Personal Paper

Wasted women doctors

PETER RICHARDS

British Medical Journal, 1978, 1, 95-96

"The suitable use of the talents of women doctors is an economic necessity," said Mrs Castle in one of her rare constructive moments as Secretary of State for Social Services; she might have mentioned that personal fulfilment is of consequence too, but that perhaps is neither an economic nor a political necessity. What she also did not say (and may not have known) is that effective harnessing of this increasing national resource is a distant prospect. To marry the career aspirations of women doctors with their domestic responsibilities has proved both too difficult and too expensive for Britain; a few tentative steps have been taken in the right direction, but they fall far short of the need.

Doctors are expected to have a capacity for critical thought, reasoned judgment, and pragmatic action, tools that quickly reduce to ashes the current arrangements for the part-time postgraduate training of married women in hospital specialties. Indeed, the whole structure would be laughable if its implications were not so serious. The failure of the system is most obvious to postgraduate clinical tutors, who, being primarily occupied with larger responsibilities to clinical or laboratory work, teaching, and research, have little energy left to wrestle with the imperfections of the structure of postgraduate medical education. Yet those whose critical edge has not yet been blunted by the sheer inertia of the system should either speak out for change or stand down. In the event, however, the National Association of Clinical Tutors at their recent annual London meeting eyed women only to the extent of an excellent, entertaining, but in the circumstances irrelevant, talk on the history of women in medicine. Surely it is women's future, not their past, which should concern us?

Barriers to part-time training

The barriers erected to the part-time training of women doctors for posts in the hospital service expose the shaky structure of postgraduate medical education at its weakest point. A current application illustrates some of the problems: the applicant qualified in 1965, obtained the MRCP three years later, and has an impressive list of appointments and publications behind her; although well experienced in diabetes, she was thought to need more general medical experience before she would obtain a consultant post. In a few years' time her domestic responsibilities should allow her to take a full-time post, but for the moment she needs a part-time senior registrar post in general (internal) medicine to complete her training. The provisions of HM (69) 6

allow for a personal supernumerary post to be established in such cases.

There is no national scheme for co-ordinating applications. Applications must be made in the desired health district before being passed on through area to the region. Thence it goes to the joint committee on higher medical training (JCHMT) for educational vetting and to the Central Manpower Committee for consideration in the light of prospects for obtaining a consultant post. The application is then passed back to region or area for funding: little money is allocated, and in some areas a large proportion has been tied up with a few doctors whose open-ended training has enabled them to become semi-permanent extra pairs of hands.

This applicant had already wasted a year on an unsuccessful application in an adjacent region. She had apparently been turned down on the grounds that there were sufficient doctors training in her specialty in that region. Our regional postgraduate dean, however, considered that she merited training and, in February 1977, asked if a post could be fashioned for her.

Within a month the district division of medicine had agreed in principle to her appointment for six sessions each week for four years and she had been formally interviewed and approved by an appointments committee. A rotation was agreed through posts that had recently been inspected and approved for senior registrar training by the JCHMT. Details were sent on 24 March to the regional dean and to both district and area officials. The regional dean was asked to obtain the support of the regional senior registrar subcommittee which was to meet two days after the appointments committee, and to approach the JCHMT directly to discuss educational approval. The assistant district administrator (patient services) was asked to pass the application up the line with a note that there were no financial consequences for the district because funding, possible or impossible, was for area to decide in due course.

The sequence of events since 24 March has been as follows.

29 June: Regional dean writes to say that he has discovered that the application is still with the district administration. The DMT, having discovered that area was currently unable to fund the post, had filed it without consultation. Letter now sent to chairman of DMT requesting urgent action.

26 July: A form is received through the regional dean from the JCHMT for applicant to complete with details of past experience. The covering letter acknowledges that she has recently completed an identical form with similar information with respect to registration for specialist training in diabetes; no reason is given for not using that information again.

23 August: Acknowledgment that the application has now reached area from district, but the area requests, through district senior administrative assistant (patient services), that a form S50 should be completed. Form S50 is used to describe a new senior registrar post proposed for permanent establishment. This application, however, concerned a programme for a person through established posts that had recently been approved by the JCHMT. The appropriate information, as supplied on 24 March, was repeated in a covering letter with a copy to the chairman of the regional senior registrar subcommittee and to the regional dean, both of whom agreed that form S50 was irrelevant to this application.

16 September: A secretary phones from region to attempt to explain that form S50 must be fully completed; a new form is to be sent.

22 September: Form S50 returned completed with "not applicable," "as approved by JCHMT," and "see covering letter." Covering letter enclosed to the secretary of the regional senior registrar subcommittee outlining the proposed rotation for the third time.

30 September: Acknowledgment received from region but not from the secretary of the subcommittee to whom the form S50 and letter were sent; I can only presume he is too busy or too important to attend to his own work.

18 November: Letter received from the assistant secretary to the JCHMT requesting completion of form DAPE: most of the information requested is already in their files relating to the recent inspection and approval of the posts through which she would rotate, and the remaining details were supplied by the regional dean on 4 July.

So the saga continues. Educational approval can hardly be denied but there is no way of knowing whether the Central Manpower Committee (who meet very infrequently) will give their blessing; the charade must be played out before the finale is unveiled; hopes are raised, hours of valuable time are wasted, and redundant hands are employed—if not their heads. It is hardly worth mentioning that there is still no money but that will at least be a clear-cut issue if and when the time comes. Would she do better if she now pursued her application through the Ombudsman or the Equal Opportunities Commission?

Two years ago at a conference organised by the DHSS on "Women in Medicine" Dr Rosemary Rue insisted that "a woman free and ready to train should be treated as a medical emergency." The simile was perhaps unfortunate because medical emergencies command low priority at the DHSS, but surely even the DHSS can understand that a woman's determination to continue specialist training needs to be capitalised quickly or may be lost for ever?

Possible solutions

At that same conference Dr Pamela Ashurst pointed out that lack of co-ordination, inability to obtain informed advice, and incapability to take rapid decisions were fundamental barriers to progress. She made four simple proposals: (1) an officer of the DHSS should be allotted special responsibility for approving

such posts; (2) a proportion of the cost of funding these posts should come from central provision; (3) all employing authorities should nominate one person with special interest and responsibility for such posts; and (4) all colleges and faculties should nominate one officer with a special responsibility for approving such posts. Were her proposals too simple for the complicated minds of her listeners?

The nation is paying top salaries at the DHSS, in the councils for postgraduate medical education, and in the regional postgraduate organisations for experts to fashion an appropriate framework of postgraduate medical education, a framework intimately bound up with employment opportunities—whole time and part time, consultant, or subconsultant. Everyone knows that the present system for part-time specialist training is only workable because applicants give up before they are turned down, but who among those experts is capable of setting out a realistic solution? Can it be that postgraduate education is too rough a pasture for putting famous race horses out to grass or to serve as a battlefield for administrative doctors who may perhaps have strayed into the high command more by accident than by design? Yet until the problems are clearly and courageously defined with all their consequential ramifications (provision of suitable permanent posts in particular) they never will be solved. How easy to say there is no money and to feel relieved of all responsibility to tackle the enormously complex task of planning ahead.

Our daughters deserve their training won in open competition; they also can reasonably demand the opportunity to use it. Those women who both raise families and manage to continue full-time training deserve our respect and admiration, but most women need to be helped through a period of part-time training. They need to know from the outset that a well-worn and easily found path exists; they also need the assurance of appropriate permanent employment at the end of the road. At £30 000 to train a doctor and with the proportion of women medical graduates soon rising 40%, the nation would be well advised to ensure now that the DHSS is not allowed through lack of imagination, foresight, or competence to incur losses at which even the Crown Agents would turn pale.

(Accepted 14 December 1977)

Why do two intelligent patients persistently use lip salve even though there is no medical need for its use?

Minor degrees of this phenomenon are seen in men and women as well as in their pubertal sisters, who use it as a substitute for lipstick. The afflicted individuals are quite normal (though there is no reason why the occasional obsessive should not develop the habit, as does the occasional homosexual). I do not know the cause, but I suspect it to be a pleasurable relic of primitive grooming behaviour. The best treatment is to send the patients skiing, where everybody else is doing it.

A retired medical laboratory technician, now aged 68, has developed multiple sessile papilloma of the urinary bladder. For many years he handled benzidine and probably other carcinogens. Is the disease notifiable as an industrial disease and might he be entitled to compensation from his employers?

Primary neoplasm of the epithelial lining of the urinary bladder is not a notifiable disease, but it is scheduled as a prescribed industrial disease. It may therefore attract industrial benefit if the conditions laid down under heading 39 in the prescribed industrial disease regulations are met. An occupation that uses or handles benzidine is one of the conditions. The question of compensation is quite different. Compensation is paid, if at all, by employers and not by the Government. Payments are made, as a rule, in the light of litigation in which negligence has been proved or is likely to be provable. The technician should therefore seek the advice of a lawyer. If he belonged to a trade

union while working he could reasonably expect the union to advise or help or both in preparing a claim. Whether or not a claim would succeed would depend on the facts—for instance, whether exposure to benzidine or other relevant carcinogen could be proved, whether negligence could be proved, whether staff were warned of the dangers, and whether precautions were taken, etc. Some employers, if appraised of the facts, might be willing to make an ex gratia payment, thereby saving the time, trouble, and expense of taking the problem through the courts. It should perhaps be added that bladder tumours are not uncommon and their incidence increases with age in people with no known exposure to any of the substances mentioned in the prescribed industrial disease regulations, particularly if they have been heavy cigarette smokers. It might therefore be difficult to establish that work as a medical laboratory technician was, on balance of probabilities, the cause of bladder tumours arising after retirement.

Corrections

Operation in Japan

In this article (24-31 December 1977, p 1646) the address and name of the author at the bottom of the page should have appeared as I-4923-9 Teraodai, Tama-ku, Kawasaki-shi, Kanagawa-ken, Japan. T W M Lilley, English lecturer at Rikkyo University, Japan.

Small-bowel ischaemia and the contraceptive pill

In the leading article (7 January, p 4) the dosage of oestrogen in the second paragraph should have read 0.05 mg daily, not 0.5 mg.