SPIRIT 2013 explanation and elaboration: guidance for protocols of clinical trials

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High quality protocols facilitate proper conduct, reporting, and external review of clinical trials. However, the completeness of trial protocols is often inadequate. To help improve the content and quality of protocols, an international group of stakeholders developed the SPIRIT 2013 Statement (Standard Protocol Items: Recommendations for Interventional Trials). The SPIRIT Statement provides guidance in the form of a checklist of recommended items to include in a clinical trial protocol.

This SPIRIT 2013 Explanation and Elaboration paper provides important information to promote full understanding of the checklist recommendations. For each checklist item, we provide a rationale and detailed description; a model example from an actual protocol; and relevant references supporting its importance. We strongly recommend that this explanatory paper be used in conjunction with the SPIRIT Statement. A website of resources is also available (www.spirit-statement.org).

The SPIRIT 2013 Explanation and Elaboration paper, together with the Statement, should help with the drafting of trial protocols. Complete documentation of key trial elements can facilitate transparency and protocol review for the benefit of all stakeholders.

Every clinical trial should be based on a protocol—a document that details the study rationale, proposed methods, organisation, and ethical considerations.1 Trial investigators and staff use protocols to document plans for study conduct at all stages from participant recruitment to results dissemination. Funding agencies, research ethics committees/institutional review boards, regulatory agencies, medical journals, systematic reviewers, and other groups rely on protocols to appraise the conduct and reporting of clinical trials.

To meet the needs of these diverse stakeholders, protocols should adequately address key trial elements. However, protocols often lack information on important concepts relating to study design and dissemination plans.2-12 Guidelines for writing protocols can help improve their completeness, but existing guidelines vary extensively in their content and have limitations, including non-systematic methods of development, limited stakeholder involvement, and lack of citation of empirical evidence to support their recommendations.13 As a result, there is also variation in the precise definition and scope of a trial protocol, particularly in terms of its relation to other documents such as procedure manuals.14

Given the importance of trial protocols, an international group of stakeholders launched the SPIRIT (Standard Protocol Items: Recommendations for Interventional Trials) Initiative in 2007 with the primary aim of improving the content of trial protocols. The main outputs are the SPIRIT 2013 Statement,14 consisting of a 33 item checklist of minimum recommended protocol items (table 1) plus a diagram (fig1); and this accompanying Explanation and Elaboration (E&E) paper. Additional information and resources are also available on the SPIRIT website (www.spirit-statement.org).

The SPIRIT 2013 Statement and E&E paper reflect the collaboration and input of 115 contributors, including trial investigators, healthcare professionals, methodologists, statisticians, trial coordinators, journal editors, as well as representatives from research ethics committees, industry and non-industry funders, and regulatory agencies. Details of the scope and methods have been published elsewhere.13-15 Briefly, three complementary methods were specified beforehand, in line with current recommendations for development of reporting guidelines;16 1) a Delphi consensus survey15; 2) two systematic reviews to identify existing protocol guidelines and empirical evidence supporting the importance of specific checklist items; and 3) two face-to-face consensus meetings to finalise the SPIRIT 2013 checklist. Furthermore, the checklist was pilot tested by graduate course students, and an implementation strategy was developed at a stakeholder meeting.

The SPIRIT recommendations are intended as a guide for those preparing the full protocol for a clinical trial. A clinical trial is a prospective study in which one or more
interventions are assigned to human participants in order to assess the effects on health related outcomes. The recommendations are not intended to prescribe how a trial should be designed or conducted. Rather, we call for a transparent and complete description of what is intended, regardless of the characteristics or quality of the plans. The SPIRIT 2013 Statement addresses the minimum content for interventional trials; additional concepts may be important to describe in protocols for trials of specific designs (eg, crossover trials) or in protocols intended for submission to specific groups (eg, funders, research ethics committees/institutional review boards). If information for a recommended item is not yet available when the protocol is being finalised (eg, funding sources), this should be explicitly stated and the protocol updated as new information is obtained. Formatting conventions such as a table of contents, glossary of non-standard or ambiguous terms (eg, randomisation phase or off-protocol), and list of abbreviations and references will facilitate understanding of the protocol.

Purpose and development of explanation and elaboration paper

Modelled after other reporting guidelines,17 18 this E&E paper presents each checklist item with at least one model example from an actual protocol, followed by a full explanation of the rationale and main issues to address. This E&E paper provides important information to facilitate full understanding of each checklist item, and is intended to be used in conjunction with the SPIRIT 2013 Statement.19 These complementary tools serve to inform trial investigators about important issues to consider in the protocol as they relate to trial design, conduct, reporting, and organisation.

To identify examples for each checklist item, we obtained protocols from public websites, journals, trial investigators, and industry sponsors. Model examples were selected to reflect how key elements could be appropriately described in a trial protocol. Some examples illustrate a specific component of a checklist item, while others encompass all key recommendations for an item. Additional examples are also available on the SPIRIT website (www.spirit-statement.org). The availability of examples for all checklist items indicates the feasibility of addressing each recommended item in the main protocol rather than in separate documents.

Examples are quoted verbatim from the trial protocol. Proper names of trial personnel have been abbreviated with italicised initials, and any reference numbers cited in the original quoted text are denoted by [Reference] to distinguish them from references cited in this E&E paper.

For each checklist item we also strived to provide references to empirical data supporting its relevance, which we identified through a systematic review conducted to inform the content of the SPIRIT checklist. We searched MEDLINE, the Cochrane Methodology Register, and the Cochrane Database of Systematic Reviews (limited to methodology reviews) up to September 2009, and EMBASE up to August 2007. We searched reference lists, PubMed “related articles,” and citation searches using SCOPUS to identify additional relevant studies. We used piloted formats to screen and extract data relevant to specific checklist items.

Studies were included if they provided empirical data to support or refute the importance of a given protocol concept. A summary of the relevant methodological articles was provided to each E&E author for use in preparing the initial draft text for up to six checklist items; each draft was also reviewed and revised by a second author. When citing empirical evidence in the E&E, we aimed to reference a systematic review when available. When no review was identified, we either cited all relevant individual studies, or if too numerous, a representative sample of the literature. Some items had little or no identified empirical evidence (eg, title) but their inclusion in the checklist is supported by a strong pragmatic or ethical rationale. Where relevant, we also provide references to non-empirical publications for further reading.

Two lead authors (AWC, JMT) collated and refined the content and format for all items, and then circulated three iterations of an overall draft to the coauthors for editing and final approval.

SPIRIT 2013 Explanation and Elaboration

Section 1: Administrative information

Item 1: Descriptive title identifying the study design, population, interventions, and, if applicable, trial acronym

Example

A multi-center, investigator-blinded, randomized, 12-month, parallel-group, non-inferiority study to compare the efficacy of 1.6 to 2.4 g Asacol® Theropy-QD (once daily) versus divided dose (BID [twice daily]) in the maintenance of remission of ulcerative colitis.19

Explanation

The title provides an important means of trial identification. A succinct description that conveys the topic (study population, interventions), acronym (if any), and basic study design—including the method of intervention allocation (eg, parallel group randomised trial; single-group trial)—will facilitate retrieval from literature or internet...
### Table 1 | SPIRIT 2013 checklist: recommended items to address in a clinical trial protocol and related documents*

<table>
<thead>
<tr>
<th>Section/item</th>
<th>ItemNo</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Administrative information</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Title</td>
<td>1</td>
<td>Descriptive title identifying the study design, population, interventions, and, if applicable, trial acronym</td>
</tr>
<tr>
<td>Trial registration</td>
<td>2a</td>
<td>Trial identifier and registry name. If not yet registered, name of intended registry</td>
</tr>
<tr>
<td></td>
<td>2b</td>
<td>All items from the World Health Organization Trial Registration Data Set</td>
</tr>
<tr>
<td>Protocol version</td>
<td>3</td>
<td>Date and version identifier</td>
</tr>
<tr>
<td>Funding</td>
<td>4</td>
<td>Sources and types of financial, material, and other support</td>
</tr>
<tr>
<td>Roles and responsibilities</td>
<td>5a</td>
<td>Names, affiliations, and roles of protocol contributors</td>
</tr>
<tr>
<td></td>
<td>5b</td>
<td>Name and contact information for the trial sponsor</td>
</tr>
<tr>
<td></td>
<td>5c</td>
<td>Role of study sponsor and funders, if any, in study design, collection, management, analysis, and interpretation of data; writing of the report, and the decision to submit the report for publication, including whether they will have ultimate authority over any of these activities</td>
</tr>
<tr>
<td></td>
<td>5d</td>
<td>Composition, roles, and responsibilities of the coordinating centre, steering committee, endpoint adjudication committee, data management team, and other individuals or groups overseeing the trial, if applicable (see item 21a for data monitoring committee)</td>
</tr>
<tr>
<td>Introduction</td>
<td>6a</td>
<td>Description of research question and justification for undertaking the trial, including summary of relevant studies (published and unpublished) examining benefits and harms for each intervention</td>
</tr>
<tr>
<td></td>
<td>6b</td>
<td>Explanation for choice of comparators</td>
</tr>
<tr>
<td>Objectives</td>
<td>7</td>
<td>Specific hypotheses</td>
</tr>
<tr>
<td>Trial design</td>
<td>8</td>
<td>Description of trial design including type of trial (eg, parallel group, crossover, factorial, single group), allocation ratio, and framework (eg, superiority, equivalence, noninferiority, exploratory)</td>
</tr>
<tr>
<td>Methods: Participants, interventions, and outcomes</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Study setting</td>
<td>9</td>
<td>Description of study settings (eg, community clinic, academic hospital) and list of countries where data will be collected. Reference to where list of study sites can be obtained</td>
</tr>
<tr>
<td>Eligibility criteria</td>
<td>10</td>
<td>Inclusion and exclusion criteria for participants. If applicable, eligibility criteria for study centres and individuals who will perform the interventions (eg, surgeons, psychotherapists)</td>
</tr>
<tr>
<td>Interventions</td>
<td>11a</td>
<td>Interventions for each group with sufficient detail to allow replication, including how and when they will be administered</td>
</tr>
<tr>
<td></td>
<td>11b</td>
<td>Criteria for discontinuing or modifying allocated interventions for a given trial participant (eg, drug dose change in response to harms, participant request, or improving/worsening disease)</td>
</tr>
<tr>
<td></td>
<td>11c</td>
<td>Strategies to improve adherence to intervention protocols, and any procedures for monitoring adherence (eg, drug tablet return, laboratory tests)</td>
</tr>
<tr>
<td></td>
<td>11d</td>
<td>Relevant concomitant care and interventions that are permitted or prohibited during the trial</td>
</tr>
<tr>
<td>Outcomes</td>
<td>12</td>
<td>Primary, secondary, and other outcomes, including the specific measurement variable (eg, systolic blood pressure), analysis metric (eg, change from baseline, final value, time to event), method of aggregation (eg, median, proportion), and time point for each outcome. Explanation of the clinical relevance of chosen efficacy and harm outcomes is strongly recommended</td>
</tr>
<tr>
<td>Participant timeline</td>
<td>13</td>
<td>Time schedule of enrolment, interventions (including any run-ins and washouts), assessments, and visits for participants. A schematic diagram is highly recommended (see fig 1)</td>
</tr>
<tr>
<td>Sample size</td>
<td>14</td>
<td>Estimated number of participants needed to achieve study objectives and how it was determined, including clinical and statistical assumptions supporting any sample size calculations</td>
</tr>
<tr>
<td>Recruitment</td>
<td>15</td>
<td>Strategies for achieving adequate participant enrolment to reach target sample size</td>
</tr>
<tr>
<td>Methods: Assignment of interventions [for controlled trials]</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Allocation</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sequence generation</td>
<td>16a</td>
<td>Method of generating the allocation sequence (eg, computer-generated random numbers), and list of any factors for stratification. To reduce predictability of a random sequence, details of any planned restriction (eg, blocking) should be provided in a separate document that is unavailable to those who enrol participants or assign interventions</td>
</tr>
<tr>
<td>Allocation concealment mechanism</td>
<td>16b</td>
<td>Mechanism of implementing the allocation sequence (eg, central telephone, sequentially numbered, opaque, sealed envelopes), describing any steps to conceal the sequence until interventions are assigned</td>
</tr>
<tr>
<td>Implementation</td>
<td>16c</td>
<td>Who will generate the allocation sequence, who will enrol participants, and who will assign interventions to participants</td>
</tr>
<tr>
<td>Blinding (masking)</td>
<td>17a</td>
<td>Who will be blinded after assignment to interventions (eg, trial participants, care providers, outcome assessors, data analysts) and how</td>
</tr>
<tr>
<td></td>
<td>17b</td>
<td>If blinded, circumstances under which unblinding is permissible and procedures for revealing a participant’s assigned allocation during the trial</td>
</tr>
<tr>
<td>Methods: Data collection, management, and analysis</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Data collection methods</td>
<td>18a</td>
<td>Plans for assessment and collection of outcome, baseline, and other trial data, including any related processes to promote data quality (eg, duplicate measurements, training of assessors) and a description of study instruments (eg, questionnaires, laboratory tests) along with their reliability and validity, if known. Reference to where data collection forms can be found, if not in the protocol</td>
</tr>
<tr>
<td></td>
<td>18b</td>
<td>Plans to promote participant retention and complete follow-up, including list of any outcome data to be collected for participants who discontinue or deviate from intervention protocols</td>
</tr>
<tr>
<td>Data management</td>
<td>19</td>
<td>Plans for data entry, coding, security, and storage, including any related processes to promote data quality (eg, double data entry, range checks for data values). Reference to where details of data management procedures can be found, if not in the protocol</td>
</tr>
<tr>
<td>Statistical methods</td>
<td>20a</td>
<td>Statistical methods for analysing primary and secondary outcomes. Reference to where details of the statistical analysis plan can be found, if not in the protocol</td>
</tr>
<tr>
<td></td>
<td>20b</td>
<td>Methods for any additional analyses (eg, subgroup and adjusted analyses)</td>
</tr>
<tr>
<td></td>
<td>20c</td>
<td>Definition of analysis population relating to protocol non-adherence (eg, as randomised analysis), and any statistical methods to handle missing data (eg, multiple imputation)</td>
</tr>
<tr>
<td>Methods: Monitoring</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Data monitoring</td>
<td>21a</td>
<td>Composition of data monitoring committee (DMC), summary of its role and reporting structure, statement of whether it is independent from the sponsor and competing interests, and reference to where further details about its charter can be found, if not in the protocol. Alternatively, an explanation of why a DMC is not needed</td>
</tr>
</tbody>
</table>

*Continued*
### RESEARCH METHODS AND REPORTING

#### Section/Item  | ItemNo | Description
--- | --- | ---
| Harms | 21b | Description of any interim analyses and stopping guidelines, including who will have access to these interim results and make the final decision to terminate the trial |
| Auditing | 22 | Plans for collecting, assessing, reporting, and managing solicited and spontaneously reported adverse events and other unintended effects of trial interventions or trial conduct |
| Ethics and dissemination | 23 | Frequency and procedures for auditing trial conduct, if any, and whether the process will be independent from investigators and the sponsor |
| Research ethics approval | 24 | Plans for seeking research ethics committee/institutional review board (REC/IRB) approval |
| Protocol amendments | 25 | Plans for communicating important protocol modifications (eg, changes to eligibility criteria, outcomes, analyses) to relevant parties (eg, investigators, REC/IRB, trial participants, trial registries, journals, regulators) |
| Consent or assent | 26a | Who will obtain informed consent or assent from potential trial participants or authorised surrogates, and how (see Item 22) |
| Confidentiality | 26b | Additional consent provisions for collection and use of participant data and biological specimens in ancillary studies, if applicable |
| Declaration of interests | 27 | Statement of who will have access to the final trial dataset, and disclosure of contractual agreements that limit such access for investigators |
| Ancillary and post-trial care | 28 | Provisions, if any, for ancillary and post-trial care, and for compensation to those who suffer harm from trial participation |
| Dissemination policy | 29 | Plans for investigator and sponsor to communicate trial results to participants, healthcare professionals, the public, and other relevant groups (eg, via publication, reporting in results databases, or other data sharing arrangements), including any publication restrictions |
| Authorship eligibility guidelines and any intended use of professional writers | 30 | Authorship eligibility guidelines and any intended use of professional writers |
| Plans, if any, for granting public access to the full protocol, participant-level dataset, and statistical code | 31a | Plans for granting public access to the full protocol, participant-level dataset, and statistical code |
| Model consent form and other related documentation given to participants and authorised surrogates | 32 | Model consent form and other related documentation given to participants and authorised surrogates |
| Plans for collection, laboratory evaluation, and storage of biological specimens for genetic or molecular analysis in the current trial and for future use in ancillary studies, if applicable | 33 | Plans for collection, laboratory evaluation, and storage of biological specimens for genetic or molecular analysis in the current trial and for future use in ancillary studies, if applicable |

#### Appendices

- Item 2a: Trial identifier and registry name. If not yet registered, name of intended registry

**Example**

EudraCT: 2010-019180-10
ClinicalTrials.gov: NCT01066572
ISRCTN: 54540667

**Explanation**

There are compelling ethical and scientific reasons for trial registration. Documenting a trial’s existence on a publicly accessible registry can help to increase transparency, decrease unnecessary duplication of research effort, facilitate identification of ongoing trials for prospective participants, and identify selective reporting of study results. As mandated by the International Committee of Medical Journal Editors (ICMJE) and jurisdictional legislation, registration of clinical trials should occur before recruitment of the first trial participant. We recommend that registry names and trial identifiers assigned by the registries be prominently placed in the protocol, such as on the cover page. If the trial is not yet registered, the intended registry should be indicated and the protocol updated upon registration. When registration in multiple registries is required (eg, to meet local regulation), each identifier should be clearly listed in the protocol and each registry.

**Trial registration—data set**

**Item 2b: All items from the World Health Organization Trial Registration Data Set**

**Example:** see table 2

**Protocol version**

**Item 3: Date and version identifier**

**Example**

*Issue date: 25 Jul 2005*
Protocol amendment number: 05
Authors: MD, JH

**Revision chronology:**

UM...00, 2004-Jan-30 Original
UM...01, 2004-Feb-7 Amendment 01: Primary reason for amendment: changes in Section 7.1 regarding composition of comparator placebo
Additional changes (these changes in and of themselves would not justify a protocol amendment): correction of typographical error in Section 3.3...
UM...05, 2005-Jul-25 Amendment No.5: At the request of US FDA statements were added to the protocol to better clarify and define the algorithm for determining clinical or microbiological failures prior to the follow-up visit.*
### Table 2: Example of trial registration data

<table>
<thead>
<tr>
<th>Data category</th>
<th>Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Primary registry and trial identifying number</td>
<td>ClinicalTrials.gov NCT01143272</td>
</tr>
<tr>
<td>Date of registration in primary registry</td>
<td>11 June, 2010</td>
</tr>
<tr>
<td>Secondary identifying numbers</td>
<td>BNI-2009-01, 2009-017374-20, ISRCTN01005546, DRKS000000084</td>
</tr>
<tr>
<td>Source(s) of monetary or material support</td>
<td>Bernhard Nocht Institute for Tropical Medicine</td>
</tr>
<tr>
<td>Primary sponsor</td>
<td>Bernhard Nocht Institute for Tropical Medicine</td>
</tr>
<tr>
<td>Secondary sponsor(s)</td>
<td>German Federal Ministry of Education and Research</td>
</tr>
<tr>
<td>Contact for public queries</td>
<td>SE, MD, MPH  (email address)</td>
</tr>
<tr>
<td>Contact for scientific queries</td>
<td>SE, MD, MPH Bernhard Nocht Institute for Tropical Medicine, Hamburg, Germany</td>
</tr>
<tr>
<td>Public title</td>
<td>Probiotic Saccharomyces boulardii for the prevention of antibiotic associated diarrhoea (SacBo)</td>
</tr>
<tr>
<td>Scientific title</td>
<td>S boulardii for the prevention of antibiotic associated diarrhoea—randomised, double blind, placebo controlled trial</td>
</tr>
<tr>
<td>Countries of recruitment</td>
<td>Germany</td>
</tr>
<tr>
<td>Health condition or problem(s) studied</td>
<td>Antibiotic treatment, Clostridium difficile, diarrhoea</td>
</tr>
<tr>
<td>Intervention(s)</td>
<td>Active comparator: S boulardii (500 mg 5 boulardii per day)</td>
</tr>
<tr>
<td></td>
<td>Placebo comparator: microcrystallin cellulose (matching capsules containing no active ingredients)</td>
</tr>
<tr>
<td>Key inclusion and exclusion criteria</td>
<td>Ages eligible for study: ≥18 years; Sexes eligible for study: both; Accepts healthy volunteers: no</td>
</tr>
<tr>
<td></td>
<td>Inclusion criteria: adult patient (≥18 years), patient hospitalised...</td>
</tr>
<tr>
<td></td>
<td>Exclusion criteria: allergy against yeast and/or Perenterol forte and/or placebos containing S cerevisiae HANSEN CBS 5926, lactose monohydrate, magnesium stearate, gelatine, sodium dodecyl-sulfate, titan dioxide, microcrystalline cellulose</td>
</tr>
<tr>
<td>Study type</td>
<td>Interventional</td>
</tr>
<tr>
<td>Allocation</td>
<td>Allocation: randomized; Intervention model: parallel assignment; Masking: double blind...</td>
</tr>
<tr>
<td>Primary purpose</td>
<td>Primary purpose: prevention</td>
</tr>
<tr>
<td>Study phase</td>
<td>Phase III</td>
</tr>
<tr>
<td>Date of first enrolment</td>
<td>June 2010</td>
</tr>
<tr>
<td>Target sample size</td>
<td>1520</td>
</tr>
<tr>
<td>Recruitment status</td>
<td>Recruiting</td>
</tr>
<tr>
<td>Primary outcome(s)</td>
<td>Cumulative incidence of any antibiotic associated diarrhoea (time frame: 2 years, not designated as safety issue)</td>
</tr>
<tr>
<td>Key secondary outcomes</td>
<td>Cumulative incidence of Clostridium difficile associated diarrhoea (time frame: 2 years, not designated as safety issue)</td>
</tr>
</tbody>
</table>

is the most recent. Explicitly listing the changes made relative to the previous protocol version is also important (see Item 25). Transparent tracking of versions and amendments facilitates trial conduct, review, and oversight.

### Funding

**Item 4: Sources and types of financial, material, and other support**

#### Example

"Tranexamic acid will be manufactured by Pharmacia (Pfizer, Sandwich, UK) and placebo by South Devon Healthcare NHS Trust, UK. The treatment packs will be prepared by an independent clinical trial supply company (Brecon Pharmaceuticals Limited, Hereford, UK) ... LSHTM (London School of Hygiene and Tropical Medicine) is funding the run-in costs for the WOMAN trial and up to 2,000 patients’ recruitment. The main phase is funded by the UK Department of Health and the Wellcome Trust. Funding for this trial covers meetings and central organisational costs only. Pfizer, the manufacturer of tranexamic acid, have provided the funding for the trial drug and placebo used for this trial. An educational grant, equipment and consumables for ROTEM (thromboelastometry procedure) analysis has been provided by Terumo Innovations GmbH, M.-Kollar-Str. 13-15, 81829 Munich, Germany for use in the WOMAN-ETAC study. An application for funding to support local organisational costs has been made to University of Ibadan Senate Research Grant. The design, management, analysis and reporting of the study are entirely independent of the manufacturers of tranexamic acid and Terumo Innovations GmbH."[56]  

#### Explanation

A description of the sources of financial and non-financial support provides relevant information to assess study feasibility and potential competing interests (Item 28). Although both industry funded and non-industry funded trials are susceptible to bias,[3] the former are more likely to report trial results and conclusions that favour their own interventions.[27] This tendency could be due to industry trials being more likely to select effective interventions for evaluation (Item 6a), to use less effective control interventions (Item 6b), or to selectively report outcomes (Item 12), analyses (Item 20) or full studies (Item 31). Non-financial support (eg, provision of drugs) from industry has not been shown to be associated with biased results, although few studies have examined this issue.[44, 45] At a minimum, the protocol should identify the sources of financial and non-financial support; the specific type (eg, funds, equipment, drugs, services) and time period of support; and any vested interest that the funder may have in the trial. If a trial is not yet funded when the protocol is first written, the proposed sources of support should be listed and updated as funders are confirmed.

No clear consensus exists regarding the level of additional funding details that should be provided in the trial protocol as opposed to trial contracts, although full disclosure of funding information in the protocol can help to better identify financial competing interests. Some jurisdictional guidelines require more detailed disclosure, including monetary amounts granted from each funder, the mechanism of providing financial support (eg, paid in fixed sum or per recruited participant), and the specific fund recipient (eg, trial investigator, department/institute). Detailed disclosure allows research ethics committees/institutional review boards (REC/IRBs) to assess whether the reimbursement amount is reasonable in relation to the time and expenses incurred for trial conduct.
**Roles and responsibilities—contributorship**

*Item 5a: Names, affiliations, and roles of protocol contributors*

**Example**

- **RTL** [address], **EM** [address], **AK** [address] . . .

**Authors’ contributions**

**RTL** conceived of the study; **AK**, **EN**, **SB**, **PR**, **WI**, **JH**, and **MC** initiated the study design and **JN** and **LG** helped with implementation. **RTL**, **JN**, **LG**, and **FP** are grant holders. **LT** and **EM** provided statistical expertise in clinical trial design and **RN** is conducting the primary statistical analysis. All authors contributed to refinement of the study protocol and approved the final manuscript.”

**Explanation**

Individuals who contribute substantively to protocol development and drafting should have their contributions reported. As with authorship of journal articles, listing the protocol contributors, their affiliations, and their roles in the protocol development process provides due recognition, accountability, and transparency. Naming of contributors can also help to identify competing interests and reduce ghost authorship (Items 28 and 31b). If professional medical writers are employed to draft the protocol, then this should be acknowledged as well.

Naming of authors and statements of contributorship are standard for protocols published in journals such as *Trials* but are uncommon for unpublished protocols. Only five of 44 industry-initiated protocols approved in 1994-95 by a Danish research ethics committee explicitly identified the protocol authors.

**Roles and responsibilities—sponsor contact information**

*Item 5b: Name and contact information for the trial sponsor*

**Example**

- **Trial Sponsor**: University of Nottingham
  - Sponsor’s Reference: RIS.8024 . . .
  - Contact name: Mr PC
  - Address: King’s Meadow Campus . . .
  - Telephone: . . .
  - Email: . . .">

**Explanation**

The sponsor can be defined as the individual, company, institution, or organisation assuming overall responsibility for the initiation and management of the trial, and is not necessarily the main funder. In general, the company is the sponsor in industry initiated trials, while the funding agency or institution of the principal investigator is often the sponsor for investigator initiated trials. For some investigator initiated trials, the principal investigator can be considered to be a “sponsor-investigator” who assumes both sponsor and investigator roles.

Identification of the trial sponsor provides transparency and accountability. The protocol should identify the name, contact information, and if applicable, the regulatory agency identifying number of the sponsor.

**Roles and responsibilities—sponsor and funder**

*Item 5c: Role of study sponsor and funders, if any, in study design; collection, management, analysis, and interpretation of data; writing of the report; and the decision to submit the report for publication, including whether they will have ultimate authority over any of these activities*

**Example**

- “This funding source had no role in the design of this study and will not have any role during its execution, analyses, interpretation of the data, or decision to submit results.”

**Explanation**

There is potential for bias when the trial sponsor or funder (sometimes the same entity) has competing interests (Item 28) and substantial influence on the planning, conduct, or reporting of a trial. Empirical research indicates that specific forms of bias tend to be more prevalent in trials funded by industry compared to those funded by non-commercial sources. The design, analysis, interpretation, and reporting of most industry-initiated trials are controlled by the sponsor; this authority is often enforced by contractual agreements signed between the sponsor and trial investigators (Item 29).

The protocol should explicitly outline the roles and responsibilities of the sponsor and any funders in study design, conduct, data analysis and interpretation, manuscript writing, and dissemination of results. It is also important to state whether the sponsor or funder controls the final decision regarding any of these aspects of the trial. Despite the importance of declaring the roles of the trial sponsor and funders, few protocols explicitly do so. Among 44 protocols for industry-initiated trials receiving ethics approval in Denmark from 1994-95, none stated explicitly who had contributed to the design of the trial.

**Roles and responsibilities—committees**

*Item 5d: Composition, roles, and responsibilities of the coordinating centre, steering committee, endpoint adjudication committee, data management team, and other individuals or groups overseeing the trial, if applicable (see Item 21a for data monitoring committee)*

**Explanation**

The protocol should outline the general membership of the various committees or groups involved in trial coordination and conduct; describe the roles and responsibilities of each; and (when known) identify the chairs and members. This information helps to ensure that roles and responsibilities are clearly understood at the trial onset, and facilitates communication from external parties regarding the trial. It also enables readers to understand the mandate and expertise of those responsible for overseeing participant safety, study design, database integrity, and study conduct. For example, empirical evidence supports the pivotal role of an epidemiologist or biostatistician in designing and conducting higher quality trials.
Example

"Principal investigator and research physician
Design and conduct of RITUXVAS
Preparation of protocol and revisions
Preparation of investigators brochure (IB) and CRFs [case report forms]
Organising steering committee meetings
Managing CTO [clinical trials office]
Publication of study reports
Members of TMC [Trial Management Committee]

Steering committee (SC)
(see title page for members)
Agreement of final protocol
All lead investigators will be steering committee members. One lead investigator per country will be nominated as national coordinator.
Recruitment of patients and liaison with principle [sic] investigator
Reviewing progress of study and if necessary agreeing changes to the protocol and/or investigators brochure to facilitate the smooth running of the study.

Trial management committee (TMC)
(Principal [sic] investigator, research physician, administrator)
Study planning
Organisation of steering committee meetings
Provide annual risk report MHRA [Medicines and Healthcare Products Regulatory Agency] and ethics committee
SUSAR [Serious unexpected suspected adverse events] reporting to MHRA and Roche
Responsible for trial master file
Budget administration and contractual issues with individual centres
Advice for lead investigators
Audit of 6 monthly feedback forms and decide when site visit to occur.
Assistance with international review, board/independent ethics committee applications
Data verification
Randomisation
Organisation of central serum sample collection
Data manager
Maintenance of trial IT system and data entry
Data verification
Lead investigators
In each participating centre a lead investigator (senior nephrologist/rheumatologist/ immunologist) will be identified, to be responsible for identification, recruitment, data collection and completion of CRFs, along with follow up of study patients and adherence to study protocol and investigators brochure. . . . Lead investigators will be steering committee members, with one investigator per country being nominated as national coordinator. 45

Section 2: Introduction
Background and rationale

Example

“Background
Introduction: For people at ages 5 to 45 years, trauma is second only to HIV/AIDS as a cause of death. . . .
Mechanisms: The haemostatic system helps to maintain the integrity of the circulatory system after severe vascular injury, whether traumatic or surgical in origin [reference] Major surgery and trauma trigger similar haemostatic responses. . . . Antifibrinolytic agents have been shown to reduce blood loss in patients with both normal and exaggerated fibrinolytic responses to surgery, and do so without apparently increasing the risk of post-operative complications, . . .
Existing knowledge: Systemic antifibrinolytic agents are widely used in major surgery to prevent fibrinolysis and thus reduce surgical blood loss. A recent systematic review [reference] of randomised controlled trials of antifibrinolytic agents (mainly aprotinin or tranexamic acid) in elective surgical patients identified 89 trials including 8,580 randomised patients (74 trials in cardiac, eight in orthopaedic, four in liver, and three in vascular surgery). The results showed that these treatments reduced the numbers needing transfusion by one third, reduced the volume needed per transfusion by one unit, and halved the need for further surgery to control bleeding. These differences were all highly statistically significant. There was also a statistically non-significant reduction in the risk of death (RR=0.85: 95% CI:0.63 to 1.4) in the antifibrinolytic treated group.

Need for a trial: A simple and widely practicable treatment that reduces blood loss following trauma might prevent thousands of premature trauma deaths each year and secondly could reduce exposure to the risks of blood transfusion. Blood is a scarce and expensive resource and major concerns remain about the risk of transfusion-transmitted infection. . . . A large randomised trial is therefore needed of the use of a simple, inexpensive, widely practicable antifibrinolytic treatment such as tranexamic acid . . . in a wide range of trauma patients who, when they reach hospital are thought to be at risk of major haemorrhage that could significantly affect their chances of survival.

Dose selection
The systematic review of randomised controlled trials of antifibrinolytic agents in surgery showed that dose regimens of tranexamic acid vary widely [reference] . . . In this emergency situation, administration of a fixed dose would be more practicable as determining the weight of a patient would be impossible. Therefore a fixed dose within the dose range which has been shown to inhibit fibrinolysis and provide haemostatic benefit is being used for this trial. . . . The planned duration of administration allows for the full effect of tranexamic acid on the immediate risk of haemorrhage without extending too far into the acute phase response seen after surgery and trauma. 45

The value of a research question, as well as the ethical and scientific justification for a trial, depend to a large degree on the uncertainty of the comparative benefits or harms of the interventions, which depends in turn on the existing body of knowledge on the topic. The background section of a protocol should summarise the importance of the research question, justify the need for the trial in the context of available evidence, and present any available data regarding the potential effects of the interventions (efficacy and harms). 66 67 This information is particularly important to the trial participants and personnel, as it provides motivation for contributing to the trial. 68 69 It is also relevant to funders, REC/IRBs, and other stakeholders who evaluate the scientific and ethical basis for trial conduct.

To place the trial in the context of available evidence, it is strongly recommended that an up-to-date systematic review of relevant studies be summarised and cited in the protocol. 70 Several funders request this information in grant applications. 71 72 Failure to review the cumulated evidence can lead to unnecessary duplication of research or to trial participants being deprived of effective, or exposed to harmful, interventions. 73 74 A minority of published trial reports cite a systematic review of pre-existing evidence, 75 76 and in one survey only half of trial investigators
Background and rationale—choice of comparators

**Item 6b: Explanation for choice of comparators**

**Example**

“Choice of comparator
In spite of the increasing numbers of resistant strains, chloroquine monotherapy is still recommended as standard blood-stage therapy for patients with *Plasmodium vivax* malaria in the countries in which this trial will be conducted. Its selection as comparator is therefore justified. The adult dose of chloroquine will be 620 mg for 2 days followed by 310 mg on the third day and for children 10 mg/kg for the first two days and 5 mg/kg for the third day. Total dose is in accordance with the current practice in the countries where the study is conducted. The safety profile of chloroquine is well established and known. Although generally well tolerated, the following side-effects of chloroquine treatment have been described: Gastrointestinal disturbances, headache, hypotension, convulsions, visual disturbances, depigmentation or loss of hair, skin reactions (rashes, pruritus) and, rarely, bone-marrow suppression and hypersensitivity reactions such as urticaria and angioedema. Their occurrence during the present trial may however be unlikely given the short (3-day) duration of treatment.”

**Explanation**

The choice of control interventions has important implications for trial ethics, recruitment, results, and interpretation. In trials comparing an intervention to an active control or usual care, a clear description of the rationale for the comparator intervention will facilitate understanding of its appropriateness. If for example, a trial in which the control group receives an inappropriately low dose of an active drug will overestimate the relative efficacy of the study intervention in clinical practice; conversely, an inappropriately high dose in the control group will lead to an underestimate of the relative harms of the study intervention.

The appropriateness of using placebo-only control groups has been the subject of extensive debate and merits careful consideration of the existence of other effective treatments, the potential risks to trial participants, and the need for assay sensitivity—that is, ability to distinguish an effective intervention from less effective or ineffective interventions. In addition, surveys have demonstrated that a potential barrier to trial participation is the possibility of being allocated a placebo-only or active control intervention that is perceived to be less desirable than the study intervention. Evidence also suggests that enrolled participants perceive the effect of a given intervention differently depending on whether the control group consists of an active comparator or only placebo.

Finally, studies suggest that some “active” comparators in head-to-head randomised trials are presumed by trial investigators to be effective despite having never previously been shown to be superior to placebo. In a systematic review of over 100 head-to-head antibiotic trials for mild to moderate chronic obstructive pulmonary disease, cumulative meta-analysis of preceding placebo controlled trials did not show a significant effect of antibiotics over placebo. Such studies again highlight the importance of providing a thorough background and rationale for a trial and the choice of comparators—including data from an up-to-date systematic review—to enable potential participants, physicians, REC/IRBs, and funders to discern the merit of the trial.

**Objectives**

**Item 7: Specific objectives or hypotheses**

**Example**

“1.1 Research hypothesis
Apixaban is noninferior to warfarin for prevention of stroke (hemorrhagic, ischemic or of unspecified type) or systemic embolism in subjects with atrial fibrillation (AF) and additional risk factor(s) for stroke.

**2 STUDY OBJECTIVES**

**2.1 Primary objective**
To determine if apixaban is noninferior to warfarin (INR [international normalized ratio] target range 2.0-3.0) in the combined endpoint of stroke (hemorrhagic, ischemic or of unspecified type) and systemic embolism, in subjects with AF and at least one additional risk factor for stroke.

**2.2 Secondary objectives**

2.2.1 Key secondary objectives
The key secondary objectives are to determine, in subjects with AF and at least one additional risk factor for stroke, if apixaban is superior to warfarin (INR target range 2.0 - 3.0) for:
  • the combined endpoint of stroke (hemorrhagic, ischemic or of unspecified type) and systemic embolism
  • major bleeding [International Society of Thrombosis and Hemostasis]
  • all-cause death

2.2.2 Other secondary objectives
To compare, in subjects with AF and at least one additional risk factor for stroke, apixaban and warfarin with respect to:
The composite endpoint of stroke (ischemic, hemorrhagic, or of unspecified type), systemic embolism and major bleeding, in warfarin naive subjects...
  • To assess the safety of apixaban in subjects with AF and at least one additional risk factor for stroke.”

**Explanation**

The study objectives reflect the scientific questions to be answered by the trial, and define its purpose and scope. They are closely tied to the trial design (Item 8) and analysis methods (Item 20). For example, the sample size calculation and statistical analyses for superiority trials will differ from those investigating non-inferiority.

The objectives are generally phrased using neutral wording (eg, “to compare the effect of treatment A versus treatment B on outcome X”) rather than in terms of a particular direction of effect. A hypothesis states the predicted effect of the interventions on the trial outcomes. For multiarm trials, the objectives should clarify the way in which all the treatment groups will be compared (eg, A versus B; A versus C).
**Trial design**

**Item 8: Description of trial design including type of trial (eg, parallel group, crossover, factorial, single group), allocation ratio, and framework (eg, superiority, equivalence, non-inferiority, exploratory)**

**Example**

"The PROUD trial is designed as a randomised, controlled, observer, surgeon and patient blinded multicenter superiority trial with two parallel groups and a primary endpoint of wound infection during 30 days after surgery . . . randomization will be performed as block randomization with a 1:1 allocation."[102]

**Explanation**

The most common design for published randomised trials is the parallel group, two-arm, superiority trial with 1:1 allocation ratio.[101] Other trial types include crossover, cluster, factorial, split body, and n of 1 randomised trials, as well as single group trials and non-randomised comparative trials.

For trials with more than one study group, the allocation ratio reflects the intended relative number of participants in each group (eg, 1:1 or 2:1). Unequal allocation ratios are used for a variety of reasons, including potential cost savings, allowance for learning curves, and ethical considerations when the balance of existing evidence appears to be in favour of one intervention over the other.[102] Evidence also suggests a preference of some participants for enrolling in trials with an allocation ratio that favours allocation to an active treatment.[92]

The framework of a trial refers to its overall objective to test the superiority, non-inferiority, or equivalence of an intervention with another, or in the case of exploratory pilot trials, to gather preliminary information on the intervention (eg, harms, pharmacokinetics) and the feasibility of conducting a full-scale trial.

It is important to specify and explain the choice of study design because of its close relation to the trial objectives (Item 7) and its influence on the study methods, conduct, costs,[103] results,[104-106] and interpretation. For example, factorial and non-inferiority trials can involve more complex methods, analyses, and interpretations than parallel group superiority trials.[107] In addition, the interpretation of trial results in published reports is not always consistent with the prespecified trial framework,[6, 109, 110] especially among reports claiming post hoc equivalence based on a failure to demonstrate superiority rather than a specific test of equivalence.[109]

There is increasing interest in adaptive designs for clinical trials, defined as the use of accumulating data to decide how to modify aspects of a study as it continues, without undermining the validity and integrity of the trial.[111] Examples of potential adaptations include stopping the trial early, modifying the allocation ratio, re-estimating the sample size, and changing the eligibility criteria. The most valid adaptive designs are those in which the opportunity to make adaptations is based on prespecified decision rules that are fully documented in the protocol (Item 21b).

**Section 3a: Methods—participants, interventions, and outcomes**

**Study setting**

**Item 9: Description of study settings (eg, community clinic, academic hospital) and list of countries where data will be collected. Reference to where list of study sites can be obtained**
RESEARCH METHODS AND REPORTING

Examples

"Patients (or a representative) must provide written, informed consent before any study procedures occur (see Appendix 1 for sample Informed Consent Form) …

5.1. Inclusion Criteria
Patients eligible for the trial must comply with all of the following at randomization:
1. Age ≥ 16 years
2. Current admission under the care of the heart-failure service at the site
…

5.2. Exclusion Criteria
1. Acute decompensation thought by the attending heart-failure physician to require or be likely to require PAC (pulmonary-artery catheter) during the next 24 hours. Such patients should be entered into the PAC Registry (see below).
2. Inability to undergo PAC placement within the next 12 hours
…

Patients enrolled in other investigational drug studies are potential candidates for ESCAPE. As the ESCAPE protocol does not involve any investigational agents or techniques, patients would be eligible for dual randomization if they are on stable doses of the investigational drugs. …

13. Study Network, Training, and Responsibilities
…To qualify, physicians responsible for PAC (pulmonary-artery catheter) placements will be required to show proof of insertion of ≥ five PACs in the previous year with a complication rate of < five percent. Further, clinicians will need to show competence in the following areas to participate in the study: 1) insertion techniques and cardiovascular anatomy; 2) oxygen dynamics; … and 7) common PAC complications. (reference) … we will assume basic competence in these areas after satisfactory completion of the PACEP [PAC educational programme] module."123

"Trial centre requirements
A number of guidelines have stated thrombolysis should only be considered if the patient is admitted to a specialist centre with appropriate experience and expertise. (reference) Hospitals participating in ST-3 [third International Stroke Trial] should have an organized acute stroke service. The components of effective stroke unit care have been identified … In brief, the facilities (details of these requirements are specified in the separate operations manual) should include:
• Written protocol for the acute assessment of patients with suspected acute stroke to include interventions to reduce time from onset to treatment.
• Immediate access to CT [computed tomographic] or MR [magnetic resonance] brain scanning (preferably 24 hours a day).
• A treatment area where thrombolysis may be administered and the patient monitored according to trial protocol, preferably an acute stroke unit."124

Example

"Eligible patients will be randomised in equal proportions between IL-1ra [ interleukin-1 receptor antagonist ] and placebo, receiving either a once daily, subcutaneous (s.c.) injection of IL-1ra (dose 100 mg per 24 h) for 14 days, or a daily s.c. injection of placebo for 14 days.

The study drug and placebo will be provided by Amgen Inc in its commercially available reformulant form … The study drug and placebo will be relabelled by Amgen, in collaboration with CTEU [Clinical Trials and Evaluation Unit] according to MHRA [Medicines and Healthcare Products Regulatory Agency] guidelines. The first dose of IL-1ra will be given within 24 h +2 h of the positive Troponin. Injections will be given at a standardised time (24 ± 2 h after the previous dose), immediately after blood sampling. IL-1ra or placebo will be administered to the patient by the research nurse while the patient is in hospital. During the hospital stay, the patient will be taught to self-administer the injection by the research nurse and on discharge will continue at home. This has proven possible in other ACS [acute coronary syndrome] trials that required self injection of subcutaneous heparin [reference]. Full written guidance on self injection will also be provided to patients. If self injection is found not to be possible in an individual patient for unexpected reasons, an alternative method will be sought (eg district nurse, or attending the hospital) to try and maintain full compliance with scheduled study drug regimen after discharge. Patients will also be asked to complete a daily injection diary. All personnel will be blinded to the identity of the syringe contents."145

tion, as well as outcome event rates.139 141 The importance of transparent documentation is highlighted by evidence that the eligibility criteria listed in publications are often different from those specified in the protocol.125 126 127

Certain eligibility criteria warrant explicit justification in the protocol, particularly when they limit the trial sample to a narrow subset of the population.128 129 130 The appropriateness of restrictive participant selection depends on the trial objectives.131 When trial participants differ substantially from the overall population to whom the intervention will be applied, the trial results may not reflect the impact in real world practice settings.132 133 134

Interventions

Item 11a: Interventions for each group with sufficient detail to allow replication, including how and when they will be administered

Explanation
Studies of trials and systematic reviews have shown that important elements of the interventions are not described in half of the publications.146 147 If such elements are also missing from the protocol, or if the protocol simply refers to other documents that are not freely accessible, then it can be impossible for healthcare providers, systematic reviewers, policymakers, and others to fully understand, implement, or evaluate the trial intervention.148 This principle applies to all types of interventions, but is particularly true for complex interventions (eg, health service delivery, psychotherapy), which consist of interconnected components that can vary between healthcare providers and settings.

For drugs, biological agents, or placebos, the protocol description should include the generic name, manufacturer, constituent components, route of administration, and dosing schedule (including titration and run-in periods, if applicable).149 150 The description of non-drug interventions—such as devices, procedures, policies, models of care, or counselling—is generally more complex and warrants additional details about the setting (Item 9) and individuals administering the interventions. For example, the level of pre-trial expertise (Item 10) and specific training of individuals administering these complex interventions are often relevant to describe (eg, for surgeons, psychologists, physiotherapists). When intervention delivery is subject to variation, it is important to state whether the same individuals will deliver the trial interventions in all study groups, or whether different individuals will manage each study group—in which case it can be difficult to separate the effect of the intervention from that of the individual delivering it. Interventions that consist of “usual care” or “standard of care” require further elaboration in the protocol, as this care can vary substantially across centres and patients, as well as over the duration of the trial.

Interventions—modifications

Item 11b: Criteria for discontinuing or modifying allocated interventions for a given trial participant (eg, drug dose change in response to harms, participant request, or improving/worsening disease)

Explanation
For a given trial participant, the assigned study intervention may need to be modified or discontinued by

BMJ: first published as 10.1136/bmj.e7586 on 9 January 2013. Downloaded from http://www.bmj.com/ on 28 May 2022 by guest.
Example

**“Gastro-Intestinal Upset**
The tablets may be taken in two equally divided doses, if necessary, to improve gastro-intestinal tolerance. Should it be necessary the daily dose may be reduced by one tablet at a time to improve gastro-intestinal tolerance.

**Renal Function Impairment**
Since sodium clodronate is excreted unchanged by the kidney its use is contra-indicated in patients with moderate to severe renal impairment (serum creatinine greater than 2 times upper limit of normal range of the centre). If renal function deteriorates to this extent the trial medication should be withdrawn from the patient. This should be reported as an adverse event. In patients with normal renal function or mild renal impairment (serum creatinine less than 2 times upper limit of normal range of the centre) serum creatinine should be monitored during therapy.

**Allergic Reactions**
Allergic skin reactions have been observed in rare cases. If this is suspected withdraw the trial medication from the patient. This should be reported as an adverse event.

**Biochemical Disturbances**
Asymptomatic hypocalcaemia has been noted rarely. Temporary suspension of the trial medication until the serum calcium returns into the normal range is recommended. The trial medication can be then restarted at half the previous dose. If the situation returns withdraw the trial medication from the patient. This should be reported as an adverse event.\(^{151}\)

**Interventions—adherence**

*Example*

**“Adherence reminder sessions**

Face-to-face adherence reminder sessions will take place at the initial product dispensing and each study visit thereafter. This session will include:

- The importance of following study guidelines for adherence to once daily study product
- Instructions about taking study pills including dose timing, storage, and importance of taking pills whole, and what to do in the event of a missed dose
- Instructions about the purpose, use, and care of the MEMS® cap [medication event monitoring system] and bottle
- Notification that there will be a pill count at every study visit
- Reinforcement that study pills may be TDF [tenofovir disoproxil fumarate] or placebo
- Importance of calling the clinic if experiencing problems possibly related to study product such as symptoms, lost pills or MEMS® cap.

Subsequent sessions will occur at the follow-up visits. Participants will be asked about any problems they are having taking their study pills or using the MEMS® cap. There will be brief discussion of reasons for missed doses and simple strategies for enhancing adherence, eg, linking pill taking to meals or other daily activities. Participants will have an opportunity to ask questions and key messages from the initial session will be reviewed as needed.\(^{152}\)

**Adherence assessments**

To enhance validity of data, multiple methods will be used to assess medication adherence including pill count; an electronic medication event monitoring system (MEMS® cap) [reference]; and ACASI [audio-computer administered interview] questionnaire items including a one month visual analogue scale, [reference] reasons for non-compliance, and use of the MEMS® cap. Participants will return the unused tablets and bottle at each follow-up visit. Unused tablets will be counted and recorded on the appropriate CRF [case report form]. Electronic data collected in the MEMS® cap will be downloaded into a designated, secure study computer.\(^{153}\)

**Explanations**

**Adherence to intervention protocols** refers to the degree to which the behaviour of trial participants corresponds to the intervention assigned to them.\(^{154}\) Distinct but related concepts include trial retention (Item 18b) and adherence to the follow-up protocol of procedures and assessments (Item 13).

On average, adherence to intervention protocols is higher in clinical trials than in non-research settings.\(^{155}\) Although there is no consensus on the acceptable minimum adherence level in clinical trials, low adherence can have a substantial effect on statistical power and interpretation of trial results.\(^{156-158}\) Since fewer participants are receiving the full intervention as intended, non-adherence can reduce the contrast between study groups—leading to decreased study power and increased costs associated with recruiting larger sample sizes for evaluating superiority, or leading to potentially inappropriate conclusions of non-inferiority or equivalence. There is also the possibility of underestimating any efficacy and harms of the study intervention.

Furthermore, if adherence is a marker for general healthy behaviour associated with better prognosis, then different rates of non-adherence between study groups can lead to a biased estimate of an intervention’s effect. In support of this “healthy adherer” effect, non-adherers to placebo in clinical studies have been found to have poorer clinical outcomes than adherers.\(^{159}\)

To help avoid these potential detrimental effects of non-adherence, many trials implement procedures and strategies for monitoring and improving adherence,\(^{67} 156-158\) and any such plans should be described in the protocol.\(^{160}\) Among applicable drug trials published in 1997-99, 47% reported monitoring the level of adherence.\(^{161}\) Although each of the many types of monitoring methods has its limitations,\(^{157} 158\) adherence data can help to inform the statistical analysis (Item 20c), trial interpretation, and choice of appropriate adherence strategies to implement in the trial as it progresses or in future trials and clinical practice.

A variety of adherence strategies exist,\(^{156-158}\) and their use can be tailored to the specific type of trial design, intervention, and participant population. It may be desirable to select strategies that can be easily implemented in clinical practice, so that the level of adherence in the real world setting is comparable to that observed in the trial.\(^{158}\)

**Interventions—concomitant care**

*Explanation*

In a controlled trial, a key goal is to have comparable study groups that differ only by the intervention being evaluated, so that any difference in outcomes can be attributed to effects of the study intervention. Contervention bias can arise when the study groups receive different concomitant care or interventions (in addition to the assigned trial interventions) that may affect trial outcomes.\(^{162}\) To promote comparability of study groups, the protocol should list the relevant concomitant care and interventions that are allowed (including rescue interventions), as well as any that are prohibited.
**Example**

**2. Rescue Medication**

For weeks 0-3, topical mometasone furoate 0.1% cream or ointment (30 g/week) will be permitted with participants preferably using ointment. Participants will be instructed to apply the topical mometasone furoate to blisters/lesions as required (not to areas of unaffected skin). If the participant is allergic to mometasone furoate or the hospital pharmacy does not stock it, then an alternative topical steroid may be prescribed but this must be in the potent class. In addition, participants will be advised that they can apply a light moisturiser to blisters/lesions at any time during the study. For weeks 3-6, use of mometasone furoate (or other topical corticosteroids) is strongly discouraged to prevent potential systemic effects. Accidental use of mometasone furoate or other potent topical steroid during this period will be classified as a protocol deviation. After week 6, potent topical corticosteroids (up to 30 g/week) may be used to treat symptoms and localised disease if they would have normally been used as part of normal clinical care by the physician in charge of that patient. This must be recorded on the trial treatment log. However, those patients who are on a dose reducing regime for oral steroids, 30 g/week of a “potent” topical steroid will be allowed.

3. **Prohibited Concomitant Medications**

The administration of live virus vaccines is not permitted for all participants during weeks 0-6 as the investigator is blinded to treatment allocation, and must therefore warn all participants to refrain for [sic] having a live virus vaccine. However, after week 6, once the investigator knows which medication the participant is on, only those taking prednisolone will not be allowed live virus vaccines. Participants should continue to take medications for other conditions as normal. However, if it is anticipated that the participant will need a live virus vaccine during the intervention phase, they will be ineligible for entry into the study...>  105

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**Outcomes**

**Item 12: Primary, secondary, and other outcomes, including the specific measurement variable (eg, systolic blood pressure), analysis metric (eg, change from baseline, final value, time to event), method of aggregation (eg, median, proportion), and time point for each outcome.**

**Explanation**

The trial outcomes are fundamental to study design and interpretation of results. For a given intervention, an outcome can generally reflect efficacy (beneficial effect) or harm (adverse effect). The outcomes of main interest are designated as primary outcomes, which usually appear in the objectives (Item 7) and sample size calculation (Item 14). The remaining outcomes constitute secondary or other outcomes.

For each outcome, the trial protocol should define four components: the specific measurement variable, which corresponds to the data collected directly from trial participants (eg, Beck Depression Inventory score, all cause mortality); the participant-level analysis metric, which corresponds to the format of the outcome data that will be used from each trial participant for analysis (eg, change from baseline, final value, time to event); the method of aggregation, which refers to the summary measure format for each study group (eg, mean, proportion with score > 2); and the specific measurement time point of interest for analysis. 163

It is also important to explain the rationale for the choice of trial outcomes. An ideal outcome is valid, reproducible, relevant to the target population (eg, patients), and responsive to changes in the health condition being studied. 167 The use of a continuous versus dichotomous method of aggregation can affect study power and estimates of treatment effect. 166, 165 and subjective outcomes are more prone to bias from inadequate blinding (ascertainment bias) and allocation concealment (selection bias) than objective outcomes. 166, 167 Although composite outcomes increase event rates and statistical power, their relevance and interpretation can be unclear if the individual component outcomes vary greatly in event rates, importance to patients, or amount of missing data. 168, 171

The number of primary outcomes should be as small as possible. Although up to 38% of trials define multiple primary outcomes, 4, 35, 163 this practice can introduce problems with multiplicity, selective reporting, and interpretation when there are inconsistent results across outcomes. Problems also arise when trial protocols do not designate any primary outcomes, as seen in half (28/59) of protocols for a sample of trials published from 2002-2008, 172 and in 25% of randomised trial protocols that received ethics approval in Denmark in 1994-95. 4 Furthermore, major discrepancies in the primary outcomes designated in protocols.registries.regulatory submissions versus final trial publications are common; favour the reporting of statistically significant primary outcomes over non-significant ones; and are often not acknowledged in final publications. 172, 176 Such bias can only be identified and deterred if trial outcomes are clearly defined beforehand in the protocol and if protocol information is made public. 177

Where possible, the development and adoption of a common set of key trial outcomes within a specialty can help to deter selective reporting of outcomes and to facilitate comparisons and pooling of results across trials in a meta-analysis. 178-180

The COMET (Core Outcome Measures in Effectiveness Trials) Initiative aims to facilitate the development and application of such standardised sets of core outcomes for clinical trials of specific conditions (www.comet-initiative.org). Trial investigators are encouraged to ascertain whether there is a core outcome set relevant to their trial and, if so, to include those outcomes in their trial. Existence of a common set of outcomes does not preclude inclusion of additional relevant outcomes for a given trial.
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Participant timeline

Item 13: Time schedule of enrolment, interventions (including any run-ins and washouts), assessments, and visits for participants. A schematic diagram is highly recommended (see fig 1).

Examples

- The main outcomes of interest are the drug and sex-related HIV and HCV [hepatitis C virus] risk behaviors. Sites will be assessed using the full battery of instruments from the Common Assessment Battery (CAB), along with the Self-Efficacy and Stages of Change questionnaires and a Urine Drug Screen after consenting. . . . questionnaires will take place for all participants 1-4-30 days after randomization during which they will be given the Stages of Change and Self-Efficacy questionnaires, the Timeline Follow-Back, and a UA (urine analysis). Follow-up interviews, using the full battery (CAB and questionnaires), will be collected at 2 months (56 days), 4 months (112 days) and 6 months (168 days) after the randomization date. A 14 day window, defined as 7 days before and 7 days after the due date, will be available to complete the 2 and 4 month follow-up interviews and a 28 day window, defined as 7 days before and 21 days after the due date, will be available to complete the 6 month follow-up interview . . .

7.1.1 Common Assessment Battery (CAB)
A Demographic Questionnaire
- The Composite International Diagnostic Interview Version 2.1 . . .
- The Addiction Severity Index-Lite (ASI-Lite) . . .
- The Risk Behavior Survey (RBS), . . .

7.1.2 Additional Interviews/Questionnaires
To assess drug use, urinalysis for morphine, cocaine, amphetamine, and methamphetamine will be performed at the 2-Week Interim Visit, and the 2-, 4-, and 6-month Follow-up visits . . . Stage of change for quitting drug use will be measured using a modification of the Motivation Scales [table 3]. . . . The trial consists of a 12-week intervention treatment phase with a 4-week follow-up phase. The total trial period will be 12 months. As shown . . . measurements will be undertaken at four time-points in each group: at baseline, directly after completing the 1-week internet program, and at six- and 12-month follow-up (see fig 2). . . .

Explanation
A clear and concise timeline of the study visits, enrolment process, interventions, and assessments performed on participants can help to guide trial conduct and enable external review of participant burden and feasibility. These factors can also affect the decision of potential investigators and participants to join the trial (Item 15). . . .

A schematic diagram is highly recommended to efficiently present the overall schedule and time commitment for trial participants in each study group. Though various presentation formats exist, key information to convey includes the timing of each visit, starting from initial eligibility screening through to study close-out; time periods during which trial interventions will be administered; and the procedures and assessments performed at each visit (with reference to specific data collection forms, if relevant) (fig 1).

Sample size
Item 14: Estimated number of participants needed to achieve study objectives and how it was determined, including clinical and statistical assumptions supporting any sample size calculations

Explanation
The planned number of trial participants is a key aspect of study design, budgeting, and feasibility that is usually determined using a formal sample size calculation. If the planned sample size is not derived statistically, then this should be explicitly stated along with a rationale for the intended sample size (eg, exploratory nature of pilot studies; pragmatic considerations for trials in rare diseases). . . .

For trials that involve a formal sample size calculation, the guiding principle is that the planned sample size should be large enough to have a high probability (power) of detecting a true effect of a given magnitude, should it exist. Sample size calculations are generally based on one primary outcome; however, it may also be worthwhile to plan for adequate study power or report the power that will be available (given the proposed sample size) for other important outcomes or analyses because trials are often underpowered to detect harms or subgroup effects. . . .

Among randomised trial protocols that describe a sample size calculation, 4-40% do not state all components of the calculation. . . . The protocol should generally include the following: the outcome (Item 12); the values assumed for the outcome in each study group (eg, proportion with event, or mean and standard deviation) (table 4); the statistical test (Item 20a); alpha (type 1 error) level; power; and the calculated sample size per group—both assuming no loss of data and, if relevant, after any inflation for anticipated missing data (Item 20c). Trial investigators are also encouraged to conduct a sensitivity analysis to determine the impact of assumptions on the sample size estimate and the resulting power of the trial (Table 4).

Table 4 | Outcome values to report in sample size calculation

<table>
<thead>
<tr>
<th>Element</th>
<th>Type of summary outcome</th>
</tr>
</thead>
<tbody>
<tr>
<td>Assumed result for each study group</td>
<td>Proportion (%) with event</td>
</tr>
<tr>
<td>Proportion (%) Proportion at a given time point</td>
<td></td>
</tr>
<tr>
<td>Effect measure</td>
<td>Relative risk, odds ratio, hazard ratio</td>
</tr>
<tr>
<td>Time to event</td>
<td>Difference in means</td>
</tr>
</tbody>
</table>

Note: Although the sample size calculation uses the expected outcome value for each group, the corresponding contrast between groups (estimated effect) should also be reported.

Fig 2: Flow of participants . . .

BMJ: first published as 10.1136/bmj.e7586 on 9 January 2013. Downloaded from http://www.bmj.com/ on 28 May 2022 by guest. Protected by copyright.
**Table 3 | HIV/HCV risk reduction protocol schedule of forms and procedures (adapted from original table48)**

<table>
<thead>
<tr>
<th>Activity/assessment</th>
<th>CRF (Yes/No)</th>
<th>Staff member</th>
<th>Approximate time to complete (min)</th>
<th>-1</th>
<th>0</th>
<th>T1</th>
<th>T2</th>
<th>Study/interim visit 2 and/or 2-week interim</th>
<th>Follow-up 2 months</th>
<th>Follow-up 4 months</th>
<th>Follow-up 6-months</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prescreening consent</td>
<td>No</td>
<td>Study coordinator</td>
<td>5</td>
<td>X</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Screening log</td>
<td>No</td>
<td>Study coordinator</td>
<td>5</td>
<td>X</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Consent form/quiz</td>
<td>No</td>
<td>Study coordinator</td>
<td>45</td>
<td>X</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Inclusion/exclusion form</td>
<td>Yes</td>
<td>Study coordinator</td>
<td>N/A</td>
<td>X</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Urine screen</td>
<td>Yes</td>
<td>Study coordinator</td>
<td>10</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>Locator form</td>
<td>No</td>
<td>Interviewer</td>
<td>10</td>
<td>X</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Demographics questionnaire</td>
<td>Yes</td>
<td>Interviewer</td>
<td>10</td>
<td>X</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Addiction severity index (ASI) lite</td>
<td>Yes</td>
<td>Interviewer</td>
<td>45</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Composite interview</td>
<td>Yes</td>
<td>Interviewer</td>
<td>45</td>
<td>X</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>HIV risk behaviour survey</td>
<td>Yes</td>
<td>Interviewer</td>
<td>15</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Timeline follow back</td>
<td>Yes</td>
<td>Interviewer</td>
<td>5</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Self efficacy</td>
<td>Yes</td>
<td>Interviewer</td>
<td>5</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Stage of change</td>
<td>Yes</td>
<td>Interviewer</td>
<td>5</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Randomisation</td>
<td>Yes</td>
<td>Study coordinator</td>
<td>15</td>
<td>X</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Voluntary blood sample</td>
<td>Yes</td>
<td>Study phlebotomist</td>
<td>15</td>
<td>X</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>All groups, optional blood sample at study close</td>
<td>Yes</td>
<td>Study phlebotomist</td>
<td>15</td>
<td>X</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Termination form</td>
<td>Yes</td>
<td>Study coordinator</td>
<td>N/A</td>
<td>X</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Serious adverse event form</td>
<td>Yes</td>
<td>Study coordinator</td>
<td>N/A</td>
<td>As needed throughout protocol</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Progress notes</td>
<td>No</td>
<td>All team members</td>
<td>N/A</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Communication log</td>
<td>No</td>
<td>All team members</td>
<td>N/A</td>
<td>Every phone or in-person contact outside of a regular visit</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Examples**

"The sample size was calculated on the basis of the primary hypothesis. In the exploratory study, reference to the PEPs (post-exposure prophylaxis) had a greater improvement in social functioning at 6 month follow-up equivalent to 1.05 points on the SFQ (Social Functioning Questionnaire). However, a number of people received PEPs but were not included in the trial (eg, the wait-list control) and, for this larger sample (N=93), the measure pre-post-treatment difference was 1.79 (pre-treatment mean=13.85, SD=4.21; post-treatment mean=12.06, SD=4.21). Note: a lower SFQ score is more desirable). This difference of almost 2 points is accord with evidence that this is a clinically significant and important difference.参考文献 A reduction of 2 points or more on the SFQ at 1 year follow-up, in an RCT of cognitive behavioural therapy in health anxiety was associated with a halving of secondary care appointments (1.24 vs 0.65), a clinically significant reduction in the Hospital Anxiety and Depression Scale (HADS) (reference). Anxiety score of 2.5 (9.9 vs 7.45) and a reduction in health anxiety (the main outcome) of 5.6 points (17.8 vs 12.2) (11 is a normal population score and 18 is pathological) (reference). These findings suggest that improvements in social functioning may accrue over 1 year, hence we expect to find a greater magnitude of response at the 7-week follow-up than we did in the exploratory trial. Therefore, we have powering this trial to be able to detect a difference in SFQ score of 2 points. SFQ standard deviations vary between treatment, control, and the wait-list samples, ranging from 3.78 to 4.53. We have based our sample size estimate on the most conservative (ie, largest) SD (standard deviation). To detect a mean difference in SFQ score of 2 points (SD = 4.53) at 7 weeks with a two-sided significance level of 1% and power of 80% with equal allocation to two arms would require 120 patients in each arm of the trial. To allow for 30% drop out, 170 will be recruited per arm, ie, 340 in total."103

"Superficial and deep incisional surgical site infection rates for patients in the PDS II® (polydioxanone suture) group are estimated to occur at a rate of 0.12 (reference). The trials by reference have shown a reduction of SSI (surgical site infections) of more than 50% (from 10.8% to 4.9% and from 9.2% to 4.3% respectively). Therefore, we estimate a rate of 0.06 for PDS Plus® [triclosan-coated continuous polydioxanone suture].

For a fixed sample size design, the sample size required to achieve a power of 1−0.80 for the one-sided chi-square test at level α=0.025 under these assumptions amounts to 2×356=712 (nQuery Advisor®, version 7.0). It can be expected that including covariates of prognostic importance in the logistic regression model as defined for the confirmatory analysis will increase the power as compared to the chi-square test. As the individual results for the primary endpoint are available within 30 days after surgery, the drop-out rate is expected to be small. Nevertheless, a potential dilution of the treatment effect due to drop-outs is taken into account (eg, no photographs available, loss to follow up), it is assumed that this can be compensated by additional 5% of patients to be randomized, and therefore the total sample size required for a fixed sample size design amounts to n=712+38=750 patients.

... An adaptive interim analysis (reference) will be performed after availability of the results for the primary endpoint for a total of 375 randomized patients (ie, 50% of the number of patients required in a fixed sample size design). The following type I error rates and decision boundaries for the interim and the final analysis are specified:

• Overall one-sided type I error rate: 0.025
• Boundary for the one-sided p-value of the first stage for accepting the null-hypothesis within the interim analysis: α=0.5
• One-sided local type I error rate for testing the null-hypothesis within the interim analysis: α=0.012
• Boundary for the product of the one-sided p-values of both stages for the rejection of the null-hypothesis in the final analysis: ca=0.0038

If the trial will be continued with a second stage after the interim analysis (this is possible if for the one-sided p-value, p1 of the interim analysis p1, e [0.0102, 0.5] [ie 0.5eP1, ≥0.0102] holds true, the results of the interim analysis can be taken into account for a recalculation of the required sample size. If the sample size recalculation leads to the conclusion that more than 1200 patients are required, the study is stopped, because the related treatment group difference is judged to be of minor clinical importance.

The actually achieved sample size is then fixed but random, and a variety of scenarios can be considered. If the sample size is calculated under the same assumptions with respect to the SSI rates for the two groups, applying the same the overall significance level of α=0.025 (one-sided) but employing additionally the defined stopping boundaries and recalculating the sample size for the second stage at a conditional power of 80% on the basis of the SSI rates observed in the interim analysis results in an average total sample size of n=766 patients; the overall power of the study is then 90% (ADDPLAN®, version 5.0).103"
to provide a rationale or reference for the outcome values assumed for each study group. The values of certain pre-specified variables tend to be inappropriately inflated (eg, clinically important treatment effect size) or underestimated (eg, standard deviation for continuous outcomes), leading to trials having less power in the end than what was originally calculated. Finally, when uncertainty of a sample size estimate is acknowledged, methods exist for re-estimating sample size. The intended use of such an adaptive design approach should be stated in the protocol.

For designs and frameworks other than parallel group superiority trials, additional elements are required in the sample size calculation. For example, an estimate of the standard deviation of within-person changes from baseline should be included for crossover trials; the intraclass correlation coefficient for cluster randomised trials; and the equivalence or non-inferiority margin for equivalence or non-inferiority trials respectively. Such elements are often not described in final trial reports, and it is unclear how often they are specified in the protocol.

Complete description of sample size calculations in the protocol enables an assessment of whether the trial will be adequately powered to detect a clinically important difference. It also promotes transparency and discourages inappropriate post hoc revision that is intended to support a favourable interpretation of results or portray consistency between planned and achieved sample sizes.

Recruitment

Item 15: Strategies for achieving adequate participant enrolment to reach target sample size

Explanation

The main goal of recruitment is to meet the target sample size (Item 14). However, recruitment difficulties are commonly encountered in clinical trials. For example, reviews of government funded trials in the US and UK found that two thirds did not reach their recruitment targets. Low enrolment will reduce statistical power and can incur different costs and it may lead to early trial stoppage or to extensions with delayed results and greater costs.

Strategies to promote adequate enrolment are thus important to consider during trial planning. Recruitment strategies can vary depending on the trial topic, context, and site. Different recruitment methods can substantially affect the number and type of trial participants recruited and can incur different costs. Design issues such as the number and stringency of eligibility criteria will also directly affect the number of eligible trial participants.

Protocol descriptions of where participants will be recruited (eg, primary care clinic, community), by whom (eg, surgeon), when (eg, time after diagnosis), and how (eg, advertisements, review of health records) can be helpful for assessing the feasibility of achieving the target sample size and the applicability of the trial results in practice. Other relevant information to explicitly provide in the protocol includes expected recruitment rates, duration of the recruitment period, plans to monitor recruitment during the trial, and any financial or non-financial incentives provided to trial investigators or participants for enrolment (Item 4). If strategies differ by site in multicentre trials, these should be detailed to the extent possible.
Section 3b: Methods—assignment of interventions (for controlled trials)

Allocation—sequence generation

Item 16a: Method of generating the allocation sequence (eg, computer-generated random numbers) and list of any factors for stratification. To reduce predictability of a random sequence, details of any planned restriction (eg, blocking) should be provided in a separate document that is unavailable to those who enrol participants or assign interventions.

Example

*Participants will be randomly assigned to either control or experimental group with a 1:1 allocation as per a computer generated randomisation schedule stratified by site and the baseline score of the Action Arm Research Test (ARAT; c\(=21\) versus \(12\)) using permuted blocks of random sizes. The block sizes will not be disclosed, to ensure concealment.*

Explanation

Participants in a randomised trial should be assigned to study groups using a random (chance) process characterised by unpredictability of assignments. Randomisation decreases selection bias in allocation; helps to facilitate blinding/masking after allocation; and enables the use of probability theory to test whether any difference in outcome between intervention groups reflects chance.\(^{17}225\)–227 Use of terms such as “randomisation” without further elaboration is not sufficient to describe the allocation process, as these terms have been used inappropriately to describe non-random, deterministic allocation methods such as alternation or allocation by date of birth.\(^{17}\) In general, these non-random allocation methods introduce selection bias and biased estimates of an intervention’s effect size.\(^{17}167228\)227 mainly due to the lack of allocation concealment (Item 16b). If non-random allocation is planned, then the specific method and rationale should be stated.

Box 1 | Key elements of random sequence to specify in trial protocols

- Method of sequence generation (eg, random number table or computerised random number generator)
- Allocation ratio (Item 8) (eg, whether participants are allocated with equal or unequal probabilities to interventions)
- Type of randomisation (box 2): simple versus restricted; fixed versus adaptive (eg, minimisation); and, where relevant, the reasons for such choices
- If applicable, the factors (eg, recruitment site, sex, disease stage) to be used for stratification (box 2), including categories and relevant cut-off boundaries

Box 2 | Randomisation and minimisation (adapted from CONSORT 2010 Explanation and Elaboration)\(^{17}220\)231

Simple randomisation

Randomisation based solely on a single, constant allocation ratio is known as simple randomisation. Simple randomisation with a 1:1 allocation ratio is analogous to a coin toss, although tossing a coin is not recommended for sequence generation. No other allocation approach, regardless of its real or supposed sophistication, surpasses the bias prevention and unpredictability of simple randomisation.\(^{231}\)

Restricted randomisation

Any randomised approach that is not simple randomisation is restricted. Blocked randomisation is the most common form. Other forms, used much less frequently, are methods such as replacement randomisation, biased coin, and urn randomisation.\(^{231}\)

Blocked randomisation

Blocked randomisation (also called permuted block randomisation) assures that study groups of approximately the same size will be generated when an allocation ratio of 1:1 is used. Blocking can also ensure close balance of the numbers in each group at any time during the trial. After every block of eight participants, for example, four would have been allocated to each trial group.\(^{231}\) Improved balance comes at the cost of reducing the unpredictability of the sequence. Although the order of interventions varies randomly within each block, a person running the trial could deduce some of the next treatment allocations if they discovered the block size.\(^{231}\) Blinding the interventions, using larger block sizes, and randomly varying the block size will help to avoid this problem.

Biased coin and urn randomisation

Biased coin designs attain the similar objective as blocked designs without forcing strict equality. They therefore preserve much of the unpredictability associated with simple randomisation. Biased-coin designs alter the allocation ratio during the course of the trial to rectify imbalances that might be occurring.\(^{231}\) Adaptive biased-coin designs, such as the urn design, vary allocation ratios based on the magnitude of the imbalance. However, these approaches are used infrequently.

Stratified randomisation

Stratification is used to ensure good balance of participant characteristics in each group. Without stratification, study groups may not be well matched for baseline characteristics, such as age and stage of disease, especially in small trials. Such imbalances can be avoided without sacrificing the advantages of randomisation. Stratified randomisation is achieved by performing a separate randomisation procedure within each of two or more strata of participants (eg, categories of age or baseline disease severity), ensuring that the numbers of participants receiving each intervention are closely balanced within each stratum. Stratification requires some form of restriction (eg, blocking within strata) in order to be effective. The number of strata should be limited to avoid over-stratification.\(^{234}\) Stratification by centre is common in multicentre trials.

Minimisation

Minimisation assures similar distribution of selected participant factors between groups.\(^{236}\)275 Randomisation lists are not set up in advance. The first participant is truly randomly allocated; for each subsequent participant, the treatment allocation that minimises the imbalance on the selected factors between groups at that time is identified. That allocation may then be used, or a choice may be made at random with a heavy weighting in favour of the intervention that would minimise imbalance (for example, with a probability of 0.8). The use of a random component is generally preferable.\(^{236}\) Minimisation has the advantage of making small groups closely similar in terms of participant characteristics at all stages of the trial. Minimisation offers the only acceptable alternative to randomisation, and some have argued that it is superior.\(^{272}\) On the other hand, minimisation lacks the theoretical basis for eliminating bias on all known and unknown factors. Nevertheless, in general, trials that use minimisation are considered methodologically equivalent to randomised trials, even when a random element is not incorporated. For SPIRIT, minimisation is considered a restricted randomisation approach without any judgment as to whether it is superior or inferior compared to other restricted randomisation approaches.
Box 3 | Need for a separate document to describe restricted randomisation

If some type of restricted randomisation approach is to be used, in particular blocked randomisation or minimisation, then the knowledge of the specific details could lead to bias. For example, if the trial protocol for a two arm, parallel group trial with a 1:1 allocation ratio states that blocked randomisation will be used and the block size will be six, then trial implementers know that the intervention assignments will balance every six participants. Thus, if intervention assignments become known after assignment, knowing the block size will allow trial implementers to predict when equality of the sample sizes will arise. A sequence can be discerned from the pattern of past assignments and then some future assignments could be accurately predicted. For example, if part of a sequence contained two "As" and three "Bs," trial implementers would know the last assignment in the sequence would be an "A." If the first three assignments in a sequence contained three "As," trial implementers would know the last three assignments in that sequence would be three "Bs." Selection bias could result, regardless of the effectiveness of allocation concealment (item 16b).

Of course, this is mainly a problem in open label trials, where everyone becomes aware of the intervention after assignment. It can also be a problem in trials where everyone is supposedly blinded (masked), but the blinding is ineffective or the intervention harms provide clues such that treatments can be guessed.

We recommend that trial investigators do not provide full details of a restricted randomisation scheme (including minimisation) in the trial protocol. Knowledge of these details might undermine randomisation by facilitating deciphering of the allocation sequence. Instead, this specific information should be provided in a separate document with restricted access. However, simple randomisation procedures could be reported in detail in the protocol, because simple randomisation is totally unpredictable.

Box 2 defines the various types of randomisation, including minimisation. When restricted randomisation is used, certain details should not appear in the protocol in order to reduce predictability of the random sequence (box 3). The details should instead be described in a separate document that is unavailable to trial implementers. For blocked randomisation, this information would include details on how the blocks will be generated (eg, permuted blocks by a computer random number generator), the block size(s), and whether the block size will be fixed or randomly varied. Specific block size was provided in 14/102 (14%) randomised trial protocols approved by a Danish research ethics committee in 1994-95, potentially compromising allocation concealment. For trials using minimisation, it is also important to state the details in a separate document, including whether random elements will be used.

Allocation—concealment mechanism

**Item 16b:** Mechanism of implementing the allocation sequence (eg, central telephone; sequentially numbered, opaque, sealed envelopes), describing any steps to conceal the sequence until interventions are assigned

**Example**

"Participants will be randomised using TENALEA, which is an online, central randomisation service. ... Allocation concealment will be ensured, as the service will not release the randomisation code until the patient has been recruited into the trial, which takes place after all baseline measurements have been completed."**

**Explanation**

Successful randomisation in practice depends on two interrelated aspects: 1) generation of an unpredictable allocation sequence (Item 16a) and 2) concealment of that sequence until assignment irreversibly occurs. The allocation concealment mechanism aims to prevent participants and recruiters from knowing the study group to which the next participant will be assigned. Allocation concealment helps to ensure that a participant’s decision to provide informed consent, or a recruiter’s decision to enrol a participant, is not influenced by knowledge of the group to which they will be allocated if they join the trial. Allocation concealment should not be confused with blinding (masking) (Item 17) (table 5).

Timing of implementation

Who is kept unaware

Allocation concealment

Allocation—implementation

**Item 16c:** Who will generate the allocation sequence, who will enrol participants, and who will assign participants to interventions

**Explanation**

Based on the risk of bias associated with some methods of sequence generation and inadequate allocation concealment, trial investigators should strive for complete separation of the individuals involved in the steps before enrolment (sequence generation process and allocation concealment mechanism) from those involved in the implementation of study group assignments. When this separation is not possible, it is important for the investigators to...
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**Example**

*Randomization*

All patients who give consent for participation and who fulfill the inclusion criteria will be randomized. Randomization will be requested by the study staff member responsible for recruitment and clinical interviews from CenTrial [Coordination Centre of Clinical Trials].

In return, CenTrial will send an answer form to the study therapist who is not involved in assessing outcome of the study. This form will include a randomization number. In every centre closed envelopes with printed randomisation numbers on it are available. For every randomisation number the corresponding code for the therapy group of the randomisation list will be found inside the envelopes. The therapist will open the envelope and will find the treatment condition to be conducted in this person. The therapist then gives the information about treatment allocation to the patient. Staff responsible for recruitment and symptom ratings is not allowed to receive information about the group allocation.

... The allocation sequence will be generated by the Institute for Medical Biometry (IMB) applying a permuted block design with random blocks stratified by study centre and medication compliance (favourable vs. unfavourable). ... The block size will be concealed until the primary endpoint will be permuted block design with random blocks stratified by study centre and medication compliance.

The allocation sequence will be generated by the Institute for Medical Biometry (IMB) applying a permuted block design with random blocks stratified by study centre and medication compliance (favourable vs. unfavourable). ... The block size will be concealed until the primary endpoint will be permuted block design with random blocks stratified by study centre and medication compliance.

Randomisation will be requested by the staff member responsible for recruitment and clinical outcome and health outcome.

Example

*Assessments regarding clinical recovery will be conducted by an assessor blind to treatment allocation. The assessor will go through a profound assessment training program ... Due to the nature of the intervention neither participants nor staff can be blinded to allocation, but are strongly inculcated not to disclose the allocation status of the participant at the follow up assessments. An employee outside the research team will feed data into the computer in separate datasheets so that the researchers can analyse data without having access to information about the allocation.*

**Explanation**

Blinding or masking (the process of keeping the study group assignment hidden after allocation) is commonly used to reduce the risk of bias in clinical trials with two or more study groups. Awareness of the intervention assigned to participants can introduce ascertainment bias in the measurement of outcomes, particularly subjective ones (eg, quality of life); performance bias in the decision to discontinue or modify study interventions (eg, dosing changes) (Item 11b), concomitant interventions, or other aspects of care (Item 11d); and exclusion/attrition bias in the decision to withdraw from the trial or to exclude a participant from the analysis. We have elected to use the term “blinding” but acknowledge that others prefer the term “masking” because “blind” also relates to an ophthalmological condition and health outcome.

Many groups can be blinded: trial participants, care providers, data collectors, outcome assessors or commit-tees (Item 5d), data analysts, and manuscript writers. Blinding of data monitoring committees is generally discouraged.

When blinding of trial participants and care providers is not possible because of obvious differences between the interventions, 254, 255 blinding of the outcome assessors can often still be implemented. It may also be possible to blind participants or trial personnel to the study hypothesis in terms of which intervention is considered active. For example, in a trial evaluating light therapy for depression, participants were informed that the study involved testing two different forms of light therapy, whereas the true hypothesis was that bright blue light was considered potentially effective and that dim red light was considered placebo.

Despite its importance, blinding is often poorly described in trial protocols. The protocol should explicitly state who will be blinded to intervention groups—at a minimum, the blinding status of trial participants, care providers, and outcome assessors. Such a description is much preferred over the use of ambiguous terminology such as “single blind” or “double blind.” Protocols should also describe the comparability of blinded interventions (Item 11a)—for example, similarities in appearance, use of specific colours to mask a distinctive taste—and the timing of final unblinding of all trial participants (eg, after the creation of a locked analysis data set).

Furthermore, any strategies to reduce the potential for unblinding should be described in the protocol, such as pre-trial testing of blinding procedures. The use of a fixed code (versus a unique code for each participant) to denote each study group assignment (eg, A=Group 1; B=Group 2) can be problematic, as the unblinding of one participant will result in the inadvertent loss of blinding for all trial participants.

Some have suggested that the success of blinding be formally tested by asking key trial personnel to guess the study group assignment and comparing these responses to what would be expected by chance. However, it is unclear how best to interpret the results of such tests. If done, the planned testing methods should be described in the trial protocol.

**Blinding (masking)—emergency unblinding**

*Item 17b: If blinded, circumstances under which unblinding is permissible and procedure for revealing a participant’s allocated intervention during the trial*

**Explanation**

Among 58 blinded Danish trials approved in 1994-95, three-quarters of protocols described emergency unblinding procedures. Such procedures to reveal the assigned intervention in certain circumstances are intended to increase the safety of trial participants by informing the clinical management of harms or other relevant conditions that arise. A clear protocol description of the conditions and procedures for emergency unblinding helps to prevent unnecessary unblinding; facilitates implementation by trial personnel when indicated; and enables evaluation of the appropriateness of the planned procedures. In some cases (eg, minor, reversible harms), stopping and then cautiously reintroducing the assigned intervention in the affected participant can avoid both unblinding and further harm.
**Example**

*To maintain the overall quality and legitimacy of the clinical trial, code breaks should occur only in exceptional circumstances when knowledge of the actual treatment is absolutely essential for further management of the patient. Investigators are encouraged to discuss with the Medical Advisor or PHRI [Population Health Research Institute] physician if/whether unblinding is necessary. If unblinding is deemed to be necessary, the investigator should use the system for emergency unblinding through the PHRI toll-free help line as the main system or through the local emergency number as the back-up system.*

The Investigator is encouraged to maintain the blind as far as possible. The actual allocation must NOT be disclosed to the patient and/or other study personnel including other site personnel, monitors, corporate sponsors or project office staff, nor should there be any written or verbal disclosure of the code in any of the corresponding patient documents.

The Investigator must report all code breaks (with reason) as they occur on the corresponding CRF (case report form) page.

Unblinding should not necessarily be a reason for study drug discontinuation."^65

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**Section 3c: Methods—data collection, management, and analysis**

**Data collection methods**

**Item 18a: Plans for assessment and collection of outcome, baseline, and other trial data, including any related processes to promote data quality (eg, duplicate measurements, training of assessors) and a description of study instruments (eg, questionnaires, laboratory tests) along with their reliability and validity, if known. Reference to where data collection forms can be found, if not in the protocol**

**Explanation**

The validity and reliability of trial data depend on the quality of the data collection methods. The processes of acquiring and recording data often benefit from attention to training of study personnel and use of standardised, pilot tested methods. These should be identical for all study groups, unless precluded by the nature of the intervention.

The choice of methods for outcome assessment can affect study conduct and results. A substantially different response can be obtained for certain outcomes (eg, harms) depending on who answers the questions (eg, the participant or investigator) and how the questions are presented (eg, discrete options or open ended). Also, when compared to paper based data collection, the use of electronic handheld devices and internet websites has the potential to improve protocol adherence, data accuracy, user acceptability, and timeliness of receiving data.

The quality of data also depends on the reliability, validity, and responsiveness of data collection instruments such as questionnaires or laboratory instruments. Instruments with low inter-rater reliability will reduce required information will be discussed in detail on an item by item basis. Coordinators will learn how to code medications using the WHODrug software and how to code symptoms using the MedDRA software. Entering data forms, responding to data discrepancy queries and general information about obtaining research quality data will also be covered during the training session.

...
statistical power, while those with low validity will not accurately measure the intended outcome variable. One study found that only 35% (47/133) of randomised trials in acute stroke used a measure with established reliability or validity. Modified versions of validated measurement tools may no longer be considered validated, and use of unpublished measurement scales can introduce bias and inflate treatment effect sizes.

Standard processes should be implemented by local study personnel to enhance data quality and reduce bias by detecting and reducing the amount of missing or incomplete data, inaccuracies, and excessive variability in measurements. Examples include standardised training and testing of outcome assessors to promote consistency; tests of the validity or reliability of study instruments; and duplicate data measurements.

A clear protocol description of the data collection process—including the personnel, methods, instruments, and measures to promote data quality—can facilitate implementation and help protocol reviewers to assess their appropriateness. Inclusion of data collection forms in the protocol (ie, as appendices) is highly recommended, as the way in which data are obtained can substantially affect the results. If not included in the protocol, then a reference to where the forms can be found should be provided. If performed, pilot testing and assessment of reliability and validity of the forms should also be described.

**Data collection methods—retention**

**Item 18b: Plans to promote participant retention and complete follow-up, including list of any outcome data to be collected for participants who discontinue or deviate from intervention protocols**

**Examples**

5.2.2 Retention

... As with recruitment, retention addresses all levels of participant. At the parent and student level, study investigators and staff:

- Provide written feedback to all parents of participating students about the results of the “health screenings” ...
- Maintain interest in the study through materials and mailings ...
- Send letters to parents and students prior to the final data collection, reminding them of the upcoming data collection and the incentives the students will receive. At the school level, study investigators and staff:
- Provide periodic communications via newsletters and presentations to inform the school officials/staff, students, and parents about type 2 diabetes, the current status of the study, and plans for the next phase, as well as to acknowledge their support.
- ...
- Become a presence in the intervention schools to monitor and maintain consistency in implementation, ...
- Provide periodic incentives for school staff and teachers.
- Provide monetary incentives for the schools that increase with each year of the study (table 6).

5.4 Infant Evaluations in the Case of Treatment Discontinuation or Study Withdrawal

All randomised infants completing the 18-month evaluation schedule will have fulfilled the infant clinical and laboratory evaluation requirements for the study ... All randomised infants who are prematurely discontinued from study drug will be considered off study drug/on study and will follow the same schedule of events as those infants who continue study treatment except adherence assessment. All of these infants will be followed through 18 months as scheduled.

Randomized infants prematurely discontinued from the study before the 6-month evaluation will have the following clinical and laboratory evaluations performed, if possible:

- Roche Amplicor HIV-1 DNA PCR (polymerase chain reaction) and cell pellet storage
- Plasma for storage (for NVP [nevirapine] resistance, HIV-1 RNA PCR and NVP concentration)
- ...

Randomized infants prematurely discontinued from the study at any time after the 6-month evaluation will have the following clinical and laboratory evaluations performed, if possible:

- ...

5.5 Participant Retention

Once an infant is enrolled or randomized, the study site will make every reasonable effort to follow the infant for the entire study period ... It is projected that the rate of loss-to-follow-up on an annual basis will be at most 5%...

Study site staff are responsible for developing and implementing local standard operating procedures to achieve this level of follow-up.

5.6 Participant Withdrawal

Participants may withdraw from the study for any reason at any time. The investigator also may withdraw participants from the study in order to protect their safety and/or if they are unwilling or unable to comply with required study procedures after consultation with the Protocol Chair, National Institutes of Health (NIH) Medical Officers, Statistical and Data Management Center (SDMC) Protocol Statistician, and Coordinating and Operations Center (CORE) Protocol Specialist. Participants also may be withdrawn if the study sponsor or government or regulatory authorities terminate the study prior to its planned end date. Note: Early discontinuation of study product for any reason is not a reason for withdrawal from the study.
Protocols should describe any retention strategies and define which outcome data will be recorded from protocol non-adherers. Protocols should also detail any plans to record the reasons for non-adherence (eg, discontinuation of intervention due to harms versus lack of efficacy) and non-retention (ie, consent withdrawn; lost to follow-up), as this information can influence the handling of missing data and interpretation of results.

**Data management**

**Item 19: Plans for data entry, coding, security, and storage, including any related processes to promote data quality (eg, double data entry; range checks for data values). Reference to where details of data management procedures can be found, if not in the protocol Explanation**

Careful planning of data management with appropriate personnel can help to prevent flaws that compromise data validity. The protocol should provide a full description of the data entry and coding processes, along with measures to promote their quality, or provide key elements and a reference to where full information can be found. These details are particularly important for the primary outcome data. The protocol should also document data security measures to prevent unauthorised access to or loss of participant data, as well as plans for data storage

### Example

13.9.2. Data Forms and Data Entry

In the FSGS-CT [focal segmental glomerulosclerosis—clinical trial], all data will be entered electronically. This may be done at a Core Coordinating Center or at the participating site where the data originated. Original study forms will be entered and kept on file at the participating site. A subset will be requested later for quality control; when a form is selected, the participating site staff will pull that form, copy it, and send [sic] the copy to the DCC [data coordinating center] for re-entry.

Participant files are to be stored in numerical order and stored in a secure and accessible place and manner. Participant files will be maintained in storage for a period of 3 years after completion of the study.

13.9.3. Data Transmission and Editing

The data entry screens will resemble the paper forms approved by the steering committee. Data integrity will be enforced through a variety of mechanisms. Referential data rules, valid values, range checks, and consistency checks against data already stored in the database (ie, longitudinal checks) will be supported. The option to choose [sic] a value from a list of valid codes and a description of what each code means will be available where applicable. Checks will be applied at the time of data entry into a specific field and/or before the data is written (committed) to the database. 

Modifications to data written to the database will be documented through either the data change system or an inquiry system. Data entered into the database will be retrievable for viewing through the data entry applications. The type of activity that an individual user may undertake is regulated by the privileges associated with his/her user identification code and password.

13.9.4. Data Discrepancy Inquiries and Reports to Core Coordinating Centers

Additional errors will be detected by programs designed to detect missing data or specific errors in the data. These errors will be summarized along with detailed descriptions for each specific problem in Data Query Reports, which will be sent to the Data Managers at the Core Coordinating Centers.

The Data Manager who receives the inquiry will respond by checking the original forms for inconsistency, checking other sources to determine the correction, modifying the original (paper) form entering a response to the query. Note that it will be necessary for Data Managers to respond to each inquiry received in order to obtain closure on the queried item.

The Core Coordinating Center and participating site personnel will be responsible for making appropriate corrections to the original paper forms whenever any data item is changed . . . Written documentation of changes will be available via electronic logs and audit trails.

Biopsy and biochemistry reports will be sent via e-mail when data are received from the Core Lab.

13.9.5. Security and Back-Up of Data

All forms, diskettes and tapes related to study data will be kept in locked cabinets. Access to the study data will be restricted. In addition, Core Coordinating Centers will only have access to their own center's data. A password system will be utilized to control access . . . These passwords will be changed on a regular basis. All reports prepared by the DCC will be prepared such that no individual subject can be identified.

A complete back-up of the primary DCC database will be performed twice a month. These tapes will be stored off-site in a climate-controlled facility and will be retained indefinitely. Incremental data back-ups will be performed on a daily basis. These tapes will be retained for at least one week on-site. Back-ups of periodic data analysis files will also be kept. These tapes will be retained at the off-site location until the Study is completed and the database is on file with NIH [National Institutes of Health]. In addition to the system back-ups, additional measures will be taken to back-up and export the database on a regular basis at the database management level . . .

13.9.6. Study status reports

The DCC will send weekly email reports with information on missing data, missing forms, and missing visits. Personnel at the Core Coordinating Center and the Participating Sites should review these reports for accuracy and report any discrepancies to the DCC.

13.9.8. Description of Hardware at DCC

A SUN Workstation environment is maintained in the department with a SUN SPARCstation 10 model 41 as the server . . . Primary access to the departments [sic] computing facilities will be through the Internet . . . For maximum programming efficiency, the Oracle database management system and the SAS and BMDP statistical analysis systems will be employed for this study . . . Oracle facilitates sophisticated integrity checks through a variety of mechanisms including stored procedures, stored triggers, and declarative database integrity—for between table verifications. Oracle allows data checks to be programmed once in the database rather than repeating the same checks among many applications . . . Security is enforced through passwords and may be assigned at different levels to groups and individuals.”
Differences in data entry methods can affect the trial in terms of data accuracy, cost, and efficiency. For example, when compared with paper case report forms, electronic data capture can reduce the time required for data entry, query resolution, and database release by combining data entry with data collection (Item 18a). When data are collected on paper forms, data entry can be performed locally or at a central site. Local data entry can enable fast correction of missing or inaccurate data, while central data entry facilitates binding (masking), standardisation, and training of a core group of data entry personnel.

Raw, non-numeric data are usually coded for ease of data storage, review, tabulation, and analysis. It is important to define standard coding practices to reduce errors and observer variation. When data entry and coding are performed by different individuals, it is particularly important that the personnel use unambiguous, standardised terminology and abbreviations to avoid misinterpretation. As with data collection (Item 18a), standard processes are often implemented to improve the accuracy of data entry and coding. Common examples include double data entry, verification that the data are in the proper format (eg, integer) or within an expected range of values; and independent source document verification of a random subset of data to identify missing or apparently erroneous values. Though widely performed to detect data entry errors, the time and costs of independent double data entry from paper forms need to be weighed against the magnitude of reduction in error rates compared to single-data entry.

Statistical methods

The planned methods of statistical analysis should be fully described in the protocol. If certain aspects of the analysis plan cannot be prespecified (eg, the method of handling missing data is contingent on examining patterns of “missingness” before study unblinding), then the planned approach to making the final methodological choices should be outlined. Some trials have a separate document—commonly called a statistical analysis plan (SAP)—that fully details the planned analyses. Any SAP should be described in the protocol, including its key elements and where it can be found. As with the protocol, the SAP should be dated, amendments noted and dated, and the SAP authors provided.

Statistical methods—outcomes

Item 20a: Statistical methods for analysing primary and secondary outcomes. Reference to where other details of the statistical analysis plan can be found, if not in the protocol

Explanation

The protocol should indicate explicitly each intended analysis comparing study groups. An unambiguous, complete, and transparent description of statistical methods facilitates execution, replication, critical appraisal, and the ability to track any changes from the original pre-specified methods.

Example

*The intervention arm (SMS [short message system (text message)]) will be compared against the control (SOC [standard of care]) for all primary analysis. We will use chi-squared test for binary outcomes, and T-test for continuous outcomes. For subgroup analyses, we will use regression methods with appropriate interaction terms (respective subgroup-treatment group). Multivariable analyses will be based on logistic regression … for binary outcomes and linear regression for continuous outcomes. We will examine the residual to assess model assumptions and goodness-of-fit. For timed endpoints such as mortality we will use the Kaplan-Meier survival analysis followed by multivariable Cox proportional hazards model for adjusting for baseline variables. We will calculate Relative Risk (RR) and RR Reductions (RRR) with corresponding 95% confidence intervals to compare dichotomous variables, and difference in means will be used for additional analysis of continuous variables. P-values will be reported to four decimal places with p-values less than 0.001 reported as p < 0.001. Up-to-date versions of SAS (Cary, NC) and SPSS (Chicago, IL) will be used to conduct analyses. For all tests, we will use 2-sided p-values with alpha≤0.05 level of significance. We will use the Bonferroni method to appropriately adjust the overall level of significance for multiple primary outcomes, and secondary outcomes. To assess the impact of potential clustering for patients cared by the same clinic, we will use generalized estimating equations (GEE) assuming an exchangeable correlation structure. Table [7] provides a summary of methods of analysis for each variable. Professional academic statisticians (LT, RN) blinded to study groups will conduct all analyses.*

Results for the primary outcome can be substantially affected by the choice of analysis methods. When investigators apply more than one analysis strategy for a specific primary outcome, there is potential for inappropriate selective reporting of the most interesting result. The protocol should prespecify the main (“primary”) analysis of the primary outcome (Item 12), including the analysis methods to be used for statistical comparisons (Items 20a and 20b); precisely which trial participants will be included (Item 20c); and how missing data will be handled (Item 20e). Additionally, it is helpful to indicate the effect measure (eg, relative risk) and significance level that will be used, as well as the intended use of confidence intervals when presenting results.

The same considerations will often apply equally to prespecified secondary and exploratory outcomes. In some instances, descriptive approaches to evaluating rare outcomes such as adverse events—might be preferred over formal analysis given the lack of power. Adequately powered analyses may require preplanned meta-analyses with results from other studies.

Most trials are affected to some extent by multiplicity issues. When multiple statistical comparisons are performed (eg, multiple study groups, outcomes, interim analyses), the risk of false positive (type 1) error is inflated and there is increased potential for selective reporting of favourable comparisons in the final trial report. For trials with more than two study groups, it is important to specify in the protocol which comparisons (of two or more study groups) will be performed and, if relevant, which will be the main comparison of interest. The same principle of specifying the main comparison also applies when there is more than one outcome, including when the same variable...
### RESEARCH METHODS AND REPORTING

**Table 7** | Variables, measures, and methods of analysis (reproduced from original table)

<table>
<thead>
<tr>
<th>Variable/outcome</th>
<th>Hypothesis</th>
<th>Outcome measure</th>
<th>Methods of analysis</th>
</tr>
</thead>
<tbody>
<tr>
<td>a) Adherence at 12 months</td>
<td>Intervention improved outcome from baseline to 6 months</td>
<td>Percent adherence in previous 30 days (&gt;95% [binary])</td>
<td>Chi-squared test</td>
</tr>
<tr>
<td>b) Suppression of HIV viral load at 12 months</td>
<td></td>
<td>Viral load ≤400 copies/ml [binary]</td>
<td>Chi-squared test</td>
</tr>
<tr>
<td>c) Secondary</td>
<td>Improvement occurred</td>
<td>Adherence % (&gt;95%) [binary]</td>
<td>Chi-squared test</td>
</tr>
<tr>
<td>HIV viral load at 12 months</td>
<td>Improvement occurred</td>
<td>Viral load (copies)</td>
<td>T-test</td>
</tr>
<tr>
<td>Immune reconstitution (change in CD4 T-cell count from baseline)</td>
<td>Improvement occurred</td>
<td>CD4 T-cells/mm³ [continuous]</td>
<td>T-test</td>
</tr>
<tr>
<td>Time to virological failure</td>
<td>Improvement occurred</td>
<td>Virological failure after successful suppression</td>
<td>Kaplan-Meier survival analysis</td>
</tr>
<tr>
<td>Weight gain (lbs) and BMI</td>
<td>Improvement occurred</td>
<td>Change in weight (lbs) and BMI [continuous]</td>
<td>T-test</td>
</tr>
<tr>
<td>Occurrence of opportunistic infections (OIs)</td>
<td>Improvement occurred</td>
<td>Presence of AIDS-defining opportunistic infection [binary]</td>
<td>Chi-squared test</td>
</tr>
<tr>
<td>Time to reporting of adverse drug events (ADEs)</td>
<td>Improvement occurred</td>
<td>Presence of drug-related adverse event [time to event]</td>
<td>Kaplan-Meier survival analysis</td>
</tr>
<tr>
<td>Deaths (all cause)</td>
<td>Improvement occurred</td>
<td>All-cause mortality [binary]</td>
<td>Chi-squared test and Kaplan-Meier survival analysis</td>
</tr>
<tr>
<td>SF-12 [short form 12 adapted for regional application in Kiswahili]</td>
<td>Improvement occurred</td>
<td>Quality of life questionnaire [continuous]</td>
<td>T-test</td>
</tr>
<tr>
<td>Satisfaction with care provided</td>
<td>Improvement occurred</td>
<td>Questionnaire [continuous]</td>
<td>T-test</td>
</tr>
<tr>
<td>Level of disclosure of HIV status</td>
<td>Improvement occurred</td>
<td>Disclosed to a family member [binary]</td>
<td>Chi-squared test</td>
</tr>
<tr>
<td>Impression of stigma</td>
<td>Improvement occurred</td>
<td>Questionnaire [continuous]</td>
<td>T-test</td>
</tr>
<tr>
<td>Family dynamics [sic]</td>
<td>Improvement occurred</td>
<td>Questionnaire [continuous]</td>
<td>T-test</td>
</tr>
<tr>
<td>Employment attendance</td>
<td>Improvement occurred</td>
<td>Questionnaire [continuous]</td>
<td>T-test</td>
</tr>
<tr>
<td>Household member school attendance</td>
<td>Improvement occurred</td>
<td>Questionnaire [continuous]</td>
<td>T-test</td>
</tr>
<tr>
<td>Cell phones lost/stolen</td>
<td>Improvement occurred</td>
<td>Presence of cell phone [binary]</td>
<td>Passion regression</td>
</tr>
<tr>
<td>Required active tracing for 12 month follow-up</td>
<td>Improvement occurred</td>
<td>Self-report [binary]</td>
<td>Chi-squared test</td>
</tr>
<tr>
<td>3) Subgroup Analyses:</td>
<td></td>
<td>Field officers [binary]</td>
<td>Chi-squared test</td>
</tr>
<tr>
<td>Urban vs. rural</td>
<td>Distance affects adherence</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Female vs. male</td>
<td>Sex affects adherence</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Phone ownership (owned vs. shared)</td>
<td>Ownership affects adherence</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Level of education</td>
<td>Low education affects adherence</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4) Sensitivity Analyses:</td>
<td>Improvement occurred</td>
<td>All outcomes</td>
<td></td>
</tr>
<tr>
<td>a) Per protocol analysis</td>
<td></td>
<td></td>
<td>a) Chi-squared/T-test</td>
</tr>
<tr>
<td>b) Adjusting for baseline covariates</td>
<td></td>
<td></td>
<td>b) Multivariable regression</td>
</tr>
<tr>
<td>c) clustering among individuals within a clinic</td>
<td></td>
<td></td>
<td>c) GEE</td>
</tr>
</tbody>
</table>

**IMPORTANT REMARKS**

- The GEE (generalised estimating equations) [reference] is a technique that allows to specify the correlation structure between patients within a hospital and this approach produces unbiased estimates under the assumption that missing observations will be missing at random. An amended approach of weighted GEE will be employed if missingness is found not to be at random [reference].
- In all analyses results will be expressed as coefficient, standard errors, corresponding % and associated p-values.
- Overall fit will be assessed by examining the residuals for model assumptions and chi-squared test of goodness-of-fit.
- Bonferroni method will be used to adjust the overall level of significance for multiple secondary outcomes.
- The GEE [generalised estimating equations] [reference] is a technique that allows to specify the correlation structure between patients within a hospital and this approach produces unbiased estimates under the assumption that missing observations will be missing at random. An amended approach of weighted GEE will be employed if missingness is found not to be at random [reference].
- In all analyses results will be expressed as coefficient, standard errors, corresponding % and associated p-values.
- Overall fit will be assessed by examining the residuals for model assumptions and chi-squared test of goodness-of-fit.
- Post hoc (data driven) analyses have a high risk of spurious findings and are discouraged. Conducting a large number of subgroup comparisons leads to issues of multiplicity, even when all of the comparisons have been pre-specified. Furthermore, when subgroups are based on variables measured after randomisation, the analyses are particularly susceptible to bias.

**Statistical methods—additional analyses**

**Item 20b: Methods for any additional analyses (eg, subgroup and adjusted analyses)**

**Explanation**

**Subgroup analysis**

Subgroup analyses explore whether estimated treatment effects vary significantly between subcategories of trial participants. As these data can help tailor healthcare decisions to individual patients, a modest number of prespecified subgroup analyses can be sensible.

However, subgroup analyses are problematic if they are inappropriately conducted or selectively reported. Subgroup analyses described in protocols or grant applications do not match those reported in subsequent publications for more than two thirds of randomised trials, suggesting that subgroup analyses are often selectively reported or not prespecified. Post hoc (data driven) analyses have a high risk of spurious findings and are discouraged. Conducting a large number of subgroup comparisons leads to issues of multiplicity, even when all of the comparisons have been pre-specified. Furthermore, when subgroups are based on variables measured after randomisation, the analyses are particularly susceptible to bias.

Preplanned subgroup analyses should be clearly specified in the protocol with respect to the precise baseline variables to be examined, the definition of the subgroup categories (including cut-off boundaries for continuous or ordinal variables), the statistical method to be used, and the hypothesised direction of the subgroup effect based on plausibility.
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Adjusted analysis
Some trials prespecify adjusted analyses to account for imbalances between study groups (eg, chance imbalance across study groups in small trials), improve power, or account for a known prognostic variable. Adjustment is often recommended for any variables used in the allocation process (eg, in stratified randomisation), on the principle that the analysis strategy should match the design. 16 Most trial protocols and publications do not adequately address issues of adjustment, particularly the description of variables. 6 110

It is important that trial investigators indicate in the protocol if there is an intention to perform or consider adjusted analyses, explicitly specifying any variables for adjustment and how continuous variables will be handled. When both unadjusted and adjusted analyses are intended, the main analysis should be identified (Item 20a). It may not always be clear, in advance, which variables will be important for adjustment. In such situations, the objective criteria to be used to select variables should be prespecified. As with subgroup analyses, adjustment variables based on post-randomisation data rather than baseline data can introduce bias. 131 112

Statistical methods—analysis population and missing data

Item 20c: Definition of analysis population relating to protocol non-adherence (eg, as randomised analysis), and any statistical methods to handle missing data (eg, multiple imputation)

Explanation
In order to preserve the unique benefit of randomisation as a mechanism to avoid selection bias, an “as randomised” analysis retains participants in the group to which they were originally allocated. To prevent attrition bias, outcome data obtained from all participants are included in the data analysis, regardless of protocol adherence (Items 11c and 18b). 249 250 These two conditions (ie, all participants, as randomised) define an “intention to treat” analysis, which is widely recommended as the preferred analysis strategy. 17

Some trialists use other types of data analyses (commonly labelled as “modified intention to treat” or “per protocol”) that exclude data from certain participants—such as those who are found to be ineligible after randomisation or who deviate from the intervention or follow-up protocols. This exclusion of data from protocol non-adherers can introduce bias, particularly if the frequency of and the reasons for non-adherence vary between the study groups. 131 311 In some trials, the participants to be included in the analysis will vary by outcome—for example, analysis...
of harms (adverse events) is sometimes restricted to participants who received the intervention, so that absence or occurrence of harm is not attributed to a treatment that was never received.

Protocols should explicitly describe which participants will be included in the main analyses (eg, all randomised participants, regardless of protocol adherence) and define the study group in which they will be analysed (eg, as randomised). In one cohort of randomised trials approved in 1994–5, this information was missing in half of the protocols.\footnote{317} The ambiguous use of labels such as “intention to treat” or “per protocol” should be avoided unless they are fully defined in the protocol.\footnote{318} Most analyses labelled as “intention to treat” do not actually adhere to its definition because of missing data or exclusion of participants who do not meet certain post-randomisation criteria (eg, specific level of adherence to intervention).\footnote{319} Other ambiguous labels such as “modified intention to treat” are also variably defined from one trial to another.\footnote{320}

In addition to defining the analysis population, it is necessary to address the problem of missing data in the protocol. Most trials have some degree of missing data,\footnote{317}\footnote{318} which can introduce bias depending on the pattern of “missingness” (eg, not missing at random). Strategies to maximise follow-up and prevent missing data, as well as the recording of reasons for missing data, are thus important to develop and document (Item 18b).\footnote{321}

The protocol should also state how missing data will be handled in the analysis and detail any planned methods to impute (estimate) missing outcome data, including which variables will be used in the imputation process (if applicable).\footnote{322} Different statistical approaches can lead to different results and conclusions,\footnote{317}\footnote{319} but one study found that only 23% of trial protocols specified the planned statistical methods to account for missing data.\footnote{323}

Imputation of missing data allows the analysis to conform to intention to treat analysis but requires strong assumptions that are untestable and may be hard to justify.\footnote{315} Methods of multiple imputation are more complex but are widely preferred to single imputation methods (eg, last observation carried forward; baseline observation carried forward), as the latter introduce greater bias and produce confidence intervals that are too narrow.\footnote{320}\footnote{321}\footnote{322} Specific issues arise when outcome data are missing for crossover or cluster randomised trials.\footnote{323} Finally, sensitivity analyses are highly recommended to assess the robustness of trial results under different methods of handling missing data.\footnote{324}

**Section 3d: Methods—monitoring**

**Data monitoring—formal committee**

**Item 21a:** Composition of data monitoring committee (DMC); summary of its role and reporting structure; statement of whether it is independent from the sponsor and competing interests; and reference to where further details about its charter can be found, if not in the protocol. Alternatively, an explanation of why a DMC is not needed

**Explanation**

For some trials, there are important reasons for periodic inspection of the accumulating outcome data by study group. In principle, a trial should be modified or discontinued when the accumulated data have sufficiently disturbed the clinical equipoise that justified the initiation of the trial. Data monitoring can also inform aspects of trial conduct, such as recruitment, and identify the need to make adjustments.

The decision to have a data monitoring committee (DMC) will be influenced by local standards. While certain trials warrant some form of data monitoring, many do not need a formal committee,\footnote{326} such as trials with a short duration or known minimal risks. A DMC was described in 65% (98/150) of cancer trial protocols with time-to-event outcomes in Italy in 2000–5,\footnote{327} and in 17% (12/70) of protocols for Danish randomised trials approved in 1994–5.\footnote{328} About 40% of clinical trials registered on ClinicalTrials.gov from 2007–2010 reported having a DMC.\footnote{328} The protocol should either state that there will be a DMC and provide further details, as discussed below, or indicate that there will not be a DMC, preferably with reasons.

When formal data monitoring is performed, it is often done by a DMC consisting of members from a variety of disciplines.\footnote{324}\footnote{325} The primary role of a DMC is to periodically review the accumulating data and determine if a trial should be modified or discontinued. The DMC does not usually have executive power; rather, it communicates the outcome of its deliberations to the trial steering committee or sponsor.

Independence, in particular from the sponsor and trial investigators, is a key characteristic of the DMC and can be broadly defined as the committee comprising members who are “completely uninvolved in the running of the trial and who cannot be unfairly influenced (either directly
or indirectly) by people, or institutions, involved in the trial. DMC members are usually required to declare any competing interests (item 28). Among the 12 trial protocols that described a DMC and were approved in Denmark in 1994-5, four explicitly stated that the DMC was independent from the sponsor and investigators; three had non-independent DMCs; and independence was unclear for the remaining five protocols.

The protocol should name the chair and members of the DMC. If the members are not yet known, the protocol can indicate the intended size and characteristics of the membership until further details are available. The protocol should also indicate the DMC's roles and responsibilities, planned method of functioning, and degree of independence from those conducting, sponsoring, or funding the trial. A charter is recommended for detailing this information, if this charter is not appended to the protocol, the protocol should indicate whether a charter exists or will be developed, and if so, where it can be accessed.

**Data monitoring—interim analysis**

Item 21b: Description of any interim analyses and stopping guidelines, including who will have access to these interim results and make the final decision to terminate the trial

**Example**

"Premature termination of the study"

An interim-analysis is performed on the primary endpoint when 50% of patients have been randomised and have completed the 6 months follow-up. The interim-analysis is performed by an independent statistician, blinded for the treatment allocation. The statistician will report to the independent DSMC [data and safety monitoring committee]. The DSMC will have unblinded access to all data and will discuss the results of the interim-analysis with the steering committee in a joint meeting. The steering committee decides on the continuation of the trial and will report to the central ethics committee. The Peto approach is used: the trial will be ended using symmetric stopping boundaries at \( P < 0.001 \) [reference]. The trial will not be stopped in case of futility, unless the DSMC during the course of safety monitoring advises otherwise. In this case DSMC will discuss potential stopping for futility with the trial steering committee."

**Explanation**

Interim analyses can be conducted as part of an adaptive trial design to formally monitor the accumulating data in clinical trials. They are generally performed in trials that have a DMC, longer duration of recruitment, and potentially serious outcomes. Interim analyses were described in 71% (106/150) of cancer trial protocols with time-to-event outcomes in Italy in 2000-5, and in 19% (13/70) of protocols for Danish randomised trials approved in 1994-5. The results of these analyses, along with non-statistical criteria, can be part of a stopping guideline that helps inform whether the trial should be continued, modified, or halted earlier than intended for benefit, harm, or futility. Criteria for stopping for harm are often different from those for benefit and might not employ a formal statistical criterion.

Stopping for futility occurs in instances where, if the study were to continue, it is unlikely that an important effect would be seen (ie, low chance of rejecting null hypothesis). Multiple analyses of the accumulating data increase the risk of a false positive (type I) error, and various statistical strategies have been developed to compensate for this inflated risk. Aside from informing stopping guidelines, prespecified interim analyses can be used for other trial adaptations such as sample size re-estimation, alteration to the proportion of participants allocated to each study group, and changes to eligibility criteria.

A complete description of any interim analysis plan, even if it is only to be performed at the request of an oversight body (eg, DMC), should be provided in the protocol—including the statistical methods, who will perform the analyses, and when they will be conducted (timing and indications). If applicable, details should also be provided about the decision criteria—statistical or other—that will be adopted to judge the interim results as part of a guideline for early stopping or other adaptations. Among 86 protocols for randomised trials with a time-to-event cancer outcome that proposed efficacy interim analyses, all stated the planned timing of the analyses, 91% specified the overall reason to be used for stopping (eg, superiority, futility), and 94% detailed the statistical approach.

In addition, it is important to state who will see the outcome data while the trial is ongoing, whether these individuals will remain blinded (masked) to study groups, and how the integrity of the trial implementation will be protected (eg, maintaining blinding) when any adaptations to the trial are made. A third of protocols for industry-initiated randomised trials receiving Danish ethics approval in 1994-95 stated that the sponsor had access to accumulating trial data, which can introduce potential bias due to competing interests. Finally, the protocol should specify who has the ultimate authority to stop or modify the trial—eg, the principal investigator, trial steering committee, or sponsor.

**Harms**

Item 22: Plans for collecting, assessing, reporting, and managing solicited and spontaneously reported adverse events and other unintended effects of trial interventions or trial conduct

**Explanation**

Evaluation of harms has a key role in monitoring the condition of participants during a trial and in enabling appropriate management of adverse events. Documentation of trial related adverse events also informs clinical practice and the conduct of ongoing and future studies. We use the term “harms” instead of “safety” to better reflect the negative effects of interventions. An adverse event refers to an untoward occurrence during the trial, which may or may not be causally related to the intervention or other aspects of trial participation. This definition includes unfavourable changes in symptoms, signs, laboratory values, or health conditions. In the context of clinical trials, it can be difficult to attribute causation for a given adverse event. An adverse effect is a type of adverse event that can be attributed to the intervention.

Harms can be specified as primary or secondary outcomes (item 12) or can be assessed as part of routine monitoring. To the extent possible, distinctions should be made between adverse events that are anticipated versus unanticipated, and solicited versus unsolicited, because expectation can influence the number and perceived severity of recorded events.
Example

"Secondary outcomes

... In our study an adverse event will be defined as any untoward medical occurrence in a subject without regard to the possibility of a causal relationship. Adverse events will be collected after the subject has provided consent and enrolled in the study. If a subject experiences an adverse event after the informed consent document is signed (entry) but the subject has not started to receive study intervention, the event will be reported as not related to study drug. All adverse events occurring after entry into the study and until hospital discharge will be recorded. An adverse event that meets the criteria for a serious adverse event (SAE) between study enrollment and hospital discharge will be reported to the local IRB (institutional review board) as an SAE. If haloperidol is discontinued as a result of an adverse event, study personnel will document the circumstances and data leading to a temporal relationship to the study drug, as well as whether the event is unexpected or unexplained.

... The study will monitor for the following movement-related adverse effects daily through patient examination and chart review: dystonia, akathisia, pseudoparkinsonism, akinesia, and neuroleptic malignant syndrome. Study personnel will use the Simpson-Angus [reference] and Barnes Akathisia examination and chart review: dystonia, akathisia, pseudoparkinsonism, akinesia, and neuroleptic malignant syndrome. Study personnel will use the Simpson-Angus [reference] and Barnes Akathisia [reference] scales to monitor movement-related effects.

... For secondary outcomes, binary measures, eg mortality and complications, logistic regression will be used to test the intervention effect, controlling for covariates when appropriate."

For example, providing statements in the informed consent process about the possibility of a particular adverse effect or using structured, as opposed to open ended, questionnaires for data collection, can increase the reporting of specific events ("priming"). The timeframe for recording adverse events can also affect the type of data obtained.

The protocol should describe the procedures for and frequency of harms data collection, the overall surveillance timeframe, any instruments to be used, and their validity and reliability, if known. Substantial discrepancies have been observed between protocol specified plans for adverse event collection and reporting, and what is described in final publications. Although trials are often not powered to detect important differences in rates of uncommon adverse events, it is also important to describe plans for data analysis, including formal hypothesis testing or descriptive statistics.

Finally, the protocol should address the reporting of harms to relevant groups (eg, sponsor, research ethics committee/institutional review board, data monitoring committee, regulatory agency), which is an important process that is subject to local regulation. Key considerations include the severity of the adverse event, determination of potential causality, and whether it represents an unexpected or anticipated event. For multicentre studies, procedures and timing should be outlined for central collection, evaluation, and reporting of pooled harms data.

Auditing

Item 23: Frequency and procedures for auditing trial conduct, if any, and whether the process will be independent from investigators and the sponsor

Explanation

Auditing involves periodic independent review of core trial processes and documents. It is distinct from routine day-to-day measures to promote data quality (Items 18a and 19). Auditing is intended to preserve the integrity of the trial by independently verifying a variety of processes and prompting corrective action if necessary. The processes reviewed can relate to participant enrolment, consent, eligibility, and allocation to study groups; adherence to trial interventions and policies to protect...
Participants, including reporting of harms (Item 22); and completeness, accuracy, and timelines of data collection. In addition, an audit can verify adherence to applicable policies such as the International Conference on Harmonisation Good Clinical Practice and regulatory agency guidelines.

In multicentre trials, auditing is usually considered both overall and for each recruiting centre. Audits can be done by exploring the trial dataset or performing site visits. Audits might be initially conducted across all sites, and subsequently conducted using a risk-based approach that focuses, for example, on sites that have the highest enrolment rates, large numbers of withdrawals, or atypical (low or high) numbers of reported adverse events.

If auditing is planned, the procedures and anticipated frequency should be outlined in the protocol, including a description of the personnel involved and their degree of independence from the trial investigators and sponsor. If procedures are further detailed elsewhere (eg, audit manual), then the protocol should reference where the full details can be obtained.

### Section 4: Ethics and dissemination

#### Research ethics approval

**Item 24: Plans for seeking research ethics committee/institutional review board (REC/IRB) approval**

**Example**

>`This protocol and the template informed consent forms contained in Appendix II will be reviewed and approved by the sponsor and the applicable IRBs/ECs (institutional review boards/ethical committees) with respect to scientific content and compliance with applicable research and human subjects regulations. . . . The protocol, site-specific informed consent forms (local language and English versions), participant education and recruitment materials, and other requested documents—and any subsequent modifications—will also be reviewed and approved by the ethical review bodies. Subsequent to initial review and approval, the responsible local Institutional Review Boards/Ethical Committees (IRBs/ECs) will review the protocol at least annually. The Investigator will make safety and progress reports to the IRBs/ECs at least annually and within three months of study termination or completion at his/her site. These reports will include the total number of participants enrolled . . . and summaries of each DSMB [data safety and monitoring board] review of safety and/or efficacy.”`

**Explanation**

A universal requirement for the ethical conduct of clinical research is the review and approval of the research protocol by qualified individuals who are not associated with the research team and have no disqualifying competing interests as reviewers. The review is typically conducted by a formal REC/IRB in accordance with jurisdictional policy. Despite the importance of ethics review, approval by a REC/IRB is not always obtained. Among 767 trials published in leading general medical journals from 1993-95, 37 authors (5%) disclosed that such approval had not been sought for their trials. The protocol should document where approval has been obtained, or outline plans to seek such approval.

#### Protocol amendments

**Item 25: Plans for communicating important protocol modifications (eg, changes to eligibility criteria, outcomes, analyses) to relevant parties (eg, investigators, REC/IRBs, trial participants, trial registries, journals, regulators)**

**Example**

>"13.10 Modification of the Protocol

Any modifications to the protocol which may impact on the conduct of the study, potential benefit of the patient or may affect patient safety, including changes of study objectives, study design, patient population, sample sizes, study procedures, or significant administrative aspects will require a formal amendment to the protocol. Such amendment will be agreed upon by BCIRG [Breast Cancer International Research Group] and Aventis, and approved by the Ethics Committee/IRB [institutional review board] prior to implementation and notified to the health authorities in accordance with local regulations.

Administrative changes of the protocol are minor corrections and/or clarifications that have no effect on the way the study is to be conducted. These administrative changes will be agreed upon by BCIRG and Aventis, and will be documented in a memorandum. The Ethics Committee/IRB may be notified of administrative changes at the discretion of BCIRG.”

**Explanation**

After initial ethics approval, about half of trials have subsequent protocol amendments submitted to the REC/IRB. While some amendments may be unavoidable, a study of pharmaceutical industry trials found that according to the sponsors, a third of amendments could have been prevented with greater attention to key issues during protocol development. Substantive amendments can generate challenges to data analysis and interpretation if they occur part-way through the trial (eg, changes in eligibility criteria), and can introduce bias if the changes are made based on the trial data. The implementation and communication of amendments are also burdensome and potentially costly.

Numerous studies have revealed substantive changes between prespecified methods (eg, as stated in approved protocols, registries, or regulatory agency submissions) and those described in trial publications, including changes to primary outcomes, sample size calculations, eligibility criteria, as well as methods of allocation concealment, blinding, and statistical analysis. These substantive modifications are rarely acknowledged in the final trial reports, providing an inaccurate impression of trial integrity.

It is important that substantive protocol amendments be reviewed by an independent party, such as the REC/IRB, and transparently described in trial reports. The notion of “substantive” is variably defined by authorities, but in general refers to a protocol amendment that can affect the safety of trial participants or the scientific validity, scope, or ethical rigour of the trial. To reflect the degree of oversight for the trial and adherence to applicable regulation, the protocol should describe the process for making amendments, including who will be responsible for the decision to amend the protocol and how substantive changes will be communicated to relevant stakeholders (eg, REC/IRBs, trial registries, regulatory agencies), Version
control using protocol identifiers and dates (Item 3), as well as a list of amendments, can help to track the history of amendments and identify the most recent protocol version.

**Consent or assent**

*Item 26a: Who will obtain informed consent or assent from potential trial participants or authorised surrogates, and how (see Item 32)*

### Example

> “. . . Trained Research Nurses will introduce the trial to patients who will be shown a video regarding the main aspects of the trial. Patients will also receive information sheets. Research Nurses will discuss the trial with patients in light of the information provided in the video and information sheets. Patients will then be able to have an informed discussion with the participating consultant. Research Nurses will obtain written consent from patients willing to participate in the trial. Information sheets and consent forms are provided for all parents involved in the trial; however these have been amended accordingly in order to provide separate information sheets and consent form [sic] which are suitable for children and teenagers. All information sheets, consent forms and the video transcript have been translated into Bengali, Punjabi, Gujarati, and Urdu.

### Explanation

The notion of acquiring informed consent involves the presentation of comprehensible information about the research to potential participants, confirmation that they understand the research, and assurance that their agreement to participate is voluntary. The process typically involves discussion between the potential participant and an individual knowledgeable about the research; the presentation of written material (eg, information leaflet or consent document); and the opportunity for potential participants to ask questions. Surveys of trial investigators reveal that appropriate informed consent is not always obtained.68 116 218 292 355-356

The content, quantity, and mode of delivery of consent information can affect trial recruitment, participant comprehension, anxiety, retention rates, and recruitment costs.68 116 218 292 355-356 We recommend that a model consent or assent form be provided as a protocol appendix (Item 32). Assent represents a minor’s affirmative agreement to participate in the trial, which typically involves signing a document that provides appropriate information about the study.

The protocol should include details of the consent process as well as the status, experience, and training (if applicable) of the research team members who will conduct it. In paediatric research, regulations may stipulate obtaining affirmative assent for participation from children above a certain age.754 The protocol should then describe how pertinent information will be provided to potential participants and how their understanding and assent will be ascertained. When potential participants lack decisional capacity for reasons other than young age (eg, mental status), and proxy consent can be obtained from a legally-authorised representative, the protocol should describe who will determine an individual’s decisional capacity, whether a formal capacity instrument will be utilised, and how the individual’s informed agreement to continue participation will be secured should they regain decisional capacity. For certain trials, such as cluster randomised trials, it may not be possible to acquire individual informed consent from participants before randomisation, and the consent process may be modified or waived. An explanation should be provided in the protocol in these instances.757

**Consent or assent—ancillary studies**

*Item 26b: Additional consent provisions for collection and use of participant data and biological specimens in ancillary studies, if applicable*

### Example

> “6.4.1. Samples for Biorepositories

Additional biological samples will be obtained to be stored for use in future studies of the pathobiology of FSGS [local segmental glomerulosclerosis]. A materials consent will be obtained to specifically address the collection of these . . . urine, serum and plasma specimens . . .

### 14.3.4. Instructions for Preparation of Requests for an Ancillary Study

> . . . A signed consent must be obtained from every participant in the ancillary study, if the data collection/request is not covered in the original informed consent process for the main FSGS Clinical Trial.

A copy of the IRB [institutional review board] letter for the ancillary study should be sent to the DCC [data coordinating centre]. If a separate consent form is required for the ancillary study, a copy of the signed ancillary study consent form for each study participant must be included in the FSGS-CT [clinical trial] record. A data file tracking all signed ancillary consent forms must be maintained by the ancillary study and an electronic copy of that file must be delivered to the FSGS-CT DCC.”757

### Explanation

Ancillary studies involve the collection or derivation of data for purposes that are separate from the main trial. The acquisition and storage of data and biological specimens for ancillary studies is increasingly common in the context of clinical trials (Item 33). Specimens may be used for a specified subset of studies or for submission to biorepositories for future specified or unspecified research.

Ancillary studies have additional processes and considerations relating to consent, which should be detailed in the protocol. Guidance for the creation of a simplified informed consent document for biobanking is available.758 Participants can be given several options to consider with respect to their participation in ancillary research: consent for the use of their data and specimens in specified protocols; consent for use in future research unrelated to the clinical condition under study; consent for submission to an unrelated biorepository; and consent to be contacted by trial investigators for further informational and consent-related purposes. This is commonly referred to as tiered consent. Participants should also be informed about whether their withdrawal from the ancillary research is possible (eg, the data and specimens are coded and identifiable); what withdrawal means in this context (eg, used specimens and data derived from them cannot be withdrawn); and what information derived from the specimen related research will be provided to them, if any.
Confidentiality

Item 27: How personal information about potential and enrolled participants will be collected, shared, and maintained in order to protect confidentiality before, during, and after the trial

Example

"8.5 Confidentiality
All study-related information will be stored securely at the study site. All participant information will be stored in locked file cabinets in areas with limited access. All laboratory specimens, reports, data collection, process, and administrative forms will be identified by a coded ID [identification] number only to maintain participant confidentiality. All records that contain names or other personal identifiers, such as locator forms and informed consent forms, will be stored separately from study records identified by code number. All local databases will be secured with password-protected access systems. Forms, lists, logbooks, appointment books, and any other listings that link participant ID numbers to other identifying information will be stored in a separate, locked file in an area with limited access.

All HIV test results will be kept strictly confidential, all counseling and blood draws will be conducted in private rooms, and study staff will be required to sign agreements to preserve the confidentiality of all participants. Study staff will never inform network members of the serostatus of other members of their group, but counselors will provide general messages about the prevalence of HIV in the study population in the interests of emphasizing harm reduction.

Participants’ study information will not be released outside of the study without the written permission of the participant, except as necessary for monitoring by NIAID [National Institute of Allergy and Infectious Diseases] and/or its contractors . . . and for scientific and publishing activities. [Note: NIAID (National Institute of Allergy and Infectious Diseases) changed its policy in 2022 to require consent for data sharing.] Participating investigators who have declared competing interests, [Note: Participating investigators who have declared competing interests, except as necessary for monitoring by NIAID (National Institute of Allergy and Infectious Diseases) and/or its contractors, will not be disqualified from participating in the study.] . . . and US or m-country government and regulatory authorities." *559

Explanation

Personal information about participants is acquired during the process of trial recruitment, eligibility screening, and data collection. Much of this information consists of private details over which people customarily wish to maintain control, such as their health status, personal genotype, and social and family history.

The protocol should describe the means whereby personal information is collected, kept secure, and maintained. In general, this involves: 1) the creation of coded, depersonalised data where the participant’s identifying information is replaced by an unrelated sequence of characters; 2) secure maintenance of the data and the linking code in separate locations using encrypted digital files within password protected folders and storage media; and 3) limiting access to the minimum number of individuals necessary for quality control, audit, and analysis. The protocol should also describe how the confidentiality of data will be preserved when the data are transmitted to sponsors and coinvestigators (eg, virtual private network internet transmission).

Declaration of interests

Item 28: Financial and other competing interests for principal investigators for the overall trial and each study site

Example

"PS:
1. Was the Principal Investigator of the second International Stroke Trial (IST-2) to evaluate a neuroprotective compound (619c89) . . .
2. Has received lecture fees and travel expenses from Bayer and from Boehringer Ingelheim for lectures given at international conferences.
3. He serves on the Independent Data Monitoring and Safety Board of the RELY trial, funded by Boehringer Ingelheim and receives attendance fees and travel expenses for attending board meetings.
4. He does not have any paid consultancies with pharmaceutical companies, and is not a member of the Speaker’s Panel of any company.
5. Received an honorarium for a lecture from Boehringer Ingelheim and had costs for participating in scientific meetings reimbursed." *144

Explanation

Competing interests, or conflicts of interest, exist when there is potential for divergence between an individual’s or institution’s private interests and their responsibilities to scientific and publishing activities. More positive outcomes, larger treatment effect sizes, and more favourable interpretation of results have been found in clinical trials with pharmaceutical industry sponsorship (Item 4) and investigators who have declared competing interests, compared to those without such interests. Although competing interests are most often associated with drug and device industries, they may exist with support from or affiliation with government agencies, charities, not for profit organisations, and professional and civic organisations.

Competing interests do not in themselves imply wrongdoing. Their disclosure and regular updating enables appropriate management plans to be developed and implemented, and facilitates transparent assessment of the potential for bias.

Many trials and non-industry sponsors have a conflict of interest policy for their investigators, and checklists are available to guide potential interests that should be disclosed and regularly updated by trial investigators. Types of financial ties include salary support or grants; ownership of stock or options; honorariums (eg, for advice, authorship, or public speaking); paid consultancy or service on advisory boards and medical education companies; and receipt of patents or patents pending. Non-financial competing interests include academic commitments; personal or professional relationships; and political, religious, or other affiliations with special interests or advocacy positions.

Access to data

Item 29: Statement of who will have access to the final trial dataset, and disclosure of contractual agreements that limit such access for investigators

Explanation

The validity of results from interventional trials can be verified only by individuals who have full access to the complete final dataset. For some multicentre trials, only
the steering group has access to the full trial dataset in order to ensure that the overall results are not disclosed by an individual study site prior to the main publication. Many of these trials will allow site investigators to access the full dataset if a formal request describing their plans is approved by the steering group. The World Medical Association supports the principle that trial investigators retain the right to access data. However, among protocols of industry initiated randomised trials published in 2008–9 in the Lancet or approved in 2004 by a Danish ethics committee, 30–39% stated that the sponsor owned the data while 0–3% stated that principal investigators had access to all trial data. Similar constraints were found in Danish trial protocols from 1994–5.

The protocol should identify the individuals involved in the trial who will have access to the full dataset. Any restrictions in access for trial investigators should also be explicitly described.

Ancillary and post-trial care

**Item 30:** Provisions, if any, for ancillary and post-trial care, and for compensation to those who suffer harm from trial participation

**Explanation**

The provision of ancillary care refers to the provision of care beyond that immediately required for the proper and safe conduct of the trial, and the treatment of immediate adverse events related to trial procedures. It is generally agreed that trial sponsors and investigators should plan to provide care for participants’ healthcare needs that arise as a direct consequence of trial participation (eg, intervention related harms). It is also important to consider whether care should be provided for certain ancillary needs that may otherwise arise during trial participation. Provision of care for ancillary needs reflects the fact that participants implicitly, but unavoidably, entrust certain aspects of their health to the research team. The scope of entrustment will vary depending on the nature of the trial (eg, setting, health condition under study, investigations performed). Additional factors that influence the strength of the claim to ancillary care include participants’ vulnerabilities; uncompensated burdens and harms; the intensity and duration of the participant-researcher relationship; and the degree to which participants are uniquely dependent on the research team for health care. The Declaration of Helsinki states that “the protocol should describe arrangements for post-study access by study participants to interventions identified as beneficial in the study or access to other appropriate care or benefits.” This principle is particularly applicable—and controversial—when research enabling the development and regulatory approval of interventions is performed in countries where subsequent access to the interventions is limited by cost or lack of availability.

The protocol should describe any plans to provide or pay for ancillary care during the trial and identify any interventions, benefits, or other care that the sponsor will continue to provide to participants and host communities after the trial is completed. Any plans to compensate participants for trial related harms should also be outlined.

**Dissemination policy—trial results**

**Item 31a:** Plans for investigators and sponsor to communicate trial results to participants, healthcare professionals, the public, and other relevant groups (eg, via publication, reporting in results databases, or other data sharing arrangements), including any publication restrictions

**Explanation**

A fundamental ethical principle in clinical trials is that the potential risks incurred by study participants should be balanced by the benefit of contributing to publicly available knowledge. Unfortunately, about half of...
RESEARCH METHODS AND REPORTING

Example

**XII. Publication Policy**

The Publications subcommittee will review all publications following the guidelines given below and report its recommendations to the Steering Committee.

A. Data analysis and release of results

The scientific integrity of the project requires that the data from all BEST (Beta-Blocker Evaluation of Survival Trial) sites be analyzed study-wide and reported as such. Thus, an individual center is not expected to report the data collected from its center alone. All presentations and publications are expected to protect the integrity of the major objective(s) of the study; data that break the blind will not be presented prior to the release of mainline results. Recommendations as to the timing of presentation of such endpoint data and the meetings at which they might be presented will be given by the Steering Committee.

B. Review process

Each paper or abstract, as described below, must be submitted to the appropriate Subcommittee for review of its appropriateness and scientific merit prior to submission. The Subcommittee may recommend changes to the authors and will finally submit its recommendations to the Steering Committee for approval.

C. Primary outcome papers

The primary outcome papers of BEST are papers that present outcome data. The determination of whether or not a particular analysis represents a primary outcome will be made by the Steering Committee on the recommendation of the Publications Subcommittee.

D. Other study papers, abstracts and presentations

All studies other than those designated as "Primary Outcome" fall within this category. All papers and abstracts must be approved by the Publications Committee before they are submitted. It is possible that in certain instances BEST may be asked to contribute papers to workshops, symposia, volumes, etc. The individuals to work on such requests should be appointed by the Executive Committee, but where time permits, a proposal will be circulated soliciting other participants as in the case of other study papers as described in the Application Review Process.

A. Interim

Every attempt will be made to reduce to an absolute minimum the interval between the completion of data collection and the release of the study results. We expect to take about 3 to 4 months to compile the final results paper for an appropriate journal.

B. Reporting of study results

The study results will be released to the participating physicians, referring physicians, patients and the general medical community.

Furthermore, any conditions relating to the investigators’ right to publish or present trial results should be explicitly described. Publication restrictions have been imposed by various groups, including industry sponsors or the trial steering group (eg, to maintain the integrity of the overall dataset). These restrictions are sometimes not described in the protocol but rather in separate publication agreements. However, as they can interfere with the ethical responsibility of investigators and sponsors to disseminate trial results in an unbiased and timely manner, any restrictions should be disclosed in the protocol for review by REC/IRBs, funders, and other stakeholders. A review of industry initiated randomized trial protocols approved in Denmark in 1994-95 revealed that 91% had publication restrictions imposed by sponsors; similar constraints were noted for protocols approved in 2004.

**Dissemination policy—authorship**

**Item 31b: Authorship eligibility guidelines and any intended use of professional writers**

Example

**17.4. Assignment of Writing Committees**

Topics suggested for presentation or publication will be circulated to the PI (principal investigators) of the CCCs (core coordinating centers), the DCC (data coordinating centre), Core Lab and the NIH (National Institutes of Health). These groups are requested to suggest and justify names for authors to be reviewed by the PC (publications committee). If a topic is suggested by a participant of the FSGS-CT (focal segmental glomerulosclerosis—clinical trial), the writing committee will be formed as just described except that the person making the suggestion may be considered as the lead author. The PI of an ancillary study should be considered for lead author of material derived from this study. Disputes regarding authorship will be settled by the Study Chair after consultation with the Chair of the PC.

**17.5. Reports of the FSGS-CT: Classes of Reports**

There are three classes of reports of the FSGS-CT:

A. Reports of the major outcomes of the Study.

B. Reports addressing in detail one aspect of the FSGS-CT, but in which the data are derived from the entire study.

C. Reports of data derived from a subset of centers by members of the FSGS-CT, (eg, sub-studies or ancillary studies), or reports of investigations initiated outside of the FSGS-CT, but using data or samples collected by the FSGS-CT.

**17.6. Authorship Policy**

The authors of FSGS publications will be listed as detailed below.

- **Type A publications:**
  - abstracts: from the FSGS Clinical Trial Group, presented by XXXX.
  - papers: from the FSGS Clinical Trial Group, prepared by XXXX.
  - The FSGS participant box, detailed below, must be included in these papers. If a journal’s publication policy does not allow authorship by a group, the authors will be listed first as in Type B publications.

- **Type B publications:**
  - XXXX.

**17.7. Authorship: Professional Participants Listing in the FSGS Participant Box**

The FSGS participant box will list all professionals that have participated in the FSGS-CT for a minimum of one year.
Explanation
Substantive contributions to the design, conduct, interpretation, and reporting of a clinical trial are recognised through the granting of authorship on the final trial report. Authorship guidelines in the protocol are intended to help enhance transparency and avoid disputes or misunderstanding after trial completion. These guidelines should define criteria for individually named authors or group authorship. Individuals who fulfill authorship criteria should not remain hidden (ghost authorship) and should have final authority over manuscript content. Similarly, those who do not fulfill such criteria should not be granted authorship (guest authorship).

The International Committee of Medical Journal Editors has defined authorship criteria for manuscripts submitted for publication, although these criteria have reportedly been open to abuse. If some protocol authors are not named authors of subsequent publications, their role in protocol design should at least be acknowledged in the published report. Among 44 protocols of industry-initiated trials, 75% had evidence of ghost authorship when compared with corresponding journal publications.

Professional medical writers are sometimes hired to improve clarity and structure in a trial report, and guidelines for ethical collaborative writing have been developed. Because the drafting of text can influence how the study results and conclusions are portrayed, plans for the employment of writers and their funding source should be acknowledged in both protocols and trial reports.

Dissemination policy—reproducible research
Item 31c: Plans, if any, for granting public access to the full protocol, participant-level dataset, and statistical code

Example
"Data sharing statement No later than 3 years after the collection of the 1-year post-randomisation interviews, we will deliver a completely deidentified data set to an appropriate data archive for sharing purposes."

Avenues for providing access to full protocols include journals, trial websites, and trial registries. Several journals and funders support the sharing of participant level data, while others routinely publish a statement regarding sharing of protocols, statistical codes, and datasets for all of their published research articles.

The protocol should indicate whether the trial protocol, full study report, anonymised participant level dataset, and statistical code for generating the results will be made publicly available; and if so, describe the timeframe and any other conditions for access.

Section 5: Appendices

Informed consent materials
Item 32: Model consent form and other related documentation given to participants and authorised surrogates

Example
"APPENDIX 7 SAMPLE PATIENT INFORMED CONSENT
Note: ... Each Ethics Committee or Institutional Review Board will revise and adapt according to their own institution’s guidelines.
MULTICENTER PHASE III RANDOMIZED TRIAL COMPARING DOXORUBICIN AND CYCLOPHOSPHAMIDE...
Study number: BCIRG 006 (TAX GMA 302)
Investigator name:
Address:
Consent Form:
This consent form is part of the informed consent process. It is designed to give you an idea of what this research study is about and what will happen to you if you choose to be in the study..."

Explanation
The Declaration of Helsinki states that each potential trial participant must normally, at a minimum, be adequately informed about the purpose of the trial; potential benefits and risks; their right to refuse participation or to withdraw consent at any time; institutional affiliation and potential competing interests of the researcher; and sources of trial funding. There are rare exceptions where deferred consent can be acceptable, such as trials involving unconscious patients in emergency situations.

Special attention is required to ensure that relevant information is provided and appropriate modes of delivery are used during the consent process (Item 26). Consent and participant information forms are often written at a much higher reading level than is acceptable for the general population. Depending on the nature of the trial, several different consent documents may be needed. For example, a paediatric trial may involve both parental permission and participant assent documents. For multicentre trials, a model or sample document is typically drafted for distribution to local investigators, who may then revise the document to comply with local requirements.

Biological specimens
Item 33: Plans for collection, laboratory evaluation, and storage of biological specimens for genetic or molecular analysis in the current trial and for future use in ancillary studies, if applicable
Methods

3.1 Because the original model consent form did not specifically address genetic studies, participants will be asked to sign an additional consent form to document their consent to the collection and submission of additional blood samples for storage and future testing (including genetic analysis).

3.2 Institutions will be asked to submit additional materials from participants who consent to the additional blood collection. The blood is to be collected, processed, and shipped as described in the PCPT Study Manual.

3.3 NCI-Frederick Cancer Research Development Center (FCRDC) in Frederick, Maryland will serve as the processing, aliquotting and storage facility.

3.4 Upon arrival at FCRDC the blood will be pooled and centrifuged. Plasma will be separated into 5 x 1.8 ml aliquots and frozen…

3.5 All samples will be logged in and aliquots will be bar coded with a unique storage ID. These data will be electronically transmitted to the Statistical Center for verification.

3.6 The scientists who will carry out analyses on these materials will not have access to personal identifiers and will not be able to link the results of these tests to personal identifier information. No individual results will be presented in publications or other reports.

3.7 Participants will not be informed on an individual basis of any results from these studies…

Sample analysis

4.1 Investigators planning to submit NIH [National Institutes of Health] grant applications must obtain approval for their study and specimen access from the PCPT Serum and Tissue Utilization Committee before submission of a grant proposal. Potential investigators will be required to submit a brief abstract and 1-4 page outline… This proposal will be circulated for review to members of the PCPT Serum and Tissue Utilization Committee and two ad hoc members having relevant expertise.

4.2 It is anticipated that proposals will be reviewed once a year… Approval by this group as well as appropriate Institutional Review Board approval from the investigator’s institution will be required before release of samples.”

Discussion

It is critical that every clinical trial has a complete and transparent protocol, which can then facilitate trial conduct and appraisal by communicating relevant information to key stakeholders. In response to observed deficiencies in protocol content, the SPIRIT Initiative has produced recommendations for minimum protocol items to include in a protocol, published in the form of the SPIRIT 2013 Statement and this Explanation and Elaboration (E&E) paper.14 The strengths that distinguish SPIRIT from other protocol guidance documents include its systematic and transparent development methods; participation of a wide range of key stakeholders; use of empirical evidence to support its recommendations; and availability of detailed guidance including model examples from protocols.

The overall aim of SPIRIT is to improve the completeness and transparency of trial protocols. The SPIRIT documents can serve as a practical resource for trial investigators and personnel to draft and understand the key elements of a protocol. In doing so, our vision is that the SPIRIT 2013 Statement and E&E paper will also facilitate and expedite the review of protocols by research ethics committees/institutional review boards, scientific review groups, and funders—for example, by reducing the number of avoidable queries to trial investigators regarding missing or unclear protocol information during the review process. Furthermore, improved protocol content would help facilitate the critical appraisal of final trial reports and results.

Finally, several SPIRIT items correspond to items on the CONSORT 2010 checklist (Consolidated Standards of Reporting Trials),15 which should facilitate the transition from the protocol to the final study report.

The next steps for the SPIRIT Initiative include an implementation strategy to encourage uptake of the SPIRIT 2013 Statement. The SPIRIT website (www.spirit-statement.org) will provide the latest resources and information on the initiative, including a list of supporters. We invite stakeholders to assist in the evaluation of the SPIRIT Statement and E&E paper by using the documents and providing feedback to inform future revisions. Through widespread uptake and support, the potential to improve the completeness and quality of trial protocols, as well as the efficiency of their review, can be fully realised.

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RESEARCH METHODS AND REPORTING


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