

should take plenty. The body needs more food to sustain it in an extremely cold climate than in the lower latitudes, especially when continually employed in arduous outdoor work. To withstand the cold one needs a large amount of such food as beans, rice, meal and flour, and of fatty meats. The outfit should also include a box of candles, two dozen bars of soap, mustard, Jamaica ginger, and a half tin of matches. A small medicine case well stocked with standard preparations is necessary, and quinine and calomel should always form a part. Also acetic acid, one teaspoonful diluted in water, will make a glassful of ordinary vinegar, and citric acid will make lemonade and also prevent scurvy.

"In the way of groceries we suggest the following for one man for a year: 350 lbs. of flour, 150 lbs. of bacon, 100 lbs. of beans, 15 lbs. of tea, 25 lbs. of rice, 50 lbs. of dry salt pork, 100 lbs. of dried fruits, 50 lbs. of salt (for canning and cooking), 2 lbs. of evaporated vinegar, 20 lbs. of condensed milk, 50 lbs. of corn meal, 50 lbs. of rolled oats, 30 lbs. of coffee, 100 lbs. of sugar, 25 lbs. of dried beef, 40 lbs. of evaporated potatoes, 15 lbs. of evaporated onions, 10 lbs. of baking powder, 12 lbs. of condensed soup. In addition, each man should have a gold pan, a pick, shovel, axe, and hatchet, a pocket compass, a stout clasp knife, a pair of snow glasses to save the eyes from the glare of sunlight on snow; a rifle or shot gun is also useful. As to clothing, a full equipment for each man should consist of the best quality woollens, both suits and undergarments, moccasins, high india-rubber boots; also furs are necessary. The prospector will also need a tent, stove, gold scales, tools, and implements, etc.

"The following suggestion will be found useful: For frozen fingers use cold water. Nowhere are mosquitos so numerous. There are two kinds of poisonous flies. The best protection is silk tissue, not gauze. Do not eat snow or ice: melt them. Use blankets in summer and avoid rheumatism."

ASEPTIC MIDWIFERY: A CORRECTION.

DR. JARDINE (Glasgow) writes: In reference to Dr. Newell's note, he is quite right. If it had been re instead of on it would not have made any difference. I regret exceedingly that space did not allow me to take up his letter paragraph by paragraph. To have done so would have given me great pleasure. My memory is fairly good, and besides, I had my article before me when I wrote, which I am inclined to think few of my critics seem to have had, judging from the number of misrepresentations indulged in. When he was at it he might also have corrected a mistake in one of his quotations. He is quite welcome to his opinion that my reply was childish, and for that matter so is any other man who thinks so. I have passed the stage of childhood in the profession, and am still a considerable distance from my dotage.

THE ROYAL ARMY MEDICAL CORPS.

ADVERTING to the short article in the BRITISH MEDICAL JOURNAL of November 12th, H. writes: It is important to would-be candidates for the next examination in February to know that there is now required from all candidates a definite standard in height, chest measurement, and weight. At the last examination several candidates were rejected on one or other, or all, of these grounds to whom it would have been a distinct advantage to have known before going through special instruction and preparation for the examination that they did not reach the required standard. Candidates for the R.A.M.C. have now, like all other candidates for the army, to satisfy the requirements alluded to.

THE GENTLE ART OF ADVERTISEMENT.

To the philosophic student of the current literature of the present day nothing is more amusing, and in its way instructive, than the ingenuity with which the advertiser turns everything to favour—to his own favour, that is—if not always to prettiness. In connection with the recent visit of English pilgrims to Rome, it is stated that among the presents sent to the Pope was "a case of clinical thermometers of the pattern employed by Mr. Gladstone in his last illness, and adopted by Sir Morell Mackenzie for use in the case of the late Emperor Frederick." These interesting objects were presented by a London manufacturer who was doubtless actuated solely by the wish to show his respect for the Holy Father, who, being presumably a connoisseur in relics, may naturally be supposed likely to accept a new variety with enthusiasm. But persons of sordid mind will probably see in the gift a desire on the part of the eminent manufacturer to add the Pope to the list of august patients who have used his thermometers.

LARGE FETUS.

DR. P. O'CONNELL (Stillorgan Castle, Co. Dublin) writes: The note of Dr. Arthur Dobson, in the BRITISH MEDICAL JOURNAL of September 17th, p. 848, reminds me that in 1890 I attended a woman in her fourth labour, when she gave birth to such an unusually large and broad-shouldered child (a male) that I weighed it. Its weight was just 15 lbs. No injury was done to the perineum. Two years later I again attended the same patient in labour, when she gave birth to twins—a male and female—and each child weighed 11 lbs.

MEDICAL FEES FOR LIFE INSURANCE EXAMINATIONS.

REFERRER writes: I reply to "General Practitioner" re above. I beg to state that the New York Mutual Insurance Company pay a fee of one guinea for medical examination for any sum assured up to £5,000, if above that sum they pay a fee of £2 2s.

It is time we took a stand on this insurance question. The low fees the Accidental Companies are paying under the Workmen's Compensation Act is absurd (2s. 6d. for visit and report), in fact one company is only paying 2s. for a visit and report in this district. Most of these companies actually refuse mileage, and the surgeon has sometimes to travel from two to four miles, and write a report for 2s. 6d. Medical men of good standing in this district have accepted these terms.

LETTERS, COMMUNICATIONS, ETC., have been received from:

A Mr. E. B. Anderson, London; Mr. C. J. Aitken, Bedford; Mr. S. Andrews, Basingstoke; Mr. M. F. Agar, London; Army Medical Officer; J. M. Atkinson, M.B., Hong Kong; Assistant. B Mr. F. W. Bloomer, Long Eaton; Dr. A. Baginsky, Berlin. W. C. Burns, M.B., Walls, N.B.; Messrs. Burroughs, Wellcome and Co., London; Mr. T. Blair,

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BOOKS, ETC., RECEIVED.

Dr. Southwood Smith: A Retrospect. By his Granddaughter, Mrs. C. L. Lewes. Edinburgh and London: Wm. Blackwood and Sons. 1898. 6s.
Vegetables, Salads, and Vegetable Entremets, with appropriate Sauces. By Florence B. Jack. Edinburgh: T. C. and E. C. Jack, and London: Whittaker and Co. 1898. 1s.
The Art of Laundry Work. By Florence B. Jack. Third Edition. Edinburgh: T. C. and E. C. Jack; and London: Whittaker and Co. 1898. 1s.
West London Medical Journal. Edited by Percy Dunn, F.R.C.S. Vol. III. London: John Bale, Sons, and Danielsson. 1898.
Die chirurgische Behandlung von Hirschsprung'schen. Von E. von Bergmann. Dritte Auflage. Berlin: August Hirschwald. 1898. M.15.
Transactions of the Pathological Society of London. Vol. XLIX. London: Smith, Elder and Co. 1898.
Gout, its Pathology and Treatment. By A. P. Luff, M.D., B.Sc., F.R.C.P. London: Cassell and Co. 1898. 5s.
Degeneracy: its Causes, Signs, and Results. By E. S. Talbot, M.D., D.D.S. London: Walter Scott. 1898. 6s.
Die Nebenwirkungen der Arzneimittel. Von Dr. L. Lewin. Dritte Auflage. Berlin: August Hirschwald. 1898. M.16.
Contributions to Clinical Medicine. By T. M'Call Anderson, M.D. Edited by J. Hinselwood, M.A., M.D. Edinburgh and London: Young J. Pentland. 1898.
Cattle Tuberculosis: a Practical Guide to the Farmer, Butcher, and Meat Inspector. By T. M. Legge, M.A., M.D., D.P.H., and H. Sessions, F.R.V.S. London: Baillière, Tindall and Cox. 1898.
Das Weib in seiner geschlechtlichen Eigenart. Von Dr. M. Runge. Dritte Auflage. Berlin: Julius Springer; and Glasgow: F. Baumeister. 1898. 1s. 3d.
Die Untersuchung und Begutachtung bei traumatischen Erkrankungen des Nervensystems. Von Dr. P. Schuster. Berlin: S. Karger; and Glasgow: F. Baumeister. 1898. 4s.
Leitfaden der Electrodiagnostik und Electrotherapie. Von Dr. T. Cohn. Berlin: S. Karger; and Glasgow: F. Baumeister. 1898. 3s. 6d.
Die mikroskopischen Untersuchungsverfahren des Auges. Von Dr. S. Seligmann. Berlin: S. Karger; and Glasgow: F. Baumeister. 1898. 6s.
Osservazioni e Note Epidemiologiche sulla Recrudescenza della Epidemia di Peste Bubbonica in Bombay nel 1897-98. Dei Drs. G. Galeotti e G. Polverini. Torino: Rosenberg and Sellier. 1898.
Transactions of the Clinical Society of London. Vol. XXXI. London: Longmans, Green and Co. 1898.

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