**BMJ in the News** is a weekly digest of national and international news coverage in English for BMJ, The BMJ, and BMJ Journals.

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Coverage for 22 - 28 August

**PRESS RELEASES**

**British Journal of Ophthalmology** | **British Journal of Sports Medicine**

**EXTERNAL PRESS RELEASES**

**BMJ Open**

**British Journal of Sports Medicine** | **Gut**
**Journal for ImmunoTherapy of Cancer** | **Tobacco Control**

**OTHER COVERAGE**

**The BMJ** | **Annals of the Rheumatic Diseases**
**BMJ Case Reports** | **BMJ Global Health**
**BMJ Nutrition Prevention & Health** | **BMJ Open**
**BMJ Open Diabetes Research & Care**
**BMJ Open Respiratory Research** | **BMJ Sexual & Reproductive Health**
**British Journal of Ophthalmology** | **British Journal of Sports Medicine**
**Emergency Medicine Journal** | **Gut** | **Heart**
**International Journal of Gynecological Cancer**
**Journal of Clinical Pathology** | **Journal for ImmunoTherapy of Cancer**
**Journal of Neurology, Neurosurgery & Psychiatry**
**Open Heart** | **Tobacco Control**

**INFLUENCE**

**Other notable coverage**

A thorough examination (on diagnosing prostate cancer) The Daily Telegraph 22/08/22
(Print) (Previous PR)

WHO: Europe Slammed By Surge Of Coronavirus Cases News Concern 22/08/22
(Previous PR)

Are personalised vitamins the key to good health? The Guardian 22/08/22

Also in: News Concerns, VN Explorer, News Break, MSN UK, News Groove, Pedfire, Healthy Duck, Swift Telecast, Yahoo UK, Medically Prime

Rise in popularity of anal sex has led to health problems for women Bluelight 22/08/22
(Previous PR)
Hospitalization, multiple symptoms linked to long covid in children

The Washington Post 23/08/2022

Also in: Newsfounded

How big a factor is lifestyle in Alzheimer’s disease? The Irish Times 25/08/2022

Also in: Daily Express 22/08/2022

Taking two vitamin supplements together found to increase cancer risk by almost 30% – BMJ


CNN Tells Viewers Monkeypox Is NOT Sexually-Transmitted NWO Report - 24/08/2022

Also in: Zero Hedge, Before It’s News, Investing Matters, USSA News, Alex Jones Show

Investigating Monkeypox: An Explainer and Resource Tipsheet Global Investigative Journalism Network 25/08/2022

Fetterman hits back at Oz for ‘vegetable’ remark: ‘Politics can be nasty’ The Guardian 24/08/2022


10-minute daily walk in old age reduces risk of dying from all causes by 40% Internewscast 24/08/2022


Britain’s private healthcare boom — vital relief for the overstretched NHS or is the UK sleepwalking into privatisation? Evening Standard 25/08/2022

Begone, lettuce! Here are some healthy, nourishing alternative foods The Jerusalem Post 26/08/22

Also in: Press from CA

Consumption of Red Meat Increases Breast Cancer Risk MedIndia 26/08/2022

WARNING: Breathing is hazardous to health Nepali Times 26/08/2022

Also in: Eco-Business.com

Smell and Taste Dysfunction After COVID-19 Persists in Some Patients Neurology Advisor 25/08/2022

Jeremy Vine Show on hospital beds per 100,000 people 26/08/22

Urgent operations cancelled as life-saving drug shortages hit hospitals Daily Telegraph 27/08/22

Also in: MSN Malaysia + Philippines, Yahoo UK

Can you take paracetamol on an empty stomach? The Sun IE + UK + Scotland 27/08/22

ARTHITIS patients should beware of [..] Mail on Sunday 28/08/2022 (Print) on hyaluronic acid injections for knee osteoarthritis (Previous PR)

Pupils’ interests sacrificed by Covid groupthink Sunday Times 28/08/22

Teaching MBBS in Hindi is a good idea, but where are quality textbooks? ask medical experts Economic Times India 29/08/22

Also in: Deccan Herald, The Siasat Daily, AP Direct, India Mirror

HEALTH NOTES: One in five people trust internet influencers such as Gwyneth Paltrow more than doctors, online poll claims Daily Mail 28/08/22

MD on a sickly NHS Private Eye 28/08/22

JOURNALS

British Journal of Ophthalmology

Clinical science: Oral administration of caffeine metabolite 7-methylxanthine is
associated with slowed myopia progression in Danish children (Press Release)

Caffeine metabolite may slow progression of short-sight (myopia) in children Scienmag
23/08/2022
Study suggests new way to slow worsening of kids' nearsightedness UPI 22/08/2022


Over one million Britons living with eye condition that may increase dementia risk by 25%
India Times Post 26/08/22 (Previous PR)

British Journal of Sports Medicine


Regular physical activity may lessen Covid risks, study finds The Guardian 22/08/2022
BBC World Service Radio (skip to 12:29 mins)
Need Another Reason to Exercise? It Could Protect You from COVID-19 TIME 22/08/2022


Research: Association of headgear mandate and concussion injury rates in girls' high school lacrosse (Press Release US Focus)

Mandated headgear may lower concussion risk among high school lacrosse players
SciencMag 25/08/22
Helmets Protect Young Lacrosse Players, Study Finds  US News & World Report 25/08/22


Can't Tie Your Shoes? Here's What Your Body's Trying to Tell You  MSN Health & Fitness 22/08/22 (Previous PR)
Also in: VN Explorer

Popular exercise method that shows weight loss results within weeks - 'give it a go!' Daily Express 22/08/2022

Research: Dose–response association of aerobic and muscle-strengthening physical activity with mortality: a national cohort study of 416 420 US adults (External PR)

Also in: Apex Breaking News, KOAT-TV + extensive US broadcast, Business Times (SG), Relevant Magazine, MedFitNetwork, Channel News Asia, Collective Fearless, CauseAction Clarion

Further coverage for nutritional drip culture in sport (PR)
Doctors warn of needle-happy culture in professional sports: Top footballers are using IV drips before EVERY game despite risk to their health Granthshala News 24/08/22

Not even golf is safe from biological men in women's sports  Washington Examiner 24/08/22 (Previous PR)

Annals of the Rheumatic Diseases
Why taking painkillers like ibuprofen can make you feel worse. The Irish News 25/08/22

‘Substantial improvement’ in COVID-19 outcomes over time for RMD patients. Medicine Matters 25/08/22

BMJ Case Reports
Why Did Hot Pepper Headache Land Man in the Emergency Room? The People’s Pharmacy 25/08/22 (Previous PR)

BMJ Global Health
Clinical Management Guidelines Lacking for Monkeypox Cancer Therapy Advisor 22/08/2022 (Previous PR)
Also in: Pulmonaryology Advisor, Portugal Posts English, Dermatology Advisor

BMJ Nutrition Prevention & Health
Further coverage for 1 g reduction in daily salt intake (PR):
Reducing Daily Salt Intake by 1 Gram Could Prevent 9 Million Heart Disease Cases in China. Study Claims. Samachar Central 22/08/22
Also in: TechiAzi, Arthritis Digest, Medically Prime, MedPage Today, Foodlog, Spark Chronicles, TheUnion.com, AssumeTech, Italy 24 News English, BreakingLatest News
Small daily portion of Jarlsberg cheese may stave off bone thinning Arthritis Digest 24/08/22 (Previous PR)

BMJ Open
Women don’t live longer than men after all? Study challenges life expectancy misconceptions. TrendRadars 25/08/22 (Previous PR)
Also in: Global News Canada, New Daily

Research: Health, financial and environmental impacts of unnecessary vitamin D testing: a triple bottom line assessment adapted for healthcare (External PR)

Over-testing for Vitamin D costs $87m MailOnline 23/08/2022
Cutting down vitamin D tests could help lower carbon cost of health care Medical Xpress 24/08/22
Also in: Healthtimes Hub, VN Explorer, Mirage News Australia, MSN (Australia), PerthNow, Canberra Times plus extensive other local Australian media coverage, TrendRadars, Yahoo News

New studies: Grip Strength, Glucose Control, Long COVID Newsmax 23/08/02022
Also in: Telegraph Herald + other local US media coverage

Why mobilised data is the most valuable tool in healthcare Digital Health 23/08/22

CoQ10 and other dietary supplements prevent migraine Seattle Times 24/08/22

Also in: Biospace, Benzinga, Intellasia One News Page, Quertle + numerous financial/trade outlets

Research: Moral distress among clinicians working in US safety net practices during the COVID-19 pandemic: a mixed methods study (External PR)

The Placebo Cure Reader’s Digest India 26/08/22

Wearable system detects COVID two days before symptoms appear TrendRadar 26/08/22 (Previous PR)

Leave alcohol taxes alone until the hangover clears from minimum unit pricing The Irish Times 26/08/2022 (Previous PR)

Normal Motherhood Fears May Cause Anxiety, But Is Medication Needed? BabyGaga 27/08/22 (different journal cited in text, but correct URL link provided)
Also in: VN Explorer, MSN Health & Fitness

BMJ Open Diabetes Research & Care
'Indian women in 30-40 age group should focus on positive lifestyle changes' Indian Express 24/08/22
Also in: Clear Publicist

BMJ Open Respiratory Research
Cannabis Used 20% More Frequently In States That Legalized Recreational Use, Study Finds Forbes 25/08/22 (Previous PR)
Also in: Internewscast, Pulmonology Advisor, News Finale, Medical Bag, Businessshala News

BMJ Sexual & Reproductive Health
Women will be able to permanently access abortion ‘pills by post’ in England and Wales Glamour Magazine 23/08/22
Also in: Stylist Magazine

'We're a part of this movement, too.' Transgender and nonbinary people say they feel excluded from the abortion fight CNN 27/08/22
Also in: KRDO.com (US)+ extensive local/regional broadcast coverage, Erie News Now, Latest Commentary, MSN Canada

Emergency Medicine Journal
NHS forced to publish hidden trolley wait data by UK regulator The Independent 25/08/22 (Previous PR)
Also in: Swift Telecast, VN Explorer, Granthshala, MSN UK, Irish Examiner

Evidence-Based Mental Health
Mindfulness meditation at school, a bad idea? Press Stories 22/08/22 (Previous PR)
Also in: GRIPT

Gut

Research: Novel prime-boost immune-based therapy inhibiting both hepatitis B and D virus infections (External PR)

New treatment principle for chronic hepatitis B and D infections National Tribune (AU) 26/08/22
Also in: ScienceDaily, Mirage News (AU), News-Medical, Verve Times, Reporter Wings,
Honest Columnist, News Concerns

Heart
Salt substitutes could reduce risk of stroke and heart conditions MSN Health & Fitness 25/08/22 (Previous PR)

International Journal of Gynecological Cancer
Further coverage of rise in advanced cervical cancer in the US (PR)
Cases of Advanced Cervical Cancer Keep Rising Among U.S. Women Times-Republican 22/08/22

Journal for ImmunoTherapy of Cancer
Research: Phase 1, dose-escalation study of guadecitabine (SGI-110) in combination with pembrolizumab in patients with solid tumors (External PR)
New cancer treatment offers hope to patients out of options The Guardian 22/08/22

TME Pharma N V.: Safety Confirmed of NOX-A12 and Pembrolizumab Combination in GLORIA Phase 1/2 Brain Cancer Study WallStreet Online 26/08/22
Also in: BusinessWire, Yahoo Finance, MarketScreener

Journal of Clinical Pathology
How much water do you really need to drink? IFL Science 25/08/22
Also in: Live Science, Zipe-Education, True Viral News, Verve Times

Journal of Neurology, Neurosurgery & Psychiatry
New Study Highlights Opportunities for Artificial Emotional Intelligence Psychology Today 24/08/22
Also in: Mobylak

Open Heart
Can Drinking Cafetière Coffee Actually Raise Your Cholesterol? Public NewsTime 23/08/22 (Previous PR)
Also in: UK Today News, Anygator UK, DUK News, Knowledia (UK), HuffPost (UK), New Express News, WebsFeed, Swift Telecast, VN Explorer, Verve Times, MSN Health & Fitness, Canada News

Household income may explain approximately 4% of the variance in survival rates after
**Regional Anesthesia & Pain Medicine**

*Does Weed Affect Sleep? Study Says Heavy Consumers Don’t Sleep The Ideal Amount Of Hours*  Benzinga  28/08/22(Previous PR)

*Also in: MSN Health & Fitness, VN Explorer*

**Tobacco Control**

*Research:  Assessing the profile of support for potential tobacco control policies targeting availability in Great Britain: a cross-sectional population survey* (External PR)

*A public call for tighter restrictions on buying tobacco in Britain*  NewsLive Florida 25/08/22

*Also in: UK-Times.com*

**Milo Vapes Global (MVG) Launches Solution for Smoking-Related Epidemic in the Middle East - Innovative Flavored Tobacco Products Unveiled For Distribution**  New Delhi Times 23/08/2022

*Also in: European Business Magazine, UAEBusiness.com plus other business and financial media*

**INFLUENCE**

*Consultative Group on International Agricultural Research*, the world's largest global agricultural innovation network, cites *BMJ Global Health research* on the use of text reminders for family planning in Mozambique.

Top posts across BMJ Corporate social media channels this week were a LinkedIn post for the BJSM press release study on physical activity and risk of Covid-19, with over 7,600 impressions.