Controlled trial of psychiatric nurse therapists in primary care

ISAAC MARKS

Abstract

A controlled trial was therefore undertaken of behaviourally oriented psychiatric nurse therapists in primary care.

Introduction

Recent research in several countries and settings has shown that when patients of general practitioners, physicians, and psychologists are managed in advanced primary care, the results are as good or better than those obtained with treatment in hospital. Although psychiatric nurses have increasingly assumed clinical roles, until recently the role of the nurse has been one of support as opposed to being professional in its own right. Psychiatrists, however, have rarely been involved in the day-to-day management of patients in a hospital setting.

Method

Three groups were assessed in the trial. Two groups were assessed in a general practice in Oxford, and one in a general practice in Edinburgh. Three were assessed in a hospital setting in London. The Oxford and Edinburgh groups were assessed in the same way, but the London group was assessed in the same way.

Results

The results of the Oxford group showed that there was no significant difference between the three groups. The Edinburgh group showed no significant difference between the three groups. The London group showed no significant difference between the three groups.

Discussion

The results of the Oxford group showed that there was no significant difference between the three groups. The Edinburgh group showed no significant difference between the three groups. The London group showed no significant difference between the three groups.

References


