

BMJ



BMJ in the News is a weekly digest of national and international news coverage in English for BMJ, The BMJ, and BMJ Journals.

Cision and Google Alerts provide the content daily. The views expressed are those of the individual journalists/outlets: they are intended to represent the breadth of media coverage, not endorsement by BMJ or the media relations team.

Coverage for 11 - 17 March 2024

PRESS RELEASES

[BMJ](#) | [The BMJ](#) | [Archives of Disease in Childhood](#)
[BMJ Nutrition, Prevention & Health](#) | [Heart](#)

EXTERNAL PRESS RELEASES

[The BMJ](#) | [BMJ Open](#)
[BMJ Public Health](#) | [eGastroenterology](#)
[Gut](#) | [Journal of NeuroInterventional Surgery](#)
[Tobacco Control](#)

OTHER COVERAGE

[The BMJ](#) | [Annals of the Rheumatic Diseases](#)
[BMJ Evidence-Based Medicine](#) | [BMJ Medicine](#) | [BMJ Open](#)
[BMJ Open Diabetes Research & Care](#) | [BMJ Open Sport & Exercise Medicine](#)
[BMJ Public Health](#) | [BMJ Sexual & Reproductive Health](#)
[British Journal of Sports Medicine](#) | [eGastroenterology](#) | [General Psychiatry](#)
[Gut](#) | [Heart](#) | [Journal of Epidemiology & Community Health](#)
[Journal of Medical Ethics](#) | [Journal of NeuroInterventional Surgery](#)
[Journal of Neurology, Neurosurgery & Psychiatry](#)
[Regional Anesthesia & Pain Medicine](#) | [Tobacco Control](#)

INFLUENCE

BMJ

[BMJ announces agreement](#) InPublishing 11/03/2024

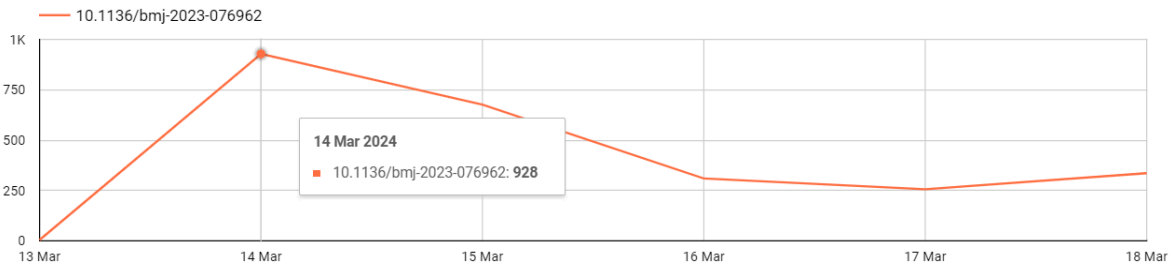
The BMJ press release coverage

Research: [25 year trends in cancer incidence and mortality among adults aged 35-69 years in the UK, 1993-2018: retrospective secondary analysis](#) + **Editorial:** [Cancer trends in the UK](#) (PR)

[Deaths from cancer in middle age fall by third](#) The Times **front page** 13/03/2024
[UK cancer study shows big fall in death rates since early 1990s](#) The Guardian 13/03/2024

[Cancer cases on the rise despite fewer middle-aged people dying from the disease](#) Sky News 14/03/2024

Also in: The Independent, Daily Mail, The Sun, Daily Mirror, Daily Express, BBC Radio 4 Today, Bloomberg, Gulf News, Evening Standard, Bristol Post, World News Network, Jersey Evening Post, The Sunday Post, Express & Star, GB News, Daily Record, Yahoo News UK, The Irish News British Bulletin, Yahoo Canada News, MSN (AU), Mirage News Australia, Medscape, Medical XPress, News-Medical, Study Finds, Personnel Today, Pulse, Technology Networks, ecancer, Health Reporter, Independent Nurse, Head Topics



Research: [Cervical pessary versus vaginal progesterone in women with a singleton pregnancy, a short cervix, and no history of spontaneous preterm birth at less than 34 weeks' gestation](#) (External PR)

[Progesterone more effective than cervical pessary at reducing the risk of severe preterm birth](#) NewsMedical 13/03/2014

Also in: Mirage News Australia, Medical Xpress, Medical Dialogues, Technology Networks

Further coverage of UPF's and health consequences (PR)

[Junk food addiction is real, experts say — here are the signs of 'ultra-processed food use disorder'](#) New York Post 12/03/2024

[It started with a jelly snake: How to have a healthy attitude about unhealthy food](#) The Age, Australia 12/03/2024

Also in: Irish Independent, MSN (AU), MSN (Arabia), Yahoo Lifestyle, Mint online, inews.co.uk, Pedfire, ScitechDaily

Other notable coverage

[Will the delicious but ultra-processed Coco pops, toast and Tunnock's biscuits i scoffed last night be the death of me?](#) Irish Daily Mail 12/03/2024 (no link available) (Previous PR)

Also in: WA Today, Brisbane Times, The Sydney Morning Herald, The Age Australia, Express India, HealthDay,

[Game changer drug can prevent chronic urine infection but women are still not being given it](#) Daily Mail 12/03/2024 (no link available)

Also in: British Bulletin

[Looking for ways to combat depression? New study recommends dancing](#) Yahoo Lifestyle 12/03/2024 (Previous PR)

[Detransition And Gender Fluidity: Deeper Understanding Can Improve Care And Acceptance](#) MENA FN 12/03/2024

Also in: Foreign Affairs, Medical Xpress

[What Happens To Your Gut When You Stop Taking Antidepressants](#) Health Digest 13/03/2024

[Investors are making a fortune from UK healthcare. Why is nobody holding private equity to account?](#) The Guardian 13/03/2024 (Previous PR)

['I worked as a bookie all my life... If I can get it, no-one is really safe'](#) Manchester Evening News 14/03/2024

[Suffer from migraines? 6 natural remedies and supplements that could help, from a specialist](#) CNBC 14/03/2024 **(Previous PR)**

[Cancer Prevention Beliefs: Where Have We Gone Wrong?](#) Medscape 14/03/2024 **(Previous Christmas PR)**

[HORROR WATCH Shocking video emerges showing a baby in a nappy puffing on a vape before coughing fit](#) The Sun (+ Scottish + Irish edition) 15/03/2024

[Netanyahu Approves Rafah Offensive](#) Newser 16/03/2024

[How to measure a healthy weight - there's no need for BMI](#) The Times 16/03/2024

[World Sleep Day 2024: Why Londoners are the worst sleepers in the country](#) The Evening Standard 16/03/2024

Also in: MSN UK, Yahoo UK

[Nutritionist shares 3 foods that will slash risk of dementia and 'nourish the brain'](#) The Mirror 16/03/2024

[Humza Yousaf urges members to send message to Scottish Tory MPs](#) The National Scot 16/03/2024

[PETER HITCHENS: We've dehumanised the unborn. Now it's the turn of the elderly and the ill](#) The Sunday Mail 17/03/2024

[NHS sex scandal: Female health professionals accuse bosses of 'shaming and gaslighting' victims after just 36 disgraced doctors were struck off last year as they warn 'this is not even the tip of the iceberg'](#) The Daily Mail 17/03/2024

JOURNALS

Archives of Disease in Childhood

Research: [Are children living with obesity more likely to experience musculoskeletal symptoms during childhood? A linked longitudinal cohort study using primary care records](#) **(PR)**

[Girls as young as FOUR are suffering joint problems caused by being fat](#) Daily Mail + Scottish edition (Print + Online) 13/03/24

[Obesity in school girls linked to higher rates of joint and muscle pain](#) Nursing in Practice 14/03/24

Also in: The Guardian (print + online), The Mirror, Wales Online, British Bulletin, The Sunday Post, MSN UK, Express & Star, MSN UK + AU, Newshub NZ, Minute Mirror (PK), Today Headline, Mirage News Australia, Bharat Express, Medical Xpress, News-Medical, Head Topics, Drugs.com, HealthDay, Physician's Weekly, Health Reporter, Ground News



- Picked up by **20** news outlets
- Blogged by **2**
- Posted by **2** X users
- On **1** Facebook pages

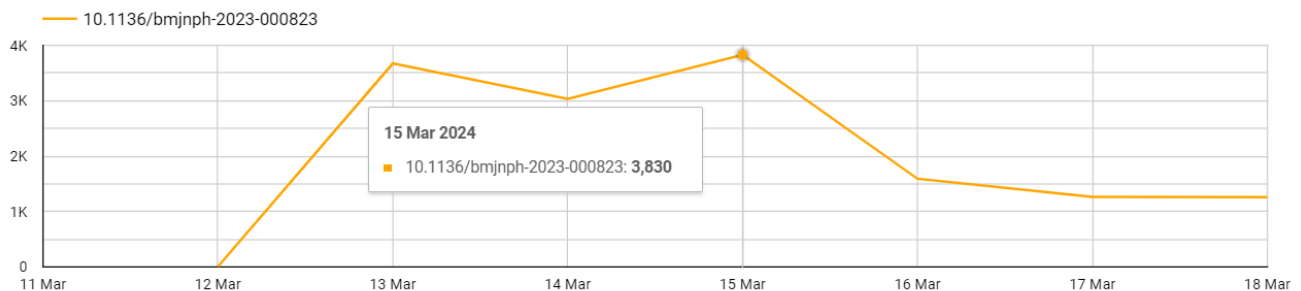
BMJ Nutrition, Prevention & Health

Research: [Apple cider vinegar for weight management in Lebanese adolescents and young adults with overweight and obesity: a randomised, double-blind, placebo-controlled study \(PR\)](#)

[Weight Loss in Young People May Be Aided by Apple Cider Vinegar](#) Newsweek 12/03/24
[Weight off: Daily shot of apple cider vinegar could boost weight loss and help you shed 18lb in just 3 months, scientists say](#) The Sun + Irish edition 12/03/24
[Could apple cider vinegar keep the kilos off? New study shows positive results](#) ABC News 13/03/24

Also in: The Times x 2 + Irish edition, Daily Express, Daily Telegraph (print + online), Bristol Post, Daily Record, Yahoo Life UK, AOL UK, GB News, iNews, The Mirror, Wales Online, BBC Good Food, Marie Claire UK, Vogue

International + Other: New York Post, The Sun US, Foreign Affairs, The Conversation (US), Medical Dialogues India, Yahoo Canada, Yahoo Australia + NZ, The News International, Foreign Affairs, Newshub NZ, The National (AE), Royal Australian College of GPs, AOL.com, Geo TV, News-Medical, Head Topics, Tech and Science Post, Internewscast, Drugs.com, World is One News, Yahoo Finance, Healthline, TheFocus.com, Women's Health, 1 News, Medical Xpress, HealthDay, Prevention.com



Heart

Research: [The role of COVID-19 vaccines in preventing post-COVID-19 thromboembolic and cardiovascular complications \(PR\)](#)

[Covid vaccines cut risk of virus-related heart failure and blood clots, study finds](#) The Guardian 12/03/24
[COVID jab linked to lower risk of COVID-19 related clot and heart complications: study](#) Medical Dialogues India 12/03/24
[COVID vaccines do protect against blood clots and heart failure](#) Personnel Today 15/03/24

Also in: AOL UK, Yahoo News, Medical Xpress, ABP News (IN), Business Insider India, News-Medical, HealthDay, Medscape, ExBulletin, MSN News, WebMD



Picked up by 34 news outlets
Blogged by 6
Posted by 4233 X users
Reddited by 2

Annals of the Rheumatic Diseases

[Safe GC tapering in Lupus: reducing flares and damage](#) Medscape 11/03/2024

[Horrible Histories: Cases of disabling Tudor disease that triggers red hot agonising attacks soar by 30% in young people](#) The Sun + Scottish edition 14/03/24

[Long-Term Exercise Therapy Improves Functional Outcomes among Rheumatoid Arthritis patients: BMJ](#) Medical Dialogues India 17/03/2024

BMJ Evidence-Based Medicine

[Are natural sweeteners like honey and agave really better for you?](#) The Washington Post 11/03/2024 (Previous PR)

BMJ Medicine

[The genetic 'crystal ball': Would you want to know which disease will kill you?](#) WA Today 12/03/2024

Also in: Brisbane Times, The Sydney Morning Herald, The Age Australia, MSN AU

BMJ Open

Research: [Association between expedited review designations and the US or global burden of disease for drugs approved by the US Food and Drug Administration, 2010–2019: a cross-sectional analysis](#) (External PR)

[Study finds US drug approvals 2010–2019 align with US, but not global, burden of disease](#) Medical Xpress 12/03/2024

Also in: Mirage News

Research: [HFE genotypes, haemochromatosis diagnosis and clinical outcomes at age 80 years: a prospective cohort study in the UK Biobank](#) (External PR)

[Genetic condition hemochromatosis linked to higher levels of disease in older people](#) Medical Xpress 13/03/2024

Also in: Mirage News Australia, MSN, ScienceDaily,

[Indigenous Americans see five-fold increase in fatal opioid overdoses over two decades, study says](#) AOL.com 14/03/24 (Previous US Focus PR)

Also in: The Hill, ScienceDaily

[COVID-19 Impacts Mental Health of Mothers, Young Women: Study](#) 15/03/2024

BMJ Open Diabetes Research & Care

[How the new weight-loss drugs may work better than Ozempic and other jabs](#) Daily Mail 12/03/2024 (no link available) (Previous PR)

Also in: British Bulletin

BMJ Open Sport & Exercise Medicine

[Starting Your Day With This One Simple Move Thwarts Upper Back Pain, Doctor Says](#) Yahoo News 15/03/2024

BMJ Public Health

Research: [‘I wouldn’t trust it ...’ Digital transformation of young people's sexual health services: a systems-informed qualitative enquiry](#) (External PR)

[Digitalized sexual health services wouldn't be trusted by young people, finds study](#) Medical Xpress 11/03/2024

Also in: Tech and Science Post

[‘Long COVID’ doesn't exist as we know it, according to new research](#) Sydney Morning Herald 15/03/24

Also in: Irish Independent, TalkTV, TalkRadio, MSN IE, ABC News, The Age, WA Today, Brisbane Times, Mail Australia, Mirage News Australia, The New Daily, Radio New Zealand, Study Finds, ScienMag, Medical Xpress, News-Medical.Net

BMJ Sexual & Reproductive Health

[MHT not the answer for all symptoms](#) The Medical Republic AU 14/03/24

British Journal of Sports Medicine

Further coverage of 10,000 steps to offset sitting and early death (PR)

[Scientists reveal optimal number of daily steps](#) ScienceAlert 11/03/2024

[How Many Steps Do You Really Need? That’s the Wrong Question](#) New York Times 14/03/24

Also in: The Daily Mail (2nd piece), The Independent (2nd piece), The Daily Telegraph (2nd piece), HuffPost UK + US, BNN Breaking, MSN Health & Fitness, Digital Journal, Ex Bulletin, Drugs.com, Personnel Today, Mail on Sunday

[Exercise linked to lower kidney disease risk in diabetes patients](#) Medscape 11/03/2024 **(Previous PR)**

[Blood pressure is best lowered by 2 exercises, study finds](#) Yahoo Canada 14/03/24

Also in: Yahoo UK + Singapore, AOL.com, Yahoo Finance, MSN Health & Fitness, News Channel 5

[Why Do So Many Doctors Give the Same Bad Advice? The 17-Year Rule](#) Yahoo News (US) 17/03/24 **(Previous PR: concussion)**

eGastroenterology

Editorial: [Perspectives of mitochondria-lysosome-related organelle in hepatocyte dedifferentiation and implications in chronic liver disease](#) (External PR)

[Understanding chronic liver disease through mitochondria](#) Medical Xpress 12/04/24

Also in: News-Medical

General Psychiatry

[The best cereals for your health - and the ones to avoid](#) The Daily Telegraph 16/03/2024 **(Previous PR)**

Also in: Yahoo News

Gut

Research: [Genetic and transcriptomic landscape of colonic diverticulosis](#) (External PR)

[Tissue remodeling as a primary mechanism for diverticula formation](#) Medical Xpress 11/03/2024

Also in: News-Medical, MSN

[New understanding of the gut immune system may hold promise for Crohn's disease patients](#)

ScienceDaily 15/03/2024

Journal of Epidemiology & Community Health

[Finding Love Again Isn't Enough: Women Find It Harder To Adjust to Late-Life Divorce Than Men](#)

ScitechDaily 17/03/24 (**Previous PR**)

Journal of Medical Ethics

[Medical ethicists: 'Reclassify pregnancy as a disease, with abortion the cure'](#) The Christian

Institute 15/03/24

Journal of NeuroInterventional Surgery

Report: [Endovascular therapy for anterior circulation emergent large vessel occlusion stroke in patients with large ischemic cores: a report of the SNIS Standards and Guidelines Committee](#) (**External PR**)

[Under newly-revised guidelines, more stroke patients qualify for life-saving thrombectomy](#) Medical Xpress 11/03/2024

Also in: Mirage News Australia, MSN Health & Fitness

Journal of Neurology, Neurosurgery & Psychiatry

[Risk of Stroke Mitigated by Even Low Levels of Physical Activity](#) Patient Care Online 12/03/24 (**Previous PR**)

Also in: Earth.com, Healio, South Florida Reporter, The Star Malaysia

Regional Anesthesia & Pain Medicine

[Mainstay Medical Announces Publication of Clinical Results Comparing Older Patients and Younger Patients](#) Associated Press 12/03/24

Also in: IBT Australia, Yahoo Finance

Tobacco Control

Research: [Smoking prevalence and purchasing of menthol cigarettes since the menthol flavour ban in Great Britain: a population-based survey between 2020 and 2023](#) (**External PR**)

[One million in UK still smoking 'banned' cigarettes](#) Wales Online 13/03/24

Also in: Belfast Telegraph, Evening Standard, Express & Star, The National Scot, The Independent, The Straits Times, Bristol Post, MSN UK, AOL UK, Yahoo News UK + Canada, Yahoo Finance, My Science, Mirage News AU, MENA FN, Brietbart, MSN Philippines, Dhaka Tribune, The Guam Daily Post, Health Medicine Network, Medical Xpress

INFLUENCE

Jenny Rathbone, Labour mentioned **The BMJ** in reference to ultra-processed foods during [Questions to the Minister for Education and the Welsh Language on School Meals](#) in the **Senedd**

13 March 2024: .. *“the recent analysis of the extent of the evidence in the BMJ last month just adds to the body of evidence on this major public health concern. This is a failure of regulation and labelling of food for human consumption, which, in light of the United Kingdom Internal Market Act 2020 and other matters, is principally a matter for the UK Parliament to resolve as a matter of urgency.”*

Mun-Keat Looi, International Features Editor, **The BMJ** appeared on **Eat This Podcast**: [The case for folic acid fortification](#) (from 5 mins 47 secs in)