**BMJ in the News** is a weekly digest of national and international news coverage in English for BMJ, The BMJ, and BMJ Journals.

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**Coverage for 28 Aug - 3 Sept 2023**

**PRESS RELEASES**

The BMJ

**EXTERNAL PRESS RELEASES**

BMJ Open | British Journal of Sports Medicine
Heart | Journal for ImmunoTherapy of Cancer
Journal of Epidemiology & Community Health

**OTHER COVERAGE**

The BMJ | Annals of the Rheumatic Diseases
Archives of Disease in Childhood | BMJ Case Reports
BMJ Mental Health | BMJ Quality & Safety
BMJ Sexual & Reproductive Health
British Journal of Sports Medicine | Heart
Injury Prevention | International Journal of Gynecological Cancer
Journal for ImmunoTherapy of Cancer
Journal of Epidemiology & Community Health
Journal of Neurology, Neurosurgery & Psychiatry
Lupus Science & Medicine | Occupational & Environmental Medicine
RMD Open

The BMJ press release coverage

Research: Balancing risks and benefits of cannabis use: umbrella review of meta-analyses of randomised controlled trials and observational studies (PR)

Young people, pregnant women and drivers should avoid cannabis - study The Guardian 30/08/2023
Major new review recommends teenagers and young adults avoid cannabis Evening Standard 30/08/2023


Research: Unreliable private online hormone tests sold for months despite accuracy concerns (PR)

Don’t rely on DIY testing for fertility, women told The Times + Irish Edition 31/08/2023

Urgent action needed on unreliable private hormone tests Mirage News Australia 31/08/2023

Times Radio - Aasmah Mir and Luke Jones with Times Radio Breakfast - 03:45:00


Other notable coverage

Eight ‘healthy’ foods you might not realise are ultra-processed - from whole-grain bread to salad kits and salted nuts The Mail on Sunday 30/08/2023

Also in: Irish News

The little-known ingredient that will boost your brain health The Telegraph 31/08/2023

Only people with 20/20 vision can solve this brain teaser in three seconds Daily Express 2/09/2923

Also in: MSN UK

Families with young children suffered more than most from COVID lockdown orders, EU study finds Yahoo UK 01/09/2023

Also in: The Daily Telegraph

As the Pirola Covid strain is found in the UK what are the symptoms of the variant and will vaccines work against it? Metro 30/08/2023

Also in: Medical Xpress, Ottawa Citizen, Calgary Herald

David Zitner: Regulators must take cautious approach to gender-affirming treatments for minors National Post 27/08/2023

JOURNALS

Annals of the Rheumatic Diseases
Sneaky Signs Your PsO Is Becoming PsA Health Central 28/08/23

Biosimilar TNF inhibitors led to reduced prices, no increase in availability in Poland Healio
Prednisolone weaning feasible in Elderly RA patients without substantial disease activity increase  Medical Dialogues (IN) 29/08/2023

Also in: Head Topics

The Rising Tide of Rheumatoid and Psoriatic Arthritis  MedPage Today 01/09/23

Archives of Disease in Childhood
EAR ALL ABOUT IT From creased lobes to itchiness - what your ears can reveal about your health.  The Sun 30/08/2023 (misattributed to The BMJ)

BMJ Case Reports
Does sneezing give you back pain?  Borneo Bulletin 28/08/23 (Previous PR)

BMJ Mental Health
The risk of dementia can be determined according to 11 key factors  Tek Deeps 02/09/2023 (Previous PR)
Also in: Medical News Today, Metro

BMJ Oncology
Short-Term Use of Immunosuppressants May Not Be Linked to Increased Cancer Risk in Patients With Ocular Inflammatory Diseases  The ASCO Post 28/08/23
Also in: HealthDay, World News Network

BMJ Open
Research: Scoping review on Physical Health Conditions in Irish Travellers (Mincéiri)  (External PR)

Travellers in Ireland suffer 'disproportionate' burden of physical health conditions, study finds  The Irish Times 29/08/23
Also in: Irish Examiner, Irish Independent, Belfast Telegraph (misattrib The BMJ), The Irish News, Irish Dail7 Mail (misttrib The BMJ), Irish Medical Times

BMJ Quality & Safety
We need better regulation of medical mistakes  Financial Post 01/09/2023

BMJ Sexual & Reproductive Health
Does period underwear actually work? Study finds most period products have less capacity than advertised  Mother.ly 28/08/23 (Previous PR)
Also in: The Hindu, The Goa Spotlight

British Journal of Sports Medicine
Cardiorespiratory Fitness in Youth May Be Associated With a Lower Risk of Nine Cancer Types  The ASCO Post 28/08/23 (Previous PR)
Also in: To Your Health, Editorji, Bicycling Magazine, Health News.com

Many exercise modalities are effective treatments for hypertension  2Minute Medicine 29/08/23 (Previous PR)
**Is It Better to Do Cardio Before or After Weights?** Self.com 29/08/23 *(Previous PR)*

*Also in: Prevention.com, SciTech Daily, Fatherly*

**The science behind creatine monohydrate and its muscle building potential** Men's Health 31/08/2023

**Systematic review: Effectiveness of combined surgical and exercise-based interventions following primary traumatic anterior shoulder dislocation: a systematic review and meta-analysis** *(Flagged)*

*Winning Combination for Sports-Related Shoulder Injuries* ReachMD 01/09/23

*Also in: Medical Xpress, ScienceDaily, HeadTopics, Mirage News (AU)*

'I switched from 5am to 7am workouts, and I wish I'd done it sooner' Women's Health 01/09/23

**Heart**

*Research: Automated external defibrillator location and socioeconomic deprivation in Great Britain* *(External PR)*

**Campaigners call for more equal access to defibrillators** The National Scot 28/08/23


**Injury Prevention**

*Older adults alcohol consumption is on the rise, so too are accidents* Forbes 31/08/2023

**International Journal of Gynecological Cancer**

*Psychedelics may ease distress among women with gynecological cancers* Study Finds 28/08/23 *(Previous PR)*

**Journal for ImmunoTherapy of Cancer**

*Research: Location of CD39+ T cell subpopulations within tumors predict differential outcomes in non-small cell lung cancer* *(External PR)*

*New discoveries about a type of immune cells could pave the way for improved immunotherapies* News-Medical 30/08/23

*Also in: Medical Xpress, Science Newsnet, Mirage News (AU), Inside Precision Medicine, Express Healthcare Management*

**Journal of Epidemiology & Community Health**

*Further coverage for unhealthy lifestyle and nursing care risk* *(PR)*

*Unhealthy Lifestyle Increases Risk for Nursing Home Admissions* Physician’s Weekly 29/08/23

*Also in: PracticeUpdate, The New Daily, Healio, Drugs.com*

*Research: Causal effect of shifting from precarious to standard employment on all-cause mortality in Sweden: an emulation of a target trial* *(External PR)*
Precarious employment conditions can increase risk of early death ScienMag 01/09/23
Also in: ScienceDaily, Medical Xpress, Mirage News (AU), TekDeeps, Science Blog

Journal of Neurology, Neurosurgery & Psychiatry
The FAST Heroes educate young minds on how to spot a stroke IOL (South Africa) 31/08/23

Minimally Invasive Surgery Offers Lasting Seizure Control in Epilepsy Mirage News (AU) 31/08/23
Also in: Medical Xpress

Lupus Science & Medicine
Can you breastfeed if you have rheumatoid arthritis? Everyday Health 29/08/2023

Occupational & Environmental Medicine
Most coal miners don’t receive required health tests: NIOSH Safety+Health Online 30/08/2023

RMD Open