the mother have a rash, fever, adenitis, or arthralgia. A second blood sample was tested in parallel with the first after 10 days. The two showed the same somewhat high level of haemagglutination inhibiting antibodies.² (There was a two-fold reduction in the titre of the first serum after treatment with 2-mercaptoethanol for the removal of IgM antibodies.³) In the absence of any rise in titre a complement fixation test was done. The result was a two-fold rise in titre—not in itself diagnostic, but the actual level of complement fixing antibodies was relatively high (1/64 and 1/128). These results were interpreted to mean that the patient had “recently been infected with the rubella virus.” The pregnancy was terminated. Rubella virus was grown from the lung, kidney, and placenta of the products of conception.

When a pregnant woman thought to have been in contact with rubella has no antibodies there is no question of what to do next. When antibodies are found, indicating infection at some time, a problem may arise. This cannot be settled by determining their actual level in a single specimen. There is no absolute figure which is diagnostic of an infection just acquired—not even within a single laboratory using the same method day-by-day, with the utmost care to be consistent. There is variation in the individual immune response to infection and also in the biological materials used in the test for the antibodies which are produced. Therefore the titre of a serum must be considered in the light of the circumstances of the case in order to decide whether the infection may be recent. If so a crisis arises. The case described here shows what may be done to resolve it.—I am, etc.,

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- 1 Dudgeon, J. A., *British Medical Bulletin*, 1969, 25, 159.
- 2 Stewart, G. L., et al., *New England Journal of Medicine*, 1967, 276, 554.
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Duodenogastric Reflux and Pyloric Surgery

SIR,—One of the unfortunate aspects of this debate is that pyloric reflux and gastric retention have been proposed as opposing theories in the aetiology of gastric ulcer, whereas they are probably both features of the same underlying pathology. As Mr. H. W. Burge points out (11 November, p. 360), duodenal and pyloric channel disease could give rise to both and, in the presence of a normal pylorus, the antroduodenal motility patterns that are associated with reflux¹ would also tend to delay gastric emptying. The length of time that refluxed duodenal juice remains in the stomach may determine the degree of mucosal damage. It must also be remembered that there are three types of gastric ulcer, possibly with different causes.²

If the gastric ulcer is clearly secondary to duodenal or pyloric disease (Type II) and the acid secretion is moderate or high, then vagotomy is theoretically a reasonable operation to heal the duodenal ulcer. But ulcers cause scarring when they heal and a scarred duodenum and pylorus may perpetuate a delay in gastric emptying and a pyloroplasty may be required in addition.

With the primary lesser curve ulcer (type I), for those who suggest that the main problem is increased antral gastrin release following gastric stasis the two logical alternatives are a Billroth I antrectomy or an

adequate simple drainage operation, but the latter has not proved effective. We would suggest that a proximal gastric vagotomy without drainage does not follow logically from the hypothesis of gastric stasis in patients without associated duodenal or pyloric disease. For those who think that reflux is the primary problem the logical operation is a Roux-en-Y reconstruction (with vagotomy to protect the jejunum). The alternatives are: (a) an operation that allows little reflux, and this is probably provided by a Billroth I antrectomy with a small stoma; or (b) an operation that allows rapid emptying once reflux has occurred, which may be provided by a wide pyloroplasty, but this also gives rise to increased reflux.

If we look at the operations themselves, we find that the great success of the Billroth I³ operation would support both hypotheses, perhaps favouring the antral gastrin release theory in particular. The moderate success of vagotomy and pyloroplasty³ also adds some support to both hypotheses, perhaps by overcoming stasis and allowing quick drainage of refluxed duodenal juice, but it is not certain how the vagotomy helps if the night and stimulated gastric acid secretions are already very low. Proximal gastric vagotomy without drainage is logical only if it is thought that a small duodenal or pyloric lesion will heal without scarring and pyloric function and gastric emptying will return to normal.

It is too early in our understanding to be over-dogmatic about one or other aetiological theory or method of treatment, but we should try to make our surgical practice consistent with our theories of the pathophysiology of gastric ulcer and then continually adjust our hypotheses on the basis of a careful analysis of the results of treatment.—We are, etc.,

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- 1 Johnson, A. G., *British Journal of Surgery*, 1971, 58, 864.
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Hypotension and Methylmethacrylate Cement

SIR,—We have read with great interest the various communications on this subject which have appeared during the past 12 months.¹⁻⁷ It would seem that there is still continuing concern regarding the use of acrylic cement in the fixation of prostheses in major hip arthroplasty. Having been responsible during the past 10 years for either the personal administration or supervision of anaesthesia for more than 7,000 hip arthroplasties performed at this centre in which acrylic cement has been used, we feel it may be of some value to present certain of our findings based on this experience.

(1) A fall in blood pressure does not invariably follow the introduction of acrylic cement into either the newly reamed acetabulum or femoral shaft, although it is a common occurrence (80% of cases approximately).

(2) When a fall in blood pressure occurs following insertion of cement into the reamed acetabulum it is small and transient, rarely exceeding 15 mm Hg.

(3) Following insertion of cement into the

reamed femoral shaft the fall in blood pressure is usually greater, but rarely exceeds 30 mm Hg. The time taken for a maximum fall to occur is usually 30–60 seconds and there then follows a rapid return to normal, which seldom takes more than a further 90 seconds. We have not noticed the late rise in pressure recorded by Cadle *et al.*⁵

(4) In no instance at this centre has cardiac arrest occurred following the use of acrylic cement, nor have falls in blood pressure given regular cause for concern. Neither are we aware of any patient who has sustained untoward sequelae as a result of the use of the cement. Many of our patients are elderly and frail, and hypertension and coronary artery disease are only too common. Such patients, we agree, compensate poorly following sudden and severe hypotensive episodes, but in our experience the use of acrylic cement does not produce the changes in pulse rate and hypotension which were shown to follow the intravenous injection of monomer into dogs by Peebles *et al.*² This is probably not surprising, as the absorption of monomer into the circulation from reamed bone must be considerably slower and blood levels thus proportionately lower. Continuous electrocardiographic tracings carried out on a large number of our patients have never shown any change in character following the use of acrylic cement.

(5) There seems to be conclusive evidence^{2,4} that hypotension following the use of acrylic cement is in fact due to the absorption of free monomer into the circulation, and it is interesting to note in this connexion that in our experience no fall in blood pressure follows the use of cement in a knee arthroplasty performed under a tourniquet, a fact already noted by Cole *et al.*⁷ From our observations we are convinced that a careful surgical appraisal of the degree of plasticity of the cement prior to its insertion, preceded by a careful technique of preparation, are the important factors which really reduce subsequent hypotension to a minimum. Any departure from this established technique⁶ which entails insertion of cement in a more fluid state, particularly into the femoral shaft, will undoubtedly cause a greater fall in blood pressure.

(6) It is not our experience that hypotension following the use of acrylic cement is in any way modified by the choice of a particular type of anaesthetic technique. Over the past 10 years anaesthesia for hip arthroplasty here has embraced all types and combinations of anaesthetic agent, including neuroleptanalgesia, extradural analgesia, and induced hypotensive techniques. Halothane is currently used in combination with other agents in approximately 70% of cases. Nor does the type of operation carried out appear to be significant. A patient undergoing a single uncomplicated hip arthroplasty does not differ in his response to cement from the patient undergoing a bilateral arthroplasty taking up to 3½ hours with a proportionately higher blood loss. Technically difficult conversion arthroplasties, in which there may be extensive reaming of the femoral shaft and relatively higher blood loss, have shown surprisingly little difference in response to cement, though theoretically a greater fall in pressure should be expected in them.

Although we would agree that there is no place for complacency⁴ we have not

to date found methylmethacrylate cement to cause worrying problems in the anaesthetic management of total hip arthroplasty. In our experience the use of such cement in these operations is safe, but an expert appraisal of the degree of plasticity of the mixed cement and the choice of the exact moment for its introduction are, in our opinion, the important factors which ensure this freedom from complications.—We are, etc.

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- 1 Phillips, H., Cole, P. V., and Lettin, A. W. F., *British Medical Journal*, 1971, 3, 460.
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Radiography of Potentially Pregnant Females

SIR,—Without wishing to deny the general desirability of minimizing the exposure of the embryo and fetus to ionizing radiation, I fear Professor G. M. Ardran and Dr. F. H. Kemp (18 November, p. 422) might be basing their proposals on shaky foundations.

They say that "... it is now universally accepted that radiation to the fetus can cause leukaemia or other neoplastic disease." In an editorial comment on a paper by Bross and Natarajan¹ MacMahon² wrote: "Implicit in the interpretation of their findings ... is the view that low-level prenatal irradiation indeed causes leukemia. Although accepted by many (at least provisionally), this interpretation is not the only explanation of the existing evidence." A very recently published report of the United Nations Scientific Committee,³ which Professor Ardran and Dr. Kemp may not have seen, contains the following: "Thus, although children born from mothers x-rayed while pregnant seem to have an increased risk of cancer after birth, a possibility still remains that the association, or at least part of it, is caused by factors other than radiation ..."

These quotations suffice to show that Professor Ardran and Dr. Kemp's claim of "universal acceptance" is unjustified. However, even if it should subsequently be established that irradiation of the fetus does not cause childhood neoplasia, other possible consequences must not be overlooked. If experiments on mice can be used as a guide (see reviews by Upton⁴ and Rugh⁵), developmental abnormalities can be expected to be a hazard of fetal irradiation in man. Some of the findings in mice are supported by follow-up studies at Hiroshima; thus all eight survivors who were exposed within 1,200m of the nuclear explosion between the 7th and 15th weeks of gestation developed microcephaly.⁶ It remains to be determined whether small doses (~1 rad) of fetal irradiation produce developmental abnormalities. They might do so and this could be used as an argument to justify the proposals advanced by Professor Ardran and Dr. Kemp.—I am, etc.,

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Infectious Mononucleosis and Depression of Cellular Immunity

SIR,—We wish to present evidence of depressed cellular immunity, as measured by the tuberculin skin reaction, in 17 patients admitted to hospital with infectious mononucleosis in whom the diagnosis had been confirmed haematologically or antigenically, or both. All but one patient had received antibiotics before admission. All patients had been B.C.G.-vaccinated before they were 1 year old and in 14 the results of earlier tuberculin tests were known (see Table). The date of onset of the disease varied from 5 to 20 days before admission and the duration of fever varied from 9 to 24 days.

On admission each patient was injected intradermally on the dorsal surface of the forearm with 2 tuberculin units (TU) of purified protein derivative (P.P.D.). There were no skin reactions in any patient at 72 hours. The P.P.D. test (2 TU) was repeated in 10 of the patients at different times after recovery from infectious mononucleosis. The time after recovery when the test was made in each case and the reaction are given in the Table. Patient 9, who was non-reactive three weeks after recovery, had had only a weakly positive reaction to 2 and 5 TU of P.P.D. 28 and 35 days before the onset of infectious mononucleosis. He had therefore been revaccinated 13 days before his illness. Patient 10 was non-reactive to 2 and 5 TU of P.P.D. four months after recovery and was therefore revaccinated.

Transient depression of the tuberculin reaction has been noted in measles¹ and with viral vaccines.² During the acute stage of *Mycoplasma pneumoniae* infection the P.P.D. skin reaction is also negative (G. Sterner, personal communication). Prolonged depression of the tuberculin reaction has been noted in some diseases of unknown aetiology—for example, sarcoidosis—in which raised E.B.V. titres have been reported^{3,4} and in Hodgkin's disease. The phenomenon expresses a general depression or lack of immunological reactivity of the

delayed type. It seems from our findings that cellular immunity may be depressed for less than two months in infectious mononucleosis.

Thymus-derived (T) lymphocytes together with macrophages are considered the main effector cells in the delayed type of immune reaction. If we accept T-cell reactivity as initiating the P.P.D. skin reactions the findings suggest a disturbance in the function of T cells during infectious mononucleosis. Earlier in vitro studies⁵ have shown that lymphocytes could not be stimulated by phytohaemagglutinin (PHA), which is considered to be a T-cell stimulator. Taken together, these findings suggest either that T cells are not present in peripheral blood or that they are present but functionally defective, possibly owing to alteration by the virus. On the other hand, the function of bone-marrow derived (B) lymphocytes, as judged by increased immunoglobulin levels in infectious mononucleosis⁶⁻⁸ and also in sarcoidosis,^{4,9} seems to be undisturbed despite the fact that many of the established E.B.V.-carrying cell lines contain immunoglobulin receptors,¹⁰⁻¹³ suggesting that they are B cells. Possibly, therefore, E.B.V. primarily infects both types of lymphocytes but changes, decreases, or destroys some T-cell functions while B cells are unchanged or stimulated (producing heterophile antibodies in vivo or forming cell lines in vitro).

A virus-induced T-cell defect may also account for atypical cell-mediated immune responses against infection. The miliary form of tuberculosis after measles is well known. Sarcoid reactions and sarcoidosis may also be atypical responses against several different but less deleterious antigens—for example, B.C.G. If we accept this reasoning it was perhaps unwise of us to revaccinate patient No. 10 so early as four months after infectious mononucleosis, thus introducing B.C.G. antigen. We shall follow up the two revaccinated patients to see if they develop sarcoidosis in the future.—We are, etc.,

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² Brody, J. A., Overfield, T., and Hammes, L. M., *New England Journal of Medicine*, 1964, 271, 1294.

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Patient	Age (Years)	Atypical Cells (%)	Heterophile Antibody	Tuberculin Skin Reaction					
				Before I.M.		During I.M.	After I.M.		
				Time Before	Re-action		Time After	Re-action	Size (mm)
1	14	20	+	1 year	+	—	18 months	+	7 × 8
2	15	23	+	2 years	+	—	18 months	+	4 × 5
3	9	7	—	2 years	+	—	19 months	+	12 × 15
4	2	15	—	1 year	+	—	16 months	+	Jelly
5	17	6	+	Not known	+	—	16 months	+	17 × 25
6	17	16	+	3, 7, 10 years	+	—	2 months	+	8 × 8
7	16	38	—	6, 9 years	+	—	2 months	+	8 × 10
8	18	31	+	2, 3, 11 years	+	—	2 months	+	20 × 15
9	16	18	—	28, 35 days	+	—	2 months	+	—
10	16	16	+	6, 9 years	+	—	3 weeks	—	—
11	16	26	+	Not known	+	—	4 months	—	—
12	10	0	+	" "	Not known	—			
13	17	17	+	" "	Not known	—			
14	2	34	+	" "	Not known	—			
15	19	19	+	" "	+	—			
16	29	52	+	" "	+	—			
17	8	23	—	" "	Not known	—			