



BMJ in the News is a weekly digest of national and international news coverage in English for BMJ, The BMJ, and BMJ Journals.

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Coverage for 8 - 14 January 2024

PRESS RELEASES

[The BMJ](#) | [BMJ Nutrition, Prevention & Health](#)
[BMJ Oncology](#) | [RMD Open](#)

EXTERNAL PRESS RELEASES

[BMJ Case Reports](#)
[British Journal of Sports Medicine](#)
[Emergency Medical Journal](#)

OTHER COVERAGE

[The BMJ](#) | [Annals of the Rheumatic Diseases](#)
[BMJ Evidence-Based Medicine](#)
[BMJ Global Health](#) | [BMJ Mental Health](#)
[BMJ Open](#) | [BMJ Open Diabetes Research & Care](#)
[BMJ Open Ophthalmology](#)
[BMJ Open Sport & Exercise Medicine](#)
[BMJ Oncology](#) | [BMJ Quality & Safety](#)
[British Journal of Ophthalmology](#) |
[British Journal of Sports Medicine](#)
[Emergency Medicine Journal](#)
[General Psychiatry](#) | [Heart](#)
[Journal for ImmunoTherapy of Cancer](#)
[Journal of Epidemiology & Community Health](#)
[Journal of Medical Genetics](#)

INFLUENCE

The BMJ press release coverage

Research: [Perinatal depression and risk of mortality: nationwide, register based study in Sweden](#) (PR)

[The number of women in UK who die during pregnancy rises sharply](#) The Guardian
11/01/2024

[Perinatal depression linked to higher risk of death: Study](#) webindia123.com 11/01/2024

Also in: The Daily Telegraph, The Independent, Yahoo UK, MSN UK, Irish Daily Sun,

International + Other: Mirage News Australia, Yahoo (Canada, Singapore, Australia + NZ), ANI, Europe Sun, India.com, devdiscourse, Global News, Yahoo Lifestyle, News-Medical, Medical Xpress, Pedfire, ExBulletin, Medicine.Net, Drugs.com, Big News Network, MSN Health & Fitness, thehealthcast, WebMD, Weekly Sauce, HealthDay, Neuroscience News, Healthline, Pulse, The Print



Research: [Undisclosed financial conflicts of interest in DSM-5-TR: cross sectional analysis](#) (PR)

[Panel members for new psychiatric 'bible' received over \\$140M from industry](#) Scienmag 11/01/2024

Also in: Mirage News Australia, Medscape, Medical Xpress, STAT News, BioSpace, Study Finds

[How covid-19's symptoms have changed with each new variant](#) BBC News 12/01/2024
(Previous PR)

Other notable coverage

[Should junior doctors be paid more?](#) UnHerd 08/01/2024

[I could be 48 before we have the baby](#) The Times 08/01/2024 (no link available)

[Sister of Headteacher Ruth Perry Demands Overhaul of How Work-Linked Suicides are Investigated](#) Byline Times 08/01/2024

[World's best weight loss diet revealed: Mediterranean eating plan beaten to top spot by America's old favourite](#) The Mail 08/01/2024

Also in: The Daily Telegraph, Yahoo UK, Internews cast, Express Digest,

[Is there a 'healthiest' sugar substitute? What to know after WHO's aspartame announcement](#) Arizona Central 08/01/2024

[Does eating marshmallows help with a cough? A doctor weighs in on viral trend](#) Daily Mirror 11/01/2024

[The curious link between animal hibernation and ageing, and what humans could learn from it](#) Medical Xpress 08/01/2024

Also in: Irish News

[The 25 Healthiest Carbs You Can Eat, According to a Dietitian](#) Internewscast 09/01/2024

[A&E doctor: New covid variant means it's time to wear masks again](#) The Mail 09/01/2024

Also in: British Bulletin, Internewscast, Daily Mail (Print + Scottish edition), The Daily Star, Daily Mirror, Daily Express,

[When using ear plugs to block noise can harm hearing](#) Daily Mail 09/01/2024 (no link available)

Also in: British Bulletin

[DIY tests that reveal how fit you are for your age](#) Irish Daily Mail 09/01/2024 (no link available)

[Energy drinks: risks, ingredients and health effects](#) Everyday Health 09/01/2024

[Can you die from embarrassment](#) Health Digest 09/01/2024

[22 Exercises to Help You Lose Belly Fat](#) Men's Health 09/01/2024

[Is Natural Viagra The Solution to Erectile Dysfunction?](#) Men's Health 10/01/2024

[Vaccines slash risk of long covid, studies show](#) Live Science 11/01/2024 **(Previous PR)**

[Shared Care Record in Ireland is a golden opportunity to reduce clinician burnout](#) Health Tech Digital 11/01/2024

[Man flu is real](#) The Voice of Islam Radio 11/01/2024

[Eczema website delivers for patients and the NHS](#) My Science 11/01/2024

Also in: Medical Xpress

[Five good cancer breakthroughs - from loyalty card data to ants that sniff out disease](#) Daily Mirror 11/01/2024

[This is what actually happens to your body when you stop drinking for a month](#) Huffington Post 11/01/2024

Also in: ABC News, Yahoo Lifestyle,

[Landmark study finds prescribing opioids dramatically reduced deaths, overdoses for drug users in B.C.](#) Yahoo News 11/01/2024

Also in: Global News Online, Yahoo News Australia & NZ, Toronto Star

[Fauci: Covid 6ft rule 'sort of just appeared'](#) The Daily Telegraph 13/01/2024 (no link available)

Also in: MSN UK, DNews, Yahoo News + Lifestyle,

[I'm a dietitian - here are four foods and drinks I would avoid](#) Daily Express 13/01/2024 **(Previous PR)**

Also in: Nottingham Post

[Australian students handed 'wellbeing shots' made by subsidiary of British American Tobacco – as experts fear new front in health wars](#) The Guardian 14/01/2024

JOURNALS

BMJ Nutrition, Prevention & Health

Research: [Vegetarian and plant-based diets associated with lower incidence of COVID-19](#) (PR)

[Going vegan 'could lower your risk of catching COVID'](#) The Daily Telegraph 10/01/2024

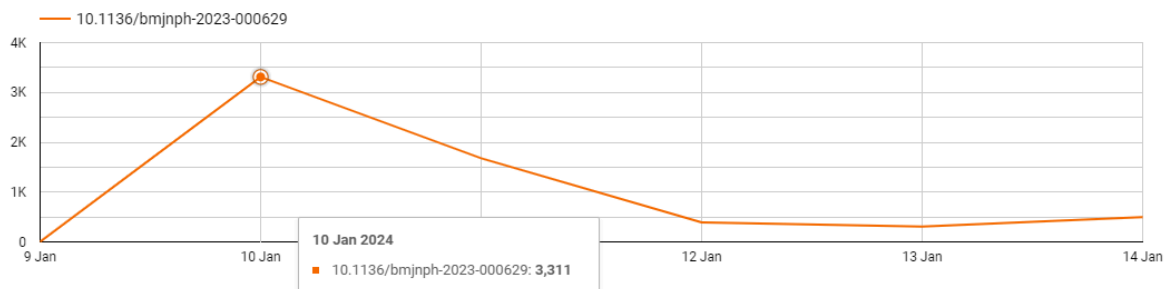
[Plant-based diets linked with lower Covid incidence may help ward off infection: Study](#) The Telegraph (India) 10/01/2024

[Looking to avoid COVID infection? Your diet could help, according to a new study](#) FORTUNE 10/01/2024

Also in: Sky News, Yahoo UK, AOL UK, British Bulletin, The Mail, Bristol Post, The Times, Daily Star, The Daily Express, Daily Mirror

International: Times of India, Newsweek, Mirage News Australia, Australian Financial Review, MENA FN, World News Network, Yahoo Canada + Australia + NZ, Business Standard (Mumbai edition), Medical Dialogues, US Times Post, Physicians Committee for Responsible Medicine (US), US News & World Report, Jerusalem Post, BNN Breaking, MedTech Asia, The National (AE), Foreign Affairs (NZ), Al Bawaba, PTI news (IN), New Daily (AU), Herald Sun, Nine News Australia

Other: News-Medical, ScienceAlert, Internewscast, Yahoo Finance, Ruetir, Pedfire, Tech & Science Post, Study Finds, NewsFinale, Scienmag, Medical Xpress, ExBulletin, Medical Daily, HealthDay, Healio, MedPage Today, Drugs.com, Medically Prime, Weekly Sauce, thehealthcast, Business Telegraph, ReachMD, Financial Express, Devdiscourse, Technology Networks, Medriva, Nutrition Insight, CIDRAP, Nursing Times, Science Times, Earth.com, Zenger News, Zee News, Men's Journal, dtNext, Study Finds, IFL Science, NewsMax, Science Daily, Talker News, Social News XYZ



BMJ Oncology

Research: [Novel proteomics-based plasma test for early detection of multiple cancers in the general population \(PR\)](#)

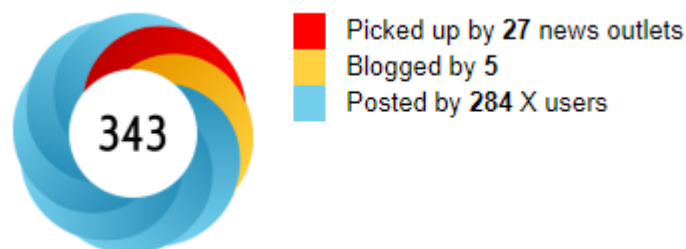
[New DNA test can detect 18 different types of early-stage cancers, scientists say](#) The Independent 10/01/2024

[Single DNA test to identify 18 early cancers developed by US researchers](#) Hindustan Times 10/01/2024

[Protein test can detect 18 early-stage cancers](#) Taipei Times 14/01/24

Also in: The Guardian, The Daily Telegraph, The Times, Daily Express, Daily Mirror, Yahoo UK, Daily Mail, The Sun + Scottish + Irish editions, Nottingham Post, British Bulletin, Daily Record, Wales Online

International + Other: Mirage News Australia, Yahoo News Australia + NZ + Canada, Yahoo Singapore, GeoTV, NDTV, PTI News, The Mirror US, Devdiscourse, Global News, Business Telegraph, Internewscast, Scienmag, Medical Xpress, ET Healthworld, Drugs.com, Medical News Today, World Is One News, News-Medical, Managed Healthcare Executive, Health News.com, Positive News, Independent Nurse, GenomeWeb, FirstWorld Healthtech, Latestly, Financial Express, Medically Prime, Medpage Today



[Cancer Is Striking More Young People, and Doctors Are Alarmed and Baffled](#) The Wall Street Journal 12/01/23 (**Previous PR**)

Also in: Pedfire, Ruetir, Breaking Latest News, Cancer Therapy Advisor, Blaze Media

[Short Shift in Cancer Funding; Bypassing Familiar for Distant; Testing for BRCA](#) MedPage Today 12/01/24

RMD Open

Research: [Hormonal and reproductive factors in relation to the risk of rheumatoid arthritis in women: a prospective cohort study with 223 526 participants](#) (PR)

[HRT and having four or more children increase risk of rheumatoid arthritis, study finds](#) Daily Telegraph 10/01/2024

[Hormonal Changes May Help Trigger Rheumatoid Arthritis in Women](#) US News & World Report 10/01/24

Also in: The Mail + Scottish edition, The Times + Irish edition, The Independent, Nottingham Post, Yahoo UK, Manchester Evening News, The Sunday Post, AOL UK, The National, British Bulletin, Belfast Telegraph, Express & Star, Eastern Daily Press, MSN UK, Wales Online

International + Other: Yahoo Singapore, Mirage News Australia, Australian Doctor, Yahoo Canada, MENA FN, BNN Breaking, Medical Dialogues, DaijiWorld, Medically Prime, News-Medical, Scienmag, MedPage Today, Medical Xpress, HealthDay, Financial Express, ET Healthworld, Drugs.com, Medicine.Net, Weekly Sauce, thehealthcast, Healthline, Medical News Today, Economic Times, Times Now, eMedNews, Medriva, Zenger News, RheumNow, PatientTalk, Talker News, Ex Bulletin



Annals of the Rheumatic Diseases

[Exercise Therapy Improves Functional Limitations in Severe RA](#) Medscape 11/01/2024

[Telitacicept Phase 2 Trial Prompts Positive Responses in Treating Patients With Lupus](#) Medscape 12/01/24

Also in: Medriva

BMJ Case Reports

Research: [Subacute combined degeneration of the spinal cord in a patient with nitrous oxide use and autoimmune atrophic gastritis](#) (External PR)

[Nitrous oxide effects are reversible with early treatment: Case study](#) Medical Xpress 09/01/2024

BMJ Evidence-Based Medicine

[Guns, Germs, and Drugs Are Largely Responsible for the Decline in U.S. Life Expectancy](#)

Conservative Angle 09/01/2024

BMJ Global Health

[How Smoking Bans Prevented Heart Attacks In Singapore](#) Asian Scientist Magazine

13/01/24 (**Previous PR**)

Also in: Futurity

BMJ Mental Health

[Dementia risk could be raised by low levels of one vitamin, according to study](#) Daily Record

13/01/2024

BMJ Open

[Global HIV Progress Overstated: AHF Calls for UNAIDS Audit](#) Benzinga 11/01/2024

Also in: Yahoo Finance

[Huge Study Reveals Cannabis Provides Similar Pain Relief Benefits As Opioids Without Negative Consequences](#) Benzinga 10/01/2024

[This food that is considered healthy can damage the pancreas](#) World Nation News 13/01/24

[DOCTORS ORDERS From spa treatments to running a marathon and eating at night – doctors reveal what they would NEVER do](#) The Sun (+ Scottish + Irish edition) 14/01/2024

[OraSure Builds on Strengths With Sapphiros Deal After Restructuring](#) Genomeweb 16/01/2024

BMJ Open Diabetes Research & Care

[Which health app is best? We tried Zoe, Fast 800 and MyFitnessPal](#) inews.co.uk 08/01/2024

(misattributed to The BMJ)

BMJ Open Ophthalmology

[Choroidal Microvasculature changes linked to smoking in glaucoma patients](#) Medical Dialogues 08/01/2024

[Best blue light-blocking glasses to help with eye fatigue](#) The Evening Standard 10/01/2024
(misattributed to the BMJ)

[Is Your Blurry Vision Normal Aging or Something More? Eye Docs Reveal How to Tell the Difference](#) Yahoo Lifestyle 11/01/2024

Also in: Health Digest

[Dry eye and ocular pain intensity are closely associated with increased sleep disturbances](#) Medical Dialogues 12/01/2024

BMJ Open Sport & Exercise Medicine

[8 surprising benefits of super short workouts](#) Yahoo Canada + Lifestyle 10/01/2024

BMJ Quality & Safety

[The damaging decline of NHS general practice](#) The Conservative Woman 11/01/24

British Journal of Ophthalmology

[How your clothes could be making you ill](#) The Daily Mail 10/01/2024 (**Previous PR**)

Also in: British Bulletin, Internewscast, Express Digest

British Journal of Sports Medicine

[How to wake up with more energy](#) The Times 08/01/2024 (no link available)

[Daily brief exercise slashed death risk from prolonged sitting, scientists say](#) Daily Express 08/01/2024 (**Previous PR**)

Also in: News9, Inshorts, The Mirror

[The revolutionary procedure that could salvage Sam Kerr's Olympic dream](#) Sydney Morning Herald 09/01/2024

Also in: The Age Australia, Brisbane Times, WAtoday.com, MSN (AU)

[Can't get an appointment? Walk with a Doc brings health care pro to your park](#) Yahoo News 09/01/2024

[Avoid cold and flu: this way you can strengthen the immune system](#) Nation World News 10/01/24 (**Previous PR**)

[A simple 10-second test may be able to predict if you'll outlive your peers as you age](#) News.am Medicine 10/01/24 (**Previous PR**)

Also in: Daily Star

[Feelings of depression linked to short-term weight gain, study finds](#) Global News 11/01/2024

Research: [Lack of leisure time physical activity and variations in cardiovascular mortality across US communities: a comprehensive county-level analysis \(2011–2019\)](#) (**External PR**)

[Amount of leisure time exercise tied to risk of cardiovascular disease](#) Kaiser Permanente 11/01/24

Also in: Medriva, Medical Xpress, Knowridge Science Report, Medriva, X-Mol

[Why this exercise is so good for high blood pressure](#) WebMD the Magazine 12/01/2024 (**Previous PR**)

[Can 'Hope Molecules' Improve Mental Health? A Scientist Says 'Yes'](#) Healthnews.com 12/01/24

[How To Use Exercise As Part Of Your Mental Health Toolbox Safely And Effectively](#) Women's Health 13/01/24

Also in: Newsbreak

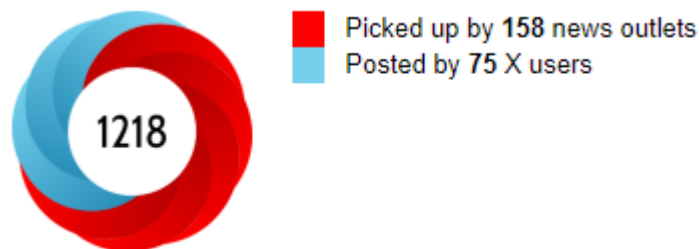
[The biggest health trends of 2024](#) The Times (Times 2) 13/01/24 (**Previous PR**) (link unavailable)

[It improves mood, body and health: why walking is the best way to get fit](#) The Times 13/01/2024 (no link available) (**Previous PR**)

Emergency Medicine Journal

Research: [Perceived barriers and opportunities to improve working conditions and staff retention in emergency departments: a qualitative study](#) (External PR)

[Doctors turned comedians reveal why they left the NHS](#) The Independent 10/01/2024
Also in: The Evening Standard, Yahoo UK, Eastern Daily Press, The Sunday Post, The Belfast Telegraph, Irish Independent, Express & Star, AOL UK, The National, Jersey Evening Post, MSN IE, MSN South Africa, Mirage News Australia, My Science, News-Medical, Medical Xpress, Scienmag, Healthtech World, Nursing Times



[12-hour waits for one in eight patients in A&E branded 'shameful and distressing'](#) Evening Standard 12/01/2024 (Previous PR)
Also in: Yahoo UK

General Psychiatry

[Food to beat anxiety: what psychiatrists eat](#) The Times 13/01/2024 (no link available)

Heart

[COPD exacerbations may heighten long-term cardiovascular risks](#) Medical Dialogues (IN) 10/01/2024

[India Coronary Stent market to reach \\$3,104.8 million by 2031 at 13.2% CAGR: Coherent Market Insights](#) Yahoo Finance 11/01/2024

Also in: Benzinga, World News Report, MENA FN

Journal for ImmunoTherapy of Cancer

[TME Pharma Announces Successful Advice Meeting With US Food and Drug Administration on NOX-A12 Development in Brain Cancer](#) Yahoo Finance 11/01/2024

[Cell therapy bigwigs endorse CAR-T in Nature Medicine article amid FDA safety probe](#) FiercePharma 09/01/2024

Journal of Epidemiology & Community Health

[Study finds just 10 minutes of moderate to vigorous exercise can boost brain](#) Health Yahoo Canada 10/01/2024 (Previous PR)

Also in: Yahoo Singapore + UK+ Australia + NZ, Real Simple, Times Now

Journal of Medical Genetics

[Chiesi Global Rare Diseases Announces Publication of Results from Phase 3 BALANCE Study in Fabry Disease](#) Latin Business Today 11/01/2024

Also in: Benzinga, Biospace, Yahoo Finance,

INFLUENCE

The AIDS Healthcare Foundation (AHF) sent an [open letter](#) to the heads of the United Nations Program on HIV/AIDS (UNAIDS) and the World Health Organization (WHO) over concerns that global progress on HIV has been overstated, citing research in **BMJ Open** to make their case.