**BMJ in the News** is a weekly digest of national and international news coverage in English for BMJ, The BMJ, and BMJ Journals.

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**Coverage for 13-19 March 2023**

**PRESS RELEASES**

- The BMJ
- BMJ Global Health
- BMJ Medicine
- Heart

**EXTERNAL PRESS RELEASES**

- British Journal of Sports Medicine
- Emergency Medicine Journal
- Journal for ImmunoTherapy of Cancer
- RMD Open

**OTHER COVERAGE**

- The BMJ | Annals of the Rheumatic Diseases
- Archives of Disease in Childhood | BMJ Case Reports
- BMJ Global Health | BMJ Nutrition, Prevention & Health
- BMJ Open | BMJ Open Sport & Exercise Medicine
- BMJ Supportive & Palliative Care
- British Journal of Ophthalmology | British Journal of Sports Medicine
- General Psychiatry | Gut
- Injury Prevention | Journal of Medical Ethics
- Journal of Neurology, Neurosurgery & Psychiatry
- RMD Open | Tobacco Control
- Trauma Surgery & Acute Care Open

**INFLUENCE**

- Republic of Ireland continues to benefit from BMJ Best Practice for third year running
  - Knowledgespeak 15/3/2023
- BMJ Best Practice Available in Ireland for 3rd Year
  - Mirage News Australia 16/3/2023
The BMJ press release coverage

Research: Maternal opioid treatment after delivery and risk of adverse infant outcomes: population based cohort study + Editorial: Opioid analgesia for breastfeeding mothers (PR)

Opioid painkillers won’t harm your baby when breastfeeding, new mothers told The Times
16/3/2023

News: GMC is criticised for investments in Nestlé and McDonald’s (PR)

Times Radio interview with Madlen Davies, The BMJ Investigations Editor (20 mins into programme) 16/3/2023
How doctors fund fast-food firms blamed for obesity Daily Mail 16/3/2023
Healthcare regulator gives £900k to junk food firms The Daily Telegraph 16/3/2023
Also in: Talk TV (Trisha Goddard) 1 hr 38 mins into programme, Talk Radio, Daily Express, The Metro, New York Times Post, Food Industry Today, WhatsNew2Day

Further coverage for pandemic impact on mental health (PR):
Pandemic mental health toll was ‘small’, study says – unless you were a woman or LGBTQ+ The World News (UK) 13/3/23
COVID-19: No evidence of mental health ‘tsunami’ Hindustan Times 14/3/2023
BBC ‘fact checked’ by Twitter over covid pandemic’s mental health impact MSN 14/3/2023

Further coverage for radiation risk of CVD (PR):
Radiation Exposure May Be Causally Linked to CVD Rheumatology Advisor 14/3/2023
Further coverage for inequalities in surgical outcomes (PR):
Post-op Mortality Higher for Black Men Versus White Men, White Women, Black Women
Physician's Weekly Online 14/3/2023

Further coverage for gender dysphoria investigation (PR):
Top British medical journal says US approach to child sex changes is not 'evidence-based'
The Post Millennial 13/3/2023
Also in: Premier Christian Radio, USSA News Online, GRIPT

Other notable coverage

Junior doctors pay (TBMJ mentioned as part of a piece on the strike) The Context with Christian Fraser BBC World (17.39 mins into programme) 13/3/2023
Russia Still Has A COVID-19 Problem: 22,000 Cases In Two Days, 71 Dead International Business Times 14/3/2023
The two breakfast foods Britons love that could put you at 'higher' risk of heart disease (Previous PR) Daily Express 14/3/2023
Is long COVID risk changing? 50,000 survey responses reveal key shift (Previous PR) San Francisco Chronicle 17/3/2023
Are artificial sweeteners really any better than sugar? (Previous PR) The Daily Telegraph 17/3/2023
Also in: Yahoo News UK, MSN
The Truth About Long COVID Is Finally Emerging. It's Not What We Thought Slate 19/3/2023
Also in: Knowledia News
Statin users at risk of 'cardiovascular disease' Daily Express 19/3/2023
Also in: MSN UK, Today News Post, Pedfire, Vietnam Explorer
Urgent course correction needed on climate change, economic policy, and NHI (Fiona Godlee quoted on climate change and health) News24 South Africa 20/3/2023
Also in: Newspages.co.za,

JOURNALS

BMJ Global Health

Research: Mpox (monkeypox) information on TikTok: analysis of quality and audience engagement (PR)

Mpox Information On TikTok Videos Often 'Unreliable And Incomplete,' Study Finds International Business Times 15/03/23
TikTok Is An Awful Source of Monkeypox Info, Study Finds Gizmodo Australia + US 15/03/23
Looking for Accurate Info on Mpox? Maybe Avoid TikTok US News & World Report 15/03/23

US pregnancy deaths dropped in 2022, after Covid spike


Further coverage for no difference in outcomes between rainbow and other families

Children in Families With Same-sex Parents Fare As Well as Others Study Indicates

Also in: BreakingLatest, Montreal Gazette + extensive local Canadian news outlets, The World News, The Intelligencer

Extreme poverty, ignorance, malnutrition, poor routine immunisation, others fuel noma complications

The Guardian (NG) 17/03/23

BMJ Medicine

Research: Appraisal of the causal effect of plasma caffeine on adiposity, type 2 diabetes, and cardiovascular disease: two sample mendelian randomisation study (PR)

Coffee ‘can lower risk of getting diabetes’

Blood caffeine levels clue to staying slim and less diabetes risk

Caffeine could reduce body fat and cut diabetes risk, scientists say


Today News, EuroWeekly News, Express India, Time Bulletin USA, Greek Reporter, India Blooms, Health News (US), The Star Malaysia, Newsroom Odisha, Prag News (IN), The Indian Express, dtNext (IN), MM News (PK)


Heart

Research: Primary prevention of cardiovascular disease in women with a Mediterranean diet: systematic review and meta-analysis (PR)

Mediterranean diet may cut heart disease risk for women by 24%, study says The Independent 15/03/23
Mediterranean diet may lower heart disease risk in women by nearly 25%, study finds CNN + International 14/03/23
Mediterranean diet can cut heart disease risk in women by 24 percent, report says The Washington Post 15/03/23


Annals of the Rheumatic Diseases
‘Fresh options’ for BioSenic after post-hoc analysis of knee osteoarthritis trial The Pharma Letter 16/03/23
Also in: Yahoo Finance

Researchers Find Novel Candidate Gene, Pathway for Severe Radiographic Damage in AS HMP Global Learning Network 19/03/23

Archives of Disease in Childhood
Cerebral palsy: How to avoid brain damage in babies Tribune Nigeria 18/03/23

BMJ Case Reports
Low vitamin B12 levels may progressively affect the fingernails - the telltale sign Daily Express 19/03/23
Also in: MSN UK

BMJ Nutrition, Prevention & Health
Fruit and veg supply issues lead to raised blood pressure, study shows The Daily Brit 18/03/23 (Previous PR)

BMJ Open
Late cancer diagnosis among Black women is tragic – and avoidable iNews 15/03/23

This groundbreaking study reveals what people search for before visiting the emergency room MD Connect 19/03/23

BMJ Open Sport & Exercise Medicine
What Is CrossFit, And Is It Right For You? Forbes 15/03/23

BMJ Supportive & Palliative Care
Singing in the shower is self-therapy that can be surprisingly beneficial for your mental health, Here’s why IoL South Africa 15/03/23
Also in: MSN South Africa

British Journal of Ophthalmology
21-year-old loses vision to flesh-eating parasite after taking nap with contact lenses in Daily Express 15/03/23
Also in: Business Telegraph, Samachar Central
Skye Bioscience Receives Human Research Ethics Committee Approval to Start Multiple Ascending Dose Arm of Phase 1 Study of SBI-100 Ophthalmic Emulsion. Benzinga 15/03/23
Also in: BioSpace, Yahoo Finance, The Edmonton Examiner

British Journal of Sports Medicine
Is Exercise as Effective as Medications or Talk Therapy? Psychology Today 14/03/23

Biden says state laws banning gender transition surgeries for minors are 'close to sinful': 'It's cruel' The Christian Post 14/03/23
Also in: The Daily Telegraph, Unherd

Research: Universal prevention through a digital health platform reduces injury incidence in youth athletics (track and field): a cluster randomised controlled trial (External PR)

How a digital health platform can stop sports injuries in young athletes. Health Europa 14/03/23
Also in: ScienMag, News-Medical, Medical Xpress, Asia Post, TechiLIVE, News Azi, Newswis

Is your foot injury due to your menstrual cycle? What you need to know about sore feet and your hormones Stylist Magazine 16/03/23

The 20-minute anti-ageing workout The Times 16/03/23 (Print only)

Sports industry may have helped downplay dangers of concussions and head injuries Medical Brief South Africa 15/03/23 (Paul McCrory)
Plagiarism and the AFL’s concussion adviser The Saturday Paper (AU) 18/03/23

Age fraud: How African football is trying to combat it Deutsche Welle (English) 15/03/23

A little motivation to take a walk The New York Times 17/03/23 (Previous PR)

Get to know Diastasis Recti, a Postpartum Stomach Condition that mothers barely know … TekDeeps 18/03/23

Emergency Medicine Journal

Practice Review: Drink and injection spiking: how to approach an increase in presentations? (External PR)

Test for drink spiking in ERs should be used to reduce psychological distress, says new
Mind over matter (How to have a healthy gut) The Guardian supplement 18/03/23 (Previous PR) (Misattrib The BMA)

Gravity may play a weighty role in irritable bowel syndrome NewsBreak 14/03/23

Horse tranquilizer is hitting the US as a dangerous street drug CNN 17/03/23 (Previous PR)

Research: Anti-VEGF therapy improves EGFR-vIII-CAR-T cell delivery and efficacy in syngeneic glioblastoma models in mice (External PR)

Altered CAR T Therapy Shrinks Ovarian Tumors In Mice Forbes 17/03/23

Normalizing tumor blood vessels may improve immunotherapy against brain cancer World Pharma News 14/03/23

Also in: eCancer, News-Medical, ScienMag, Medical Xpress, PhaMed, Quick Telecast, Drug Target Review, Drug Target Review, The Epoch Times

Christian school barred from Vermont state matches after girls basketball team refused to play against male LifeSite 17/03/23

Teenagers Beware: Poor Sleep Quality May Increase Risk of Multiple Sclerosis TrendRadars 14/03/25 (Previous PR)

Also in: Medical Bag (AU)

Early-Onset Dementia Diagnoses Are Up 200% — How (& When) To Protect Your Brain MindBodyGreen 15/03/23

Research: Ultrasound assessment of degenerative muscle sarcopenia: the University of Barcelona ultrasound scoring system for sarcopenia (External PR)

New tool to diagnose and assess sarcopenia My Science 13/03/23

Also in: Healthcare in Europe, News-Medical, Medical Xpress, European Hospital Online

Vaccination protects lupus patients from contracting COVID-19 News-Medical.net 15/03/23

JAK Inhibitor Safety Warnings Drawn From Rheumatologic Data May Be Misleading in Dermatology Medscape 19/03/23

Also in: Federal Practitioner
**Tobacco Control**
*Comparing the Health Effects of Smoking Heets and Regular Cigarettes* TimeBusiness News 14/03/23

**Trauma Surgery & Acute Care Open**
*Gun violence has reached an epidemic point in the US* Express Digest 17/03/23
Also in: Sound Health and Lasting Wealth, Mail Online, Daily News Era, Internewscast, Express Informer

**INFLUENCE**

*The US Lown Institute, a US non-partisan think tank on healthcare issues* cites an editorial in *BMJ Quality & Safety* that sets out *international disparities in colonoscopy recommendations*