Original Communications.

Sept.,

Turpentine in the Treatment of Purpura.

By W. M. Smith, Surgeon, Fellow of the Royal Medical and Chirurgical Society of London, etc.

In the Association Journal for June 27th, is a review of Dr. Neligan’s work “On Diseases of the Skin,” and some remarks on the treatment of purpura by oil of turpentine.

Having recently had under my care two severe cases of this disease, and having treated each of them differently, I thought a comparative view of the remedial effects of the medicines employed will not be uninteresting. I must premise that my attention was drawn to the use of oil of turpentine by Dr. Copland’s recommendation of it in the article on his disease in his Dictionary. The mode, however, in which I administered it, was advised by a gentleman of great practical experience in the treatment of disease, now retired from the profession, and who informed me that he had always found it successful in cases uncomplicated with organic disease.

The cases (which I purposely report very briefly), are as follows:

E. W., aged 6, residing at Bolsover, Derbyshire, was attacked with large spots of purpura, principally on the lower extremities in the autumn of 1852. Her mother employed domestic and other remedies till the spring of 1853, when, the child becoming much worse, she called me in.

The patient was a very fine and somewhat plethoric child, with rosy sanguine complexion, and with all the external appearances of rude health. The locality in which she resides is one of the highest and driest in England, and distinguished generally by the longitudinal of its inhabitants. About seven-sixths of the cases which fall under my care, however, of the zymotic class. The drainage is bad, and many of the wells have been poisoned by the leakage of the cesspools. During the spring and summer of 1852, malignant scarlatina prevailed to an immense extent, and during this and last year furunculoid eruptions and erysipelas have been common and severe.

In the case now narrated, the child had for some time lived chiefly on animal food, in fact, on the usual farm house diet—bacon. On my first examination of her, March 19th, 1853, several very large ecchymoses were present on the legs, and one of the size of an egg on the forehead, the result of a slight blow. The smallest pressure produced them. There had been considerable bleeding from the nose on several occasions, and once from the bowels. There was oozing of blood from the gums. The urine was high coloured, and the alvine evacuations pale and generally constipated. I treated this case first with purgatives and then with diluted sulphuric acid. She was also ordered to suck oranges, drink lemonade or very weak beer, and to eat rhubarb tarts.

The case did not progress with this treatment; the epistaxis was, indeed, somewhat diminished, but the other symptoms continued much the same.

Under these circumstances I gave the child citrate of iron combined with citric acid. This succeeded better, and after three months perseverance, the cutaneous discolorations ceased. The progress of cure was, however, extremely slow, and a relapse has since occurred, but the patient has again recovered under the use of the citrate of iron.

The second case occurred in a little girl, aged 4, generally strong and active, and residing in a spacious house situated near a tannery. This case was very acute. There was first remarked in her a disinclination to food, especially vegetables; and extreme irritability of temper. The bowels were extreme constipated. These symptoms were endured in the same manner. The lower extremities became weary and stiff towards evening, and three large elevated spots, varying from the size of a fourpenny piece to that of half-a-crown, appeared upon them. These spots became rapidly purple and soft, and gave the impression to the touch of thick blood under the skin. In the morning they became yellow, and gradually were absorbed, but others, larger and higher up.
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the legs succeeded. Two formed of a very large size in the hands; and the skin became so thin that I thought it would give way. The child, in three days, became pallid and exsanguine, and her pulse very sharp and hemorrhagic. After using a mercurial purge, I at once resorted to the following mixture.  

R. Olei terebinth. 3 xs.  
Olei ricini E.  
Muclaginis, Sacchari 4 3. q. s.  
Olei eucalyph. gtt. iv.  

Miscue ut fist mistura, cujus sumat cochlearia ij. vet iij. bis vel ter in die.  

The effect of this mixture was most satisfactory. The purpuric spots rapidly disappeared, the bowels acted copiously and naturally, the appetite of the child became good, and the temper cheerful.  

I certainly believe that in all passive hemorrhages, turpentine will be found most valuable in its effects; and in this class of diseases we must generally place purpura.

Chesterfield, August 50th, 1853.  

GALLIC ACID IN THE TREATMENT OF PURPURA HEMORRHAGICA.  

By T. P. J. GRANTHAM, Esq.  

Some years ago I lost one very dear to me from purpura hemorrhagica; and my attention was thereby strongly directed to that disease, with the hope of discovering some more satisfactory mode of treatment.  

The value of gallic acid in passive hemorrhages induced me to give it a trial in purpura hemorrhagica, and the result obtained were very gratifying. Moreover, its safety, promptness, and pleasantness, are no insconsiderable recommendations of this remedy.  

If the reader should not find any novelty in the application of gallic acid to this disease, the subjoined cases will at least confirm, as far as they go, the value of the treatment.  

Case 1. Mr. E., a farmer and miller, aged 60 years, came under treatment on the 18th November 1852. Two days previously, he had noticed a soreness of the tongue, and perceived that the saliva was bloody. The symptoms of purpura were well marked. The gums were spongy, and they bled freely. The tongue and the buccal mucous membrane were dotted with purple fungoid excrescences, some of which were as large as split peas, and from them blood oozed. The breath was offensive, and the appetite was impaired. The urine contained a considerable quantity of blood. Petechiae were scattered over the thoracic and dorsal regions; and there was a large ecchymosis on one arm, and another on one of the thighs. The gallic acid was administered in five grain doses every three hours, and two compound rhubarb pills were given at bedtime. On the 20th, the purple excrescences had shrunken and ceased to bleed; the petechiae and ecchy'moses had faded; and the urine was free from blood. On the 30th, the improvement had been sustained. He was quite well again. He said that the first dose of medicine seemed to do him good. Only four scruples were taken.  

Case ii. This was a more serious case, several days having elapsed from the first setting in of hemorrhage from the nose before the patient came under my care. Master C., aged 16 years, a draper's apprentice, was seen by me on the 31st June 1853. He was greatly exhausted and blanched from epistaxis, hemoptysis, melena, hema-turia, petechie, and ecchymoses. He was immediately ordered to take gallic acid in doses of three grains every three hours, and subsequently in five grain doses every two hours. The pil. rhei comp. was given as an aperient. The treatment was followed by most marked benefit, and before a week had elapsed, all hemorrhage had ceased. On the 5th July, a slight recurrence of epistaxis happened, owing to his having too soon resumed active exercise. But the bleeding was quickly checked by a few doses of the acid, and complete convalescence speedily followed.

Case III. H. B., aged 12 years, son of an agricultural labourer, after three weeks illness from typhus, then prevalent in the village where he resided, was seized on the 10th August 1853, with hemorrhage from the nose, gums, and bowels. The tongue was dotted with purple spots, and the back sprinkled with numerous small petechie. The treatment adopted was the same as in the former cases. On the 17th, hematuria was superadded to the other symptoms, which were very severe. On the 18th, the hemorrhages began to abate. On the 20th, the spots on the tongue and the petechie had faded; the hemorrhages had nearly stayed. On the 21st, a severe return of epistaxis occurred, from picking his nose. This was followed by alarming prostration of strength. He was ordered to take the acid every hour, and to have his nose plugged. On the 22nd, all bleeding had ceased. On the 30th, I found that there had been steady and daily improvement since last report. On the 31st, he was convalescent. This was a severe case, as the patient's strength had been so much reduced by a previous exhausting disease; and, accordingly, it was necessary to push the acid to a considerable extent.  

In all the cases the dietetic and general management were carefully attended to.


ON FEVER IN RURAL DISTRICTS.  

By W. Viner Beadle, M.D.  

In recent numbers of the Association Journal, I find reports of discussions at the Epidemiological Society, on different kinds of fevers. On a subject of such importance I venture to break the seal of silence, the "sigilla grata pudico", and to offer the following remarks on the Fevers of Rural Districts, as I have myself observed them.  

My own impression is, that all the true fevers are closely connected with one another in origin and nature; that certain endemic even more than epidemic causes may produce these; but, that, once brought into existence, they may under certain circumstances, only moderately favourable, be propagated; but that, these favouring circumstances being removed, they sink for want of their proper nutriment. I, therefore, fully agree with the remarks of Dr. Southwood Smith, that "fever is no doubt capable of extinction. The old fevers are now unknown; and were the earth cultivated like a garden, and the people all rational beings, it would soon cease." New modified forms, it is true, may arise of the same type, and yet bear no further comparison than does our present newt to the ichthyosaurus of geologists.  

On looking at the number of deaths by typhus in the Registrar-General's report for 1842, I find it to be 16,301, of which a large proportion occurred in country districts. It is to this latter class that I now more especially refer. Amongst the circumstances which I recognise as the most favourable to the development of typhus fever, are—  

1st. The nouveau séjour of Broussais, in places where the resident inhabitants are little affected.  

2nd. (a) The want of drainage and ventilation; (b) human effluvium concentrated; (c) damp and consequently a cold and depressing neighbourhoo and soil.  

3rd. Though in a less degree, infection from those already affected, if also exposed to the same polluting influences.  

Such is my impression of the origin of our fevers; and such causes must be efficiently removed ere fevers will vanish. I do not mean to speak dogmatically, since I am happy to say that my experience is comparatively limited; though even the cause of that limitation is not without a bearing on the subject. "Many years ago", remarked a gentleman to me, "fever always raged here towards the autumn; and many who were able felt great anxiety to escape at that time from the town." Now, however, since