Correspondents are asked to be brief

Specialist Training in Medicine

Sin,—I would be most grateful to use your correspondence columns to make a report on the progress of the approval of training posts for higher specialist training in Scotland.

We now have had a considerable number of applications for visits to training posts. Some visits have already been made and it is hoped to make an intensive effort in the first half of 1974. In the meantime (23 June, 1973, p. 724) it was made clear that posts suitable for general professional training would not be visited by the Joint Committee on Higher Medical Training. These posts are being dealt with in Scotland by the Scottish Council for Postgraduate Medical Education and in England, Wales, and Northern Ireland by the Royal College of Physicians of London. We realize that there is still some misunderstanding about the difference between the two kinds of post. Recognition of posts for higher medical training will usually be made at senior registrar level. The numbers of these posts are from the spectrum of a 32-Registrar level. The numbers of these posts are from the spectrum of a 32-of Health to the anticipated number of consultant vacancies, but a small number of registrar posts may be considered for recognition, provided that the training programme available meets the necessary requirements for the specialty as described in the Joint Committee’s first report published in October 1972.—I am, etc.,

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Screening for Cervical Cancer

Sin,—I read with considerable anticipation and interest your leading article on the “Uncertainties of Cervical Cytology” (1 December, p. 3011) but came to the conclusion that it was out of date.

Most gynaecologists and cytologists now agree that screening for in situ cervical carcinoma can lower the rate of invasive disease.1,2 Eventually there will be a mortality advantage.3 Professor E. G. Knox in his paper “The Epidemiologists”4 described his computer simulations and found that screening programmes are worthwhile. Surely the fall in the standardized mortality rates from cancer of the cervix at ages 45-64 years since 1965, reported recently from British Columbia,5 is what would be expected if screening is effective?

The fall in incidence of this disease reported from Aberdeen6 continues and there has been a fall in mortality rate,7 which is three times greater than the average fall reported in England and Wales. This fall is mainly attributed to the removal of the cases of micro-invasive preclinical cancers rather than to the removal of carcinoma-in-situ which, because of its slow progression, will affect the death rates only later. There is certainly no “increasing tendency for total hysterectomy to replace cone-biopsies as therapy” in this region.

Well-organized screening which covers all social groups on a systematic basis and does not rely only on the women asking for the test is difficult to organize, but it can be done;8 the fact that the ensuing fall in incidence and mortality follows so naturally strongly suggests that its systematic use is the main causal factor.—I am, etc.,

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Haemophilus influenzae Apparently Resistant to Trimethoprim

SIR,—We have read with interest the correspondence from Dr. S. R. M. Bushby (7 July, p. 50) and Professor J. R. May and Mrs. Judith Davies (18 August, p. 407). We believe that we have isolated a strain of Haemophilus influenzae resistant to trimethoprim in this laboratory. It was isolated from the sputum of a 32-year-old woman with a 16-year history of bronchichrasis who had received treatment with co-trimoxazole from 1970 until August this year, when treatment was stopped because of lack of response.

Sensitivity tests were performed using Wellcome Sensitivity chocolate agar with four sensitivity discs—one produced by Roche Products Ltd. (co-trimoxazole 2.5 μg) and three made in this laboratory (co-trimoxazole 2.5 μg, trimethoprim 1.25 μg, and sulphamethoxazole 23.75 μg). A minimum inhibitory concentration of more than 50 μg of trimethoprim/ml was obtained by the method described by Ericsson and Sherris9 and the micro-organism was still viable after three subcultures at this concentration.

So far we have tested 180 Haemophilus spp. for resistance to trimethoprim and have found three types—the one already described, which Dr. Bushby has kindly offered to examine, and three strains (isolated more than once) which were resistant to the disc test and had M.I.C.s with long training endpoints as first described by Professor May and Mrs. Davies (12 August 1972, p. 376). The remaining strains were sensitive.—We are, etc.,

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Chemotherapy of Disseminated Malignant Tumours

SIR,—Price and Goldie1 reported encouraging results in the treatment of various disseminated solid malignant tumours with multiple antitumour drugs. Complete or partial tumour regression was observed in 20 of their 40 patients, including three out of five with lung carcinoma.

We have now treated 17 patients with bronchial carcinoma in the Dundee Chest Service with schedule I of this regimen, using cyclophosphamide, fluorouracil, actinomycin D, vincristine, methotrexate and cytosine arabinoside. The diagnosis was confirmed histologically in 14 patients. In the remaining three the clinical and x-ray findings and progress were in keeping with disseminated malignant disease. The histology of the tumours was as follows: oat cell, 5; poorly differentiated or anaplastic, 5; adenocarcinoma, 2; and squamous cell, 2. In all but one of these patients there was evidence of dissemination of tumour. Four patients had had previous intravenous cyclophosphamide to a total of 4 g. in each case. One had had additional oral cyclophosphamide for three months. Six patients had had previous radical but conventional radiotherapy. The number of treatments with the multiple cytotoxic regimen varied in individual cases from one to five, average two. In one patient mustine was substituted for cyclophosphamide but this was the only deviation from the prescribed regimen.

At the time of writing there are only three survivors, who started treatment four, five, and six months ago respectively. In the remaining 14 cases the average time from first treatment to death was 2½ months. In only one patient was there good evidence of clinical improvement (reduction in size of skin nodules). Ignoring fluctuating changes in chest radiographs there has been no evidence of radiological improvement. In keeping with the original report, the regimen has been well tolerated, the only side effects noted by our patients being significant alopecia in two cases (both in women) and vomiting in only one. Peripheral blood examination including leucocyte and platelet counts at two weeks after treatment commonly showed some leucopenia, but no serious blood dyscrasia was recorded.