Practice Research

Well man clinic in general practice

G N MARSH, C CHEW

Abstract

The establishment of a well man clinic run by a number of general practitioners was described. The clinic was attended by men who showed no previously undiagnosed disease. Effects were good and no serious adverse reactions were noted. The clinic was a useful way of providing screening for a group of men who were not attending for other reasons. The early detection of diseases was not always possible and required a more widespread screening programme. The clinic was a useful tool in the early detection of diseases.

Methods and results

Discussion within the primary health care team on management strategies was of very great importance in controlling and preventing disease. Where the team was well informed and co-ordinated, there were fewer problems and increased patient compliance. This was illustrated by the well man clinic. The importance of patient education and compliance with treatment regimens was emphasized. The clinic was a useful tool in the early detection of diseases.

References


