



BMJ in the News is a weekly digest of national and international news coverage in English for BMJ, The BMJ, and BMJ Journals.

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Coverage for 18 - 24 March 2024

PRESS RELEASES

[The BMJ](#) | [Archives of Disease in Childhood](#)
[BMJ Public Health](#)

EXTERNAL PRESS RELEASES

[BMJ Public Health](#)
[BMJ Open](#)
[eGastroenterology](#)

OTHER COVERAGE

[The BMJ](#) | [Annals of the Rheumatic Diseases](#) | [Archives of Disease in Childhood](#)
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[BMJ Open Sport & Exercise Medicine](#) | [BMJ Oncology](#) | [BMJ Paediatrics Open](#)
[British Journal of Ophthalmology](#) | [British Journal of Sports Medicine](#) | [Heart](#)
[Journal for ImmunoTherapy of Cancer](#) | [Journal of Epidemiology & Community Health](#)
[Journal of Medical Ethics](#) | [Journal of Neurology, Neurosurgery & Psychiatry](#)
[Lupus Science & Medicine](#) | [Medical Humanities](#) | [RMD Open](#) | [Tobacco Control](#)

INFLUENCE

The BMJ press release coverage

Analysis: [NHS funding for a secure future](#) (PR)

[NHS will need £8.5bn extra a year over next four years to tackle waiting lists](#) The Independent
21/03/2024

[NHS chief says taxes alone can't fund ailing £160billion-a-year service as he hints it might be time for a 'private solution' amid clamour for hospitals to get extra £32bn to get back on track](#) Daily Mail
21/03/2024

Also in: The Daily Telegraph (print), The Guardian, [Morning Star](#), Daily Express, Yahoo News UK, [TalkTV](#), TalkRadio, British Bulletin, MSN UK, i news, Newswav, AOL UK, Express & Star, Jersey Evening Post, Shropshire Star, This is Guernsey, The Sunday Post, The Courier UK, Belfast

Telegraph, Ireland Live, Yahoo Singapore, Yahoo Canada, Yahoo Malaysia, Yahoo NZ, Mirage News Australia, Medical Xpress, Health Medicine Network, Head Topics, News-Medical.Net, News Break

Feature: [Devalued: doctors' real terms purchasing power has declined significantly over 15 years, independent economic analysis confirms \(PR\)](#)

[Junior doctors in England vote for six more months of strikes](#) The Guardian 21/03/2024
[Doctors' pay in England has declined by 25% since 2008, analysis shows](#) Medical Xpress 22/03/2024

Also in: The Independent, Mirage News Australia, Scienmag, News-Medical.Net

Reddit thread:

https://www.reddit.com/r/doctorsUK/comments/1bkwvb0/devalued_doctors_real_terms_purchasing_power_has/

Research: [Current safeguard, risk mitigation, and transparency measures of large language models against the generation of health disinformation: repeated cross sectional analysis \(PR\)](#)

[AI chatbots 'lack safeguards to prevent the spread of health disinformation'](#) Evening Standard 21/03/2024

[AI-assistants, chatbots lack safeguards from creating health disinformation](#) ET Healthworld 23/03/2024

Also in: The Independent, The Sunday Post, Express & Star, Belfast Telegraph, Eastern Daily Press, Jersey Evening Post, Yahoo UK, The National Scot, Mirage News Australia, India Education Diary, devdiscourse, Yahoo Finance, Tech and Science Post, Phys.org, Health Tech World, News-Medical.Net

Further coverage for rise in UK cancer cases (PR)

[Princess Catherine Cancer: What Is Preventative Chemotherapy?](#) International Business Times 23/03/2024

Also in: Yahoo News UK, Yahoo Singapore, Yahoo Canada, Japan Today, SBS Australia, NDTV, Pulse, yahoo Lifestyle, NewsFinale, Financial Times

Other notable coverage

[Minimum unit pricing on alcohol - Drivetime](#) BBC Radio Scotland 18/03/2024 (53 minutes, 35 seconds in)

[Other causes and your treatment options](#) Daily Mirror (+ Scottish + Irish edition) 19/03/2024 (no link available)

[Is pornography causing an erectile dysfunction epidemic?](#) Daily Mirror 19/03/2024

Also in: Daily Express, internewscast, Men's Health

[I felt such a failure for being unable to breastfeed...but it was due to a condition so many women suffer from](#) Daily Mail (+ Scottish edition) 19/03/2024 (no link available)

Also in: British Bulletin

['Game-changer' drug can prevent chronic urine infections...yet many women are still not being given it](#) Irish Daily Mail 19/03/2024 (no link available)

Also in: MSN News, inews,

[The world's 100 worst polluted cities are in Asia — and 83 of them are in just one country](#) CNN 19/03/2024 (Previous PR)

Also in: CNN International, Sky News, AOL.com, Yahoo News, Yahoo Singapore, MENA FN
[Are Vitamins Causing You Upset Stomach?](#) Everyday Health 18/03/2024
[Global Electric Bicycle Market Share, Top Trends, Forecast To 2030](#) MENA FN 18/03/2024
[What Is Painsomnia And Can Cannabis Help](#) ArcaMax 19/03/2024 **(Previous PR)**
[I Just Found Out Why Easter Egg Chocolate Tastes Different To Normal Chocolate, And I Knew I Wasn't Imagining It](#) Huffington Post 19/03/2024
[An expert guide to intermittent fasting](#) The Daily Telegraph 19/03/2024

Also in: Yahoo News

[From anxiety to cancer, evidence stacks up against ultra-processed foods](#) ExBulletin 19/03/2024
(Previous PR)

Also in: The Huffington Post, Yahoo News UK, Canada News, Yahoo Singapore, Yahoo Canada, Today Headline, NewsBreak, MSN Health & Fitness, Yahoo Finance
[How dancing could improve your mental health](#) MSN 19/03/2024

Also in: Free Malaysia Today

[Doctors criticise Royal College's 'disgraceful' handling of PA debate](#) Pulse 20/03/2024
[Molecular Robotics Market Share Analysis, Industry Trends & Statistics and 10 Year Growth Forecasts 2019-2029](#) Benzinga 21/03/2024

Also in: Latin Business Today, MENA FN, Yahoo Finance

[State Psychological Experts Distance Themselves From "Nudging" Behavioral Manipulation pushed during COVID](#) Conservative Angle 22/03/2024

[The Simple Change That Can Improve Patient Satisfaction](#) Medscape 22/03/2024 **(Previous Xmas PR)**

[Lung disease patients having to wait 10 years for diagnosis in poorer areas](#) The Observer 24/03/2024 (no link available)

Also in: The Guardian, AOL, MSN UK

[How Health Insurance 'Prior Authorization' Works. And How To Fix It](#) Forbes 23/03/2024

[How rightwing groups used junk science to get an abortion case before the US supreme court](#) The Guardian 23/03/2024

Also in: MSN South Africa,

['Five 'healthy' foods I now avoid eating - and why they're not what they seem'](#) HeadTopics 23/02/2024 **(Previous PR)**

Also in: Daily Record

[I tried ecstatic dance to see if it's the ultimate therapy](#) The Independent 24/03/2024 **(Previous PR)**

[LEFT TO ROT Inside abandoned asylum just minutes from Celtic's training ground that holds dark past](#) The Sun (+ Scottish edition) 24/03/2024

[The 13 Unhealthiest Costco Bakery Foods](#) Yahoo Lifestyle 24/03/2024

JOURNALS

Archives of Disease in Childhood

Research: [Investigating the air quality surrounding new schools in England: polluted playgrounds and school buildings are a source of avoidable harm](#) (PR)

[All new schools in England face unsafe levels of pollution - study](#) The Guardian print + online 20/03/2024

Also in: The Independent, Yahoo News UK, The Mirror, AOL UK, Irish News, Express & Star, The Sunday Post, Belfast Telegraph, Jersey Evening Post, Bristol Post, Mirage News Australia, Medical Xpress, EdCentral UK, News-Medical, Inkl, Newstral, Health Medicine Network, Scienmag, Headtopics, Environmental Health News, Education Business

Further coverage of overweight primary school girls at risk of musculoskeletal problems (PR)

[Overweight primary school girls more likely to seek doctor's help for musculoskeletal problems](#)

MSN 18/03/2024

Also in: News-Medical.Net, Head Topics, Healio

[Colman Noctor: Are voice assistants making us 'less human'?](#) Irish Examiner 19/03/2024

(Previous PR)

BMJ Public Health

Research: [Is joint hypermobility linked to self-reported non-recovery from COVID-19? Case-control evidence from the British COVID Symptom Study Biobank](#) (PR)

[People with hypermobility may be more prone to long Covid, study suggests](#) The Guardian print + online 19/03/24

[Could Double-Jointed Folk Face Higher COVID Risks?](#) US News & World Report 20/03/24

[Joint hypermobility syndrome linked to increased risk of long Covid](#) Nursing Times 20/03/24

Also in: Daily Mail, Irish Independent, British Bulletin, Yahoo News UK, Female First, Yahoo News Canada, Mirage News Australia, CIDRAP, Medical Xpress, HealthDay, Drugs.com, Medical Daily, News-Medical, Physio Update, Medscape, Technology Networks, Ground News, Health Medicine Network, Scienmag, HeadTopics, Weekly Sauce, the healthcast.com, Study Finds, ScienceAlert, Becker's Hospital Review, Science Times, Knowridge Science Report

Research: [Intensive home visiting for adolescent mothers in the Family Nurse Partnership in England 2010–2019: a population-based data linkage cohort study using propensity score matching](#) (External PR)

[Child health is in crisis in the UK - here is what needs to change.](#) Medical Xpress 18/03/2024

Annals of the Rheumatic Diseases

[Gout not just for Victorians: 1 in 40 Brits have this extremely painful disease](#) News-Medical.Net 18/03/2024

[Long term exercise therapy improves functional outcomes among rheumatoid arthritis patients: BMJ](#) Medical Dialogues 18/03/2024

[Psoriatic Arthritis: Updated Guideline Clarifies Treatment Sequence](#) MedPage Today 19/03/24

BMJ Case Reports

[Five normal things you're doing that could land you in the ER](#) Toronto Star 22/03/2024

BMJ Evidence-Based Medicine

[News You Can Use: Here's What the Latest Research Papers Are Saying and How They Can Impact Your Health](#) Men's Health 20/03/2024 **(Previous PR; curcumin)**

BMJ Global Health

[Bridging the Gender Divide in Healthcare through Behavioural Shifts](#) ET Healthworld 22/03/2024

BMJ Nutrition, Prevention & Health

Further coverage of apple cider vinegar for weight loss (PR)

[How a daily shot of apple cider vinegar could work like natural Ozempic to help with weight loss and diabetes](#) Daily Mail + Scottish edition 19/03/2024 (no link available)

Also in: British Bulletin, Daily Express, Daily Record, Head Topics, The New Daily, Longevity Live, News-Medical, Medical News Today, Best Life, USTimes Post, Philly Voice, Healthnews.com, Medical Dialogues, Everyday Health

[Could this diet ward off COVID?](#) Harvard Health Newsletter (April issue) 19/03/24 (**Previous PR**)

Also in: Breaking Latest News

[Get heart smart: Transforming cardiovascular health through diet and education](#) News-Medical.Net 21/03/2024

BMJ Oncology

[What we know about the health of Princess Catherine](#) The Washington Post 23/03/2024 (print + online)(**Previous PR**)

Also in: Yahoo News UK, MSN UK, Rappler, Devdiscourse, Radio New Zealand National, SBS Australia, GMA News, Yahoo Singapore, MSN South Africa, Yahoo Finance, MSN Health & Fitness, The News International, Business Insider, International Business Times, NDTV, Kashmir Vision, Knewz, Breaking Latest News

BMJ Open

Research: [Sex differences among children, adolescents and young adults for mental health service use within inpatient and outpatient settings, before and during the COVID-19 pandemic: a population-based study in Ontario, Canada](#) (**External PR**)

[COVID-19 took a mental health toll on mothers, young women and adolescent girls, researchers find](#) Medical Xpress 20/03/2024

Also in: Live Action

[Secure, Arch, Calibre, Empress At 52-Week Highs On News](#) MENA FN 18/03/2024

[Arch Biopartners Clinical Team Publishes Data from Phase II Trial for LSALT Peptide Targeting Organ Inflammation in Hospitalized Patients Infected with SARS-CoV-2](#) Biospace 18/03/2024

Also in: Financial Post Magazine, Associated Press Online, Benzinga, Yahoo Finance,

[Three studies, hundreds of kilos: Did we find the weight loss silver bullet?](#) The Age Australia 19/03/2024 (**Previous PR**)

Also in: Brisbane Times, WAToday.com, The Sydney Morning Herald, MSN AU

[Do better: The message to the industry from an analysis of clinical evidence submitted to NICE over 20 years](#) Pharmaphorum 20/03/2024 (**Previous PR**)

[Women Physicians Still Paid Less Despite Wealth of Research on Gender Pay Gap](#) MedPage Today 20/03/2024 (**Previous PR**)

[Looking to prevent weight gain? Try kimchi](#) The Peak Magazine (SG) 22/03/24 (**Previous PR**)

[Optician says lack of sleep can cause serious eye problems](#) Bristol Post 24/03/2024

BMJ Open Diabetes Research & Care

Is a pill the answer to our obesity crisis? Irish Daily Mail 19/03/2024 (no link available)

The bitterness of sugar The Economic Times India 20/03/2024

BMJ Open Gastroenterology

Iron deficiency increases the risk of celiac disease Breaking Latest News 19/03/24

BMJ Open Sport & Exercise Medicine

Starting Your Day With This One Simple Move Thwarts Upper Back Pain, Doctor Says Yahoo Lifestyle 19/03/2024

Also in: MENA FN

BMJ Open Respiratory Research

COPD 10-Fold More Common in Adults with Asthma, Most Severe Comorbidity: Population-Based Study Patient Care Online 19/03/24

BMJ Paediatrics Open

Children With Chronic Fatigue Syndrome Languishing Untreated Medscape 18/03/2024

British Journal of Ophthalmology

Sildenafil flops in reduction of risk of age-related macular degeneration, suggests study Medical Dialogues 21/03/2024

British Journal of Sports Medicine

How healthy are you really? Take these 8 tests to find out Evening Standard 18/03/2024 **(Previous PR)**

Also in: Yahoo UK, Yahoo Singapore, MSN South Africa

Good News for office workers: 10,000 steps a day linked to 39% reduced risk of death

SciTechDaily 18/03/24 **(Previous PR)**

Also in: The Independent, British Bulletin, Irish News, Daily Star, Yahoo Lifestyle

Chronic Kidney Disease : What Is It & Treatments MSN.com 18/03/24 **(Previous PR)**

How to Improve Memory: 9 Expert Tips for Seniors US News & World Report 19/03/2024

Also in: MSN Health & Fitness

The Best Chest Exercises and Workouts You Need to Build Bigger Pecs Yahoo Lifestyle 19/03/2024

News You Can Use: Here's What the Latest Research Papers Are Saying and How They Can Impact Your Health Men's Health 20/03/2024 **(Previous PR)**

Can cycling damage the prostate? What men can do to protect themselves National World 21/03/24

Woman Looks for Missing Golden Retriever—Doesn't Expect Where She Finds Him Newsweek 21/03/24 **(Previous PR)**

Researchers take a step towards less invasive ACL injury therapy 9 News Australia 22/03/2024

Also in: MSN AU

[‘IOC transgender framework goes against science’](#) The News International 24/03/2024

Also in: The Hindu, Reuters, iAfrica (**Previous PR**)

[Just 25 minutes of daily exercise is enough to cut death risk from prolonged sitting, scientists say](#)

The Ghana Report 24/03/2024 (**Previous PR**)

eGastroenterology

Review: [Spleen stiffness measurement as a non-invasive assessment in patients with portal hypertension](#) (**External PR**)

[New test shows promise for diagnosing and managing portal hypertension](#) Medical Xpress
18/03/2024

Heart

Further coverage of Covid jab linked to lower risk of heart clots (PR)

[COVID Jab Reduces Risk of Heart Complications, Clots](#) Mirage News Australia 19/03/2024

Also in: ABC News, WebMD the Magazine, Head Topics, MSN UK, Yahoo News, NewsMax, NewsFinale, Yahoo Lifestyle

[6 Health and Wellness Benefits of Taking Hot Baths, According to MDs](#) Yahoo News UK
24/03/2024 (**Previous PR**)

Also in: Yahoo Singapore, Yahoo Australia & NZ, Yahoo Canada, Yahoo Lifestyle, Yahoo Finance

Journal for ImmunoTherapy of Cancer

[Checkpoint Therapeutics Reports Full-Year 2023 Financial Results and Recent Corporate Highlights](#) Associated Press 22/03/2024

Also in: Benzinga, BioSpace, USA Life Sciences

[‘Wake-up call’: Cardiovascular toxicity a concern for patients receiving bispecifics](#) Healio
22/03/2024

Journal of Epidemiology & Community Health

[No Cuts! Fund our services](#) The Socialist Party (formerly Militant) 20/03/24 (**Previous PR**)

[US economist says boomers are not all onboard with the ‘modern’ notion of a ‘work-free retirement.’ Here’s why](#) Yahoo Finance 22/03/24

Also in: AOL.com

Journal of Medical Ethics

[Americans sent to ‘Medical Death Row’ for refusing to take ‘controversial experimental vaccine’
Religious freedom lawyer warns](#) Conservative Angle 18/03/2024

Journal of Neurology, Neurosurgery & Psychiatry

[Stroke Risk Mitigated by Low Levels of Exercise: Daily Dose](#) Patient Care Online 21/03/24
(**Previous PR**)

Lupus Science & Medicine

[How Are Multiple Sclerosis and Rheumatoid Arthritis Connected?](#) Health Central 19/03/24

Medical Humanities

[Sing it out: how singing a tune can help your health](#) Irish Examiner 21/03/2024 (misattributed to The BMJ)

RMD Open

[Early Diagnosis Improves Clinical Outcomes in Psoriatic Arthritis](#) Medscape 18/03/2024

Tobacco Control

[ONE MILLION ADULTS SMOKE MENTHOL-FLAVORED CIGARETTES IN BRITAIN DESPITE BAN: STUDY](#) Health Medicine.com 18/03/2024

Also in: Medical Xpress

INFLUENCE

Tom Elliott, a member of UUP mentioned **The BMJ** during a **Private Members' Business in the Northern Ireland Assembly on 19 March 2024**. *"I will quote a short portion from an article in 'The BMJ': "Holiday hunger is an under-researched phenomena; it is a contemporary term, but policy makers have been concerned about food insecurity during school holidays since the start of the 20th century. On 27 March 1914, for example, Bradford MP Fred Jowett proposed a bill to 'enable meals to be provided for underfed children during school holidays.' He became concerned about the problem after consulting with a school medical officer who observed a decrease in children's weight during the school holidays."*

Lord Hunt of Kings Heath mentioned a **BMJ opinion piece** during a **debate on sexual and reproductive healthcare in the House of Lords on 19 March 2024**. *As we can see, it is very easy then virtually to dismantle OHID without any public or parliamentary scrutiny whatever Hunter, Littlejohns and Weale, in a forthcoming BMJ opinion column, will argue: "Set up in haste with no consultation, OHID lacks any of the ... independence PHE had, being an opaque body scattered through the [Department of Health and Social Care](#). Given its low profile and lack of a clear mission, it comes as no surprise that, despite denials from the government, it has been virtually eviscerated"*.

Jonathan Gullis, Conservative MP for Stoke-on-Trent North, mentioned the journal **Heart** during a debate on **defibrillators at Westminster Hall on 20 March 2024**. *Further, according to the journal Heart, people in England and Scotland's most deprived areas are between 99 metres and 317 metres further away from their nearest 24/7 defibrillator than those in more affluent areas.*