**BMJ in the News** is a weekly digest of national and international news coverage in English for BMJ, The BMJ, and BMJ Journals.

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**Coverage for 6th - 12th February 2023**

**PRESS RELEASES**

**The BMJ**
- BMJ Open Diabetes Research & Care
- BMJ Open Sports & Exercise Medicine
- Journal of Epidemiology & Community Health

**EXTERNAL PRESS RELEASES**

- Annals of the Rheumatic Diseases  BMJ Open
- BMJ Quality & Safety  British Journal of Sports Medicine
- Gut  Journal for ImmunoTherapy of Cancer

**OTHER COVERAGE**

- The BMJ | Annals of the Rheumatic Diseases
- BMJ Case Reports BMJ Evidence-Based Medicine
- BMJ Global Health | BMJ Medicine
- BMJ Nutrition Prevention & Health
- BMJ Open | BMJ Paediatrics Open
- BMJ Open Diabetes Research & Care
- BMJ Open Sports & Exercise Medicine
- BMJ Quality & Safety
- British Journal of Ophthalmology
- British Journal of Sports Medicine | Gut
- General Psychiatry
- Journal of Epidemiology & Community Health
- Journal of Medical Ethics  Lupus Science & Medicine
- Occupational & Environmental Medicine
- Practical Neurology | Tobacco Control

**INFLUENCE**

*The BMJ press release coverage*

Research: Maternal mRNA covid-19 vaccination during pregnancy and delta or omicron infection or hospital admission in infants: test negative design study (PR)
COVID-19 vaccination during pregnancy helps protect newborns, Canadian study suggests
The Toronto Star 8/2/23


Further coverage for beano promoting junk food (PR):
'Playing football was all that Beano got me into' Metro 6/2/23
Also in: TalkTV broadcast, The Press & Journal (Scotland)

Further coverage for antidepressants for pain (PR):
Antidepressants used for chronic pain on the rise, but are they effective News Caf 7/2/23
Also in: Medical News Today, Neurology Advisor, NewsPages.co.za, India Education Diary

Further coverage for pregnancy complications and heart disease risk (PR):
Top in cardiology: Pregnancy outcomes and heart disease risk; harms of emotional eating Healio 7/2/23

Other notable coverage

One day we'll look back on the war on drugs and ask did we learn nothing from Prohibition in the US The Irish Independent 6/2/23
Professor sparks fury after suggesting brain dead women could be used for surrogate pregnancies Indy100 6/2/23
Cornish town hosts flash mob to attract new GP BBC News 6/2/23
The expert who says SUGAR is better for you than low-calorie sweeteners The Daily Mail 6/2/23 (Previous PR)
Could taking a depression pill prevent lasting agony of shingles? The Daily Mail 6/2/23 (Previous PR)
Does a woman's fertility really plummet at age 35? National Geographic 7/2/23
The bean that could lower blood pressure and reduce stroke risk - high in potassium The Daily Express 7/2/23
LBC News broadcast on the importance of mixed skill on wards 6/2/23
Opinion: What Nancy Pelosi’s diet tells us about America’s love of ultraprocessed foods CNN + CNN International 8/2/23 (Previous PR)
Breaking the silence: do vested interests stifle medical discussions? The Spectator Australia 8/2/23 (Previous PR)
Cuba offers 1000 medical scholarships The Bangkok Post (print) 9/2/23
Opinion _ The Checkup With Dr. Wen: Three important studies shed light on long covid The
Rise in type 2 diabetes among under 40s

JOURNALS

**BMJ Open Diabetes Research & Care**

Research: *How sweet is your love? Disentangling the role of marital status and quality on average glycemic levels among adults 50 years and older in the English Longitudinal Study of Ageing* (PR)

Cohabiting adults have lower blood sugar levels, study finds

Marriage may help individuals in keeping their blood sugar levels low: Research

Unhappy marriages may actually be good for your health: study

New York Post 07/02/23


Health News

**Wonder of brew** The Scottish Sun 10/2/23 (Previous PR)

**BMJ Open Sports & Exercise Medicine**

Research: **Comparative effectiveness of playing golf to Nordic walking and walking on acute physiological effects on cardiometabolic markers in healthy older adults: a randomized crossover study** (PR)

**Golfers take heart: 18 holes is best way to stay healthy in later life** The Times 7/2/23
**Golf may help seniors improve heart health** UPI 7/2/23
**Study finds playing golf can be better than Nordic walking for older people** Times of India 08/02/23

![Graph showing comparison of Golf, Nordic Walking, and Walking](chart.jpg)


**Certain three supplements can ease arthritis symptoms** The Daily Express 12/2/23

**Also in:** MSN UK + IE (Previous PR)

**Journal of Epidemiology & Community Health**

Research: **Socioeconomic position at the age of 30 and the later risk of a mental disorder: a nationwide population-based register study** (PR)

**Mental health disorder more likely in the least wealthy people later in life: Study** Medical Dialogues (IN) 9/2/23
**Least Wealthy People More Likely to Have Mental Health Disorder Later in Life: Research** LatestLY 07/02/23
**Less wealthy people are more likely to have mental health disorder in later life: study** Times
Add More Intensity to Your Rides to Boost Your Memory and Processing  Bicycling 06/02/23
(Previous PR)
Also in: Geo TV, Study Finds

Annals of the Rheumatic Diseases

Research: Synovial fibroblasts assume distinct functional identities and secrete R-spondin 2 in osteoarthritis (External PR)

New Cell Types Offer Promise for Targeted Treatment of Osteoarthritis Bonezone Pub 7/2/23

Remission the primary T2T goal in childhood-onset lupus, say new points to consider Healio 9/2/23

BMJ Case Reports
Brrr-illiant ways to embrace the cold on cold water swimming (print) The Daily Express 9/2/23

ONE OF A KIND Man’s sudden Irish accent turns out to be bizarre symptom of prostate cancer in world-first The Sun + The Scottish Sun 8/2/23

BMJ Evidence-Based Medicine
Honey for a cough The Daily Mail 8/2/23 (Previous PR)

BMJ Global Health
Fact check: President Biden's 2023 State of the Union address CBS News 8/2/23
Also in: Pedfire, Today News Post, Our Times, World News Era

Vaccination campaigns can reduce the impact of COVID-19 on pregnant women News-Medical 08/02/23

BMJ Medicine
How Covid-19 Vaccines May Affect Your Menstrual Cycle, Periods Forbes (misattributed to The BMJ) 6/2/23

Fact Check: BMJ Paper Does NOT Show COVID Vaccine Causes 5x More Myocarditis Than Virus, 10X More In Youths Lead Stories 06/02/23

BMJ Nutrition Prevention & Health
‘People underestimate diabetes. It’s a silent killer’ The Daily Telegraph 6/2/23

This is why you should eat oranges this winter Jerusalem Post 7/2/23
BMJ Open

Good Health by Roger Dobson The Daily Mail 7/2/23

Medicinal cannabis helped get my life back after endometriosis forced me to quit my job

News 7/2/23

Research: Demographic characteristics, long-term health conditions and healthcare experiences of 6333 trans and non-binary adults in England: nationally representative evidence from the 2021 GP Patient Survey (External PR)

GP survey reveals health and healthcare inequalities of trans and non-binary adults
Newswise 7/2/23
Also in: The Medical Republic

Research: Associations between alcohol brief intervention in primary care and drinking and health outcomes in adults with hypertension and type 2 diabetes: a population-based observational study (External PR)

Alcohol Brief Intervention Can Improve Health Outcomes in HTN Drugs.com 7/2/23

GP survey reveals health and healthcare inequalities of trans and non-binary adults The Pharmacist 08/02/23

Diabetes pill helps stave off knee op The Irish News 08/02/23

Medical experts in plea to exempt child health services from budget cuts Medical Brief South Africa 9/2/23

Grab The Girls: Playing Tennis Is The Full Body Workout You Need To Add To Your Regimen Women's Health AU 9/2/23

New tool to predict cardiovascular disease in Emiratis is potential life-saver The National UAE 11/2/23

BMJ Paediatrics Open

Researchers explore sports-related traumatic brain injuries and care costs in children Horsetalk NZ 06/02/23

BMJ Quality & Safety

Systematic Review: Roles and effectiveness of knowledge brokers for translating clinical practice guidelines in health-related settings: a systematic review (External PR)

Knowledge Brokers Boost Evidence-Based Health Care: Review Mirage News (AU) 09/02/23
Also in: About Pain, Good Health Products, NewsBlaze

How blockchain can transform Kenya's healthcare system Nation Africa 11/2/23

British Journal of Ophthalmology

Retinal imaging to detect Alzheimer disease: machine learning model Ophthalmology Times
These young female athletes died by suicide. They all had head injuries in common

Relax! It just might improve your fitness

Women Who Live Healthy Lifestyles May Reduce Their Risk Of Long Covid By Half, Study Suggests

Ditch the treadmill -- do this instead

Follow these healthy lifestyle changes for a blissful 2023

Exercise may be as effective as pharmacotherapy in managing osteoarthritis pain

Bethany Hamilton says she’ll boycott World Surf League events over transgender competitors

Runner's knee: everything you need to know

Research: Effectiveness of an educational intervention targeting homophobic language use by young male athletes: a cluster randomised controlled trial

Surprising finding in battle to eradicate homophobia in sport

'Very disappointing': study shows education does nothing to stop homophobic language in men's rugby

Anti-homophobia training in sport had no effect

Fitness: Your Super Bowl heroes are aging faster than you are

General Psychiatry

Deep Meditation May Alter Gut Microbes – And Improve Physical and Mental Health

Research: Quantification of the hepatitis B virus cccDNA: evidence-based guidelines for monitoring the key obstacle of HBV cure

Standardized Quantification Method for Hepatitis B Will Aid Therapeutic Strategy Development
Frequent Antibiotic Use Linked to Threat for Crohn’s, Colitis Digital i Wire 11/2/23 (Previous PR)

Journal for ImmunoTherapy of Cancer

Research: Tuned activation of MSLN-CAR T cells induces superior antitumor responses in ovarian cancer models (External PR)

New immunotherapy holds promise for ovarian cancer Scienmag 7/2/23

Journal of Medical Ethics
Abortion, foetal pain relief and the law Irish Times 6/2/23

Lupus Science & Medicine
Experimental Blood Test Could Improve Fibromyalgia Treatment Pain News Network 07/02/23

Occupational & Environmental Medicine
More Time Outdoors May Mean Less Need for Medications WebMD 06/02/23 (Previous PR)
Also in: Neural Science, Independent Ghana

Practical Neurology
How colour blindness can change your life - Matthew Paris, Notebook The Times + Scottish + Irish edition, on Rory Barnes’ poems 8/2/23

Tobacco Control
Majority of Americans in favor of banning all tobacco products: survey New York Post 7/2/23
Also in: The World News, Time Bulletin USA, American Academy of Otolaryngology

Jeremy Vine Channel 5 broadcast, on decline in awareness of tobacco products since advertising ban 10/2/23

INFLUENCE

Social media highlights

- LinkedIn post sharing the press released research from The BMJ on covid vaccines in pregnancy: over 7,000 views and 86 likes
- LinkedIn post for the press released research on marital status and blood sugar levels from BMJ Open Diabetes Research & Care: almost 6,000 views and 33 likes