

weighed against those of chemoprophylaxis. Mayon-White has recently compiled the evidence and produced a coherent policy for using pneumococcal vaccine; his proposed indications are patients aged 55-70 with diabetes or chronic disease of the heart, lung, or liver and those aged 2-70 years with chronic renal disease, sickle cell disease, or asplenia.²² Only its usefulness in patients with chronic lung disease could be questioned.¹⁶

The vaccine does not deserve to be ignored, and the cautious start advocated by Mayon-White is overdue. Official guidance would be helpful, but none of the polysaccharide vaccines is mentioned in the useful guide to vaccines now available from the Department of Health.²³

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The roots of violence

No easily identified causes

Violence once again commands the news headlines. But violence may mean so many things: the riots of the deprived inner cities, rural rowdiness in small country towns, or the vulgar patriotism of English football fans away from home. Or violence may be implanted in the home as child abuse, or it may be sexual assaults, racial attacks, purse snatches, bank robberies, terrorism, or warfare. There is also much death and injury on the roads, although curiously we do not think of this as violence. Obviously such a widely expressed human difficulty can have no single cause.

It is a common medical practice before attempting a diagnosis to take a history. According to popular wisdom, Britain's pulse is racing with an acute disorder—something with an onset "20 or 30 years ago" or "since the war," a symptom of "permissiveness," moral decline, the break up of family life, and weakened respect for authority. But actual history does not support this nostalgic perception. The interwar years already knew these same complaints, and people were as convinced as people are today that they faced a new problem with crime and violence. And both the problem and the complaint were already well rehearsed in late Victorian and Edwardian England.¹ The word "hooliganism" is of Victorian origin and described violent gangs of youths who fought pitched battles among themselves and with the police in the late 1890s in the slums of London.

Another timeless complaint condemns alcohol as the cause of violence, but it does not explain even a limited form of violence such as football hooliganism.² Unemployment is also seen as a cause of violence, but, although there are established links between unemployment and other difficulties such as ill health, drug misuse, and the size of the prison population,^{3,8} unemployment cannot in itself account for violence. Indeed, another view is that "affluence" causes violent misbehaviour: this argument has been advanced not only against the "rural rowdies" of the 1980s but also against the teddy boys of the 1950s; and even Queen Victoria's original hooligans were blamed in some quarters on "too much pocket money."¹

The search for causes of violence has frustrated social scientists, and criminologists have turned away from a preoccupation with what makes offenders "tick" towards a concern with the victims of crime.⁹ If crime cannot be easily curbed then it may be better to study how its effects might be ameliorated by looking at what it does to victims and communities.

Victim surveys, such as the British crime survey conducted by the Home Office Research and Planning Unit, have already laid several myths about crime and violence.^{10 11} It is often imagined, for example, that the elderly are the most likely victims of personal violence, but the most likely victims are in fact men under 29, particularly if they go out regularly in the evenings. Nor is this simply because the elderly spend less time out of doors: even when activity rates are controlled the elderly are significantly less at risk of a range of violent crimes.¹² Nevertheless, the fear of crime remains extremely high among the elderly, suggesting that better public education and reassurance are required.

Another striking finding from the British crime survey is that crime is more of a problem for the most disadvantaged sections of the population.¹¹ It is the poorest council estates and racially mixed areas that suffer most crime and violence. Robin Hood theories of crime simply will not wash. Finally, all measures of violence—whether official crime statistics or victim surveys—seriously underestimate domestic violence, whether against women or children. Women are probably more likely to be the victims of assault than men if domestic violence is included, but this is often not the case.^{13 14}

Doctors are not the leading agency for dealing with victims of crime, and they might do best to refer victims to a local victim support group. In accident and emergency units, where the most serious injuries will be encountered, there is a case for staff to be available who are trained and experienced in handling complex interpersonal and domestic disputes. We have begun to learn the importance of effective interagency and interprofessional working in child abuse. The principle

may need extending to other types of violence, although we should not forget the difficulties commonly experienced in multiagency work.¹⁵

What is needed above all is a sense of perspective and realism. Most physical harm is sustained through household accidents, industrial injuries, and road accidents. Violent crime is no more than 5% of all serious crime. That the recorded incidence of violence is on the increase may show not that society is falling apart but rather that we live in an increasingly orderly society that tolerates criminal injury far less than in the uncivilised past.

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Supporting victims of violent crime

Doctors should make links with victim support schemes

More than three quarters of victims of violent crimes who attend accident and emergency departments are not recorded in the crime statistics kept by the police.¹ The British crime surveys have confirmed the magnitude of unrecorded crime,^{2,3} though medical data may show more accurately the incidence of severe injury resulting from domestic and street violence. Doctors have a responsibility to help these victims of crime get the support they sometimes urgently need, and the best way may be to put them in touch with the many victim support schemes.

The British crime surveys were initiated principally because of an increasing awareness of the inadequacy of Home Office data on crime. The survey interviews one person over the age of 16 in each of 11 000 randomly selected households in England and Wales and 5000 in Scotland and records crimes committed during the previous 12 months. Though the surveys depend on respondents reporting offences and therefore still tend to undercount crimes, they have shown that police crime statistics included only 23% of woundings, 11% of robberies, and 26% of sexual offences.³

The principal agencies in Britain for supporting victims of crime are the victim support schemes, which rely heavily on the police for referrals. In 1986 only 4% of schemes regularly received referrals from other sources.⁴ The first scheme was established in Bristol in 1974, and by December 1987 there were 350 schemes. A central advisory body, the National Association of Victim Support Schemes, was formed in 1979, and in 1987 a government grant of £9m enabled individual schemes to appoint paid coordinators. These developments, a Council of Europe recommendation,⁵ and a United Nations declaration⁶ all reflect increasing concern for victims of crime. Though some schemes are closely associated with the probation service and the police, independence and confidentiality are highly valued.

In addition to medical treatment victims need emotional support and reassurance not available from other sources such as the family; information about compensation; help with approaches to the Criminal Injuries Compensation Board, social services, crime prevention officers, and legal advice centres; and practical help to repair or recover property after robbery.⁴ The resources of the support schemes may not be available to victims of assault who seek treatment of physical injuries simply because there are few or no links between the schemes and either hospitals or general practices. Doctors are

often ignorant of wider sources of support, and there may be little time to discuss or initiate this support as most victims are outpatients and most assaults occur late at night and at weekends.⁷ Accident and emergency departments and general practices should therefore forge links with victim support schemes.

Though the incidence and duration of psychiatric distress after assault and robbery is not clear, there is growing evidence that this is an important problem.⁸ Criminologists and psychiatrists have begun to look at the psychiatric distress that follows assault, and it seems particularly common after assaults at work and after those that result in loss of earnings.⁹ A recent study found that anger, difficulty in sleeping, uneasiness, confusion, fear, shivering, inability to perform ordinary tasks, and loss of interest were experienced by more than 40% of victims after robbery or assault.⁴ Conversely, many victims clearly suffer little distress and cope well with help from family and friends.¹⁰

Some victims of assault who attend accident and emergency departments will suffer some psychiatric disorder and will need specialist assessment and care.^{9,11} The serious psychiatric sequelae of rape are well described, and psychiatric services have been developed to deal with them. Similar services should be made available to assault victims, though research is necessary to clarify how best to deliver them.

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