

BMJ



BMJ in the News is a weekly digest of national and international news coverage in English for BMJ, The BMJ, and BMJ Journals.

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Coverage for 25 to 31 March 2024

PRESS RELEASES

[The BMJ](#) | [BMJ Open](#)
[Emergency Medicine Journal](#)
[BMJ Quality & Safety](#)

EXTERNAL PRESS RELEASES

[BMJ Public Health](#)
[BMJ Sexual & Reproductive Health](#)
[eGastroenterology](#) | [Gut](#)

OTHER COVERAGE

[The BMJ](#) | [Annals of the Rheumatic Diseases](#)
[Archives of Disease in Childhood](#) | [BMJ Case Reports](#)
[BMJ Global Health](#) | [BMJ Nutrition, Prevention & Health](#)
[BMJ Open](#) | [BMJ Oncology](#) | [BMJ Public Health](#)
[BMJ Supportive & Palliative Care](#)
[British Journal of Ophthalmology](#)
[British Journal of Sports Medicine](#)
[Gut](#) | [Journal for ImmunoTherapy of Cancer](#)
[Journal of Medical Ethics](#)
[Journal of Neurology, Neurosurgery & Psychiatry](#)
[Occupational & Environmental Medicine](#)
[RMD Open](#) | [Sexually Transmitted Infections](#)

The BMJ press release coverage

Research: [Use of progestogens and the risk of intracranial meningioma: a national case-control study \(PR\)](#)

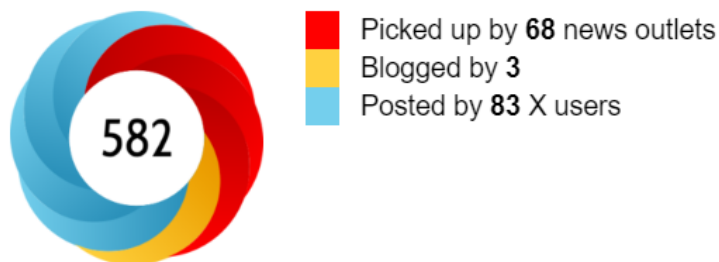
[Hormone medication could increase risk of brain tumours, french study finds](#) The Guardian
28/03/2024

[Millions at risk as common contraceptive increases chance of deadly brain tumours](#) News.com
AU 29/03/2024

Also in: The Daily Telegraph (**Front Page**), The Times, Sky News, The Independent, Daily Mail

(+ Scottish edition), The Sun (+ Scottish + Irish editions), The Mirror, The Metro, inews, Irish Independent, The National Scot, MSN IE

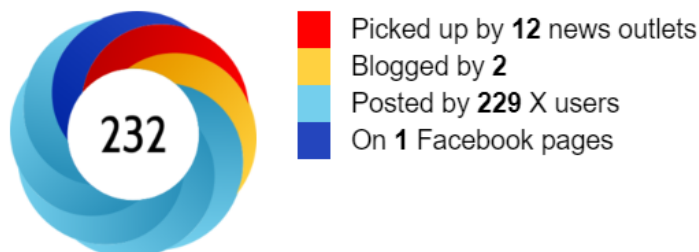
International + Other: US News & World Report, Mirage News Australia, Australian Financial Review, Foreign Affairs, UPI, Herald Sun, Yahoo News Australia & NZ, Pedfire, Head Topics, Health Medicine Network, Medical Xpress, Medical Dialogues, News-Medical, Weekly Saice, Medicine.Net, the healthcast, Neuroscience News, Drugs.com, NewsMax, Yahoo Finance, HealthDay, Conservative Angle



Research: [Delirium and incident dementia in hospital patients in New South Wales, Australia: retrospective cohort study \(PR\)](#)

[Delirium a 'strong risk factor' for dementia among older people](#) Medical Dialogues 28/03/2024
[Patients with delirium more likely to develop dementia](#) Nationaltribune AU 28/03/2024

Also in: Health Medicine Network, News-Medical, Head Topics, Medical Xpress, Mirage News Australia, my science, Medical Dialogues, Financial Express, Newsweek



Investigation: [Revealed: hospital leaders warned that failure to recall striking doctors risked patient safety in some trusts, documents show \(PR\)](#)

[WHAT ARE THE PATIENT SAFETY CONCERNS OVER STRIKE DAY COVERAGE IN THE UK](#) Health Medicine Network 27/03/2024

Also in: Medscape, Scienmag, Medical Xpress, Mirage News Australia

Analysis: [The future of the NHS depends on its workforce \(PR\)](#)

[Improving NHS staff conditions essential for service and patient outcomes](#) Head Topics 28/03/2024

Also in: Health Medicine Network, News-Medical, Medical Xpress, Mirage News Australia

Research: [Derivation and external validation of a simple risk score for predicting severe](#)

[acute kidney injury after intravenous cisplatin: cohort study](#) (External PR)

[Researchers Create New Tool for Assessing Risk of Kidney Injury After Chemotherapy](#) ReadMD
27/03/2024

Also in: Health Medicine Network, News-Medical, Drugs.com,

Other notable coverage

[Will this strange antarctic squid solve America's memory crisis?](#) New York Post 25/03/2024 (no link available)

[Princess Catherine cancer: What is preventative chemotherapy?](#) The Express Tribune
25/03/2024

Also in: The Daily Mail, British Bulletin, MSN IE, Express Digest, internewscast, Study Finds, Hospital Healthcare, MENA FN

[Navigating the minefield of AI in healthcare: Balancing innovation with accuracy](#) MSN
25/03/2024

Also in: News-Medical.Net, Heads Topics

[8 So-Called 'Health Foods' That Aren't As Healthy As You Thought](#) The Ghana Report
25/03/2024 **(Previous PR)**

Also in: The Independent, The HuffPost, Yahoo News Australia & NZ, Yahoo Finance, Yahoo Lifestyle, Voice of Islam Radio,

[I Just Learned Where Surgeons Put Their Wedding Rings During Operations, And It's Not Where I Expected](#) The Huffington Post 25/03/2024

Also in: Head Topics, Yahoo News

[Are you hooked on happy pills?](#) Irish Daily Mirror 26/03/2024 (no link available)

[Cholesterol-lowering pill sparks scare in Japan after 2 deaths, over 100 hospitalisations](#) The Economic Times 27/03/2024

Also in: Today Singapore, The Straits Times, Borneo Post, Malay Mail, Jakarta Post, Times of India, Medical Xpress

[7 Simple Tricks to Tame Your Blood Pressure Quickly, According to Heart Health Experts](#) Yahoo News Australia & NZ 26/03/2024

Also in: Yahoo Lifestyle

['I'm a brain doctor - trying to come off antidepressants left me in a state of terror'](#) Daily Express
26/03/2024

[Digital government is failing. The cracks are starting to show](#) The Evening Standard 26/03/2024

[Carly Rae Jepsen shares lacklustre results after attempting to quit sugar](#) Yahoo News
28/03/2024

Also in: The Independent, MSN IE, Yahoo Singapore, Yahoo Canada,

[Did lockdown really scar my generation?](#) The Guardian 29/03/2024

Also in: MSN News

[Pessary or Progesterone for Preterm Birth? Advantage Med](#) Medscape 29/03/2024

[Signs, symptoms and causes of vascular dementia – and how to prevent it](#) Yahoo News
28/03/2024

[Diabetes, pollution linked to faster brain ageing: Study](#) Mint Lounge 28/03/2024

[Benefits of wild water swimming Room 101 with Paul Merton](#) BBC Radio 4 29/03/2024 (4 minutes 5 seconds into show)

[This innovative tool could safeguard cancer patients from chemotherapy-induced kidney damage](#) News-Medical 30/03/2024

[The chatbot will see you now...AI offers prescription 'safety net'](#) The Observer 31/03/2024 (no link available)

Also in: The Guardian

[Asbestos firm hid cancer risk for 30 years](#) The Sunday Times 31/03/2024 (no link available)

[Good news, pasta lovers. It's not as bad for your health as you may think](#) The Age Australia 31/03/2024

Also in: The Sydney Morning Herald, Brisbane Times, WAtoday.com,

[The Mental Health of MPs - News Bulletin](#) Times Radio 31/03/2024 (1:44 into show)

[Experts warn poorest Scots are waiting longest to be admitted to A&E and arrive at hospital sicker](#) The Sunday Post 31/03/2024

[The Unfortunate Health Drawbacks Of Being Brunette](#) Health Digest 31/03/2024

JOURNALS

BMJ Open

Research: [Association between physical activity over a 10-year period and current insomnia symptoms, sleep duration and daytime sleepiness: a European population-based study \(PR\)](#)

[Exercising at least twice a week significantly cuts insomnia risk, says study](#) Sky News 27/03/24

[Regular exercise is associated with less insomnia, study shows](#) CNN + International 27/03/24

[Scientists reveal how much to exercise for better sleep quality](#) India Today 27/03/24

Also in: The Guardian, Daily Mail, The Daily Telegraph, The Independent, iNews, The Times, The Sun, The Mirror, The Daily Telegraph, Yahoo News UK, Wales Online, AOL UK, The Irish News, Irish Examiner, Irish Independent, Daily Express, inews, Bristol Post, British Bulletin, Jersey Evening Post, MSN UK, Evening Standard, Express & Star, The Sunday Post, Absolute Radio, talkSport, talkRadio, Voice of Islam Radio

International: Newsweek, Breitbart, US News & World Report, The National (AE), The Korea Herald, UPI, AKI Press (Kyrgyzstan), Lumi News Malaysia, NBC Right Now, BNN Breaking, Zee News, Mirage News Australia, NY Breaking, Yahoo Canada +Singapore, MSN (AU), Malay Mail, News9, AOL.com, Miami County Republic,

Other: News-Medical, HealthDay, Science Times, Medical Daily, Ground News, Newsbreak, Study Finds, Healthcare Newsdesk, WhatsNew2Day, Newstral, Medical Xpress, ExBulletin, Yahoo Finance, Health Medicine Network, Yahoo Lifestyle, MSN Health & Fitness, the health cast, Drugs.com, Head Topics, MedPage Today, Weekly Sauce, Medical Dialogues, TheHealthSite, Personnel Today, Prevention Online, HealthShots, Healthline, Medium, Express Digest, ScienceDaily



Picked up by 107 news outlets
Blogged by 4
Posted by 271 X users
On 1 Facebook pages
1 readers on Mendeley

[Is kimchi a weight loss superfood?](#) Food Navigator Europe 26/03/24 (**Previous PR**)

[MedWatch Digest: FDA approves drug for deadly lung condition — and more](#) Yahoo News

27/03/2024

BMJ Quality & Safety

Research: [Estimating the impact on patient safety of enabling the digital transfer of patients' prescription information in the English NHS \(PR\)](#)

[Shared digital NHS prescribing record could avoid nearly 1 million annual drug errors](#) Medical Xpress 26/03/2024

Also in: News-Medical, Health Medicine Network, Mirage News Australia, MSN South Africa, Scienmag, Talking Healthtech, Heath Tech World, Ground News

Emergency Medicine Journal

Research: [Cessation of Smoking Trial in the Emergency Department \(COSTED\): a multicentre randomised controlled trial \(PR\)](#)

[Handing out free vapes in A&E helps people quit cigarettes](#) The Daily Telegraph 27/03/2024 (online + print)

[Free vapes given to smokers at hospitals could help thousands quit, study suggests](#) Sky News 27/03/2024



Also in: BBC News, The Daily Mail, The Independent, Yahoo News UK, MSN UK, The National Scot, Eastern Daily Press, Express & Star, Jersey Evening Post, Shropshire Star, AOL UK, Belfast Telegraph, The Sunday Post, Planet Radio, Business Day, Foreign Affairs, Mirage News Australia, Health Medicine Network, Scienmag, News-Medical, Drugs.com, Personnel Today, Doctors.net, Ground News

Annals of the Rheumatic Diseases

[Updated recommendations for psoriatic arthritis](#) Medical Xpress 25/03/2024

Also in: Health Medicine Network,

Archives of Disease in Childhood

Further coverage of poor air quality around planned new schools in England (PR)

[Dirty air surrounds proposed school sites in England](#) Medscape 27/03/2024

BMJ Case Reports

[MEDICAL MARVEL Incredible case of the man with TWO HEADS including a second scalp & teeth-filled mouth on his cheek...which could smile](#) The Sun (Scottish + Irish edition) 27/03/2024

[What happens to your nails when you drink milk everyday](#) HealthDigest 31/03/2024

BMJ Global Health

[Equity champion bids musical farewell to top journal](#) Research Professional International

28/03/24

BMJ Nutrition, Prevention & Health

[How much apple cider vinegar to drink to aid weight loss and reap health benefits](#) The Mirror 26/03/2024 (**Previous PR**)

Also in: Yahoo Lifestyle, AOL, Health.com, The Indian Express

BMJ Oncology

[One in ten cancer cases are diagnosed in patients under 50](#) The Times 25/03/2024 (no link available) (**Previous PR**)

[Oncologist: Kate's diagnosis is part of a troubling trend](#) CNN 27/03/2024

Also in: The Times Ireland, British Bulletin, Yahoo News UK, The Sun + Scottish edition, AOL UK, inews, CNN, New York Post, El Pais (English), Today (Singapore), AOL.com, MSN Arabia, Malay Mail, Yahoo News Canada, Yahoo News Australia + NZ, The Straits Times, NDTV, Arab Times, Philippine Star, RTL Today, Pedfire, Internewscast, Breaking Latest News, Reutir, Health Medicine Network, MSN Health & Fitness, Medical Xpress, NewsMax, Barron's, Actual News Magazine, ExBulletin

['Chemo overdose' - silent crisis killing hundreds of Americans each year and hospitalizes up to one in 50](#) Mail on Sunday 31/03/2024

BMJ Public Health

Further coverage of double jointedness and greater risk of Long Covid (PR)

[BEING DOUBLE-JOINTED PREDICTS GREATER RISK OF LONG COVID](#) : Pedfire 25/03/2024

Also in: ScienceAlert, Drugs.com, ReachMD

Research: [How do clinicians use post-COVID syndrome diagnosis? Analysis of clinical features in a Swedish COVID-19 cohort with 18 months' follow-up: a national observational cohort and matched cohort study](#) (**External PR**)

[New study reveals who was more vulnerable to post-COVID syndrome early in the pandemic](#) Medical Xpress 26/03/2024

BMJ Sexual & Reproductive Health

Research: [Preconception health risk factors documented in general practice electronic medical records](#) (**External PR**)

[Pre-pregnancy risk factors are common among women of reproductive age](#) Medical Xpress 25/03/2024

BMJ Supportive & Palliative Care

[Most British assisted deaths in Switzerland had non-terminal illness](#) The Telegraph 30/03/2024

Also in: Yahoo News, MSN Singapore

British Journal of Ophthalmology

[Something in your eyes may reveal if you are at risk of early death](#) ScienceAlert 30/03/2024 (**Previous PR**)

Tried & Tested - Dry Eye Syndrome The Sun + Scottish + Irish editions 31/03/2024 (no link available)

British Journal of Sports Medicine

The #1 Exercise You Should Be Doing for Better Blood Pressure. According to Experts Yahoo Lifestyle 25/03/2024 (Previous PR)

Also in: Daily Express, Newsweek

Walk Your Way to Better Health Yahoo Lifestyle 26/03/2024 (Previous PR)

Also in: MSN Health & Fitness, Latin Business Today, Benzinga, AOL.com, Prevention, St Louis Post-Dispatch, DNews, Yahoo Canada, Yahoo Finance, Scitechdaily

'Sexism is the risk factor': football's race to learn more about ACL injuries The Guardian (Print + Online) 27/03/2024

Mouthguards recommended for riders in some sports after new concussion research Horse & Hounds 31/03/24

An active childhood may save your life 40 years later Study Finds 31/03/24 (Previous PR)

eGastroenterology

Review: Extracellular vesicles targeting non-parenchymal cells: the therapeutic effect on liver fibrosis (External PR)

LIVER FIBROSIS, NON-PARENCHYMAL CELLS AND THE PROMISE OF EXOSOME THERAPY Health Medicine Network 27/03/2024

Also in: Medical Xpress

Gut

The truth about holding in wind and how you can train your body to stop farting... A top dietitian's expert guide on how to beat excessive flatulence The Daily Mail 25/03/2024

Also in: Head Topics, British Bulletin

Research: Oral bacteria accelerate pancreatic cancer development in mice (External PR)

Study unveils link between oral bacteria and pancreatic cancer development in mice News-Medical 26/03/2024

Also in: Medical Xpress, The Jerusalem Post

Journal for ImmunoTherapy of Cancer

Guidelines: Toxicity management vital with tumor-infiltrating lymphocytes Healio 26/03/24

Transgene anticipates significant progress from immunotherapy pipeline in 2024 and extends financial visibility until Q4 2025 Yahoo Finance 27/03/2024

Journal of Medical Ethics

Oregon Sets New Record for Assisted Suicide Deaths as More People Pushed to Kill Themselves Conservative Angle 29/03/2024

Journal of Neurology, Neurosurgery & Psychiatry

Symptoms and early signs of dementia Yahoo.com 27/03/24 (Previous PR)

Occupational & Environmental Medicine

[Executive Stress: 4 Key Strategies To Preventing CEO Burnout](#) Forbes 31/03/24

RMD Open

[Patients with prior sinusitis have greater rheumatic disease risk](#) Healio 26/03/2024 (**Previous PR**)

Also in: Medical Dialogues (IN)

Sexually Transmitted Infections

[Doing This Before Having Sex Is More Dangerous Than You Think](#) Health Digest 25/03/2024 (misattributed to The BMJ) (**Previous PR**)

INFLUENCE

The United Nations Regional Information Centre for Western Europe has reposted verbatim the [BMJ Public Health press release](#) on the potential risks to hearing of video gaming.