



The BMJ

kabbasi@bmj.com Follow Kamran on X @KamranAbbasi

Cite this as: *BMJ* 2024;385:q1294
<http://dx.doi.org/10.1136/bmj.q1294>

Published: 13 June 2024

The BMJ Commission on the Future of Academic Medicine

Kamran Abbasi *editor in chief*

Academic medicine is broken. Worldwide, it has been for decades. Perverse incentives, entrenched power imbalances, deteriorating career pathways, restricted funding, and health service pressures are breaking it further. The complex challenges are global, with regional and national subtleties. Scan the landscape of commercialised life sciences, wasteful research and development, and exploitative scientific publishing—taking in a colossal waste of public money—and you quickly realise that this one system failure sits at the centre of the Venn diagram. Academic medicine is not an irrelevant silo.

Science should form the basis of clinical practice and patient care. It should be central to medical education and training. It should advance diversity and inclusion. It should be the guiding light for government policy. The fact that it isn't, and is drifting further from the centre in each sphere, is a damning indictment of what society now values. The case for urgent solutions to this global crisis has never been stronger. It is a case that we will take up with a new BMJ Commission on the Future of Academic Medicine.

Attempts to reform academic medicine are not new. In 2003 *The BMJ*, the *Lancet*, and 40 other partners launched a global initiative to develop a new vision for academic medicine (bmj.com/about-bmj/resources-readers/publications/academic-medicine).¹ Two particular themes stood out. First, as Nelson Sewankambo, the dean of a Ugandan medical school put it, “Academic medicine must show that, in its pursuit of the different aspects of scholarship, its relevance to society's needs is still of paramount importance” (doi:10.1136/bmj.329.7469.752).² The second was the undoubted global context for the campaign (doi:10.1136/bmj.329.7469.751).³ The venture was a noble one, though perhaps too ambitious in its scale to succeed.

Evidence based medicine, including research and practice, is a core element of academic medicine. A decade ago a crisis was declared in evidence based medicine (doi:10.1136/bmj.g3725).⁴ The many benefits were being negated by unintended consequences. An evidence based manifesto for better healthcare followed, in “response to systematic bias, wastage, error, and fraud in research underpinning patient care” (doi:10.1136/bmj.j29736).⁵ The covid pandemic put paid to such lofty notions, fracturing the worlds of evidence based medicine and academic medicine and dividing scientists, politicians, and the public. The job now is to bridge that divide, a truth and reconciliation of sorts.

The centrality of academic medicine is unarguable. It is seen in the manipulation of science by the tobacco industry, for example (doi:10.1136/bmj.q1153).⁶ Our response is to extend our ban on tobacco funded research

(doi:10.1136/bmj.q1169).⁷ It informs the public health response to new technologies, such as smartphones, social media, and their effect on mental health (doi:10.1136/bmj-2024-079828).⁸ It should guide the expansion of the healthcare workforce, where the row over physician associates continues unabated (doi:10.1136/bmj.q1270 doi:10.1136/bmj.q1291).⁹⁻¹⁰ It is the bedrock of medical practice, from diagnosis (doi:10.1136/bmj-2023-077087 doi:10.1136/bmj-2024-079331) and disease burden (doi:10.1136/bmj-2023-078432) to drug therapy (doi:10.1136/bmj-2023-075707 doi:10.1136/bmj.q1083).¹¹⁻¹⁵ With an understanding of science, we can make better sense of political promises (doi:10.1136/bmj.q1258 doi:10.1136/bmj.q1297 doi:10.1136/bmj.q1288) and find a way to navigate toxic clinical controversies (doi:10.1136/bmj.q1189)¹⁶⁻¹⁹; and doctors, politicians, the media, and the public will be better able to identify misinformation and disinformation.

Yet despite these and many other arguments for investing in academic medicine and fixing its deep rooted problems, the discipline is in crisis. Without fixing broken career structures (doi:10.1136/bmj.q485), research environments, and academic reward and funding systems, and without tackling the historical power imbalances in medical institutions (doi:10.1136/bmj.p2257), in medical education and training, and globally (doi:10.1136/bmj.p2294), we will not deliver the health benefits that can be achieved.²⁰⁻²² The pandemic clearly demonstrated the value in the whole health system embracing clinical research (doi:10.1136/bmj.m2670), knowledge mobilisation (doi:10.1136/bmj-2022-070195), and learning networks (doi:10.1136/bmj-2022-070215).²³⁻²⁵

Our new Commission on the Future of Academic Medicine will be a global commission, led by our regional editorial boards (doi:10.1136/bmj.q716).²⁶ Its aim will be to revive academic medicine and redefine its role, so that it sits at the heart of a system repurposed to improve health and wellbeing outcomes. In this endeavour we seek your support, solidarity, and sharp thinking. Academic medicine isn't just for careers and commerce; it is for people and the planet.

- 1 Academic medicine. *BMJ*. <https://www.bmj.com/about-bmj/resources-readers/publications/academic-medicine>
- 2 Sewankambo N. Academic medicine and global health responsibilities. *BMJ* 2004;329:3. doi: 10.1136/bmj.329.7469.752 pmid: 15459027
- 3 Clark J, Tugwell P. Who cares about academic medicine? *BMJ* 2004;329:2. doi: 10.1136/bmj.329.7469.751 pmid: 15459026
- 4 Greenhalgh T, Howick J, Maskrey NEvidence Based Medicine Renaissance Group. Evidence based medicine: a movement in crisis? *BMJ* 2014;348. doi: 10.1136/bmj.g3725 pmid: 24927763
- 5 Heneghan C, Mahtani KR, Goldacre B, Godlee F, Macdonald H, Jarvies D. Evidence based medicine manifesto for better healthcare. *BMJ* 2017;357. doi: 10.1136/bmj.j2973 pmid: 28634227
- 6 van den Berg I, de Jeu M, Boytchev H. Tobacco funded research: how even journals with bans find it hard to stem the tide of publications. *BMJ* 2024;385. doi: 10.1136/bmj.q1153 pmid: 38816015

- 7 Macdonald H, Hardy H, Rahimi K, et al. Protecting BMJ journals' content from tobacco industry influence. *BMJ* 2024;385:. doi: 10.1136/bmj.q1169 pmid: 38816036
- 8 Hartwell G, Gill M, Zenone M, McKee M. Smartphones, social media, and teenage mental health. *BMJ* 2024;385:e079828. doi: 10.1136/bmj-2024-079828 pmid: 38806185
- 9 Salisbury H. Helen Salisbury: Risk and responsibility when working with physician associates. *BMJ* 2024;385:. doi: 10.1136/bmj.q1270 pmid: 38862160
- 10 Mahase E. RCP president is asked to resign over handling of physician associates row. *BMJ* 2024;385:. doi: 10.1136/bmj.q1291 pmid: 38862180
- 11 Bradley SH, Jones D, Wood S, Rafiq M, Bradley C, Hamilton WT. Diagnosing cancer in English community pharmacies. *BMJ* 2024;385:e077087. doi: 10.1136/bmj-2023-077087 pmid: 38740425
- 12 Nichols W, Elder R, Lie J, Shelton C. Reusable devices to apply cold sensation in the assessment of regional anaesthesia. *BMJ* 2024;385:e079331. doi: 10.1136/bmj-2024-079331 pmid: 38811027
- 13 Yang K, Yang X, Jin C, et al. Global burden of type 1 diabetes in adults aged 65 years and older, 1990-2019: population based study. *BMJ* 2024;385:e078432. doi: 10.1136/bmj-2023-078432 pmid: 38866425
- 14 Zhu Y, Zhang W, Dimagli A, et al. Antiplatelet therapy after coronary artery bypass surgery: five year follow-up of randomised DACAB trial. *BMJ* 2024;385:e075707. doi: 10.1136/bmj-2023-075707 pmid: 38862179
- 15 Sandner S. Dual antiplatelet therapy after coronary artery bypass surgery. *BMJ* 2024;385:. doi: 10.1136/bmj.q1083 pmid: 38862159
- 16 Vize R. What are the early election promises on health? *BMJ* 2024;385:. doi: 10.1136/bmj.q1258 pmid: 38849147
- 17 Iacobucci G. Tories pledge to slash number of NHS managers to fund health spending. *BMJ* 2024;385:. doi: 10.1136/bmj.q1297 pmid: 38866413
- 18 Iacobucci G. Lib Dems launch "manifesto to save NHS" with pledges on GP access and cancer. *BMJ* 2024;385:. doi: 10.1136/bmj.q1288 pmid: 38862156
- 19 McCartney M. Medical institutions must treat the Cass review as a significant event and act upon it. *BMJ* 2024;385:. doi: 10.1136/bmj.q1189 pmid: 38816025
- 20 Politis M, Womersley K, Summers C. Changes to the UK foundation programme add further challenges for doctors pursuing clinical academic careers. *BMJ* 2024;384:. doi: 10.1136/bmj.q485 pmid: 38395445
- 21 Looi MK. What should decolonisation of medical institutions look like? *BMJ* 2023;383:p. doi: 10.1136/bmj.p2257 pmid: 37844936
- 22 Naidu T. Coloniality lives on through medical education. *BMJ* 2023;383:p. doi: 10.1136/bmj.p2294 pmid: 37844932
- 23 Wise J, Coombes R. Covid-19: The inside story of the RECOVERY trial. *BMJ* 2020;370:. doi: 10.1136/bmj.m2670 pmid: 32641290
- 24 Ahmad R, Gordon AC, Aylin P, Redhead J, Holmes A, Evans DP. Effective knowledge mobilisation: creating environments for quick generation, dissemination, and use of evidence. *BMJ* 2022;379:e070195. doi: 10.1136/bmj-2022-070195 pmid: 36343944
- 25 Sidhu MS, Ford GA, Fulop NJ, Roberts CM. Learning networks in the pandemic: mobilising evidence for improvement. *BMJ* 2022;379:e070215. doi: 10.1136/bmj-2022-070215 pmid: 36207025
- 26 Ventura D, O'Ryan M. Strengthening Latin America's presence in global health. *BMJ* 2024;385:. doi: 10.1136/bmj.q716 pmid: 38569718