



**BMJ in the News** is a weekly digest of national and international news coverage in English for BMJ, The BMJ, and BMJ Journals.

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**Coverage for 9 - 15 October 2023**

## **PRESS RELEASES**

[The BMJ](#) | [BMJ Global Health](#)  
[Journal of Epidemiology & Community Health](#)  
[Journal of Medical Genetics](#)

## **EXTERNAL PRESS RELEASES**

[The BMJ](#)  
[Annals of the Rheumatic Diseases](#)  
[BMJ Medicine](#) | [BMJ Open](#)  
[Gut](#) | [Journal of Medical Genetics](#)  
[Journal of NeuroInterventional Surgery](#)

## **OTHER COVERAGE**

[The BMJ](#) | [Annals of the Rheumatic Diseases](#)  
[BMJ Case Reports](#) | [BMJ Evidence-Based Medicine](#)  
[BMJ Global Health](#)  
[BMJ Nutrition, Prevention & Health](#) | [BMJ Oncology](#)  
[BMJ Open](#) | [BMJ Open Diabetes Research & Care](#)  
[BMJ Open Sport & Exercise Medicine](#)  
[BMJ Paediatrics Open](#)  
[BMJ Sexual & Reproductive Health](#)  
[BMJ Supportive & Palliative Care](#)  
[British Journal of Sports Medicine](#)  
[Gut](#) | [Heart](#) | [Journal for Immunotherapy of Cancer](#)  
[Journal of Epidemiology & Community Health](#)  
[Journal of Neurology, Neurosurgery & Psychiatry](#)  
[Occupational & Environmental Medicine](#)  
[Open Heart](#) | [Regional Anesthesia & Pain Medicine](#)  
[RMD Open](#)

## **The BMJ press release coverage**

**Research:** [Ultrasound guided lavage with corticosteroid injection versus sham lavage with and without corticosteroid injection for calcific tendinopathy of shoulder: randomised double blinded multi-arm study \(PR\)](#)

[Saline injection treatment for calcific tendinopathy provides no meaningful benefit over placebo](#) News-Medical.Net 12/10/2023

**Also in:** Medically Prime, MedPage Today, United Press International, Drugs.com, HealthDay, Study Finds, MedicineNet.com, thehealthcast.com, Weekly Sauce

**Analysis:** [Social, clinical, and policy implications of ultra-processed food addiction](#) (External PR - part of Food for Thought 2023 collection)

[Call for unhealthy processed foods to be labelled as addictive](#) The Guardian 10/10/2023 (+ Print) x2

[One in seven adults may be addicted to ultra-processed food, researchers estimate](#) Malay Mail 11/10/2023

**Also in:** The Daily Express, The Times (+ Irish), Daily Mail, expressdigest.com, The Sun (+ Scottish), The Mail Online, inews.com, Times Radio, BBC Radio Scotland, Yahoo News, Sky News, ITVX, Shropshire Star, The Independent, The Observer, Yahoo Lifestyle, Times Radio, Mirage News Australia, MSN Arabia, Express India, Global News, Tech and Science Post, Medical Xpress, Scienmag, News-Medical.net, Technology Networks, inews.com, Science Daily, Myscience, Women's Health, Pavillion Health Today, Tek Deeps, New York Post,

## **Other notable coverage**

[6 Drugs Approved Despite Failed Trials or Minimal Data](#) BioSpace 09/10/2023

[Understanding the clot risk from oral contraceptives and NSAIDs](#) ArcaMax 10/10/2023

**(Previous PR)**

[Best premium vodka brands to add to your home bar, from Grey goose to Belvedere](#) MSN IE 09/10/2023

**Also in:** Evening Standard

[COVID Masking Hysteria Was Never About Following the Science](#) Newsweek 10/10/2023

[Spooky Scottish castle with dark past has been reclaimed by nature](#) Scottish Daily Express 10/10/2023

[20 attitude adjustments for a longer life](#) MSN South Africa 10/10/2023

[Extreme heat risks rise for pregnant women and babies](#) Malay Mail 10/10/2023

**Also in:** Business Day Online, Gulf News Online, The Straits Times (Online + Print), Devdiscourse, Jakarta Post Online

[Are you wondering if just one cigarette can do you any harm? Here's what you must know](#) The Health Site 10/10/2023

**Also in:** Internewscast

[Tackling the Global Obesity Challenge: Carbohydrate intake in spotlight](#) Medical Dialogues 10/10/2023

[Young mum almost died after vaping left her unable to breathe](#) Nottingham Post 10/10/2023

['Kill us or send us home': Amazon workers in Saudi Arabia say they were exploited by labor supply and recruiting firms](#) NBC News 11/10/2023

**Also in:** The Guardian, Newsfinale

[Why is Friday the 13th considered unlucky? The origins of the superstition](#) MSN IE

10/10/2023

**Also in:** Evening Standard, MSN Philippines

[These 3 starchy vegetables you should limit if you don't want to gain weight](#) Tek Deeps

10/10/2023 (**Previous PR**)

[Antibacterial Drugs Market is projected to witness lucrative growth by reaching up to USD 63,326.8 million by 2030](#) Benzinga 11/10/2023

[UK asylum deal: is Rwanda a land of safety or fear?](#) BBC News Online 11/10/2023

[Air pollution in Nairobi Causes stunted growth in children](#) Africa Science News 11/10/2023

[Recognising women's experiences is key to understanding inequalities in breast cancer screening uptake](#) Medical Xpress 11/10/2023 (**External PR**)

[Medical evidence: The future of the placebo](#) StarTribune 12/10/2023

[Vaccine link to autism disproven by multiple studies | Fact check](#) MSN Health & Fitness 13/10/2023

[Keir Starmer speech RECAP: Labour leader shrugs off shouting protester who throws glitter at him](#) The Mirror 13/10/2023

[What you need to know about COVID-19 Thrombosis risk and vaccination](#) Everyday Health 12/10/2023

[How do you catch TB? London cases at a six-year high](#) Evening Standard 12/10/2023

[Marlboro owner is pushing to undermine crackdown on vapes: 'The WHO's tobacco treaty is no longer fit for purpose'](#) FORTUNE Online 13/10/2023

[Why streamlining digital services is key to solving the NHS productivity puzzle](#) New Statesman 13/10/2023

[Growing health inequality in UK prompts call for 'joined up strategy'](#) Pharmaphorum 13/10/2023

[A New "Brave New World"](#) Conservative Angle 14/10/2023

[Government 'dithering' on regulating 'dangerous rise' in physician associates has 'harmed patients'](#) The Daily Telegraph 14/10/2023

[Diet and Liver health; Gut microbiome and cardiometabolic disease](#) MedPage Today 14/10/2023

**Also in:** Medically Prime

[The unstoppable rise of the locum doctor](#) The Spectator 15/10/2023

["We can't force the human body to accept foreign genetic code" Dr. McCullough on mRNA technology](#) Conservative Angle 15/10/2023

[The evidence that shows climate change is already impacting our bills, homes, health and businesses](#) inews.co.uk 15/10/2023

## **JOURNALS**

### **BMJ Global Health**

**Research:** [Association between the extension of smoke-free legislation and incident acute myocardial infarctions in Singapore from 2010 to 2019: an interrupted time-series analysis](#) (PR)

[Singapore's smoke-free law may have warded off 20,000 heart attacks in over 65s](#) Scienmag 11/10/2023

[Study says around 20,000 heart attacks may have been prevented because of SG's smoke-free law](#) The Independent Singapore News 12/10/23

**Also in:** Korea Posts English, Medical Xpress, Tech and Science Post, AOL.com, News-Medical.net, Medically Prime, MedPage Today, Interesting Engineering, Tech Times,

Knowridge Science Report, unmid.com, Life Technology, Ground News

[How to keep your child at a safe distance from winter viruses](#) Irish Examiner 10/10/2023

[Lyme disease: Symptoms, diagnosis and treatment](#) Practice Business 10/10/23 (**Previous PR**)

[ICMR study finds covid symptoms lasting for long](#) ExBulletin 14/10/2023

**Also in:** Mint Online, The New Indian Express

### **Journal of Epidemiology & Community Health**

**Research:** [Are housing circumstances associated with faster epigenetic ageing?](#) (PR)

[Living in privately rented homes linked to faster biological ageing, study finds](#) The Guardian 11/10/2023 (Print + Online)

[Renting A Home Ages You Faster Than Smoking Or Unemployment, Study Says](#) Forbes 11/10/23

[Renting rather than owning your own is home linked to faster 'biological ageing'](#) The Jerusalem Post 15/10/23

**Also in:** BBC News, The Times (+ Irish edition), MSN UK, Daily Express, Evening Standard, The Mail Online, Irish Independent, The Spectator, Yahoo New UK, AOL UK, Sky News, The Big Issue, Daily Telegraph, NewStart Mag, Gript.ie, STV News, Manx Radio + extensive local radio

**International:** Mirage News Australia, Nationaltribune (AU), MSN South Africa, Fortune, Newshub.nz, 9News (AU), Aged Health (AU), Health Times (AU), Perth Now, BNN Breaking, Radio News Hub, Yahoo News Canada, Eurasia Review, US News & World Report, New York Post, BusinessKhabar, Teller Report, Medical Dialogues (IN), Epoch Times (US), The Senior (AU), National Post Canada

**Other:** Tech and Science Post, Internewscast, Express Digest, Yahoo Finance, Study Finds, News-Medical.net, Medical Xpress, Scienmag, Medscape, Medical Dialogues, Health Medicine Network, HealthDay, Drugs.com, MedicineNet, Tek Deeps, Landlord Zone, Ground News, IFL Science, Landlord Today, TSC News, NewsBeezer, Head Topics, Science Blog, Sciencenewsnet, Weekly Sauce, the Healthcast.com, Technology Networks, Scitech Daily, Yahoo Finance, Independent News

[Unhealthy lifestyle factors associated with increased risk nursing home admission](#) Healio 12/10/2023 (**Previous PR**)

### **Journal of Medical Genetics**

**Research:** [Evidence of a genetic background predisposing to complex regional pain syndrome type 1](#) (PR)

[Genes may be responsible for third of complex regional pain syndrome cases](#) Scienmag 11/10/2023

**Also in:** Medical Xpress, Mirage News Australia, Genetic Engineering and Biotechnology News, Medscape, Englemed Health News, Pain News Network, World-Today-News, World

News Network, Drugs.com, Head Topics, MSD Manuals, ehTrend (Br), HealthDay, Physician's Weekly

**Research:** [Genetic Complexity of Diagnostically Unresolved Ehlers-Danlos Syndrome](#) (External PR)

*No coverage detected*

### **Annals of the Rheumatic Diseases**

[If you use 'colchicine' for gout attacks... beware of '00 side effects'](#) Tek Deeps 09/10/2023

**Research:** [Card9/neutrophil signalling axis promotes IL-17A-mediated ankylosing spondylitis](#) (External PR)

[Study identifies biomarker that could lead to better treatment for autoimmune disease](#)

Medical Xpress 10/10/2023

**Also in:** Mirage News Australia

[Study Shows Increased Risk of Adverse Events in Gout Patients Initiating Allopurinol with Flare Prophylaxis](#) Express Healthcare Management 10/10/23

[Opioids carry increased risk for death vs NSAIDs in patients with rheumatoid arthritis](#) Healio 11/10/2023

[Abatacept, Certolizumab Beat Optimized Conventional DMARD Combinations in Treatment-Naive Early RA](#) Medscape 12/10/23

**Research:** [New approach to testing treatments for osteoarthritis: FastOA](#) (External PR)

[Researchers suggest new approach for testing treatments for osteoarthritis](#) Medical Xpress 12/10/202

**Also in:** ScienceDaily, Tech Explorist

[Occupational Exposure to Dust: Health Problems & Safety Tips](#) HealthDay 13/10/23 (Previous PR)

[Should You Take Rituximab for Rheumatoid Arthritis?](#) HealthCentral 13/10/23

### **BMJ Case Reports**

[Motorcycle crash dislocated a man's testicle into his abdomen](#) LiveScience 12/10/2023

**Also in:** New York Post, Daily Mail

[Bloke cut in half by forklift shares 'graphic' images and details of surgery that saved him](#) Daily Star 13/10/2023 (Misattrib to the BMJ)

### **BMJ Evidence-Based Medicine**

[Yes, long COVID does exist, but too many people have been wrongly told they have it](#) Daily Mail + Irish edition 10/10/2023 (Previous PR)

**Also in:** Conservative Angle, Salon, Study Finds

[The food that 'could be better than antibiotics'](#) Tek Deeps 10/10/2023 (Misattrib to the BMJ)

## **BMJ Medicine**

**Research:** [Multinational patterns of second line antihyperglycaemic drug initiation across cardiovascular risk groups: federated pharmacoepidemiological evaluation in LEGEND-T2DM](#) (External PR)

[Patients with cardiovascular disease less likely to use antidiabetic drugs finds study](#) Medical Xpress 10/10/2023

## **BMJ Nutrition, Prevention & Health**

[Doctors told me I was heading for diabetes - here's what I did](#) The Daily Telegraph 09/10/2023 (no link available)

## **BMJ Oncology**

[Why are cancer cases in adults under 50 increasing?](#) Daily Monitor (UG) 09/10/23

**Also in:** Modern Healthcare, Yahoo News.com (**Previous PR**)

## **BMJ Open**

[Nirmatrelvir, Ritonavir Treatment Associated With Reduced Risk of COVID-19 Hospitalization, Death in Extremely Vulnerable Patients](#) Pharmacy Times 10/10/23

[Mental Health Trends in People Living with HIV During and After the COVID-19 Outbreak](#) Express Healthcare Management 10/10/23

[Acupuncture may treat low back, pelvic pain during pregnancy](#) Healio 12/10/2023 (**Previous PR**)

[Children especially vulnerable to ATV-related injuries, study finds](#) Healio 12/10/2023

**Research:** [Did mpox knowledge, attitudes and beliefs affect intended behaviour in the general population and men who are gay, bisexual and who have sex with men? An online cross-sectional survey in the UK](#) (External PR)

[Engaged and informed communities are more likely to adapt behaviors during disease outbreaks, study finds](#) Medical Xpress 13/10/2023

**Also in:** Mirage News Australia, Tech and Science Post

## **BMJ Open Diabetes Research & Care**

[Type 2 diabetes: an overview of risk factors and prevention of onset](#) Nursing Times 09/10/2023

[Delhi, Chennai studies hint at pollution link to diabetes](#) Times of India 10/10/2023

**Also in:** Financial Express

## **BMJ Open Sport & Exercise Medicine**

[The hidden dangers of overtraining, how pushing your limits can harm your body](#) MSN South Africa 09/10/2023

## **BMJ Paediatrics Open**

[Paediatrics 'about creating better futures': SA professor](#) Medical Brief South Africa 12/10/2023

## **BMJ Sexual & Reproductive Health**

Dear Deidre - Hot topic The Sun 13/10/2023 (no link available)

## **BMJ Supportive & Palliative Care**

*Further coverage of rise in number of assisted deaths in Oregon*

1982 to 2002 saw rise in number seeking assisted death in Oregon Drugs.com 11/10/2023

**Also in:** BioEdge

## **British Journal of Sports Medicine**

Weight training officially better than cardio for fat loss, study shows Yahoo Sports 09/10/23

Are football boots made for male feet causing knee injuries in women? Daily Mail 10/10/2023  
+ Scottish + Irish editions

If you sit at a desk all day, the dead hang exercise is for you Health Digest 10/10/2023

Cognitive health: mediterranean diet, active lifestyle may protect Medical News Today  
10/10/2023

The Dangers of Concussions in Boxing Business Post Nigeria 10/10/23

Review of the consensus statement on concussion in sport – part two New Zealand Doctors  
11/10/23 (**Previous PR**)

Exercise protects against 9 types of cancer Nation World News 11/10/23 (**Previous PR**)

Fun ways to exercise and avoid the risks of physical inactivity The Standard Kenya 12/10/23

Why you're getting cramp at the end of a marathon – and what to do about it Runner's World  
12/10/23

Lift weights, eat protein: How to burn fat and stay sharp after 40 The Times + Irish Edition  
14/10/2023 (no link available) (**Previous PR**)

## **Gut**

**Research:** Prebiotic diet changes neural correlates of food decision-making in overweight adults: a randomised controlled within-subject cross-over trial (**External PR**)

How does our diet impact our decision-making? Technology Networks 10/10/2023

**Also in:** Medical Xpress

Six simple ways to improve your gut health and help prevent Parkinson's The Daily  
Telegraph 11/10/2023 (**Previous PR**)

## **Heart**

From heart attacks to dementia, the middle-aged cocaine abusers creating a timebomb for the NHS Express Digest.com 10/10/2023 (**Previous PR**)

**Also in:** The Mail Online

Oct 13 2023 This Week in Cardiology Medscape 13/10/2023

## **Injury Prevention**

[Guns in America: Study reveals 'troubling' differences in firearm usage patterns across country](#) Study Finds 10/10/2023

## **Journal for ImmunoTherapy of Cancer**

[TME Pharma Provides Positive Update on 18-Month Survival for NOX-A12 Combination Regimen in Brain Cancer and Provides Strategic Update Including Decision to Engage with US FDA](#) Yahoo Finance 10/10/2023

**Also in:** Pharmiweb

[Study Shows Utility of ctDNA Dynamics as Early Therapy Response Endpoint](#) Precision Medicine Online 10/10/23

## **Journal of NeuroInterventional Surgery**

**Research:** [Deep geometric learning for intracranial aneurysm detection: towards expert rater performance](#) (External PR)

[AI-driven software could revolutionise brain aneurysm treatment](#) The Independent 12/10/2023

**Also in:** Yahoo UK, Evening Standard, Belfast Telegraph, British Bulletin, Irish News, AOL.com, The Sunday Post, Sky News, MSN Philippines, BollyInside, Express Healthcare Management

## **Journal of Neurology, Neurosurgery & Psychiatry**

[Is it safe to get Botox when you are pregnant? Here's what the experts say](#) Yahoo News 11/10/2023

**Also in:** 24ssports

[Stem cell treatment halts MS for some patients](#) ReadMD 11/10/2023 (**Previous PR**)

[How to spot the early signs of Alzheimer's and dementia and what you can do about the symptoms](#) The Daily Telegraph 12/10/2023

**Also in:** Yahoo UK, Ruetir

## **Occupational & Environmental Medicine**

[Disabling the Military](#) Indian Defence Review 13/10/23 (Link unavailable)

## **Open Heart**

[Study reveals multiple inequalities in provision of aortic valve replacement](#) Hospital Healthcare Europe 12/10/23 (**Previous PR**)

[You're likely not getting enough Magnesium if you feel anxious, achy, tired and have trouble losing weight](#) Pedfire 15/10/2023

## **Regional Anesthesia & Pain Medicine**

[Anesthesiologist-administered sedation improves discharge outcomes for patients after common procedures](#) News-Medical 15/10/23

## **RMD Open**

[Surprising Link Between Weight Gain and RA Activity](#) Medically Prime 10/10/2023

**Also in:** MedPage Today

[Joint injections ineffective for hand osteoarthritis symptoms, finds evidence review](#) Medical Dialogues 11/10/2023 (**Previous PR**)