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Fibrin Degradation Products and Ovarian Tumours

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Summary

Fibrin degradation products (F.D.P.) were determined in the serum of 163 women in whom ovarian tumours had been suspected on palpation at gynaecological examination and who were afterwards examined by laparoscopy or subjected to laparotomy. F.D.P. were found in the serum (0.5-30 mg/100 ml) of 23 (72%) out of 32 patients with malignant tumours. Of 131 patients with benign findings F.D.P. (traces to 2 mg/100 ml) were found in six (4.5%), and in most of these the occurrence of F.D.P. could be explained on other clinical grounds. The findings suggest that the examination of F.D.P. in suspected malignant ovarian tumour may be of diagnostic value.

Determination of F.D.P. in malignant ascitic fluid showed very high values, ranging between 40 and 350 mg/100 ml. This argues for the occurrence of F.D.P. in the blood being due to an extravascular breakdown of fibrin caused by tumour cells, but they may also be due to thromboplastic and fibrinolytic agents from the tumour entering the blood stream.

Introduction

Malignant tumours have coagulative properties (O'Meara, 1958) and their vascularization and growth require a fibrin network as a matrix (see Laki and Yancey, 1968). A neoplasm may also possess fibrinolytic activity (Cliffon and Grossi, 1955; Thornes, 1967; Peterson *et al.*, 1968; Davidson *et al.*, 1969; Böck *et al.*, 1970). The activity of such coagulative and fibrinolytic processes during tumour growth may be reflected by fibrin degradation products (F.D.P.) in the blood. Merskey *et al.* (1966) and

Colman *et al.* (1970) reported the occurrence of F.D.P. in the serum of some patients with malignant diseases. Hedner and Nilsson (1971) found F.D.P. in the serum of 61% of 162 patients with malignant tumours.

The purpose of the present investigation was to find out whether the finding of F.D.P. might be of diagnostic value in patients with clinically suspect ovarian tumour.

Patients and Methods

The clinical material consisted of 163 women in whom palpation at gynaecological examination gave reason to suspect ovarian tumours. Blood samples were obtained for determination of F.D.P. The patients were afterwards examined by laparoscopy or subjected to laparotomy. Biopsy specimens and operative specimens were afterwards examined histologically and classified. Also ascitic fluid, when found, was examined for F.D.P.

Collection of Blood.—Blood was collected in tubes containing an inhibitor of fibrinolysis, aminocaproic acid, to avoid in-vitro fibrinolysis, as well as thrombin to prevent incomplete coagulation with residual fibrinogen. Serum from these samples was prepared in the way described by Niléhn (1967).

Determination of F.D.P.—F.D.P. were determined by the immunochemical method of Niléhn (1967). In this method an antiserum against the D-fraction of the F.D.P. is applied to agarose gel. With high-voltage electrophoresis serum (diluted 1/5) migrates into the gel. If F.D.P. (X, Y, or D products) are present, they will produce precipitation peaks. The height of such peaks is measured and related to a standard of substances of high molecular weight. In the presence of aminocaproic acid and thrombin this method will not show any F.D.P. in the serum of healthy control women, even in repeated assays.

Results

Of the 163 women examined 32 were found to have malignant tumours. In the remaining 131 the lesions were benign. Of the

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32 patients with malignant tumours F.D.P. were found in the serum of 23 (72%) in amounts above 0.5 mg/100 ml. Of these 23 the F.D.P. level (mg/100 ml) was 0.5-1.0 in 2, 1.5-5 in 16, 6-10 in 3, and 11-30 in 2. F.D.P. were found in high concentrations (40-350 mg/100 ml) in the ascitic fluid of five malignant cases. Of the 131 patients with benign lesions F.D.P. were found in 6 (4.5%) in amounts ranging from traces to 2 mg/100 ml. No correlation was found between F.D.P. and the E.S.R.

The malignant cases are summarized in Table I. The commonest tumour associated with F.D.P. was serous cystadenocarcinoma. Three cases of cystadenocarcinoma had no demonstrable F.D.P. However, these tumours were well defined and showed no gross or microscopical signs of having spread beyond the capsule.

TABLE I—F.D.P. in Patients with Malignant Tumours

	Present	Absent
Epithelial ovarian tumours:		
Serous cystadenocarcinoma	12	3
Mucinous cystadenocarcinoma	1	4
Concomitant carcinoma	1	2
Granulosa-cell tumour	1	
Mesonephroma	1	
Metastatic tumours:		
Tubal carcinoma	1	
Retroperitoneal liposarcoma	1	
Intestinal carcinoma	3	
Vesical carcinoma	1	
Pulmonary carcinoma	1	
Total	23	9

Only six patients with benign conditions had demonstrable F.D.P. (Table II). Of these, one patient with endometriosis showed signs of bleeding and another had a myoma with degenerative changes.

TABLE II—F.D.P. in Patients with Non-malignant Conditions

	Present	Absent
Non-malignant ovarian tumours		64
Ovarian teratoma	1	
Endometriosis	1	8
Endometriosis with acute bleeding	1	
Uterine myoma	2	28
Eosinophil myometritis	1	
Chronic salpingitis		8
Sepsis	1	
Intra-abdominal adhesions		5
Peritoneal cyst		1
Sigmoiditis		1
Normal cases		10
Total	6	125

Discussion

O'Meara (1958) showed that malignant tissues and cells possess coagulative properties. He also found a clot-forming enzyme in such tumours. Experiments by Laki and Yancey (1968) suggested that the clotting enzyme in tumour extracts was thrombin. These authors believe that a fibrin network is necessary for the vascularization and growth of tumours.

Clifton and Grossi (1955) found fibrinolytic activity in a large number of human tumours tested on fibrin plates. Peterson *et al.* (1968) found fibrinolytic activity in experimental tumours by a histochemical method. Davidson *et al.* (1969) showed a giant-cell carcinoma of the lung to be rich in plasminogen activator.

F.D.P. occur in the blood in conditions where there is general fibrinolysis, intravascular coagulation with secondary fibrinolysis, or local deposition of fibrin with secondary fibrinolysis. The coagulative properties and the fibrinolytic activity in tumour tissues may lead to the development of such conditions. It is not improbable that the F.D.P. also result from breakdown of fibrin or fibrinogen by proteolytic enzymes other than plasmin and occurring in the malignant cells.

The largest group of malignant tumours in patients with demonstrable F.D.P. consisted of serous cystadenocarcinoma (Table I). These tumours have a high content of plasma proteins (Kjellgren, 1967). The serous cystadenocarcinomas which were not associated with demonstrable F.D.P. were all well defined and showed no gross or microscopical signs of penetration of the capsule.

F.D.P. were also found in some of the patients with benign changes (Table II). In the patient with endometriosis there were, however, fresh bleedings which might explain the occurrence of F.D.P. In eosinophilic myometritis there is often concealed allergy. Robbins and Stetson (1959) believed that all antigen-antibody reactions can cause an intravascular deposition of fibrin. In one case there was sepsis, a condition in which F.D.P. are nearly always found (Hedner and Nilsson, 1971). In the woman with myoma there were degenerative changes with fibrin deposits.

Of the patients with malignant tumours, then, F.D.P. were found in 72%. In those with benign changes F.D.P. were found in 4.5%, and in most of these the occurrence of F.D.P. could be explained on some other clinical ground. This suggests that examination for F.D.P. in patients with suspected malignant ovarian tumours may be of diagnostic value. Absence of demonstrable F.D.P. does not exclude malignancy. The occurrence of F.D.P. does, however, lend support to a provisional diagnosis of malignant disease and indicates further investigation.

It is debatable whether the occurrence of F.D.P. is due to extravascular breakdown of fibrin by tumour cells—a possibility suggested by the high values found in the ascitic fluid—and/or to thromboplastic and fibrinolytic agents from the tumour entering the blood stream.

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