**BMJ in the News** is a weekly digest of national and international news coverage in English for BMJ, The BMJ, and BMJ Journals.

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Coverage for 4 April- 10 April 2022

**BMJ**

PRESS RELEASES

The BMJ | Journal of Neurology, Neurosurgery & Psychiatry | BMJ Sexual and Reproductive Health

EXTERNAL PRESS RELEASES

BMJ Open | BMJ Quality & Safety | British Journal of Sports Medicine

OTHER COVERAGE

The BMJ | Annals of the Rheumatic Diseases
Archives of Disease in Childhood | BMJ Case Reports
BMJ Evidence-Based Medicine | BMJ Global Health | BMJ Open
BMJ Open Diabetes Research & Care | BMJ Open Sport & Exercise Medicine
BMJ Quality & Safety | BMJ Sexual & Reproductive Health
Heart | Journal for ImmunoTherapy of Cancer
Journal of Epidemiology & Community Health
Occupational & Environmental Medicine | RMD Open

The BMJ press release coverage

Study finds increased risk of serious blood clots up to six months after covid-19 (PR)
Radio clip from BBC Radio 4 at 07/04/22
Covid linked to 33-fold increase in risk of potentially fatal blood clot The Guardian 06/04/22
COVID-19: Risk of blood clot increases for up to six months after having virus study finds Sky News 07/04/22

Also in: BBC News Online, The Daily Sun, Daily Express, The Daily Mail (Irish Edition), MailOnline, ITV Online, HuffPost, This Is Guernsey, The World News (UK), Yahoo UK, Gold (GB), Heart The National Online, The Sunday Post, Jersey Evening Post, Dundee Evening Telegraph, 102.2 Smooth Radio, Unilad, and 10+ other UK local newspapers, BBC Radio 1Xtra, BBC Radio 1, BBC Radio 5 Live, BBC Radio 2, BBC World Service, BBC Radio Ulster, and 60 other BBC local radio stations, Jazz FM


Steroid injections may provide longer lasting benefits for hip pain than current best care (PR)
Steroids a boost for sufferers (Print) The Daily Express 07/04/22

Also in: United Press International Online, Mountain Topmedia, News Break, Last Minute Stuff, UK News Today, Medical Xpress, Knowledia News, Last Minute Stuff, Newsbreak, Archynetsys.com, Medwire News, McKnight's Senior Living Online, Drugs.com, Nursing Centre

Other notable coverage
How statins for your heart could stave off cancer AND dementia The Daily Mail 05/04/22
Antiseptic pill that can stop urine infections returning Daily Mail (Print) - Irish Daily Mail
Back Pain Treatments Should Include the Mind
Retail Pharmacy 05/04/22 (Previous PR)

Also in: Latestnews, The Punch (Nigeria)

Have you had Covid recently? Here’s an expert guide to getting back to exercise safely
Irish Independent 05/04/22

Awake Prone Positioning Does Not Improve Outcomes in COVID-19
Pulmonology Advisor 04/04/22 (Previous PR)

Radio clip from BBC Radio 4 at 05/04/22 17:54

Stroke: Anti-nausea medication linked to life-threatening condition - study
The Daily Express 06/04/22 (previous PR)

Also in: Samachar Central, Usatodaypost

Calorie counts on menus are a cruel gimmick. I would know
openDemocracy 06/04/22

Fury as Government-funded vaccine manufacturing site is SOLD to private firm: Critics slam 'ridiculously short-sighted' decision over fears it leaves UK 'unprepared for next pandemic'
The Daily Mail 06/04/22

Record surge in Covid cases could see rise in deaths, experts warn
Metro 06/04/22

Calorie-labelled menus: Here’s how people with eating disorders can cope
The Independent 07/04/22

First Thing: Zelenskiy says Russia will see new sanctions as ‘permission to attack’
The Guardian 07/04/22

Dementia: 'Progressive coarsening of personality and social behaviour' could be signs
The Express 10/04/22

JOURNALS

Journal of Neurology, Neurosurgery & Psychiatry

Research: Childhood emotional trauma linked to heightened MS risk among women
(Pro)

Women who experience childhood abuse may be at increased risk for multiple sclerosis: study
CTV News Canada 05/04/22

Childhood Trauma Heightens Risk of Multiple Sclerosis, Massive Study Finds
ScienceAlert 05/04/22

Childhood trauma can raise the risk of multiple sclerosis, study suggests
Daily Telegraph 05/04/22


Research: **UK medical students missing out on comprehensive abortion care education** (PR)

**UK medical students missing out on comprehensive abortion care education** Medical Xpress 04/04/22
Also in: Medscape, News Break, WorldFace UK, thewebserv, NewsNow, Today Headline, Zipe-education, Mirage News Australia

**How Everyone Got So Lonely** The New Yorker 04/04/22 [misattributed to The BMJ. Article refers to this letter/correspondence to the editor, in response to this 2018 editorial]

**Annals of the Rheumatic Diseases**
**Incidence of acute coronary syndrome in patients with rheumatoid arthritis** Univadis (Medscape) 04/04/22

**Deucravacitinib superior to placebo for ACR20 response in psoriatic arthritis** Healio 07/04/22

**EULAR: ‘Never too late’ for patients with rheumatic disease to start exercising** Healio 05/04/22
Also in: Zipe Education

**Archives of Disease in Childhood**
‘Holistic’ approach best for long COVID, say researchers Practice Business 04/04/22 (Previous PR)

**BMJ Case Reports**
**Drinking Too Many Energy Drinks Can Cause Sudden ‘Catastrophic’ Heart Attack, According To Study** LadBible 06/04/22 (Previous PR)
Also in: Daily Mirror

**BMJ Evidence Based Medicine**
**Missing homeopathy trial data ‘lets misinformation thrive’** Times Higher Education Supplement 06/04/22 (Previous PR)
Also in: SunLIfe

**BMJ Global Health**
**Africa: Learning From Women's Experiences During Childbirth to Improve Quality of Care** All Africa 04/04/22

**BMJ Open**
**Hot nights and cardiovascular diseases. The risk of death increased in over 60-year-old men [BADANIE]** (Previous PR) Polish News, 04/04/22
Also in: Medical Dialogues, Al Khaleej Today, Everyday Health, Endocrinology Advisor

Associate Feature: Public health at the heart of palliative and end of life care Holyrood Magazine 04/04/22

Research: **Why did COVID-19 not further harm the mental health of poor mothers? A mixed-method study on low-income families in Singapore** (External PR)

**Low-income Singaporean mothers' mental health did not worsen during COVID-19** Medical Xpress 07/04/22
Sunscreen misleadingly targeted as a cause of cancer   AFP Factcheck 08/04/22

Half of women who want to use a birth centre will have their hopes dashed Sydney Morning Herald 09/04/22 (Flagged)
Also in: WA Today, Brisbane Times, The Age, The World News (AU)

World Health Day: Lifting the curtain off stigmas associated to reproductive health Express Healthcare (IN) 07/04/22 (Previous PR)
Also in: ZIPE Education

Also in: WA Today, Brisbane Times, The Age, The World News (AU)

Research: Preventing type 2 diabetes, overweight and obesity in the Norwegian primary healthcare: a longitudinal design with 60 months follow-up results and a cross-sectional design with comparison of dropouts versus completers (External PR)

Long-term follow-up reduces type 2 diabetes risk: Study  WeblIndia123 10/04/22

Research: Influence of the COVID-19 pandemic on abortions and births in Sweden: a mixed-methods study (External PR)

Swedish abortion care unimpaired during first pandemic wave Newsbreak 09/04/22
Also in: IDW (Germany), EIN News, News Directory 3, Scienmag, BMJ Open Diabetes Research & Care

AHA News: Traditional Dances Mix Music, Movement, Heritage and Health DoctorsLounge 07/04/22

BMJ Open Sport & Exercise Medicine
Rules on trans participation are 'in a MESS' across the sporting world with the IOC's framework at odds with other federations and adding to the confusion over criteria for competing as a woman Mail on Sunday (misattrib The BMJ) 09/04/22
Also in: The News Amed, VN Explorer, WhatsNew2day, ExpressDigest

BMJ Quality & Safety

Research: Safety implications of remote assessments for suspected COVID-19: qualitative study in UK primary care (External Release)

No coverage

British Journal of Sports Medicine

AHA News: Walking Your Way to Better Health? Remember the Acronym FIT Doctors Lounge 06/04/22

Research: Train at home, but not alone: a randomised controlled multicentre trial assessing the effects of live-streamed tele-exercise during COVID-19-related lockdowns (External PR)
Digital training at home to beat lockdown frustration  Medical Xpress 06/04/22
Also in: Mirage News, ScienMag

One hour a week of strength training lowers risk of death by up to 20 per cent, study finds - five exercises you can start at home right now to extend your life  South China Morning Post 06/04/22 (Previous PR)
Also in: MSN India, AsiaOne, Vietnam Explorer, Business Telegraph, MSN India, Sunday Mirror, The Indian Express, Pedfire, Newsgroove, Newscabal, Quick Telecast, MSN NZ + UK, Stylist

Q&A: Transgender women in sport - key questions answered  BBC Sports 08/04/22

You asked, we answered: so, when is the best time to workout?  Marie Claire 08/04/22
Also in: Healthclub Management

Unlocking the keys to health and longevity  Bangkok Post 08/04/22

When a little effort brings huge health benefits  Irish Mirror on Sunday (print) 10/04/22
Also in: The People, Sunday Express

Emergency Medicine Journal
A&E trolley waits led to 5,800 deaths  Sunday Times (Print) + NI edition 10/04/22 (Previous PR)
Also in: BBC Radio 5 Live, Radio Kerry, VN Explorer, Mail on Sunday + Irish edition, MSN IE, Extra (IE)

Gut
Drinking too many energy drinks can cause sudden heart attack, study reveals  Mirror 05/04/22
Also in: The Sun + Scottish edition

Drinking This Popular Beverage Has Been Linked to Colorectal Cancer in Women  Woman's World 08/04/22 (Previous PR)

Fakeeh University Hospital offers tips to prevent GERD this Ramadan  Gulf News 08/04/22

Heart
20 minutes of daily exercise at 70 may stave off major heart disease later: Study  Samachar Central 10/04/22 (Previous PR)
Also in: English.Press24

Journal for ImmunoTherapy of Cancer
New generation of vaccines could wipe out tumours before they form  Science Online 07/04/22
Also in: PrimeTimes (IN), World News Era

Journal of Epidemiology and Community Health
Factors important for a long life  Economic Times India 04/04/22

Occupational and Environmental Medicine
Pregnant women exposed to excessive disinfectants more likely to have children with asthma: Study  (previous PR) The Print India 04/04/22
Also in: Indianhead News, Knowledia News, Telengana Today, TheHealthSite,
Study finds long-term exposure to air pollution may increase COVID-19 risk

RMD Open
Rheumatoid Arthritis Risk Linked to Air Pollution Exposure

Thorax
Those with poorly controlled or severe asthma at greater risk of COVID-19