

## Essential resources to support healthcare professionals when it comes to Resilience in Healthcare

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Click on the blue boxes below to access clinical guidance, online modules, articles and podcasts

### BMJ Best Practice

Fast access to the latest evidence-based diagnosis and treatment guidance to support your clinical decisions.

- Depression in children
- Depression in adults
- Generalised anxiety disorder
- Mental health response to disasters and other critical incidents



### BMJ Talk Medicine Podcasts

The latest podcasts from *The BMJ* and specialist journals.

#### Resilience in Healthcare podcasts

- Building career resilience
- Work stress and burnout
- Mental Health in the NHS
- Mental Health and mortality

#### BMJ Best Practice podcasts

- Generalised anxiety disorder
- Persistent depressive disorder

### The BMJ

The latest news and views, research papers and clinical reviews from *The BMJ*.

- Opinion** | Global health system resilience is in everyone's interest
- Editorial** | Parliamentary report on workforce burnout and resilience
- Opinion** | The impact of war on health

**For further support email or call us on +44 (0) 20 7111 1105**