



**BMJ in the News** is a weekly digest of national and international news coverage in English for BMJ, The BMJ, and BMJ Journals.

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**Coverage for 18 Sept - 24 Sept 2023**

## **PRESS RELEASES**

[The BMJ](#)

## **EXTERNAL PRESS RELEASES**

[The BMJ](#) | [BMJ Open](#)  
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## **OTHER COVERAGE**

[The BMJ](#) | [Annals of the Rheumatic Diseases](#)  
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[British Journal of Sports Medicine](#)  
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[Journal of Epidemiology & Community Health](#)  
[Journal of Neurology, Neurosurgery & Psychiatry](#)  
[RMD Open](#)

## **The BMJ press release coverage**

**Feature:** [Long covid: the doctors' lives destroyed by an illness they caught while doing their jobs](#)

[Doctors with long covid deserve more support](#) Scienmag 21/09/2023  
[Long COVID sidelining doctors and putting careers at risk, says alarming BMJ study](#)  
News-Medical.Net 21/09/2023

**Also in:** My Science, News-Medical.Net

**Analysis:** [Unethical pharmaceutical marketing: a common problem requiring collective responsibility](#) (External PR)

[Self-regulation of pharma industry marketing is unsustainable and failing patients, according](#)

[to new analysis](#) Medical Xpress 20/09/2023

**Also in:** My Science

***Further coverage for emulsifiers link to heart disease risk (PR)***

[Emulsifiers popular in ultraprocessed foods 'might have a role in cardiovascular health'](#)

Healio 18/09/2023

***Further coverage for no increase in risk of cancer for those with reflux disease (PR)***

[Gastro-oesophageal reflux disease may not increase risk of esophageal cancer](#) Medical Dialogues 19/09/2023

**Also in:** Medically Prime, MedicalBrief South Africa, Drugs.com, HealthDay, 2 Minute Medicine, MedPage Today,

**Other notable coverage**

[Swipe away alcoholism? Smartphone app helps college students cut their heavy drinking](#)

Study Finds 18/09/2023 **(Previous PR)**

**Also in:** The Independent

[Umbrella review reveals what the benefits and risks of cannabis are and for whom](#) Healio 20/09/2023 **(Previous PR)**

[Russell Brand's Resurfaced Bill Maher Interview Sparks Conspiracy Theories](#) DNYuz 18/09/2023

**Also in:** Newsweek

[ASK DR ZOE From chronic UTIs to a pain in your toe – Dr Zoe Williams answers your concerns](#) The Sun + Scottish 19/09/2023

[Deadly hypnosis cases you need to know about](#) MSN Arabia 18/09/2023

[PLUSS ties up with The Rodnight Partnership to enhance availability of its neonatal cooling device 'MiraCradle®' in developing countries](#) British Bulletin 18/09/2023

[Physicians reckon with 'profound' impact of COVID-19](#) Healio 20/09/2023

[HEALTH CHECK The 3 deadly diseases doctors often misdiagnose – and how to spot them yourself](#) The Sun + Scottish + Ireland 20/09/2023

[Subtle changes in bowel habits could be a sign of serious health problem](#) The Mirror 20/09/2023

[The COVID variant 'Pirola' has been detected in Australia. Here's what scientists are saying](#) ABC News Australia 21/09/2023

**Also in:** Daily Express

[Anti-obesity drugs can shrink more than patients](#) AOL.com 21/09/2023

**Also in:** Yahoo News

[NRx Pharmaceuticals Publishes Shareholder Update Letter](#) Benzinga 20/09/2023

**Also in:** Latin Business Today

[The exercise prescription to reduce your Alzheimer's risk, according to experts](#) The Telegraph 20/09/2023

[Using Painkillers While on Hormonal Birth Control May Raise Blood Clot Risk](#) Everyday Health 20/09/2023 **(Previous PR)**

[Are you drinking too much coffee?](#) Lorraine ITV 21/09/2023 (09:01 am)

**Also in:** MSN Arabia, The Daily Star, The Daily Express

[Declining sperm counts are a looming problem we should be talking about, expert says](#) Nine News Australia 22/09/2023

**Also in:** Internewscast

[NPs and PAs Handling Increasingly More Primary Care Visits: New Studies](#) Medscape 21/09/2023

[Just what the nurse ordered](#) POLITICO 21/09/2023

[This Week in Cardiology Podcast](#) Medscape 22/09/2023  
[Science Stories with Naomi Alderman](#) BBC Radio 4 22/09/2023

## **JOURNALS**

### **Annals of the Rheumatic Diseases**

[Subtle sign of Victorian disease you might notice in the morning as it makes a return](#) Daily Mirror 18/09/2023

### **BMJ Case Reports**

[Case Study: RA Patient Develops Rare Reaction Related to Biologic Treatment](#) MedPage Today 20/09/23

['I caught Covid for a second time and now my foot is numb'](#) Business Telegraph 20/09/2023  
(Misattributed to The BMJ)

Also in: Internewscast, Daily Express

### **BMJ Evidence-Based Medicine**

***Further coverage for turmeric as a natural remedy for indigestion (PR)***

[Turmeric may effectively reduce stomach acid, treat indigestion](#) Medical News Today 18/09/2023

Also in: BBC Radio Scotland (Mornings show), The Ghana Report, Times of Oman, BBC Radio 4 (Health check)

### **BMJ Leader**

[Study finds women from diverse backgrounds still face leadership barriers](#) SBS Australia 19/09/2023

Also in: Mirage News

### **BMJ Oncology**

***Further coverage for rise in cancers in under 50s (PR)***

[People are freaking over a 'rise in cancer in young people' - but that's not the full story](#) Yahoo News UK 20/09/23

Also in: Cosmopolitan, The Mail on Sunday (Scottish + Print), SciTechDaily, Pedfire, Express Healthcare Management, Medscape, List23

### **BMJ Open**

Research: [Impact of Long Covid on the school experiences of children and young people: a qualitative study](#) (External PR)

[Study shows detrimental impact of long COVID on the education and lives of children and young people](#) Medical Xpress 20/09/2023

Also in: Mirage News Australia, DT Next

***Further coverage for reasons why staff leave the NHS (PR)***

[Stress and high workload main reasons staff leave NHS, finds study](#) Pulse Today 20/09/2023

[Viewpoint: The clinical and health inequality risk factors for sepsis](#) ExBulletin 18/09/2023

[Thankless job as bad for heart as obesity](#) The Times 20/09/2023 (Print + Online)

[‘More guidance needed’ on probable overprescribing of antibiotics for insect bites](#) Pulse Today 21/09/23

[STUDY REVEALS SCARY REASON WHY YOU SHOULD AVOID HAVING BARBECUES](#) Revyuh News 21/09/23 (**Previous PR**)

[4 foods that can help with nausea, according to a dietitian](#) The Ghana Report 24/09/2023

### **BMJ Sexual & Reproductive Health**

[Period products are tested with saline. A study found many underperform.](#) The Washington Post 20/09/23 (**Previous PR**)

**Also in:** MSN Health & Fitness, Pedfire

### **BMJ Supportive & Palliative Care**

[Knowledge Gaps Among Nurses Create Barriers for Patients Across the Globe](#) Hospice News 20/09/23

### **British Journal of Sports Medicine**

[This Kind of Exercise Can Reduce Men’s Cancer Risk, Says New Study](#) Reader’s Digest (The Healthy) 19/09/23 (**Previous PR**)

[This is the best time of day to go for a walk](#) The Daily Telegraph 20/09/2023

**Also in:** Herald Sun, The Times (Print), The Independent (Print)

[How to optimise your body clock to lose weight](#) The Daily Telegraph 22/09/2023

**Also in:** Times Now, The Daily Express, MSN UK, The New Zealand Herald Online,

[Doctors say transgender women should be allowed to compete in female sports because it boosts ‘their mental health and self-esteem’](#) Internewscast 20/09/2023 (**Previous PR**)

**Also in:** The Mail Online

[How does exercise affect blood pressure?](#) Harvard Health (October issue) 21/09/23 (**Previous PR**)

[How to Care for Someone With Crohn’s Disease](#) Everyday Health 21/09/2023

[Such a perfect day](#) The Independent 23/09/23 (link not available)

[How to be happy - the five golden rules](#) The Daily Telegraph 24/09/2023

**Also in:** MSN Philippines, Yahoo UK, Ottawa Citizen Online

[Staying fit when young could reduce risk for 9 cancers](#) The Week (IN) 24/09/23 (**Previous PR**)

### **Gut**

**Research:** [DNA-methylation signature accurately differentiates pancreatic cancer from chronic pancreatitis in tissue and plasma](#) (External PR)

[How to better distinguish chronic inflammation and cancer of the pancreas](#) Medical Xpress  
20/09/2023

[Metadeq Diagnostics Announces Three HeparDx™ Posters will be Presented at EASL SLD Summit 2023](#) Associated Press 20/09/2023

**Also in:** Benzinga, Latin Business Today, BioSpace

[New drug could help halt colorectal cancer epidemic among young people](#) Mail Online  
21/09/2023 (**Previous PR**)

**Also in:** Health Medicine Network

**International Journal of Gynecological Cancer**

[6 Reproductive Health Symptoms You Should Never Ignore](#) Livestrong 18/09/23 (**Previous PR**)

**Journal of Epidemiology & Community Health**

[Dementia calculator predicts chances of developing syndrome in next five years](#) Head  
Topics 24/09/23 (**Previous PR**)

**Also in:** Express Healthcare Management

**Journal of Neurology, Neurosurgery & Psychiatry**

[New Study Suggests Regular Exercise Reduces Risk of Dementia](#) Express Healthcare  
Management 18/09/23 (**Previous PR**)

**Also in:** The Daily Telegraph

[Laughing gas ban 'may put users at risk'](#) The Times 22/09/2023 (Print + Online)

[Medical Conditions That Can Cause Loss Of Taste \(That Aren't Covid\)](#) Health Digest  
23/09/2023

**RMD Open**

[Is hand OA the fault of crystals?](#) The Medical Republic (AU) 18/09/23