**BMJ in the News** is a weekly digest of national and international news coverage in English for BMJ, The BMJ, and BMJ Journals.

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**Coverage for 12–18 December 2022**

**PRESS RELEASES**

- British Journal of Sports Medicine
- Tobacco Control

**EXTERNAL PRESS RELEASES**

- BMJ Open
- Journal for ImmunoTherapy of Cancer
- Journal of NeuroInterventional Surgery

**OTHER COVERAGE**

- The BMJ | Annals of the Rheumatic Diseases
- Archives of Disease in Childhood | BMJ Global Health
- BMJ Innovations | BMJ Open
- BMJ Open Diabetes Research & Care
- BMJ Open Gastroenterology
- BMJ Open Ophthalmology | BMJ Open Quality
- BMJ Open Sports & Exercise Medicine
- British Journal of Ophthalmology | British Journal of Sports Medicine
- Emergency Medicine Journal
- Gut | Heart | Injury Prevention
- International Journal of Gynecological Cancer
- Journal of Epidemiology & Community Health
- Journal of Medical Ethics | Journal of Medical Genetics
- Journal of Neurology, Neurosurgery & Psychiatry
- Tobacco Control

**INFLUENCE**

**The BMJ Christmas issue**

Interview with Dr Jennifer Rasanathan, Clinical Editor, discussing the history of the Christmas issue and picking out some of her favourite articles from previous years - Radiotherapy radio show, Melbourne, Australia (from 00:34:10) 18/12/2022

**The BMJ press release coverage**

*Further coverage for rise in type 2 diabetes in young people (PR):*
Rise in Type 2 diabetes among youth over last 30 years: Research Hindustan Times 12/12/22

Also in: Bigyack, News9 Live

Further coverage for lying prone with covid-19 (PR):
Prone position shows benefits for patients with respiratory distress – global meta-analysis MedicalBrief South Africa 14/12/22

Other notable coverage

Over-exercising can lead to cardiac arrests in young people, reveal experts Economic Times India 12/12/22 (Previous PR)
Also in: Asia Times, The Week IN
Factcheck: are UK strikers greedy, unrealistic and putting others in danger? The Guardian 12/12/22
Also in: Yahoo UK
Dominique Lapierre, author of best-selling historical narratives, dies at 91 Washington Post 13/12/22
Why does India still use and trade asbestos? Al Jazeera 13/12/22
Also in: Welcome To Najjamerit
BBC Parliament broadcast from the House of Commons, MP Andrew Bridgen quotes former editor of The BMJ Richard Smith claiming that “research misconduct is rife and isn’t effectively being tackled in the UK institutions” 13/12/22
Also in: Daily Express, Neil Oliver on GB News (television broadcast)
HEALTH CHECK Urgent warning over silent killer that can first appear as neck pain The Sun + The Scottish + Irish Sun 14/12/22
King Henry IV: France's revolutionary monarch who dodged 20 assassination attempts The Daily Express 14/12/22
Sleeper agents wanted: Japan firm to pay people to snooze on the job South China Morning Post 15/12/22 (Previous PR)
Also in: NDTV Online
Nurse strikes 2022: When are nurses striking? Evening Standard 15/12/22
Also in: New Statesman, Yahoo
Anaesthetists, stop giving patients too much oxygen during surgery The Star Malaysia 15/12/22 (Previous PR)
Popeye, Spinach And 'Bad' Data: AI Lessons To Learn From 'The Lie That Won't Die' Forbes 16/12/22
Everything you need to know about how to detox GQ Magazine 16/12/22 (Previous PR)
If Your Pee Smells Weird, It Could Be A Sign Of A UTI, Yeast Infection, Or STI Womens Health 16/12/22
Mother's ultra-processed food is associated with obesity risk in children Medical Dialogues 17/12/22 (Previous PR)

JOURNALS

British Journal of Sports Medicine

Research: New sports, COVID-19 and the heat: sports injuries and illnesses in the Tokyo 2020 Summer Olympics (PR)

New Olympic sports had high rate of injuries in Tokyo: research RFI 14/12/22
Olympics: New sports had high rate of injuries in Tokyo, says research report The Straits Times 14/12/22
Research shows new Olympic sports had high rate of injuries in Tokyo The Japan Times 14/12/22
Research: Incidence and burden of injury at the Tokyo 2020 Paralympic Games held during the COVID-19 pandemic: a prospective cohort study of 66 045 athlete days (PR)

Fewer, but more serious, injuries at Tokyo 2020 Paralympics than at previous Games
Medical Xpress 14/12/22
Fewer, but more serious, injuries at Tokyo 2020 Paralympics than at previous Games
PhaMed 14/12/22
Also in: UK Today News, Mirage News AU, News 7 Trends, Reporter Wings, Scienmag, Archysport

I challenged myself to walk for an hour every day, and I was surprised by how much it improved my mental and physical health
MSN Singapore 13/12/22
Also in: Business Insider Nederlands

NFL players age nearly a decade faster than general population, study suggests
The Independent 13/12/22

How Young Is Too Young to Lace Up for a Marathon? Runner’s World 14/12/22

Here’s How Much Exercise You Need to Counteract Sitting All Day, Says Study
MSN Health & Fitness 14/12/22 (Previous PR)
Also in: The Manual

Philadelphia schools reviewing policy to allow trans-identified males compete in girls’ sports
Christian Post 15/12/22 (Previous PR)

5 top-rated under-desk ellipticals: Cubii, Sunny Health and more
NBC News 14/12/22

HIIT vs CrossFit: which is a better workout? MSN + MSN South Africa 15/12/22

Why Hamstring Injuries Among Elite Soccer Players Have Doubled
Zenger 16/12/22 (Previous PR)

Globally, only one in five meet WHO's physical activity guidelines
Healio 16/12/22

New rules to keep women's sport fair
The Mail on Sunday + Scottish version 18/12/22
Also in: News Amed, Pink News, UNILAD, MEAWW, Fox Sports (AU), MyNews24x7, The Chronicle (AU)

Tobacco Control
Research: Trajectories of ENDS and cigarette use among dual users: analysis of
waves 1 to 5 of the PATH Study (PR)

**Vapes DON'T help people quit smoking normal cigarettes, study finds** The Daily Mail + Mail Online 13/12/22
**Don't vape to quit smoking, it won't help, researchers say** CBS Boston 14/12/22
**Vaping Won't Help Smokers Quit, Another Study Finds** HealthDay 14/12/22


Israel's top cigarette firm drove haredi smoking addiction with targeted ads Jerusalem Post 15/12/22

Also in: First Post

**Cigarettes banned in New Zealand for those born after 2008 in 'smoke-free future' plan** Idaho Statesman 15/12/22

Also in: The State (South Carolina) + widespread US regional coverage

**Annals of the Rheumatic Diseases**
**Further coverage for workplace fumes linked to rheumatoid arthritis (PR):**
**Workplace inhalants linked to rheumatoid arthritis** The Medical Republic (AU) 12/12/22

Also in: Health Digest, News Break, The Jewish Voice, The News International

**EULAR: Workplace support, inclusivity imperative for patients with RMDs** Healio 14/12/22

**Heat Shock Therapy: Why Saunas Are So Good for You** SciTech Daily 16/12/22

**Ustekinumab Matches TNF Inhibitors for PsA in Real-World Study** Knowledia 16/12/22

Also in: Medscape

**Archives of Disease in Childhood**
**Is brown noise good for sleep? Doctor weighs in on this TikTok trend** Indian Express 16/12/22

**BMJ Global Health**
**Take out those earbuds - they're wrecking your hearing** News Break 12/12/22 (Previous PR)

Also in: Well + Good, The Limited Times, The Salon, MSN Health & Fitness

**Why are so many rich countries facing antibiotic shortages this winter?** Quartz 15/12/22

**BMJ Innovations**
**Telehealth An Effective Way To Treat Opioid-Use Disorder And Increase Access To Care, According To Peer-Reviewed Study From Bicycle Health** Fox 41 15/12/22

Also in: FOX-TV, Yahoo Finance

**BMJ Open**

**Research:** **Acceptance of a computer vision facilitated protocol to measure adherence**
to face mask use: a single-site, observational cohort study among hospital staff
(External PR)

Pilot study finds computer vision technology effective at determining proper mask wearing in a hospital setting  Scienmag 13/12/22
Also in: Today UK News, Medical Xpress, The Medical News, Newswise, Mirage News AU

Research: How missing evidence-based medicine indicators can inform COVID-19 vaccine distribution policies: a scoping review and calculation of indicators from data in randomised controlled trials (External PR)

Effective prevention: Absolute risk reduction supports more equitable vaccine distribution policies Medical Xpress 13/12/22
Also in: Today UK News

Research: What is the prevalence of COVID-19 detection by PCR among deceased individuals in Lusaka, Zambia? A postmortem surveillance study (External PR)

Morgue data reveal Africa's high COVID-19 death toll Medical Xpress 13/12/22
Also in: ScienMag, Mirage News AU, Kaiser Health News

Australian THR Expert Urges Vapers to Submit to the TGA Vape Consultation The Vaping Post 14/12/22


Hypermobile Joints Linked with Heightened Risk for Depression, Anxiety in Adolescents Pharmacy Times 16/12/22

Growing health inequalities post-pandemic spur infectious diseases National Herald India 18/12/22
Also in: Economic Times India, Pro Kerala, Telengana Today, KalingaTV, IANS Live, Can-India News, MyNews 24x7, Window to News, Insight Online, Lokmat Times, Newsroom Odisha, Forever News, India Online Mart, Onmanorama

BMJ Open Diabetes Research & Care Oral Diabetes Drug May Protect Elderly From Dementia Gene Online 16/12/22

BMJ Open Gastroenterology Women wait longer for bowel cancer treatment Oncology Republic AU 14/12/22
Also in: Medical Republic

Q&A: Healthy gut microbiome starts with the ‘right nutrition,’ bacterial diversity Healio 16/12/22

What Women Should Know About Crohn's Disease Everyday Health 16/12/22

BMJ Open Ophthalmology Is Dark Mode Good For Your Eyes? Digitpatrox 12/12/22
**BMJ Open Quality**

*4 themes for successful infection prevention amid a pandemic: Study* Becker’s Hospital Review 15/12/22

**BMJ Open Sports & Exercise Medicine**

*Is it safe to run when pregnant?* Runners World 13/12/22

*Also in: MSN South Africa*

**Exercises That Help Balance Your Hormones** News Break 13/12/22

**FUELING FOR MENSTRUAL CYCLES BY SPRING ENERGY’S JADE BELZBERG** Team USA.org 15/12/22

**British Journal of Ophthalmology**

*Skye Bioscience Doses First Cohort of Participants in Phase 1 Clinical Trial of SBI-100 Ophthalmic Emulsion* Benzinga 16/12/22

*Also in: User Walls, Yahoo Finance, Proactive Investors*

**Emergency Medicine Journal**

*Young people dropping dead due to cardiac arrests, here’s who are at risk and how to prevent* India Today 14/12/22

*Also in: MSN India*

**FIRST READING: Deputizing the public as overdose paramedics may not be the best idea** Vancouver Sun 16/12/22

*Also in: Ottawa Citizen, Daily Herald Tribune + widespread Canadian news coverage*

**Gut**

*Want to be away from inflammatory bowel disease, adopt healthy lifestyle* Medical Dialogues 16/12/22 (Previous PR)

**Heart**

*Thousands of stroke victims found to have similar relationships prior to the attack* Daily Express 12/12/22 (Previous PR)

*Also in: Headlines Today News*

*Poor social contacts increase risk of heart attacks and stroke by more than 25%, find researchers* Times of India 12/12/22

*Over-exercising can lead to cardiac arrests in young people, reveal experts* Economic Times India 12/12/22

*Also in: Asian Times, The Week IN*

*Deadliest heart attacks may occur right after getting out of bed - two mistakes to avoid* MSN + MSN Arabia 13/12/22

*Also in: Daily Express*

*Improving mental health outcomes for congenital heart disease patient* Health Europa 14/12/23

**Injury Prevention**

*More Than Half of Serious Crashes Involve Drugs, NHTSA Study Suggests* News Break 15/12/22

*Also in: The Drive*
Late-Stage Cervical Cancer Cases are Rising – Experts Encourage Screenings

Digital Journal 15/12/22 (Previous PR)
Also in: FOX-TV, Kick Connect, Sioux City Journal + widespread US regional coverage

Research: Ligufalimab, a novel anti-CD47 antibody with no hemagglutination demonstrates both monotherapy and combo antitumor activity (External PR)

JITC publication of Akeso's Ligufalimab(CD47 monoclonal antibody) mechanism shows promising antitumor efficacy and favorable safety profile BioSpace 12/12/22
Also in: Associated Press, Benzinga, Central Charts (FR), WAGM-TV

Maha Govt Sets up Panel to Collect Details on Couples in Inter-Caste, Interfaith Marriages
The Wire (IN) 14/12/22 (Previous PR)

Opinion: India's 'murder most foul' has a chilling subtext CNN + CNN International 15/12/22 (Previous PR)

COVID Booster Mandates for Young Adults Will Cause 'Net Harm,' BMJ Study Says Global Research 12/12/22

A decade since the 2012 Delhi gangrape and murder case, how safe are India's women? Scroll.in 16/12/22

‘He’s not going to die in vain’: Central Florida family’s tragedy leads to medical breakthrough
Yahoo News 15/12/22

Detection of cerebral aneurysms using artificial intelligence: a systematic review and meta-analysis (External PR)
No coverage

What Is Brain Fog? Neurology in the ED; What CSF Tau Biomarkers Show MedPage Today 13/12/22

Woman who experienced persistent taste had 'two' tumours in her lungs Daily Express 14/12/22
Also in: MSN UK


In a recent investigation by The BMJ into the financial conflicts of interest of the drug
regulators, the sociologist Donald Light said: “It’s the opposite of having a trustworthy organisation independently and rigorously assessing medicines. They’re not rigorous, they’re not independent, they are selective, and they withhold data.” He went on to say that doctors and patients “must appreciate how deeply and extensively drug regulators can’t be trusted so long as they are captured by industry funding.”

**Altmetric**

The essay published on 5 December 2022 in the *Journal of Medical Ethics* on covid vaccine mandates for young people generated a particularly high score on Altmetric, owing to extensive Twitter discussion.