Essential resources to support healthcare professionals when it comes to Resilience in Healthcare

**BMJ Best Practice**
Fast access to the latest evidence-based diagnosis and treatment guidance to support your clinical decisions.

- Depression in children
- Depression in adults
- Generalised anxiety disorder
- Mental health response to disasters and other critical incidents

**BMJ Talk Medicine Podcasts**
The latest podcasts from The BMJ and specialist journals.

**Resilience in Healthcare podcasts**
- Building career resilience
- Work stress and burnout
- Mental Health in the NHS
- Mental Health and mortality

**BMJ Best Practice podcasts**
- Generalised anxiety disorder
- Persistent depressive disorder

**BMJ Journals**
Discover the latest clinical knowledge and opinion.

- **How can we build and maintain the resilience of our health care professionals during COVID-19?** | Practical recommendations for healthcare organisations, including hospitals, to foster physical and mental health of their professionals.
- **Health system resilience in managing the COVID-19 pandemic** | A practice article analysing successes in COVID-19 management by Singapore's health system. Improvement areas are identified providing important learning points for other countries.
- **Medical students and COVID-19** | An article highlighting the need for 'pandemic preparedness' within the medical school curriculum.
- **Moral distress among healthcare workers** | An article highlighting ethics support when it comes to vulnerabilities of healthcare workers.

**The BMJ**
The latest news and views, research papers and clinical reviews from The BMJ.

- **Opinion** | Global health system resilience is in everyone's interest
- **Editorial** | Parliamentary report on workforce burnout and resilience
- **Opinion** | The impact of war on health

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