



**Essential resources on Depression** to support healthcare professionals and medical students





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Fast access to the latest evidence-based diagnosis and treatment guidance to support your clinical decisions.

- Depression in adults
- Depression in children
- Persistent depressive disorder

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- The health benefits of physical activity: Depression, anxiety, sleep, and dementia
- The effects of yoga on depressive symptoms in people with mental disorders

#### **BMJ Case Reports**

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- Interesting presentation of postnatal depression and infant failure to thrive
- Managing psychotic depression and diagnostic uncertainty

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- Antidepressants and the serotonin hypothesis of
- Psilocybin reduces symptoms in treatment-resistant depression
- Does depression screening in primary care improve mental health outcomes?

## **BM** Journals

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- BMJ Mental Health | Universal prevention of depression at schools
- General Psychiatry | Investigating genetic causal relationships between blood pressure and anxiety, depressive symptoms, neuroticism and subjective well-being
- **BMJ Open** | Predicting new major depression symptoms from long working hours, psychosocial safety climate and work engagement: a population-based cohort study
- British Journal of Sports Medicine | Comparative effectiveness of exercise, antidepressants and their combination in treating non-severe depression



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- Depression in adults
- Depression in children
- Postnatal depression
- The complexities of depression in cancer