**BMJ in the News** is a weekly digest of national and international news coverage in English for BMJ, The BMJ, and BMJ Journals.

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Coverage for 20th–26th February 2023

**PRESS RELEASES**

The BMJ
BMJ Health & Care Informatics
General Psychiatry
Journal of Neurology, Neurosurgery & Psychiatry

**EXTERNAL PRESS RELEASES**

BMJ Open
BMJ Supportive & Palliative Care
British Journal of Sports Medicine
Journal of Medical Ethics
Practical Neurology
Tobacco Control

**OTHER COVERAGE**

The BMJ | Annals of the Rheumatic Diseases
BMJ Evidence-Based Medicine
BMJ Global Health | BMJ Medicine | BMJ Open
BMJ Open Diabetes Research & Care
BMJ Open Respiratory Research
BMJ Quality & Safety
BMJ Supportive & Palliative Care
British Journal of Sports Medicine
Gut | Heart | Journal for Immunotherapy of Cancer
Journal of Epidemiology & Community Health
Journal of Medical Ethics | Journal of Medical Genetics
Journal of Neurology, Neurosurgery & Psychiatry
Occupational & Environmental Medicine
Regional Anesthesia & Pain Medicine | RMD Open

**INFLUENCE**

The BMJ press release coverage

Investigation: [Gender dysphoria in young people is rising—and so is professional]
disagreement (PR)

Gender dysphoria in young people is rising—and so is professional disagreement
Tech and Science Post 24/2/23
Gender dysphoria in young people is rising—and so is professional disagreement
Medical Xpress 23/02/2023
Jennifer Block, Investigations Reporter at The BMJ, interviewed on Times Radio (20 mins into programme) 25/02/2023

Also in: USSA New, Mercator Net, News-Medical.Net, Psychreg, journalist Suzanne Moore’s substack newsletter

Further coverage for claims backing infant formula products lacking evidence (PR):
Most baby formula health claims not backed by science: Study
The Electric New Paper 21/2/23

Other notable coverage

Don't shun eggs - I'll happily eat TWO most days
The Daily Mail + MailPlus 21/2/23
(Previous PR)
Also in: Sound Health and Lasting Wealth, VN Explorer, New York Folk, Pedfire

'Why did things go wrong?: a return to Grenfell
The Times 22/2/23

Dad-of-3 who 'lit up the room' dies suddenly days after surgery on broken leg
The Mirror 21/2/23

Also in: Manchester Evening News, The Daily Express, The Amed Post, MSN UK

The pandemic has irreversibly changed America’s health care system. Here’s why we will all be feeling the consequences of delayed care for years to come
Fortune 22/2/23

Also in: SN Health & Fitness

Eating a certain fruit 30 minutes before meals could lower blood sugar
The Daily Express 22/2/23

New Study Links Premature Birth to Worse School Grades
Scitech Daily 21/2/23 (Previous PR)

Also in: List23, Today Headline
LBC broadcast (interview with Dr Helen Salisbury on doctors’ strikes) 22/2/23

Bird flu spreading from mammals to humans 'increasingly worrying,' experts warn
The Daily Star 23/2/23

Also in: The Daily Mail, The Hindu, Medical Xpress, WalesOnline + UK regional coverage, Yahoo Singapore, KuwaitTimes.net, UrduPoint Network, MSN Arabia + Malaysia + Philippines, Macau Business, JordanTimes

I tried looking for 'microjoys' when things were rubbish. Honestly, it is life-changing
i News 23/2/34

Popular non-alcoholic drinks may raise risk of heart disease
Daily Express 25/2/23
(Previous PR)
Also in: MSN UK
Ethnic minority Covid death gap closes – ONS BBC News 25/2/23
Cannabis usage a teen ‘time-bomb’ The Daily Mail 26/2/23
The man who launched the vaccine wars UnHerd 26/2/23
Six Lifestyle Choices That Can Slow Memory Decline The Week (IN) 26/2/23 (Previous PR)

JOURNALS

BMJ Health & Care Informatics

Research: Exploring celebrity influence on public attitude towards the COVID-19 pandemic: social media shared sentiment analysis (PR)
Celebrities may have helped shape anti-vaccine opinions during Covid-19 pandemic, study finds CNN 25/2/23
Celebrity tweets likely shaped US negative public opinion of COVID-19 pandemic, finds study Head Topics 22/2/23
Celebrities may have helped shape anti-vaccine opinions during Covid-19 pandemic, study finds CNN 24/02/23


General Psychiatry

Research: Social relationship satisfaction and accumulation of chronic conditions and multimorbidity: a national cohort of Australian women (PR)
Social contact and exercise key to health in later life The Guardian 22/2/23
For healthy aging, your relationships are more important than diet or exercise Fortune 21/02/23
Can friendship reduce the risk of chronic disease in women? This 20-year study shows it's possible ABC News AU 22/2/23


Journal of Neurology, Neurosurgery & Psychiatry

Research: Timing of physical activity across adulthood on later life cognition: 30 years follow-up in the 1946 British birth cohort (PR)

Social contact and exercise key to health in later life The Guardian 22/2/23
Exercise once a month in adulthood linked to better brain function later UPI 23/2/23
Whether or not you have ever lifted a weight, you can protect your brain health now CNN 25/2/23


Teenagers Beware: Poor Sleep Quality May Increase Risk of Multiple Sclerosis (Previous PR) Scitechdaily 22/2/23

Also in: List23, Knowledia, Today Headline, USSA News

Annals of the Rheumatic Diseases
Top in rheumatology: Alcohol consumption and arthritis; treatment delays amid COVID-19 Healio 24/02/23

BMJ Evidence-Based Medicine
This study claims that pregnant women should avoid caffeine Magic Mums 24/02/23 (Previous PR)

BMJ Global Health
Amid Global Health Worker Shortage, CGFNS Assembles Board of Experts to Advise on Next-Generation Solutions to Streamline International Mobility for Health Workers Toronto Sun 22/2/23
Also in: Associated Press, Kentucky Today, StreetInsider, National Post, InvestEgate

COVID Poses Severe Risks during Pregnancy, Especially in Unvaccinated People Scientific American 22/02/23 (Misattrib The BMJ)

Fatty foods disrupt brain's way of calorie control Borneo Bulletin 26/02/23
Also in: The Star Malaysia

BMJ Medicine
Posts misrepresent study on myocarditis, Covid-19 vaccines Yahoo News.com 23/02/23

Clinical trials on new cancer drugs still fall far short of including key data on several demographic groups Medical Xpress 23/02/23

BMJ Open
Doctors urge Health Secretary to meet over strikes Independent 23/2/23
Also in: The Evening Standard + widespread UK regional coverage, Mail Online

Could the judicial reform be Israel's next public health crisis? -analysis The Jerusalem Post 23/2/23

Before Fetterman, many politicians have disclosed mental health problems The Washington Post (misattributed to The BMJ) 22/2/23

Research: The value of extended short-term medical training placements in smaller rural and remote locations on future work location: a cohort study (External PR)

Training doctors in regional Australia increases chances they will work there, study finds ABC News AU (Misattributed to The BMJ) 24/2/23
Extended rural placements can help students become country doctors Medical Xpress 25/2/23

Should the UK Offer Paid Menstrual Leave? Daily Guardian (EU) 24/2/23

Six Lifestyle Choices That Can Slow Memory Decline The Week (IN) 26/02/23 (Previous PR- yoghurt and bad breath)
Being married good for your blood glucose control

Balancing environmental needs with respiratory healthcare

EXCLUSIVE: Treat all patients as gender neutral, NHS doctors told: Health Secretary’s anger at taxpayer-funded guide that tells medics not to use pronouns until patient has confirmed them

Research; 17 One step at a time: using compassionate communities' model (COMPASS Ghana) to impact on the delivery of palliative and end-of-life care in resource-poor setting

Ghana: New Model of Palliative Care to Empower Communities in Africa

Belly fat is linked to serious health issues... here is how to get rid of it in 2023

What We Could Learn from Jimmy Carter's End-of-Life Care

Study backs exercise as mental health treatment

Can You Pass the ‘10-Second Balance’ Test? Here’s Why It's the Key to a Longer Life, Says
Fitness Expert NBC Miami + LA (and widespread regional NBC coverage) 25/2/23
(Previous PR)
Also in: Knowledia, CNBC

Gut
A Potential Cause of Long COVID is Identified Labroots 21/2/23 (Previous PR)

6 Best Drinks To Reduce Inflammation MSN 25/2/23

Heart
How Bad Is It Really to Eat Air-Fried Foods Every Day? Livestrong 21/2/23

Journal for Immunotherapy of Cancer
AI/ML Enables Earlier Cancer Detection, Guided Treatment BioSpace 22/02/23
Also in: Yahoo Finance

Journal of Epidemiology & Community Health
Live-In Relationships: Does The Indian Media Have An Agenda? Feminism in India 23/02/23 (Previous PR)

Is There An Ideal Number Of Friends You Should Have? Glam 26/02/23 (Previous PR)

Journal of Medical Ethics
Court to rehear Connecticut female athletes' case against competing with boys LifeSiteNews 21/2/23

Research: Do doctors have a responsibility to help patients import medicines from abroad? (External PR)

Should doctors help patients buy drugs overseas? Knowledia 25/2/23
Also in: Medical Xpress, Fresh Society, Suncoast News

What if the placebo effect doesn’t work?: A study questions what people believe about the mind healing the body World Nation News 25/0/23

Journal of Medical Genetics
Team of scientists discovers more genetic disorders in Quebec’s Saguenay region CTV News Canada 26/02/23
Also in: Globe and Mail

Occupational & Environmental Medicine
Spending more time in green spaces may help to reduce the need for meds - study MSN South Africa 25/2/23 (Previous PR)
Also in: IOL South Africa

Practical Neurology

Research: Nitrous oxide-induced subacute combined degeneration of the cord: diagnosis and treatment (External PR)

Clinical practice guidelines to aid in diagnosis, treatment of spinal cord damage caused by nitrous oxide abuse News-Medical.net 24/2/23
Also in: Newsworthy News, Glasgow World, Newsdump.co.uk, Medscape, Derbyshire Times + UK regional coverage
Regional Anesthesia & Pain Medicine
Best Medications for Treating Acute Low Back Pain According to Scientific Analysis
SciTech Daily 22/02/23

RMD Open
Uveitis in Psoriatic Arthritis Linked to Worse Quality of Life Outcomes
Knowledia 25/2/23

Tobacco Control

Research: What happens in Vegas, stays in your lungs: an assessment of fine particulate matter in casinos that prohibit and allow smoking in Las Vegas, Nevada, USA (External PR)
No coverage

INFLUENCE

Baroness Lister of Burtersett, Labour mentioned The BMJ in a House of Lords Levelling-up and Regeneration Bill - Committee 20 Feb 2023: "In a recent BMJ interview, the President of the Royal College of Paediatrics and Child Health observed that social deprivation is a far bigger problem for children’s health than it was five to 10 years ago.”

Altmetric

The output with the most mentions across press and social media was the press released investigation in The BMJ on gender dysphoria, with a score of 1,857 at time of writing:

Outputs with the most mentions in the past week

Article in British Medical Journal, February 2023
Gender dysphoria in young people is rising—and so is professional disagreement
Mentioned 1,857 times in the past week

Social Media

The LinkedIn post sharing the press-released research in Journal of Neurology Neurosurgery & Psychiatry on physical activity for brain function was the top-scoring post this week, with over 230 reactions and 15,000 total views.
Any regular physical activity at any age linked to better brain function in later life finds new research. Link to full study.