

BMJ in the News is a weekly digest of national and international news coverage in English for BMJ, The BMJ, and BMJ Journals.

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Coverage for 17-23 April 2023

PRESS RELEASES

BMJ

The BMJ | BMJ Open Heart | Tobacco Control

EXTERNAL PRESS RELEASES

BMJ Open | Gut

OTHER COVERAGE

The BMJ | Annals of the Rheumatic Diseases

Archives of Disease in Childhood

BMJ Evidence-Based Medicine

BMJ Global Health | BMJ Medicine

BMJ Nutrition, Prevention & Health | BMJ Open

BMJ Open Diabetes Research & Care

BMJ Open Respiratory Research

BMJ Open Sport & Exercise Medicine

British Journal of Ophthalmology

British Journal of Sports Medicine

Emergency Medicine Journal | Heart

Journal for ImmunoTherapy of Cancer

Journal of Epidemiology & Community Health

<u>Journal of Neurology, Neurosurgery & Psychiatry</u>

Regional Anesthesia & Pain Medicine | RMD Open

Sexually Transmitted Infections

INFLUENCE

BMJ

The BMJ press release coverage

Research: Beverage consumption and mortality among adults with type 2 diabetes: prospective cohort study + Editorial: Beverages and health outcomes in adults with type 2 diabetes

New research reveals how coffee and tea can affect risk of early death for adults with diabetes CNN 20/4/23

Why type 2 diabetes patients might want to swap sugary drinks for coffee Sky News 20/4/23 Ditch sugary drinks for coffee to live longer, medics tell diabetics The Daily Telegraph 20/4/23

SODA ALERT Urgent warning as just fizzy drinks 'increase chance of early death for millions' – are you at risk? The Sun 20/4/23

Also in: The Times, Times Radio, The Independent, Daily Express, Belfast Telegraph, Irish News, The National (Scotland), Express & Star (West Midlands), The News International, MSN UK, MSN Arabia, MSN Malaysia, MSN Health & Fitness, International Business Times, United Press International Online, Health medicine Network, The World News, Tech and Science Post, expressdigest.com, Medical XPress, Medical News Today, HealthDay, Medscape, News-Medical.net, Medical Dialogues, WebMD the Magazine, ReachMD, Drugs.com, Healthline, Mirage News Australia, Yahoo Lifestyle, Geo TV

Who is talking about this article?



Research: <u>Surgical versus non-surgical treatment for sciatica</u>: <u>systematic review and meta-analysis of randomised controlled trials</u> + Editorial: <u>Early surgery for sciatica</u>

<u>Surgery for sciatica may reduce leg pain and disability but benefits are short-lived</u> Scienmag 19/4/23

<u>Sciatica Surgery Eases Leg Pain and Disability, But Benefits Brief</u> Mirage News Australia 20/4/23

Also in: Medical XPress, Medical Dialogues, Pain News Network, News-Medical.net, Health medicine Network, Drugs.com, The Guam Daily Post Online

Further coverage on benefits of Mediterranean and low fat diets (PR)

Mediterranean, Nordic, Okinawan ... A guide to the health benefits of diets from around the world The Irish Times 18/4/23

Further coverage of dietary sugars and health (PR)

Believe It Or Not! Even 1 Soft Drink A Day Could Be Harmful News Delhi TV 17/4/23

Also in: Today News Post, The New Daily

Other notable coverage

Breast cancer surgery wait times in Ottawa are so long that women are heading to a private clinic in Montreal Ottawa Citizen 17/4/23 (Previous PR)

Also in: The World News

<u>Despite dire warnings, Covid-19 did not cause significant spike in mental health problems</u> MSN South Africa 18/4/23 (**Previous PR**)

A 'handmade' tuna sandwich with FORTY ingredients reveals America's ultra-processed food addiction Express Digest 18/4/23 (**Previous PR**)

'My wife died from the jab and I want her story to be heard' Daily Mail 18/4/23

Also in: Perth Now

Encouraging scientific habit of mind (mentions migration feature) My Science 19/4/23

Also in: Mirage News Australia

Nurses join climate protest outside Department of Health (ref to open letter) Nursing Times

21/4/23

Militant junior doctor who pushed for devastating strikes and believes we live in a 'white supremacist patriarchy' gets kicked off BMA's council after furious backlash at his comments

(ref to The BMJ's Sharp Scratch podcast) Daily Mail 21/4/23

Also in: Health Medicine Digest, expressdigest.com

JOURNALS

BMJ Open

Research: What is the cost-effectiveness of menu calorie labelling on reducing obesity associated cancer burdens? An economic evaluation of a federal policy intervention among 235 million adults in the USA (PR)

Calorie counts on menus forecast to prevent thousands of cancer deaths, new study finds Euronews 18/04/23

<u>Tufts University study finds calorie counts on menus reducing cancer deaths</u> CBS News Boston 20/04/23

Restaurant calorie counts reduce cancer deaths: study New York Post 19/04/23

Also in: The Sun, Daily Mail, The Independent, Yahoo News UK, Mahalsa UK, MSN South Africa, Mirage News, Center for Science in the Public Interest (US), NY Breaking, local Fox news, Vaaju, ScienMag, Health Medicine Network, Medical Xpress, Technology Networks, Study Finds, Yahoo Sports, Newstral, Knowledia, Food Network, Delicious Magazine, News-Medical, Knowridge Science Report, ConscienHealth, ZME Science, BioEngineer, Practice Update, Drugs.com, Reddit.com, Eat This Not That! ReachMD, Physician's Weekly, Science Blog, Healthnews.com

Research: <u>Applications to medical and surgical specialist training in the UK National Health Service</u>, 2021–2022: a cross-sectional observational study to characterise the <u>diversity of successful applicants</u> (External PR)

In the UK, minority ethnic doctors less likely to get specialty NHS training posts; some specialties show gender bias Health Medicine Net 20/04/23

Also in: Medical Xpress, TechExplorist, My Science, Medscape, Mirage News

Research: Athletes' access to, attitudes towards and experiences of help-seeking for mental health: a scoping review protocol (External PR)

How and when do athletes seek mental health support? Medical Xpress 20/04/23 **Also in**: ScienMag, Devdiscourse, LatestLY, ThePrint (IN), Big News Network, ANI News, WebIndia 123, Khaleej Times, ReachMD, The Organiser

Boost your mental and kidney health WebMD 20/04/23

Research: <u>Uptake of COVID-19 vaccines and associated factors among adults in Uganda: a cross-sectional survey</u> (External PR)

<u>Health Workers Championed to Lead Vaccination Efforts in Uganda</u> Mirage News 21/04/23 **Also in**: My Science, Medical Xpress

<u>Is Hospital at Home the Future of Health Care?</u> American Association of Retired Persons 21/04/23

Heart

Research: <u>Incident cardiovascular events and imaging phenotypes in UK Biobank participants with past cancer</u> (PR)

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Editorial: <u>Cardiovascular phenotypes and incident cardiovascular events in people</u> with previous cancer (PR)

<u>Cancer survivors may be at heightened risk of cardiovascular disease</u> The Guardian 18/04/23

<u>History of cancer may lead to a future with heart disease</u> MedIndia 21/04/23 <u>Cancer Survivors at Increased Risk of Cardiovascular Disease</u> Medscape 19/04/23

Also in: Mirage News, Bolly Inside, Health Medicine Network, Medical Xpress, Medical News Today, Cardiovascular Business, News-Medical, News Concerns, Inkl, NewsBreak, HealthLine, Inside Precision Medicine, Practice Update, GP Notebook

Mediterranean diet reduces women's risk of death by 25% The Teller Report 18/04/23 (**Previous PR**)

Tobacco Control

Research: E-cigarette use among early adolescent tobacco cigarette smokers: testing the disruption and entrenchment hypotheses in two longitudinal cohorts (PR)

Statistics from Altmetric.com



Research examines whether vaping can 'entrench' smoking habits in teenagers The Independent 18/04/23

Vaping Might Make Smoking Habit More Likely in Teens US News & World Report 19/04/23

Also in: Belfast Telegraph, Daily Mirror, Daily Mail + Scottish, Irish editions, Mail Plus, Northern Echo, Jersey Evening Post + extensive local/regional news outlets, National Scot, The Irish News, Herald Scotland, Evening Standard, Asian Image, The World News UK, British Bulletin, The Sunday Post, Ireland Live

International + Other: Mirage News, UPI, Channel News Asia, Koam News Now, St Louis Post-Despatch +local US print outlets, KTBS + local US broadcast outlets, The World News, MedPage Today, HealthDay, Medical Xpress, Health Central, Finno Expert, Flipboard, Yahoo Sports, Express Digest, InForney, News-Medical, World Nation News, MSN Health & Fitness, Web Today, Techiai, DUK News, Dental Nursing, Crossroads Today, Drugs.com, Medicine.net, Newsbug, News-shield, News-Topic, Weekly Sauce, The Healthcast, Patient Care

Annals of the Rheumatic Diseases

PATIENTS WITH ATOPIC DISEASE RISK ARTHROSIS Orthopedics BreakingLatest.News 18/04/23 (Previous PR)

Also in: Arthritis News

Abivax Reports 2022 Financial Results and Operations Update BioSpace 19/04/23 Also in: Benzinga, World News Report

Smoking, older age put patients receiving tofacitinib at higher risk for MACE vs. TNFi Healio 20/04/23

9 Ways to Advocate for Yourself With AS HealthCentral 20/04/23

Archives of Disease in Childhood

Hospital bed replacement for acute care of children at home during the COVID-19 pandemic through a Hospital-in-the-Home programme (Flagged)

<u>Safely treating children with COVID-19 at home helps take burden off hospitals, suggests study</u> Medical Xpress 18/04/23

Also in: Science Newsnet, Newswise, The Healthcast, Drugs.com, Weekly Sauce, ReachMD, Cosmos Magazine, Guam Daily Post

<u>I worked at the Tavistock gender clinic. This is why closing it was the right move</u> Head Topics 23/04/23

Also in: The Dallas News, The Guardian

BMJ Evidence-Based Medicine

New evidence-based paper shows how the school-closers harmed children Washington Examiner 18/04/23

BMJ Global Health

I'll be forever grateful to my son's surrogate The Spectator 20/04/23

Best Money-Saving Tips When You're Chronic Health Central 21/04/23

BMJ Medicine

<u>Unbureaucratic</u>, but not allowed? The pitfalls of small official channels BreakingLatest.News 22/04/23

BMJ Nutrition, Prevention & Health

<u>Pine Nuts: Benefits, Nutrition & How To Eat More Of Them</u> MindBodyGreen 17/04/23 (**Previous PR**)

<u>Probiotics and prebiotics are essential for gut health. Here's how to get the best of both</u>

Fortune 23/04/23

Also in: Yahoo Finance

BMJ Open Diabetes Research & Care

Weight-Neutral Diabetes Care Can Be an Empowering Way to Manage Your Health. Here's How to Get Started MSN Health & Fitness 23/04/23

Also in: Livestrong, Flipboard

BMJ Open Sport & Exercise Medicine

Appreciating golf's cardiovascular perks Harvard Newsletter (May) 21/04/23

BMJ Open Respiratory Research

Have A Good Night's Sleep To Cut Asthma Risk Gene Online 17/04/23 (Previous PR)

Also in: American Journal of Managed Care, ReachMD, Food Industry Today

British Journal of Ophthalmology

Retinal OCT measurement may predict future cognitive impairment Medical Dialogues India 17/04/23

British Journal of Sports Medicine

Some Mental Issues Are Best Treated With Exercise Medscape 17/04/23

Also in: Express Digest, Daily Mail, WFMY News, Mogaz News, Sound Health and Lasting Wealth, Daily News Era, Techiai, DUK News, NewsBreak, Prevention.com, Health Medicine Network

<u>Study: High-Intensity Exercise Greatly Improves Mental Health in Adults</u> Additude 17/04/23 (**Previous PR**)

When it works as well as medication Daily Mail + Scottish edition 18/04/23 (Previous PR)

Why going for a walk can cure (almost) anything El Pais (English) 18/04/23 (Previous PR)

Also in: MSN Health & Fitness

Exercise improves arterial stiffness and benefits in ACVD Medical Dialogues India 19/04/23

Physical Activity Has Powerful Effects on Colon Cancer Risk Bicycling 20/04/23

<u>Drinking Chilled Water? Switching on AC while You're Hot? Taking Cold Showers? You May</u> Be in for A 'Shock' The World News 21/04/23

Also in: Knowledia News

Lack of Women as Research Subjects Connected to Lack of Women as Researchers

Science Newsnet 21/04/23

Also in: News-Medical, Pharmacy Times

The Secret Power of Boredom Good Housekeeping Magazine 21/04/23

<u>Club Doctor Richard Weiler publishes groundbreaking blind football concussion study</u> West Ham United Football Club 22/04/23

Volleyball Player Hits Back At Rapinoe For Mocking Girls' Sports Daily Wire 23/04/23

Also in: Conservative Angle

Emergency Medicine Journal

12-hour A&E wait crisis in London and yet more strikes on the way Evening Standard 17/04/23 (**Previous PR**)

Also in: Yahoo News UK, MSN.com

Gut

Research: Genetic coding variant in complement factor B (CFB) is associated with increased risk for perianal Crohn's disease and leads to impaired CFB cleavage and phagocytosis (External PR)

Study gives insight into cause of severe inflammatory bowel disease Medical Xpress 20/04/23

Also in: ScienMag, Revyuh News

Journal for ImmunoTherapy of Cancer

Preclinical Characterization of Anti-SIRPα mAb BYON4228 Published in Journal for ImmunoTherapy of Cancer Benzinga 17/04/23

Also in: Latin Business Today, BioSpace, Oncozine

KAIST develops immune therapy to deal with solid tumors Korea News Plus 20/04/23

Journal of Epidemiology & Community Health

<u>Eat your way to a better menopause</u> Daily Mail 18/04/23 (Print) (**Previous PR**) **Also in**: Express Digest, Internewscast, Mogaz News, NY Breaking, Techiai, Web Today (US), DUK News, Health Medicine Network

How to live longer: the ultimate hack for a longer lifespan isn't fitness or nutrition-related - it's having an active social life Stylist 17/04/23 (**Previous PR**)

What does retirement look like to you? Let's consider the options Los Angeles Daily News 23/04/23 (**Previous PR**)

Journal of Neurology, Neurosurgery & Psychiatry

Staying fit and active throughout life 'best way to stave off dementia' MSN UK 21/04/23 (Previous PR)

Researchers Diagnose Alzheimer's Disease With Blood Biomarkers India Education Diary 22/04/23

Regional Anesthesia & Pain Medicine

Marijuana may make sleep worse, especially for regular users, study finds MSN Health & Fitness 20/04/23 (**Previous PR**)

RMD Open

<u>Prior Immunotherapy May Impact Melanoma Treatment Response</u> Dermatology Times 18/04/23

Sexually Transmitted Infections

<u>Urgent warning as STD 'can be spread by KISSING' – here's how to keep yourself safe</u> The World News 23/04/23

Also in: The Sun + Scottish edition, Express Digest, Pedfire, Daily Mirror

INFLUENCE

Sally-Ann Hart, Conservative, Hastings and Rye mentioned **The BMJ** in a **Westminster Hall debate Pandemic Prevention**, **Preparedness and Response: International Agreement 17 April 2023**: "Covid-19 has affected each and every one of us; no region or country has been spared. According to The BMJ, in less than two years covid-19 infected more than 240 million people, with 5 million lives lost."

The International Society of Microbiota cites 2019 research on faecal microbiota transplantation in *Gut* in its call for international collaboration on the Stool Biobank Project.