

CORRECTIONS

Saturated fat is not the major issue

This Observations article (*BMJ* 2013;347:f6340, doi:10.1136/bmj.f6340) by Aseem Malhotra stated that a recent “real world” study of 150 000 patients who were taking statins showed “unacceptable” side effects—including myalgia, gastrointestinal upset, sleep and memory disturbance, and erectile dysfunction—in 20% of participants. The author withdraws this statement. Although it was based on statements in the referenced observational study by Zhang and colleagues that “the rate of

reported statin-related events to statins was nearly 18%,”¹ the article did not reflect necessary caveats and did not take sufficient account of the uncontrolled nature of the study.

- 1 Zhang H, Plutzky J, Skentzos S, Morrison F, Mar P, Shubina M, et al. Discontinuation of statins in routine care settings. *Ann Intern Med* 2013;158:526-34.

Cite this as: *BMJ* 2014;348:g3332

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