**BMJ in the News** is a weekly digest of national and international news coverage in English for BMJ, The BMJ, and BMJ Journals.

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**Coverage for 2 October - 8 October 2023**

**PRESS RELEASES**

- The BMJ
- BMJ Supportive & Palliative Care
- Open Heart

**EXTERNAL PRESS RELEASES**

- The BMJ | Injury Prevention
- BMJ Open | Journal of Medical Ethics

**OTHER COVERAGE**

- The BMJ | Annals of the Rheumatic Diseases
- Archives of Disease in Childhood
- BMJ Evidence-Based Medicine
- BMJ Global Health | BMJ Medicine
- BMJ Open | BMJ Oncology
- BMJ Open Sport & Exercise Medicine
- BMJ Public Health
- BMJ Sexual & Reproductive Health
- British Journal of Sports Medicine
- Injury Prevention
- Journal of Epidemiology & Community Health
- Journal of Medical Ethics
- Journal of Neurology, Neurosurgery & Psychiatry
- Occupational & Environmental Medicine
- Open Heart | RMD Open | Sexually Transmitted Infections
- Tobacco Control
The BMJ press release coverage

News: London’s ULEZ is a good example for the world’s mayors, says WHO leader (PR)

WHO climate chief hails Khan’s ULEZ London expansion as ‘courageous’ The Mail Online 05/10/2025
Also in: Yahoo UK, Internewscast, Scienmag, Mirage News Australia, Evening Standard

Research: Mortality risks associated with floods in 761 communities worldwide: time series study (External PR)

Floods linked to increased deaths from heart and lung disease, australian-led research shows The Guardian 05/10/2023


Further coverage for emulsifiers link to heart disease risk (PR)
By the way... lifting the lid on ultra processed foods Irish Daily Mail 03/10/2023 (no link available)
Also in: ArcaMax

Further coverage for middle-aged weight gain (PR)
Beating 'Middle-Age Spread': Carbs You Should and Shouldn't Eat Drugs.com 02/10/2023
Also in: HealthDay, Everyday Health, Healthcast, Weekly Sauce, Malay Mail, Medicine Net, 2 minute medicine, Nottingham Post

Other notable coverage

The hidden everyday ingredient that threatens your heart health The Daily Telegraph 02/10/2023 (no link available)

Rob Campbell: The opinion piece I’ve been dreading to pen - Māori health and the serious consequences we face The New Zealand Herald 02/10/2023

What your handshake says about your heart health, life expectancy The News International (PK) 02/10/2023

What is cross training? How to exercise to lose weight, reduce injury and improve performance Today Online - NBC Television Network 02/10/2023

Vitamin D deficiency does increase risk of heart disease, finds new Swiss study Express India 02/10/2023

COSTLY HABIT I took up vaping as a ‘healthier’ alternative to smoking – but I was left gasping for air and staring death in the face The Sun (+ Scottish edition) 02/10/2023

Is Thigh Fat An Indicator Of Premature Death Risk? Here's What We Know Health Digest 03/10/2023

Face masks 'should be reintroduced' after rise in Covid cases - poll results Daily Mirror 03/10/2023

AstraZeneca settles lawsuits alleging heartburn drugs caused kidney disease for $425 million Forbes Online 03/10/2023

Parkinson's, heart attacks, and strokes: The high stakes of misdiagnosis The Jerusalem Post 04/10/2023
Best premium vodka brands to add to your home bar, from Grey Goose to Belvedere MSN South Africa 05/10/2023

Also in: Evening Standard

Adolescents' Acute Care Use for Eating Disorders Has Risen Medscape 05/10/2023

To guard against fraud, medical research should be a profession Retraction Watch 05/10/2023

The Clinical Cause of Being Irish The Conservative Angle 05/10/2023

UN Study: 1 in 10 babies born prematurely Irish Daily Sun 06/10/2023

Also in: Trinidad Times, Europe Sun, Big News Network

Is it time to ditch the sweet stuff? The Sunday Express 08/10/2023 (no link available)

Also in: MSN South Africa

Eating canned tuna has one unexpected health benefit Health Digest 07/10/2023

JOURNALS

BMJ Supportive & Palliative Care

Research: Oregon Death with Dignity Act access: 25 year analysis (PR)

Review of Oregon’s assisted dying law finds significant data gaps News-Medical 04/10/2023


Open Heart

Research: Impact of gender, ethnicity and social deprivation on access to surgical or transcatheter aortic valve replacement in aortic stenosis: a retrospective database study in England (PR)

Sex, race and wealth disparities revealed in heart valve surgery The Guardian 04/10/2023 (Print + Online)

Research shows the hidden biases in cardiovascular disease data Innovative Health Initiatives 06/10/23

Also in: Mirage News Australia, MSN NZ, Medscape, News-Medical.net, Medical Xpress, ReachMD, Inkl, Topology Pro, NewsBreak, British Heart Foundation

Annals of the Rheumatic Diseases

Cabaletta Bio Receives FDA Clearance of IND Application for Treatment of Systemic Sclerosis with CABA-201 BioSpace 02/10/23

Abatacept, certolizumab pegol superior to conventional therapy for rheumatoid arthritis Healio 04/10/2023

Hong Kong scientists warn steroid drug increases risk of major heart problems among rheumatoid arthritis patients South China Morning Post 04/10/2023

Also in: News Explorer
Bimekizumab Data in axSpA Look Good Through 1 Year MedPage Today 05/10/2023
Also in: Medically Prime

What Are Rheumatic Diseases? Health Central 05/10/23

Adverse Events Compared for Gout Flare Prophylactic Drugs Medscape 06/10/2023

Archives of Disease in Childhood
5 Myths About Colds and Flu That Could Be Keeping You From Staying Well Prevention.com 02/10/2023

BMJ Evidence-Based Medicine
Further coverage of long covid risks exaggerated (PR) Boris Johnson said long Covid is ‘b-------s’, but was he right? The Daily Telegraph 05/10/2023

Usefulness and relevance of one of the most old spices from ancient times, turmeric Telegraph India 04/10/2023 (Previous PR)
Also in: Medical Dialogues India, Nottingham Post, Head Topics (UK), Wales Online, Headlines News, Archy Worldys, Practice Update, Economic Times, Business Journal

BMJ Global Health
Just one-in-five parents have a good knowledge of RSV, survey reveals Irish Medical Times 06/10/23

MIL-OSI Australia: Address to the Population Symposium, ANU School of Demography, Canberra Foreign Affairs 06/10/2023

BMJ Medicine
Caffeine may help you reduce body fat and type 2 diabetes risk Knowridge Science Report 06/10/2023 (Previous PR)

BMJ Oncology
Cancers in young people have increased by almost 80% in 30 years. It is a fact that must be taken with tweezers Ruetir 05/10/2023 (Previous PR)
Also in: The Irish News, News Explorer

BMJ Open
Research: Childhood verbal abuse as a child maltreatment subtype: A systematic review of the current evidence (External PR)

Children damaged by verbal abuse, say experts The Guardian 02/10/2023 (+Print)

A majority of drugs on display without proven effectiveness MyScience 03/10/2023

Researchers Devise Scoring System To Forecast Future Health Risks For Women Ages
What staring at a screen all day is actually doing to your health  
iNews 06/10/23 (Previous PR)

4 Foods That Can Help With Nausea, According To A Dietitian  
The Ghana Report 08/10/23

Can taking sleeping pills increase your risk of death?  
Health Digest 07/10/2023

BMJ Open Sport & Exercise Medicine  
New research reveals that people who play this sport have a 240% increased risk of skin cancer  
ScitechDaily 02/10/2023 (Previous PR)

The 5 Best Exercises To Lose Weight, According to Science  
Intemewscast 04/10/2023

Also in: NewsFinale, Eat This Not That!

The hidden dangers of overtraining, how pushing your limits can harm your body  
IoL South Africa 08/10/23

BMJ Public Health  
Further coverage for consequences of cost of living crisis (PR)  
Study Rings Alarm Bells: UK’s Cost Of Living Crisis May Lead To More Early Deaths  
Techiai 06/10/23

Also in: Press TV

BMJ Sexual & Reproductive Health  
Period products tested with blood for the first time  
Socialist Party (formerly Militant) 04/10/23 (Previous PR)

British Journal of Sports Medicine  
Further coverage for REDs Consensus Statement (PR)  
More fuel for treating athletes  
Medical Forum (AU) 05/10/23

Also in: InsideTheGames (UK), MedIndia

Transgender athletes and sports: A complex dialogue on fairness and inclusion  
The Telegraph (India) 02/10/2023 (Previous PR)

Also in: ABS-CBN News, MSN South Africa, DNyuz, News Explorer, Deutsche Welle (English)

6 super simple longevity habits you can try today to improve quality (and quantity) of life  
Stylist Magazine 03/10/23

Is Cardio Fitness or Muscular Strength More Important for Longevity?  
GQ Magazine (South Africa + UK) 06/10/23

Running Might Be Better For Health Than Antidepressants Among Those With Depression Or Anxiety, Small Study Suggests  
Forbes + Forbes Middle East 06/10/23

Also in: Everyday Health, NewsBreak

Higher physical activity can save children from regular bouts of colds —Experts  
Nigerian
Can cleaning make you feel happier? The real impact daily cleaning can have on your mind and body

Ideal Home 07/10/23 (Previous PR)

Injury Prevention

Research: Factors associated with racial and ethnic disparities in chronic pain after acute traumatic injury (External PR)

Factors linked to racial disparities in chronic pain after injury 05/10/2023 Medical Xpress

Research: Regional differences in firearm ownership, storage and use: results from a representative survey of five US states (External PR)

Big rise seen in gun deaths, overdoses among US kids Projin News (Korea) 08/10/23


The 10 phone rules that would make the world a better place New Zealand Herald 08/10/23 (Misattrib The BMJ) (Previous PR)

Also in: Yahoo News UK, MSN.com, Yahoo Singapore, The Daily Telegraph

Journal of Epidemiology & Community Health

Further coverage of flu jab reactions higher in women (PR)

Flu Jab Reactions May Pose Greater Risk for Women than Men Mirage News Australia 02/10/2023

Also in: Study Finds, Health.com, Oi Canadian, Physician’s Weekly, Clinical Pain Advisor, Infectious Disease Advisor, Monthly Prescribing Reference, Investment Guru India

Wales at 20mph: Everything you need to know about the speed limit change ITV News Online 06/10/23 (Previous PR)

Research Reveals Muscle Mass as Heart Disease Predictor in Middle-Aged Men Oklahoma Star 08/10/2023 (Previous PR)

Also in: Widespread local USnNews outlets

Journal of Medical Ethics

Current controversy: Blowing the whistle on mixed gender hospital rooms in Australia and New Zealand: a human rights issue (External PR)

Call for single-gender hospital rooms to protect human rights after new report The New Zealand Herald Online 02/10/2023

Also in: ForeignAffairs, BigNews Network, Xinhua, Hospital+ Healthcare (AU), New Kerala, Can-India News, DTNext, Daily World (IN), The Hans India, Always First, Newsroom Odisha, Social News XYZ, DaijiWorld, The Weekly Voice, China View, MSN NZ

Journal of Neurology, Neurosurgery & Psychiatry

Further coverage for stem cell therapy for MS (PR)
Time to Add Autologous Stem Cell Transplant to Standard Care in RRMS? Medscape 02/10/2023
Also in: Drug Target Review, Medical Xpress, Inside Precision Medicine

**Occupational & Environmental Medicine**
Walk for 45 minutes indoors in your loungewear and with music: What's a Cozy Cardio workout all about? Express India 07/10/2023

**RMD Open**
Further coverage of best treatments hand osteoarthritis (PR)
Arthritic Hands: What Works (and Doesn't) to Ease the Pain? HealthDay 02/10/2023

**Sexually Transmitted Infections**
How online dating fuelled record level of STIs in Britain Daily Telegraph 06/10/23

**Tobacco Control**
Truth Initiative Launches Animated truth® Campaign: "Toxic Therapy from Your Vape" featuring Actor Chris Parnell to Address Alarming Connection between Vaping Nicotine and Youth Mental Health Latin Business Today 02/10/2023
Also in: Benzinga, Mahals US, Newsblaze, Healthcare Today, One News Page