



**BMJ in the News** is a weekly digest of national and international news coverage in English for BMJ, The BMJ, and BMJ Journals.

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**Coverage for 12 - 18 February 2024**

## **PRESS RELEASES**

[BMJ](#) | [The BMJ](#)  
[BMJ Open](#) | [Thorax](#)

## **EXTERNAL PRESS RELEASES**

[The BMJ](#)  
[Journal for ImmunoTherapy of Cancer](#)  
[British Journal of Sports Medicine](#)

## **OTHER COVERAGE**

[The BMJ](#) | [Annals of the Rheumatic Diseases](#)  
[Archives of Disease in Childhood](#)  
[BMJ Nutrition, Prevention & Health](#) |  
[BMJ Open](#) | [BMJ Open Gastroenterology](#)  
[BMJ Open Sport & Exercise Medicine](#)  
[BMJ Paediatrics Open](#)  
[BMJ Public Health](#) | [British Journal of Sports Medicine](#)  
[Gut](#) | [Heart](#) | [Journal for ImmunoTherapy of Cancer](#)  
[Journal of Epidemiology & Community Health](#)  
[Journal of Medical Ethics](#)  
[Journal of Neurology, Neurosurgery & Psychiatry](#)  
[Lupus Science & Medicine](#) | [Regional Anesthesia & Pain Medicine](#)

## **BMJ**

**Corporate announcement:** [BMJ increases its open access footprint with a wave of new Read and Publish agreements for 2024](#) (PR)

[BMJ expands open access reach with new read and publish agreements in 2024 - February 12, 2024](#) KnoelwedgeSpeak 12/02/2024

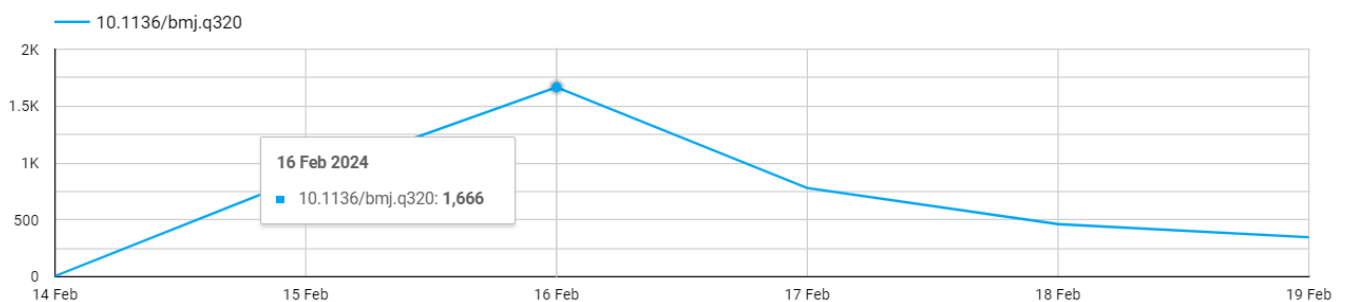
## **The BMJ press release coverage**

**Research:** [Effect of exercise on depression: systematic review and network meta-analysis of randomised controlled trials](#) (PR)

[Exercise twice as effective as anti-depressants](#) The Daily Telegraph 14/02/2024  
[Walking, jogging, yoga and strength training could be effective treatments for depression](#) The Hindustan Times 14/02/2024  
[Walking, yoga and strength training may treat depression as well as therapy, data shows](#) CNN 14/02/2024

**Also in:** The Times, Daily Mirror, Daily Express, Sky News, The Daily Mail + Scottish edition, Absolute Radio, TalkTV, TalkRadio, The Daily Telegraph, The Belfast Telegraph, Jersey Evening Post, Express & Star, The Sun (+ Scottish edition), Eastern Daily Press, Evening Standard, The National Scot, Yahoo UK, BreakingNews.ie, i news, Irish Daily Mirror, The Irish Independent, Expressdigest.com, Yahoo News UK, British Bulletin

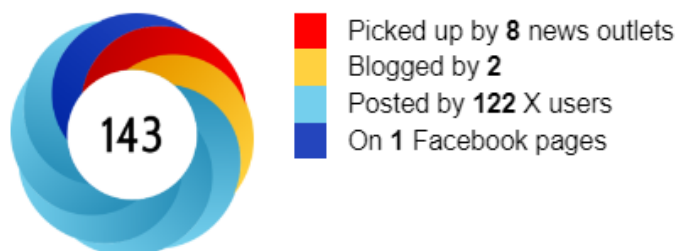
**International + Other:** ABC News, PerthNow, BNN Bloomberg, National Tribune (AU), Mirage News Australia, The News International, California Healthline, UPI, ForeignAffairs, Medical Xpress, Scienmag, Financial Post, Study Finds, Medical Dialogues, ExBulletin, Pedfire, News-Medical.Net, Medical Daily, My Science, MENA FN, pharmaphorum, Mint Online, HealthDay, FORTUNE, Drugs.com, Healthline, Weekly Sauce, the healthcast, Yahoo Lifestyle, WebMD, Yahoo Finance



**Feature:** [Doctor parents and childcare: the untold toll revealed](#) (PR)

[Childcare nightmare 'for almost all doctors'](#) Daily Mirror 15/02/2024 (no link available)  
[Stress, childcare costs prompt doctor resignations](#) Mirage News Australia 15/02/2024

**Also in:** Daily Express, Medical Xpress, Scienmag, News-Medical.Net, Drugs.com, Medicine.Net, Weekly Sauce, the healthcast, US News & World Report, healthcareineurope.com



**Analysis:** [Marketing empowerment: how corporations co-opt feminist narratives to promote non-evidence based health interventions](#) (PR)

[Companies marketing useless health products to women using feminist well-being messages](#)

The Guardian 14/02/2024

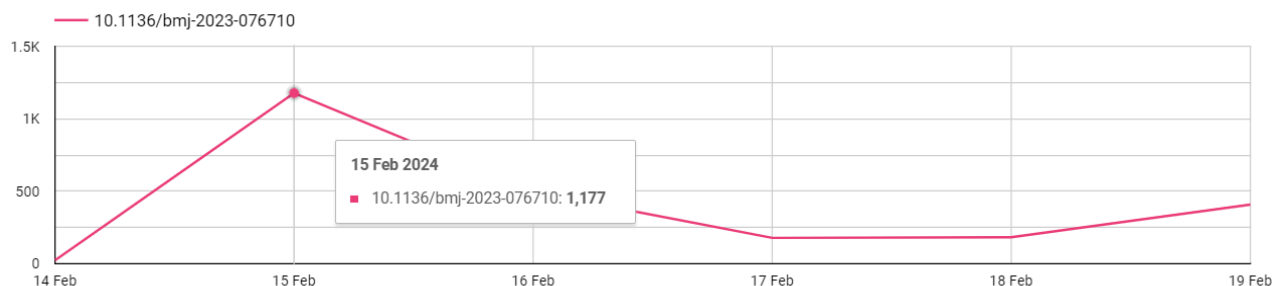
[Global awareness of women's health being 'hijacked by vested interests'](#) Taipei Times

18/02/2024

[Feminist narratives are being hijacked to market medical tests not backed by evidence](#) The

Conversation Australia 15/02/2024

**Also in:** The Daily Mail, British Bulletin, Mirage News Australia, ABC News Australia, MSN (AU), Foreign Affairs, National Tribune AU, World News Network, devdiscourse, Latestly, MENA FN, Medical Xpress, Tech and Science Post, ET Healthworld, Scienmag, AuntMinnie.com, News-Medical.Net



**Investigation:** [Huge delays in dealing with complaints against UK drug companies revealed](#) (PR)

[The BMJ reveals huge delays in dealing with complaints against UK drug companies](#)

Scienmag 15/02/2024

**Also in:** Mirage News Australia, Medical Xpress, News-Medical.Net, MSN UK

**Further coverage for CPR for in-hospital cardiac arrest (PR)**

[Lengthy CPR for In-Hospital Cardiac Arrest Tied to Worse Outcomes](#) ReachMD 13/02/2024

**Also in:** Medscape

**Further coverage for group rehabilitation for long covid (PR)**

[Trial investigates efficacy of online supervised group mental and physical rehabilitation program for long COVID patients](#) News-Medical.Net 12/02/2024

**Also in:** PULSE, Medical Xpress, hospitalhealthcare.com, The Print, Medically Prime, Medscape

**Analysis:** [Inconsistent definitions of labour progress and over-medicalisation cause unnecessary harm during birth](#) (External PR)

[Study highlights global prevalence of overtreatment for women in labor and potentially dire consequences](#) Medical Xpress 15/02/2024

**Other notable coverage**

[The best ways to banish belly fat for men and women](#) The Telegraph 13/02/2024

**Also in:** Yahoo News, The New Zealand Herald

[The countries that are beating obesity – and what we can learn from them](#) Yahoo News

12/02/2024

**Also in:** The Daily Telegraph

[Injuries in school level rugby in England](#) TALKSport Radio 13/02/2024 (misattributed to The BMJ)

[Specifically Speaking - Lessons from Chile in combating India's junk food epidemic](#) Hindustan Times 13/02/2024

[Man died after taking a loaded gun into an MRI scan](#) LADBible 13/02/2024

[Darkish chocolate and champagne could enhance coronary heart wellbeing](#) 10news 14/02/2024

**Also in:** News-Medical.Net, Forbes

[Medical Journal Says "Behavior Interventions" Are Needed To "Reduce Vaccine Hesitancy"](#) Conservative Angle 14/02/2024

[How much do tech companies really know about your children?](#) MSN 14/02/2024

[How US gun culture stacks up with the world](#) MSN News 15/02/2024

**Also in:** Yahoo News

[ON ALERT 'Worrying' clusters of measles cases spread to new regions as experts warn 1 in 5 children is at risk of serious disease](#) The Sun (+ Scottish + Irish edition) 15/02/2024

[Five foods you probably didn't know could raise your risk of heart disease](#) Daily Express 15/02/2024 **(Previous PR)**

**Also in:** Daily Star Post, Everyday Health

[High fructose corn syrup is just as healthy as honey says social media's favourite doctor, dispelling common myth](#) British Bulletin 16/02/2024

**Also in:** The Daily Mail

[Risk of non-alcoholic fatty liver disease for cardiovascular disease and all cause death in patients with type 2 diabetes mellitus](#) News-Medical.Net 16/02/2024

**Also in:** MSN UK

[Wonder drug or placebo: the confounding case of medicinal cannabis](#) Brisbane Times 17/02/2024

**Also in:** The Sydney Morning Herald, The Age Australia, WA Today.com, MSN (AU)

[My fears for the NHS now a fifth of its staff are foreign-born...while British doctors we've spent millions training queue up to emigrate](#) The Mail on Sunday 18/02/2024 (+ Print)

**Also in:** Internewscast

['I'm a doctor - here are four of the best foods to prevent dementia'](#) Daily Express 18/02/2024

[Should biological men be allowed to take part in women's sport](#) TalkTV 18/02/2024 (1 hour 7 minutes into programme)

**Also in:** TalkRadio

## **JOURNALS**

### **BMJ Open**

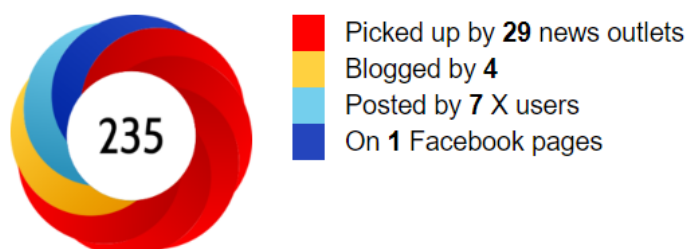
**Research:** [Effect of acupuncture on ischaemic stroke in patients with rheumatoid arthritis: a nationwide propensity score-matched study](#) (PR)

[Acupuncture could reduce stroke risk in people with rheumatoid arthritis](#) United Press International 13/02/2024

[Acupuncture May Lower Stroke Risk in Rheumatoid Arthritis Patients](#) US News & World Report 15/02/2024

[MIL-OSI United Kingdom: expert reaction to research claiming acupuncture could reduce risk of stroke associated with rheumatoid arthritis](#) Foreign Affairs New Zealand 15/02/2024

**Also in:** Yahoo News, Mirage News Australia, Medical Xpress, Scienmag, Medical Dialogues, News-Medical.Net, HealthDay, Drugs.com, Medicine.Net, the healthcast, Weekly Sauce, Medical News Today, NewsMax



**Research:** [Assessment of quality of data submitted for NICE technology appraisals over two decades](#) (PR)

[Most decisions to reject or roll out drugs on NHS backed by poor evidence, study suggests](#)

The Daily Telegraph 14/02/2024

[Most decisions to reject or roll out drugs on NHS are backed by poor evidence, study suggests](#)

MSN Singapore 14/02/2024

**Also in:** MSN News, Mirage News Australia, Yahoo News, Medscape, World News Network, Medical Xpress, The Epoch Times

[How to make your own kimchi](#) The Independent 13/02/2024 (Previous PR)

**Also in:** MSN South Africa, Global News Online, Medscape

[Does GP referral to gardening clubs work?](#) Medscape 12/02/2024

[22 Crore Indians Aged Between 45-59 Affected By Frailty: Study](#) MENA FN 13/02/2024

[New Study: College Students Should Avoid This Popular Drink To Improve Their Sleep Quality](#)

SciTech Daily 13/02/2024

## **Thorax**

**Research:** [Female reproductive histories and the risk of chronic obstructive pulmonary disease](#) (PR)

[Early Menstruation, Menopause tied to increased COPD Risk](#) Mirage News Australia

14/02/2024

[Female Reproductive Factors Linked to COPD Risk](#) MedPage Today 14/02/2024

**Also in:** Newsweek, Scienmag, Medical Xpress, News-Medical.Net, MENA FN, Medical Dialogues, MSN News, HealthDay, Drugs.com, Healio

## **Annals of the Rheumatic Diseases**

[Men with inflammatory joint diseases have more children than those without IJDs](#) Healio

12/02/2024

### **Archives of Disease in Childhood**

[Hyperpigmentation at diabetes sites may flag Paediatric Addison](#) Medscape 15/02/2024

### **BMJ Nutrition, Prevention & Health**

[Potassium-rich vegetarian diet and food supplement alleviate joint pain in rheumatoid arthritis patients: Pune study](#) Express India 15/02/2024

### **BMJ Open Gastroenterology**

[Can iron supplementation protect against Celiac disease?](#) Medscape 13/02/2024

### **BMJ Open Sport & Exercise Medicine**

[The no pain, no gain mantra is a myth. Here's how not to suffer](#) The Times 13/02/2024 (no link available)

### **BMJ Paediatrics Open**

[Caffeine Restriction may reduce severity of nocturnal enuresis in children](#) Medical Dialogues 12/02/2024

### **BMJ Public Health**

[Colonial legacies fuel unfair practices in African research](#) SciDev.Net 16/02/2024

### **British Journal of Sports Medicine**

[Can exercise help prevent prostate cancer?](#) Yahoo News 12/02/2024 (**Previous PR**)

**Also in:** The Seattle Times, India Today

[Physical activity reduces chronic kidney disease risk in type 2 diabetes. study finds](#)

Hospitalhealthcare.com 12/02/2024 (**Previous PR**)

**Also in:** Bristol Post, HealthDay

[You Don't Need To Lift Heavy Weights To Build Bigger Muscles](#) Yahoo Lifestyle 12/02/2024

**Also in:** Yahoo Canada

**Research:** [Exploring the association between cognitive activity and symptom resolution following concussion in adolescents aged 11–17 years](#) (**External PR**)

[Limiting screen time and returning to school early may speed up recovery after a concussion](#)

News-Medical 12/02/2024

[Which activities help kids to recover from concussion?](#) US World & News Report 14/02/2024

**Also in:** MSN News, The Guam Daily Post, Medical Dialogues, Medically Prime, Healio, the healthcast, drugs.com, Yahoo Lifestyle, Weekly Sauce, ReachMD, Science Daily, Sciencenewsnet, NewsMax, HealthDay, Medpage Today

[Isometric exercise: Using body weight to lower blood pressure](#) Medical Xpress 13/02/2024

**Also in:** New York Post, Yahoo Lifestyle, ArcaMax

[How exercise can treat and prevent common mental health issues like anxiety and depression](#)

ABC News (AU) 13/02/2024

**Also in:** MSN AU

[Want to live a longer, healthier life? Its time to start strength training](#) Yahoo Canada  
15/02/2024

**Also in:** Yahoo Lifestyle

[As little as 22 minutes of exercise is all you need](#) Express India 17/02/2024

### **Gut**

[Research: Gut plays key role in lung disease](#) Mirage News Australia 15/02/2024

### **Heart**

[Can You Reverse Heart Disease?](#) Everyday Health 12/02/2024

### **Journal for ImmunoTherapy of Cancer**

[ClearNote Health Expands Into Immunotherapy Monitoring](#) GenomeWeb 14/02/2024

**Research:** [Inflamed immune phenotype predicts favorable clinical outcomes of immune checkpoint inhibitor therapy across multiple cancer types](#) (External PR)

[New Study Demonstrates Predictive Value of Lunit SCOPE IO to Predict Outcomes of Immune Checkpoint Inhibitor Therapy Across Diverse Tumors - published in the JITC](#) Yahoo Finance  
16/02/2024

**Also in:** Latin Business Today, Benzinga

[lovance's AMTAGVI™ \(lifileucel\) Receives U.S. FDA Accelerated Approval for Advanced Melanoma](#) Benzinga 16/02/2024

**Also in:** MENA FN, Associated Press, USA Life Sciences

### **Journal of Epidemiology & Community Health**

***Further coverage of women's antidepressant usage after breakups (PR)***

[Women Are More Likely Than Men to Use Antidepressants When Going Through a Breakup Later in Life](#) PEOPLE 14/02/2024

**Also in:** Yahoo UK, Foreign Affairs, devdiscourse, The Healthsite

### **Journal of Medical Ethics**

[The moral margins of the doctor-patient relationship](#) Voice of Islam Radio 18/02/2024 (no link available)

### **Journal of Neurology, Neurosurgery & Psychiatry**

[Positive outcomes: clinical trial demonstrates effectiveness in enhancing fatigue management program for individuals with multiple sclerosis](#) India Education Diary 13/02/2024

[How to spot the early signs of Alzheimer's and dementia](#) Yahoo News 14/02/2024

### **Lupus Science & Medicine**

[Resolve Therapeutics Announces Publication of Lupus Clinical Trial Results](#) BioSpace  
12/02/2024

**Also in:** Latin Business Today, Associated Press Online, Yahoo Finance, Benzinga

### **Regional Anesthesia & Pain Medicine**

[BioElectronics Chairman Updates Investors](#) Associated Press 15/02/2024

**Also in:** Benzinga, Yahoo Finance, BioSpace