**BMJ in the News** is a weekly digest of national and international news coverage in English for BMJ, The BMJ, and BMJ Journals.

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**Coverage for 5–11 December 2022**

**BMJ**

**PRESS RELEASES**

The BMJ
Annals of the Rheumatic Diseases
British Journal of Sports Medicine
Gut

**EXTERNAL PRESS RELEASES**

The BMJ | Annals of the Rheumatic Diseases
British Journal of Sports Medicine
Gut | BMJ Open | BMJ Open Gastroenterology
Journal of Medical Ethics | RMD Open | Tobacco Control

**OTHER COVERAGE**

The BMJ | BMJ Case Reports
BMJ Global Health | BMJ Open
BMJ Quality & Safety | British Journal of Ophthalmology
British Journal of Sports Medicine
General Psychiatry | Heart
Journal of Investigative Medicine
Journal of Neurology, Neurosurgery & Psychiatry
Occupational & Environmental Medicine
Tobacco Control

**INFLUENCE**

**BMJ**

University of Birmingham, U.K. announces 'all language capability’ for tool to expedite Long COVID research Street Insider 9/12/22
Also in: Finanzen.net, Benzinga + widespread syndicated news coverage

The BMJ press release coverage

Sunak faces backlash over delay to junk food pre-watershed ads ban The Guardian 8/12/22
Britain has world's biggest increase of early-onset diabetes The Times + Irish edition 8/12/22
UK is worst in world for diabetes rise in the young The Daily Mail + Mail Plus 8/12/22


Research: **Efficacy of awake prone positioning in patients with covid-19 related hypoxemic respiratory failure: systematic review and meta-analysis of randomised trials** (PR)

Lying prone reduces need for breathing tube in Covid-19 patients ScienMag 8/12/22


Opinion: **How to make Eczema Care Online freely available** (External PR)

Website Developed By University Of Southampton Helps Improve Eczema In Children And Young People India Education Diary 9/12/22

Also in: Medical Xpress, UK Today News

Further coverage for covid vaccine efficacy in children (PR): Covid vaccines reduce death risk in children 'regardless of variant' Nursing Times 6/12/22
Also in: Doonited News

Other notable coverage
It's not just a lack of social care that's keeping older people trapped in hospital beds

The Guardian 6/12/22

STRETCH IT OUT I'm a doctor – here's the 3 ways you can relieve neck pain instantly

The Sun + Scottish + Irish edition 5/12/22

Also in: ChroniclesLive

The uptake of MMR vaccines is lower in deprived neighbourhoods

Health Europa 6/12/22

FDA takes tougher line on fast-tracked drugs

Fox Business 6/12/22

Forcing Helmets On Cyclists Would Crush Bicycle Use, Says U.K. Transport Minister

Forbes 7/12/22

Dominique Lapierre, author of best-selling historical narratives, dies at 91

The Washington Post 7/12/22

Dame Clare Marx Obituary

The Daily Telegraph 8/12/22

Also in: Times Radio 10/12/22

As the Michelle Mone PPE scandal deepens, ministers can no longer feign ignorance

The Guardian 8/12/22

China's health system isn't ready for the end of “zero Covid”

Vox 8/12/22

The price of 'sugar free': are sweeteners as harmless as we thought?

The Guardian 9/12/22

(JPrevious PR)

Also in: Business Telegraph

Ailing half: Editorial on gender bias in healthcare

Telegraph India 9/12/22

'I'm afraid A&E will collapse': The NHS winter crisis erupts after years of warnings

i News 10/12/22

Midwives 'calling in sick because they can't afford travel'

The Herald Scotland 10/12/22

(Previous PR)

Private ultrasound clinics in the UK are profiting from our anxiety

The Guardian (Observer) 10/12/22

JOURNALS

Annals of the Rheumatic Diseases

Research: Occupational inhalable agents constitute major risk factors for rheumatoid arthritis, particularly in the context of genetic predisposition and smoking (PR)

Common workplace fumes, dusts may heighten rheumatoid arthritis risk

Hindustan Times 7/12/22

Common workplace fumes may increase rheumatoid arthritis risk

Health Europa 07/12/22

Workplace toxins may raise risk of rheumatoid arthritis

UPI 9/12/22

Also in: Doonited News (IN), Medical Dialogues, ThePrint (IN), Auburn Pub, La Crosse Tribune, KXLY-TV + widespread US regional coverage, Lokmat Times (IN), ET Healthworld, Mirage News AU, Scandinavia Times, Sweden Sun, Nationaltribune com.au, Medical Dialogues (IN), Ausdoc (AU), ANI News, US News & World Report, Economic Times (IN), Medical Republic (AU), News9 (IN). The News.com (PK), MedIndia, Rheuma.com (AU), Webindia123


Research: Reducing cardiovascular risk with immunomodulators: a randomised active comparator trial among patients with rheumatoid arthritis (External PR)
Rheumatoid arthritis drugs lower risk of heart disease, study shows - ScienceDaily - Health Reporter Health Reports 11/12/22
Study: Risk of heart disease can be reduced by rheumatoid arthritis medicine - ET HealthWorld Economic Times India 10/12/22
Also in: The Hindustan Times, ThePrint, Big News Network, Medscape, Mirage News AU, Medical Xpress, Medwire News, Medpage Today

**British Journal of Sports Medicine**

Research: Hamstring injury rates have increased during recent seasons and now constitute 24% of all injuries in men's professional football: the UEFA Elite Club Injury Study from 2001/02 to 2021/22 (PR)

Hamstring injuries double in Europe - Kuwait Times Kuwait Times 07/12/22
Research finds modern football pulling at hamstrings - The Malaysian Insight 07/12/22


Exercise May Increase the Effectiveness of Your Covid-19 Vaccine, a New Study Found: Here's How to Get the Most Benefit NBC Chicago 5/12/22 (Previous PR)
Also in: MSN Health & Fitness, Knowledia, WVIT-TV + widespread US regional coverage

Research: Healthspan and chronic disease burden among young adult and middle-aged male former American-style professional football players (External PR)

Study explores whether former football players age faster AniNews 9/12/22
Retired football players more likely to report age-related diseases UPI 10/12/22


HealthWatch: 10-Second Balance Test WFRV-TV 10/12/22 (Previous PR)

I challenged myself to walk for an hour every day, and I was surprised by how much it improved my mental and physical health MSN 10/12/22
Also in: Business Insider Online
Research: **Lifestyle factors for the prevention of inflammatory bowel disease** (PR)

*Crohn's disease and ulcerative colitis 'may be preventable through healthy lifestyle', study suggests*. Scotsman 7/12/22

*Maintaining a healthy lifestyle can prevent inflammatory bowel disease* Health Europa 07/12/22

*Maintaining healthy lifestyle might prevent up to 60% of inflammatory bowel disease cases, suggests new research*. Tech and Science Post 7/12/22


Research: **Isoformic PD-1-mediated immunosuppression underlies resistance to PD-1 blockade in hepatocellular carcinoma patients** (External PR)

*Novel immunotherapeutic target against hepatocellular carcinoma*. Medical Xpress 8/12/22

Also in: Mirage News AU

**BMJ Case Reports**

*What is the right amount of vitamin D you need? Can too much hurt you?*. MSN India 8/12/22 (Previous PR)

**BMJ Global Health**

*Eating 400 calories a day from these foods can increase the risk of dementia by more than 20%*. Headlines Mania 7/12/22

*Over a billion young people at risk for hearing loss, the CDC says*. WPSD-TV 9/12/22 (Previous PR)

**BMJ Open**

*Acupuncture may relieve lower back or pelvic pain in pregnancy*. Nursing Times 6/12/22 (Previous PR)

*Poor MMR Uptake 'Hotspots' Need to be Tackled*. Medscape 6/12/22

**Research:** **Mixed methods evaluation of the Getting it Right First Time programme in elective orthopaedic surgery in England: an analysis from the National Joint Registry and Hospital Episode Statistics** (External PR)

*NHS hip and knee op improvements cut hospital stays and boost quality of life*. Daily Express 6/12/22

Also in: The Washington Time, Verve Times, MSN Arabia + UK, Mirage News, News Explorer, 24HTECH, Medical Xpress

*Hormone replacement therapy may reduce the risk of death from COVID-19 in postmenopausal women*. Tek Deeps 6/12/22 (Previous PR)
BMJ Open Gastroenterology

Research: Variables associated with progression of moderate-to-severe Crohn’s disease (External PR)

Perianal Disease, Stricturing or Penetrating Behavior Tied to Crohn Disease Outcomes Elko Daily 15/11/22
Also in: Missoulian + widespread US regional coverage, DoctorsLounge, Medical Xpress

BMJ Quality & Safety

LBC radio broadcast on nursing skill mix in European hospitals 5/12/22
Also in: BBC World Service

Woman’s blood cancer misdiagnosed as carpal tunnel due to burning hand pain Independent 6/12/22
Also in: VN Explorer, Yahoo UK

British Journal of Ophthalmology

Poor diet increases your risk of vision impairment by almost 30%, research suggests The Daily Express 5/12/22
Also in: TechiAzi, MSN UK

Full-field electroretinography may help evaluate retinal function in patients with retinal vasculitis Medical Dialogues 8/12/22

General Psychiatry

Scientists Just Found a Surprising Link Between Your Blood Pressure and Your Mood Best Life 6/12/22 (Previous PR)
Also in: MSN Health & Fitness + Malaysia + Singapore

Heart

Alarming rise in sudden heart attacks among Indians post-Covid, docs worried Lokmat Times 6/12/22 (Previous PR)
Also in: MSN India, Pro Kerala, INDIA New England Online

Further coverage for prevalence of ‘meth’ heart failure (PR): 'Meth' heart failure in socioeconomic groups? Medical Dialogues (IN) 6/12/22
Also in: Knowledia, Medscape, MDedge Cardiology

What could precipitate heart attacks in the young? Experts give reasons The Hindu 11/12/22

Journal of Investigative Medicine

‘Drinking drastically increases your risk of mouth cancer’ – other symptoms to spot The Daily Express 7/12/22

Journal of Medical Ethics

Extended essay: COVID-19 vaccine boosters for young adults: a risk benefit assessment and ethical analysis of mandate policies at universities (External PR)

COVID Booster Mandates for University Students ‘Expected to Cause Net Harm’: Study Vision Times 7/12/22
Also in: Before It’s News, Republic Broadcasting
**Journal of Neurology, Neurosurgery & Psychiatry**

*Obesity at MS diagnosis linked to higher current and subsequent levels of disability*  
Medical Dialogues IN 6/12/22 (Previous PR)

**Occupational & Environmental Medicine**

*Qatar World Cup Spotlights Health Risks of a Hotter Planet*  
Bloomberg 5/12/22

**RMD Open**

*Research: Suprascapular nerve block for the treatment of adhesive capsulitis: a randomised double-blind placebo-controlled trial* (External PR)

*Frozen shoulder treatment success*  
Medical Republic AU 5/12/22

**Tobacco Control**

*Research: Addiction potential of combustible menthol cigarette alternatives: a randomised cross-over trial* (External PR)

*Pipe tobacco, other products could provide loophole to menthol cigarette ban*  
UPI 9/12/22  

*Ban on fruit-flavored e-cigarettes didn't reduce vaping*  
UPI 6/12/22  
*Also in: Tewksbury Town Crier, KULR-TV + widespread US regional coverage, DoctorsLounge, De Queen Bee, MedicineNet.com*

*How Sub-Saharan Africa can significantly reduce its cigarette consumption*  
IOL South Africa 6/12/22

**INFLUENCE**

**Social Media**

The most viewed post across BMJ corporate social channels was a Tweet to promote BMJ’s inaugural Research Forum, which generated almost 11,500 impressions.

The Instagram post promoting the press-released research from *Gut* on healthy lifestyle and IBD was the top post for engagements, with almost 500 likes, comments, and saves.
Welcome back to Day 2 of our inaugural BMJ Research Forum! After a day of stimulating and thought...

TOTAL ENGAGEMENTS: 486
Likes: 334
Comments: 6
Saves: 146

Adopting and maintaining a healthy lifestyle might prevent up to 60% of inflammatory bowel disease cases—Crohn’s disease and...