**BMJ in the News** is a weekly digest of national and international news coverage in English for BMJ, The BMJ, and BMJ Journals.

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**Coverage for 9 - 15 October 2023**

**PRESS RELEASES**

The BMJ | BMJ Global Health  
Journal of Epidemiology & Community Health  
Journal of Medical Genetics

**EXTERNAL PRESS RELEASES**

The BMJ  
Annals of the Rheumatic Diseases  
BMJ Medicine | BMJ Open  
Gut | Journal of Medical Genetics  
Journal of NeuroInterventional Surgery

**OTHER COVERAGE**

The BMJ | Annals of the Rheumatic Diseases  
BMJ Case Reports | BMJ Evidence-Based Medicine  
BMJ Global Health  
BMJ Nutrition, Prevention & Health | BMJ Oncology  
BMJ Open | BMJ Open Diabetes Research & Care  
BMJ Open Sport & Exercise Medicine  
BMJ Paediatrics Open  
BMJ Sexual & Reproductive Health  
BMJ Supportive & Palliative Care  
British Journal of Sports Medicine  
Gut | Heart | Journal for Immunotherapy of Cancer  
Journal of Epidemiology & Community Health  
Journal of Neurology, Neurosurgery & Psychiatry  
Occupational & Environmental Medicine  
Open Heart | Regional Anesthesia & Pain Medicine  
RMD Open
The BMJ press release coverage

Research: Ultrasound guided lavage with corticosteroid injection versus sham lavage with and without corticosteroid injection for calcific tendinopathy of shoulder: randomised double blinded multi-arm study (PR)

Saline injection treatment for calcific tendinopathy provides no meaningful benefit over placebo News-Medical.Net 12/10/2023

Analysis: Social, clinical, and policy implications of ultra-processed food addiction (External PR - part of Food for Thought 2023 collection)

Call for unhealthy processed foods to be labelled as addictive The Guardian 10/10/2023 (+ Print) x2
One in seven adults may be addicted to ultra-processed food, researchers estimate Malay Mail 11/10/2023


Other notable coverage
6 Drugs Approved Despite Failed Trials or Minimal Data BioSpace 09/10/2023
Understanding the clot risk from oral contraceptives and NSAIDS ArcaMax 10/10/2023
(Previous PR)
Best premium vodka brands to add to your home bar, from Grey goose to Belvedere MSN IE 09/10/2023
Also in: Evening Standard
COVID Masking Hysteria Was Never About Following the Science Newsweek 10/10/2023
Spooky Scottish castle with dark past has been reclaimed by nature Scottish Daily Express 10/10/2023
20 attitude adjustments for a longer life MSN South Africa 10/10/2023
Extreme heat risks rise for pregnant women and babies Malay Mail 10/10/2023
Also in: Business Day Online, Gulf News Online, The Straits Times (Online + Print), Devdiscourse, Jakarta Post Online
Are you wondering if just one cigarette can do you any harm? Here’s what you must know The Health Site 10/10/2023
Also in: Internewscast
Tackling the Global Obesity Challenge: Carbohydrate intake in spotlight Medical Dialogues 10/10/2023
Young mum almost died after vaping left her unable to breathe Nottingham Post 10/10/2023
‘Kill us or send us home’: Amazon workers in Saudi Arabia say they were exploited by labor supply and recruiting firms NBC News 11/10/2023
Also in: The Guardian, Newsfinale
Why is Friday the 13th considered unlucky? The origins of the superstition MSN IE
Also in: Evening Standard, MSN Philippines
These 3 starchy vegetables you should limit if you don’t want to gain weight Tek Deeps

10/10/2023 (Previous PR)
Antibacterial Drugs Market is projected to witness lucrative growth by reaching up to USD 63,326.8 million by 2030 Benzinga 11/10/2023
UK asylum deal: is Rwanda a land of safety or fear? BBC News Online 11/10/2023
Air pollution in Nairobi Causes stunted growth in children Africa Science News 11/10/2023
Recognising women’s experiences is key to understanding inequalities in breast cancer screening uptake Medical Xpress 11/10/2023 (External PR)
Medical evidence: The future of the placebo StarTribune 12/10/2023
Vaccine link to autism disproven by multiple studies | Fact check MSN Health & Fitness

13/10/2023
Keir Starmer speech RECAP: Labour leader shrugs off shouting protester who throws glitter at him The Mirror 13/10/2023
What you need to know about COVID-19 Thrombosis risk and vaccination Everyday Health
12/10/2023
How do you catch TB? London cases at a six-year high Evening Standard 12/10/2023
Marlboro owner is pushing to undermine crackdown on vapes: ‘The WHO’s tobacco treaty is no longer fit for purpose’ FORTUNE Online 13/10/2023
Why streamlining digital services is key to solving the NHS productivity puzzle New Statesman 13/10/2023
Growing health inequality in UK prompts call for ‘joined up strategy’ Pharmaphorum
13/10/2023
A New "Brave New World" Conservative Angle 14/10/2023
Government ‘dithering’ on regulating ‘dangerous rise’ in physician associates has ‘harmed patients’ The Daily Telegraph 14/10/2023
Diet and Liver health; Gut microbiome and cardiometabolic disease MedPage Today
14/10/2023
Also in: Medically Prime
The unstoppable rise of the locum doctor The Spectator 15/10/2023
“We can’t force the human body to accept foreign genetic code” Dr. McCullough on mRNA technology Conservative Angle 15/10/2023
The evidence that shows climate change is already impacting our bills, homes, health and businesses inews.co.uk 15/10/2023

JOURNALS

BMJ Global Health

Research: Association between the extension of smoke-free legislation and incident acute myocardial infarctions in Singapore from 2010 to 2019: an interrupted time-series analysis (PR)

Singapore’s smoke-free law may have warded off 20,000 heart attacks in over 65s Scienmag
11/10/2023
Study says around 20,000 heart attacks may have been prevented because of SG’s smoke-free law The Independent Singapore News 12/10/23

Also in: Korea Posts English, Medical Xpress, Tech and Science Post, AOL.com, News-Medical.net, Medically Prime, MedPage Today, Interesting Engineering, Tech Times,
How to keep your child at a safe distance from winter viruses  Irish Examiner 10/10/2023

Lyme disease: Symptoms, diagnosis and treatment Practice Business 10/10/23  (Previous PR)

ICMR study finds covid symptoms lasting for long ExBulletin 14/10/2023

Also in: Mint Online, The New Indian Express

Journal of Epidemiology & Community Health

Research: Are housing circumstances associated with faster epigenetic ageing? (PR)

Living in privately rented homes linked to faster biological ageing, study finds The Guardian 11/10/2023 (Print + Online)
Renting A Home Ages You Faster Than Smoking Or Unemployment, Study Says Forbes 11/10/23
Renting rather than owning your own is home linked to faster ‘biological ageing’ The Jerusalem Post 15/10/23


Unhealthy lifestyle factors associated with increased risk nursing home admission Healio 12/10/2023  (Previous PR)

Journal of Medical Genetics

Research: Evidence of a genetic background predisposing to complex regional pain syndrome type 1. (PR)

Genes may be responsible for third of complex regional pain syndrome cases Scienmag 11/10/2023

News Network, Drugs.com, Head Topics, MSD Manuals, ehTrend (Br), HealthDay, Physician’s Weekly

Research: Genetic Complexity of Diagnostically Unresolved Ehlers-Danlos Syndrome (External PR)
No coverage detected

Annals of the Rheumatic Diseases
If you use 'colchicine' for gout attacks... beware of '00 side effects' Tek Deeps 09/10/2023

Research: Card9/neutrophil signalling axis promotes IL-17A-mediated ankylosing spondylitis (External PR)
Study identifies biomarker that could lead to better treatment for autoimmune disease
Medical Xpress 10/10/2023
Also in: Mirage News Australia

Study Shows Increased Risk of Adverse Events in Gout Patients Initiating Allopurinol with Flare Prophylaxis Express Healthcare Management 10/10/23

Opioids carry increased risk for death vs NSAIDs in patients with rheumatoid arthritis Healio 11/10/2023

Abatacept, Certolizumab Beat Optimized Conventional DMARD Combinations in Treatment-Naive Early RA Medscape 12/10/23

Research: New approach to testing treatments for osteoarthritis: FastOA (External PR)
Researchers suggest new approach for testing treatments for osteoarthritis Medical Xpress 12/10/2022
Also in: ScienceDaily, Tech Explorist

Occupational Exposure to Dust: Health Problems & Safety Tips HealthDay 13/10/23 (Previous PR)

Should You Take Rituximab for Rheumatoid Arthritis? HealthCentral 13/10/23

BMJ Case Reports
Motorcycle crash dislocated a man’s testicle into his abdomen LiveScience 12/10/2023
Also in: New York Post, Daily Mail
Bloke cut in half by forklift shares 'graphic' images and details of surgery that saved him Daily Star 13/10/2023 (Misattrib to the BMJ)

BMJ Evidence-Based Medicine
Yes, long COVID does exist, but too many people have been wrongly told they have it Daily Mail + Irish edition 10/10/2023 (Previous PR)
Also in: Conservative Angle, Salon, Study Finds
The food that ‘could be better than antibiotics’ Tek Deeps 10/10/2023 (Misattrib to the BMJ)
**BMJ Medicine**

Research: Multinational patterns of second line antihyperglycaemic drug initiation across cardiovascular risk groups: federated pharmacoepidemiological evaluation in LEGEND-T2DM (External PR)

Patients with cardiovascular disease less likely to use antidiabetic drugs finds study Medical Xpress 10/10/2023

**BMJ Nutrition, Prevention & Health**

Doctors told me I was heading for diabetes - here's what I did The Daily Telegraph 09/10/2023 (no link available)

**BMJ Oncology**

Why are cancer cases in adults under 50 increasing? Daily Monitor (UG) 09/10/23
Also in: Modern Healthcare, Yahoo News.com (Previous PR)

**BMJ Open**

Nirmatrelvir, Ritonavir Treatment Associated With Reduced Risk of COVID-19 Hospitalization, Death in Extremely Vulnerable Patients Pharmacy Times 10/10/23

Mental Health Trends in People Living with HIV During and After the COVID-19 Outbreak Express Healthcare Management 10/10/23

Acupuncture may treat low back, pelvic pain during pregnancy Healio 12/10/2023 (Previous PR)

Children especially vulnerable to ATV-related injuries, study finds Healio 12/10/2023

Research: Did mpox knowledge, attitudes and beliefs affect intended behaviour in the general population and men who are gay, bisexual and who have sex with men? An online cross-sectional survey in the UK (External PR)

Engaged and informed communities are more likely to adapt behaviors during disease outbreaks, study finds Medical Xpress 13/10/2023
Also in: Mirage News Australia, Tech and Science Post

**BMJ Open Diabetes Research & Care**

Type 2 diabetes: an overview of risk factors and prevention of onset Nursing Times 09/10/2023

Delhi, Chennai studies hint at pollution link to diabetes Times of India 10/10/2023
Also in: Financial Express

**BMJ Open Sport & Exercise Medicine**

The hidden dangers of overtraining, how pushing your limits can harm your body MSN South Africa 09/10/2023

**BMJ Paediatrics Open**

Paediatrics 'about creating better futures': SA professor Medical Brief South Africa 12/10/2023
BMJ Sexual & Reproductive Health
Dear Deidre - Hot topic
The Sun 13/10/2023 (no link available)

BMJ Supportive & Palliative Care
Further coverage of rise in number of assisted deaths in Oregon
1982 to 2002 saw rise in number seeking assisted death in Oregon
Drugs.com 11/10/2023
Also in: BioEdge

British Journal of Sports Medicine
Weight training officially better than cardio for fat loss, study shows
Yahoo Sports 09/10/23

Are football boots made for male feet causing knee injuries in women?
Daily Mail 10/10/2023
+ Scottish + Irish editions

If you sit at a desk all day, the dead hang exercise is for you
Health Digest 10/10/2023

Cognitive health: mediterranean diet, active lifestyle may protect
Medical News Today 10/10/2023

The Dangers of Concussions in Boxing
Business Post Nigeria 10/10/23

Review of the consensus statement on concussion in sport – part two
New Zealand Doctors 11/10/23 (Previous PR)

Exercise protects against 9 types of cancer
Nation World News 11/10/23 (Previous PR)

Fun ways to exercise and avoid the risks of physical inactivity
The Standard Kenya 12/10/23

Why you’re getting cramp at the end of a marathon – and what to do about it
Runner’s World 12/10/23

Lift weights, eat protein: How to burn fat and stay sharp after 40
The Times + Irish Edition 14/10/2023 (no link available) (Previous PR)

Gut

Research: Prebiotic diet changes neural correlates of food decision-making in overweight adults: a randomised controlled within-subject cross-over trial
(External PR)

How does our diet impact our decision-making?
Technology Networks 10/10/2023
Also in: Medical Xpress

Six simple ways to improve your gut health and help prevent Parkinson's
The Daily Telegraph 11/10/2023 (Previous PR)

Heart

From heart attacks to dementia, the middle-aged cocaine abusers creating a timebomb for the NHS
Express Digest.com 10/10/2023 (Previous PR)
Also in: The Mail Online

Oct 13 2023 This Week in Cardiology
Medscape 13/10/2023
Injury Prevention
Guns in America: Study reveals ‘troubling’ differences in firearm usage patterns across country Study Finds 10/10/2023

Journal for ImmunoTherapy of Cancer
TME Pharma Provides Positive Update on 18-Month Survival for NOX-A12 Combination Regimen in Brain Cancer and Provides Strategic Update Including Decision to Engage with US FDA, Yahoo Finance 10/10/2023
Also in: Pharmiweb
Study Shows Utility of ctDNA Dynamics as Early Therapy Response Endpoint Precision Medicine Online 10/10/23

Journal of NeuroInterventional Surgery
Research: Deep geometric learning for intracranial aneurysm detection: towards expert rater performance (External PR)
AI-driven software could revolutionise brain aneurysm treatment The Independent 12/10/2023

Journal of Neurology, Neurosurgery & Psychiatry
Is it safe to get Botox when you are pregnant? Here’s what the experts say Yahoo News 11/10/2023
Also in: 24ssports
Stem cell treatment halts MS for some patients ReadMD 11/10/2023 (Previous PR)
How to spot the early signs of Alzheimer’s and dementia and what you can do about the symptoms The Daily Telegraph 12/10/2023
Also in: Yahoo UK, Ruetir

Occupational & Environmental Medicine
Disabling the Military Indian Defence Review 13/10/23 (Link unavailable)

Open Heart
Study reveals multiple inequalities in provision of aortic valve replacement Hospital Healthcare Europe 12/10/23 (Previous PR)
You’re likely not getting enough Magnesium if you feel anxious, achy, tired and have trouble losing weight Pedfire 15/10/2023

Regional Anesthesia & Pain Medicine
Anesthesiologist-administered sedation improves discharge outcomes for patients after common procedures News-Medical 15/10/23

RMD Open
Surprising Link Between Weight Gain and RA Activity Medically Prime 10/10/2023
Also in: MedPage Today

Joint injections ineffective for hand osteoarthritis symptoms, finds evidence review Medical Dialogues 11/10/2023 (Previous PR)