



BMJ in the News is a weekly digest of national and international news coverage in English for BMJ, The BMJ, and BMJ Journals.

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Coverage for 3-9 April 2023

PRESS RELEASES

[The BMJ](#) | [BMJ Medicine](#)
[BMJ Open Respiratory Research](#)
[Occupational & Environmental Medicine](#)

EXTERNAL PRESS RELEASES

[Journal for ImmunoTherapy of Cancer](#)
[Journal of Neurology, Neurosurgery & Psychiatry](#)

OTHER COVERAGE

[The BMJ](#) | [Annals of the Rheumatic Diseases](#)
[BMJ Case Reports](#) | [BMJ Evidence-Based Medicine](#)
[BMJ Medicine](#) | [BMJ Nutrition, Prevention & Health](#)
[BMJ Open](#) | [BMJ Open Diabetes Research & Care](#)
[BMJ Open Gastroenterology](#)
[BMJ Open Respiratory Research](#)
[BMJ Sexual & Reproductive Health](#)
[British Journal of Ophthalmology](#)
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[Heart](#) | [Injury Prevention](#)
[Journal of Epidemiology & Community Health](#)
[Journal of Medical Ethics](#)
[Journal of Neurology, Neurosurgery & Psychiatry](#)
[Occupational & Environmental Medicine](#)
[RMD Open](#)

INFLUENCE

The BMJ press release coverage

Research: [Ambient air pollution and clinical dementia: systematic review and](#)

meta-analysis + Editorial: Air pollution and dementia (PR)

[Experts call for stricter air pollution targets to tackle dementia risk](#) The Guardian 5/4/23
[Air pollution linked to increased dementia risk, Harvard researchers find](#) Bloomberg 6/4/23
[Air pollution may raise risk of dementia, analysis says](#) The Washington Post 5/4/23

Also in: The Independent, Fortune Online, New Delhi TV (NDTV) online, The Japan Times, The Straits Times (Malaysia), , Jakarta News, Trinidad Times, The Irish News, Irish Daily Sun, MedPage Today, HealthDay, Tech and Science Post, Health medicine Network, Medical Xpress, thehealthcast.com, Yahoo News UK, MSN, Express & Star, Belfast Telegraph, Evening Standard, Technocodex, Medically Prime, Scienmag, News-Medical.Net, Mirage News Australia, Herald & Review Online, Drugs.com, Big News Network, Business Telegraph, webindia123.com, Europe Sun, Mint Online

Research: Dietary sugar consumption and health: umbrella review (PR)

More than one sugary drink a week 'raises major health risk' Daily Mail 6/4/23
[Eating too much 'free sugar' has 45 negative health effects, study finds](#) CNN 5/4/23
[Limit added sugar to six teaspoons a day to improve health, urge experts](#) Scienmag 6/4/23

Also in: The Independent, Daily Mirror, Evening Standard, CTV News (Canada), The World News, MSN, Medical Dialogues, Express & Star, Belfast Telegraph, News-Medical.Net, The Guam Daily Post Online, Healthline, Herald & Review Online

Further coverage for benefits of Mediterranean and low fat diets (PR)

[Which Diets Really Raise Your Life Span? Two Come Out on Top](#) HealthDay 3/4/23
[Mediterranean and low-fat diets may be best at lowering risk of death, heart attacks](#) Medical News Today 5/4/23

Also in: HuffPost (UK), Gulf News Online, TODAY Online - NBC Television Network, United Press International Online, MSN South Africa, Medical Dialogues, Drugs.com, thehealthcast.com, The Guam Daily Post Online, Herald & Review Online, MSN Health & Fitness, MSN Philippines

Other notable coverage

[The truth about what you should eat – or avoid – when breastfeeding](#) The Daily Telegraph 5/4/23 **(Previous PR)**
[Tragic '27 club' icons who died too soon](#) Daily Star 5/4/23
[Woman with long COVID smells coffee for the first time in 2 years in emotional video](#) TODAY Online - NBC Television Network 6/4/23 **(Previous PR)**
[Covid and private hospitals: another great Tory rip-off](#) Morning Star 7/4/23 **(Previous PR)**
[Covid left thousands of US children orphans. Few states are addressing the crisis \(refers to Dec 22 Feature\)](#) The Guardian 8/4/23

Also in: Yahoo News UK, Internewscast,

JOURNALS

BMJ Medicine

Research: [Inequalities in SARS-CoV-2 case rates by ethnicity, religion, measures of socioeconomic position, English proficiency, and self-reported disability: cohort study of 39 million people in England during the alpha and delta waves](#) (PR)

[Ethnic, Religious, and Social Differences in Those Who Tested Positive for COVID](#)

Medscape 03/04/23

[English study finds demographic differences in COVID-19 rates between pandemic waves](#)

The Science Advisory Board 04/04/23

Also in: Mirage News (AU), ReachMD, Health Medicine Network, Medical Xpress, LabPulse

[People Born Through Fertility Treatments Have No Increased Complications When They Get Pregnant: Study](#) Medical Daily 04/04/23 (Previous PR)

Also in: Healthnews.com

[Caffeine Levels Linked to Body Fat and Diabetes Risk](#) Global Village Space 05/04/23 (Previous PR)

BMJ Open Respiratory Research

Research: [Highlighting the importance of healthy sleep patterns in the risk of adult asthma under the combined effects of genetic susceptibility: a large-scale prospective cohort study of 455405 participants](#) (PR)

[These 5 rules for good sleep may also impact development of asthma, experts say](#) CNN + CNN International 03/04/23

[Regularly getting a good night's sleep could cut asthma risk](#) The Guardian 03/04/23

[Poor Sleep Pattern May Reflect A Higher Risk Of Asthma: Study](#) NDTV 03/04/23

Also in: Wales Online, The Independent, The Telegraph, The Times, The Irish Times, The Sun + Scottish edition, Irish Daily Sun, ITVX, Yahoo News UK, The Irish News, Belfast Telegraph, Irish Examiner, Jersey Evening Post + extensive local/regional UK news outlets, The World News (UK)

International: UPI, The National (AE), World is One News, dtNext (IN), M3 India, Daily Sabah, AOL.com, ThePrint (IN), CNN Philippines, ANI News, US News & World Report, Mirage News (AU), Yahoo Canada, NBC Right Now, WISH TV and local US broadcast outlets, KOAM News Now, Courier Mail (AU), Herald Sun (AU) + local Australian news outlets, News.com.au, St Louis Post-Dispatch + local/regional news outlets, LatestLY, MENA FN, Europe Sun, MSN Arabia, WebIndia 123, World News Network,, Express India, Medical Dialogues India, Khaleej Times, The Organiser (IN), The Star (MY), Prothromalo, Indian Express, CTV News, India.com, Daiji World, Odisha TV

Other: WebMD, News-Medical, MedPage Today, Frontline Genomics, SciTech Daily, Inside Precision Medicine, Genome Web, The Weather Channel, Study Finds, Medicine.net, Crossroads Today, Drugs.com, RT Magazine, Sleep Review Magazine, Medical Xpress, Practice Update, Upday, Physician's Weekly, InForney, HealthDay, Healio, News-Topic, The Millennial, News-Graphic, Focus Technica, Ground News, Big News Network, Weekly Sauce, The Healthcast, Medically Prime, Ex Bulletin, MSN Health & Fitness, Devdiscourse, ET Healthworld, SportsKeeda, Drug Genius, NewsBeezer, TrialSite News, Times Now News

[Tired? 4 Ways To Boost Lung Health and Get Your Energy Back](#) MSN Health & Fitness
03/04/23

Occupational & Environmental Medicine

Research [Vitamin D status in active duty Navy military personnel: a systematic review](#) (PR)

[Naval Personnel in Global North, Particularly Submariners, Prone to Vitamin D Deficiency](#)
Mirage News (AU) 04/04/23

[Vitamin D deficiency common in navies of global north, especially submariners](#) Health
Medicine Network 03/04/23

Also in: Medical Xpress, Knowledia

[Want to Improve Your Health? Research Suggests Taking a “Nature Pill.”](#) Outside Magazine
01/04/23 (Previous PR)

Annals of the Rheumatic Diseases

[Interferon Blocker Crushes Macrophage Activation Syndrome](#) Medically Prime 03/04/23

Also in: MedPage Today

[Glucocorticoid use, male sex predict more severe COVID-19 in psoriatic disease, axial SpA](#)
Healio 03/04/23

[EULAR recommendations for giant cell arteritis, PMR prioritize remission as target](#) Healio
04/04/23

[Annals of Rheumatic Diseases Publishes Results from Phase 2 Study of emapalumab in Patients with Secondary HLH/Macrophage Activation Syndrome](#) BioSpace 04/04/23

[The Future of Immunotherapy Targets](#) Dermatology Times 05/04/23

Further coverage for asthma/eczema link to osteoarthritis risk (PR)

[Asthma and eczema could increase risk of osteoarthritis, study finds](#) Fox News 07/04/23

BMJ Case Reports

[Patient left with bubbles of silicone oil on retina following surgery](#) Association of Optometrists
03/04/23

[What Is Purpura? Causes, Symptoms, And Treatment](#) Health Digest 09/04/23

BMJ Evidence-Based Medicine

[Pandemic School Closures 'May Have Harmed Children's Education and Wellbeing'](#)
Medscape 03/04/23

BMJ Leader

[Why Every Leader Can Learn From Healthcare](#) Forbes 04/04/23

BMJ Nutrition, Prevention & Health

[Obesity, diabetes....Has this GP found the drug-free treatment](#) The Observer 09/04/23

Also in: MSN UK, Yahoo News UK

BMJ Open

[Can Functional Foods Keep You Healthy, or Are They Just Hype?](#) Everyday Health
03/04/23

[Pregnant women are being denied routine medication, even when it is safe](#) iNews 05/04/23

[Link between alcohol consumption and partner violence in Papua New Guinea](#) Health
Medicine Network 07/04/23
Also in: Medical Xpress

BMJ Open Diabetes Research & Care

[Can being married help prevent diabetes?](#) Borneo Bulletin 03/04/23 (**Previous PR**)

BMJ Open Gastroenterology

[Drunk without alcohol – Mark's body brews beer](#) Breaking.Latest 06/04/23

BMJ Open Ophthalmology

[Prevention of Blindness Week: Using gadgets for too long can damage your eyes](#)
HealthShots 03/04/23

BMJ Sexual & Reproductive Health

[Research Shows Teens Face Sexual Health Risk Due To Childhood Exposure To Violence](#)
India Education Diary 07/04/23

British Journal of Ophthalmology

[Ocuprime Reviews \(Urgent 2023 Update\) Effective Ingredients or Fake Customer Hype?](#)
Outlook India 06/04/23

[Tori Spelling: I kept contact lenses in for 20 days and got a horrific ulcer](#) Express Digest
07/04/23

[Oral intake of 7-MX promising for arresting myopia progression in children](#) Medical
Dialogues India 07/04/23 (**Previous PR**)

British Journal of Sports Medicine

[Breaking Down The Viral Sit-To-Stand Test](#) Health Digest 03/04/23

[5 Obvious Reasons Why Your Chest Is Refusing to Grow](#) Men's Health 04/04/23

Also in: MSN South Africa + UK

[Sports Medicine Market To Perceive Prominent Growth Of 9.12 Billion By 2030, Size, Share, Trends, Demand, Growth And Competitive Analysis](#) MENA FN 05/04/23

Also in: Benzinga

[Gender Equality: Taking Action To Give More Space To Women In Sports Health Research](#)
Globe Echo (UK) 05/04/23

[Opinion The Checkup With Dr. Wen: With exercise, don't let perfect be the enemy of the good](#) The Washington Post 06/04/23

[These 11 minutes of your schedule will give you a long and healthy life](#) World is One News

05/04/23 (**Previous PR**)

[Physical Activity May Prevent Colon Cancer Recurrence](#) Drugs.com 06/04/23

Also in: Physician's Weekly

[White House hosts trans-identified youth roundtable to discuss 'political attacks'](#) The Christian Post 06/04/23

[Exercise improves arterial stiffness in children and adolescents](#) 2MinuteMedicine 07/04/23

[Swimmer Riley Gaines attacked, barricades self from transgender rights activists](#)

News.com.au 08/04/23 (Previous PR)

Also in: Herald Sun, New York Post

[The Art and Science of Fitness | A midday snooze can optimise your productivity](#) Hindustan Times 08/04/23

[Is Protein Powder Good & Healthy For You?](#) Outlook India 08/04/23

[Move Your Mind: Exercise Outperforms Medication for Depression and Anxiety](#) Focus Technica 09/04/23

Also in: SciTech Daily, MoneyLife

Heart

[Resting heart rate: Does the risk of heart attack increase if I record more than 100 beats per minute?](#) The Indian Express 03/04/23

Injury Prevention

[E-scooters: Paris has banned them. Is it time we did too](#) The Times (print) 05/04/23

(Previous PR)

Also in: Daily Mail

[How will Abu Dhabi's 120kph minimum speed limit plan affect road safety?](#) MSN Arabia 08/04/23

Journal for ImmunoTherapy of Cancer

Position Statement: [Society for Immunotherapy of Cancer \(SITC\) consensus definitions for immune checkpoint inhibitor-associated immune-related adverse events \(irAEs\) terminology](#) (External PR)

[International panel develops standardized definitions of immunotherapy side effects](#)

News-Medical 05/04/23

Also in: ScienMag, Medical Xpress

Journal of Epidemiology & Community Health

[Do this](#) Irish Daily Mail (Print) 03/04/23 (**Previous PR**)

Also in: SciTech Daily, Focus Technica

[The eldest daughters would have a high probability of being overweight according to the University of Sydney](#) News Rebeat 03/04/23

Journal of Medical Ethics

[What strikes mean for health](#) – Health Breaking.Latest News 03/04/23

Journal of Neurology, Neurosurgery & Psychiatry

Research: [Plasma biomarkers for Alzheimer's disease: a field-test in a memory clinic](#)
(External PR)

[Diagnosing Alzheimer's disease with blood biomarkers](#) MyScience 04/04/23

Also in: News-Medical.net, Mirage News (AU), Medical Xpress, Health Medicine Network, Express Digest

[Detecting Alzheimer's in Speech; Manipulating CSF in Humans; Gut Microbiome and MS](#)
Medically Prime 04/04/23

[The Scientific Link Between Vitamin D & Parkinson's Disease Risk](#) MindBodyGreen 07/04/23

RMD Open

[Should You Work Out When In The Midst Of A Gout Flare?](#) Health Digest 08/04/23

INFLUENCE

BMJ Health & Care Informatics blog ranked No 9 among [the 35 Best Health Informatics Blogs and Websites](#) on Feedspot for traffic, social media followers, and freshness