Essential resources to support healthcare professionals and medical students with sports injuries

**BMJ Best Practice**
Fast access to the latest evidence-based diagnosis and treatment guidance to support your clinical decisions.
- Overview of sport-related injuries
- Musculoskeletal sprains and strains
- Anterior cruciate ligament injury
- Meniscal tear
- Groin pain

**BMJ Learning**
High-quality continuing medical education for healthcare professionals, with learning modules covering everyday issues in primary care and hospital medicine.
- Groin pain in athletes
- Assessment and management of shoulder dislocation
- Ankle examination
- Knee examination
- Elbow examination

**The BMJ**
The latest news and views, research papers and clinical reviews from *The BMJ*.
- Effect of early supervised physiotherapy on recovery from acute ankle sprain
- Prevention of acute knee injuries in adolescent female football players
- Working at sporting events
- Treating local and semi-professional sportspeople

**BMJ Journals**
Discover the latest clinical knowledge and opinion.
- British Journal of Sports Medicine
- BMJ Open Sport and Exercise Medicine
- Injury prevention

**BMJ Talk Medicine Podcasts**
The latest podcasts from *The BMJ* and specialist journals.
- Injury Prevention podcast | Injury Prevention is a peer-reviewed online journal that offers the best in science, policy, and public health practice to reduce the burden of injury in all age groups around the world.
- British Journal of Sports Medicine podcast | British Journal of Sports Medicine is a multi-media information portal that provides original research, reviews and debate relating to clinically-relevant aspects of sport and exercise medicine.

**For further support email or call us on +44 (0) 20 7111 1105**