Essential resources to support healthcare professionals and medical students with sports injuries

**BMJ Best Practice**
Fast access to the latest evidence-based diagnosis and treatment guidance to support your clinical decisions.
- Overview of sport-related injuries
- Musculoskeletal sprains and strains
- Anterior cruciate ligament injury
- Meniscal tear
- Groin pain

**BMJ Journals**
Discover the latest clinical knowledge and opinion.
- British Journal of Sports Medicine
- BMJ Open Sport and Exercise Medicine
- Injury prevention

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The latest podcasts from *The BMJ* and specialist journals.
- Injury Prevention podcast | Injury Prevention is a peer-reviewed online journal that offers the best in science, policy, and public health practice to reduce the burden of injury in all age groups around the world.
- British Journal of Sports Medicine podcast | British Journal of Sports Medicine is a multi-media information portal that provides original research, reviews and debate relating to clinically-relevant aspects of sport and exercise medicine.

**The BMJ**
The latest news and views, research papers and clinical reviews from *The BMJ*.
- Effect of early supervised physiotherapy on recovery from acute ankle sprain
- Prevention of acute knee injuries in adolescent female football players
- Working at sporting events
- Treating local and semi-professional sportspeople

**BMJ Opinion**
Comment and opinion from *The BMJ*’s international community of readers, authors and editors
- Patient safety and sports performance
- Does surgery for rupture of the anterior cruciate ligament improve outcomes?
- The challenges for team doctors in professional sport

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