**BMJ in the News** is a weekly digest of national and international news coverage in English for BMJ, The BMJ, and BMJ Journals.

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**Coverage for 01-07 May 2023**

**PRESS RELEASES**

The BMJ | BMJ Supportive & Palliative Care
Heart

**EXTERNAL PRESS RELEASES**

BMJ Open | British Journal of Sports Medicine
Journal of Neurology, Neurosurgery & Psychiatry
Open Heart

**OTHER COVERAGE**

The BMJ | Annals of the Rheumatic Diseases
BMJ Nutrition, Prevention & Health | BMJ Open
BMJ Open Diabetes Research & Care
BMJ Open Sport & Exercise Medicine
BMJ Sexual & Reproductive Health
British Journal of Sports Medicine
Gut | Journal of Epidemiology & Community Health
Journal of Medical Ethics
Journal of NeuroInterventional Surgery
Journal of Neurology, Neurosurgery & Psychiatry
Occupational & Environmental Medicine | Open Heart
Sexually Transmitted Infections
Trauma Surgery & Acute Care Open

**INFLUENCE**

The BMJ press release coverage

Research: [Association between SARS-CoV-2 vaccination and healthcare contacts for menstrual disturbance and bleeding in women before and after menopause](#)
nationwide, register based cohort study (PR)

Covid-19 vaccines do not cause major menstrual issues: Study Today (Singapore) 4/5/23
COVID vaccines do not cause major menstrual issues: study ET Healthworld 4/5/23

Also in: Malay Mail (Malaysia), The Straits Times, Khaleej Times, The Manila Times, Mirage News Australia, Yahoo News, MSN Health & Fitness, MedicalXPress, News-Medical.Net, Healthline, WebMD the Magazine, Medical Dialogues, Drugs.com


Study suggests link between childhood and teenage abuse and premature death The Irish Times 4/5/23
Early life abuse may be linked to greater risk of adult premature death Scienmag 4/5/23

Also in: Tech and Science Post, Mirage News Australia, HealthDay, News-Medical.Net, MedicalXPress, Science Newsnet, Medical Dialogues, Drugs.com

Further coverage for sugary drinks and type 2 diabetes (PR)
Sugar-sweetened beverages linked to a higher risk of heart disease and death in type 2 diabetics Express India 2/5/23
Choice of Beverage May Help Reduce Mortality and CVD in Adults with Type 2 DM Medical Dialogues 2/5/23

Also in: expressdigest.com, Internewscast

Other notable coverage

The ultra-processed food swindle The New Statesman 1/5/23 (Previous PR)
Are robot doctors really the future? The Irish Times 2/5/23
Can magic mushrooms really cure depression? (ref to 2010 reboxetine research) Irish Daily Mail 2/5/23 (Previous PR)
Australia woos weary doctors with £130k salary and 'sun and surf.' The Daily Telegraph 3/5/23

Also in: The Times, The Independent, Times Radio (1hr45m into programme) GB News, Internewscast, expressdigest.com, Health medicine Network, Yahoo News UK, MSN UK
Before you take a sleeping pill tonight – read this The Daily Telegraph 4/5/23
Laughing gas needs to be 'restricted' from teenagers NewsTalk 4/5/23
WHO Declares Global COVID-19 Public Health Emergency Over (references Peter Doshi’s article: “the end of the pandemic will not be televised”) reason.com 5/5/23
Dr Hilary Jones: Scottish children should not be missing out on school milk The Scotsman
6/5/23
New study reveals troubling factor that can increase the risk of dementia: ‘The effect could actually be quite large’ MSN Health & Fitness (Previous PR) 6/5/23
Doing an art activity for just 20 minutes can help you live longer. Here are easy ways to add it into your day Fortune (Previous PR) 6/5/23

JOURNALS

BMJ Supportive & Palliative Care

Research: Medical cannabis is effective for cancer-related pain: Quebec Cannabis Registry results (PR)

Statistics from Altmetric.com

Medicinal cannabis helps cancer pain - study BBC News Online 02/05/23
Medical cannabis could be a complementary therapy to help fight cancer pain: MUHC study CTV News Canada 03/05/23
Medical marijuana called safe for pain management in cancer patients UPI 04/05/23


Heart

Research: Association of beta-blockers beyond 1 year after myocardial infarction and cardiovascular outcomes (PR)

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Editorial: Should beta-blockers be recommended after myocardial infarction when left ventricular ejection fraction is normal? (PR)

Study questions long term beta blocker use to curb further heart attack risk Medical Dialogues India 02/05/23
Beta blockers may not be effective for everyone, study suggests Today News Post (US) 02/05/23
Beta blockers may not be effective for everyone, surprising study suggests Daily Express 03/05/23


Annals of the Rheumatic Diseases
Your RA Meds May Help Your Heart, Too Health Central 05/05/23

How Psoriatic Arthritis Causes Hip Pain Health Central 05/05/23

BMJ Nutrition, Prevention & Health
A Blue Zones guide to improving your mental health Longevity Live 04/05/23 (Previous PR)

Fat doesn’t always deserve its reputation - in fact it’s essential to a healthy diet Sunday Telegraph 07/05/23 (Previous PR) (print)
Also in: MSN Philippines, MSN Health & FItness, Yahoo News UK

BMJ Open

Research: Medical use and combination drug therapy among US adult users of central nervous system stimulants: a cross-sectional analysis (External PR)

Almost 50% of adults taking schedule II stimulants also use other psychiatric drugs Healio 04/05/23
Also in: Medscape, Medical Xpress, WebMD, Geo TV, Mad in America

Research: Skin cancer-related conditions managed in general practice in Australia, 2000–2016: a nationally representative, cross-sectional survey (Flagged)

The Daffodil Centre study reveals pivotal role GPs are playing to detect skin cancer ABC News 04/05/23
Also in: Mirage News, Medical Xpress

England’s Lyme disease hotspots revealed: Interactive map shows cluster of cases of tick-borne illness in the South West - as experts share the five little-known symptoms Mail Online 05/05/23 (Previous PR)
Also in: Health Medicine Network, NY Breaking, Flipboard, Express Digest
Precision Oncology Raises Hope Among Caregivers, For Better or Worse, Study Finds
GenomeWeb 06/05/23
Also in: TrendRadar

Do Bunion Correctors Work? Health Digest 06/05/23

BMJ Open Diabetes Research & Care
Stress and depression during pregnancy increase risk of T1D in offspring after 8 years of age Medical Dialogues India 07/05/23

BMJ Open Sport & Exercise Medicine
Does Golf Count as Exercise? Benefits of Golfing Internewscast 04/05/23 (Previous PR)

BMJ Sexual & Reproductive Health
Maltese performers' abortion rights play makes waves in London Malta Today 04/05/23

British Journal of Sports Medicine
Ongoing coverage on transgender athletes
RFK Jr. says he opposes allowing men to compete in women's sports The Christian Post 01/05/23 (Previous PR)
Trans rider's win sparks outrage Daily Telegraph 01/05/23 (Print)
Also in: Yahoo Finance
‘Cycling’s Lia Thomas moment’: Transgender rider wins women’s Tour of the Gila – next stop Olympics? Sydney Morning Herald 02/05/23
Also in: WA Today, Brisbane Times, The Age, MSN UK

Physical activity after surgery for stage III colon cancer may prevent disease recurrence Healio 02/05/23

Research: ‘Body on the line’: experiences of tackle injury in women’s rugby union – a grounded theory study (External PR)

Putting your body on the line’ culture in women’s rugby means high risk of tackle injuries, says new study Irish Independent 02/05/23
Also in: Medical Xpress

How Walking Can Help You Lose Weight, Decrease Stress, and Lower Blood Pressure MSN Philippines 03/05/23 (Previous PR)
Also in: Prevention.com, India.com

The 25-7-2 workout is going viral after promising to get you toned in six weeks - a qualified expert dissects the TikTok trend Marie-Claire 03/05/23
Also in: Flipboard, MSN South Africa + UK

Best ways to manage knee pain Consumer Reports 03/05/23

Remote Workers Can Undo Spine Damage By Sitting on Floor For 15 Minutes A Day MSN Health & Fitness 03/05/23
Also in: HuffPost UK

Experts available to offer advice and guidance on outdoor swimming as weather improves

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Science Newsnet (IN) 04/05/23

How to turn back the fitness clock in your 40s and beyond, Daily Telegraph 06/05/23 (Previous PR) (Print)

Gut
Fact Check: Acupressure Massages On Hands And Fingers Do NOT Aid Digestion Lead Stories 04/05/23

Journal of Epidemiology & Community Health
FOREVER YOUNG From never finishing your meal to eating more beans on toasts – ten hacks that will add years to your life The Sun + Scottish + Irish editions 03/05/23 (Previous PR)

Sèxual Habit Which May Be Linked To Early Death Opera News Nigeria 07/05/23 (Previous PR)

Journal of Medical Ethics
Canadian euthanasia: Let them die; they know what they’re doing BioEdge 02/05/23

Journal of NeuroInterventional Surgery
First-of-its-kind brain surgery done on baby inside the womb UNILAD 04/05/23
Also in: People.com, Daily Mail, News-Medical

Journal of Neurology, Neurosurgery & Psychiatry
Vaccines and Neurologic Complications; NIH Toolbox on iPad; The Dying Human Brain MedPage Today 02/05/23

Research: Motor cortex functional connectivity is associated with underlying neurochemistry in ALS (External PR)

Neurochemical Marker Linked to Motor Loss in ALS Identified Mirage News Australia 04/05/23
Also in: Technology Networks, Medical Xpress

How to spot the first early signs of Alzheimer’s and dementia and what you can do about the symptoms MSN UK 04/05/23
Also in: Daily Telegraph

Occupational & Environmental Medicine
6 Ways Gardening Is Good for Your Physical and Mental Health (and How to Get Started) Everyday Health 05/05/23 (Previous PR)
Also in: Yahoo News

Open Heart
Scoliosis cramps heart function in adulthood MedPage Today 04/05/23

Systematic Review: Environmental impact of cardiovascular healthcare (External PR)

How can heart healthcare be ’greener’? The National Tribune Australia 03/05/23
Also in: Medical Xpress, Mirage News
Sexually Transmitted Infections
Sexual Habit Which May Be Linked To Early Death Opera News Nigeria 07/05/23 (Previous PR)

Trauma Surgery & Acute Care Open
Dangers of horse riding revealed after death of Venice, Florida, teen MSN UK 07/05/23 (Previous PR)
Also in: Internewscast, Express Digest

INFLUENCE

Press released research about life satisfaction during COVID-19, published in the Journal of Epidemiology & Community Health, was cited in a blog post for the US National Endowment for the Arts