**BMJ in the News** is a weekly digest of national and international news coverage in English for BMJ, The BMJ, and BMJ Journals.

The content is provided daily by Cision and Google Alerts. The views expressed are those of the individual journalists/outlets: they are intended to represent the breadth of media coverage, not endorsement by BMJ or the media relations team.

**Coverage for December 6-12**

Graphs show press releases that generated 500+ daily visitors to journal sites up to 7 days after embargo lift

**PRESS RELEASES**

The BMJ
BMJ Global Health | Heart
Regional Anesthesia & Pain Medicine

**EXTERNAL PRESS RELEASES**

The BMJ | Annals of the Rheumatic Diseases | Archives of Disease in Childhood
BMJ Open | BMJ Global Health
BMJ Quality & Safety | RMD Open

**OTHER COVERAGE**

The BMJ | Annals of the Rheumatic Diseases
Archives of Disease in Childhood | BMJ Global Health | BMJ Open
BMJ Open Diabetes Research & Care | BMJ Open Respiratory Research
BMJ Open Respiratory Research | BMJ Open Science | BMJ Quality & Safety
British Journal of Sports Medicine | Drug and Therapeutics Bulletin | Gut
Heart | Journal of Medical Ethics | Journal of NeuroInterventional Surgery
Regional Anesthesia & Pain Medicine | RMD Open
Thorax | Tobacco Control

**The BMJ press release coverage**

Research: [A living WHO guideline on drugs for covid-19](#) (PR)
Don't give Covid patients transfusions of blood from virus survivors because it doesn't boost their survival odds, World Health Organization says Daily Mail 6/12/2021
Coronavirus digest: WHO advises against blood plasma treatment Evening Standard 7/12/2021
WHO advises against use of survivors’ plasma to treat COVID Los Angeles Times 7/12/2021


International

Other

Research: Multifactorial falls prevention programme compared with usual care in UK care homes for older people: multicentre cluster randomised controlled trial with economic evaluation (External PR)

Care home falls significantly reduced with intervention Health Europa 7/12/2021
Also in: The Times (and The Times Scottish and Irish Editions), Mirage News Australia, Florida News Times, Carer, California News Times, Scienmag, Medical Xpress, At Today Magazine
Research: Association of bilateral salpingo-oophorectomy with all cause and cause specific mortality: population based cohort study (External PR)

Removing ovaries, fallopian tubes during non-cancerous hysterectomy safer for post-menopausal patients: study Medical Xpress 8/12/2021

Opinion: Covid-19: What we have learnt from behavioural science during the pandemic so far that can help prepare us for the future

Downing Street party: what behavioural science tells us about how the saga could affect adherence to Plan B Free Mail (ZA)
Also in: Global Advisors, Yahoo! Canada News, The Conversation UK, Western Morning News

Further coverage for new tool for covid-19 protection (PR)
New interactive graphic helps people decide how to protect them and others from COVID-19 Biz News Post 6/12/2021
Also in: News Medical, ISOH Magazine, My Science (UK),

Further coverage for financial incentives for pregnant women to quit smoking (PR)
Study finds financial incentives help pregnant women to quit smoking AniNews 7/12/2021

Further coverage for public health measures for covid-19 (PR)
Wearing a mask is better than social distancing in EVERY scenario: Risk of catching Covid is up to 225 TIMES lower for people donning coverings, study finds Daily Mail 7/12/2021
Also in: Evening Standard, BBC World Service (skip to 10:50 mins), i newspaper, The Tufts Daily, MSN (NZ), South China Morning Post, MSN IE, Yahoo UK, MSN UK, Hot Lifestyle News, talkRadio (skip to 13:13 mins), New in 24, inews, Techno Trenz, Champion Newspaper, U105FM (skip to 10:15 mins), The Epoch Times (Chicago Edition)

Further coverage for extreme heat and emergency hospital visits (PR)
Extreme heat increases health risk for everyone Over60Sixty 6/12/2021
Also in: Infectious Disease Advisor, The Cardiology Advisor

Further coverage for Pfizer whistleblower investigation
REPORT: Research Sponsored by COVID-19 Vaccine Makers Undermines Mandates Human Events 6/12/2021
Other notable coverage
Remarks on race don't help the NHS The Daily Telegraph 6/12/2021

JOURNALS

Heart

Research: Bullying in UK cardiology: a systemic problem requiring systemic solutions (PR)
Editorial: Bullying in UK cardiology: a systemic problem requiring systemic solutions (PR)

Bullying a 'Persistent, Important' Problem for Cardiology Trainees Medscape 9/12/2021


Doing This in the Afternoon Increases Your Stroke Risk, Study Finds BestLife 10/12/21
(Previous PR)
Also in: MSN IE +Arabia + MY, Currently from ATT, MSN Health CA, MSN Health & FItness

Regional Anesthesia & Pain Medicine

Research: Recent cannabis use and nightly sleep duration in adults: a population analysis of the NHANES from 2005 to 2018 (PR)

Infographic: Recent cannabis use and nightly sleep duration in adults: an infographic (PR)

Cannabis may make sleep worse, study says The Independent 7/12/2021
Marijuana may make sleep worse, especially for regular users, study finds CNN 7/12/2021
Marijuana may make sleep worse, especially for regular users, study finds CTV News Canada 07/12/21


Other

**Consensus Practice Guidelines Developed for Neck Pain**  Physician’s Weekly  10/12/21
(Previous PR)
**Also in:** Practice Update, Drugs.com, HealthGrades

**BMJ Global Health**

**Research:** National health governance, science and the media: drivers of COVID-19 responses in Germany, Sweden and the UK in 2020  (PR)

**Study:** European governments struggled to maintain public trust during the pandemic  News Medical 7/12/2021
European governments struggled to manage pandemic well, finds 3-country study  Scienmag 7/12/2021


African children not getting much-needed health checks due to Covid-19  health24 8/12/2021
**Also in:** IPP Media, News24

**Research:** The impact of childhood malnutrition on mortality from pneumonia: a systematic review and network meta-analysis  (External PR)

**Study** links malnutrition to higher pneumonia deaths  People Daily Kenya 6/12/2021

**Also in:** ReliefWeb
Further coverage for diet-related illness linked to red meat (PR)

Singing health: Singer shares key habits to incorporate helping with ageing and longevity Daily Express 11/12/2021

Annals of the Rheumatic Diseases

Research: Impact of adiposity on risk of female gout among those genetically predisposed: sex-specific prospective cohort study findings over >32 years (External PR)

Genes And Extra Weight Tied To Higher Gout Risk In Women TechiLive 8/12/2021

Research: Efficacy and safety of guselkumab in patients with active psoriatic arthritis who are inadequate responders to tumour necrosis factor inhibitors: results through one year of a phase IIIb, randomised, controlled study (COSMOS) (External PR)

Guselkumab Improves Psoriatic Arthritis in Patients With Inadequate Response to TNFi Rheumatology Advisor 8/12/2021

Archives of Disease in Childhood

Research: Child mortality in England during the first year of the COVID-19 pandemic (External PR)

Child deaths fell 10% during first year of pandemic The Guardian 7/12/2021

Research: Patient outcomes and cost savings associated with hospital safe nurse staffing legislation: an observational study (External PR)

Illinois nurse staffing legislation predicted to reduce hospital deaths and improve care Medical Xpress 8/12/2021

BMJ Open

Research: Patient outcomes and cost savings associated with hospital safe nurse staffing legislation: an observational study (External PR)

Illinois nurse staffing legislation predicted to reduce hospital deaths and improve care Medical Xpress 8/12/2021

Further coverage for third of first year university students have depression/anxiety (PR)

Survey: 1 in 3 college freshmen deals with depression, anxiety UPI 7/12/2021

Further coverage for zinc and respiratory tract infection symptoms (PR)
The best ‘natural’ cold remedies you should stock up on now The Daily Telegraph 8/12/2021
Dietary supplement can reduce serious symptoms of the flu by 87% Al Khaleej Today 7/12/2021
Also in: Saudi 24 News, Health Medicine Network, Mogaz News, Irish News,

Further coverage for housework link to sharper memory (PR)
PUMPING IRONY: Healthy Housework Experience Life 7/12/2021
Also in: OnFitness Mag

Will there EVER be a cure for chronic nausea? Mail + 07/12/21

Coffee consumption by men “significantly” reduces the risk of serious cancer Al Khaleej Today 10/12/21 (Previous PR)
Also in: Saudi 24 News

BMJ Open Diabetes Research & Care
Professor recognised as the world’s top expert for diabetic ketoacidosis Diabetes Times 08/12/21 (Associate Ed named for expertise)

Long-Term Glycemic Control Cuts Risk for Severe COVID-19 With T2DM HealthDay 07/12/21
Also in: Drugs.com, Physician’s Briefing, Endocrinology Advisor, Epoch Times

BMJ Open Science
Pandemic Puts Spotlight on How Science Misinformation is Triggered Clinical Research Professionals 6/12/2021
Also in: Research Professional News

BMJ Quality & Safety
Research: Socioeconomic deprivation and ethnicity inequalities in disruption to NHS hospital admissions during the COVID-19 pandemic: a national observational study (External PR)

Lower-income and Black, Asian, and minority ethnic people more affected by COVID hospital disruption UK Today News 7/12/2021

British Journal of Ophthalmology
Handheld pupillometer may accurately detect functional loss in glaucoma: study Medical Dialogues India 09/12/21

British Journal of Sports Medicine
The key to healthy joints: less beer, more broccoli, better balance The Times 7/12/2021 (previous PR)

Tips on how active agers can boost their immune system Philippine Star 07/12/21

Caster Semenya on Maintaining Dignity and Hope in the Face of Oppression New York Times 08/12/21 (Previous PR)
The success of a transgender US college swimmer is a disturbing microcosm of a broader threat.

Russia Today 11/12/21 (Previous PR)

Also in: Sign of the Times (US), Goodword News, Fox Wilmington, Irish Mirror, Christianity Daily

How accurate are fitness trackers?

Vietname Explorer 11/12/21 (Previous PR)

Also in: MSN UK, MSN IN, California News Times

Drug and Therapeutics Bulletin

Why the FDA Approved Ineffective Drugs for Low Sexual Desire in Women

Mad in America 7/12/2021

Gut

Why does coffee make me poop?

Today (Singapore) 11/12/21

Doing This in the Afternoon Increases Your Stroke Risk, Study Finds

BestLife 10/12/21 (Previous PR)

Also in: MSN IE +Arabia + MY, Currently from ATT, MSN Health CA, MSN Health & Fitness

Journal of Medical Ethics

Bioethicists Okay Human Extinction to Eliminate Suffering

The Corner 12/12/2021

Also in: Evolution News

Could a global 'vaccine tax' help achieve vaccine equity?

Medical News Today 12/12/2021 (Previous PR)

RMD Open

Research: Humoral protection to SARS-CoV2 declines faster in patients on TNF alpha blocking therapies

(External PR)

COVID-19 vaccination: Reasons for earlier boosters

Medical Xpress 10/12/2021

Further coverage for colchicine and COVID-19 severity (PR)

Colchicine may not lessen Covid-19 severity

Pharmacy Magazine 9/12/2021

Also in: Training Matters, IDW Aktuell, Healio

Thorax

Further coverage for allergies and lower risk of COVID-19 infection (PR)

Allergy sufferers have nearly 40% lower risk of COVID-19 infection, study says

WAGA-TV 6/12/2021

Also in: Medical News Today, Today Headline, South Florida Reporter

Tobacco Control

Making the tobacco industry pay for cigarette litter could stop 4.5 billion butts polluting the Australian environment

The Times (Australia) 6/12/2021