BMJ in the News is a weekly digest of national and international news coverage in English for BMJ, The BMJ, and BMJ Journals.

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Coverage for 25 September - 1 October 2023

PRESS RELEASES

The BMJ | BMJ Evidence-Based Medicine
BMJ Public Health
British Journal of Sports Medicine
Journal of Epidemiology & Community Health
RMD Open

EXTERNAL PRESS RELEASES

BMJ Global Health | BMJ Open

OTHER COVERAGE

BMJ | The BMJ | Annals of the Rheumatic Diseases
BMJ Case Reports | BMJ Evidence-Based Medicine
BMJ Global Health | BMJ Innovations
BMJ Leader | BMJ Medicine | BMJ Open
BMJ Open Diabetes Research & Care | BMJ Oncology
British Journal of Ophthalmology
British Journal of Sports Medicine
eGastroenterology | Gut | Heart
Journal for ImmunoTherapy of Cancer
Journal of Medical Ethics | Lupus Science & Medicine
Practical Neurology
Regional Anesthesia & Pain Medicine

BMJ
BMJ Impact Analytics receives gold award from ALPSP KnowledgeSpeak.com 25/09/2023

The BMJ press release coverage

Research: Association between changes in carbohydrate intake and long term weight
changes: prospective cohort study (PR)

Eating wrong type of VEG ‘may make you fat in middle-age’: Tucking into an extra 100g of potatoes, peas or corn each day could add nearly 6lbs to your waistline, study suggests
Daily Mail 28/09/2023


Research: “Silent scandal” of missing lung diagnostics in England’s most deprived areas—where respiratory disease is most prevalent (PR)

The BMJ exposes "silent scandal" of missing lung diagnostics in England News-Medical.net 29/09/2023

Further coverage for doctors’ lives destroyed by long COVID (PR)
Researchers are still untangling the risks of catching COVID over and over World News 30/09/2023
Also in: ExBulletin

Further coverage for no increase in risk of cancer for those with reflux disease (PR)
Gastro-oesophageal reflux disease may not increase risk of esophageal cancer Medical Dialogues 26/09/2023
Also in: Medscape

Further coverage for emulsifiers link to heart disease risk (PR)
Case grows against ultra-processed food The Daily Mail (+ Scottish) 26/09/2023 (no link available)

Other notable coverage
Private sector may not be the shot in the arm it seems The I (Print) 25/09/2023 (Link not available)
If you want to lower your risk of dementia, get moving, The Daily Telegraph (Print) 25/09/2023 (Link not available)
Why do I feel so faint when I start walking? Ask the GP DR MARTIN SCURR Express Digest 26/09/2023
Also in: The Mail Online,
EXCLUSIVE: Can diet soda REALLY raise autism risk? Scientists slam ‘irresponsible’ study that linked consuming aspartame during pregnancy to higher rates of condition in children Internewscast 26/09/2023
Also in: The Mail Online
Nurse practitioners, physician assistants now manage one-quarter of US health care visits Healio 25/09/2023
Private hospitals may have to be paid extra if Labour wants them to cut NHS waits, experts

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warn inews.co.uk 25/09/2023
Elon Musk's COVID-19 Vaccine Comment Goes Viral Newsweek 27/09/2023
Influenza, the investigation: this is how the virus divides men and women Ruetir 27/09/2023
Relieving Sciatica Pain at Home Health Central 27/09/2023
Just 3% of overweight patients referred for NHS help The Times 29/09/2023
What It Means When You Feel An Itch Move Around Your Body Health Digest 28/09/2023
More than 40% of kids haven't had both MMR jabs in parts of England Mail Online 28/09/2023
The night-time symptom new Covid variants could be causing Daily Express 29/09/2023
Most complained about TV moments after Lawrence Fox row from GMB to Big Brother Daily Express 30/09/2023
Also in: MSN UK
SHAKE IT OFF What your HANDSHAKE says about your health – from cancer to depression The Sun (+ Scottish) 30/09/2023
Also in: World News, Daily Mirror,'Vaping addiction saw me rushed into A&E after collapsing - docs warned I could die' The Mirror 30/09/2023
Smokey Robinson health: The 'necessary' step the singer takes to look and feel young Daily Express 01/10/2023
Also in: MSN Arabia

JOURNALS

BMJ Evidence-Based Medicine

Analysis: How methodological pitfalls have created widespread misunderstanding about long COVID (PR)

Long Covid impact 'exaggerated with major flaws in claims' The Daily Telegraph 26/09/2023 (Print + Online)
Don't believe the feds' fear mongering about long COVID New York Post 27/09/23 (Misattrib The BMJ)
Long Covid prevalence vastly overestimated? Hindustan Times 28/09/23


International: Mirage News Australia, news.com.au, Foreign Affairs (NZ), Herald Sun (AU), National Herald (IN), Newsmax (US), Lokmat Times, M3 India, Newsroom Odisha, The Hans India, Politicom (AU), news.com.au, Sky News Australia, Eagle News (Ph), Cosmos Magazine, Business News India, Orissa TV, Teller Report, Daiji World, Head Topics (AU), Deutsche Welle (Eng), LatestLY, MSN India, Oltnews (US)

I'm no doctor, but I swear by these supplements to help stave off the winter lurgy every year.

Glamour Magazine (Previous PR)

**Also in:** The Guardian Nigeria

**The Type of Cough Medicine You Take Could Make a Big Difference in Finding Relief**

AOL.com 30/09/2023 (Previous PR)

**Also in:** Good Housekeeping

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**Research:** [Population mortality impacts of the rising cost of living in Scotland: scenario modelling study](PR)

**UK's cost of living crisis will cause thousands of premature deaths, study says**

The Guardian (Print + Online) + Tuesday Briefing 25/09/2023

**Study says UK's cost-of-living crisis will lead to more premature deaths**

France 24 26/09/2023

**Quest Means Business** CNN International 26/09/2023


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**British Journal of Sports Medicine**

**Consensus statement:** [Consensus Statement: 2023 International Olympic Committee’s (IOC) consensus statement on Relative Energy Deficiency in Sport (REDs)](PR)
Prolonged mismatch between calories eaten and burned may be putting many athletes at risk of REDs (Relative Energy Deficiency in Sport) Scienmag 27/09/2023
IOC publishes new statement to protect athletes' health and well-being National Herald India 29/09/23
IOC publishes new statement to protect athletes' health Xinhua 29/09/23


‘Exercise reduces the risk of chronic diseases, cardiovascular diseases, metabolic illnesses, and of Alzheimer's and cancer.’ Malaysia Business Insight 29/09/23 (Previous PR)

Is Too Much Sitting Bad for Your Health? Everyday Health 26/09/2023 (Previous PR)

EASY DOES IT The 8 simple exercises to 'slash killer high blood pressure' – and you won't even have to break a sweat The Sun +Scottish + Irish editions 29/09/2023
Also in: Internewscast, Health.com (Previous PR)

How sports are handling transgender women in competition DNyuz 01/10/2023
Also in: MSN South Africa (Previous PR)

Journal of Epidemiology & Community Health

Research: Inequalities in children's mental health before and during the COVID-19 pandemic: findings from the UK Household Longitudinal Study (PR)

Wealthier children in UK 'had steepest drop in mental health during pandemic' The Guardian (The Print + Online) 26/09/2023
Wealthier children in UK experienced steepest fall in mental health during pandemic Institute for Economic and Social Research 27/09/23


Research: Sex differences in adverse events following seasonal influenza vaccines: a meta-analysis of randomised controlled trials (PR)

Women 'prone to flu jab pain' Daily Express + Scottish Daily Express (Print + Online) 29/09/2023
Women 'more likely to react to flu injections' The National (AE) 28/09/23

Immune system therapy used for blood cancers could treat common form of MS, study finds

The Independent 26/09/2023

Stem Cell Treatment Halts MS for Some Patients US News & World Report 27/09/23


RMD Open

Research: Comparative effectiveness of pharmacological interventions for hand osteoarthritis: a systematic review and network meta-analysis of randomised trials (PR)

Arthritis hand jabs ‘don’t work’ Daily Express (Print) 29/09/2023


Annals of the Rheumatic Diseases

‘Upended overnight’: Medical advances in artificial intelligence spark optimism, suspicion Healio 25/09/2023

Methotrexate for Rheumatoid Arthritis Treatment: The Facts EveryDay Health 26/09/2023

Patients with inflammatory rheumatic disease at higher risk for severe COVID-19 Healio 27/09/2023

EULAR: Exercise ‘should be considered’ for patients with lupus, systemic sclerosis Healio
BMJ Case Reports
Gamer chugged twelve energy drinks in 10 minutes to impress his friends... and suffered horrific consequences  Express Digest 25/09/2023 (Previous PR)

BMJ Global Health
Analysis: Global health security and the health-security nexus: principles, politics and praxis  (External PR)

Redefining global health security: A novel framework sheds light on equity Scienmag 26/09/2023
Also in: Mirage News Australia, Tech and Science Post, News-Medical.net, Medical Xpress

Organon Recognized on Fortune's 2023 Change the World List for Leadership in Expanding Access to Contraceptive Choice Health Focus 01/10/2023

YouTube fights disinformation with verification of health workers Digital Health 25/09/2023 (misattributed to The BMJ)

Woman lets hundreds of bees sting her to cure her Lyme disease The Mail Online 30/09/2023

BMJ Innovations
Mobile messaging that saves lives - our mHealth work in India BBC News 30/09/2023

BMJ Leader
Intersectionality In Leadership: Women From Diverse Backgrounds Still Face Barriers In Australia Women Love Tech 28/09/23

BMJ Medicine
Women say COVID vaccines affected their periods. A new study adds to mounting evidence Yahoo News 29/09/2023

BMJ Oncology
Why cancer is rising among young adults: Tumors in people under 50 have increased by almost 80% in three decades El Pais 26/09/2023 (Previous PR)
Also in: Mail Plus, News Explorer
Have early-onset cancer cases soared? Not so fast, experts say MD Edge 25/09/23
Also in: Federal Practitioner, Medscape

BMJ Open
Research: Quantifying unmet need in General Practice: a retrospective cohort study of administrative data  (External PR)

Patients in deprived areas are unable to see their GP for long enough My Science 25/09/2023
Ultra-processed foods are 60% of the average American diet. Are whole foods the solution? MSN Health & Fitness 26/09/2023 (Misattributed to the BMJ)

Stress of office jobs may double the risk of heart disease in men GG2.net 25/09/2023

Beating measles with toilets – the Swachh Bharat Mission World News Network 25/09/2023

BMJ Open Diabetes Research & Care
Live your best life with diabetes aid The Daily Express 26/09/2023 (no link available)

British Journal of Ophthalmology
AI System Outperforms Standard Review of Imaging for Retinal Disease Medically Prime 25/09/2023
Also in: Medpage Today

Orbis International partnering with the Alcon Foundation, OMEGA to improve eye care in Zambia Ophthalmology Times 25/09/23

Contact lens wear largely associated with rising cases of pediatric keratitis Medical Dialogues 30/09/2023

eGastroenterology
Comprehensive treatment strategy could change CRC with SPM Scienmag 28/09/2023

Gut
The future of gut health diagnosis and monitoring? News-Medical.net 26/09/2023

Origins of Parkinson’s may lie in the gut. Researchers hope to prove it. The Washington Post 28/09/23
Also in: Yahoo News US, Pedfire, Newsbreak, Newsfounded

Heart
Science says our love for chocolate is healthy for us The World News 30/09/2023
Also in: Malay Mail, Head Topics (Previous PR)

Journal for ImmunoTherapy of Cancer
Oncolytic Virus Cancer Therapy Pipeline Review | Latest FDA, EMA, and PMDA Approvals, Novel and Emerging Therapies, Clinical Trials, and Treatment Outlook Benzinga 27/09/2023
Also in: Breaking News Financial

Journal of Medical Ethics
California Sues Pro-Life Pregnancy Centers for Reversing Abortions The Conservative Angle 26/09/2023
Also in: BreakPoint

A painful debate: shrinking the carbon footprint of anaesthetics BioEdge 27/09/23
Lupus Science & Medicine
High dose Anifrolumab Effective for Treatment of Lupus Nephritis Medical Dialogues India 26/09/2023

Practical Neurology
Do You Have Piriformis Syndrome? Health Central 27/09/2023

Regional Anesthesia & Pain Medicine
'World's most relaxing' song can reduce anxiety by more than 60% LADBible 27/09/2023
Also in: News Nation Now, Medical Dialogues, Opera News Kenya