



**BMJ in the News** is a weekly digest of national and international news coverage in English for BMJ, The BMJ, and BMJ Journals.

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**Coverage for 29 January - 4 February 2024**

## **PRESS RELEASES**

[The BMJ](#) | [BMJ Open](#)  
[British Journal of Sports Medicine](#)  
[Gut](#)

## **EXTERNAL PRESS RELEASES**

[Annals of the Rheumatic Diseases](#)  
[BMJ Global Health](#) [BMJ Open](#)  
[Journal for ImmunoTherapy of Cancer](#)  
[Thorax](#)

## **OTHER COVERAGE**

[The BMJ](#) | [Annals of the Rheumatic Diseases](#)  
[BMJ Case Reports](#) | [BMJ Open](#)  
[BMJ Open Gastroenterology](#)  
[BMJ Open Respiratory Research](#)  
[BMJ Open Sport & Exercise Medicine](#)  
[BMJ Paediatrics Open](#) | [BMJ Public Health](#)  
[British Journal of Sports Medicine](#)  
[Drug and Therapeutics Bulletin](#)  
[Emergency Medicine Journal](#) | [Heart](#)  
[Journal for ImmunoTherapy of Cancer](#)  
[Journal of Epidemiology & Community Health](#)  
[Journal of Medical Ethics](#) | [Practical Neurology](#)  
[Sexually Transmitted Infections](#)

## **INFLUENCE**

### **BMJ**

[ResearchGate and BMJ join forces to increase the accessibility of critical healthcare knowledge for world's medical researchers](#) Knowledge Speak 30/01/2024

**Also in:** Newsbreaks Information Today

## The BMJ press release coverage

**Analysis:** [The NHS founding principles are still appropriate today and provide a strong foundation for the future](#)

**+ Editorial:** [The BMJ's NHS commission: an emphatic recommitment to the founding principles](#) (PR)

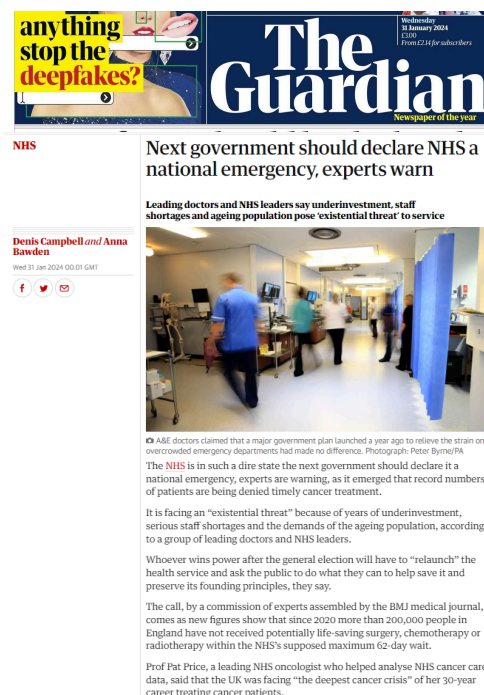
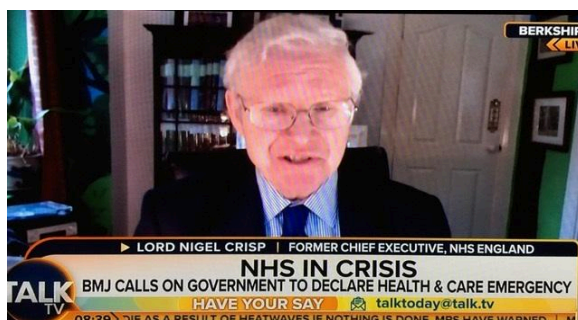
[Next government should declare NHS a national emergency, experts warn](#) The Guardian front page 31/01/2024

[Government should declare 'national health and care emergency', says BMJ](#) (includes interview with Kamran Abbasi) Channel 4 News 31/01/2024

[Interview with Commissioner Lord Nigel Crisp](#) LBC Radio (1 hr 47 mins into prog) 31/01/2024

[Interview with Commissioner Lord Nigel Crisp](#) Talk TV (2 hrs 39 mins into prog) 31/01/2024

**Also mentioned in:** The Daily Mail, BBC Radio 4 Today, Sky News, Good Morning Britain, Times Radio, TALK Radio, GB News Breakfast, British Bulletin, Mirage News Australia, MSN Australia, Scienmag, MSN UK, Medical Xpress, News-Medical, British Bulletin, AOL UK, Healthtech World, Today Headline

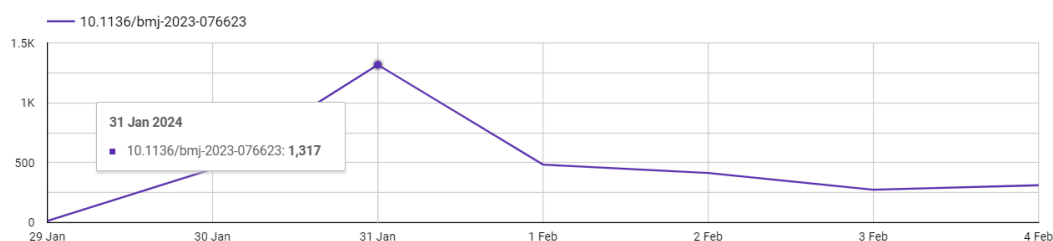


**Analysis:** [US workers during the COVID-19 pandemic: uneven risks, inadequate protections, and predictable consequences](#) + **Editorial:** [The BMJ US covid series: Pandemic lessons for the 2024 US presidential election](#) (PR)

[America's Covid shame: Damning BMJ report slams US for shutting schools too long and masking outside - while warning its pandemic response was a 'zip code lottery'](#) Daily Mail 30/01/2024

[Systemic US reforms needed to prevent mass death in the next pandemic](#) Medical Xpress 30/01/2024

**Also in:** [The New York Post](#), [Democratic Underground](#), [Awesome Capital](#), [Scienmag](#), [Tech & Science Post](#), [MSN](#), [Mirage News Australia](#), [News Medical](#), [MSN Singapore](#), [The Reportify](#), [British Bulletin](#), [Pedfire](#), [ReachMD](#), [MedPage Today](#), [Medically Prime](#),  
**Further coverage long term risks of invasive breast cancer after pre-invasive disease**



**(PR)**

[Study finds women with DCIS diagnosed outside NHS screening face fourfold increase in breast cancer mortality](#) News-Medical 29/01/2024

**Also in:** India Education Diary

**Further coverage of preterm babies at higher risk of long-term neurodevelopmental issues (PR)**

[Adverse neurodevelopmental outcomes up for moderate, late preemies](#) Drugs.com 30/01/2024

**Also in:** MedicalBrief South Africa, 2 minute medicine,

### **Other notable coverage**

[England Measles Hotspots revealed amid surge in cases blamed on slump in MMR vaccination rates](#) British Bulletin 29/01/2024

[Lack of GP appointments - More or Less](#) - BBC Radio 4

[Four things your handshake could say about your health](#) Daily Express 29/01/2024

**Also in:** Daily Record, Daily Mirror, Metro,

[Breastfeeding is best but if baby formula is required, should the price be regulated?](#) The Irish Times 29/01/2024

[The benefits \(and downsides\) of fasting like Rishi Sunak](#) The Daily Telegraph 29/01/2024

**Also in:** Yahoo News, AOL UK,

[BLOWING SMOKE From brain damage to heart disease – the 5 horrifying things that can happen to your body after vaping](#) The Sun + Scottish edition 29/01/2024

[OCD increases risk of death from natural and unnatural causes. Swedish study finds hospital](#) Healthcare 29/01/2024 **(Previous PR)**

**Also in:** Medscape, Medically Prime,

[History on the Edge - BBC Radio 4](#) (2 mins 30 secs into prog)- 29/01/2024

[Call You and Yours: How are smoking and vaping affecting you, your family and your friends?](#) BBC Radio 4 30/01/2024

[How men over 40 can avoid being beaten to the paunch](#) The Independent 31/01/2024 (no link available)

[Measles outbreak sees 127 new cases in January across England](#) inews.co.uk 30/01/2024

[Colon cancer becoming more common among millennials, doctors warn](#) Yahoo News 30/01/2024

[The Dragon's Den debacle showed we urgently need more research into ME/CFS](#) Yahoo Lifestyle 31/01/2024

[COVID vaccine may have short-term impact on menstruation, study finds](#) Euronews Health

01/02/2024

**Also in:** MSN South Africa,

[CDC knowingly labeled accurate news about the dangers of covid-19 vaccines](#)

[‘misinformation’](#) Conservative Angle 01/02/2024

[Medical clowns help improve sleep, shorten hospital stay for children: study](#) Mint 01/02/2024

**(Previous Christmas PR)**

[What to know about blood clots: risks and prevention](#) MSN South Africa 02/02/2024

[What has Northern Ireland’s DUP agreed with the UK over EU trade?](#) DNYuz 02/02/2024

**Also in:** MSN Philippines

[5 food moves for lower blood pressure](#) MSN Health & Fitness 02/02/2024

[NHS rolls out national gene testing to spot cancer risk in Jewish community](#) ExBulletin 02/02/2024

[What To Know About Skin Color Bias In Pulse Oximeters As FDA Discusses Potential Changes](#) Forbes 02/02/2024

**Also in:** MSN Health & Fitness

[‘Rage would bubble out of nowhere’](#) The Observer 04/02/2024 (no link available)

## **JOURNALS**

### **BMJ Open**

**Research:** [Association between kimchi consumption and obesity by BMI and abdominal obesity in Korean adults: a cross-sectional analysis of the Health Examinees study](#) (PR)

[Put some kimchi in your diet if you want to keep a slim waist](#) The Daily Telegraph 31/01/2024

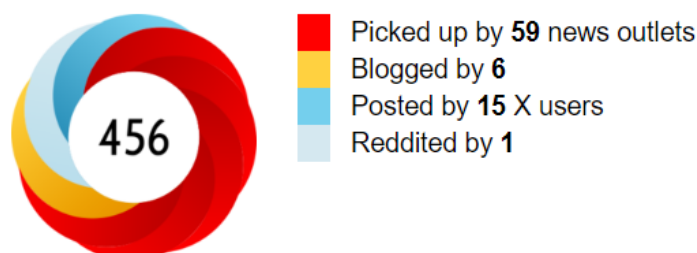
[Up to three daily servings of kimchi may reduce men’s obesity risk](#) The Hindustan Times 01/02/2024

[Eating kimchi every day could help stave off weight gain, new study says](#) NBC News 31/01/2024

**Also in:** Sky News, The Times + Irish edition, The Sun, Daily Mail, Daily Express, Daily Star Post, BBC Radio 4, Irish News, Evening Standard, British Bulletin, Yahoo News UK, Metro, Manchester Evening News, Daily Mirror

**International:** Mirage News Australia, New York Post, Newsweek, Times of India, webindia123.com, Latestly, ANI, The Guam Daily Post, The Print (IN), NewsHub NZ, The News International, Yahoo News Australia & NZ, Yahoo Singapore, Yahoo Canada, Malay Mail, World News Network, NDTV Food, GeoTV

**Other:** Medical Xpress, ExBulletin, Healthline, Medical News Today, Scienmag, Yahoo Lifestyle, Business Telegraph, HealthDay, Drugs.com, Study Finds, Medicine.Net, Weekly Sauce, the healthcast, News-Medical, Internews cast, Pedfire, Medical Dialogues, Medical Daily, Devdiscourse



***Further coverage of energy drinks linked to sleep issues (PR)***

[Energy drinks linked to sleep issues among students: study](#) Mint Online 29/01/2024

**Also in:** World News Network, Express India, The Print, ET Healthworld, News-Medical, Ground Report

[Reap the benefits of going dry during January \(or any time of the year\)](#) ArcaMax 29/01/2024  
(Previous PR)

**Research:** [Improving our understanding of the social determinants of mental health: a data linkage study of mental health records and the 2011 UK census](#) (External PR)

[Pioneering link between census data and electronic mental health records](#) Medical Xpress 31/01/2024

[America's community health centers are a safety net that's under stress](#) St. Louis Post Dispatch 31/01/2024

**Family Practice:** [Experiences and opinions of general practitioners with patient online record access: an online survey in England](#) (Flagged)

[GPs 'sceptical' about giving patients online access to medical records - study](#) Belfast Telegraph 02/02/2024

**Also in:** Daily Mail, Daily Telegraph, The Independent, Sunday Post, Express & Star, MSN UK, MSN IE, Guernsey Press, Press and Journal, Yahoo UK, The Irish News, NY Breaking, Medscape, Pulse Today, Biotech Now

**British Journal of Sports Medicine**

**Research:** [Association between change in cardiorespiratory fitness and prostate cancer incidence and mortality in 57 652 Swedish men](#) (PR)

[Getting 3% fitter may cut the risk of prostate cancer by a third](#) The Times 31/01/2024 (no link available)

[Cycling or jogging could reduce the risk of prostate cancer](#) India Today 01/02/2024

[Improving fitness may be linked to a 35% lower risk of prostate cancer, study finds](#) NBC News 31/01/2024

**Also in:** The Guardian, Daily Telegraph, Daily Mail, The Independent, Daily Mirror + Irish edition, Yahoo News, Daily Express, Express & Star, The Sunday Post, Yahoo UK, Belfast Telegraph, Female First, Mirage News Australia, UPI, MENA FN, AOL.com, BBC World, US News & World Report, CBS News, Australian Doctor, M3 India, ABC News, Arab Times, Kalinga TV, Men's Journal, HealthandFamily (IN), The New Daily (AU), BollyInside,

**Other:** ExBulletin, Medical Xpress, Pedfire, Healio, Scienmag, Technology Networks, Yahoo Lifestyle, Healthday, Drugs.com, Weekly Sauce, thehealthcast, Daily Record, WebMD, Medicine.Net, Healthline, MedPage Today, Everyday Health, Medically Prime, Medical Dialogues, Medscape, Healio, The ASCO Post, MDEdge, Global Cycling Network, Urology Times, World is One News, HealthNews.com, Medriva, Good News Network, Ground News, Zenger News, Tech Times, DTNext, Life Technology, Social News XYZ, Cancer Today Magazine, Unbound Medicine, Science Blog



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[Going skiing? These exercises can prevent vacation-ending injuries](#) The Washington Post  
29/01/2024

[Why you can't keep off the weight you lose](#) Yahoo News UK 31/01/2024  
**Also in:** The Daily Telegraph

[This simple 2-minute exercise can lower your blood pressure, study finds](#) Yahoo News  
30/01/2024 (**Previous PR**)  
**Also in:** The Washington Post, New York Post, Pedfire, The Seattle Times, The News International, Yahoo News US,

[A 29-day challenge to improve your balance and build strength](#) NBC Today 31/01/2024  
(**Previous PR**)  
**Also in:** ArcaMax, AOL.com,

[Podiatrists Reveal Their Favorite Insoles for Plantar Fasciitis and Other Foot Bothers](#) Yahoo Lifestyle 01/02/2024

[The AM/PM workout: Which one works for you?](#) Hindustan Times 02/02/2024  
**Also in:** News Finale

[Are slow running and micro workouts effective exercises?](#) Global News Canada 02/02/2024  
(**Previous PR**)  
**Also in:** ExBulletin

[The nine health benefits of regular strength training](#) The Daily Telegraph 03/02/2024  
(**Previous PR**)  
**Also in:** Yahoo Lifestyle

How to beat middle-age spread. No, you don't have to do sit-ups (Increase your protein intake and lift weights) The Times (Weekend) 03/02/24 (Link unavailable) (**Previous PR**)

## **Gut**

[Early-life diet and risk of inflammatory bowel disease: a pooled study in two Scandinavian birth cohorts](#) (**PR**)

Healthy tots' diet may end bowel issues Daily Mirror + Irish edition 31/01/2024 (no link available)

[High-quality diet during childhood may reduce risk of developing inflammatory bowel disease](#) Webindia123.com 31/01/2024

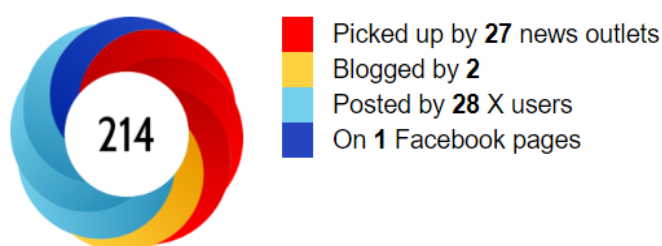
[Gastroenterologists Reveal Diet That Protects Toddlers From Bowel Disease](#) Newsweek



30/01/24

**Also in:** The National Scot, Yahoo News, Eastern Daily Press, Belfast Telegraph, Express & Star, Irish Daily Sun, The Sunday Post, AOL UK, Daily Record, Daily Express, Daily Mail, Metro, North Wales Chronicle, iNews, Reader's Digest, Manchester Evening News, Mirage News Australia, ANI, Geo TV, UPI, US News & World Report, The Print, Europe Sun, LatestLY, HealthandFamily (IN), M3 India, Body and Soul (AU), NDTV Food, India TV, Herald Sun, Free Malaysia Today, Today.com, Newshub NZ

**Other:** Medical Xpress, Study Finds, Scienmag, News-Medical, Big News Network, Drugs.com, Technology Networks, Weekly Sauce, thehealthcast, Science Daily, Medical Dialogues, Medical Daily, Devdiscourse, Medriva, HealthDay, Times Now, Ground News, Zenger News, Inkl, Longevity Technology, Medical News Today, Newsmax, Healthline, MindBodyGreen, Physician's Weekly



[Doctors dismissed by colon cancer symptoms as exhaustion & hemorrhoids](#) The Mail  
03/02/2024 (**Previous PR**)

**Also in:** British Bulletin, internewscast

### **Annals of the Rheumatic Diseases**

[Updated EULAR recommendations for hip and knee osteoarthritis](#) Medical Xpress 29/01/2024

**Also in:** Healio, MSN UK

[EULAR: Physical activity, regular assessment recommended for fatigue in inflammatory RMD](#)  
Healio 29/01/24

**Research:** [Directed differentiation of human pluripotent stem cells into articular cartilage reveals effects caused by absence of WISP3, the gene responsible for progressive pseudorheumatoid arthropathy of childhood](#) (**External PR**)

[Engineered cartilage could turn the tide for patients with osteoarthritis](#) Medical Xpress  
02/02/2024

[Axial spondyloarthritis can be 'reliably diagnosed' shortly after chronic back pain onset](#) Healio  
02/02/2024

### **BMJ Case Reports**

[Doctors assumed Covid-19, but patient suffers from "forgotten disease"](#) BreakingLatest News  
02/02/24

### **BMJ Global Health**

**Analysis:** [Lessons learnt from COVID-19 to reduce mortality and morbidity in the Global South: addressing global vaccine equity for future pandemics](#) (**External PR**)

[Covid highlights ways to boost vaccine equity in the global south](#) Mirage News Australia  
31/01/2024

**Also in:** Medical Xpress, Medriva

### **BMJ Open Gastroenterology**

[Iron deficiency closely associated with increased coeliac disease cases](#) Medical Dialogues  
29/01/2024

### **BMJ Open Ophthalmology**

[Ocular steroid injections may increase glaucoma, OHT risk](#) Healio 01/02/2024

### **BMJ Open Sport & Exercise Medicine**

[Boys will be boys, not girls on the golf course](#) American Thinker 29/01/24

[Do Exercise Snacks Actually Improve Your Health?](#) Bicycling Magazine 01/02/24

**Research:** [Match injuries in English schoolboy rugby union](#) (Flagged)

[Schoolboy rugby players have more injuries the older they get](#) Medical Xpress 02/02/2024

### **BMJ Open Respiratory Research**

[Hydrocortisone game-changer in severe community-acquired pneumonia treatment](#) Medical Dialogues 04/02/2024

### **BMJ Paediatrics Open**

[Caffeine restriction can improve, reduce severity of bed-wetting](#) Medical Xpress 02/02/2024

**Also in:** Drugs.com

### **BMJ Public Health**

[Video game players around the world are at risk of tinnitus or even hearing loss](#) Foreign Affairs  
29/01/2024 23/01/2024 (**Previous PR**)

**Also in:** Latin Business Today, BBC Wales, [Fox News](#)

[Cameroon starts malaria vaccine programme, and other health stories you need to know this week](#) World Economic Forum 31/01/2024

### **Drug and Therapeutics Bulletin**

[Alarm Bells Over Wegovy: Lax Regulation of Weight Loss Drug Ads Poses Serious Health Risks](#) SciTech Daily 04/02/2024

**Also in:** Radio New Zealand National, List23

### **Emergency Medicine Journal**

[People use drugs like Xanax to halt a bad psychedelic trip — but "trip killers" also come with risks](#) The Salon 30/01/2024 (**Previous PR**)

### **Heart**

[Why loneliness really can harm your health... and how a coffee morning could be just the medicine many of us need](#) Daily Mail + Scottish edition 30/01/2024 (**Previous PR**)

**Also in:** British Bulletin, MSN South Africa



## **Journal for ImmunoTherapy of Cancer**

**Research:** [Knockout of the inhibitory receptor TIGIT enhances the antitumor response of ex vivo expanded NK cells and prevents fratricide with therapeutic Fc-active TIGIT antibodies](#) (External PR)

[Cancer researcher 'beefing up' natural killer cells to stop cancer](#) Medical Xpress 30/01/2024 (misattributed to The BMJ)

**Also in:** Targeted Oncology

[TME Pharma N.V.: Half-yearly report on the liquidity contract with invest securities](#) Yahoo Finance 31/01/2024

**Also in:** BioSpace

## **Journal of Epidemiology & Community Health**

[Retired but want to work? 3 ways to find the right post-retirement career](#) Yahoo Finance 29/01/2024

## **Journal of Medical Ethics**

[Pick the odd one out: measles, mumps, Covid, rubella, pregnancy, malaria](#) BioEdge 01/02/24

[Journal of Medical Ethics paper argues that pregnancy is a 'disease'](#) BizPac Review (US) 02/02/24

## **Practical Neurology**

[Unsteady Gait in a Bodybuilder Has Surprising Source](#) Medscape 31/01/2024

## **Sexually Transmitted Infections**

**Research:** [Acceptability of digital vending machines to access STI and HIV tests in two UK cities](#) (Flagged)

[CHECK UP Offering free STI tests in vending machines 'vital part of the jigsaw' in tackling soaring infection rates](#) The Sun + Scottish edition 01/02/2024

**Also in:** The US Sun, [ITV News](#), Tech + Science Post, Medical Xpress, Medpage Today, Yahoo News, The Brighton Argus, Medriva, Ground News



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## **Thorax**

**Research:** [Early experience of a new national lung allocation scheme in the UK based on clinical urgency](#) (External PR)

[Lung transplant scheme reduced waits for sickest patients, study shows](#) Belfast Telegraph 02/01/2024

**Also in:** The Independent, Eastern Daily Press, Express & Star, The Sunday Post, AOL UK, Irish News, The National, Yahoo UK, MSN UK

## **INFLUENCE**

**Steve Brine MP** (Chair of the Health and Social Care Committee) mentioned **The BMJ** in a [Health and Social Care Committee meeting on the Future of Cancer on 29 January 2024](#). “An article in *The BMJ* from October last year, says that cancer alliances across England, which this committee is primarily concerned with, are preparing to pilot early detection tests from this year, from the summer.”

