Essential resources on Depression to support healthcare professionals and medical students

**BMJ Best Practice**
Fast access to the latest evidence-based diagnosis and treatment guidance to support your clinical decisions.

- Depression in adults
- Depression in children
- Persistent depressive disorder

**BMJ Case Reports**

- Depression preceding the diagnosis of pancreatic cancer
- Interesting presentation of postnatal depression and infant failure to thrive
- Managing psychotic depression and diagnostic uncertainty

**BMJ Learning**
High-quality continuing medical education for healthcare professionals, with learning modules covering everyday issues in primary care and hospital medicine.

- The health benefits of physical activity: Depression, anxiety, sleep, and dementia
- The effects of yoga on depressive symptoms in people with mental disorders

**BMJ Journals**
Discover the latest clinical knowledge and opinion.

- **BMJ Mental Health** | Universal prevention of depression at schools
- **General Psychiatry** | Investigating genetic causal relationships between blood pressure and anxiety, depressive symptoms, neuroticism and subjective well-being
- **BMJ Open** | Predicting new major depression symptoms from long working hours, psychosocial safety climate and work engagement: a population-based cohort study
- **British Journal of Sports Medicine** | Comparative effectiveness of exercise, antidepressants and their combination in treating non-severe depression

**BMJ Talk Medicine Podcasts**
The latest podcasts from *The BMJ* and specialist journals.

- Depression in adults
- Depression in children
- Postnatal depression
- The complexities of depression in cancer

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