.0-<22.5 22.5-<25.0 25.0-<27.5 27.5-<30.0 30.0-<35.0 35.0-<40.0 40.0-<50.0	1.55 (1.07-2.24) 1.00 0.80 (0.58-1.10) 0.84 (0.61-1.14) 0.89 (0.67-1.19) 1.04 (0.75-1.44) 1.50 (1.06-2.14)		
					BMI, non-hispanic black, healthy women who never smoked or quit 5 years before baseline	15.0-<22.5 22.5-<25.0 25.0-<27.5 27.5-<30.0 30.0-<35.0 35.0-<40.0 40.0-<50.0	1.51 (0.81-2.79) 1.00 0.89 (0.55-1.44) 0.94 (0.59-1.48) 0.90 (0.58-1.40) 1.00 (0.61-1.63) 1.67 (1.00-2.14)		
					BMI, non-hispanic white, all women	15.0-<22.5 22.5-<25.0 25.0-<27.5 27.5-<30.0 30.0-<35.0 35.0-<40.0 40.0-<50.0	1.29 (1.19-1.40) 1.00 0.97 (0.90-1.05) 1.07 (0.98-1.16) 1.22 (1.13-1.33) 1.41 (1.27-1.57) 2.20 (1.95-2.49)		
					BMI, non-hispanic white, healthy women who never smoked or quit 5 years before	15.0-<22.5 22.5-<25.0 25.0-<27.5	1.27 (1.14-1.43) 1.00 1.05 (0.94-1.16)		

							baseline	27.5-<30.0 30.0-<35.0 35.0-<40.0 40.0-<50.0	1.11 (0.99-1.24) 1.34 (1.21-1.49) 1.56 (1.36-1.79) 2.46 (2.10-2.88)	
McTigue KM et al, 2014, USA	Women's Health Initiative	1993-1998 - 2005, 7.82 years follow-up	156775 women, age 50-79 years: NA	Measured	No	No	BMI, all BMI, white women BMI, African American women BMI, hispanic women	18.5-24.9 25-29.9 30-34.9 35-39.9 ≥40 18.5-24.9 25-29.9 30-34.9 35-39.9 ≥40 18.5-24.9 25-29.9 30-34.9 35-39.9 ≥40 18.5-24.9 25-29.9 30-34.9 35-39.9 ≥40	1.00 0.97 (0.92-1.02) 1.16 (1.09-1.23) 1.53 (1.41-1.65) 1.88 (1.71-2.07) 1.00 0.97 (0.92-1.03) 1.15 (1.07-1.22) 1.51 (1.39-1.65) 1.97 (1.77-2.20) 1.00 1.07 (0.88-1.31) 1.28 (1.04-1.57) 1.58 (1.26-1.98) 1.55 (1.20-2.00) 1.00 0.88 (0.61-1.26) 1.37 (0.95-1.99) 2.15 (1.39-3.31) 2.59 (1.55-4.31)	Age, smoking status, education, participant's cohort of the WHI
Buys DR et al, 2014, USA	University of Alabama at Birmingham Study of Aging	1999-2001 - NA, 8.5 years follow-up	1000 men and women, age ≥65 years: 382 deaths	Measured and self-reported	No	No	BMI	≤18.5 >18.5-25 >25-30 >30-35 ≥35	1.57 (0.88-2.82) 1.00 0.94 (0.73-1.21) 0.80 (0.58-1.09) 0.73 (0.49-1.09)	Age, life-space, marital status, social support, comorbidity score, rural versus urban residence, race, gender, education
Ford DW et al, 2014, USA	Geisinger Rural Health Study	2009-2013, 3.1 years follow-up	2995 men and women, age ≥74 years: 360 deaths	Self-reported	No	No	BMI	<18.5 18.5-24.9 25-29.9 30-34.9 ≥35	1.85 (1.09-3.14) 1.00 0.71 (0.55-0.91) 0.82 (0.60-1.11) 0.89 (0.62-1.51)	Age, sex, smoking status, weight gain, weight loss
Joshy G et al, 2014, Australia	The 45 and Up Study	2006-2008 - 2012, 3.9 years follow-up	246314 men and women, age ≥45 years: 11127 deaths 41754 healthy men and 66489 healthy women, never smokers:	Self-reported, validated	CVD, cancer	First 2 years of follow-up	BMI, men, never smokers BMI, women, never smokers	15-18.49 18.5-19.99 20-22.49 22.50-24.99 25.00-27.49 27.50-29.99 30-34.99 35-50 15-18.49	1.85 (1.04-3.27) 1.84 (1.20-2.81) 1.49 (1.18-1.88) 1.00 0.99 (0.80-1.23) 1.08 (0.84-1.38) 1.45 (1.12-1.88) 2.61 (1.81-3.78) 1.93 (1.35-2.76)	Age, region of residence, household income, education, alcohol intake, health insurance

			1463 deaths					18.5-19.99 20-22.49 22.50-24.99 25.00-27.49 27.50-29.99 30-34.99 35-50	1.74 (1.29-2.35) 1.45 (1.16-1.82) 1.00 1.01 (0.80-1.28) 1.06 (0.81-1.38) 1.21 (0.93-1.57) 1.66 (1.18-2.33)	
Patel AV et al, 2014, USA	Cancer Prevention Study 2	1982 – 2010, 28 years follow-up	955431 white and black men and women, age ≥30 years: 453102 deaths 453833 white and black men and women, never smokers: 202267 deaths	Self-reported	Analyses were stratified by prevalent disease (cancer, heart disease, stroke, emphysema, chronic bronchitis, asthma)	No	BMI, white smokers with prevalent disease, men BMI, white smokers without prevalent disease BMI, white never smoker with prevalent disease BMI, white never smoker without prevalent disease	15.0-18.4 18.5-19.9 20.0-22.4 22.5-24.9 25.0-27.4 27.5-29.9 30.0-34.9 35.0-39.9 ≥40.0 15.0-18.4 18.5-19.9 20.0-22.4 22.5-24.9 25.0-27.4 27.5-29.9 30.0-34.9 35.0-39.9 ≥40.0 15.0-18.4 18.5-19.9 20.0-22.4 22.5-24.9 25.0-27.4 27.5-29.9 30.0-34.9 35.0-39.9 ≥40.0 15.0-18.4 18.5-19.9 20.0-22.4 22.5-24.9 25.0-27.4 27.5-29.9 30.0-34.9 35.0-39.9 ≥40.0	1.66 (1.55-1.76) 1.47 (1.39-1.55) 1.18 (1.15-1.22) 1.00 0.96 (0.94-0.98) 1.02 (1.00-1.05) 1.15 (1.12-1.19) 1.28 (1.19-1.37) 1.52 (1.22-1.89) 1.29 (1.18-1.42) 1.34 (1.27-1.42) 1.15 (1.12-1.18) 1.00 0.99 (0.97-1.01) 1.06 (1.04-1.08) 1.24 (1.21-1.28) 1.50 (1.40-1.60) 2.00 (1.63-2.45) 1.34 (1.16-1.54) 1.38 (1.25-1.53) 1.11 (1.05-1.16) 1.00 1.06 (1.02-1.10) 1.14 (1.09-1.19) 1.42 (1.35-1.50) 1.75 (1.55-1.97) 1.18 (0.75-1.86) 1.25 (1.08-1.45) 1.06 (0.96-1.17) 1.01 (0.97-1.05) 1.00 1.07 (1.04-1.10) 1.28 (1.24-1.32) 1.50 (1.44-1.56) 2.17 (1.98-2.39) 2.52 (1.92-3.30)	Age, race, education, physical activity, alcohol, marital status, aspirin use, fat consumption, vegetable consumption, and among ever smokers: smoking status, cigarettes per day, years since quitting + analyses with prevalent disease further adjusted for cancer, heart disease, stroke, emphysema, chronic bronchitis, asthma

							BMI, black smokers with prevalent disease, men	15.0-18.4 18.5-19.9 20.0-22.4 22.5-24.9 25.0-27.4 27.5-29.9 30.0-34.9 ≥35.0	1.35 (0.95-1.93) 1.36 (1.04-1.77) 1.10 (0.94-1.29) 1.00 0.97 (0.86-1.11) 0.95 (0.83-1.10) 1.06 (0.90-1.23) 1.14 (0.86-1.52)	
							BMI, black smokers without prevalent disease	15.0-18.4 18.5-19.9 20.0-22.4 22.5-24.9 25.0-27.4 27.5-29.9 30.0-34.9 ≥35.0	0.99 (0.66-1.50) 1.57 (1.24-2.00) 1.14 (1.00-1.29) 1.00 1.03 (0.94-1.14) 1.00 (0.89-1.12) 1.11 (0.97-1.28) 1.15 (0.88-1.51)	
							BMI, black never smoker with prevalent disease	15.0-18.4 18.5-19.9 20.0-22.4 22.5-24.9 25.0-27.4 27.5-29.9 30.0-34.9 ≥35.0	1.76 (0.98-3.17) 2.00 (1.17-3.45) 1.36 (0.99-1.86) 1.00 0.76 (0.60-0.95) 0.88 (0.70-1.12) 1.00 (0.79-1.27) 0.91 (0.57-1.46)	
							BMI, black never smoker without prevalent disease	15.0-18.4 18.5-19.9 20.0-22.4 22.5-24.9 25.0-27.4 27.5-29.9 30.0-34.9 ≥35.0	0.78 (0.29-2.13) 1.60 (0.94-2.72) 1.05 (0.83-1.34) 1.00 1.18 (1.01-1.38) 1.24 (1.05-1.47) 1.53 (1.28-1.83) 1.97 (1.41-2.76)	
							BMI, white smokers with prevalent disease, women	15.0-18.4 18.5-19.9 20.0-22.4 22.5-24.9 25.0-27.4 27.5-29.9 30.0-34.9 35.0-39.9 ≥40.0	1.69 (1.61-1.77) 1.21 (1.16-1.26) 1.05 (1.03-1.08) 1.00 1.04 (1.01-1.08) 1.12 (1.08-1.17) 1.20 (1.16-1.25) 1.32 (1.24-1.40) 1.58 (1.43-1.74)	
							BMI, white smokers without prevalent disease	15.0-18.4 18.5-19.9	1.56 (1.49-1.63) 1.14 (1.10-1.18)	

							20.0-22.4	1.02 (1.00-1.05)	
							22.5-24.9	1.00	
							25.0-27.4	1.06 (1.03-1.08)	
							27.5-29.9	1.13 (1.09-1.17)	
							30.0-34.9	1.26 (1.21-1.31)	
							35.0-39.9	1.53 (1.43-1.64)	
							≥40.0	1.92 (1.70-2.16)	
						BMI, white never smoker with prevalent disease	15.0-18.4	1.44 (1.37-1.52)	
							18.5-19.9	1.10 (1.06-1.14)	
							20.0-22.4	1.01 (0.98-1.03)	
							22.5-24.9	1.00	
							25.0-27.4	1.05 (1.02-1.07)	
							27.5-29.9	1.13 (1.10-1.17)	
							30.0-34.9	1.25 (1.21-1.28)	
							35.0-39.9	1.51 (1.44-1.59)	
							≥40.0	1.82 (1.67-1.98)	
						BMI, white never smoker without prevalent disease	15.0-18.4	1.20 (1.14-1.26)	
							18.5-19.9	1.04 (1.01-1.07)	
							20.0-22.4	0.97 (0.95-0.99)	
							22.5-24.9	1.00	
							25.0-27.4	1.09 (1.07-1.11)	
							27.5-29.9	1.21 (1.18-1.24)	
							30.0-34.9	1.39 (1.35-1.43)	
							35.0-39.9	1.79 (1.70-1.88)	
							≥40.0	2.45 (2.25-2.67)	
						BMI, black smokers with prevalent disease, women	15.0-18.4	1.40 (1.06-1.84)	
							18.5-19.9	1.52 (1.17-1.98)	
							20.0-22.4	1.17 (1.00-1.38)	
							22.5-24.9	1.00	
							25.0-27.4	0.99 (0.86-1.13)	
							27.5-29.9	1.10 (0.94-1.29)	
							30.0-34.9	1.12 (0.97-1.30)	
							35.0-39.9	1.14 (0.93-1.40)	
							≥40.0	1.43 (1.10-1.86)	
						BMI, black smokers without prevalent disease	15.0-18.4	2.11 (1.59-2.80)	
							18.5-19.9	1.42 (1.15-1.76)	
							20.0-22.4	1.12 (0.98-1.28)	
							22.5-24.9	1.00	
							25.0-27.4	1.13 (1.00-1.28)	
							27.5-29.9	1.18 (1.02-1.36)	
							30.0-34.9	1.36 (1.19-1.55)	
							35.0-39.9	1.52 (1.23-1.88)	
							≥40.0	1.42 (0.98-2.07)	

							BMI, black never smoker with prevalent disease BMI, black never smoker without prevalent disease	15.0-18.4 18.5-19.9 20.0-22.4 22.5-24.9 25.0-27.4 27.5-29.9 30.0-34.9 35.0-39.9 ≥40.0 15.0-18.4 18.5-19.9 20.0-22.4 22.5-24.9 25.0-27.4 27.5-29.9 30.0-34.9 35.0-39.9 ≥40.0	1.11 (0.79-1.55) 1.06 (0.81-1.38) 1.14 (0.98-1.34) 1.00 1.15 (1.01-1.30) 1.14 (0.99-1.30) 1.19 (1.05-1.34) 1.45 (1.23-1.70) 2.06 (1.67-2.56) 1.38 (1.03-1.85) 1.04 (0.82-1.30) 0.97 (0.85-1.10) 1.00 1.08 (0.97-1.19) 1.27 (1.14-1.42) 1.32 (1.19-1.46) 1.64 (1.40-1.91) 1.78 (1.43-2.21)	
Gao S et al, 2014, China	Rural Elderly Chinese (Sichuan and Shandong)	2003-2005 – NA, 7 years follow-up	2000 men and women, age ≥65 years: 473 deaths	Measured	No	Excluded 1 st year of follow-up in sensitivity analysis	BMI	<18.5 18.5-24.9 25.0-29.9 ≥30.0	1.64 (1.30-2.06) 1.00 1.09 (0.82-1.46) 0.39 (0.15-1.06)	Age, sex, diabetes, stroke, cognitive decline score
Liu Y et al, 2014, China	Kailuan Study	2006-2007 – 2010, 4.02 years follow-up	95429 men and women, age 18-98 years: 1843 deaths	Measured	No	No	BMI	<25 25-<30 ≥30	1.00 (0.84-1.19) 0.86 (0.72-1.02) 1.00	Age, sex, average income, education, alcohol, history of MI, stroke, cancer
Roh L et al, 2014, Switzerland	Swiss MONICA study, National Research Program 1A, the SOMIPOPS study, and the Swiss Health Survey	1977-1993 – 2008, 19.2 years follow-up	31578 men and women, age 25-74 years: 5694 deaths	Measured and self-reported	No	Exclusion of first 1-5 years in sensitivity analyses	BMI, all BMI, measured BMI BMI, self-reported BMI	<18.5 18.5-<25 25-<30 ≥30.0 <18.5 18.5-<25 25-<30 ≥30.0 <18.5 18.5-<25 25-<30 ≥30.0	1.37 (1.14-1.65) 1.00 1.02 (0.97-1.09) 1.32 (1.22-1.43) 1.16 (0.88-1.53) 1.00 1.01 (0.94-1.09) 1.31 (1.18-1.44) 1.56 (1.24-2.05) 1.00 1.04 (0.95-1.15) 1.32 (1.14-1.53)	Age, age squared, study waves, smoking status, sports frequency, healthy eating, education
Clark DO et al, 2014, USA	Indianapolis-Ibadan	1992-2001 – 2011, 10	1197 Yoruba Nigerian and	Measured	No	First year of follow-	BMI, Yoruba Nigerians	<18.5 18.5-24.9	1.35 (1.12-1.63) 1.00	Age, sex, alcohol, smoking

	Dementia Project	years follow-up	1269 African American men and women, age ≥70 years: 563/553 deaths			up excluded in sensitivity analyses (partly reported)	BMI, African Americans	25.0-29.9 ≥30.0 <18.5 18.5-24.9 25.0-29.9 ≥30.0	0.88 (0.67-1.16) 0.92 (0.61-1.39) 2.49 (1.40-4.43) 1.00 0.90 (0.72-1.14) 1.06 (0.85-1.33)	
Wu CY et al, 2014, China	Taipei Geriatric Health Examination Database	2006-2010, 3.3 years follow-up	77541 men and women, age ≥65 years: 3842 deaths	Measured	No	No	BMI	<18.5 18.5-24.9 25.0-29.9 30.0-34.9 ≥35.0	1.92 (1.71-2.15) 1.00 0.82 (0.76-0.88) 0.82 (0.69-0.98) 1.59 (1.06-2.38)	Age, sex, marital status, education, smoking status, alcohol, exercise
Mehta NK et al, 2014, Finland	Health 2000 Survey	2000-2001 – 2011, ~10.5 years follow-up	2505 men and women, age 50-74 years: 335 deaths	Measured	No	No	BMI	<25.0 25.0-29.9 ≥30.0	1.00 1.08 (0.82-1.43) 1.22 (0.91-1.65)	Age, sex, education, cigarette smoking status
Lee Y et al, 2014, Korea	Living Profiles of Older People Survey	2008 – 2011, 3 years follow-up	11844 men and women, age ≥60 years: 832 deaths	Measured	No	No	BMI	<18.5 18.5-24.9 25.0-29.9 ≥30.0	2.04 (1.55-2.70) 1.00 0.74 (0.57-0.96) 1.01 (0.57-1.79)	Age, sex, marital status, education, household income, comorbidity, cognitive impairment, smoking status, alcohol, nutritional risk
He Y et al, 2014, China	Machinery Factory Employees in Xi'an	1976-1994 – 2011, 30.4 years follow-up	1696 men and women, age 36-65 years: 655 deaths	Measured	Prevalent cancers and CVD cases excluded	No	BMI, 1976 BMI, 1994	<18.5 18.5-22.9 23.0-24.9 ≥25.0 <18.5 18.5-22.9 23.0-24.9 ≥25.0	0.93 (0.67-1.30) 1.00 0.69 (0.57-0.84) 0.75 (0.60-1.00) 1.43 (1.00-2.04) 1.00 1.14 (0.90-1.43) 1.27 (1.02-1.59)	Age, sex, marital status, occupation, education, alcohol drinking, smoking status
Kokkinos P et al, 2014, USA	Veterans Affairs Medical Centers	1986-2011 - 2012, 10.8 years follow-up	18033 men, mean age 58.4 years: 5070 deaths	Measured	Implanted pacemakers, left bundle branch block, unable to complete exercise test, COPD, exercise capacity <2 METs	No	BMI BMI, excluding first 2 years of follow-up	18.5-20.0 20.1-23.9 24.0-27.9 28.0-31.9 ≥32.0 18.5-20.0 20.1-23.9 24.0-27.9 28.0-31.9 ≥32.0	1.56 (1.37-1.77) 1.21 (1.12-1.30) 1.00 0.95 (0.88-1.02) 0.97 (0.89-1.06) 1.55 (1.35-1.79) 1.21 (1.12-1.32) 1.00 0.96 (0.89-1.04) 0.99 (0.90-1.09)	Age, METs achieved, blood pressure, race, cardiovascular disease including heart failure, hypertension, type 2 diabetes, dyslipidemia, smoking status, muscle-wasting diseases, alcohol, drug abuse, beta-blockers, calcium-channel blockers, diuretics, angiotensin-converting enzyme inhibitors, angiotensin 2 receptor blockers, aspirin, lipid-

										lowering agents, hypoglycemic agents, year of entry into the study
Hirani V et al, 2014, Australia	Concord Health and Ageing in Men Project	2005-2007 - 2013, 6.7 years follow-up	1705 men, age 70-97 years: 461 deaths	Measured	No	No	BMI	<20 20.0-24.9 25.0-29.9 ≥30	2.10 (1.17-3.79) 1.00 0.69 (0.54-0.89) 0.61 (0.45-0.82)	Age, smoking status, alcohol consumption, myocardial infarction, congestive heart failure, cancer, depressive symptoms, IADL disability, ADL disability, chair stands, white blood cell count, haemoglobin albumin
Yiengprugsawan V et al, 2014, Thailand	Thai Cohort Study	2005-2010, 5 years follow-up	87151 men and women, age 15-87 years: 583 deaths	Self-reported	Metabolic, cardiovascular disorders including diabetes and hypertension	No	BMI, age <35 years BMI, age 35-65 years	<18.5 18.5-<20.75 20.75-<23.0 23.0-<25.0 25.0-<30.0 ≥30.0 <18.5 18.5-<20.75 20.75-<23.0 23.0-<25.0 25.0-<30.0 ≥30.0	1.15 (0.79-1.68) 1.00 0.98 (0.70-1.36) 1.08 (0.72-1.62) 1.11 (0.71-1.73) 0.63 (0.20-1.20) 1.82 (0.81-4.08) 1.00 1.61 (0.93-2.81) 0.79 (0.41-1.51) 1.28 (0.69-2.35) 2.37 (1.01-5.70)	Age, sex, monthly income, paid work hours, rural-urban residence, self-assessed health at baseline, smoking status, alcohol drinking status, physical activity
Hong ES et al, 2015, Korea	Korean Longitudinal Study on Health and Aging	2005-2006 – 2011, 6 years follow-up	1000 men and women, age ≥65 years: 222 deaths	Measured	No	No	BMI	13.9-21.8 21.8-23.9 23.9-26.0 26.0-35.8	1.00 0.76 (0.53-1.10) 0.63 (0.41-0.96) 0.54 (0.34-0.86)	Age, sex, alcohol, smoking status, exercise
Long G et al, 2015, United Kingdom	Allied Dunbar National Fitness Survey	1990 - 2014, 22.9 years follow-up	1796 men and 2122 women, age 16-96 years: 1175 deaths	Measured	No	No	BMI	14.9-24.9 25.0-29.9 30.0-49.9	1.00 1.10 (0.93-1.31) 1.36 (1.08-1.72)	Age, sex
Suemoto CK et al, 2015, Brazil	The Health, Well-Being and Ageing (SABE) study	2000-2006 – 2010, 6.5 years follow-up	1527 men and women, age ≥75 years: 621 deaths	Measured	Prevalent cancers excluded	No	BMI	18.5-<20.0 20.0-<25.0 25.0-<30.0 ≥30.0	1.51 (1.08-2.10) 1.00 0.84 (0.70-1.02) 0.82 (0.64-1.06)	Age, sex, marital status, years of education, childhood SES, occupation, income, diabetes, heart disease, lung disease, stroke, arthritis, depressive symptoms, alcohol, smoking status, physical activity, cognitive function, activities of daily living, frailty, nutritional status, year of entry into the study

							20.0-20.9	1.45 (1.38-1.52)	
							21.0-21.9	1.28 (1.22-1.34)	
							22.0-22.9	1.14 (1.08-1.19)	
							23.0-23.9	1.03 (0.99-1.08)	
							24.0-24.9	1.00 (0.95-1.04)	
							25.0-25.9	0.97 (0.93-1.02)	
							26.0-26.9	1.00	
							27.0-27.9	1.07 (1.02-1.13)	
							28.0-28.9	1.07 (1.01-1.14)	
							29.0-29.9	1.28 (1.19-1.37)	
							30.0-31.4	1.31 (1.21-1.42)	
							31.5-32.9	1.39 (1.23-1.57)	
							33.0-34.9	1.61 (1.36-1.90)	
							35.0-50.0	2.02 (1.63-2.52)	
						BMI, men, age 45-54 years	<16	5.63 (4.90-6.48)	
							16-17.4	3.36 (3.12-3.61)	
							17.5-18.9	2.39 (2.28-2.50)	
							19.0-19.9	1.92 (1.85-2.01)	
							20.0-20.9	1.68 (1.62-1.74)	
							21.0-21.9	1.42 (1.37-1.48)	
							22.0-22.9	1.24 (1.20-1.28)	
							23.0-23.9	1.12 (1.08-1.16)	
							24.0-24.9	1.05 (1.02-1.09)	
							25.0-25.9	1.01 (0.98-1.05)	
							26.0-26.9	1.00	
							27.0-27.9	1.06 (1.01-1.10)	
							28.0-28.9	1.09 (1.04-1.15)	
							29.0-29.9	1.17 (1.11-1.24)	
							30.0-31.4	1.27 (1.18-1.35)	
							31.5-32.9	1.34 (1.21-1.48)	
							33.0-34.9	1.48 (1.26-1.73)	
							35.0-50.0	1.60 (1.27-2.02)	
						BMI, men, age 55-64 years	<16	4.97 (4.59-5.38)	
							16-17.4	3.15 (3.00-3.29)	
							17.5-18.9	2.21 (2.14-2.28)	
							19.0-19.9	1.81 (1.76-1.87)	
							20.0-20.9	1.61 (1.56-1.66)	
							21.0-21.9	1.39 (1.36-1.43)	
							22.0-22.9	1.25 (1.22-1.29)	
							23.0-23.9	1.13 (1.10-1.16)	
							24.0-24.9	1.05 (1.02-1.08)	
							25.0-25.9	1.02 (0.99-1.05)	
							26.0-26.9	1.00	

							27.0-27.9	1.00 (0.96-1.03)	
							28.0-28.9	1.03 (0.99-1.07)	
							29.0-29.9	1.08 (1.03-1.14)	
							30.0-31.4	1.11 (1.05-1.18)	
							31.5-32.9	1.22 (1.11-1.33)	
							33.0-34.9	1.31 (1.13-1.51)	
							35.0-50.0	1.47 (1.21-1.80)	
						BMI, men, age 65-74 years	<16	3.52 (3.33-3.72)	
							16-17.4	2.47 (2.39-2.56)	
							17.5-18.9	1.87 (1.82-1.92)	
							19.0-19.9	1.60 (1.56-1.65)	
							20.0-20.9	1.41 (1.37-1.45)	
							21.0-21.9	1.31 (1.27-1.34)	
							22.0-22.9	1.20 (1.17-1.24)	
							23.0-23.9	1.11 (1.08-1.14)	
							24.0-24.9	1.04 (1.01-1.06)	
							25.0-25.9	0.99 (0.96-1.02)	
							26.0-26.9	1.00	
							27.0-27.9	0.96 (0.93-1.00)	
							28.0-28.9	1.00 (0.96-1.04)	
							29.0-29.9	1.07 (1.01-1.13)	
							30.0-31.4	1.07 (1.00-1.14)	
							31.5-32.9	1.17 (1.05-1.30)	
							33.0-34.9	1.31 (1.12-1.52)	
							35.0-50.0	1.37 (1.09-1.71)	
						BMI, men, age 75-99 years	<16	2.71 (2.54-2.90)	
							16-17.4	1.98 (1.89-2.08)	
							17.5-18.9	1.62 (1.55-1.69)	
							19.0-19.9	1.44 (1.38-1.50)	
							20.0-20.9	1.34 (1.29-1.40)	
							21.0-21.9	1.23 (1.18-1.29)	
							22.0-22.9	1.15 (1.11-1.20)	
							23.0-23.9	1.10 (1.05-1.15)	
							24.0-24.9	1.03 (0.99-1.08)	
							25.0-25.9	1.00 (0.96-1.05)	
							26.0-26.9	1.00	
							27.0-27.9	0.98 (0.92-1.04)	
							28.0-28.9	0.97 (0.90-1.04)	
							29.0-29.9	0.89 (0.81-0.98)	
							30.0-31.4	0.98 (0.88-1.10)	
							31.5-32.9	1.00 (0.84-1.18)	
							33.0-34.9	1.09 (0.79-1.50)	
							35.0-50.0	1.33 (0.94-1.89)	

							BMI, women, age 18-34 years	<16	1.02 (0.69-1.52)	
								16-17.4	1.02 (0.85-1.23)	
								17.5-18.9	1.00 (0.86-1.17)	
								19.0-19.9	1.03 (0.88-1.21)	
								20.0-20.9	0.98 (0.84-1.15)	
								21.0-21.9	1.03 (0.88-1.21)	
								22.0-22.9	0.99 (0.83-1.17)	
								23.0-23.9	0.97 (0.81-1.16)	
								24.0-24.9	1.00	
								25.0-25.9	1.11 (0.89-1.39)	
								26.0-26.9	1.50 (1.19-1.88)	
								27.0-27.9	1.32 (1.01-1.74)	
								28.0-28.9	1.29 (0.93-1.78)	
								29.0-29.9	1.42 (0.98-2.06)	
								30.0-31.4	1.24 (0.84-1.85)	
								31.5-32.9	1.06 (0.62-1.83)	
								33.0-34.9	1.88 (1.13-3.13)	
								35.0-50.0	2.36 (1.42-3.92)	
							BMI, women, age 35-44 years	<16	4.87 (3.68-6.45)	
								16-17.4	1.56 (1.32-1.85)	
								17.5-18.9	1.07 (0.97-1.19)	
								19.0-19.9	0.93 (0.85-1.02)	
								20.0-20.9	0.92 (0.85-1.00)	
								21.0-21.9	0.94 (0.87-1.02)	
								22.0-22.9	0.94 (0.87-1.02)	
								23.0-23.9	0.92 (0.85-1.00)	
								24.0-24.9	1.00	
								25.0-25.9	1.02 (0.93-1.12)	
								26.0-26.9	1.09 (0.99-1.21)	
								27.0-27.9	1.13 (1.01-1.26)	
								28.0-28.9	1.18 (1.04-1.34)	
								29.0-29.9	1.28 (1.10-1.48)	
								30.0-31.4	1.40 (1.19-1.64)	
								31.5-32.9	1.36 (1.10-1.67)	
								33.0-34.9	1.42 (1.08-1.88)	
								35.0-50.0	1.66 (1.21-2.28)	
							BMI, women, age 45-54 years	<16	4.85 (3.79-6.20)	
								16-17.4	2.20 (1.90-2.54)	
								17.5-18.9	1.55 (1.42-1.68)	
								19.0-19.9	1.18 (1.10-1.28)	
								20.0-20.9	1.14 (1.07-1.21)	
								21.0-21.9	1.02 (0.97-1.08)	
								22.0-22.9	0.97 (0.92-1.03)	

								23.0-23.9	1.00 (0.95-1.05)	
								24.0-24.9	1.00	
								25.0-25.9	1.01 (0.96-1.07)	
								26.0-26.9	1.01 (0.95-1.07)	
								27.0-27.9	1.08 (1.01-1.15)	
								28.0-28.9	1.13 (1.05-1.22)	
								29.0-29.9	1.22 (1.12-1.33)	
								30.0-31.4	1.26 (1.15-1.38)	
								31.5-32.9	1.37 (1.22-1.54)	
								33.0-34.9	1.43 (1.22-1.69)	
								35.0-50.0	1.73 (1.43-2.09)	
						BMI, women, age 55-64 years	<16		3.89 (3.38-4.49)	
							16-17.4		2.33 (2.14-2.54)	
							17.5-18.9		1.81 (1.71-1.91)	
							19.0-19.9		1.44 (1.37-1.52)	
							20.0-20.9		1.26 (1.20-1.32)	
							21.0-21.9		1.16 (1.11-1.20)	
							22.0-22.9		1.07 (1.03-1.11)	
							23.0-23.9		1.01 (0.97-1.05)	
							24.0-24.9		1.00	
							25.0-25.9		0.99 (0.95-1.03)	
							26.0-26.9		1.00 (0.96-1.04)	
							27.0-27.9		1.00 (0.96-1.05)	
							28.0-28.9		1.08 (1.03-1.13)	
							29.0-29.9		1.07 (1.01-1.13)	
							30.0-31.4		1.20 (1.13-1.28)	
							31.5-32.9		1.37 (1.27-1.47)	
							33.0-34.9		1.33 (1.19-1.48)	
							35.0-50.0		1.72 (1.52-1.95)	
						BMI, women, age 65-74 years	<16		2.53 (2.35-2.72)	
							16-17.4		1.87 (1.78-1.96)	
							17.5-18.9		1.58 (1.53-1.64)	
							19.0-19.9		1.39 (1.34-1.44)	
							20.0-20.9		1.25 (1.21-1.29)	
							21.0-21.9		1.17 (1.14-1.21)	
							22.0-22.9		1.06 (1.03-1.09)	
							23.0-23.9		1.04 (1.01-1.07)	
							24.0-24.9		1.00	
							25.0-25.9		0.99 (0.96-1.02)	
							26.0-26.9		0.98 (0.95-1.01)	
							27.0-27.9		0.99 (0.96-1.03)	
							28.0-28.9		1.01 (0.98-1.05)	
							29.0-29.9		1.07 (1.02-1.11)	

								30.0-31.4	1.08 (1.03-1.13)	
								31.5-32.9	1.14 (1.07-1.21)	
								33.0-34.9	1.19 (1.09-1.30)	
								35.0-50.0	1.35 (1.20-1.52)	
						BMI, women, age 75-99 years	<16		1.92 (1.80-2.04)	
							16-17.4		1.70 (1.63-1.78)	
							17.5-18.9		1.46 (1.41-1.51)	
							19.0-19.9		1.35 (1.31-1.40)	
							20.0-20.9		1.23 (1.19-1.27)	
							21.0-21.9		1.17 (1.13-1.21)	
							22.0-22.9		1.10 (1.07-1.14)	
							23.0-23.9		1.07 (1.04-1.11)	
							24.0-24.9		1.00	
							25.0-25.9		0.99 (0.96-1.03)	
							26.0-26.9		1.00 (0.96-1.03)	
							27.0-27.9		1.00 (0.96-1.04)	
							28.0-28.9		1.00 (0.96-1.04)	
							29.0-29.9		1.02 (0.97-1.07)	
							30.0-31.4		0.99 (0.93-1.05)	
							31.5-32.9		1.06 (0.99-1.14)	
							33.0-34.9		1.04 (0.94-1.14)	
						BMI, men, age 18-44 years, never smokers	35.0-50.0		1.12 (0.97-1.29)	
							<17.5		2.86 (2.45-3.33)	
							17.5-18.9		1.61 (1.46-1.79)	
							19.0-20.4		1.34 (1.25-1.45)	
							20.5-21.9		1.16 (1.09-1.24)	
							22.0-23.4		1.07 (1.01-1.14)	
							23.5-24.9		0.99 (0.93-1.05)	
							25.0-26.4		1.00	
							26.5-27.9		1.08 (1.00-1.16)	
							28.0-29.4		1.24 (1.14-1.35)	
							29.5-30.9		1.28 (1.13-1.45)	
							31.0-50.0		1.68 (1.48-1.90)	
						BMI, men, age 45-64 years, never smokers	<17.5		3.82 (3.59-4.07)	
							17.5-18.9		2.20 (2.10-2.31)	
							19.0-20.4		1.73 (1.67-1.79)	
							20.5-21.9		1.40 (1.36-1.44)	
							22.0-23.4		1.18 (1.15-1.21)	
							23.5-24.9		1.05 (1.02-1.07)	
							25.0-26.4		1.00	
							26.5-27.9		1.01 (0.98-1.05)	
							28.0-29.4		1.11 (1.07-1.15)	
							29.5-30.9		1.16 (1.09-1.23)	

							29.5-30.9	1.08 (0.96-1.22)	
							31.0-50.0	1.21 (1.05-1.41)	
						BMI, men, age 18-44 years, current smokers	<17.5	2.32 (2.10-2.55)	
							17.5-18.9	1.86 (1.76-1.96)	
							19.0-20.4	1.55 (1.48-1.62)	
							20.5-21.9	1.35 (1.30-1.41)	
							22.0-23.4	1.16 (1.11-1.20)	
							23.5-24.9	1.04 (1.00-1.08)	
							25.0-26.4	1.00	
							26.5-27.9	1.09 (1.04-1.15)	
							28.0-29.4	1.15 (1.09-1.21)	
							29.5-30.9	1.37 (1.27-1.48)	
						BMI, men, age 45-64 years, current smokers	31.0-50.0	1.55 (1.43-1.68)	
							<17.5	3.21 (3.07-3.35)	
							17.5-18.9	2.20 (2.13-2.27)	
							19.0-20.4	1.77 (1.72-1.81)	
							20.5-21.9	1.45 (1.42-1.49)	
							22.0-23.4	1.20 (1.18-1.23)	
							23.5-24.9	1.05 (1.02-1.07)	
							25.0-26.4	1.00	
							26.5-27.9	1.00 (0.97-1.03)	
							28.0-29.4	0.99 (0.95-1.03)	
							29.5-30.9	1.12 (1.06-1.19)	
						BMI, men, age 65-99 years, current smokers	31.0-50.0	1.19 (1.10-1.28)	
							<17.5	2.13 (2.05-2.21)	
							17.5-18.9	1.63 (1.57-1.68)	
							19.0-20.4	1.41 (1.37-1.46)	
							20.5-21.9	1.24 (1.21-1.28)	
							22.0-23.4	1.14 (1.11-1.18)	
							23.5-24.9	1.06 (1.02-1.09)	
							25.0-26.4	1.00	
							26.5-27.9	0.99 (0.95-1.04)	
							28.0-29.4	1.00 (0.94-1.07)	
							29.5-30.9	1.11 (1.01-1.22)	
						BMI, women, age 18-44 years, never smokers	31.0-50.0	1.21 (1.07-1.37)	
							<18.5	1.15 (1.06-1.24)	
							18.5-21.0	0.98 (0.93-1.03)	
							21.0-23.0	0.99 (0.94-1.05)	
							23.0-25.0	1.00	
							25.0-27.5	1.15 (1.08-1.22)	
							27.5-30.0	1.30 (1.19-1.41)	
							30.0-50.0	1.56 (1.40-1.74)	
						BMI, women, age 45-64	<18.5	2.13 (2.03-2.23)	

						years, never smokers	18.5-21.0	1.30 (1.26-1.34)	
							21.0-23.0	1.07 (1.04-1.10)	
							23.0-25.0	1.00	
							25.0-27.5	1.00 (0.98-1.03)	
							27.5-30.0	1.10 (1.07-1.13)	
							30.0-50.0	1.32 (1.27-1.37)	
						BMI, women, age 65-99	<18.5	1.70 (1.66-1.74)	
						years, never smokers	18.5-21.0	1.28 (1.26-1.31)	
							21.0-23.0	1.10 (1.08-1.12)	
							23.0-25.0	1.00	
							25.0-27.5	0.96 (0.94-0.98)	
							27.5-30.0	1.00 (0.97-1.02)	
							30.0-50.0	1.07 (1.04-1.11)	
						BMI, women, age 18-44	<18.5	0.94 (0.62-1.43)	
						years, former smokers	18.5-21.0	0.75 (0.55-1.02)	
							21.0-23.0	0.69 (0.50-0.95)	
							23.0-25.0	1.00	
							25.0-27.5	0.74 (0.49-1.11)	
							27.5-30.0	0.59 (0.31-1.15)	
							30.0-50.0	0.99 (0.51-1.93)	
						BMI, women, age 45-64	<18.5	1.70 (1.13-2.55)	
						years, former smokers	18.5-21.0	1.41 (1.12-1.77)	
							21.0-23.0	0.90 (0.73-1.11)	
							23.0-25.0	1.00	
							25.0-27.5	1.05 (0.86-1.27)	
							27.5-30.0	0.86 (0.66-1.11)	
							30.0-50.0	1.21 (0.88-1.67)	
						BMI, women, age 65-99	<18.5	1.66 (1.45-1.89)	
						years, former smokers	18.5-21.0	1.37 (1.24-1.53)	
							21.0-23.0	1.03 (0.92-1.14)	
							23.0-25.0	1.00	
							25.0-27.5	0.99 (0.89-1.11)	
							27.5-30.0	0.97 (0.84-1.13)	
							30.0-50.0	1.18 (0.97-1.44)	
						BMI, women, age 18-44	<18.5	1.32 (1.00-1.75)	
						years, current smokers	18.5-21.0	1.12 (0.91-1.39)	
							21.0-23.0	1.21 (0.98-1.49)	
							23.0-25.0	1.00	
							25.0-27.5	1.12 (0.86-1.45)	
							27.5-30.0	1.55 (1.14-2.10)	
							30.0-50.0	1.19 (0.79-1.80)	
						BMI, women, age 45-64	<18.5	1.97 (1.71-2.28)	
						years, current smokers	18.5-21.0	1.26 (1.13-1.40)	

								21.0-23.0 23.0-25.0 25.0-27.5 27.5-30.0 30.0-50.0 <18.5 18.5-21.0 21.0-23.0 23.0-25.0 25.0-27.5 27.5-30.0 30.0-50.0	1.05 (0.95-1.16) 1.00 0.89 (0.80-0.98) 0.89 (0.78-1.01) 1.13 (0.97-1.32) 1.48 (1.39-1.56) 1.18 (1.12-1.24) 1.03 (0.98-1.09) 1.00 0.94 (0.88-1.00) 0.98 (0.90-1.07) 0.88 (0.77-1.01)	
Lu JL et al, 2015, USA	Racial and Cardiovascular Risk Anomalies in Chronic Kidney Disease study	2004-2006 – 2013, 6.8 years follow-up	3376187 men and women, mean age 60 years: 672341 deaths	Measured	No	No	BMI, age <40 years <20 20-<25 25-<30 30-<35 35-<40 ≥40 BMI, age 40-<50 years <20 20-<25 25-<30 30-<35 35-<40 ≥40 BMI, age 50-<60 years <20 20-<25 25-<30 30-<35 35-<40 ≥40 BMI, age 60-<70 years <20 20-<25 25-<30 30-<35 35-<40 ≥40 BMI, age 70-<80 years <20 20-<25 25-<30 30-<35 35-<40 ≥40 BMI, age ≥80 years <20	1.00 0.50 (0.43-0.58) 0.39 (0.34-0.46) 0.38 (0.33-0.45) 0.36 (0.30-0.42) 0.52 (0.43-0.62) 4.09 (3.53-4.74) 1.92 (1.67-2.21) 1.31 (1.13-1.50) 1.10 (0.95-1.27) 1.16 (1.01-1.35) 1.46 (1.26-1.69) 7.10 (6.17-8.18) 3.72 (3.23-4.28) 2.31 (2.01-2.66) 1.98 (1.72-2.27) 2.02 (1.75-2.32) 2.44 (2.12-2.81) 11.27 (9.78-12.98) 5.96 (5.18-6.86) 3.63 (3.15-4.18) 3.21 (2.79-3.69) 3.42 (2.97-3.93) 4.11 (3.56-4.74) 17.19 (14.93-19.79) 9.97 (8.66-11.47) 7.06 (6.13-8.12) 6.39 (5.55-7.36) 6.76 (5.87-7.79) 8.08 (6.99-9.33) 26.34 (22.87-30.33)	Sex, Index eGFR, race, marital status, income, Charlson Comorbidity Index, cerebrovascular disease, congestive heart failure, peripheral artery disease, malignancies, liver disease, rheumatoid disease, lung disease, Aids, depression, cardiovascular disease, statin use, angiotensin converting enzyme inhibitor, anti-hypertensive use	

							BMI, all women	≥ 30.0 < 20.0 20.0-24.9 25.0-26.9 27.0-29.9 ≥ 30.0	1.22 (1.03-1.44) 1.01 (0.82-1.23) 1.00 1.04 (0.86-1.26) 1.12 (0.93-1.35) 1.21 (1.00-1.45)	
Ganna A et al, 2015, United Kingdom	UK Biobank Study	2007-2010 – 2014, 4.9 years follow-up	498103 men and women, age 37-73 years: 5224/3308 deaths	Measured	Charlson comorbidity index >0 excluded in sensitivity analyses	No	BMI, men BMI, healthy men BMI, women BMI, healthy women	12.8-23.6 23.6-25.8 25.8-28.0 28.0-31.2 31.2-68.4 12.8-23.6 23.6-25.8 25.8-28.0 28.0-31.2 31.2-68.4 12.8-23.6 23.6-25.8 25.8-28.0 28.0-31.2 31.2-68.4 12.8-23.6 23.6-25.8 25.8-28.0 28.0-31.2 31.2-68.4	1.2 (1.1-1.4) 0.9 (0.9-1.0) 0.9 (0.8-1.0) 1.0 1.4 (1.3-1.5) 1.2 (1.0-1.3) 1.0 (0.8-1.1) 1.0 (0.8-1.1) 1.0 1.3 (1.1-1.5) 1.0 0.9 (0.8-1.0) 0.9 (0.8-1.0) 0.9 (0.8-1.0) 1.1 (1.0-1.3) 1.0 0.9 (0.8-1.1) 1.0 (0.8-1.1) 0.9 (0.8-1.1) 1.2 (1.0-1.4)	Age
Graf CE et al, 2015, Switzerland	Geneva University Hospitals	1990-2011, 6.2 years follow-up	3181 men and women, age ≥ 65 years: 1007 deaths	Measured	No	No	BMI, men BMI, women	<18.5 18.5-24.9 25.0-29.9 30.0-34.9 ≥ 35.0 <18.5 18.5-24.9 25.0-29.9 30.0-34.9 ≥ 35.0	1.36 (1.11-1.68) 1.00 0.76 (0.66-0.88) 0.53 (0.40-0.70) 0.76 (0.53-1.08) 1.37 (1.11-1.69) 1.00 0.89 (0.74-1.07) 1.02 (0.80-1.30) 0.86 (0.61-1.21)	Age, smoking status, type of subject (ambulatory versus hospitalized), calendar time
Mirbolouk M et al, 2015, Iran	Tehran Lipid and Glucose Study	1999-2001 – 2010, 9.74 years	1199 men and women, age ≥ 65 years: 239 deaths	Measured	No	No	BMI, without metabolic syndrome BMI, with metabolic syndrome	<25 25-<30 ≥ 30 <25 25-<30 ≥ 30	1.41 (0.91-2.23) 1.00 1.33 (0.51-3.47) 1.84 (1.18-3.09) 1.46 (0.93-2.34) 1.59 (0.91-2.56)	Age, sex, smoking status, total cholesterol, lipid lowering drugs

Cao B et al, 2015, USA	US Health and Retirement Study	1992/1998 – NA, NA	8678 men and women, age ≥50 years: NA	Self-reported	No	No	BMI, never smokers	<18.5	1.85 (1.08-3.03)	Age, sex, race/ethnicity, education, household income, physical activity, previous chronic diseases (diabetes, cancer, lung disease, heart problem, stroke), self-reported health
								18.5-<25.0	1.00	
								25.0-<30.0	0.88 (0.76-1.02)	
								30.0-<35.0	1.01 (0.89-1.15)	
								≥35.0	1.89 (1.54-2.34)	
							BMI, ever smokers	<18.5	4.23 (2.02-8.55)	
								18.5-<25.0	1.00	
								25.0-<30.0	0.96 (0.76-1.21)	
								30.0-<35.0	1.09 (0.89-1.34)	
								≥35.0	1.74 (1.29-2.35)	

ADL; activity of daily living, BMI; body mass index, CAD; coronary artery disease, CHD; coronary heart disease, CVD; cardiovascular disease, COPD; chronic obstructive pulmonary disease, CRP; C-reactive protein, DM; diabetes mellitus, ECG; electrocardiography, eGFR; estimated glomerular filtration rate, E%; energy percentage, FEV1; forced expiratory volume in 1 second, FH; family history, HDL; high-density lipoprotein, HRT; hormone replacement therapy, IADL; instrumental activities of daily living, IHD; ischemic heart disease, IL-6; interleukin-6, kg; kilogram, LDL; low-density lipoprotein, MET; metabolic equivalent tasks, metsyn; metabolic syndrome, MI; myocardial infarction, MMSE; mini-mental state examination, NA: not available, OC use; oral contraceptive use, PAD; peripheral artery disease, PH; parental history, SBP; systolic blood pressure, SES; socio-economic status, SFA; saturated fatty acids, TG; triglycerides, TNF-alpha; tumor necrosis factor alpha, WHI; Women’s Health Initiative, WHR; waist-to-hip ratio

Table C: Subgroup analyses of BMI and all cause mortality in never smokers, per 5 units increase in BMI

	BMI					
	<i>n</i>	RR (95% CI)	<i>I</i> ² (%)	<i>P</i> _h ¹	<i>P</i> _h ²	
All studies	44	1.18 (1.15 to 1.21)	95.5	<0.0001		
Sex						
Men	30	1.21 (1.16 to 1.27)	92.7	<0.0001	0.12/ 0.40	
Women	28	1.17 (1.14 to 1.21)	94.9	<0.0001		
Men and women	7	1.11 (1.03 to 1.20)	91.9	<0.0001		
Assessment of weight/height						
Measured	23	1.14 (1.07 to 1.20)	95.5	<0.0001	0.14	
Self-reported	20	1.22 (1.19 to 1.25)	91.4	<0.0001		
Measured and self-reported	1	1.32 (1.07 to 1.62)	NC	NC		
Unclear	0					
Duration of follow-up						
<5 years follow-up	1	1.21 (1.14 to 1.28)	NC	NC	0.02	
5-<10	11	1.11 (0.94 to 1.30)	96.6	<0.0001		
10-<15	18	1.18 (1.14 to 1.22)	94.7	<0.0001		
15-<20	4	1.24 (1.09 to 1.40)	86.6	<0.0001		
20-<25	2	1.30 (1.19 to 1.42)	92.8	<0.0001		
≥25	7	1.25 (1.20 to 1.30)	61.5	0.02		
Geographic location						
Europe	11	1.18 (1.11 to 1.25)	81.9	<0.0001	0.90	
North-America	20	1.21 (1.17 to 1.24)	92.3	<0.0001		
Australia	2	1.19 (1.11 to 1.27)	18.0	0.27		
Asia	11	1.17 (1.05 to 1.29)	96.8	<0.0001		
Number of deaths						
<500	11	1.14 (1.01 to 1.28)	77.7	<0.0001	0.70	
500-<1000	5	1.24 (1.13 to 1.36)	58.1	0.05		
1000-<5000	15	1.19 (1.08 to 1.31)	97.2	<0.0001		
5000-<10000	3	1.22 (1.13 to 1.33)	94.6	<0.0001		
≥10000	6	1.18 (1.13 to 1.22)	98.2	<0.0001		
Study quality						
0-3	0				0.73	
4-6	13	1.20 (1.14 to 1.26)	86.9	<0.0001		
7-9	31	1.17 (1.13 to 1.21)	96.3	<0.0001		
Adjustment for confounders						
Age	Yes	43	1.18 (1.15 to 1.21)	94.6	<0.0001	0.65
	No	1	1.11 (1.10 to 1.13)			
Education	Yes	16	1.16 (1.10 to 1.23)	97.1	<0.0001	0.62
	No	28	1.19 (1.15 to 1.23)	93.2	<0.0001	
Alcohol	Yes	22	1.17 (1.14 to 1.21)	91.0	<0.0001	0.70
	No	21	1.19 (1.13 to 1.25)	96.8	<0.0001	
Physical activity	Yes	16	1.21 (1.17 to 1.25)	88.3	<0.0001	0.30
	No	28	1.16 (1.11 to 1.21)	96.4	<0.0001	
Height	Yes	2	1.26 (1.22 to 1.31)	49.5	0.16	0.46
	No	42	1.17 (1.14 to 1.21)	95.4	<0.0001	
Waist circumference or waist-to-hip ratio	Yes	0				NC
	No	44	1.18 (1.15 to 1.21)	95.5	<0.0001	
Dietary pattern	Yes	3	1.17 (1.13 to 1.22)	0	0.84	0.93
	No	41	1.18 (1.15 to 1.21)	95.6	<0.0001	
Fat intake	Yes	3	1.19 (1.11 to 1.28)	87.4	<0.0001	0.66
	No	41	1.18 (1.14 to 1.22)	95.5	<0.0001	
Fruit, vegetables	Yes	2	1.29 (1.08 to 1.52)	72.4	0.06	0.39
	No	42	1.18 (1.14 to 1.22)	95.4	<0.0001	

Adjustment for potential intermediates							
Diabetes	Yes	2	0.99 (0.76 to 1.29)	89.6	0.002	0.10	
	No	42	1.19 (1.15 to 1.22)	95.4	<0.0001		
Hypertension	Yes	2	0.99 (0.76 to 1.29)	89.6	0.002	0.10	
	No	42	1.19 (1.15 to 1.22)	95.4	<0.0001		
Cholesterol	Yes	1	0.85 (0.72 to 1.01)	NC	NC	0.04	
	No	43	1.18 (1.15 to 1.22)	95.3	<0.0001		
Studies with adjustment for age, smoking, alcohol, and physical activity and without adjustment for prevalent disease or intermediate factors							
Adjustment for main confounders, but not for intermediates	Yes	9	1.23 (1.16 to 1.31)	90.2	<0.0001	0.35	
	No	35	1.16 (1.13 to 1.20)	95.7	<0.0001		
Studies with adjustment for main confounders, but not intermediates, stratified by duration of follow-up	<10 years	Yes	3	1.29 (1.20 to 1.38)	30.3	0.24	0.10
		No	9	1.05 (0.89 to 1.23)	95.5	<0.0001	
	10- <15	Yes	5	1.17 (1.08 to 1.27)	91.5	<0.0001	0.93
		No	13	1.18 (1.13 to 1.23)	95.5	<0.0001	
	≥15	Yes	1	1.36 (1.13 to 1.41)	NC	NC	0.22
		No	12	1.24 (1.19 to 1.28)	87.6	<0.0001	

n =number of risk estimates, the number of risk estimates does not always add up to the total because of missing information in some studies

RR=relative risk, CI=confidence interval

P_h^1 =p for heterogeneity within each subgroup

P_h^2 =p for heterogeneity between subgroups using meta-regression analyses

Table D: Body mass index and all cause mortality, all participants and never smokers, stratified by sex, nonlinear dose-response

	Never smokers, all studies	Never smokers, men	Never smokers, women	Never smokers, men and women	All participants, all studies	All participants, men	All participants, women	All participants, men and women
<i>n</i>	44	29	28	7	198	103	92	74
BMI	RR (95% CI)	RR (95% CI)	RR (95% CI)	RR (95% CI)	RR (95% CI)	RR (95% CI)	RR (95% CI)	RR (95% CI)
15	2.01 (1.80 to 2.24)	2.65 (2.28 to 3.08)	1.72 (1.49 to 1.98)		2.24 (2.15 to 2.34)	2.50 (2.34 to 2.67)	2.05 (1.89 to 2.22)	
16	1.66 (1.51 to 1.83)	2.05 (1.80 to 2.33)	1.48 (1.31 to 1.67)	1.40 (1.21 to 1.62) ¹	1.83 (1.77 to 1.91)	1.98 (1.87 to 2.10)	1.71 (1.60 to 1.84)	1.59 (1.54 to 1.65) ¹
17.5	1.35 (1.25 to 1.45)	1.54 (1.39 to 1.70)	1.25 (1.13 to 1.37)	1.30 (1.15 to 1.47)	1.47 (1.43 to 1.51)	1.54 (1.47 to 1.61)	1.41 (1.33 to 1.49)	1.45 (1.41 to 1.50)
20	1.10 (1.05 to 1.14)	1.15 (1.09 to 1.21)	1.06 (1.01 to 1.12)	1.09 (1.03 to 1.16)	1.15 (1.13 to 1.17)	1.17 (1.14 to 1.20)	1.13 (1.10 to 1.17)	1.16 (1.14 to 1.18)
22	1.01 (1.00 to 1.03)	1.02 (1.01 to 1.04)	1.01 (0.99 to 1.02)	1.02 (1.00 to 1.04)	1.03 (1.02 to 1.04)	1.03 (1.02 to 1.04)	1.03 (1.02 to 1.04)	1.04 (1.03 to 1.04)
23	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.00
24	1.00 (0.98 to 1.01)	0.99 (0.97 to 1.01)	1.00 (0.99 to 1.02)	0.99 (0.97 to 1.01)	0.98 (0.97 to 0.99)	0.98 (0.97 to 0.99)	0.98 (0.97 to 0.99)	0.97 (0.96 to 0.98)
25	1.01 (0.98 to 1.03)	1.00 (0.96 to 1.03)	1.02 (0.98 to 1.05)	0.99 (0.96 to 1.03)	0.97 (0.96 to 0.98)	0.97 (0.96 to 0.99)	0.97 (0.95 to 0.99)	0.96 (0.95 to 0.97)
27.5	1.07 (1.01 to 1.14)	1.07 (0.99 to 1.16)	1.09 (1.01 to 1.18)	1.03 (0.95 to 1.12)	0.98 (0.96 to 1.01)	1.00 (0.96 to 1.03)	0.99 (0.94 to 1.03)	0.96 (0.93 to 0.98)
30	1.20 (1.09 to 1.32)	1.23 (1.08 to 1.39)	1.21 (1.07 to 1.37)	1.12 (0.98 to 1.27)	1.04 (1.00 to 1.08)	1.08 (1.02 to 1.14)	1.04 (0.97 to 1.12)	1.00 (0.97 to 1.04)
32.5	1.39 (1.22 to 1.58)	1.48 (1.24 to 1.75)	1.39 (1.18 to 1.64)	1.25 (1.05 to 1.49)	1.14 (1.09 to 1.20)	1.21 (1.12 to 1.31)	1.13 (1.03 to 1.25)	1.09 (1.04 to 1.15)
35	1.65 (1.40 to 1.94)	1.85 (1.49 to 2.30)	1.63 (1.32 to 2.01)	1.44 (1.15 to 1.80)	1.29 (1.21 to 1.37)	1.41 (1.28 to 1.55)	1.26 (1.12 to 1.42)	1.24 (1.16 to 1.31)
37.5	2.02 (1.66 to 2.46)	2.39 (1.84 to 3.11)	1.96 (1.52 to 2.53)	1.69 (1.29 to 2.22)	1.49 (1.37 to 1.61)	1.68 (1.49 to 1.89)	1.44 (1.24 to 1.66)	1.44 (1.34 to 1.55)
40	2.50 (1.98 to 3.15)	3.16 (2.32 to 4.30)	2.38 (1.77 to 3.21)	2.03 (1.47 to 2.80)	1.74 (1.59 to 1.91)	2.03 (1.77 to 2.34)	1.66 (1.40 to 1.97)	1.72 (1.58 to 1.88)
42.5	3.16 (2.42 to 4.12)	4.26 (2.99 to 6.07)	2.93 (2.09 to 4.12)	2.47 (1.70 to 3.59)	2.07 (1.86 to 2.30)	2.52 (2.15 to 2.95)	1.94 (1.59 to 2.35)	2.10 (1.90 to 2.32)
45	4.02 (2.98 to 5.43)	5.84 (3.92 to 8.71)	3.66 (2.49 to 5.39)	3.05 (1.99 to 4.68)	2.49 (2.22 to 2.81)	3.16 (2.64 to 3.78)	2.29 (1.84 to 2.85)	2.62 (2.34 to 2.93)

¹ Lowest value was a BMI of 16.75

Table E: Body mass index and all cause mortality in never smokers, stratified by duration of follow-up, nonlinear dose-response

	All	<10 years	10-<15 years	15-<20 years	20-<25 years	≥25 years	≥20 years
<i>n</i>	44	9	15	4	2	8	10
BMI	RR (95% CI)	RR (95% CI)	RR (95% CI)	RR (95% CI)	RR (95% CI)	RR (95% CI)	RR (95% CI)
15	2.01 (1.80 to 2.24)	1.63 (1.32 to 2.01)					
16	1.66 (1.51 to 1.83)	1.43 (1.21 to 1.70)	1.92 (1.68 to 2.19) ¹	1.73 (1.29 to 2.31) ²	1.22 (0.77 to 1.95)	1.10 (0.99 to 1.23) ³	1.16 (1.04 to 1.30)
17.5	1.35 (1.25 to 1.45)	1.24 (1.10 to 1.41)	1.54 (1.38 to 1.71)	1.44 (1.16 to 1.81)	1.09 (0.76 to 1.58)	1.06 (0.96 to 1.16)	1.06 (0.97 to 1.16)
20	1.10 (1.05 to 1.14)	1.07 (1.00 to 1.14)	1.15 (1.09 to 1.22)	1.04 (0.97 to 1.11)	1.00 (0.82 to 1.21)	0.99 (0.94 to 1.04)	0.99 (0.94 to 1.03)
22	1.01 (1.00 to 1.03)	1.01 (0.99 to 1.03)	1.03 (1.01 to 1.05)	0.99 (0.97 to 1.00)	0.99 (0.93 to 1.05)	0.99 (0.97 to 1.00)	0.99 (0.97 to 1.00)
23	1.00	1.00	1.00	1.00	1.00	1.00	1.00
24	1.00 (0.98 to 1.01)	1.00 (0.98 to 1.02)	0.99 (0.97 to 1.01)	1.03 (1.02 to 1.04)	1.02 (0.96 to 1.10)	1.02 (1.01 to 1.04)	1.02 (1.01 to 1.04)
25	1.01 (0.98 to 1.03)	1.01 (0.97 to 1.05)	0.99 (0.95 to 1.03)	1.08 (1.07 to 1.09)	1.06 (0.92 to 1.21)	1.06 (1.02 to 1.09)	1.06 (1.02 to 1.09)
27.5	1.07 (1.01 to 1.14)	1.06 (0.98 to 1.15)	1.04 (0.96 to 1.14)	1.26 (1.25 to 1.27)	1.17 (0.87 to 1.58)	1.17 (1.08 to 1.26)	1.17 (1.09 to 1.26)
30	1.20 (1.09 to 1.32)	1.16 (1.02 to 1.32)	1.17 (1.02 to 1.34)	1.51 (1.50 to 1.52)	1.35 (0.86 to 2.13)	1.33 (1.18 to 1.50)	1.33 (1.19 to 1.49)
32.5	1.39 (1.22 to 1.58)	1.31 (1.10 to 1.56)	1.37 (1.14 to 1.64)	1.84 (1.80 to 1.88)	1.60 (0.86 to 2.96)	1.55 (1.32 to 1.83)	1.55 (1.34 to 1.81)
35	1.65 (1.40 to 1.94)	1.52 (1.21 to 1.91)	1.66 (1.32 to 2.09)	2.23 (2.16 to 2.32)	1.93 (0.89 to 4.20)	1.85 (1.51 to 2.26)	1.85 (1.53 to 2.23)
37.5	2.02 (1.66 to 2.46)	1.80 (1.36 to 2.38)	2.07 (1.57 to 2.74)	2.71 (2.59 to 2.82)	2.37 (0.92 to 6.06)	2.23 (1.74 to 2.84)	2.23 (1.77 to 2.80)
40	2.50 (1.98 to 3.15)	2.17 (1.56 to 3.03)	2.66 (1.92 to 3.68)	3.26 (3.12 to 3.41)	2.96 (0.98 to 8.94)	2.71 (2.03 to 3.62)	2.73 (2.08 to 3.57)
42.5	3.16 (2.42 to 4.12)	2.66 (1.80 to 3.93)	3.45 (2.38 to 5.01)	3.89 (3.74 to 4.04)	3.72 (1.05 to 13.12)	3.34 (2.40 to 4.64)	3.36 (2.47 to 4.58)
45	4.02 (2.98 to 5.43)	3.30 (2.10 to 5.18)	4.58 (3.01 to 6.99)	4.60 (4.48 to 4.73)	4.73 (1.13 to 19.77)	4.16 (2.86 to 6.05)	4.18 (2.95 to 5.92)

¹ Lowest value was a BMI of 16.3

² Lowest value was a BMI of 16.7

³ Lowest value was a BMI of 16.75

Because there was only one study with a duration <5 years the categories <5 and $5-10$ years were collapsed and the same was done for the categories of $20-25$ and ≥ 25 years of follow-up. n =number of risk estimates, the number of risk estimates does not add up to the total because some studies were excluded because the model did not converge, and one because the duration of follow-up was not reported.

Table F: Subgroup analyses of BMI and all cause mortality in all participants, per 5 units increase in BMI

	BMI					
	<i>n</i>	RR (95% CI)	<i>I</i> ² (%)	<i>P</i> _h ¹	<i>P</i> _h ²	
All studies	198	1.05 (1.04 to 1.07)	97.1	<0.0001		
Sex						
Men	101	1.07 (1.05 to 1.09)	93.0	<0.0001	0.01/0.47	
Women	91	1.09 (1.08 to 1.11)	92.2	<0.0001		
Men and women	76	1.00 (0.97 to 1.03)	96.1	<0.0001		
Assessment of weight/height						
Measured	115	1.05 (1.03 to 1.07)	96.4	<0.0001	0.09	
Self-reported	60	1.08 (1.06 to 1.10)	94.0	<0.0001		
Measured and self-reported	4	1.07 (0.97 to 1.17)	93.2	<0.0001		
Unclear	19	0.97 (0.90 to 1.05)	95.3	<0.0001		
Duration of follow-up						
<5 years follow-up	15	0.90 (0.83 to 0.97)	90.1	<0.0001	<0.0001	
5-<10	53	1.00 (0.96 to 1.04)	97.2	<0.0001		
10-<15	66	1.07 (1.05 to 1.08)	91.8	<0.0001		
15-<20	27	1.09 (1.05 to 1.13)	87.9	<0.0001		
20-<25	15	1.12 (1.08 to 1.17)	91.7	<0.0001		
≥25	22	1.15 (1.11 to 1.19)	90.0	<0.0001		
Geographic location						
Europe	69	1.07 (1.04 to 1.09)	97.2	<0.0001	0.04	
North America	67	1.07 (1.05 to 1.10)	98.1	<0.0001		
South America	3	0.92 (0.88 to 0.97)	0	0.55		
Australia	9	0.99 (0.91 to 1.07)	74.9	<0.0001		
Asia	49	1.01 (0.97 to 1.05)	92.6	<0.0001		
Pacific	1	0.88 (0.79 to 1.00)				
Number of cases						
<500	41	0.95 (0.90 to 1.01)	74.3	<0.0001	<0.0001	
500-<1000	39	1.04 (1.00 to 1.09)	84.3	<0.0001		
1000-<5000	74	1.05 (1.03 to 1.08)	92.6	<0.0001		
5000-<10000	16	1.08 (1.04 to 1.12)	94.1	<0.0001		
10000-<20000	15	1.13 (1.08 to 1.18)	97.1	<0.0001		
≥20000	10	1.11 (1.06 to 1.17)	99.8	<0.0001		
Study quality						
0-3	0				0.03	
4-6	66	1.02 (0.99 to 1.04)	97.7	<0.0001		
7-9	132	1.07 (1.06 to 1.09)	94.1	<0.0001		
Adjustment for confounders						
Age	Yes	186	1.06 (1.04 to 1.07)	96.2	<0.0001	0.17
	No	12	0.98 (0.88 to 1.09)	95.1	<0.0001	
Education	Yes	74	1.05 (1.03 to 1.06)	94.7	<0.0001	0.51
	No	124	1.06 (1.04 to 1.08)	97.6	<0.0001	
Socio-economic status	Yes	14	1.05 (0.95 to 1.16)	96.4	<0.0001	0.99
	No	184	1.06 (1.04 to 1.07)	96.2	<0.0001	
Alcohol	Yes	78	1.05 (1.03 to 1.07)	94.7	<0.0001	0.95
	No	120	1.05 (1.03 to 1.07)	97.7	<0.0001	
Smoking status	Yes	150	1.06 (1.05 to 1.08)	93.5	<0.0001	0.40
	No	47	1.03 (1.00 to 1.06)	98.9	<0.0001	
Cigarettes per day	Yes	30	1.16 (1.13 to 1.19)	91.9	<0.0001	<0.0001
	No	168	1.03 (1.02 to 1.05)	97.2	<0.0001	
Pack-years	Yes	17	1.07 (1.04 to 1.11)	95.4	<0.0001	0.78
	No	181	1.05 (1.04 to 1.07)	97.2	<0.0001	
Years since quitting	Yes	4	1.17 (1.15 to 1.18)	77.4	0.004	0.15

	No	194	1.05 (1.03 to 1.06)	96.9	<0.0001		
Physical activity	Yes	63	1.06 (1.04 to 1.08)	93.5	<0.0001	0.82	
	No	135	1.05 (1.03 to 1.07)	97.6	<0.0001		
Height	Yes	5	1.10 (0.99 to 1.22)	97.8	<0.0001	0.48	
	No	193	1.05 (1.04 to 1.07)	96.6	<0.0001		
Waist circumference or waist-to-hip ratio	Yes	2	0.87 (0.83 to 0.91)	0	0.82	0.10	
	No	196	1.05 (1.04 to 1.07)	97.1	<0.0001		
Dietary pattern	Yes	4	1.12 (1.07 to 1.16)	48.1	0.12	0.38	
	No	194	1.05 (1.04 to 1.07)	97.2	<0.0001		
Fat intake	Yes	3	1.12 (1.06 to 1.18)	86.6	0.001	0.69	
	No	195	1.05 (1.04 to 1.07)	97.0	<0.0001		
Fruit, vegetables	Yes	4	1.10 (0.95 to 1.28)	96.4	<0.0001	0.49	
	No	194	1.05 (1.04 to 1.07)	97.0	<0.0001		
Adjustment for potential intermediates							
Diabetes	Yes	27	0.97 (0.93 to 1.02)	85.5	<0.0001	0.006	
	No	171	1.06 (1.05 to 1.08)	97.4	<0.0001		
Systolic blood pressure	Yes	12	1.01 (0.95 to 1.07)	92.3	<0.0001	0.28	
	No	186	1.06 (1.04 to 1.07)	97.2	<0.0001		
Diastolic blood pressure	Yes	4	1.08 (0.99 to 1.17)	84.1	<0.0001	0.67	
	No	194	1.05 (1.04 to 1.07)	97.2	<0.0001		
Hypertension	Yes	20	1.01 (0.94 to 1.08)	95.6	<0.0001	0.23	
	No	178	1.06 (1.05 to 1.07)	96.2	<0.0001		
Triglycerides	Yes	3	1.12 (1.09 to 1.16)	0	0.87	0.49	
	No	195	1.05 (1.04 to 1.07)	97.2	<0.0001		
Serum cholesterol	Yes	14	1.04 (0.99 to 1.09)	82.8	<0.0001	0.61	
	No	184	1.05 (1.04 to 1.07)	97.3	<0.0001		
Adjustment for medical history							
Prevalent coronary heart disease	Yes	26	0.96 (0.90 to 1.02)	99.0	<0.0001	0.003	
	No	172	1.07 (1.05 to 1.08)	96.0	<0.0001		
Prevalent stroke	Yes	22	0.99 (0.92 to 1.06)	98.6	<0.0001	0.07	
	No	176	1.06 (1.05 to 1.08)	96.2	<0.0001		
Prevalent cancer	Yes	19	0.98 (0.91 to 1.04)	99.3	<0.0001	0.03	
	No	179	1.06 (1.05 to 1.08)	95.9	<0.0001		
Family history of coronary heart disease	Yes	3	1.16 (1.04 to 1.30)	83.9	0.001	0.26	
	No	195	1.05 (1.04 to 1.07)	97.1	<0.0001		
Studies with adjustment for age, smoking, alcohol, and physical activity and without adjustment for prevalent disease or intermediate factors							
Adjustment for main confounders, but not for intermediates	Yes	25	1.09 (1.04 to 1.14)	94.8	<0.0001	0.16	
	No	173	1.05 (1.03 to 1.06)	97.1	<0.0001		
Studies with adjustment for main confounders, but not intermediates, stratified by duration of follow-up	<5 years	Yes	2	0.83 (0.70 to 0.98)	92.5	<0.0001	0.40
		No	13	0.92 (0.84 to 1.00)	87.2	<0.0001	
	5-<10	Yes	5	1.16 (1.03 to 1.29)	81.7	<0.0001	0.19
		No	48	0.99 (0.95 to 1.02)	97.1	<0.0001	
	10-<15	Yes	12	1.11 (1.06 to 1.16)	87.4	<0.0001	0.08
		No	54	1.06 (1.03 to 1.08)	92.3	<0.0001	
	15-<20	Yes	3	1.03 (0.90 to 1.18)	88.0	<0.0001	0.34
		No	24	1.10 (1.06 to 1.14)	87.2	<0.0001	
	≥20	Yes	3	1.22 (1.11 to 1.35)	74.4	0.02	0.38
		No	33	1.13 (1.10 to 1.16)	90.4	<0.0001	

n =number of risk estimates, the number of risk estimates does not always add up to the total because of missing information in some studies

RR=relative risk, CI=confidence interval

P_h^1 =p for heterogeneity within each subgroup

P_h^2 =p for heterogeneity between subgroups using meta-regression analyses

Table G: Body mass index and all cause mortality in all participants, stratified by duration of follow-up, nonlinear dose-response

	All	<5 years	5-<10 years	10-<15 years	15-<20 years	20-<25 years	≥25 years
<i>n</i>	198	12	41	66	28	15	23
BMI	RR (95% CI)	RR (95% CI)	RR (95% CI)	RR (95% CI)	RR (95% CI)	RR (95% CI)	RR (95% CI)
15	2.24 (2.15 to 2.34)		2.20 (2.10 to 2.30) ²	2.37 (2.54 to 2.21) ²		1.87 (1.84 to 1.91) ²	
16	1.83 (1.77 to 1.91)	2.18 (2.03 to 2.34) ¹	1.99 (1.91 to 2.08)	2.10 (1.97 to 2.24)	1.60 (1.41 to 1.82) ³	1.69 (1.67 to 1.73)	1.49 (1.35 to 1.63)
17.5	1.47 (1.43 to 1.51)	1.72 (1.64 to 1.80)	1.57 (1.52 to 1.62)	1.60 (1.52 to 1.68)	1.44 (1.29 to 1.60)	1.35 (1.34 to 1.37)	1.28 (1.18 to 1.38)
20	1.15 (1.13 to 1.17)	1.25 (1.22 to 1.27)	1.19 (1.17 to 1.21)	1.18 (1.15 to 1.22)	1.15 (1.09 to 1.22)	1.09 (1.08 to 1.09)	1.08 (1.03 to 1.12)
22	1.03 (1.02 to 1.04)	1.06 (1.05 to 1.06)	1.04 (1.03 to 1.05)	1.04 (1.03 to 1.05)	1.03 (1.01 to 1.05)	1.01 (1.01 to 1.01)	1.01 (1.00 to 1.03)
23	1.00	1.00	1.00	1.00	1.00	1.00	1.00
24	0.98 (0.97 to 0.99)	0.96 (0.95 to 0.96)	0.97 (0.96 to 0.97)	0.97 (0.96 to 0.98)	0.98 (0.96 to 1.00)	1.00 (0.99 to 1.00)	1.00 (0.98 to 1.01)
25	0.97 (0.96 to 0.98)	0.93 (0.92 to 0.93)	0.95 (0.93 to 0.96)	0.96 (0.95 to 0.98)	0.97 (0.93 to 1.01)	1.01 (1.00 to 1.01)	1.01 (0.98 to 1.04)
27.5	0.98 (0.96 to 1.01)	0.89 (0.88 to 0.90)	0.93 (0.91 to 0.95)	0.98 (0.94 to 1.02)	1.00 (0.92 to 1.08)	1.08 (1.07 to 1.08)	1.06 (1.00 to 1.13)
30	1.04 (1.00 to 1.08)	0.90 (0.89 to 0.92)	0.96 (0.92 to 1.00)	1.06 (0.99 to 1.13)	1.08 (0.95 to 1.23)	1.19 (1.18 to 1.20)	1.17 (1.06 to 1.29)
32.5	1.14 (1.09 to 1.20)	0.96 (0.94 to 0.98)	1.01 (0.96 to 1.07)	1.19 (1.09 to 1.30)	1.25 (1.05 to 1.49)	1.35 (1.34 to 1.36)	1.32 (1.16 to 1.50)
35	1.29 (1.21 to 1.37)	1.06 (1.02 to 1.10)	1.11 (1.03 to 1.19)	1.39 (1.24 to 1.55)	1.50 (1.20 to 1.88)	1.55 (1.53 to 1.57)	1.53 (1.30 to 1.80)
37.5	1.49 (1.37 to 1.61)	1.21 (1.13 to 1.29)	1.24 (1.14 to 1.35)	1.65 (1.45 to 1.89)	1.89 (1.44 to 2.49)	1.81 (1.79 to 1.83)	1.81 (1.48 to 2.20)
40	1.74 (1.59 to 1.91)	1.44 (1.30 to 1.59)	1.40 (1.27 to 1.55)	2.02 (1.73 to 2.36)	2.47 (1.79 to 3.40)	2.13 (2.10 to 2.16)	2.16 (1.71 to 2.72)
42.5	2.07 (1.86 to 2.30)	1.76 (1.52 to 2.05)	1.62 (1.44 to 1.81)	2.52 (2.11 to 3.01)	3.35 (2.31 to 4.85)	2.51 (2.47 to 2.55)	2.62 (2.01 to 3.42)
45	2.49 (2.22 to 2.81)	2.25 (1.83 to 2.76)	1.88 (1.65 to 2.14)	3.18 (2.60 to 3.90)	4.67 (3.06 to 7.11)	2.96 (2.90 to 3.01)	3.21 (2.38 to 4.34)

¹ Lowest value was a BMI of 16.2

² Lowest value was a BMI of 15.5

³ Lowest value was a BMI of 16.6

n=number of risk estimates, the number of risk estimates does not add up to the total because some studies had to be excluded for the model to converge.

Table H: Body mass index and all cause mortality in never smokers, stratified by geographic location

	All	Europe	North America	Australia	Asia
<i>n</i>	44	6	20	2	11
BMI	RR (95% CI)	RR (95% CI)	RR (95% CI)	RR (95% CI)	RR (95% CI)
15	2.01 (1.80 to 2.24)	-	-	-	2.26 (1.86 to 2.74)
16	1.66 (1.51 to 1.83)	1.66 (1.39 to 1.98)	1.23 (1.13 to 1.34) ¹	-	1.88 (1.59 to 2.23)
17.5	1.35 (1.25 to 1.45)	1.35 (1.18 to 1.53)	1.16 (1.08 to 1.26)	-	1.51 (1.32 to 1.72)
20	1.10 (1.05 to 1.14)	1.09 (1.03 to 1.17)	1.03 (0.99 to 1.07)	-	1.16 (1.08 to 1.25)
22	1.01 (1.00 to 1.03)	1.01 (0.99 to 1.03)	1.00 (0.99 to 1.01)	1.05 (0.97 to 1.12)	1.03 (1.01 to 1.06)
23	1.00	1.00	1.00	1.00	1.00
24	1.00 (0.98 to 1.01)	1.00 (0.98 to 1.02)	1.01 (1.00 to 1.02)	0.96 (0.90 to 1.03)	0.98 (0.96 to 1.01)
25	1.01 (0.98 to 1.03)	1.01 (0.97 to 1.05)	1.03 (1.00 to 1.05)	0.94 (0.85 to 1.06)	0.99 (0.94 to 1.03)
27.5	1.07 (1.01 to 1.14)	1.08 (1.00 to 1.18)	1.10 (1.04 to 1.17)	0.95 (0.80 to 1.13)	1.06 (0.95 to 1.18)
30	1.20 (1.09 to 1.32)	1.22 (1.07 to 1.38)	1.22 (1.11 to 1.34)	1.07 (0.91 to 1.27)	1.24 (1.04 to 1.46)
32.5	1.39 (1.22 to 1.58)	1.42 (1.20 to 1.68)	1.39 (1.22 to 1.57)	1.36 (1.07 to 1.73)	1.57 (1.25 to 1.98)
35	1.65 (1.40 to 1.94)	1.71 (1.38 to 2.12)	1.61 (1.37 to 1.89)	1.99 (1.13 to 3.49)	2.16 (1.62 to 2.88)
37.5	2.02 (1.66 to 2.46)	2.11 (1.62 to 2.74)	1.90 (1.56 to 2.30)	3.41 (1.12 to 10.40)	3.18 (2.24 to 4.50)
40	2.50 (1.98 to 3.15)	2.63 (1.93 to 3.59)	2.27 (1.81 to 2.85)	-	4.99 (3.31 to 7.53)
42.5	3.16 (2.42 to 4.12)	3.36 (2.34 to 4.82)	2.73 (2.10 to 3.55)	-	-
45	4.02 (2.98 to 5.43)	4.34 (2.87 to 6.57)	3.33 (2.48 to 4.48)	-	-

¹ Lowest value was a BMI of 16.75

n=number of risk estimates, the number of risk estimates does not add up to the total because some studies had to be excluded for the model to converge.

Table I: Body mass index and all cause mortality, all participants and never smokers, stratified by study quality, nonlinear dose-response

	All participants, all studies	All participants, study quality=4-6	All participants, study quality=7-9	Never smokers, all studies	Never smokers, study quality=4-6	Never smokers, study quality=7-9
<i>n</i>	198	63	128	44	13	31
BMI	RR (95% CI)	RR (95% CI)	RR (95% CI)	RR (95% CI)	RR (95% CI)	RR (95% CI)
15	2.24 (2.15-2.34)	2.10 (2.00-2.20) ¹	2.17 (2.05-2.29)	2.01 (1.80-2.24)		2.03 (1.77-2.33)
16	1.83 (1.77-1.91)	1.91 (1.82-1.99)	1.78 (1.70-1.87)	1.66 (1.51-1.83)	1.50 (1.30-1.73) ²	1.68 (1.49-1.89)
17.5	1.47 (1.43-1.51)	1.53 (1.48-1.59)	1.44 (1.38-1.49)	1.35 (1.25-1.45)	1.36 (1.20-1.54)	1.36 (1.24-1.49)
20	1.15 (1.13-1.17)	1.19 (1.17-1.21)	1.14 (1.11-1.16)	1.10 (1.05-1.14)	1.09 (1.03-1.17)	1.10 (1.05-1.16)
22	1.03 (1.02-1.04)	1.04 (1.03-1.05)	1.03 (1.02-1.04)	1.01 (1.00-1.03)	1.01 (0.99-1.03)	1.02 (1.00-1.03)
23	1.00	1.00	1.00	1.00	1.00	1.00
24	0.98 (0.97-0.99)	0.96 (0.95-0.97)	0.98 (0.97-0.99)	1.00 (0.98-1.01)	1.00 (0.98-1.02)	1.00 (0.98-1.01)
25	0.97 (0.96-0.98)	0.94 (0.93-0.96)	0.98 (0.96-0.99)	1.01 (0.98-1.03)	1.01 (0.97-1.06)	1.00 (0.97-1.04)
27.5	0.98 (0.96-1.01)	0.93 (0.90-0.96)	1.00 (0.97-1.03)	1.07 (1.01-1.14)	1.09 (0.99-1.20)	1.06 (0.99-1.15)
30	1.04 (1.00-1.08)	0.96 (0.92-1.01)	1.07 (1.02-1.12)	1.20 (1.09-1.32)	1.24 (1.07-1.44)	1.18 (1.05-1.33)
32.5	1.14 (1.09-1.20)	1.03 (0.97-1.09)	1.19 (1.11-1.27)	1.39 (1.22-1.58)	1.46 (1.19-1.79)	1.36 (1.16-1.60)
35	1.29 (1.21-1.37)	1.14 (1.06-1.23)	1.35 (1.24-1.47)	1.65 (1.40-1.94)	1.78 (1.37-2.30)	1.61 (1.32-1.97)
37.5	1.49 (1.37-1.61)	1.29 (1.18-1.42)	1.57 (1.42-1.74)	2.02 (1.66-2.46)	2.21 (1.62-3.02)	1.95 (1.53-2.48)
40	1.74 (1.59-1.91)	1.50 (1.34-1.67)	1.86 (1.65-2.09)	2.50 (1.98-3.15)	2.82 (1.96-4.05)	2.41 (1.81-3.20)
42.5	2.07 (1.86-2.30)	1.77 (1.56-2.00)	2.23 (1.95-2.55)	3.16 (2.42-4.12)	3.63 (2.38-5.52)	3.02 (2.18-4.20)
45	2.49 (2.22-2.81)	2.13 (1.85-2.45)	2.71 (2.33-3.16)	4.02 (2.98-5.43)	4.78 (2.96-7.69)	3.83 (2.64-5.54)

¹Lowest value was a BMI of 15.5

² Lowest value was a BMI of 16.75

n=number of risk estimates, the number of studies included does not always add up to the total because some studies had to be excluded for the nonlinear model to converge.

Table J: Body mass index and all cause mortality, never smokers, stratified by age, nonlinear dose-response

	Never smokers, all studies	Never smokers, age <65 years	Never smokers, age ≥65 years
<i>n</i>	44	13	6
BMI	RR (95% CI)	RR (95% CI)	RR (95% CI)
15	2.01 (1.80-2.24)		
16	1.66 (1.51-1.83)	2.00 (1.92-2.09) ¹	1.73 (1.44-2.08) ¹
17.5	1.35 (1.25-1.45)	1.54 (1.49-1.59)	1.46 (1.26-1.69)
20	1.10 (1.05-1.14)	1.13 (1.11-1.15)	1.16 (1.07-1.25)
22	1.01 (1.00-1.03)	1.02 (1.01-1.03)	1.04 (1.01-1.07)
23	1.00	1.00	1.00
24	1.00 (0.98-1.01)	1.00 (0.99-1.01)	0.97 (0.95-1.00)
25	1.01 (0.98-1.03)	1.02 (1.01-1.03)	0.96 (0.91-1.01)
27.5	1.07 (1.01-1.14)	1.12 (1.11-1.14)	0.95 (0.85-1.08)
30	1.20 (1.09-1.32)	1.32 (1.29-1.36)	0.99 (0.82-1.19)
32.5	1.39 (1.22-1.58)	1.63 (1.57-1.69)	1.05 (0.82-1.36)
35	1.65 (1.40-1.94)	2.08 (1.99-2.17)	1.15 (0.83-1.59)
37.5	2.02 (1.66-2.46)	2.71 (2.57-2.86)	1.28 (0.87-1.90)
40	2.50 (1.98-3.15)	3.60 (3.38-3.83)	1.45 (0.92-2.29)
42.5	3.16 (2.42-4.12)	4.83 (4.50-5.19)	1.66 (0.98-2.81)
45	4.02 (2.98-5.43)	6.56 (6.05-7.11)	1.92 (1.06-3.48)

¹Lowest value was a BMI of 16.25

n =number of risk estimates, the number of risk estimates does not add up to the total because not all studies reported results stratified by age

Table K. Influence analysis of BMI and all cause mortality among never smokers

Study omitted	Estimate	[95% Conf. Interval]	
Rissanen, 1989	1.1801792	1.1488022	1.2124132
Rissanen, 1991	1.1760972	1.1449667	1.2080739
Lee, 1993	1.1756554	1.1446522	1.2074983
Lindsted, 1997	1.1783594	1.1468321	1.2107533
Lindsted, 1998	1.1773396	1.1461253	1.2094041
Yuan, 1998	1.1771479	1.1461149	1.2090211
Singh, 1999	1.1728579	1.1418855	1.2046703
Allison, 1999, CPS1	1.1775452	1.1427189	1.2134328
Visscher, 2000	1.1786907	1.1473466	1.2108909
Visscher, 2001	1.1821303	1.1510041	1.2140983
Tsugane, 2002	1.177052	1.1459383	1.2090106
Miyazaki, 2002	1.1774776	1.1465021	1.2092899
Engeland, 2003	1.1765411	1.1448325	1.2091278
Hu, 2004	1.1730058	1.1421667	1.2046776
Adams, 2006	1.1753507	1.1438026	1.2077689
Freedman, 2006	1.1772259	1.1458265	1.2094859
Lawlor, 2006, Renfrew-Paisley	1.1764736	1.1449702	1.2088438
Lawlor, 2006, Collaborative	1.1766042	1.1454438	1.2086122
Jee, 2006	1.1802418	1.1485417	1.2128168
Gelber, 2007	1.1781315	1.1468171	1.2103009
Mazza, 2007	1.1840056	1.1528548	1.2159982
Flegal, 2007	1.1821638	1.1507456	1.2144399
Simpson, 2007	1.179721	1.1483896	1.2119073
Dolan, 2007	1.1807076	1.1493915	1.2128769
Pischon, 2008	1.1751304	1.1437678	1.2073529
Hozawa, 2008	1.176594	1.1456565	1.208367
Kivimaki, 2008	1.1744596	1.1432441	1.2065275
Pednekar, 2008	1.1941104	1.1681112	1.2206882
Zhang, 2008	1.1755044	1.1444472	1.2074046
Tsai, 2008	1.1749504	1.1437142	1.2070396
Moore, 2008	1.1766896	1.1451812	1.2090648
Sauvaget, 2008	1.1859139	1.1548196	1.2178454
Orpana, 2010	1.1822603	1.1509815	1.214389
Odegaard, 2010	1.1791822	1.1476296	1.2116023
Bessonova, 2011	1.1804385	1.1488141	1.2129333
Boggs, 2011	1.1784773	1.1469526	1.2108684
Hotchkiss, 2011	1.1826183	1.1513882	1.2146953
Park, 2012	1.174419	1.143186	1.2065055
Ma, 2013	1.180945	1.1492094	1.213557
Singh, 2013	1.1784825	1.1471149	1.210708
Joshya, 2014	1.1776602	1.146153	1.2100335
Patel, 2014	1.1790823	1.1415523	1.217846
Yi, 2015	1.180904	1.1490226	1.2136701
Cao, 2015	1.1800684	1.1484958	1.2125089
Combined	1.1785422	1.1475681	1.2103523

Table L. Influence analysis of BMI and all cause mortality among all participants

Study omitted	Estimate	[95% Conf. Interval]	
Multiple Risk Factor Intervention Trial, 1986	1.0518801	1.0373954	1.0665672
Johansen, 1987	1.0523934	1.0378823	1.0671073
Rissanen, 1989	1.0522426	1.0377041	1.0669849
Rissanen, 1991	1.0513349	1.0368488	1.0660235
Ho, 1991	1.0527363	1.0382656	1.0674088
Lee, 1993	1.051461	1.0369658	1.0661589
Kornitzer, 1993	1.052516	1.0380242	1.06721
Sorkin, 1994	1.0515583	1.0370653	1.0662539
Norrish, 1995	1.0518863	1.0374252	1.0665489
Hanson, 1995	1.0513637	1.0368962	1.066033
Seidell, 1996	1.0520784	1.0375745	1.0667849
Hodge, 1996	1.05308	1.0385827	1.0677797
Chyou, 1997	1.0507386	1.0362805	1.0653985
Maskarinec, 1998	1.0513431	1.0368328	1.0660565
Yuan, 1998	1.0522366	1.0377532	1.0669221
Seccareccia, 1998	1.0529143	1.0384259	1.0676048
Rosengren, 1999	1.0511266	1.0366404	1.0658152
Allison, 1999, CPS1	1.0510976	1.0366157	1.0657817
Allison, 1999, FHSI	1.0506448	1.0361809	1.0653105
Allison, 1999, TCHSI	1.0513002	1.0368181	1.0659845
Ostbye, 1999	1.0536469	1.0391736	1.0683218
Andersen, 2000	1.0517125	1.0371847	1.0664438
Baik, 2000	1.0511166	1.0366368	1.0657986
Folsom, 2000	1.0532054	1.0387195	1.0678933
Fortes, 2000	1.0527692	1.038288	1.0674524
Haapanen-Niemi, 2000	1.0522742	1.037787	1.0669638
Hara, 2000	1.0523965	1.0379308	1.0670638
Strawbridge, 2000	1.0529985	1.0384966	1.067703
Grabowski, 2001	1.0540669	1.039625	1.0687094
Katzmarzyk, 2001	1.0517206	1.037227	1.0664167
Niverthi, 2001	1.0516554	1.0371573	1.0663561
Dey, 2001	1.0516729	1.0371978	1.06635
Wannamethee, 2001	1.0522776	1.0377772	1.0669805
Osler, 2001	1.0519544	1.0374618	1.0666496
Barbagallo, 2001	1.0519493	1.0374916	1.0666084
Farrell, 2002	1.0523038	1.0378219	1.0669878
Stevens, 2002	1.0521407	1.0376415	1.0668424
Tsugane, 2002	1.0510149	1.0365474	1.0656843
Miyazaki, 2002	1.0518377	1.0373714	1.0665057
Miller, 2002	1.0522125	1.0377189	1.0669085
Wang, 2002	1.0526546	1.0381947	1.0673159
Somes, 2002	1.052128	1.0376563	1.0668015
Engeland, 2003	1.0508018	1.0356785	1.0661458
Lubin, 2003	1.0524812	1.0379992	1.0671651
Thorogood, 2003	1.0516467	1.0371612	1.0663345
Hosegood, 2003	1.0523453	1.0378808	1.0670114
Kuriyama, 2004	1.0520171	1.0375296	1.0667069
Stevens, 2004	1.0524694	1.03799	1.0671507
Sundquist, 2004	1.0526925	1.0381866	1.0674012

Maru, 2004		1.0511444	1.0366583	1.0658327
Hu, 2004		1.0509914	1.0365392	1.0656451
Hu, 2005		1.0522054	1.0376759	1.0669385
Nyholm, 2005		1.0529865	1.0385003	1.0676746
Pajak, 2005		1.051806	1.0373032	1.0665116
Iribarren, 2005		1.0529237	1.0384411	1.0676082
Jain, 2005		1.0516325	1.036911	1.0665629
Hayashi, 2005		1.0514543	1.0369974	1.0661128
Hjartåker, 2005		1.0513479	1.0368574	1.0660408
Chang-Claude, 2005		1.0524288	1.0379436	1.0671163
Gu, 2006		1.0512131	1.0367218	1.0659071
Adams, 2006		1.0512717	1.0366213	1.0661292
Tsai, 2006		1.0514542	1.03695	1.0661613
van Dam, 2006		1.0511907	1.0367008	1.065883
Jee, 2006		1.0518556	1.0373155	1.0665995
Lawlor, 2006, Renfrew/Paisley Study		1.0522847	1.0377535	1.0670195
Lawlor, 2006, Collaborative Study		1.0521495	1.0376351	1.0668671
Price, 2006		1.053936	1.0394962	1.0685763
Schooling, 2006		1.0543426	1.0398877	1.0689986
Baldinger, 2006		1.0514857	1.0369979	1.0661758
Ray, 2006		1.0523673	1.0378921	1.0670444
Freedman, 2006		1.0513655	1.0368627	1.066071
Tice, 2006		1.0536325	1.0391743	1.0682918
Corrada, 2006		1.0523286	1.03781	1.0670502
Gale, 2007		1.0522069	1.0377221	1.0668938
Smith, 2007		1.0527197	1.0382226	1.0674193
Janssen, 2007		1.0528154	1.0383105	1.0675229
Sai, 2007		1.0520865	1.0375975	1.0667776
Greenberg, 2007		1.0513816	1.03692	1.0660449
Al Snih, 2007		1.0530558	1.0385739	1.0677395
Flegal, 2007		1.0522	1.0376786	1.0669246
Mazza, 2007		1.0531702	1.0386821	1.0678605
Simpson, 2007		1.0520489	1.0375435	1.0667571
Locher, 2007		1.0525461	1.0380589	1.0672357
Fujino, 2007		1.0523944	1.0378755	1.0671164
Gelber, 2007		1.0514642	1.0369645	1.0661666
Dolan, 2007		1.0528574	1.0383554	1.0675619
Pischon, 2008		1.0511395	1.0366436	1.065838
Hozawa, 2008		1.0517567	1.0372831	1.0664325
Luchsinger, 2008		1.051949	1.037469	1.066631
Orsini, 2008		1.0521444	1.037631	1.0668608
Kivimaki, 2008		1.0508729	1.036399	1.0655489
Pednekar, 2008		1.0530503	1.0385755	1.0677267
Matsuo, 2008		1.051748	1.0372375	1.0664614
Zhang, 2008		1.0511624	1.0366986	1.0658278
Tsai, 2008		1.0511882	1.0366976	1.0658815
Sauvaget, 2008		1.0531188	1.0386195	1.0678204
Ringback Weitof, 2008		1.0518637	1.0373542	1.066576
Moore, 2008		1.0510457	1.036559	1.0657346
Kulminski, 2008		1.0528523	1.0383489	1.0675582
Korkeila, 2009		1.0518354	1.037338	1.0665354
Reuser, 2009		1.0516306	1.0371268	1.0663372
Ferrie, 2009		1.0521325	1.0376291	1.0668387
Guallar-Castillon, 2009		1.0529807	1.0384806	1.0676832
Walter, 2009		1.0526942	1.0381871	1.0674042

Klenk, 2009		1.0512966	1.0367786	1.0660179
Wandell, 2009		1.0517135	1.0372396	1.0663893
Gulsvik, 2009		1.0514731	1.0369886	1.0661601
Stessman, 2009		1.0529715	1.038484	1.0676612
Cesari, 2009		1.0524118	1.0379318	1.0670936
Neovius, 2009		1.050784	1.0363144	1.0654558
Orpana, 2010		1.0524367	1.0379335	1.0671427
Iversen, 2010		1.0524901	1.0379832	1.0671998
Pierce, 2010		1.0532118	1.038727	1.0678985
Arnlov, 2010		1.0513183	1.0368338	1.0660051
Odegaard, 2010		1.0517272	1.0372045	1.0664532
Vapattanawong, 2010		1.0536864	1.0391973	1.0683776
Bellocco, 2010		1.0517203	1.0372185	1.0664248
Lantz, 2010		1.05321	1.0387115	1.067911
Vessey, 2010		1.0513855	1.0368958	1.0660778
Berraho, 2010		1.0523967	1.0378928	1.0671031
Atlantis, 2010		1.0524132	1.0379188	1.0671101
Nagai, 2010		1.0516137	1.03712	1.0663098
Byun, 2010		1.0519924	1.0374781	1.0667099
Carlsson, 2011		1.0509841	1.0365107	1.0656598
Klijs, 2011		1.0523336	1.0378239	1.0670462
Hwang, 2011		1.0508487	1.0363756	1.0655239
Lin, 2011		1.0513705	1.0368841	1.0660595
Boggs, 2011		1.0515722	1.0370574	1.06629
Lisko, 2011		1.0528039	1.0383275	1.067482
Wee, 2011		1.0524356	1.0379182	1.0671562
Puddu, 2011		1.0516734	1.0371568	1.0663933
Cohen-Mansfield, 2011		1.053184	1.0386854	1.0678849
Niedhammer, 2011		1.0525157	1.0380312	1.0672026
Mehta, 2011		1.0519315	1.0374333	1.0666324
Heir, 2011		1.0513906	1.0369091	1.0660744
Tsai, 2011		1.0540464	1.0395635	1.068731
Tognon, 2011		1.0529022	1.0384099	1.0675968
Bessonova, 2011		1.0518588	1.0373245	1.0665966
Strand, 2012		1.0522442	1.0377792	1.0669107
Pan, 2012		1.0523888	1.0378727	1.0671079
Beleigoli, 2012		1.0530716	1.0385746	1.0677711
Zunzunegui, 2012		1.0531421	1.0386432	1.0678433
Park, 2012		1.0512594	1.036711	1.0660118
Katzmarzyk, 2012		1.0516605	1.0371535	1.0663706
Fontaine, 2012, PRHHP		1.0521072	1.0375923	1.066825
Fontaine, 2012, SAHSI		1.052521	1.0380124	1.0672324
Fontaine, 2012, SALSAL		1.0526606	1.0381552	1.0673686
Jerant, 2012		1.0522196	1.0377095	1.0669326
De Hollander, 2012		1.052386	1.0378824	1.0670923
Chen, 2012		1.0512112	1.0367213	1.0659035
Claessen, 2012		1.052822	1.0383183	1.0675282
Rhee, 2012		1.0522615	1.0377846	1.0669403
Cohen, 2012		1.0526212	1.0381225	1.0673225
Dobson, 2012, ALSWH		1.0527722	1.0382665	1.0674806
Dobson, 2012, HMS		1.0527351	1.0382292	1.0674436
Hotchkiss, 2013		1.0531362	1.0386384	1.0678364
Choi, 2013		1.0526309	1.0381604	1.0673032
Schmidt, 2013		1.0519481	1.0374644	1.0666339
Yano, 2013		1.0529414	1.0384561	1.0676289

Masters, 2013		1.0511931	1.0361809	1.0664229
Hinnouho, 2013		1.051528	1.0370429	1.0662155
Takata, 2013		1.0535129	1.0390297	1.0681981
Dahl, 2013		1.0529823	1.0384828	1.0676843
Stenholm, 2014		1.0523572	1.0378419	1.0670755
Singh, 2014		1.0513859	1.0369115	1.0660623
Ghaem Maralani, 2014		1.0521251	1.0376254	1.0668273
Xiao, 2014		1.0512894	1.0367284	1.0660552
McTigue, 2014		1.0515224	1.0369372	1.0663127
Buys, 2014		1.0530193	1.0385201	1.067721
Ford, 2014		1.0528319	1.0383325	1.0675337
Patel, 2014		1.0507965	1.0355952	1.0662209
Gao, 2014		1.0524373	1.0379556	1.0671209
Liu, 2014		1.0525409	1.0380348	1.0672497
Roh, 2014		1.0518497	1.0373198	1.0665832
Clark, 2014		1.0524575	1.0379524	1.0671651
Wu, 2014		1.0533456	1.0388665	1.0680263
Mehta, 2014		1.0520042	1.037514	1.0666969
Lee, 2014		1.052899	1.0384107	1.0675895
He, 2014		1.052668	1.0381722	1.0673661
Kokkinos, 2014		1.0527353	1.0382292	1.0674442
Hirani, 2014		1.0534985	1.039009	1.0681901
Yiengprugsawan, 2014		1.0521649	1.0376794	1.0668526
Suemoto, 2015		1.0530163	1.038519	1.067716
Hong, 2015, KLSHA		1.0529842	1.0385126	1.0676575
Long, 2015		1.0517771	1.0372812	1.0664757
Burman, 2015		1.0534093	1.0389166	1.0681041
Kumar, 2015		1.0529354	1.0384326	1.0676405
Qizilbash, 2015		1.0519896	1.037181	1.0670096
Yi, 2015		1.0514157	1.0366949	1.0663455
Lu, 2015		1.0557687	1.0428841	1.0688126
Chung, 2015		1.0530188	1.0385212	1.0677187
Hong, 2015, KCS		1.0516946	1.0372108	1.0663807
Ponce-Garcia, 2015		1.0519092	1.0374281	1.0665925
Nakade, 2015		1.0537977	1.0393097	1.0684876
Dankner, 2015		1.0519152	1.0374063	1.0666269
Ganna, 2015		1.0521767	1.0376562	1.0669004
Graf, 2015		1.0533891	1.0389072	1.0680728
Mirbolouk, 2015		1.0526621	1.0381796	1.0673466

Combined		1.0522014	1.0377411	1.0668632
