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COVID ANTIBODIES FROM INFECTION OR VACCINATION

Overcoming spectrum bias for accurate SARS-CoV-2 seroprevalence estimates

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Repeated population based SARS-CoV-2 seroprevalence studies provide evidence on how immunity develops in a population. They are especially relevant now, as we are at a turning point with vaccines that greatly accelerate the development of immunity.

A surprisingly low seroprevalence of 14% was recently reported for the UK.¹ The cumulative proportion of confirmed infected people in the UK (6.3%) is very close to that of Switzerland (6.6%). Assuming that only around one in 3-4 infected people are diagnosed,3 a seroprevalence of 20-25% would be expected, without people who have been vaccinated. This is consistent with what has been observed for different cantons of Switzerland in the Corona Immunitas programme.⁴ Switzerland is experiencing a slow start to its vaccination programme, and the effect of vaccination on seroprevalence estimates is negligible. In the UK, however, with 33 doses given per 100 people² and the cumulative proportion of infected people, the seroprevalence should be higher than 14%.

One possible reason for this low estimate is the use of self-administered lateral flow tests in the React-2 study, so seroprevalence estimates were adjusted for the sensitivity (84.4%) and specificity (98.6%) of these tests.² The test performance estimates were based on the analyses of clinically ill people with SARS-CoV-2 infection (cases) and pre-pandemic samples (controls), leading to a substantial spectrum bias.⁵ This is a major problem for population based studies as many people with past infections have had a mild or asymptomatic course, which is more difficult to detect than moderate to severe infections.

Commercially available tests based on venous blood miss up to 40% of infections, ⁶ and lateral flow tests are clearly even less accurate and probably have a sensitivity lower than 84.4% in population based samples. In Switzerland, Corona Immunitas chose a sophisticated test, with test performance estimates based on a population based sample. ⁶ This is more laborious and costlier but gives a more accurate picture of immunity development in a population.

Competing interests: None declared.

Full response at: https://www.bmj.com/content/372/bmj.n561/rr.

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