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We may return unduly long letters to the author for shortening so that we can offer readers as wide a selection as possible. We receive so many letters each week that we have to omit some of them. Letters must be signed personally by all their authors. We cannot acknowledge their receipt unless a stamped addressed envelope or an international reply coupon is enclosed.

Action on alcohol

SIR,—We write in response to Professor R E Kendell's paper (10 February, p 367) "Alcoholism: a medical or a political problem?"

Papers quoted by Professor Kendell tend to conclude that as alcohol consumption increases so does the incidence of many alcohol-related problems, examples being public drunkenness, hospital admissions for alcoholism, and deaths from cirrhosis. In connection with the latter Professor Kendell refers to work by Schmidt, who showed that during a 20-year period (1954-73) there was a correlation factor of 0.98 between the rising alcohol consumption per caput and the rising mortality from cirrhosis. Support for the above statement can be drawn

from your leading article (23-30 December, p 1733), in which it was stated that an alcohol consumption of 170 g per day for 25 years would give a 50% chance of developing cirrhosis. However, Schmidt goes on to correlate mortality from cirrhosis with per caput consumption of alcohol over one particular year. We fail to see how this correlation can have any clinical value in view of the number of years it takes to develop alcoholic cirrhosis. Similarly, the statement by Professor Kendell that "a country's mortality from cirrhosis may be used as a fairly reliable indicator of its alcohol consumption if the latter is unknown" may be statistically sound, but we fail to see any reason why

average alcohol consumption for a single year should correlate with that year's mortality from a disease which takes many years to develop.

In conclusion, is the use of correlation in medicine always valid—bearing in mind the well-known example given in undergraduate training of a good correlation between the incidence of myocardial infarction and the number of television licences in the UK over a certain period?

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¹ Schmidt, W, in Alcoholism: New Knowledge and New Responses, ed G Edwards and M Grant, p 15. London, Croom Helm, 1977.

SIR,—The reduction in prevalence of alcoholism is most certainly a political problem, as pointed out in Professor R E Kendell's Morison lecture (10 February, p 367).

We have, however, the ludicrous situation