

occurs with floccular necrosis and macrophagia or epithelioid tubercles and intramysial multinucleated giant cells (Coërs, 1967).

I am grateful to Dr. T. Grahame-Wilson for allowing me to study this case, and to Professor W. Blackwood, Dr. G. M. Churcher, Dr. H. Greenbergh, and Miss J. K. Bowman for their help and advice.

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Transfusion Malaria in a Man with Christmas Disease

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Malaria as a complication of blood transfusion has been reported in the United Kingdom only four times (Thomas *et al.*, 1936; Nabarro and Edward, 1939; Rogers, 1947; Grant *et al.*, 1960), though it is a relatively common occurrence in countries where malaria has until recently been endemic. The rarity of this complication in England can make diagnosis difficult, as is illustrated in the following case.

CASE REPORT

An Englishman aged 33 who had never travelled abroad had been admitted to hospital many times since childhood for haemarthroses and haematuria, secondary to Factor IX deficiency. He was first admitted to the Churchill Hospital on 14 April 1966 for the treatment of a haematoma in the arm caused by an intramuscular injection.

Examination showed a pale, anxious man with a large tense haematoma of the deltoid muscle. His haemoglobin was only 47% (6.9 g./100 ml.), though he had been given 3 pints (1.7 litres) of blood during the previous week. Investigation revealed chronic renal disease with raised blood urea and proteinuria; an intravenous pyelogram later showed small contracted kidneys. Coagulation studies showed Factor IX deficiency.

The deltoid haematoma was treated during the next two weeks by the infusion of three doses of Factor IX concentrate (equivalent to 1.5–3 litres of fresh plasma), three doses of plasma (dose volume 800 ml.), and packed cells from 4 pints (2.3 litres) of blood. The latter was given on 14 and 15 April. Three more doses of plasma were given later for the treatment of haemarthroses.

He was discharged home on 4 June, only to be readmitted on 17 June with a haemarthrosis of the knee of five days' duration. This was treated by immobilization without intravenous therapy.

On 29 June he developed an unexplained irregular fever and at the same time became hypotensive and developed pancytopenia and splenomegaly.

Investigations from 30 June to 5 August.—The following tests gave normal results: blood, urine, stool, and throat-swab cultures; chest x-ray examination; salmonella and brucella agglutinations; L.E. cell preparations; one search for malaria parasites; a sternal marrow puncture; and cultures of marrow and urine for tuberculosis. During July his anaemia was aggravated by recurrent haematemesis associated with rigors. Thrombocytopenia probably contributed to the gastrointestinal bleeding (platelets 45,000–120,000 cu. mm.). He was transfused with fresh packed cells from 10 pints (5.7 litres) of blood during this time. Meanwhile he developed boils on his buttocks and his blood urea rose from 100 to 186 mg./100 ml. After four weeks of irregular fever the temperature chart began to show a regular periodicity with two clear days between each attack. The character of the fever became strongly suggestive of quartan malaria, and on 5 August parasites of *Plasmodium malariae* were found in the peripheral blood. A review of blood films showed that parasites first appeared in small numbers

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in a blood film on 5 July, while six previous films between 3 April and 1 June failed to show parasites.

Chloroquine 500 mg. followed by 250 mg. daily for three days and primaquine 15 mg. base daily for 14 days were given. During the writing of this paper I have been informed that malaria transmitted by blood transfusion does not give rise to exoerythrocytic forms of the parasite. Treatment with primaquine was therefore unnecessary (P. G. Shute, 1967).

Blood counts returned to normal, the boils healed, and the blood urea fell to its former level. During the next three weeks five doses of plasma (dose volume 800 ml.) were administered for haemarthroses, which developed during mobilization, and the patient was discharged home on 10 September.

COMMENT

Investigation of the blood donors in this case revealed one Englishman who had suffered malaria in 1946 while serving with the Army in the Far East. He had been in good health since that time. During prolonged searches of his blood films one young malaria parasite was found. This donor had given 34 pints (19.3 litres) of blood in the past and an attempt was made to discover whether previous recipients of his blood had contracted malaria. A temperature chart suggestive of quartan malaria was found in the records of one recipient 39 days after transfusion. This could not be confirmed on the only available blood film.

In a series of 36 cases of transfusion malaria studied by Lepes (1965) in Yugoslavia the incubation period varied between 5 and 70 days, the infected blood having been stored 1 to 10 days. The incubation period in the present case was 74 days, the blood having been stored 10 days.

Transfusion malaria should thus be remembered when a patient develops a pyrexia of unknown origin as late as 10 weeks after receiving blood, for in spite of the precautions taken by the National Blood Transfusion Service the occasional donor may be a chronic malaria carrier.

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