The role of chest radiography in confirming covid-19 pneumonia

Joanne Cleverley, 1 James Piper, 2, 3 Melvyn M Jones 4, 5

What you need to know

- A normal chest radiograph does not exclude covid-19 pneumonia
- No single feature of covid-19 pneumonia on a chest radiograph is specific or diagnostic, but a combination of multifocal peripheral lung changes of ground glass opacity and/or consolidation, which are most commonly bilateral, may be present
- Diagnosis might be complicated as covid-19 pneumonia may or may not be visible on chest radiograph; consider other causes for patients’ respiratory symptoms

Covid-19 is likely to remain an important differential diagnosis for the foreseeable future in anyone presenting to hospital with a flu-like illness, lymphopenia on full blood count, and/or a change in normal sense of smell (anosmia) or taste. 1-2

Most people with covid-19 infection do not develop pneumonia 3; however, chest radiography of people who are seriously ill with respiratory symptoms when they present to hospital can help to identify those with covid-19 pneumonia.

In this article we offer advice to non-radiologists on how to look for changes on chest radiograph that may be suggestive of covid-19 pneumonia, as prompt review and report from an onsite or remote radiologist is not always available.

The recommendations in this article are based on a combination of emerging evidence, current guidelines, and our clinical experience.

For the radiograph examples used in this article, we cannot confirm whether each patient tested positive for covid-19 because we did not have access or ethical approval to access these patients’ clinical records; however, they were all diagnosed with covid-19 pneumonia as they had supportive radiographical features during the covid-19 pandemic.

What is covid-19 pneumonia?

No fixed definition of covid-19 pneumonia exists; in this article the term is used when describing patients with clinical features of covid-19 infection who have either clinical or radiological evidence of pneumonia, 4-5 or acute respiratory distress. 1

Like other pneumonias, covid-19 pneumonia causes the density of the lungs to increase. This may be seen as whiteness in the lungs on radiography which, depending on the severity of the pneumonia, obscures the lung markings that are normally seen; however, this may be delayed in appearing or absent.

- When lung markings are partially obscured by the increased whiteness, a ground glass pattern (ground glass opacity, fig 1) occurs. This can be subtle and might need confirmation with a radiologist.
Peripheral, coarse, horizontal white lines, bands, or reticular changes which can be described, as linear opacities may also be seen in association with ground glass opacity (fig 1).

- When lung markings are completely lost due to the whiteness, it is known as consolidation (this is usually seen in severe disease) (fig 2, 3c). A small case series in Korea found that, in polymerase chain reaction (PCR) confirmed covid-19 infection, in those with radiological abnormalities, 70% of the radiographical opacities (number of lesions, not patients) were consolidation.7
Fig 2 | Consolidation. Anterior-posterior (AP) chest radiograph of patient B, a man in his 50s, with severe covid-19 pneumonia, showing bilateral dense peripheral consolidation and loss of lung markings in the mid and lower zones (outlined arrows)
Fig 3 | Serial radiological progression seen with covid-19 pneumonia. (a) Normal posterior-anterior chest radiograph of patient C, a man in his 50s (taken up to 12 months before admission, included here for comparison). (b) AP chest radiograph of patient C when he developed covid-19 pneumonia—taken in the emergency department (day 0 of admission), showing ground glass opacities in the periphery (outer third of the lung) of both lungs in the mid and lower zones (white arrows), preservation of lung marking, and linear opacity in the periphery of the left mid zone (black arrow). (c) AP chest radiograph of patient C on day 10 of admission, showing progression to severe covid-19 pneumonia: patient intubated with endotracheal tube, central lines, and nasogastric tube in situ. Dense consolidation with loss of lung markings is now seen behind.
Covid-19 pneumonia can be classed as an atypical pneumonia because of the radiographic appearances of multifocal ground glass opacity, linear opacities, and consolidation. These changes are also seen in other atypical pneumonias, including other coronavirus infections (severe acute respiratory system, SARS, and Middle East respiratory syndrome, MERS).  

**What do you look for on chest radiography?**

Review the radiograph systematically, looking for abnormalities of the heart, mediastinum, lungs, diaphragm, and ribs, and remembering that radiographic changes of covid-19 pneumonia can be subtle or absent.

Compare with previous chest radiographs when available.

Look for evidence of ground glass opacity, peripheral linear opacities, or consolidation in the lung.

**Which parts of the lungs are usually affected?**

A quantitative meta-analysis covering 2847 patients in China and Australia, and a multinational descriptive analysis of 39 case report articles summarising 127 patients, found that covid-19 pneumonia changes are mostly bilateral on chest radiographs (72.9%, 95% confidence interval 58.6 to 87.1) and have ground glass opacity in 68.5% of cases (95% CI 51.8 to 85.2) (fig 1, fig 3b); however, these data are pooled so it is not possible to link the radiographic findings to the duration of disease or severity.  

A retrospective case series of 64 patients hospitalised with covid-19 infection in Hong Kong found that chest radiograph changes are often peripheral (41%) and lower zone (50%) in distribution; these findings are supported by a pictorial review from the US describing common manifestations and patterns of lung abnormality seen on portable chest radiography in covid-19 patients; it does not, however, describe a formal methodology, the geographical location of the patients, or the numbers of patients included.

This pictorial review also suggests that the coarse linear opacities associated with covid-19 on chest radiography typically appear in the lung peripheries (fig 1, fig 3b).  

A small case series in Korea showed that 80% of radiographical changes (again this relates to the number of radiological lesions seen, not patients) were found peripherally.

**Summary of potential chest radiograph findings in covid-19 pneumonia**

- Most patients with covid-19 infection have a mild illness and do not develop pneumonia
- The chest radiograph may be normal in up to 63% of people with covid-19 pneumonia, particularly in the early stages (but there is uncertainty around this estimate, ranging from 0% to 63%)
- Changes include ground glass (68.5%), coarse horizontal linear opacities, and consolidation. These are more likely to be peripheral and in the lower zones, but the whole lung can be involved
- Ground glass appearance is common in earlier presentations and may precede the appearance of consolidation
- Bilateral lung involvement is most common (72.9%) (but can be unilateral in 25%)

**What else might be visible?**

Consider covid-19 infection in patients with nodular lung lesions, pneumothorax, and pleural effusion as these have been reported in case series of patients with covid-19 infection in China and Korea; however, the evidence within these reports is not strong, making it difficult to be certain when these are incidental findings, a sign of dual pathology, or unusual manifestations of covid-19. The pictorial review mentioned above also reports this range of radiological abnormalities but cites similar studies.  

Look for cardiac outline abnormalities on chest radiography as cardiac complications are reported with covid-19 (which can be seen on echo); however, no reports of cardiac abnormalities seen on chest radiographs have been published.

It is good practice to look for radiograph features that might indicate comorbidities such as tumours, emphysema, community acquired pneumonia, and bone fracture. Look for misplaced tubes (eg, endotracheal, nasogastric, pleural drains) and lines (eg, central venous lines), and evidence of heart disease including sternotomy wires, which could indicate previous cardiac surgery.

Not all of these comorbidities have been reported in relation to covid-19 chest radiographs; however, in some cases, covid-19 pneumonia changes might be so widespread that features suggestive of comorbidities are obscured.

**What are the differential diagnoses?**

Ground glass appearance, consolidation, and linear opacities can also be caused by

- Other atypical pneumonias and the early stages of community acquired pneumonias
- Pulmonary aspiration
- Pulmonary oedema
- Lung cancer
- Inflammatory lung disease, such as pulmonary eosinophilia
- Vasculitides, eg Wegener’s (granulomatosis with polyangiitis)
- Haemorrhage.

Causes of other atypical pneumonias include SARS and MERS, mycoplasma infection, *Coxiella burnetti*, and legionella (not an exclusive list).

Causes of bacterial community acquired pneumonias include *Streptococcus pneumoniae, Haemophilus influenzae*, and *Klebsiella* (not an exclusive list). Chest radiograph changes from community acquired pneumonias are typically unilateral affecting only one part of the lung. Community acquired pneumonias are predominantly associated with consolidation on chest radiography, not ground glass opacity or linear opacities.
Recent reports suggest that vaping causes radiological abnormalities, and these appearances have been described as being similar to covid-19.

**How reliable is chest radiography?**

Avoid relying solely on imaging findings; use them in conjunction with clinical findings to form an overall clinical assessment, because

- No single feature on chest radiography is diagnostic of covid-19 pneumonia
- Initial chest radiography may be normal but patients may later develop clinical or radiological signs of covid-19 pneumonia—ie, early radiographs may be negative (see patient D, fig 4)

A retrospective case series of 64 patients hospitalised with covid-19 infection in Hong Kong found that 31% (20 patients) had normal chest radiographs on admission. Of these patients, 35% (n=7) developed radiographical changes on follow-up radiography. This study also suggested that peak radiological severity on chest radiography is seen at days 10-12 of symptom onset. (see patient C, fig 3)

A case series of 799 patients from Wuhan China with confirmed covid-19 looked at a subset of those who died (n=113) or were discharged (n=161) and reported that all patients had abnormalities on chest radiograph on admission.

- Chest radiographs can be normal in some patients with clinically diagnosed covid-19 pneumonia, or who have been diagnosed with covid-19 pneumonia by computed tomography—ie, there may be false negative radiographs.

- In the Hong Kong retrospective case series described above, four patients never developed abnormalities on radiography; however one of these patients (25%) had ground glass opacities on chest computed tomography (performed within 48 hours of chest radiography).

- On the basis of this study, the multinational consensus statement from the Fleischner Society for thoracic radiology stated that chest radiography can be insensitive in mild or early covid-19 infection.

- In a series of 1099 hospitalised patients with laboratory confirmed covid-19 from across China, of the 274 patients who had chest radiography on admission 162 (59.1%) showed abnormalities, most commonly “bilateral patchy shadowing” (n=100, 36.5%). Of 1099 patients 975 had computed tomography but it is unclear how many of the chest radiographs were false negatives for covid pneumonia.

- The introduction of a systematic review of case series and case reports covering 919 patients in China and Korea suggests that while chest radiography is of little diagnostic value in the early stages, in intermediate and advanced stages, features suggestive of covid-19 infection may be seen. However, it is unclear in the review how the conclusions regarding chest radiography were reached.

A case series of nine patients with PCR confirmed covid-19 infection in Korea reported that three had abnormal baseline radiographs but eight had changes on baseline computed tomography, suggesting five of eight baseline radiographs (63%) were false negatives.

- A case series in China reported that a subset of two of five (40%) patients had normal chest radiographs, but computed tomography done on the same day confirmed covid-19 pneumonia.

**Features and limitations of chest radiographs in covid-19**

<table>
<thead>
<tr>
<th>Normal</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Central mediastinum and heart appear normal</td>
</tr>
</tbody>
</table>

*Fig 4* | Serial radiological progression seen with covid 19 pneumonia. (a) A normal AP chest radiograph of patient D, a woman in her 70s who is in hospital with covid-19 infection (day 0 of admission). (b) An AP chest radiograph of patient D on day 8, showing ground glass opacification now present at both lung bases (white arrows). Consolidation is also seen in the periphery of the left upper and mid zones (outlined arrows). Increased density (whiteness) is also present in the periphery of the right upper zone; this is not as dense or white as that seen in the left lung, showing progression of lung change of ground-glass opacification to consolidation (outlined arrows)
• Lungs predominantly contain air (appearing black)
• Lung markings are present, representing blood vessels extending from the hilum to the lung periphery (these branch and decrease in calibre, such that few vessels are seen at the lung periphery)
• The diaphragm is curvilinear in outline with sharp costophrenic margins

Ground glass opacity
• The initial abnormalities suggesting covid-19 pneumonia on a chest radiograph are loss of the normal black appearance in the lung
• This is seen as increased whiteness, (because of increased density), but not enough to totally obscure lung markings; giving a ground glass appearance
• Ground glass opacities can be difficult to observe; radiologist confirmation is recommended
• Horizontal linear opacities may be seen with ground-glass change (fig 1, fig 3b)
• Location: usually bilateral but can be unilateral. More often reported in a peripheral lung8 adjacent to the chest wall and diaphragm and usually with a distribution in the mid and lower zones. Fig 4b shows ground glass opacities in the right upper zone, as will be the case in approximately 20% of patients with covid-19 pneumonia

Consolidation
• Ground-glass opacities become denser (whiter) and progress to consolidation with complete loss of lung markings

Location: The areas of consolidation are likely to have progressed from sites of ground glass opacities (fig 2, fig 3c)

Limitations
AP images from portable machines produce a poorer quality image when compared with a PA chest radiograph done in a dedicated radiography facility, therefore can be more difficult to interpret. Limitations of AP chest radiograph include reduced inspiratory effort because of the patient’s positioning (potentially exacerbated by their illness), resulting in sub-optimal imaging; lung changes may therefore appear more marked or localised infection may be missed; the heart can also appear magnified. Under-exposure of a chest radiograph can occur with operator factors such inappropriate radiation dose, rotation of the patient, patient factors such high body mass index, chest wall abnormalities (or breast prostheses), and inappropriate processing of the image. In an under-exposed image, the whole radiograph appears whiter. In comparison with a site with pathology or abnormality, the affected site or area will be of increased density (whiter) compared with normal areas (fig 1)

When and how is chest radiography requested?
The British Society of Thoracic Imaging (BSTI) suggests that all seriously ill patients (oxygen saturation <94%, National Early Warning Score, NEWS >3) initially have a chest radiograph and that those who do not meet those criteria should have a chest radiograph if “clinically required” (fig 3).

Guidelines from the Fleischner Society for thoracic radiology recommend considering chest radiography and covid-19 testing (dependent on local availability) when inpatients have marked respiratory symptoms, which they define as “hypoxaemia, moderate-to-severe dyspnoea,” after considering appropriate differential diagnoses. At our centre, in line with National Institute for Health and Care Excellence (NICE) guidance, all patients with marked respiratory symptoms caused by suspected covid-19 infection have a chest radiograph as a part of their initial assessment. Our local guidance involves seeing patients once referred with a threshold for investigating of any combination of fever >37.8°C; shortness of breath, especially at rest; persistent cough; new wheezing; respiratory rate >20 breaths/min; heart rate >100 beats/min; new confusion; haemoptysis; the appearance of cyanosis and oxygen saturations <92%. Make a note of known comorbidities and smoking history on paperwork requesting investigations; this will help radiologists to consider other pathologies that may be causing patients’ symptoms. Request posterior-anterior chest radiograph views whenever possible, as it produces a better image than an anterior-posterior image, although you may be guided by the patient’s condition and local guidelines. There is currently no role for requesting imaging for suspected covid-19 in UK primary care.
When might other radiological investigations be required?

If the patient is breathless, with oxygen saturation of less than 94%, and the chest radiograph is normal or uncertain for covid-19, BSTI guidelines advise chest computed tomography. Consider pulmonary emboli as a cause of respiratory symptoms as evidence suggests a high prevalence of thrombotic complications in covid-19 patients in intensive care. In a Dutch case series, of 184 patients in intensive care with covid-19 pneumonia, 31% experienced thrombotic complication (composite outcome of symptomatic acute pulmonary embolism, deep vein thrombosis, ischaemic stroke, myocardial infarction, or systemic arterial embolism). Consider computed tomography pulmonary angiogram and relevant biochemical tests if pulmonary embolism is suspected.

How does practice vary internationally?

The BSTI states that there is “no role for computed tomography imaging in the diagnosis of covid-19 unless the patient is seriously ill (NEWS score >3) OR if PCR is unavailable” and the American Society of Thoracic Radiology (STR) says “routine screening computed tomography for the identification of covid-19 pneumonia is currently not recommended by most radiology societies.” The Fleischner Society for thoracic radiology endorses this approach.

In China, computed tomography has been preferred over chest radiography because patients were encouraged to present to hospital early for diagnosis as a public health measure, and computed tomography in the early stages of covid-19 infection is more likely to be diagnostic than early chest radiograph.

In the US and UK, however, patients with early disease are encouraged to stay at home and to present to hospital only if symptoms progress; at this later stage the chance of detecting covid-19 changes on chest radiography is likely to be higher.

Other countries, including Italy and Spain, have not reported their approach to covid-19 imaging beyond occasional case series and reports. In low resource settings, chest radiography may be more readily available than computed tomography.

How can cross infection risk be minimised?

Minimise the risk of cross infection by considering whether imaging is necessary, and if so, which type of imaging is most appropriate. For example, with ventilated patients, a portable chest radiograph at the bedside has a lower risk of cross infection than computed tomography because ventilated patients are more likely to generate aerosol and will require additional support during imaging. To minimise cross infection risk from moving patients, some centres insist that only anterior-posterior chest radiographs (usually bedside) are performed.

- Designate imaging areas as “non-covid-19” and “covid-19” areas with designated machines and decontamination procedures for patients with suspected covid-19.
- Use appropriate personal protective equipment.

Which patients need follow-up radiography?

Guidance from the British Thoracic Society (BTS) recommends follow-up for patients with a clinico-radiological diagnosis of covid-19 pneumonia, as follows:

- Patients who required intensive care or high dependency unit admission or were cared for on the ward with severe pneumonia:
  - Virtually assess at 4-6 weeks after hospital discharge, and proceed to face-to-face clinical assessment if indicated and a face-to-face review with chest radiography for all at approximately 12 weeks.
  - Patients with a mild to moderate clinico-radiological diagnosis of covid-19 pneumonia who did not require intensive care or high dependency unit care—typically cared for on the ward or in the community:
    - Request a routine follow-up chest radiograph at 12 weeks after discharge with different treatment pathways depending on radiographic resolution or not.

The guidance recognises the clinical uncertainty about covid-19 pneumonia prognosis. We recommend that clinicians involved in such care read the full guidance.
Provenance and peer review: commissioned; externally peer reviewed.